A milk choice of 1%, skim and fat free chocolate is served with all meals.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

## MOUNTAIN HOME PUBLIC SCHOOLS

Menu is subject to change based on weather and food availability.

## **DECEMBER 2022 LUNCH MENU**

(lunch/breakfast menu)

CEREAL CHOICE OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CHICKEN ALFREDO SALAD / DRESSING STEAMED BROCCOLI ROLL PEARS MILK	HOT HAM / CHEESE SANDWICH POTATO WEDGES CARROT / BROC /DIP FRUIT MILK
5 CHICKEN NUGGETS MASHED POTATOES BLACK EYE PEAS BROCOLLI / TOMATOES PEACHES ROLL MILK	6 STROMBOLI CORN ON THE COB SALAD / DRESSING ORANGE WEDGES MILK	7 CHICKEN FAJITA LETTUCE/ TOM / SALSA PINTO BEANS JELLO w/ FRUIT MILK	8 TOMATO SOUP GRILLED CHEESE SAND SALAD / DRESSING MIXED FRUIT MILK	9 HAMBURGER ON BUN SANDWICH SALAD CUP TATOR TOTS APPLE RICE KRISPY TREAT MILK
12 POPCORN CHICKEN SWEET POTATO CALIFORNIA BLEND VEGGIES ROLL PEACHES MILK	FRITO PIE SHREDDED CHEESE BROC /CARROT PEARS COOKIE (9-12) MILK	PIZZA PIZZA SALAD GREEN BEANS ORANGE WEDGES SIDE KICK MILK	TURKEY ROAST  MASHED POTATOES / GRAVY  CORN  ROLL  APPLE CRISP  MILK	16 GRILLED CHICKEN SANDWICH SAND SALAD CUP POTATO WEDGES BAKED BEANS GRAPES MILK
CHICKEN STRIPS POTATO WEDGES CARROT STICKS / DIP FRUIT ROLL MILK	20 SPAGHETTI W/ MEAT SAUCE SALAD / DRESSING GREEN BEANS FRUIT ROLL MILK	PIZZA  SALAD / DRESSING  MIXED VEGETABLES  FRUIT  PUDDING  MILK	22 CHRISTMAS BREAK	23 CHRISTMAS BREAK
CHRISTMAS BREAK	27 CHRISTMAS BREAK	CHRISTMAS BREAK	29 CHRISTMAS BREAK	CHRISTMAS BREAK