


Flippin School District November 2022 Lunch Menu

	Walking Taco Lettuce-Tomato-Cheese Seasoned Corn Sliced Pears Fruit Choice 9-12 Milk 1	Hamburger Lettuce-Tomato-Pickle French Fries Sliced Peaches Fruit Choice 9-12 Milk 2	Chicken Fajita Seasoned Rice Lettuce and Tomato Refried Beans Frozen Fruit Cup Fruit Choice 9-12 Milk 3	BBQ Rib Sandwich Sweet Potato Fries Lettuce and Pickle Mixed Fruit Chocolate Chip Cookie Fruit Choice 9-12 Milk 4
Pizza Tossed Salad Green Beans Grapes Fruit Choice 9-12 Milk 7	Roasted Ranch Chicken Quick Baked Potato Seasoned Broccoli Orange Biscuit Fruit Choice 9-12 Milk 8	Chili Tater Tots Carrot Sticks Applesauce Pumpkin Cinnamon Roll Fruit Choice 9-12 Milk 9	Chicken Stir Fry Seasoned Rice Egg Roll Mandarin Oranges Fortune Cookie Fruit Choice 9-12 Milk 10	Burrito Refried Beans Side Salad Strawberry Cup Vanilla Wafers Fruit Choice 9-12 Milk 11
Hot Dog Baked Beans Pickle Spear Corn Chips Applesauce Fruit Choice 9-12 Milk 14	Cheese Pocket Carrot Sticks Broccoli Salad Peaches Fruit Choice 9-12 Milk 15	Chicken Sandwich Lettuce and Tomato French Fries Banana Fruit Choice 9-12 Milk 16	Turkey and Dressing Mashed Potatoes Green Beans Mandarin Oranges Hot Roll Dessert Fruit Choice 9-12 Milk 17	Ham and Cheese Sandwich Lettuce and Tomato Veggie Sticks Pears Fruit Choice 9-12 Milk 18

Thanksgiving Break

Chicken Strips Mashed Potatoes Seasoned Broccoli Peaches Biscuit Fruit Choice 9-12 Milk 28	Beefy Nachos Lettuce and Tomato Seasoned Corn Frozen Fruit Cup Graham Crackers 9-12 Fruit Choice 9-12 Milk 29	Chicken and Noodles Seasoned Carrots Green Peas Pears Hot Roll 9-12 Wacky Cake Fruit Choice 9-12 Milk 30	This Institution is an equal opportunity provider	Menu is Subject to Change
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