

A milk choice of 1%, skim  
and fat free chocolate is served  
with all meals.

THIS INSTITUTION IS AN EQUAL  
OPPORTUNITY PROVIDER

MOUNTAIN HOME PUBLIC SCHOOLS

SEPTEMBER 2022 LUNCH MENU

Menu is subject to change based  
on weather and food availability.

(lunch/breakfast menu)

CEREAL CHOICE OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
			1 STROMBOLI CORN ON THE COB SALAD / DRESSING APPLESAUCE CHOC CHIP COOKIE MILK	2 HAMBURGER ON BUN SANDWICH SALAD CUP TATOR TOTS PEARS MILK
5 LABOR DAY NO SCHOOL!	6 POPCORN CHICKEN SWEET POTATO GREEN BEANS ROLL PEACHES MILK	7 FRITO PIE SHREDDED CHEESE BROC /TOM /CARROT PEARS COWBOY COOKIE MILK	8 PIZZA SALAD GREEN BEANS ORANGE WEDGES JUICE BAR MILK	9 GRILLED CHICKEN SANDWICH SAND SALAD CUP POTATO WEDGES BAKED BEANS GRAPES MILK
12 CHICKEN STRIPS QUICK BAKED POTATO CARROTS STICKS / DIP APPLE MILK	13 NACHOS W/ GROUND BEEF LETTUCE / TOMATO PINTO BEANS SALSA STRAWBERRIES MILK	14 CHILI SALAD / DRESSING TATOR TOTS CINN ROLL PEACHES MILK	15 CHICKEN ALFREDO STEAMED BROCCOLI SALAD ROLL PEARS MILK	16 HOT HAM/CHEESE SAND POTATO WEDGES CARROT / BROCC & DIP GRAPES MILK
19 CHICKEN NUGGETS MASHED POTATOES / GRAVY SEASONED CORN ROLL PEACHES MILK	20 WALKING TACO PINTO BEANS SALSA FRESH APPLE SNICKERDOODLE COOKIE MILK	21 SPAGHETTI SALAD / DRESSING GREEN BEANS PINEAPPLE TIDBITS ROLL MILK	22 TOMATO SOUP GRILLED CHEESE SANDWICH SALAD / DRESSING ORANGE WEDGES RICE KRISPY TREAT MILK	23 SLOPPY JOE POTATO WEDGES COLE SLAW APPLESAUCE GRAHAM CRACKER MILK
26 POPCORN CHICKEN QUICK BAKED POTATO CELERY & CARROTS / DIP ROLL ORANGE WEDGES MILK	27 BEEF TACOS LET / TOM /SALSA REFRIED BEANS SPANISH RICE MIXED FRUIT PUDDING MILK	28 COUNTRY FRIED STEAK MASHED POTATOES / GRAVY SEASONED CORN ROLL PEACHES MILK	29 PIZZA SALAD GREEN BEANS GRAPES MILK	30 HAMBURGER ON BUN SANDWICH SALAD CUP TATOR TOTS PEARS MILK