"BOO" MILBY MEMORY

5K RUN/WALK BENEFITS

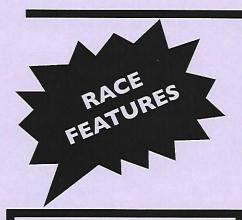


ILLINOIS VALLEY ALZHEIMER'S Group



SRRL Circuit Race

SATURDAY, AUGUST 20, 2016 8 A.M. AT NORTHWEST SCHOOL



USA Track and Field Certified Course #IL08077JW Record Eligible

Two Split Times

EMT's on site

Refreshments

Traffic Control

All participants assured a shirt

\$20 before August 17th \$25 day of Race

Entries made payable to:
Illinois Vally
Alzheimer's Group, Inc.
Mail to: Joanne M. Milby
II A Heather Drive
LaSalle, IL 61301

815-223-1885 or 815-228-1858 boo15@att.net

Walkers Encouraged!!
Check In- 6:45 am
Start Time- 8:00 am
Starts and Ends

At

Northwest School 229 O'Connor Ave. 2 blocks west of Rt 35 I LaSalle, IL



Trophy to the overall male and female

Male/Female

Nine and Under

INITE and	Onder
10-12	40-44
13-16	45-49
17-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	

70 and Older

First 200 pre-registered adults and 50 pre-registered kids assured a bag & a shirt

Please Print									
Name									
Address				Phone					
City					State _				
Age as of August 20 th						Date of Birth			
Unizex Shirt Size: SI						Youth Shirt Size:	S	M_	L
Ladies V-Neck Shirt Size: S									

I know that running a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume the risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and or humidity, the conditions of the road and traffic on the course, all such risks are known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Alzheimer's Group, the City of LaSalle, LaSalle Grade School District #122, The Starved Rock Runners LTO, and all sponsors, their representatives and successors from all claims or liability that may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Official Use Only
BIB #