

Lisbon Glen Moore Outdoor - Girls Results

April 26th, 2013

Girls 100 Meter Dash

1. Gabby Grommesh	Central Cass	12.53 SQ
2. Jocelyn Dinius	Langdon	12.76 SQ
3. Jacey Engelhorn	Carrington	13.08
4. Kylie Pastian	Hillsboro	13.22
5. Kacy Smith	Lisbon	13.23
6. Baily Maddocks	Northern Cass	13.33
7. Morgan Nepstad	Park Christian	13.50
8. Cheyenne Hanson	Northern Cass	13.51

Girls 200 Meter Dash

1. Gabby Grommesh	Central Cass	26.31 SQ
2. Jocelyn Dinius	Langdon	26.64 SQ
3. Kylie Pastian	Hillsboro	27.30
4. Jacey Engelhorn	Carrington	27.37
5. Morgan Nepstad	PCS	27.70
6. Sydney Ellingson	Langdon	27.97
7. Lexi Jensen	E-K	28.87
8. Hannah Ganklen	Hankinson-Fairmount	28.99

Girls 400 Meter Dash

1. Shaic Marx	Thompson	1:00.73 SQ
2. Page Anderson	Carrington	1:02.43
3. Ashley Peterson	Oakes	1:04.06
4. Hannah Lipetzky	Carrington	1:04.23
5. Lexi Jensen	E-K	1:04.86
6. Abigail Jarrett	Carrington	1:04.88
7. Shelby Gelinske	Oakes	1:04.96
8. Hannah Gaukler	Hankinson-Fairmount	1:06.88

Girls 800 Meter Run

1. Brooke Shimek	Thompson	2:26.83
2. Payton Frolek	MWL	2:33.50
3. Ashley Neumiller	Carrington	2:34.79
4. Emily Nelson	Lisbon	2:36.78
5. Heidi Lageson	Park Christian	2:37.22
6. April Berntson	Valley City	2:37.62
7. Sasha Havind	Sargent County	2:38.18
8. Karissa Kempel	Sargent County	2:41.62

Girls 1600 Meter Run

1. Peyton Frolek	MWL	5:30.29 SQ
2. Emily Nelson	Lisbon	5:33.98 SQ
3. Ashley Neumiller	Carrington	5:34.89 SQ
4. Annika Rotvold	Hillsboro	5:36.31
5. Tess Scott	BCN	5:37.64
6. Heidi Lageson	Park Christian	5:42.43
7. April Berntso	Valley City	5:42.64
8. Sasha Hovind	Sargent County	5:42.91

Girls 3200 Meter Run

1. Tess Scott	BCN	12:25.85
2. Shayla Fossum	Hillsboro	12:26.85
3. Averi Olson	Thompson	12:51.28
4. Cailee Peterson	MPCG	12:59.55
5. Samantha Wieland	BCN	13:00.29
6. Broolyn Zink	Hillsboro	13:06.45
7. Ann Endres	Carrington	13:21.10
8. Mariah Fossum	Hillsboro	13:41.47

Girls 110 Meter Hurdles

1. Natallie Jones	Lisbon	15.21 SQ
2. Maartje VanBedaf	Carrin	16.39 SQ
3. Courtney Bubach	Strasburg	16.91
4. Sarah Lorenz	MPCG	16.99
5. Madison Hetletved	Langdon	17.41
6. Courtnie Cook	Langdon	17.51
7. Megan Goeser	Central Cass	17.75
8. Tiffany Beaver	Sargent County	17.80

Girls 300 Meter Hurdles

1. Shaice Marx	Thompson	47.56 SQ
2. Maartje VanBedaf	Carrington	47.82 SQ
3. Courtney Bubach	Strasburg	47.98 SQ
4. Sarah Lorenz	MPCG	49.71
5. Madison Hetletved	Langdon	50.39
6. Megan Goeser	Central Cass	51.18
7. Alexius Hajek	Sargent County	52.44
8. Maara Nelson	Carrington	53.23

Girls 400 Meter Relay

1. Lisbon	51.99 SQ
2. Carrington	52.07 SQ
3. Central Cass	52.57 SQ
4. Northern Cass	53.03
5. Langdon	55.16
6. Valley City	56.70
7. LLM	56.82
8. MWL	57.01

Girls 800 Meter Relay

1. Carrington	1:50.29 SQ
2. Lisbon	1:51.01 SQ
3. Northern Cass	1:57.26
4. Valley City	1:58.56
5. Oakes	1:58.71
6. Sargent County	2:00.24
7. MPCG	2:02.88
8. LLM	2:03.24

Girls 1600 Meter Relay

1. Thompson	4:16.40
2. Hillsboro-CV	4:28.02
3. Oakes	4:34.52
4. Lisbon	4:38.64
5. Sargent County	4:42.27
6. Hankinson-Fairmont	4:50.30
7. Northern Cass	4:56.98
8. South Border	4:57.14

Girls 3200 Meter Relay

1. Hillsboro-CV	10:43.17
2. Langdon	11:25.44
3. LLM	11:40.12
4. BCN	11:41.18
5. Park Christian	11:44.79
6. South Border	11:47.90
7. FSHP	11:52.78
8. Valley City	12:07.55

Girls High Jump

1. Isabell Wedell	Ellendale	5-1 SQ
2. Sydney Griffith	Lisbon	4-9
3. Faith Dooley	Central Cass	4-9
4. Payton Ercink	Lisbon	4-7
5. Eva Byerley	Ellendale	4-7
6. Kennedy Witt	LLM	4-5
7. Kalli Koepplin-	Carrington	4-5
8. Amanda Winnegg	Langdon	4-3

Girls Long Jump

1. Kylie Pastian	Hillsboro-CV	15-3.75
2. Chelsey Anderson-	Sargent County	15-0
3. Morgan Nepstad	Park Christian	14-11.5
4. Payton Kritzbarger	Hillsboro-CV	14-10.5
5. Alexis Jensen	E-K	14-8.5
6. Lexi Jensen	E-K	14-7.25
7. Isabel Wedell	Ellendale	14-6
8. Sydney Ellingson	Langdon	14-6

Girls Triple Jump

1. Courtney Bubach	Strasburg	33-1
2. Abby Brown	Valley City	32-2
3. Jessica Anderson	Fargo Shanley	32-0
4. Mackenzie Einarson	Grafton	31-2
5. Mikayla Mellem	MWL	31-0
6. Isabel Wedell	Ellendale	30-2.5
7. Talitha Hirschhorn	LLM	30-1.5
8. Bekah Peterson	Valley City	30-1

Girls Shot Put

1. Kelsey Laufenberg	E-MV	42-5 SQ
2. Kayla Hochhalter	Carrington	39-6 SQ
3. Ebony Berube	Lisbon	36-7 SQ
4. Bailey Retzlaff	Carrington	36-6 SQ
5. Carly Copenhaver	Carrington	36-0 SQ
6. Kat Reller	GFC	34-11
7. Rane Nelson	Sargent County	34-5
8. Devon Urness	GFC	33-0

Girls Discus

1. Ebony Berube	Lisbon	122-6 SQ
2. Kayla Hochhalter	Carrington	121-1 SQ
3. Kat Reller	GFC	112-6
4. Devon Urness	GFC	99-9
5. Amber Hunsaker	Thompson	99-4
6. Audra Montgomery	Carrington	94-9
7. Nikki Willprecht	MWL	92-3
8. Jennifer Gross	Northern Cass	92-4

Girls Javelin

1. Kayla Hochhalter	Carrington	130-8 SQ
2. Ellie Ripplinger	GFRR	115-0 SQ
3. Sam Reinke	Lisbon	114-1
4. Kat Reller	GFC	112-7 SQ
5. Amber Hunsaker	Thompson	107-2
6. Jessica Anderson	Fargo Shanley	104-10
7. Carly Copenhaver	Carrington	104-8
8. Kauri Hochhalter	Carrington	101-5

Girls Team Results

1. Carrington	119
2. Lisbon.....	96
3. Hillsboro.....	61
4. Langdon.....	57
5. Thompson.....	54
6. Central Cass	37
7. MWL	28
8. Strasburg	26
9. Sargent County.....	25
10. Park Christian.....	24
11. BCN.....	23
11. Valley City	23
13. GFC	20

Girls Pole Vault

1. Jocelyn Dinius	Langdon	9-0 SQ
2. Mackenzie Einarson	Grafton	9-0 SQ
3. Sara Lien	Lisbon	8-6
4. Peyton Ercink	Lisbon	8-6
5. Courtne y Bubacvh	Strasburg	8-0
6. Abbey Braaten	Langdon	8-0
7. Monica Puetz	MWL	7-6
8. Mikayla Mellem	MWL	7-6

14. Ellendale	19
15. Oakes	18
16. MPCG	17
17. Northern Cass	16
18. LLM	14
19. Grafton.....	13
20. E-K.....	11
21. E-MV	10
22. Shanley	9
23. GFRR.....	8
24. Hankinson-Fairmount	5
25. South Border.....	4