



#### THIS WEEK IS A BYE WEEK



# MONDAY OCTOBER 2, 2017



### NEW BOARD MEMBER APPOINTED

At their recent board meeting, Community Hospital directors appointed a new board member to fill a vacant board member seat, approved the updated strategic plan and approved a resolution regarding facility master planning. In Action to be Taken, Jason Blomstedt, D.O, family medicine physician, was appointed to fill the board seat vacated due to the resignation of Rose Remington, M.D. because of personal commitments. The board thanked Dr. Remington for her years of service, her time, commitment and input to the Community Hospital board of directors. Dr. Remington was first elected to the board beginning December 2012 and was serving her second, three-year term. The term Dr. Blomstedt is completing ends December 2018. The board approved the 2018-2022 Community Hospital Strategic Plan as presented by Steve Shaner, Strategic Planning Director. Troy Bruntz, Community Hospital President & CEO said in the strategic plan's Message from the President, "The challenges we face in the healthcare industry increase year after year in number and intensity. This strategic plan provides our road map to turning these challenges into opportunities." The board also approved a resolution authorizing Community Hospital administration to contract for architectural services related to current and future facility master planning.

# "LOOK UP AND AROUND"

It's harvest season in Nebraska. And Nebraska Public Power District is reminding farmers to "look up and around" for power lines when harvesting this fall. A little over a week ago, a grain trailer came into contact with an NPPD power line, resulting in damage to the tires on the grain trailer and to the line itself. "It was very fortunate that no one was injured," commented Transmission and Distribution Manager Art Wiese, about the contact with the power line. "We have had a few other power line contacts this year and are urging farm operators to look up and around in order to be aware of overhead power lines." Wiese noted that taking a few minutes to look for overhead electric lines may be life-saving time well spent. While avoiding any contact is the best way to stay safe, NPPD wants everyone to know what t to do if there is contact with a power line. If contact is made, remaining inside the equipment until help arrives is critical to everyone's safety. Those involved in harvesting work should understand any contact with power lines carries the potential of a serious or fatal accident. And remember that the equipment doesn't have to actually touch the power line to be in danger. Electricity can arc to the equipment if it comes close to the line.

# **12-DAY TRADE MISSION**

The Nebraskan who's president of the National Pork Board just returned with a delegation from a 12-day trade mission to Japan and China. They represent the #2 and #3 markets for U.S. pork. Pork Board president and Terry O'Neel, of Friend, says there's opportunity in both countries and he notes, the Japanese prefer chilled pork. O'Neel says, "We have a marketing campaign going on over there through the U.S. Meat Export Federation called 'Gochipo' which means 'Sumptuous Pork' and it's been a very successful campaign." While in Japan, the delegates met in Tokyo with 800 meat buyers. O'Neel also says even though China produces a lot of its own pork, it's still a lucrative market for U.S. pork, mostly variety meats. "They don't import a large percentage of production," O'Neel says. "They're nearly 97 or 98% self-sufficient with pork, but if you have 1.4million people who eat 90 pounds of pork a year, then you've got an opportunity, especially with the growing middle class in China."



# CHECK OUT OUR WEBSITE!



highplainsradio.net

The latest Newsflash and Trading Post are on the new website!



#### Support the Bison With Your Debit Card



#### Put one in your wallet!

The Bison Debit Card is available with any personal MNB checking account. The \$20 initial card fee includes a \$10 donation to the school and instant access to your card that same day!

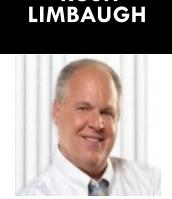
Every time you sign with the Bison Debit Card for a signature based purchase, MNB will donate \$.05 to McCook Public School!

#### Learn more at MNB1.com/Bison



Member FDIC (308) 345-4240 • MNB1.com







# ON THIS DAY

**1836** - Charles Darwin returned to England after 5 years of acquiring knowledge around the world about fauna, flora, wildlife and geology. He used the information to develop his "theory of evolution" which he unveiled in his 1859 book entitled *The Origin of Species by Means of Natural Selection.* 

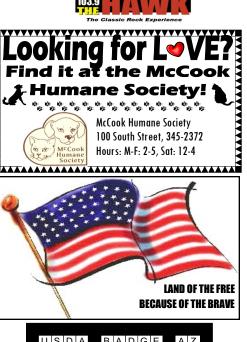






The McCook Lady Bison softball finished third at the GNAC Conference Invite in Lexington on Saturday. MHS knocked off Kearney 7 -5 in the opener, fell to Hastings in the semifinals and then edged Norfolk 7-6 in the third-place game. McCook will host the Class B6 district tournament on Thursday and Friday. The Lady Bison golfers finished fifth at the GNAC meet in Columbus on Friday. Holly Grigg finished fourth. The MHS girls are competing in their district meet today in Sidney. The Bison boys tennis team were runnersup at the GNAC meet in Lexington on Saturday. Kearney won the team title. The Bison number one doubles team of Spencer Krysl and Sam Knoll won three matches and second place overall. Zion Moyer was 3-1 and second place at number two singles. The Lady Bison volleyball went 3-3 at the Twin Cities Invite over the weekend.

The eighth-ranked Nebraska volleyball team beat its third top-10 opponent in the last nine days after rallying from down 0-2 to defeat No. 7 Wisconsin in five sets, 22-25, 17-25, 25-20, 25-23, 15 -8, in front of a season-high crowd of 8,453 at the Bob Devaney Sports Center on Saturday night. The Huskers the first time ever during the regular season that Nebraska has beaten three top-10 opponents in a span of nine days. Annika Albrecht paced the Huskers with 18 kills and 12 digs, while Mikaela Foecke put down 15 kills and nine digs. Briana Holman recorded 13 kills and four blocks, and Lauren Stivrins had eight kills and a team-high five blocks. Kelly Hunter had a double-double with 47 assists and 11 digs, while Sydney Townsend had a career-high 17 digs and served two aces and some key runs for the Huskers. Libero Kenzie Maloney added 13 digs as NU outdug Wisconsin 71-68.





#### TODAY'S PUZZL HOME OF BISON SPORTS FOR 39 YEARS! ACROSS DOWN Maturity 1 1 Former name Planet Δ 2 Shot, with down Tack 6 3 Etc. 7 Vane direction 4 Computer 8 Fisherman's tool 5 Cincinnati locale Increase the size 9 9 Cover a present 11 Mr..'s wife 12 Rare 10 Military unit 14 Girder 11 Marrow 15 Car rental agency 13 Coward 17 Lather 14 Book holder 18 Young Men's Christian Asso-16 Knave ciation 17 Dowdy 20 Hole 21 Owns 19 Indoor courtyard 24 Cooking vessels 20 Moved through the water 26 Pan 21 Legions 27 Artery 22 Little Rock locale Vase 29 23 Bone 30 Disturbs 25 Obstacle 31 Venus 27 Snacked 32 Car speed 33 Composition 28 To be 35 Made a hole 34 Awake 36 Affirmative 37 Dress 38 Watch secretly 39 Continent 39 Extremity 41 Indian peacemaker 40 Fall back 42 Forest gods 42 Compass point German "Mrs. 44 Yankee side 43 45 Sego lilies' bulbs 45 Tack 46 Hotel 49 North northeast 47 Terminal abbr. 48 Batty 50 Glory 51 Handle hard situations well