

# GYMNASIUM SCHEDULE – WEEK OF AUG 6-12

*This schedule is subject to change without prior notice. Last Updated: 7/30/18*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5A	OPEN GYM 5am-8:15am	OPEN GYM 5am-6am	OPEN GYM 5am-9am	OPEN GYM 5am-6am	OPEN GYM 5am-9am	GYMCA OPENS 6:30AM	GYMCA OPENS 8AM
6A		BOOT CAMP 6:15am-7:15am LaMont		BOOT CAMP 6:15am-7:15am LaMont			
7A		TURBO SWEAT 8:15am-9:15am Brandon		TURBO SWEAT 8:15am-9:15am Brandon			
8A						RESERVED 8:30AM-10AM	
9A	SUMMER CAMP SPORTS 10AM-12PM	OPEN GYM 9:45am-10:55am	OPEN GYM 9:45am-10:55am	OPEN GYM 9:45am-10:55am	SUMMER CAMP SPORTS 10AM-12PM		
10A		ADULT BASKETBALL 12pm-12:55pm *18 and up	ADULT BASKETBALL 11am-12:55pm *18 and up	ADULT BASKETBALL 11am-12:55pm *18 and up	ADULT BASKETBALL 12pm-1:55pm *18 and up		ADULT BASKETBALL 1pm-3pm *18 and up
11A	RESERVED 1pm-1:45pm	RESERVED 1pm-1:45pm	RESERVED 1pm-1:45pm	RESERVED 1pm-1:45pm	SUMMER CAMP SPORTS 2pm-4pm		
12P	SUMMER CAMP SPORTS 2pm-4pm	HS BASKETBALL 2pm-3pm	SUMMER CAMP SPORTS 2pm-4pm	HS BASKETBALL 2pm-3pm			
1P		OPEN GYM 3:15pm-4:15pm		OPEN GYM 3pm-4pm		OPEN GYM 2pm-4pm	FAMILY GYM 4:15pm-7pm
2P	FAMILY GYM 4:15pm-7pm	FAMILY GYM 4:15pm-7pm	FAMILY GYM 4:15pm-7pm	FAMILY GYM 4:15pm-7pm			
3P					ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up	
4P	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm			
5P					ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up
6P	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm			
7P					ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up
8P	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm			
9P					ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up	ADULT BASKETBALL 7pm-9:45pm *18 and up
10P	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm	GYMCA CLOSURES 7pm			

- = Half Court Closed Programs/Classes.  
GS1 (Gym Side 1), GS2 (Gym Side 2)
- = Full Court Closed Private Rental  
(1/3, 1/4, 1/11, 1/23, 1/25, 1/30, 1/31, 2/ 9, 2/15)
- = Adult Fitness Classes
- = Youth Sports Classes

**Open Gym-** Children under the age of 12 must be accompanied by an adult. YMCA private sports lessons may take place at this time.  
**Adult Basketball-**Must be 18 and older to be in gymnasium.  
**High School Basketball-** 14 and older to be in the gymnasium.  
**Family Gym-** For families with children under the age of 12/ Half Court games only  
**Dry Land/ Gym Closures/ Youth Classes –** Members are not permitted in gymnasium while classes and programs are in session.