



Substance Abuse Resource Guide

for Mitchell and Yancey Counties

Revised September, 2012

Dear Community Member,

We have created this guide of substance abuse resources for Mitchell and Yancey County residents. We hope that the information you find will be helpful and current, but please be aware that providers are constantly changing. Please visit www.westernhighlands.org or www.healthyyancey.org, or call Western Highlands Network at 1-800-951-3792 for the most current information on substance abuse resources in our region.

We are working hard to address the issues of substance abuse in our community. Again, we hope that this guide will be useful as you seek out services and resources.

Best wishes,

Mitchell-Yancey Substance Abuse Task Force
Graham Children's Health Services
Western Highlands Network

**PROGRAMS ARE CONTRACTED WITH WESTERN HIGHLANDS NETWORK (Other programs or resources listed in this document have not been endorsed by WHN nor are we able to specifically recommend any of these programs/resources. These programs and resources have been included in this document strictly as information of which we are aware regarding resources in our community.)*

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SELF-HELP & SUPPORT GROUPS

Asheville A.A. District Office: 828-254-8539
Asheville Al Anon: 800-286-1326
National Office, Al Anon: 888-425-2666

SELF HELP & SUPPORT GROUPS IN MITCHELL & YANCEY COUNTIES

Alcoholics Anonymous

Higgins Memorial United
Methodist Church
101 N Main Street
Burnsville, NC 28714
828-682-2835
Meetings: Tues. 8pm, Wed
12pm, Thurs. 5:30 pm (women),
Fri 8pm, Sun 8pm

Hispanic A.A.
Town & Country Drive Lot 5
Burnsville NC 28714
828-682-4487
Meetings: Sat 7pm

Newdale Presbyterian Church
71 Newdale Road
Burnsville, NC 28714
Meetings: Sat 8pm

Trinity Episcopal Church
15 Hemlock Avenue
Spruce Pine, NC 28777
828-765-4331
Meetings: Thursday 8pm

Ledger Baptist Church
208 Church Road
Bakersville, NC 28705
Meetings: Monday 8pm

Narcotics Anonymous

Higgins Memorial United
Methodist Church
101 N. Main Street
Burnsville, NC 28714
828-682-2835

Co-Dependents Anonymous

(Help for individuals /families
seeking support in relationships
with persons having various
addictions)

Higgins Memorial United
Methodist Church
101 N. Main Street
Burnsville, NC 28714
828-682-2835
Meetings: Tuesday 6pm,
Saturday 10am

OUTPATIENT TREATMENT

Agencies

Cruz Life Center (12-week natural program for recovery)
www.CruzLifeCenter.com
390 East Main Street
Burnsville, NC 28714
828-682-6157

October Road* (Community-based enhanced mental health treatment services
(ACTT) only in Madison, Mitchell & Yancey counties): **828-350-1000**

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RHA/ARP - Addiction Recovery & Prevention Services*

72 Blue Ridge Lane
Burnsville, North Carolina
828-682-2111
(Individual, Family & Group Therapy -
Adult and Youth services)

205 Locust Street
Spruce Pine, NC 28777
(Adult Therapy, Mondays,
Wednesdays, Thursdays)

Individual Therapists/Counselors

Hope Counseling and Recovery, Inc.*

10 North Main Street
Burnsville, North Carolina
828-393-3333

Mars Hill Counseling Services (self-pay)

15-A Mountain View Road
Mars Hill, NC 28754
County: Madison
Contact: John Williams
Phone: 828-319-9094

Blue Mountain Family Counseling

205 Locust Avenue
Spruce Pine, NC 28777.
Phone: (828) 467-7105. Fax: (186) 626-6547.
Contact: Myron Hall, MA LPC

Tim Evans, LCSW

Bakersville Community Medical Center
86 N Mitchell Avenue
Bakersville, NC28705
(Individual, family counseling to adults and children)

Jade Pierce, L.Ac. NCALB #157

Licensed Acupuncturist
Burnsville & Spruce Pine, NC
828-284-3083
(acupuncture, massage, herbal therapy)

Denise Harrison

205 Locust Street
Spruce Pine NC 28777
828-467-0037

**For licensed professional counselors contracted with Western Highlands Network in Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford Transylvania, and Yancey counties visit the Western Highlands Network website (www.westernhighlands.org) and search for Individual Therapy by county on our Provider Directory under "Find A Provider"*

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YOUTH OUTPATIENT SERVICES

Families Together (Children's services only)*

10 n. Main Street

Burnsville 28714

828-682-3947

Child/Adolescent mental health and substance abuse treatment

Amy Earnheart, LCSW, LCAS*

Teen Connection

10 N. Main Street

Burnsville, NC 28714

828-208-4885

ASHEVILLE OUTPATIENT AGENCIES AVAILABLE TO YANCEY RESIDENTS

Parkway Behavioral Health* (Adult Outpatient Treatment)

31 College Place, Suite B100

Asheville, NC 28801

County: Buncombe

Phone: 828-254-5008, Fax: 828-254-5808

October Road* (Adult Outpatient Treatment)

119 Tunnel Road, Suite B

Asheville, North Carolina

828-350-1000

Western Carolinians for Criminal Justice* (Specialized women's services)

218 Patton Avenue,

Asheville 28801

828-252-2484

Women's Recovery Center* (Day Treatment Services for Women/Case Management Prenatal Services)

35 Orange Street, Asheville

828-350-8343

RHA*

90 Asheland Avenue

Asheville, NC 28801

828-254-1700

Professional Counseling Services of WHN, Inc.

1095 Hendersonville Rd.

Asheville, NC 28803

828-277-7665

828-712-8965

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OPIOID / METHADONE TREATMENT

Mountain Area Recovery Center*

18 Wedgefield Drive
Asheville, NC 28806
828-252-8748
(Methadone Treatment)

Mountain Health Solutions

2 McDowell St.
Asheville, NC 28801
(828) 225-6050
(Methadone/Suboxone Treatment – Self-pay)

Western Carolina Treatment Center

573 Merrimon Ave #1 B
Asheville, NC 28804
828-251-1478
(Methadone—Outpatient—self-pay)

Crossroads Treatment Center

6 Roberts Rd (Sweeten Creek Rd)
Asheville, North Carolina
828-505-3086, 800-805-6989
(Opiate/Methadone Treatment—self-pay)

McLeod Addictive Disease Center*

117 West Medical Court,
Marion, North Carolina
828-659-3966
704-332-9001
(Opiate/Methadone Treatment—self-pay)

DETOX CENTERS

Julian F. Keith ADATC*

201 Tabernacle Road, Black Mountain
828-257-6200
(21 Day Rehabilitation; 5 – 7 Day Detoxification)
Referrals are made through Western Highlands Network

Neil Dobbins Center* (Adult Crisis and Detoxification Services)

277 Biltmore Avenue, Asheville
828-253-6306

Grace Hospital (private insurance, private pay only)*

Behavioral Health Unit, Blue Ridge Health Care, Carolina Health Care System
2701 S. Sterling Street,
Morganton, NC 28655
(828) 580-6390 after hours, (828) 580-6393 business hours

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CRIMINAL JUSTICE SERVICES

TASC Program* Partnership for a Drug Free North Carolina (PDFNC)

370 North Louisiana
Asheville, NC
828-210-0540
(Services to those in Criminal Justice System)

Western Carolinians for Criminal Justice*

218 Patton Avenue
Asheville, NC 28801
828-252-2484

RESIDENTIAL TREATMENT PROGRAMS

Swain Recovery Center (PDFNC)*

932 Old Highway 70, Black Mountain
828-669-4161
(42 – 60 Day Residential Treatment Services)

Mary Benson House*

450 Montford Avenue
Asheville, NC 28801
828-252-5280
(Pregnant woman & women with dependent children ages 0-5 including children in DSS custody)

October Road Cross Area Service Program*

207 Coxe Avenue
Asheville, NC 28801
828-575-2326
(Men only)

Julian F. Keith ADATC*

201 Tabernacle Road
Black Mountain, North Carolina
828-257-6200
(21 Day Rehabilitation; 5 – 7 Day Detoxification)
Referrals are made through Western Highlands Network

First Step Farm of WNC*

PO Box 1450
Candler, North Carolina
828-667-0587 (Central Office)
www.firststepfarmwnc.org
(9 - 12 Month Residential Rehabilitation Services)

For information regarding Half-Way Houses or other Substance Abuse Residential Resources visit Western Highlands Network: <http://www.westernhighlands.org/residential-resources.html>

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PRIVATE PAY/PRIVATE INSURANCE RESIDENTIAL PROGRAMS

Four Circles Recovery Center

156 Clear Crossing Lane
Horse Shoe, NC
828-891-2221
Outdoor Recovery Program for Young Adults
PRIVATE PAY ONLY

Pavilion Treatment Center

241 Pavilion Place
Mill Spring, NC 28756
828-694-2300
Contact: Deb Williamson
PRIVATE PAY/PRIVATE INSURANCE ONLY

Next Step Recovery for Men

149 Courtland Avenue
Asheville, NC 28801
828-350-9960
PRIVATE PAY ONLY

Next Step Recovery for Women

Weaverville, NC 28787
828-350-9960
PRIVATE PAY ONLY

First Step at Blue Ridge, Inc.

32 Knox Road
Ridgecrest, NC 28770
Contact: Joseph Martinez
828-669-0011
Drug and alcohol rehab treatment
Private Pay through work performed as part of the program

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ADOLESCENT RESIDENTIAL PROGRAMS

Swain Recovery Center (PDFNC)*

Black Mountain, NC
828-669-4161
(42 – 60 Day Residential Treatment Services)

McLeod Center*

515 Clanton Road
Charlotte, NC
704-332-9001, Ext. 2228
(90 day program)

Youth Focus*

Greensboro, NC
336-333-6853
(90 day program)

SUWS of the Carolinas

Old Fort, NC
877-830-7020 (National Resource Center will connect caller with resource in your area)
Wilderness Program for Children ages 10-17
PRIVATE PAY/ loan and financing options
Contact person: Josh Gunalda, Akela Bryson, Mike Vines, Admission Directors

DWI PROVIDERS

Angel Light of Burnsville

1040 Highway 19E, Suite J
Burnsville NC 28714
County: Yancey
Contact: John Williams
Phone: 828-689-4600
(self-pay)

Mountain Treatment Center

260 Merrimon Ave, Suite 100
Asheville, North Carolina
Contact: Glenda Laswell
828-255-8655
(Self-pay)

Asheville Institute

70 Woodfin Place, Suite 232
Asheville, NC 28801
828-253-7066
(self-pay)

Beyond Addiction

70 Woodfin Place, 326 D
Asheville, NC 28801
County: Buncombe
Contact: Linda Hamilton
Phone: 828-225-2535
(self pay)

Moninnc Addiction Recovery Services, LLC

7 South Main Street
Burnsville NC 28714
County: Yancey
Contact: Howard Malcolm Owen
Phone: 828-778-4137
(self-pay)

AAT Un Nuevo Dia Asheville

526 Haywood Road, Office #1
Asheville, NC 28803
County: Buncombe
Contact: Mario Moraga
Phone: 828-606-1718
Fax: 828-251-1211
Spanish language services (self-pay)

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PREVENTION SERVICES

ARP (Addiction-Recovery-Prevention)

84 Coxe Avenue Suite 1C

Asheville, North Carolina

828-253-5057

(fee for service; sliding scale; some free programming)

Perennial Screening Group, LLC

P.O. Box 487

Burnsville, NC 28714

Contact: Rose Gordon; President (574 286 7673)

Providing on site drug testing at work, home and school in Western NC; Setting up drug free work places; DNA and Paternity screening; Background checks; DOT certified

WEBSITE RESOURCES

www.drugfree.org

(this is a national educational resource)

www.samhsa.gov

(national website on substance abuse and mental health)

www.nida.nih.gov

(this is a national website on drugs)

www.suwcarolinas.com

(adolescent residential center and resource guide)

www.phoenixoutdoor.com

(adolescent 12 step program)

www.alcoholdrughelp.org

(Alcohol/Drug Council of NC, help and referral to treatment resources by county)

www.wnc-alanon.org (Local website for WNC)

CRISIS LINES/TOLL FREE NUMBERS

Western Highlands Network: Access and Referral Source to a network of providers for State and Medicaid:

800-951-3792, 800-671-6560

www.westernhighlands.org

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