Marlin Swim TeamMarlins 2017- 2018 Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30 - 7:00am		5:30 - 7:00am		5:30 - 7:00am	8:00 - 10:00am	OFF
Senior	5:45- 7:45pm	4:00- 6:00pm	5:45 - 7:45pm	4:00pm – 6:00pm	5:45 - 7:45pm	Yoga @ 10:15	
Senior Dryland @ Combine		6:30 - 7:30pm		6:30 - 7:30pm			
Junior 1	4:15 - 5:45pm	6:00-7:30pm	4:15-5:45pm	6:00 - 7:30pm	4:15 - 5:45pm	8:00 - 10:00am	
Junior 2	4:15 - 5:45pm	6:00 -7:30pm	4:15 - 5:45pm	6:00 - 7:30pm	4:15 - 5:45pm	10:00 -11:00am	
Junior Dryland @ Combine			6:00 - 7:00pm				
Novice 1	5:00 - 6:00pm	5:00 - 6:00pm	5:00 - 6:00pm			10:00 - 11:00am	
Novice 2	4:00 - 5:00pm		4:00 - 5:00pm	5:00-6:00pm		10:00 - 11:00am	
Novice 3		4:00 - 5:00pm	_	4:00 - 5:00pm		10:00 - 11:00am	

Marlins Swim Team



2017-2018 REGISTRATION

nirt ze			
Cell #:			

Program Fees: *YMCA Membership is necessary. Team Registration can't be processed without Y Membership. Please review the membership options included in this packet. Direct any questions to Ricky Perez: 203-869-1630 x 308, reperez@gwymca.org

Team Level	Program Fee
Senior 1	\$3250
Junior 1	\$2950
Junior 2	\$2850
Novice 1	\$2350
Novice 2	\$2300
Novice 3	\$2000

The program fee includes YMCA program cost, USA Swimming Registration, Team Dues and money to be spent on Meet Entry Fees for your swimmer. It is our expectation that swimmers will participate in meets as suggested by their coaches and the estimated annual cost for entries is included in your program fee. Some swimmers, most often those who travel to National Meets and other championships out of the area, may exceed the estimated amount. Should that happen, we may ask for additional funds later in the season. The estimate is \$300 for Senior Team, \$200 for Junior Team, \$100 for Novice 1 and \$50 for Novice 2.

• Certified officials who commit to working ALL of our HOME MEETS are eligible for 1 time \$250 discount per official.

Marlins Swim Team



2017-2018 REGISTRATION

Payment Information:

Name / Group	Group Placement (1-3)	Program Fee	
1.			
2.			
3.			
	Total Due		
For the 2017-2018 season families have 2 options for payment. I and registration forms must be turned in to reserve a spot on the		ust be selected. Payment	
**Option 1: Make Full Program Fee Payment. Payments can be made Greenwich.	by credit card or check made paya	able to the YMCA of	
TOTAL:			
Credit Card Payment Authorization			
Credit Card #:			
Expiration Date:			
Signature:Signature authorizes the YMCA to charge Total Due to credit card. An notification of an outstanding balance.	y future charges will be applied to	this same credit card after	
***Option 2: Make Half Payment at the time of Registration (payment your spot on the team) *** If opting for the Half Payment option, payments must be made		e received in order to secure	
1st Payment Due Date at time of Registration (no later than September 1, 2017) TOTAL:			
2 nd Payment Due Date: November 1 st , 2017 TOTAL:			
Credit Card Payment Authorization			
Credit Card #:			
Expiration Date:			

Signature authorizes the YMCA to charge Total Due to credit card. Any future charges will be applied to this same credit card after notification of an outstanding balance.



YMCA of Greenwich Aquatic Team Membership/Participation Requirements Effective: July 31, 2017

Each aquatic team member must choose one of the following membership options before the start of the season.

Plea	se check one:		
	Please sign up my child(ren) for aquatic yout Please sign up my child(ren) for the Please sign us up for the monthly	e annual membership: \$67 2	
	My child(ren) are Novice 3 participants, there Please sign up my child(ren) for the	•	
	We are new family members . Attached is th form. I understand that I will be billed for a problem following month.		pplication as well as the payment authorization that the monthly billing draft will begin the
	Please sign us up for the annual mePlease sign us up for the monthly of		Single Family \$1440/year Single Family \$120
	We are current family members . Please renew our annual members Please continue charging us the me		

IN	eturning this form, I agree to the ITIAL I understand that in order to particip purchased before start of practice I understand that my membership m I understand that I must submit 30 de I understand that if I am a new members is \$100 Aquatic Youth members: \$50 (each compared to the start of the start	pate in an aquatic team pr ust be kept in good standi ays written notice prior to er, I must pay the followi	ng throughout our season cancelling my membership
	Attached is the completed membership applic billed for a prorated month up front and that		t authorization form. I understand that I will be liberal begin the following month.
Signe	d		Date
Pleas	e apply the following charges to my card:		
Name	on Card(please print)	Card #	Exp Date

Swimmers Code of Conduct

Philosophy

Our primary objective is to help each swimmer realize their full swimming potential. In order to do so, an environment that will encourage accomplishment must be established and maintained. A swimmer's conduct at practices and swim meets should support every other swimmer's ability to learn and the coach's ability to teach other swimmers. With that in mind, we have developed the Swimmer Code of Conduct and expect all Marlin swimmers to do their best to follow it.

Conduct Expected of All Swimmers

- To remember that at practice, during swim meets and in public they are representing the YMCA of Greenwich Marlins. They should represent the YMCA with excellence, team spirit, good sportsmanship, and politeness.
- To follow the directions of any member of the coaching staff and any person who is a chaperone. Disrespect or failure to obey instructions will not be tolerated from any athlete.
- No bullying or intimidating behavior is accepted. This includes live conversations and any type of electronic communication.
- To avoid spreading rumor or gossip that could be detrimental to their fellow teammates.
- To try their best in practice and competition.
- To use appropriate language. Use of profane or abusive language or obscene gestures is not allowed and will not be tolerated.
- There shall be no drinking of alcohol or use of tobacco products or illegal drugs or any substances banned by US Swimming or
- To be on time for practice and competition and to remain until the conclusion of practice.
- To notify the coach in advance if they are planning to leave practice or swim meets early.
- To wear designated team apparel at all competitions. (This includes but is not limited to team swim cap, t-shirts, etc...)
- To report any sign of illness or injury to a coach or Y staff member immediately.
- To follow the attendance policy set forth by the coaching staff.
- Disruption of practice by an athlete will be grounds for removal.
- To behave appropriately in the locker rooms. This includes no bullying, vandalism, and inappropriate language.
- To be respectful to all persons while at the YMCA including YMCA staff.
- Membership cards should be scanned at the front desk upon arrival to the YMCA.

Meet Guidelines

The following guidelines are in place for any Marlins' Swimmers attending home and/or away swim meets. All swimmers and parents are expected to follow the guidelines listed below. These guidelines are to help the swimmers become independent and responsible for their swimming.

- Swimmers should carry their own bags and deck chairs and are responsible for setting up, and cleaning up any and all items in the team area.
- Swimmers should be prepared with: liquids, snacks, towels, suits, caps and goggles.
- Swimmers must remain in the team space for the duration of the meet session. If a swimmer wishes to leave the team area they must ask the Coach to do so.
- Swimmers should report to one of the Coaches before and after each event they swim. It is the responsibility of the swimmer to get feedback from one of the Coaches.
- Parents must remain in the spectator section at all meets. No parent should be in the team area. The team area is for Coaches
 and Swimmers ONLY.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- 1st time: Verbal warning by official, head coach, or YMCA
- 2nd time: Formal Letter of Complaint will be issued to all parties involved and filed with the YMCA and Aquatic Advisory Committee Board.
- 3rd time: Practice and/or Meet Suspension (two weeks from practice and one meet suspension) and a formal meeting
 with the Aquatic Advisory Board. Written documentation of incident will be kept on file.
- 4th time: Removal of swimmer from the team.

Swimmer Signature	Date
Parent Signature	Date

Parent Code of Conduct and Volunteer Form

- 1. I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all swimmers, coaches, officials, and spectators at every meet, practice, or other sporting event.
- 2. I will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- 3. I will respect the officials and their authority during meets and will never question, discuss, or confront coaches on the pool deck, and will take time to speak with coaches at an agreed upon time and place.
- 4. I will respect coaches and their authority during practice. I will never question, discuss or confront coaches during practice time. I will take time to speak with coaches at an agreed upon time and place.
- 5. I will refrain from coaching my child or other swimmers during meets and practices, unless I am one of the official coaches of the team.
- 6. I will only be on deck at a swim meet if I am a timer, meet marshal, or official. If I am on deck I will not approach the coaches or swimmers.
- 7. I will respect the Swimmer/Coach relationship and allow my child to be their own advocate for any issues they may have.
- 8. I will not text, email, or phone coaches during a swim meet unless it is to inform them of tardiness or scratches.
- 9. I will not engage in any negative discussions on the pool deck during practice or meets that is detrimental to the swim team.
- 10. I will respect the Coaches office hours of Mon-Thurs from 11:00 AM-3:00 PM. I will contact them during these times for any questions or concerns. Coaches are happy to respond to email in a timely manner within 24 hours.
- 11. I will adhere to the following guidelines while on deck during practice hours:
 - I will not use any recording devices.
 - I will remain seated on the bleachers.
 - I will not sit behind or stand in front of one of the lanes.
 - I will not communicate with my swimmer during practice.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- 1st time: Verbal warning by official, head coach, or YMCA
- 2nd time: Formal Letter of Complaint will be issued to all parties involved and filed with the YMCA and Aquatic Advisory Committee.
- 3rd time: Parental Practice and/or Meet Suspension (two weeks from practice and one meet suspension) and a formal meeting with the Aquatic Advisory Committee. Written documentation of incident will be kept on file.
- 4th time: Removal of swimmer from the team.

Parent Signature	Date
Parent Signature	Date

Work Program Commitment 2017-2018

• Volunteer Hours will be divided by Home Meets and Away Meets. This is for the Short Course Season only.

Home Meet Hours

- **Home Meet Hours**: 12 Hours per family, if a family has additional children they will be required to fulfill 16 hours. Families of High School Swimmers will only need to fulfill 8 hours.
- **Volunteer Sign up**: Will be posted on the website several weeks prior to the home meet. Families may volunteer by the time of day they would like to work and by type of job.
- If a family has not signed up to volunteer within one week of the meet the Coaches/Meet Manager will contact that family to encourage them to sign up.
- If a family signs up for a job and is unable to attend they are responsible for finding a replacement.
- We will be encouraging families to sign up for trainee positions such as Hy-Tek, Colorado, meet manager, etc...
- Please note hours can be earned at the 9/Under Meet as well for those families unable to attend the October or January Home Meets.
- Volunteer hours can also be completed by joining a committee or doing other work assignments.

Away Meet Hours

- Away Meet Hours: 6 Hours per family
- Away Meet Sign up: Will be posted in advance for families to sign up on the website. Families will sign up as timer 1, 2 or 3 and then by shift.
- 12/U and 13/O Timer Coordinator: Each meet will have a timer coordinator who will keep track of those families that have signed up and make sure they attend the timer meeting and they relieve the shift before them. If a family volunteers as coordinator they are excused from timing at that meet.

Unfulfilled Volunteer Hours

- For any family that does not fulfill their home and away meet hours they will be charged \$25 per hour.
- Families may NOT pay this at the beginning of the season.
- Swimmers/Kids may volunteer to earn hours for their family, however if a swimmer/kid is doing community service no credit will be given towards the families hours.
- Money will be collected before the start of Championship Season. Payment will be made by check payable to the YMCA of
 Greenwich. If a family does not make payment their swimmer will not be entered into a Championship meet. All money will be
 distributed amongst financial aid and travel fund. Total amount that can be collected is \$450.

Championship Meets/Finals

Championship Meets/Finals: Any family that has a swimmer(s) who qualifies for championships or finals is required to volunteer (time, officiate, marshall, etc).

- *Volunteer hours cannot be earned for working at a Championship meet.
- **This season for all Championship meets work assignments will be pre-assigned. If for some reason you are unable to do your assignment you are responsible for finding a replacement.

PLEASE NOTE YOU WILL BE CONTACTED REGARDING VOLUNTEER HOURS FROM LAST SEASON. IF YOU DID NOT COMPLETE YOUR HOURS. If you are contacted you may either make payment or add them to your hours for this year.

***I have read and understand the above requiremen	ts for the Marlins' Work Program Commitment. I agree that if I do not meet the
hour requirements for Home and Away Meets I will pa my swimmer(s) will not be entered in any championshi	y \$25.00 for every hour I do not fulfill. I also understand if payment is not made p meets.
Name:	Date

Signature:	 	

The Greenwich Family YMCA Marlins Anti-Bullying Code of Conduct

What Is The Definition of Bullying?

A lot of young people have a good idea of what bullying is because they see it every day! Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending him or herself. Usually, bullying happens over and over.

- Punching, shoving, and other acts that hurt people physically
- Spreading bad rumors about people
- Keeping certain people out of a "group"
- Teasing people in a mean way
- Getting certain people to "gang up" on others

Bullying also can happen online or electronically. Cyberbullying is when children or teens bully each other using the Internet, mobile phones or other cyber technology. This can include:

- Sending mean text, email, or instant messages
- Posting nasty pictures or messages about others in blogs or on Web sites
- Using someone else's user name to spread rumors or lies about someone

What is the Anti-Bullying Code of Conduct and the rules of the Team regarding Bullying?

- We will not bully others
- If we know that somebody is being bullied, we will tell a coach and an adult at home.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- 1st time: Verbal warning by official, head coach, or YMCA
- 2nd time: Formal Letter of Complaint will be issued to all parties involved and filed with the YMCA and Aquatic Advisory Committee Board.
- 3rd time: Practice and/or Meet Suspension (two weeks from practice and one meet suspension) and a formal meeting with the Aquatic Advisory Board. Written documentation of incident will be kept on file.
- 4th time: Removal of swimmer from the team.

Swimmer(s) Signature:		
Date:		

Marlins 2017-2018 Financial Aid Form

\Box I wish to apply for financial assistance for the 2017-2018 Season. You must include in this packet the following documents, which must be completed by August 31 st :
 A completed YMCA of Greenwich Financial Assistance form. A copy of your most recent Federal Tax Return Copies of last 3 pay stubs. Provide verification in the form of statements, receipts or cancelled checks for your monthly
expenses. Your application will not be reviewed if any of the above items are not included in the packet. Upon review by the Financial Aid Committee, the outcome of your request will be returned via email.
□ I do not wish to apply for financial assistance for the 2017- 2018 Season.
Name :