

A milk choice of 1%, skim  
and fat free chocolate is served  
with all meals.

THIS INSTITUTION IS AN EQUAL  
OPPORTUNITY PROVIDER

MOUNTAIN HOME PUBLIC SCHOOLS

NOVEMBER 2022 LUNCH MENU

Menu is subject to change based  
on weather and food availability.

(lunch/breakfast menu)

CEREAL CHOICE OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BEEF TACO LET / TOM /SALSA REFRIED BEANS APPLE WEDGES OATMEAL COOKIE SPANISH RICE (9-12) MILK	2 SPAGHETTI W/ MEAT SAUCE SALAD / DRESSING GREEN BEANS PINEAPPLE TIDBITS ROLL MILK	3 PIZZA SALAD / DRESSING MIXED VEGETABLES ORANGE WEDGES PUDDING MILK	4 PULLED PORK / BUN BAKED BEANS BROCCOLI SALAD FRIES GRAPES MILK
7 CHICKEN NUGGETS MASHED POTATOES BLACK EYE PEAS BROCCOLI / TOMATOES PEACHES ROLL MILK	8 HOT HAM / CHEESE SANDWICH CORN ON THE COB SALAD / DRESSING ORANGE WEDGES MILK	9 CHICKEN FAJITA LETTUCE/ TOM / SALSA PINTO BEANS JELLO w/ FRUIT MILK	10 TOMATO SOUP GRILLED CHEESE SAND SALAD / DRESSING MIXED FRUIT MILK	11 HAMBURGER ON BUN SANDWICH SALAD CUP TATOR TOTS APPLE RICE KRISPY TREAT MILK
14 POPCORN CHICKEN SWEET POTATO CALIFORNIA BLEND VEGGIES ROLL PEACHES MILK	15 FRITO PIE SHREDDED CHEESE BROC /CARROT PEARS COOKIE (9-12) MILK	16 PIZZA SALAD GREEN BEANS ORANGE WEDGES SIDE KICK MILK	17 TURKEY & DRESSING MASHED POTATOES / GRAVY CORN ROLL APPLE CRISP MILK	18 GRILLED CHICKEN SANDWICH SAND SALAD CUP POTATO WEDGES BAKED BEANS GRAPES MILK
21 NO STUDENTS	22 NO STUDENTS	23 THANKSGIVING BREAK	24 THANKSGIVING BREAK	25 THANKSGIVING BREAK
28 PIZZA VEGGIE STICKS GREEN BEANS APPLE MILK	29 NACHOS W/ GROUND BEEF LETTUCE / TOMATO REFRIED BEANS SALSA STRAWBERRIES MILK	30 CHILI SALAD / DRESSING TATOR TOTS CINN ROLL ORANGE WEDGES MILK		