

## Did you know...?

- ...We have a total of five clinics
- ...We offer physical, occupational, and speech therapy
- ...We provide one-on-one care with a licensed clinician for each appointment
- ...We will ensure you understand your diagnosis and treatment
- ...We communicate with your provider on your progress and concerns

### Specialty Programs

- Aquatic Services
- Certified Hand Therapy
- Certified Dry Needling
- Head & Neck Cancer (speech, scar tissue, & lymphedema therapy)
- Kinesio Taping
- Lymphedema Services
- Pelvic Floor & Postpartum
- Pre-Surgical Rehabilitation
- Selective Functional Movement Assessment
- Temporomandibular Joint Disorder
- Torticollis
- Vestibular



### FMH Rehabilitation Aspen Ridge

163 Thomas Johnson Drive, Suite A  
Frederick, MD 21702  
240-566-3132

**Physical Therapy** - Orthopedics, Sports Rehab, Certified Hand Therapy, & Aquatic Services

### FMH Rehabilitation Crestwood

7211 Bank Court, Suite 120  
Frederick, MD 21703  
240-215-1425

**Physical & Occupational Therapy** - Orthopedics, Sports Rehab, Women's Health, & Lymphedema Services

### FMH Rehabilitation Liberty

194 Thomas Johnson Drive, Suite B  
Frederick, MD 21701  
301-418-6434

**Physical, Occupational, & Speech Therapy** - Neurological, Geriatric, & Pediatric Services

### FMH Rehabilitation Mt Airy

1502 South Main St., Suite 303  
Mt Airy, MD 21771  
301-829-5880

**Physical Therapy** - Orthopedics & Sports Rehab Services

### FMH Rehabilitation Urbana

3430 Worthington Blvd., Suite 102  
Frederick, MD 21704  
301-874-4343

**Physical Therapy** - Orthopedics & Sports Rehab Services