


USDA AND THE STATE OF ALASKA ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER. MENU SUBJECT TO CHANGE DUE TO AVAILABILITY.



OCTOBER HS BREAKFAST 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	3 BAGEL & CREAM CHEESE OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	4 HOT WAFFLE OR COLD CEREAL BLUEBERRY CUP APPLE JUICE OR CRANBERRY JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	5 HOT OATMEAL OR BREAKFAST BAR & CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	6 MUFFIN OR BREAKFAST BAR YOGURT MIXED FRUIT JUICE BOX FF CHOCOLATE MILK OR 1% WHITE MILK
9 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	10 BAGEL & CREAM CHEESE OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	11 CINNAMON ROLL OR COLD CEREAL BLUEBERRY CUP APPLE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	12 HOT OATMEAL OR BREAKFAST BAR & CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	13 MUFFIN OR BREAKFAST BAR YOGURT TROPICAL FRUIT JUICE BOX FF CHOCOLATE MILK OR 1% WHITE MILK
16 TEACHER INSERVICE NO SCHOOL	17 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	18 CINNAMON ROLL OR COLD CEREAL BLUEBERRY CUP APPLE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	19 HOT OATMEAL OR BREAKFAST BAR & CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	20 MUFFIN OR BREAKFAST BAR YOGURT MIXED FRUIT JUICE BOX FF CHOCOLATE MILK OR 1% WHITE MILK
23 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	24 BAGEL & CREAM CHEESE OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	25 PANCAKES OR COLD CEREAL BLUEBERRY CUP APPLE JUICE OR CRANBERRY JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	26 HOT OATMEAL OR BREAKFAST BAR & CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	27 MUFFIN OR BREAKFAST BAR YOGURT TROPICAL FRUIT JUICE BOX FF CHOCOLATE MILK OR 1% WHITE MILK
30 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	31 BAGEL & CREAM CHEESE OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	 Alaska State Fair giant pumpkin was 1231.5 pounds That is a lot of pumpkin	STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50 MILK \$.75 ADULT MEALS ADD \$.75 FOR MILK	Grain Products offered are Whole Grain Rich WGR Juice Products are 100% Juice MENU SUBJECT TO CHANGE DUE TO AVAILABILITY