USDA AND THE STATE OF ALASKA ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER. MENU SUBJECT TO CHANGE DUE TO AVAILABILITY.



## OCTOBER BREAKFAST 2015



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grain Products offered are Whole Grain Rich WGR	STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50		HOT OATMEAL OR BREAKFAST BAR & GRAHAM CRACKERS APPLESAUCE	MUFFIN OR BREAKFAST BAR CHEESE STICK OR YOGURT
Juice Products are 100% Juice	MILK \$ .75 ADULT MEALS ADD \$ .75 FOR MILK		GRAPE JUICE	MIXED FRUIT FRUIT JUICE
MENU SUBJECT TO CHANGE DUE TO AVAILABILITY			FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
COLD CEREAL AND	BAGEL & CREAM CHEESE OR	7 WG PANCAKES OR	HOT OATMEAL OR	8 MUFFIN OR
GRAHAM CRACKERS	COLD CEREAL & GRAHAM CRACKERS	COLD CEREAL & GRAHAM CRACKERS	BREAKFAST BAR & GRAHAM CRACKERS	BREAKFAST BAR
DICED PEARS APPLE JUICE CAN	PEACHES ORANGE JUICE	STRAWBERRY CUP APPLE JUICE	APPLESAUCE GRAPE JUICE	CHEESE STICK OR YOGURT  MIXED FRUIT  FRUIT JUICE
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
	12 13	14		15
COLD CEREAL AND	BAGEL & CREAM CHEESE OR	WG HOT WAFFLE  OR	HOT OATMEAL OR	MUFFIN OR
GRAHAM CRACKERS	COLD CEREAL & GRAHAM CRACKERS	COLD CEREAL & GRAHAM CRACKERS	BREAKFAST BAR & GRAHAM CRACKERS	BREAKFAST BAR
DICED PEARS APPLE JUICE CAN	PEACHES ORANGE JUICE	STRAWBERRY CUP APPLE JUICE	APPLESAUCE GRAPE JUICE	CHEESE STICK OR YOGURT MIXED FRUIT FRUIT JUICE
FF CHOCOLATE MILK OR 1% WHITE MILK 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
	19 21	22		23
COLD CEREAL AND	BAGEL & CREAM CHEESE OR	WG CINNAMON ROLL OR	HOT OATMEAL OR	MUFFIN OR
GRAHAM CRACKERS DICED PEARS	COLD CEREAL & GRAHAM CRACKERS PEACHES	COLD CEREAL & GRAHAM CRACKERS STRAWBERRY CUP	BREAKFAST BAR & GRAHAM CRACKERS  APPLESAUCE	BREAKFAST BAR CHEESE STICK OR YOGURT
APPLE JUICE CAN	ORANGE JUICE	APPLE JUICE	GRAPE JUICE	MIXED FRUIT FRUIT JUICE
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
2	26 27	28		29
COLD CEREAL AND	BAGEL & CREAM CHEESE OR	HOT BARLEY CEREAL OR	HOT OATMEAL OR	TEACHER INSERVICE
GRAHAM CRACKERS DICED PEARS	COLD CEREAL & GRAHAM CRACKERS PEACHES	COLD CEREAL & GRAHAM CRACKERS STRAWBERRY CUP	BREAKFAST BAR & GRAHAM CRACKERS  APPLESAUCE	
APPLE JUICE CAN	ORANGE JUICE	APPLE JUICE	GRAPE JUICE	NO SCHOOL
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	110 0011000