

The dentists at Powder River Dental who perform our dental screenings: (I-r) Chad Schell, Robert Barelman, Holly Schamber and Pat Love

# Live Well. Laugh Often. Floss Much!

Campbell County School District is blessed in many ways. One of our blessings in this community is Powder River Dental which volunteers time and expertise to screen our students for dental concerns. All Gillette and Wright schools are on a 2-year screening cycle. All the rural schools are visited in one day. Powder River Dental has been saying "open wide" to our students for three years.

Three years ago, Lindsey Schell (Dr. Schell's wife) suggested he and his fellow dentists give back to the community by screening school children for free. Since then, two dentists and 2-3 hygienists visit one school each month to see any students K-6 who have parental permission for a quick dental check up. They will see 200 students at our

larger schools and 150 students at the smaller schools. They have also screened children at the Boys & Girls Club, and hope to add John Paul II Catholic School to the list. Several CCSD employees also attend the screenings. Kip Farnum, Katie Ellison, Jessica Diaz and Adah Wiltse are usually on hand to give out general care instructions, a specific sheet with the child's screening results, and a free toothbrush. Attached to the child's screening results is a list of pediatric dentists, some of whom offer services in Gillette.

When asked about the types of dental problem he sees, Dr. Schell said it varies from school to school. Many students do a good job with their home dental care but others can use some help with brushing and

# The District Connection



flossing. "Are any children afraid to see the dentist?" Sometimes there is some anxiety if they haven't been to a dentist very much but most kids are OK with it. The last question was "Why do you do it?" and the answer was that it's rewarding. Sometimes it gives parents an idea of their child's dental health that they may not have known. Dr. Schell shared the following information about dental concerns in school-age children:

Approximately 51,679,100 million school hours were missed annually by school-aged children due to a dental problem or visit, with 117 hours missed per 100 children. Children in dental pain are distracted from their studies. Children with healthy teeth have better attendance and are more attentive in school. Preventative dentistry can keep your child's smile healthy and attractive. Research indicates that dental disease may adversely affect children's performance independent of school absences.

#### **CHEESE, THE CAVITY FIGHTER!**

Certain cheeses have been shown to have characteristics that disrupt the development of cavities when eaten alone as a snack or at the end of a meal. Cheeses such as aged cheddar, Swiss, mozzarella, and Monterey jack stimulate the flow of saliva, clearing the mouth of food debris and acting as a buffer to neutralize the acids that attack teeth. The calcium and phosphorus found in cheese also reduce or prevent decreases in pH levels of saliva and promote remineralization of tooth enamel.

#### **MOUTH PROTECTORS IN SPORTS!**

- \*50 to 80% of all dental injuries involve the front teeth of the upper jaw.
- \*A mouth guard not only protects the teeth but may reduce the force of blows that can cause concussion, neck injuries and jaw fractures.
- \*The National Youth Sports Safety Foundation estimated the cost to treat and provide follow-up care



The dental hygienists who screen our students' teeth: Back row, I-r: L'nette Eaton, Alicia Burr, Krista Heiken and Christina Scherry. Front row, I-r: Audra Stumbaugh and Theresa Germann.

for a permanent tooth that was knocked out is between \$5,000 and \$20,000 over a lifetime.

\*Consequences of traumatic injuries for children and their families are substantial because of the potential for pain, psychological effects and economic implications.

#### **CAMEL HIGH, CAMEL HIGH!**

As a follow up to last month's cover story about the CCHS school song, it turns out we DO have a more recent school song! Charles Robert Waterman, CCHS music instructor in the mid-to-late 1940's, wrote the following song:

CAMEL HIGH, CAMEL HIGH
Boost your praises to the sky.
Come along; join the throng
For you simply can't go wrong.
They say it's great in
CAMEL HIGH, CAMEL HIGH
Finest school in all the state.
And tonight when you are sleeping,
Dream of CAMEL HIGH!!!!!!!

Local resident Tom Butler remembered Mr. Waterman writing that song while Tom was in school here in Gillette. Waterman attended Nebraska State Teachers College, majoring in Band, Orchestra and Chorus. He also taught music at Montana State University. This song is still sung today before many school events. GO CAMELS!!!



Charles Robert Waterman 1920 - 2005



"Students That Care is a student advocacy group that meets outside of school on Tuesday nights at 6:00 pm. We do various things in the community but our main goals are to give kids a safe place to be, where they are included, have the opportunity to make a difference in our community and schools and become advocates for suicide prevention and awareness. Our group raises money to do group activities and be involved in the community. One of the ways we are doing this is a booth at the Winter Western February 10th, 11th and 12th. The kids have made inspirational jewelry, inspirational message boards and collages. The money they raise will go toward bringing Kevin Hines to speak in Gillette. Kevin jumped off the Golden Gate Bridge to end his life and he survived. He is a motivational speaker, author of "Cracked but Not Broken," and advocate for mental health awareness and suicide prevention and awareness. I hope you will venture out and see us! If you have questions please contact Trish Simonson 299-9640 or tsimonson@ccsd.k12.wy.us. You can also find us on Facebook!



# Report Ranks Wyoming Seventh-Best in Education Nationwide

A recently released report ranks Wyoming in 7<sup>th</sup> place in education nationwide. The state received an overall score of 80.3, which is a B-minus. The U.S. received a 74.2, which is a C. State Superintendent of Public Instruction Jillian Balow said in a news release, "The 2017 Quality Counts report serves as a reminder that we are doing great things for kids in our state. As this report shows, we have educators, students, families and

communities across our state who are dedicated and willing to see all students ready for success in school and life." The report was produced by <u>Education Week</u>, a magazine that covers educational issues. Dicky Shanor, chief of state at the Wyoming Department of Education, said, "We want to continue the progress that we've made in education despite this fiscal setback, and we believe that if we take a careful, methodical approach to the budget shortfall that we can continue to progress despite that."

Wyoming is the only state ranked in the top 10 that is not located in New England.

#### **HR UPDATE** Health Insurance Fast Facts:

#### When do medical and dental deductibles start over?



Medical and dental deductibles are January 1 – December 31 (calendar year). Open Enrollment is in April/May with any changes elected effective July 1<sup>st</sup>, this **does not** affect how your deductibles run.

#### Do I need a doctor's order to go see a physical therapist?

WSBAIT requires a prescription for services showing what services should be provided. The Summary Plan Document states the following under covered benefits:

**Physical therapy** by a licensed therapist. The therapy must be in accord with a Physician's exact orders as to type, frequency and duration and for conditions which are subject to significant improvement through short-term therapy.

#### **Medicare & You**

When: Thursday, February 9, 2017

4:00 pm and 5:30 pm-Same information will be presented at each meeting.

Where: Maple Room, Lakeway Learning Center

#### Who should attend:

**ANYONE** who is between the ages of **60 to 65**. Those who are on Plan D and have a health savings account in these age brackets will benefit

#### What will be covered:

Eligibility, Medicare Parts, how the Health Savings Accounts works in conjunction with Medicare.



Wyoming Retirement will be presenting a "Retirement Strategies Seminar" at Lakeway Learning Center in the Aspen Room on Thursday, February 23, 2017 at 4:00 p.m. and 5:30 p.m.



#### FROSTBITE: WHAT ARE YOU GOING TO DO ABOUT IT?

Frostbite (or frostnip which is the early stages of frostbite) is when certain parts of your body are exposed to severe or extreme cold, mainly your fingers, toes, ears, cheeks and nose. Freezing temperatures can form ice crystals in the fluids in and around cells in your body. This damages and dries out cell tissues and membranes, and extreme cases can impact deep nerves, muscles or even bones . . . or even lead to the loss of a limb!

#### Things to watch for . . .

Skin appears white and waxy Numbness or no feeling in that area Possible blisters

#### What to Do . . . .

- o Handle area gently. DO NOT rub the affected area.
- o Remove tight or constrictive clothing (gloves, boots, socks, etc.) and any jewelry
- Warm gently using body heat or soaking area in warm water (between 100-105 degrees Fahrenheit) until area is red
  and feels warm. Person may feel a burning sensation or pain as the area warms back up.
- o Loosely bandage the area with dry, sterile dressing or cloth.
- o If fingers or toes are frostbitten, separate them with sterile gauze or clean cloth.
- o Try not to break any blisters.

#### Things you should NOT do . . .

- o DO NOT rub or massage the area since this may cause damage to cells!
- o DO NOT rub snow on the area!
- o DO NOT try to warm with dry radiant heat (meaning don't warm with a blow-dryer or hold in front of fire or hot stove. Using warm water is best!
- o DO NOT try to thaw a frostbitten body part if it has a chance of re-freezing (if you are stuck in the wilderness) since this could cause more damage.

(Excerpt from <u>It's a Disaster! . . . and What Are You Gonna Do About It?</u>, 3<sup>rd</sup> Edition, provided by Campbell County Emergency Management Agency, <u>www.ccema.net</u>. A few of these books are available by contacting David King, Emergency Management Coordinator, 307-686-7477.



#### NOMINATE A FRIEND FOR TEACHER OF THE YEAR!!!!

Deadline to nominate someone for Teacher of the Year is **Monday, February 13, 2017**. Nomination forms are online at <a href="www.campbellcountyschools.net">www.campbellcountyschools.net</a>. ANYONE can nominate a teacher – a parent, student, CCSD employee, business person. The nominee must be a CCSD employee, a Wyoming certified classroom teacher in a state-approved or accredited school, kindergarten through grade twelve, who plans to continue an active teaching career through the 2017-2018 school year. The winner of the CCSD Teacher of the Year receives a \$1,000 cash prize and will be entered in the Wyoming Teacher of the Year competition. Last year's CCSD winner was Cindy McGeary at Paintbrush Elementary!! Nominate a friend today!!

# WHAT HAPPENED IN JANUARY?



Lakeview staff and McDonald's staff worked together at the new McDonald's on January 26 to serve dinner to the public and raise \$231 for Blessings in a Backpack!





Conesota staff (behind the counter) serves Conestoga student Grady Younkin, 5<sup>th</sup> grader in Ms. Wilson's class at the McDonald's on Camel Drive on January 19. Other schools have hosted a day at McDonald's but this is the first school to work at the Camel Drive location. The school receives a percentage of the sales made during the time Conestoga employees worked.



Radio guests this month were Zach Taylor on Jan. 11 and Nick Ryan on Jan. 25. Zach (left photo) is a former Camel football standout, now a red-shirted freshman at the University of Wyoming. Zach is practicing as a full back for the 2017 season, taking 12 credit hours, lifting weights, and chowing down (mandatory breakfast!). He talked with show host Skip Spence about how much faster the college football game is than high school football and how much he has learned from the returning players.

Nick (right) with talk show host Skip Spence, talked to listeners about his move from the position of Associate Principal at TSJH to Associate Principal at Thunder Basin H.S. What Nick is most excited about is starting new relationships with more students and staff. He has loved his 2 years at Twin Spruce and believes this is a great move at the right time. He wants to work on keeping graduation rates high and helping students plan for life after high school. He had nothing but good comments about new administrators Dennis Holmes, Mike Daniel and Tom Seamans, as well as all the continuing staff at TBHS!





When the ESC parking lot is full in the morning, you park where you can!





Pajama Day is always fun and comfy! Westwood included a Pajama Day in their Anti-Bullying Spirit Week in January. Not only did student Katie Oliver (far left) wear her Batman pjs but she also brought her Batman blanket. Time for a nap!

Instructor Keith Jacobson (left) also dressed the part. It's just as easy to teach in fuzzy pajama pants, right?

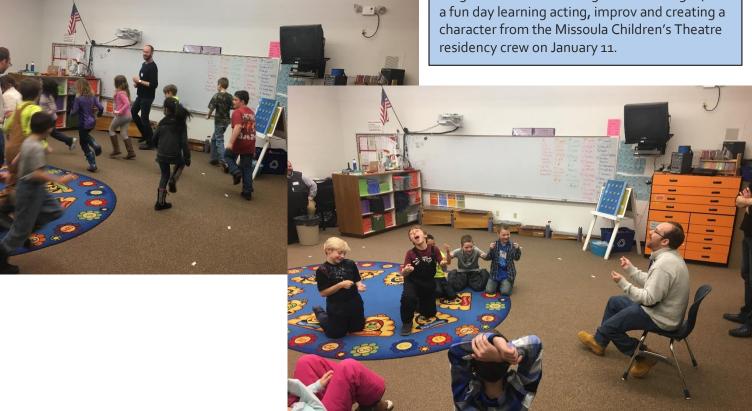
The culmination of Anti-Bullying Spirit Week at Westwood was a "team" picture (below), outside by the flag pole. (Photo by Richard Landreth) Everyone had matching T-shirts that promoted the Westwood Bulldogs! Principal Kelly Morehead (right) gets the students ready for an outside picture on a chilly morning! Not an easy task!



The Missoula Children's Theatre presented "Peter and Wendy" (a take on "Peter Pan") on Sunday, January 14 with a cast of 64 local students who practiced their roles for only one week! Participants were from 15 CCSD schools! (Photo left) the littlest participants were 5-7 years old and played the part of clouds.

(Photo right) Touring staff member Matt Windham leads the entire cast (except clouds!) in a rehearsal. The Missoula Children's Theatre will work with 65,000 children in more than 1,200 communities in all 50 states and 17 countries this year. Campbell County had 166 students turn out for auditions for this event.

> Wagonwheel students in grades 2 through 4 had a fun day learning acting, improv and creating a character from the Missoula Children's Theatre







(Left) Adah Jordan practices filling a vial; (Above)
Macie Mackey and Raven Brossett practice safe needle
disposal skills; (Right) Scott Schroyer practices poking
a vein, using plastic tubing.



Eight CCHS seniors are enrolled in a new course offered at South Campus. The Medical Laboratory Techniques class is a concurrent enrollment course with Gillette College. These students, part of the Health Careers Academy, are learning skills that will be valuable in their future healthcare careers and may even lead to local jobs during college. They earn high school credit and 3 college credits. The course is taught by science teacher Mikayla Brower and Nurse Susan Howard. Students complete computer-based education modules related to medical testing and skills, and then practice the hands-on skills. This class uses both a high school science room and the skills lab at Gillette College Health Sciences building. Students learn skills such as phlebotomy (drawing blood from veins), finger sticks (for blood sampling), throat swabs, and other laboratory testing procedures. Later in the semester this group will spend time observing the skills they have learned in several local laboratories.



Students at Conestoga studied recycling and have recycled one-gallon plastic milk jugs and built a reading igloo (left) in the library. It's about 6 feet tall and holds 4-5 students or one principal and a student! Students may read in the igloo if they have returned their library books and have good behavior when they visit.

We had enough snow in January to build real igloos or you could call Maintenance (right), like Sunflower did, to blow that snow off the sidewalks! A HUGE thank-you to Maintenance staff for doing their best to keep up with the frequent snows!

Superintendant of Public Instruction, Jillian Balow (right), spoke to CCSD principals and counselors on Jan. 23.



National Guard Chief Master Sergeant Whipple (above) talked about the vision of the Wyoming Department of Education "to significantly increase the percentage of Wyoming students that are College, Career, and Military ready by 2020."





The District spelling bee took place Saturday, January 21, 2017 at Lakeway Learning Center. Nineeteen students in grades 6 through 8 competed for top awards. The top three places are shown here (left):

1st Place – Aidan Coombs, 8<sup>th</sup> grader at TSJH 2<sup>nd</sup> Place – Carter Matthews, 7<sup>th</sup> grader at SVJH 3<sup>rd</sup> Place – Cassidy Treesh, 6<sup>th</sup> grader at Paintbrush

#### Not pictured:

4<sup>th</sup> Place – Sydney Trainor, 6<sup>th</sup> grader at Wagonwheel

5<sup>th</sup> Place – Cole Sorenson, 8<sup>th</sup> grader at TSJH

6<sup>th</sup> Place – Madalyn Bradley, 6<sup>th</sup> grader at Conestoga

# Where Are They Now?

CCHS alumni Charlie Flohr was recently named Division II Coordinator of the Year by FootballScoop.com. Flohr is the offensive coordinator at Northwest Missouri State University. The designation is made by prior winners of the award. This is the second consecutive year that Northwest Missouri State claimed the Division II national championship; and for the third straight year, a Northwest Missouri State coach was selected as the Division II Coordinator of the Year.

We spoke to Flohr shortly after the award was announced to get some background information. Flohr attended Paintbrush Elementary, Sage Valley Junior High and Campbell County High School in Gillette. He married his high school sweetheart, Amy Spears, and has three young boys of his own. They live in Maryville, MO. His father still works for the Burlington Northern-Santa Fe and his mother has retired. They live in Pine Haven so Charlie and his family try to get back to this area twice a year.

When asked about influential people in his past, Flohr mentioned there was a wide variety of people in high school and college who helped his career. The late Loren Larson, former PE teacher at Paintbrush, was named as one of Flohr's mentors. Flohr is still good friends with Quinn Larson, Loren's son.

Charlie Flohr

Charlie Flohr's 1997 senior picture.

Like many athletes, Flohr wanted to stay in sports in his career. He participated in Camel football and basketball, including winning the state title in 1997 (right photo). After high school, Flohr attended Dakota State where he earned a degree in health and physical education. He earned his masters at Northwest in 2003. He served as a graduate assistant at Northwest Missouri State and later coached wide receivers at Truman State before returning to Northwest Missouri State. Flohr has been on staff at Northwest for 11 years, the past five as offensive coordinator.

Flohr received his award and was recognized at the American Football Coaches Association convention in January.



#### Who else do you know in the picture above from 1997?

1997 State Champs: Back row, I-r: Coach Roger Larsen, Josh Oster, Quinn Larson, Sundance Wicks, Nate Cassidy, Mike Hind, Coach Michael Curry, Coach Thor Gunderson. Front row, I-r: Kris Levi, Justin Graham, Sam Handsborough, Tanner Fitch, Charlie Flohr, Josh Williams, Ray Diamond. Photo courtesy of George Dunlap.

Photo left: Charlie Flohr, present day.

# "PEOPLE WHO MADE A DIFFERENCE"

Campbell County School District knows we have amazing, talented, giving people working in our many buildings. Now, the rest of the community knows about three of those amazing people! Three staff members were chosen by the News-Record as some of the "Ten Who Made a Difference." Here is a short recap of their stories. To get the complete "Ten Who Made a Difference" insert, please visit the News-Record at 2<sup>nd</sup> Street and Burma Ave.

#### **TRISH SIMONSON**



Trish, a secretary at SVJH, has been a strong advocate for suicide prevention and education since her son, Kaden, took his life in May 2015. She met with some of Kaden's friends and asked them to help her make a difference in the schools so no one else would ever go through her pain. A local chapter of Project Semicolon was started here to bring awareness to suicide, mental health and to take away the stigma that goes along with mental illness. Many people, young and old, have received semicolon tattoos to show that "your story is not finished." Trish also started an annual scholarship 5K run/walk in May, giving scholarships to CCHS seniors who wrote meaningful essays about overcoming challenges in their lives. She and Kaden's friends also started the Students That Care group, 30 students who meet weekly to talk about suicide awareness in the schools. The goal of these efforts is to let people know it's OK to talk about suicide but also to give them the tools to help someone and to help themselves if needed. The group also enjoys each other's company and spends quality time together! That has to be a good thing!

Young men at Prairie Wind have an advantage over some, thanks to Dylan. He has made it his mission to teach young men to be gentlemen. His "Men of Tomorrow" class on Thursday mornings started as a way to teach young men how to dress up and learn basic manners and gentlemanly habits. However, over time the class has turned into a community outreach project. His students do dress in slacks and ties but they also hold the door for a senior or a woman and help a stranger on the side of the road. One week when the weather was very cold, a couple of the school custodians were out sick. Men of Tomorrow came to the rescue, sweeping and mopping floors and cleaning up for the ailing staff. Dylan believes his Men of Tomorrow have shown progress in all facets of school life, not just in academics. They also get really excited telling the rest of the class what nice things they did for others. Dylan was brought up to "give back" and wants to instill that in the kids as well. He knows it results in good feelings and a sense of pride in your school and your community. Campbell County is a better place because of Dylan and his Men of Tomorrow!

#### **DYLAN WISROTH**



#### **MARK MA**



Campbell County high school has something most schools do not – a class in speaking and writing Chinese. Mark took a chance four years ago in bringing a Chinese class to this community but it has taken off and done very well. He currently has 150 students and has added three more levels beyond the first. Mark was born in Sichuan Province in the city of Chengdu, a province located between China and Tibet. He taught English for ten years in Chengdu, then began teaching Chinese in Canada, the United Kingdom and America. In Gillette he had to deal with our small population and a history of foreign language classes that had failed in the past. However, Mark knew how important Chinese would be for our students in the global economy. Especially with Powder River Basin coal companies exporting to China, Mark could foresee a definite advantage for our students to be able to converse in Chinese. Mark has taken several groups of students to China to be immersed in the language and culture of the area. He knows Chinese is one of the most difficult languages to learn with thousands of characters possible, but that knowledge of Chinese levels the playing field for our children.

# IMPORTANT DATES IN FEBRUARY

**February 6 – 10 NATIONAL SCHOOL COUNSELING WEEK** – Focuses public attention on the unique contribution of school counselors within U.S. school systems. Highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career.

February 13 DEADLINE TO NOMINATE SOMEONE FOR TEACHER OF THE YEAR

February 13 – 17 SCHOOL BOARD APPRECIATION WEEK – Focuses on the crucial role an elected

board of trustees plays in our communities and schools. They are extraordinary people who voluntarily tackle the enormous job of governing school districts. Their actions and decisions affect

the present and future lives of our children.

February 14 Valentine Geyser in Yellowstone National Park, named because it first erupted on Valentine's Day

1902.

February 20 PRESIDENT'S DAY HOLIDAY (or built in snow day, if needed)

February 20 - 24 STUDENT APPRECIATION WEEK

February 22 Popcorn Introduced – Quaedequina introduced popcorn to the colonists in 1630 when he brought

popcorn to the first Thanksgiving celebration in the Massachusetts Bay Colony.

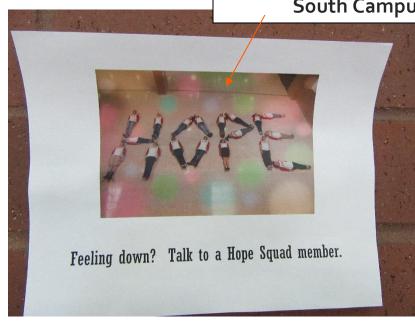
February 24 French Fry Friday! This day celebrates French fries, one of America's favorite foods!

February 27 22<sup>nd</sup> Amendment to the Constitution ratified. In 1950, the 22<sup>nd</sup> amendment limited U.S. presidents

to two terms in office.

# **ON THE WALLS AT...**







#### **Sunflower**





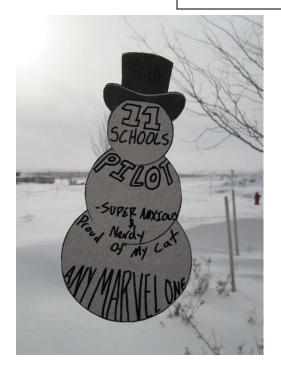


#### Conestoga





#### Westwood





#### Wyoming Places to Visit on Valentine's Day!!

- 1. Lover's Lane (Teton County), a scenic spot at the mouth of Teton Canyon.
- 2. Valentine Lake, Creek or Mountain (Fremont County), In Popo Agie Primitive Area; boasts golden trout.
- 3. Floral Valley (Weston County), named by Gen. George Armstrong Custer in 1874 who was sent by the U.S. government to explore the Black Hills; members of his 7th Cavalry found so many flowers, they decorated the manes and bridles of their horses with them, hence the name.



# Kide Clinic YOUTH HEALTH CONNECTIONS Primary medical care and counseling services 307-688-8700 Open Mon-Fri from 8 am-5 pm For grades pre K-12 & siblings | Walk-ins accepted 800 Butler Spaeth Rd. | ccmh.net/kidclinic

# KINDERGARTEN REGISTRATION

If you have a child who will turn five years old on or before September 15, 2017, I'm sure you've been thinking about kindergarten. Kindergarten registration will be February 6-10, 2017 at your neighborhood attendance area school. Not sure if your child is ready for kindergarten? At the time of registration you will sign up for a date and time to have your child screened. Kindergarten screening will take place later. Bring your child's shot record and birth certificate. For more information, please call Kelcie Schelling at 687-1679.



#### **DID YOU KNOW...**

CCSD employees are eligible for a loan program that will help you purchase new personal computers, printers, or other technology? The Foundation for Excellence in Education will loan up to \$4,000 for up to two years to school district employees who have worked for the District for at least one year. The interest rates are dependent upon the length of the loan and are reasonable, too! You can purchase your technology from any source as long as you are buying new equipment. Repayment of the loan is through payroll deduction so it's easy! Please contact Linda Mohr by e-mail through First Class for more information.





**FOR SALE**: Petmate Indigo dog house. Normally priced at \$100, selling for \$50. It comes with a door that can e attached. For more information, or to take a look, call/text Annette Halverson at 307.680.1114.

**FOR RENT**: 2 bedroom, 1 bath duplex for rent. Includes one-car garage and washer/dryer. Rent pays electric and garbage. \$600/month. \$600 deposit. Text or call 307.660.7564.

**FOR SALE**: Olde English Bulldogge puppies for sale. Can be registered. These are the healthier, more athletic version of bulldog. Call or text Heather at 307.299.3963 for more information or pictures. Ready to adopt Valentine's Day.



<u>SERVICE AVAILABLE</u>: Computer repair services: Virus and Malware removal, PC optimizations, Hardware and Software Upgrades. Home Networking and Consultation, Media Server Services. Windows, MAC, iOS, Server OS, and more. Contact Matt Holzwarth, <a href="mailto:mholzwarth@mabby.net">mholzwarth@mabby.net</a>. Mobile: 307.299.4755.

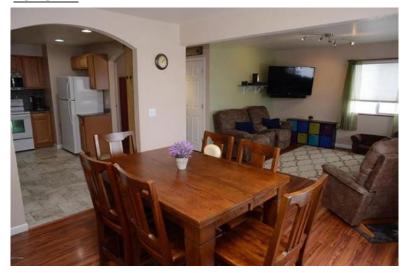
**FOR SALE:** Solid oak table with leaf and six chairs with casters. Asking \$100. Table top has some wear, but table and chairs are in good shape. If interested, call 307.680.0495.

**FOR RENT**: 2 bedroom apartment in a 4-plex right behind Walmart & the old Hastings. No smoking, no pets. References required. \$600 per month with a \$600 deposit. Does include utilities. Washer and dryer are on site. Off-street parking. Please call 307.660.0250 or 307.359.1588 if you are interested.

**FOR SALE**: Single-family two-story home for sale. Located in Celestial Estates within walking distance of Paintbrush Elementary and Sage Valley Jr. High. 3 bedrooms, 2.5 bathrooms with an unfinished basement. Built December 2015 with many custom upgrades. Granite throughout, maple cabinets, under-cabinet lighting, stainless steel appliances, duel fuel range, 9' ceilings on the mail level, hardwood in living and dining room, tile in the kitchen and bathrooms, double-head shower in the master bath, under-mount sinks, and natural gas fireplace. This home also has a bonus room above the garage that can be used as an additional bedroom. \$280,000, all offers will be considered. Contact Devonn 307.660.1386

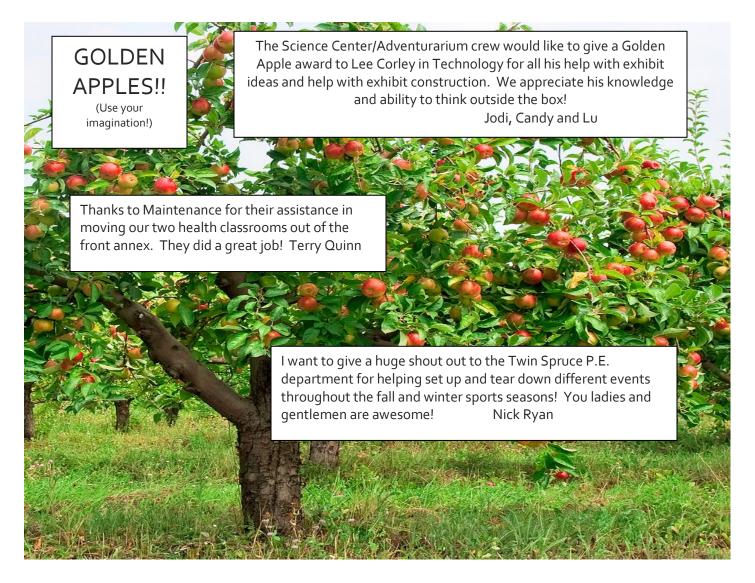
<u>TUTORING AVAILABLE</u>: Interested in tutoring elementary age students before or after school. Reading, math, writing, etc. I am a GATE teacher at Buffalo Ridge and have 13 years' experience teaching K-6. Rates are negotiable. If you have students or families interested, please contact Missy Zipperian, 660-7091.

#### FOR SALE:



3 bedroom, 2.5 baths, main level has been updated with wood flooring and tile in kitchen and bathroom. Additional cabinets for storage with tile-accented back splash over counters. ½ bath has new vanity with storage. Closet organizers installed throughout. Backyard features large patio with built-in counter top. Call/text Chad at 307.337.5569.

<u>ALTERATIONS</u>: I do alterations and hemming, zippers, etc. on all types of clothing. Olivia Fulkerson, 307-921-0717.



# February 2017

Class must be paid for at time of registration. If you need to cancel, 24 hours' notice is required if you'd like a refund.

Members receive a discount based on membership level

#### **Youth Classes & Events**

#### **Early Release Valentine Party**

February 8th

2-4 pm

Class Fee: \$12.50

All school age children are welcome to join in the fun. A variety of Valentine themed activities will be offered for the different age groups. All children 7 and under must be accompanied by a parent, guardian, or sibling 10 years of age or older.

#### Art Advantage/Whimsical Palette - Tuesdays

February 7, 14, 21, 28

4 - 5 pm

Class Fee: \$12.50

Art Advantage offered for those age 8 to 80 - A variety of art forms will be explored throughout the year. Students will do a different project each class. Painting, Drawing, Mixed Media included.

#### From the Ground Up - Youth Pottery

February 2, 9, 16, 23

4-5 pm

**Class Fee: \$15.00** 

Join us on Thursdays after school for this fun pottery class. Students will be introduced to wheel throwing, coil structures, slab rolling and many other pottery techniques. Attend one or attend them all! No experience necessary!

#### Little Tikes - Every Saturday

February 4, 11, 18, 25

10 - 11 am

**Class Fee: \$7.00** 

For children 18 months up to 8 years of age. Children have several different art stations to work through at their own pace. Dress for mess!

#### **AVA Offers Birthday Parties:**

Are you looking for a venue to hold a birthday party, along with a craft project? The base price of \$175.00 includes the instructor, activity for 8 and building rental for 3 hours. You can add extra participants for \$10 a piece.

#### **Adult Classes & Events**

#### Art Makers/Sip and Slip Pottery (Mondays)

February 13, 20, 27

6 - 8 pm

Class Fee: \$20.00 per class

This adult course is designed for all levels of pottery expertise. It takes about 3 classes to complete a piece from throwing on the wheel to being fired in the kiln. You will have the opportunity to throw on the wheel, trim and glaze. Please call today to reserve your spot and tap into your creative self! Our "Art maker – Uncorked" events are open for guests to bring their favorite bottle of wine or spirits and we will provide the corkscrew and glasses. If you are under the age of 21 you must have permission granted by a parent to attend or accompanied by a parent during the event. Pool up with your friends or co-workers and make your own party.

#### **Artmakers/Uncorked Couples Date Night**

February 10 6 – 8 pm

Class Fee: \$40.00

No experience is necessary. AVA will supply the canvas, paint, brushes! You provide your own cocktail. Please call today to reserve your spot and tap into your creative self! Our "Art Maker/Uncorked" events are open for guests to bring their favorite bottle of wine or spirits and we will provide the corkscrew and glasses. If you are under the age of 21 then you must have permission granted by a parent/guardian or accompanied by a parent or guardian during the event.

#### **Intermediate Oil Painting - (Tuesdays)**

February 7, 21, 28 5 – 7 pm

Class Fee: \$15.00

Join Artist Nancy Brown as she instructs the experienced or the beginner with the techniques of oil painting. Each class covers a different subject from trees to clouds to shading and still life. Bring your supplies if you have them or give AVA a call and we will provide the needed tools for your first few classes to try your hand at oil painting. Come learn from one of the best and discover your own talent.

#### Open Studio Acrylic Painting - (Wednesdays)

February 1, 15, 22 4 – 5:30 pm

Class Fee: \$15.00

All that is needed for this class is your own creativity. You may come and go as you please during the designated time frame. If you have a project, you are working on and need assistance we will provide an instructor to help. We will have available examples if you are looking to start a new project. General art supplies will be available including brushes and paint. If you have your own supplies, feel free to bring them with you. Canvas and additional supplies are available for purchase in our supply store.

#### **Open Studio Watercolor Painting - (Thursdays)**

February 9, 16, 23 6 – 8 pm

Class Fee: \$15.00

AVA will host a Watercolor Group that will be meeting at 6:00 pm on Thursdays to share, discuss and explore watercolor. Dara Corkery, a local watercolor artist, will host the first gatherings. Below are possible objectives that she is interested in accomplishing.

Goal: To support and help each participant grow and interact with other artists, and to focus on increasing your painting acumen with like-minded artists.

#### Possible Objectives:

- +Offer different demonstrations by members on their techniques. Teaching experiences and opportunity to share knowledge.
- +Demos by artists from out of town
- +Exploring other techniques in watercolor that go beyond the participant's experience
- For example: Enjoy realism let's try abstract, always use the same color palette try new color palettes, change of subject matter, and so on.
- +Paint outs
- +Plein Air Watercolor Outings
- +Entering shows as a group, or individual.
- +Encouraging those who participate by offering critiquing of and others work in a safe environment.

#### **Soap Making Class**

February 12 1:30 - 3:30 pm

Class Fee: \$25.00

Rub-A-Dub Dub It's Time for the Tub

The perfect gift for you or your friends. Join Tim Williams to learn the art of Soap Making.

#### Advanced Wildlife Drawing with Award Winning Artist Bruce Speidel

February 11 1:30 - 5:30 pm

Class Fee: \$55.00

Register by calling AVA or go on-line at avacenter.org. More information about the artist and additional works can be found on the web at Bruce Speidel Art. Come and meet Bruce who is also AVA's featured Artist for the Month of February. (Supplies: Drawing pad, mechanical pencil, .09 led, copy material and eraser included in price.)

#### **Basic Jewelry Making Class**

February 20 6 - 8 pm

Class Fee: \$35.00

Instructor, Sarah Warne will demonstrate the very beginning processes of jewelry making. Our first class will lead everyone through the same project.

#### Are you looking to have a private party?

A minimum of 6 individuals is all that is needed to have a private party. AVA offers private pottery, painting, and jewelry classes for adults. Days, evenings, or occasional weekends. Make sure to call and book your party in advance.

#### **Special Events**

Gallery Show: Opposites Attract

Artwork inspired to depict opposites that are drawn together

Featured Artist: Bruce Speidel Reception: February 17<sup>th</sup> @ 6 pm

#### Take Note:

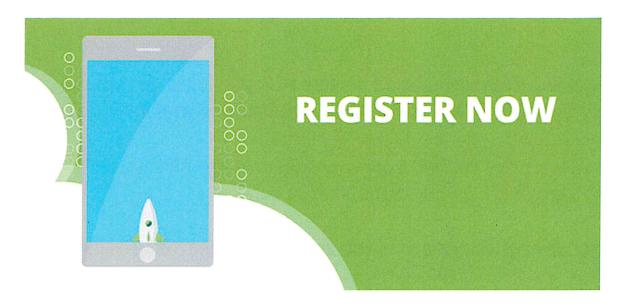
AVA will be closed Friday February 3rd

For more information on any of these classes or events call 307-682-9133 or visit avacenter.org

There will be more classes as time evolves. Watch our web site for more information and additional classes. www.avacenter.org.

Pre-registration for classes is strongly suggested, as space is limited. Thank you for your patronage!





#### \$279 | Early Bird Rate Available Until April 1 2017 \$329 | Standard Rate



# **SUMMIT INFO**

#### This is the PD you've been asking for!

Two epic days of inspiring and empowering sessions focused on deploying, integrating, and using Google Apps for Education (and other digital tools) to promote student learning in K-12 and higher education. Participants say it is the best PD they've had in their career!





# PRE-SUMMIT WORKSHOPS

#### May 31, 2017

Full day, deep-dive workshops with limited participants to complement and enhance your Summit experience.

Register now!



Level 2 Certification Bootcamp Move beyond the basics of Google Tools and learn how to maximize 21st century learning in the

1/4/2017 about:blank

classroom and within your school site. Teachers will learn how to move into purposeful blended learning lessons while enhancing student understanding of topics and concepts. Learn how to organize course work and leverage the Internet to better meet the needs of an increasingly digital curriculum. We'll explore key units in the Level 2 curriculum including personalized learning models and coaching models. Registration includes a voucher for the Level 2 exam.



Google and the iPad Workshop
Get hands-on with the Google Apps for Education
on iOS. We'll devote significant time to GoogleiPad workflows, including Google Classroom, to
help you transform your teaching and make
Google Drive the digital hub of your classroom.
You'll participate in fun, paperless activities while
exploring the Google apps available on the iPad,
as well as, tips and tricks and additional
recommended apps that are good for any
classroom. We'll dig into Google Drive, Docs,
Slides and Sheets on iOS, and also will explore
Google Classroom, Google Search, YouTube
Capture, Google Earth, Google Plus and more.



Workshop featuring Apple Teacher
Face-to-face professional development provided
by EdTechTeam is the best preparation for
educators pursuing Apple Teacher recognition.
This full-day (six-hour) workshop is lead by an
Apple Distinguished Educator. Participants are
introduced to the Apple Teacher Learning Center
and to popular apps relevant to many grade
levels or subject areas. Through a series of
hands-on challenges, participants earn at least
two out of eight badges (on either iPad or Mac)
toward Apple Teacher recognition. Each activity is
rich with inspiring ideas, providing participants

about:blank 1/4/2017

with a positive hands-on experience and the confidence to immediately apply their new knowledge in the classroom.





### SESSIONS AND SCHEDULE

Join us for three inspirational keynotes, eight breakout sessions and one seriously high energy Demo Slam! Sessions will cover a wide range of applications for beginner and experienced Google Apps users, for classroom teachers, administrators, tech coordinators, coaches and anyone interested in learning how Google's free suite of tools for education can enhance student learning, teacher efficiency and digital age learning. Check out a sample schedule.









Follow the EdTechTeam Summits conversation #gafesummit

Brought to you by EdTechTeam | edtechteam.com

©2016 EdTechTeam Contact Us Subscribe Unsubscribe

EdTechTeam, Inc., 5405 Alton Parkway Suite 5A-305, Irvine, CA 92604

about:blank 1/4/2017

# **Free Early Childhood Parent University**



We are excited to be able to offer the **Ready! For Kindergarten** program **FREE** to parents of <u>current 4-5 year old</u> children who will be entering kindergarten in the fall of 2017. The classes will be offered at Lakeway Learning Center. You will receive everything pictured above, plus handouts and other valuable information.

The classes will provide you with:

- \* Important information on how children learn and grow
- \* Lots of simple activities to make learning at home fun
- \* \$150.00 worth of <u>free</u> books, learning aids, toys, and school readiness training for you

The three part program will be offered on the following dates at Lakeway Learning Center

Monday, February 6 – 6:00-8:00 pm Monday, February 13 – 6:00-8:00 pm Monday, February 27 – 6:00-8:00 pm

#### You must attend all 3 sessions to receive the free materials

Please bring a bag to take home all of your goodies

The classes are for parents only, childcare will not be provided. Please call Hannah or Kelcie at 686-7760 to reserve your spot.



# (TEACHER OF THE YEAR!)

Nominate your favorite teacher for CCSD Teacher of the Year 2017-2018! Winner receives \$1,000 cash prize and nomination for Wyoming Teacher of the Year! Nomination forms now available on the CCSD website,

www.campbellcountyschools.net.

Deadline for nominations is <u>February 13, 2017</u>. Nominee must be a Wyoming certified classroom teacher in a state-approved or accredited school, kindergarten through grade twelve, who plans to continue an active teaching career through the 2017-2018 school year.

For more information, please contact Mary Kelley (687-4554) in the Public Relations Department

CCSD has committed to training 100 percent of its employees in QPR - Question, Persuade, Refer Suicide Prevention skills. All Classified employees are required to participate in a one hour QPR training.

#### KEY COMPONENTS COVERED IN TRAINING:

- How to Question, Persuade and Refer someone who may be suicidal
- · How to get help for yourself or learn more about preventing suicide
- · The common causes of suicidal behavior
- · The warning signs of suicide
- · How to get help for someone in crisis

If you missed out on your department's training opportunity or haven't had an oppportunity, please register for one of these sessions by accessing the Spring Course Description Book on the CCSD website <a href="http://campbellcountyschools.net">http://campbellcountyschools.net</a> Seating for trainings at the Kid Clinic is limited to 30 participants.

February 8, 2017:	10:00 - 11:00 AM, Room 140 @ Kid Clinic Building w/ Katie
Jacobson-Ellison	
	2:00 - 3:00 PM, GATE Room @ Kid Clinic Building w/ Jessica Diaz
	2:30 - 3:30 PM, CCHS Auditorium (Nutritional Services employees
only - NS employees do not need to register for this event) w/ Katie Jacobson-Ellison	

March 15, 2017 Jacobson-Ellison	10:00 - 11:00 AM, Room 140 @ Kid Clinic Building w/ Katie
	1:30 - 2:30 PM, IN WRIGHT, @ Cottonwood Elementary w/ Jessica
Diaz	2:00 - 3:00 PM, Room 140 @ Kid Clinic Building w/ Katie
Jacobson-Ellison	
April 5, 2017	10:00- 11:00 AM, Room 140 @ Kid Clinic Building w/ Jessica Diaz
May 17, 2017 Jacobson-Ellison	10:00 - 11:00 AM, Room 140 @ Kid Clinic Building w/ Katie
	1:30 - 2:30 PM, Room 140 @ Kid Clinic Building w/ Katie
Jacobson-Ellison	3:00 - 4:00 PM, Room 140 @ Kid Clinic Building w/ Jessica Diaz

Katie Jacobson-Ellison Student Assistance Coordinator



# GET INVOLVED RANDOM ACTS OF KINDNESS WEEK

- Choose a goal for your school or classroom for Random Acts of Kindness week Feb. 12-18, 2017.
- 2. Track Random Acts of Kindness through posters, hashtags, or anything else you can imagine.
- 3. Celebrate success by sharing stories, photos, and videos at www.kindnesswyoming.org

"I can't think of a more central Wyoming value than kindness. Join us for Random Acts of Kindness Week 2017!

-Superintendent Jillian Balow



#### Want More Information?

email: kindnesswyoming@gmail.com

phone: (307) 343-5922

www.kindnesswyoming.org



Wyoming is a state that takes care of our own. We understand the importance of a nod, a smile, a hug, and a kind gesture. Sometimes the hardest part is noticing the acts of kindness going on in the busy world around us. That's why a small group called Kindness Wyoming is helping to promote a week that will be seen and felt by people in Wyoming and all across the globe.

#### We invite you to join us in Random Acts of Kindness Week from February 12-18, 2017

Participating in this week ranges from noticing and practicing kindness around you to entire cities coming together to complete millions of acts of kindness.

Kindness Wyoming is encouraging Wyoming schools and groups to participate by actively discussing and completing acts of kindness. Governor Matt Mead will sign a proclamation making it the official Wyoming Random Acts of Kindness Week and Jillian Balow is encouraging schools to find a way to join in the effort. There is no cost to participate, just get the acts of kindness ball rolling in your school.

#### Here are a few ways to get involved:

- Challenge your school or classroom to a certain number of Random Acts of Kindness. We think
  every school could accomplish at least 307 Random Acts of Kindness in honor of Wyoming's
  area code, but the sky is the limit! Then come up with a system to track acts of kindness and
  celebrate success.
- 2. Offer a special lesson plan, video, or assembly on the power of kindness. Free teaching resources can be found here: <a href="https://www.randomactsofkindness.org/kindness-in-the-classroom">www.randomactsofkindness.org/kindness-in-the-classroom</a>
- 3. Pick a single activity that everyone in the school will participate in as an act of kindness. Take a video of the act and share it with your community (and with us!).
- 4. Have your Student Council or a special student group brainstorm ways to promote kindness and celebrate Random Acts of Kindness in your school.

We recognize that each school and program has unique resources, students, and leaders, so we encourage you to explore your own creative ideas and opportunities for celebrating Random Acts of Kindness Week. Please contact us for more information or to get access to additional resources.

May we all contribute to a kind world around us.

Sincerely,

Kindness Wyoming