USDA AND THE STATE OF ALASKA ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER. MENU SUBJECT TO CHANGE DUE TO AVAILABILITY.



## OCTOBER HS LUNCH 2017





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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAMBURGER OR VEGETARIAN BURGER POTATO WEDGES BAKED BEANS APPLESAUCE ICE CREAM	WG SUB WRAP OR CHEESE QUESADILLA with CHICKEN FAJITA MEAT SALSA GREEN SALAD PEARS	SPAGHETTI SAUCE W/ NOODLES BROCCOLI GARLIC BREAD PEACHES	CHEESE PIZZA OR FRENCH BREAD PIZZA DIPPING SAUCE CORN PINEAPPLE	PB& J SANDWICH OR EGG OMELET and W/ BISCUIT TATER TOTS CARROT PENNIES BAKED APPLES
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
CHICKEN BURGER OR VEGETARIAN BURGER CARROT PENNIES BAKED BEANS ORANGE SLICES	EGG ROLLS OR VEGETARIAN EGG ROLLS WG RICE STIR FRY VEGGIES MANDARIN ORANGE & PEAR MIX	LARGE SALAD OR COUNTRY FRIED STEAK MASHED POTATO W/GRAVY COOKED CARROTS DINNER ROLL PEACHES	CHICKEN FAJITA SALAD OR GREEN SALAD CORN CHIPS W/ DIP BROCCOLI PINEAPPLE	PB& J SANDWICH OR FISH FILLET ON A BUN TATER TOTS FRUITABLE JUICE SLICED APPLE
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
TEACHER INSERVICE	TOMATO SOUP TOASTED CHEESE SANDWICH CARROT PENNIES ORANGE SLICES WG COOKIE	SUB SANDWICH OR BEEF TACOS REFRIED BEANS GREEN SALAD PEACHES	CHEESE PIZZA OR FRENCH BREAD PIZZA DIPPING SAUCE CORN PINEAPPLE	PB& J SANDWICH OR EGG MUFFIN TATER TOTS FRUITABLE JUICE APPLESAUCE
	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
LARGE SALAD OR CHICKEN NUGGETS WG ROLL DIPPING SAUCE GREEN BEANS ORANGE SLICES ICE CREAM	TURKEY BACON WRAP OR CHEESE VEGGIE WRAP TATER TOTS FRUITABLE JUICE APPLESAUCE	SUB SANDWICH OR TERIYAKI BEEF with WG RICE AND DINNER ROLL BLACK BEANS STIR FRY VEGGIES MANDARIN ORANGE & PEAR MIX	CHICKEN FAJITA SALAD OR GREEN SALAD CORN CHIPS W/ DIP BROCCOLI PINEAPPLE	PB& J SANDWICH OR FRENCH TOAST and SAUSAGE TATER TOTS CARROT PENNIES STRAWBERRY CUP
FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK	FF CHOCOLATE MILK OR 1% WHITE MILK
HAMBURGER OR VEGETARIAN BURGER POTATO WEDGES BAKED BEANS MIXED FRUIT  FF CHOCOLATE MILK OR 1% WHITE MILK	LARGE SALAD OR POPCORN CHICKEN WG BREAD STICK DIPPING SAUCE STIR FRY VEGGIES PEARS  FF CHOCOLATE MILK OR 1% WHITE MILK	HH STUDENT LUNCH \$2.50  GMS STUDENT LUNCH \$3.25  VHS STUDENT LUNCH \$3.25  ADULT LUNCH \$6.00  MILK \$ .75  ADULT MEALS ADD \$ .75 FOR MILK	The state of the s	MENU SUBJECT TO CHANGE DUE TO AVAILABILITY