



YMCA OF GREENWICH BLACK FRIDAY SCHEDULE

Friday, November 25th

Spin, SS – LATER START TIME!!!

7:00am-8:00am

Pam

Zumba, AS2- CANCELLED!!!

9:00am-10:00am

Marlyn

Open Yoga, YS- CANCELLED!!!

9:45am-11am

Susan Jones

**** All other classes will remain the same!**