

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bakersfield R-IV School 357 State Highway O P.O. Box 38 Bakersfield, MO 65609				1 BREAKFAST: Cereal or Ham Bars, Toast, Fresh Fruit, Fruit Juice, Milk, Yogurt LUNCH: Nachos W/Ground Beef of Hot Dog on a Bun, Spanish Rice, Diced Tomatoes, Fruit, Salad Bar, Milk	2 BREAKFAST: Cereal or Breakfast Pizza, Fruit Juice, Fresh Fruit, Milk, Yogurt LUNCH: Hamburger or Grilled Cheese Sandwich, French Fries, Ketchup, Fresh Fruit, Pears, Salad Bar, Milk	3
4	5 <i>NO SCHOOL</i>	6 BREAKFAST: Cereal or Pancakes, Syrup, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Chicken & Dumplings, Peas, Salad Bar, Fruit, Milk	7 BREAKFAST: Cereal or Biscuit, Gravy, Jelly, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Hot Dog or Burrito, Chili, Applesauce, Fresh Fruit, Salad Bar, Milk	8 BREAKFAST: Cereal or Scrambled Eggs, Toast, Hash Browns, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Chicken Quesadilla or Corn Dog, Pinto Beans W/ Cheese, Mandarin Oranges, Fresh Fruit, Salad Bar, Milk	9 BREAKFAST: Cereal or Muffin, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Breakfast for lunch: Biscuit, Sausage, Gravy, Hash Brown, Fresh Fruit, Salad Bar, Milk	10
11	12 <i>NO SCHOOL</i>	13 BREAKFAST: Cereal or Oatmeal, Toast, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Chicken Alfredo or Chicken Patty Sandwich, Whole Wheat Bread Stick, Broccoli, Fruit, Fresh Fruit, Salad Bar, Milk	14 BREAKFAST: Cereal or Biscuit, Gravy, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Hot Dog on a Bun, Chips, Fruit, Salad Bar, Cookie, Milk	15 BREAKFAST: Cereal or Pop Tart, Fresh Fruit, Fruit Juice, Yogurt, Milk LUNCH: Turkey & Dressing, Mashed Potatoes, Green Beans, Rolls, Fruit, Salad Bar, Milk	16 BREAKFAST: Cereal or Breakfast Pizza, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Hamburger or Grilled Cheese Sandwich, Chips, Ketchup, Fruit, Salad Bar, Milk	17
18	19 <i>NO SCHOOL</i>	20 <i>NO SCHOOL</i>	21 <i>NO SCHOOL</i>	22 <i>NO SCHOOL</i>	23 <i>NO SCHOOL</i>	24
25	26 <i>NO SCHOOL</i>	27 BREAKFAST: Cereal or Bacon & Biscuit, Jelly, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Shrimp Poppers or Chicken Nuggets, Ketchup, Pork & Beans, Fresh Fruit, Salad Bar, Milk	28 BREAKFAST: Cereal or Biscuit, Gravy, Jelly, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Pepperoni Pizza WG or Hamburger on a Whole Wheat Bun, Carrot Sticks, Salad Bar, Applesauce, Fresh Fruit, Milk	29 BREAKFAST: Cereal or Ham Bars, Toast, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: BBQ Sandwich, Tater Tots, BBQ Baked Beans, Applesauce, Fresh Fruit, Salad Bar, Milk	30 BREAKFAST: Cereal or Breakfast Pizza, Fruit Juice, Fresh Fruit, Yogurt, Milk LUNCH: Hamburger or Grilled Cheese Sandwich, French Fries, Ketchup, Fruit, Salad Bar, Milk	