

## **June 28 – Lye Soap**

### Ingredients:

4 1/2 lbs. fat, unmelted

1/4 c. Borax

Dab of ammonia (optional)

2 qt. cold water

1 can lye

### Directions:

Break up the fat. Add remaining ingredients in order and stir for a long time (with a wooden paddle). The lye will heat the mixture and melt the fat. When it gets to a pudding like consistency, pour into shallow plastic containers or shallow cardboard boxes lined with plastic. Let stand several hours, but cut before it becomes too hard. Put cakes of soap in a dry place to harden. Use for laundry detergent.