

Fargo South Quadrangular Track & Field Meet
Fargo South High School Track & Field Complex - 4/29/2013
Results

Event 1 Girls 4x800 Meter Relay

Stadium: 9:38.44 S 5/14/2004 Fargo South High School, Fargo South
 10:10.24 Q

| Team | Relay | Seed | Finals | Points |
|----------------------------|-----------------------|------------------------|-------------------------|--------|
| Finals | | | | |
| 1 Fargo South High School | A | | 11:04.49 | 10 |
| 1) Sailer, Emma 07 | 2) Bessler, Maddie 09 | 3) Bye, Faith 08 | 4) Schalow, Natalie 08 | |
| 2 Fargo Davies High School | A | | 11:25.61 | 8 |
| 1) Isakson, Anna 11 | 2) Johnson, Erica 09 | 3) Rygg, Halle 11 | 4) Cwikla, Allison 11 | |
| 3 Fargo South High School | B | | x11:26.49 | |
| 1) Korbel, MacKenzie 07 | 2) Ostlie, Lauren 07 | 3) Youngs, Julia 08 | 4) Ames, Anna 09 | |
| 4 Shanley High School | A | | 11:29.13 | 6 |
| 1) Rivard, Lily 07 | 2) Kramer, Andrea 08 | 3) Vetter, Julia 07 | 4) Baumler, Kacie 09 | |
| 5 Valley City High School | A | | 12:30.04 | 5 |
| 1) Varner, Cherrie 11 | 2) Hart, Annie 10 | 3) Ronning, Jessica 09 | 4) Kawasaki, Camille 09 | |

Event 3 Girls 300 Meter Hurdles

Stadium: 43.16 S 5/10/2002 Sarah Klein, Carrington
 48.84 Q

| Name | Yr School | Seed | Finals | H# | Points |
|---------------------|-----------------------------|------|--------|----|--------|
| Finals | | | | | |
| 1 Ihry, Tori | 09 Fargo Davies High School | | 50.50 | 1 | 10 |
| 2 Adah, Afure | 10 Shanley High School | | 50.62 | 1 | 8 |
| 3 Taber, Bria | 12 Fargo South High School | | 50.75 | 1 | 6 |
| 4 Conlin, Mary | 11 Fargo Davies High School | | 55.48 | 1 | 5 |
| 5 Danielson, Anna | 10 Fargo Davies High School | | 55.52 | 2 | 4 |
| 6 Beaton, Camille | 11 Fargo Davies High School | | 55.62 | 2 | 3 |
| 7 Hoselton, Dakotah | 08 Fargo South High School | | 57.23 | 2 | 2 |
| 8 Smith, Izzy | 09 Fargo South High School | | 59.16 | 2 | 1 |
| 9 Dabbert, Isabell | 08 Shanley High School | | 59.60 | 2 | |
| 10 Montgomery, Anna | 12 Fargo Davies High School | | 62.36 | 1 | |

Event 5 Girls 100 Meter Dash

Stadium: 12.05 S 5/10/2004 Heather Zander, Mandan
 13.04 Q

| Name | Yr School | Seed | Finals | H# | Points |
|----------------------|-----------------------------|------|---------|----|--------|
| Finals | | | | | |
| 1 Carlson, Katelyn | 08 Fargo Davies High School | | 12.92 Q | 1 | 10 |
| 2 Johnson, Julia | 10 Shanley High School | | 13.01 Q | 1 | 8 |
| 3 Pifer, Carolyn | 11 Fargo South High School | | 13.06 | 1 | 6 |
| 4 Day, Alex | 12 Shanley High School | | 13.49 | 1 | 5 |
| 5 Pantzke, Shawna | 09 Fargo Davies High School | | 13.58 | 1 | 4 |
| 6 Brown, Abby | 10 Valley City High School | | 13.86 | 2 | 3 |
| 7 Sandy, Lauren | 10 Shanley High School | | 13.90 | 1 | 2 |
| 8 Smith, Elina | 08 Fargo South High School | | 14.07 | 3 | 1 |
| 9 Hagen, Abby | 08 Fargo South High School | | 14.22 | 1 | |
| 10 Bergen, Liz | 10 Shanley High School | | 14.29 | 1 | |
| 11 Burgard, Aleysia | 09 Valley City High School | | 14.41 | 3 | |
| 12 Miller, Taylor | 11 Valley City High School | | 14.44 | 2 | |
| 13 Carlson, Leah | 09 Fargo Davies High School | | 14.49 | 2 | |
| 14 Osowski, Abby | 12 Fargo Davies High School | | 14.50 | 2 | |
| 15 Roehrich, Brienne | 09 Valley City High School | | 14.52 | 2 | |

Fargo South Quadrangular Track & Field Meet
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Finals ... (Event 5 Girls 100 Meter Dash)

| Name | Yr | School | Seed | Finals | H# | Points |
|------|----|-------------------|------|--------------------------|-------|--------|
| 16 | | Durheim, Ashley | 10 | Valley City High School | 14.70 | 2 |
| 17 | | Osland, Emilee | 09 | Fargo Davies High School | 14.83 | 3 |
| 18 | | Harms, Juliana | 08 | Shanley High School | 15.05 | 2 |
| 19 | | Kienenberger, Zoe | 09 | Fargo South High School | 15.18 | 2 |
| 20 | | Anderson, Madisen | 09 | Valley City High School | 15.82 | 4 |
| 21 | | Halle, Parish | 09 | Fargo Davies High School | 15.84 | 3 |
| 22 | | Swart, Trisha | 11 | Valley City High School | 15.96 | 3 |
| 23 | | Koshney, Ellen | 11 | Fargo South High School | 16.20 | 4 |
| 24 | | Brandt, Lindsay | 11 | Valley City High School | 16.29 | 4 |
| 25 | | Mundfrom, Heidi | 09 | Valley City High School | 16.49 | 4 |
| 26 | | Everett, Emma | 09 | Fargo South High School | 16.78 | 4 |

Event 7 Girls 4x200 Meter Relay

Stadium: 1:43.92 S 5/19/2007 West Fargo High School, West Fargo
A Muller, M Turner, E Grooters, S Denne
1:51.54 Q

| Team | Relay | Seed | Finals | Points |
|----------------------------|------------------------|-------------------------|------------------------|--------|
| Finals | | | | |
| 1 Fargo Davies High School | A | | 1:53.57 | 10 |
| 1) Haugen, Alayna 10 | 2) Carlson, Katelyn 08 | 3) Mark, Payton 10 | 4) Pantzke, Shawna 09 | |
| 2 Shanley High School | B | | x1:54.39 | |
| 1) Day, Alex 12 | 2) Brenner, Haley 12 | 3) Adah, Afure 10 | 4) Dew, Brookelyn 08 | |
| 3 Shanley High School | A | | 2:00.00 | 8 |
| 1) Sandy, Anna 09 | 2) Sandy, Lauren 10 | 3) Altringer, Hannah 09 | 4) Roach, Kendra 09 | |
| 4 Fargo South High School | A | | 2:02.70 | 6 |
| 1) Smith, Elina 08 | 2) Hagen, Abby 08 | 3) Nordin, Hanna 10 | 4) Strandemo, Sarah 07 | |

Event 9 Girls 1600 Meter Run

Stadium: 5:00.88 S 2001 Lisa Dyer, Moorhead,MN
5:30.24 Q

| Name | Yr | School | Seed | Finals | Points | |
|---------------|----|-----------------|------|--------------------------|---------|----|
| Finals | | | | | | |
| 1 | | Berntson, April | 10 | Valley City High School | 5:45.14 | 10 |
| 2 | | Vetter, Andrea | 09 | Shanley High School | 5:48.49 | 8 |
| 3 | | Rivard, Lily | 07 | Shanley High School | 5:58.52 | 6 |
| 4 | | Bessler, Maddie | 09 | Fargo South High School | 6:00.14 | 5 |
| 5 | | Ostlie, Lauren | 07 | Fargo South High School | 6:00.23 | 4 |
| 6 | | Rygg, Halle | 11 | Fargo Davies High School | 6:18.29 | 3 |
| 7 | | Youngs, Julia | 08 | Fargo South High School | 6:29.93 | 2 |
| 8 | | Vetter, Julia | 07 | Shanley High School | 6:32.64 | 1 |
| 9 | | Bauske, Claire | 10 | Fargo Davies High School | 6:37.30 | |
| 10 | | McLagan, Kimmie | 09 | Fargo Davies High School | 7:02.92 | |
| 11 | | Fry, Lexi | 10 | Fargo Davies High School | 7:03.37 | |
| 12 | | Almquist, Anna | 10 | Fargo Davies High School | 7:03.63 | |

Fargo South Quadrangular Track & Field Meet
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Event 11 Girls 4x100 Meter Relay

Stadium: 49.63 S 5/5/2008 **Bismarck High School, Bismarck**
C Yantzer, K Reimnitz, T Moser, J Seidel
 52.84 Q

| Team | Relay | Seed | Finals | Points |
|----------------------------|-----------------------|--------------------------|---------------------------|--------|
| Finals | | | | |
| 1 Fargo Davies High School | A | | 53.34 | 10 |
| 1) Pantzke, Shawna 09 | 2) Mark, Payton 10 | 3) Haugen, Alayna 10 | 4) Carlson, Katelyn 08 | |
| 2 Fargo South High School | A | | 54.64 | 8 |
| 1) Klug, Lindsay 12 | 2) Schott, Kara 12 | 3) Kornelson, Candace 12 | 4) Johannessen, Magrit 08 | |
| 3 Shanley High School | A | | 58.49 | 6 |
| 1) Harms, Juliana 08 | 2) Sandy, Anna 09 | 3) Dabbert, Isabell 08 | 4) Altringer, Hannah 09 | |
| 4 Valley City High School | A | | 59.57 | 5 |
| 1) Burgard, Aleysia 09 | 2) Durheim, Ashley 10 | 3) Miller, Taylor 11 | 4) Swart, Trisha 11 | |

Event 13 Girls 400 Meter Dash

Stadium: 54.34 S 5/14/2010 **Laura Roesler, Fargo South**
 61.74 Q

| Name | Yr | School | Seed | Finals | H# | Points |
|-----------------------|----|--------------------------|------|---------|----|--------|
| Finals | | | | | | |
| 1 Strandemo, Madeline | 12 | Fargo South High School | | 60.55 Q | 1 | 10 |
| 2 Bye, Katie | 09 | Fargo Davies High School | | 60.83 Q | 1 | 8 |
| 3 Brenner, Haley | 12 | Shanley High School | | 63.38 | 1 | 6 |
| 4 Sailer, Emma | 07 | Fargo South High School | | 67.33 | 1 | 5 |
| 5 Vetter, McKenna | 09 | Fargo Davies High School | | 67.92 | 1 | 4 |
| 6 Johnson, Erica | 09 | Fargo Davies High School | | 68.58 | 1 | 3 |
| 7 Slette, Maria | 10 | Fargo Davies High School | | 69.35 | 2 | 2 |
| 8 Cwikla, Allison | 11 | Fargo Davies High School | | 71.42 | 2 | 1 |
| 9 Isakson, Anna | 11 | Fargo Davies High School | | 74.84 | 2 | |
| 10 Baumler, Kacie | 09 | Shanley High School | | 76.98 | 2 | |
| 11 Koshney, Ellen | 11 | Fargo South High School | | 1:23.06 | 2 | |
| 12 Everett, Emma | 09 | Fargo South High School | | 1:27.95 | 2 | |

Event 15 Girls 100 Meter Hurdles

Stadium: 14.35 S 5/9/2005 **McKenzie Mehlich, Fargo South**
 16.74 Q

| Name | Yr | School | Seed | Finals | H# | Points |
|-----------------------|----|--------------------------|------|---------|----|--------|
| Finals | | | | | | |
| 1 Klug, Lindsay | 12 | Fargo South High School | | 15.59 Q | 1 | 10 |
| 2 Ihry, Tori | 09 | Fargo Davies High School | | 17.33 | 1 | 8 |
| 3 Johannessen, Magrit | 08 | Fargo South High School | | 17.43 | 1 | 6 |
| 4 Goodman, Kiahna | 10 | Fargo South High School | | 17.63 | 2 | 5 |
| 5 Thoemke, Mariah | 10 | Fargo Davies High School | | 18.17 | 1 | 4 |
| 6 Peterson, Bekah | 10 | Valley City High School | | 18.31 | 1 | 3 |
| 7 Conlin, Mary | 11 | Fargo Davies High School | | 18.45 | 1 | 2 |
| 8 Danielson, Anna | 10 | Fargo Davies High School | | 18.69 | 2 | 1 |
| 9 Winter, Brenna | 11 | Valley City High School | | 19.08 | 2 | |
| 10 Weiler, Ellen | 11 | Fargo Davies High School | | 19.38 | 3 | |
| 11 Beaton, Camille | 11 | Fargo Davies High School | | 19.61 | 1 | |
| 12 Roehrich, Brienne | 09 | Valley City High School | | 20.12 | 3 | |
| 13 Hoselton, Dakotah | 08 | Fargo South High School | | 21.10 | 3 | |
| 14 Smith, Izzy | 09 | Fargo South High School | | 21.21 | 2 | |

Fargo South Quadrangular Track & Field Meet
Fargo South High School Track & Field Complex - 4/29/2013
Results

Finals ... (Event 15 Girls 100 Meter Hurdles)

| Name | Yr | School | Seed | Finals | H# | Points |
|----------------------|----|--------------------------|------|--------|----|--------|
| 15 Smith, Elina | 08 | Fargo South High School | | 21.73 | 3 | |
| 16 Dabbert, Isabell | 08 | Shanley High School | | 21.74 | 2 | |
| 17 Montgomery, Anna | 12 | Fargo Davies High School | | 22.10 | 1 | |
| 18 Kienenberger, Zoe | 09 | Fargo South High School | | 25.05 | 3 | |

Event 17 Girls 800 Meter Run

Stadium: 2:05.68 S 5/9/2008 Laura Roesler, Fargo South
 2:24.24 Q

| Name | Yr | School | Seed | Finals | H# | Points |
|----------------------|----|--------------------------|------|-----------|----|--------|
| Finals | | | | | | |
| 1 Bye, Katie | 09 | Fargo Davies High School | | 2:22.18 Q | 1 | 10 |
| 2 Erie, Ellen | 09 | Shanley High School | | 2:27.40 | 1 | 8 |
| 3 Bostrom, Katie | 11 | Fargo South High School | | 2:31.56 | 1 | 6 |
| 4 Berntson, April | 10 | Valley City High School | | 2:38.32 | 1 | 5 |
| 5 Vetter, McKenna | 09 | Fargo Davies High School | | 2:39.19 | 1 | 4 |
| 6 Vetter, Andrea | 09 | Shanley High School | | 2:39.45 | 1 | 3 |
| 7 Bye, Faith | 08 | Fargo South High School | | 2:48.54 | 2 | 2 |
| 8 Schalow, Natalie | 08 | Fargo South High School | | 2:52.24 | 1 | 1 |
| 9 Korbel, MacKenzie | 07 | Fargo South High School | | 2:52.68 | 1 | |
| 10 Varner, Cherrie | 11 | Valley City High School | | 2:53.26 | 2 | |
| 11 Ames, Anna | 09 | Fargo South High School | | 2:57.39 | 2 | |
| 12 Ronning, Jessica | 09 | Valley City High School | | 3:00.26 | 2 | |
| 13 LeNue, Danielle | 10 | Fargo South High School | | 3:03.24 | 2 | |
| 14 McLagan, Kimmie | 09 | Fargo Davies High School | | 3:05.52 | 2 | |
| 15 Bauske, Claire | 10 | Fargo Davies High School | | 3:06.66 | 2 | |
| 16 Kawasaki, Camille | 09 | Valley City High School | | 3:07.03 | 2 | |
| 17 Fry, Lexi | 10 | Fargo Davies High School | | 3:10.05 | 2 | |
| 18 Almquist, Anna | 10 | Fargo Davies High School | | 3:12.77 | 2 | |

Event 19 Girls 200 Meter Dash

Stadium: 24.81 S 5/5/2008 Laura Roesler, Fargo South
 26.94 Q

| Name | Yr | School | Seed | Finals | H# | Points |
|---------------------|----|--------------------------|------|--------|----|--------|
| Finals | | | | | | |
| 1 Adah, Afure | 10 | Shanley High School | | 27.07 | 1 | 10 |
| 2 Carlson, Katelyn | 08 | Fargo Davies High School | | 27.56 | 1 | 8 |
| 3 Pifer, Carolyn | 11 | Fargo South High School | | 27.73 | 1 | 6 |
| 4 Day, Alex | 12 | Shanley High School | | 28.45 | 1 | 5 |
| 5 Brenner, Haley | 12 | Shanley High School | | 28.60 | 1 | 4 |
| 6 Brooks, Hannah | 11 | Fargo Davies High School | | 28.91 | 1 | 3 |
| 7 Sandy, Lauren | 10 | Shanley High School | | 29.25 | 1 | 2 |
| 8 Conlin, Mary | 11 | Fargo Davies High School | | 29.61 | 1 | 1 |
| 9 Brown, Abby | 10 | Valley City High School | | 29.71 | 3 | |
| 10 Irmen, Sarah | 10 | Fargo Davies High School | | 29.82 | 3 | |
| 11 Danielson, Anna | 10 | Fargo Davies High School | | 29.86 | 2 | |
| 12 Peterson, Bekah | 10 | Valley City High School | | 30.12 | 4 | |
| 13 Strandemo, Sarah | 07 | Fargo South High School | | 30.30 | 2 | |
| 14 Smith, Elina | 08 | Fargo South High School | | 30.38 | 4 | |
| 15 Miller, Taylor | 11 | Valley City High School | | 30.39 | 2 | |
| 16 Thoemke, Mariah | 10 | Fargo Davies High School | | 30.42 | 2 | |

Fargo South Quadrangular Track & Field Meet
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Finals ... (Event 19 Girls 200 Meter Dash)

| Name | Yr | School | Seed | Finals | H# | Points |
|------|-------------------|--------|--------------------------|--------|-------|--------|
| 17 | Ries, Gabrielle | 09 | Shanley High School | | 30.69 | 3 |
| 18 | Osowski, Abby | 12 | Fargo Davies High School | | 31.02 | 3 |
| 19 | Hatcher, CeCe | 09 | Valley City High School | | 31.07 | 4 |
| 20 | Roehrich, Brienne | 09 | Valley City High School | | 31.08 | 2 |
| 21 | Burgard, Aleysia | 09 | Valley City High School | | 31.11 | 2 |
| 22 | Osland, Emilee | 09 | Fargo Davies High School | | 31.52 | 4 |
| 23 | Carlson, Leah | 09 | Fargo Davies High School | | 31.54 | 5 |
| 24 | Winter, Brenna | 11 | Valley City High School | | 32.12 | 3 |
| 25 | Harms, Juliana | 08 | Shanley High School | | 32.21 | 2 |
| 26 | Alderman, Emily | 09 | Shanley High School | | 32.23 | 3 |
| 27 | Durheim, Ashley | 10 | Valley City High School | | 32.38 | 2 |
| 28 | Kienenberger, Zoe | 09 | Fargo South High School | | 32.70 | 5 |
| 29 | Anderson, Madisen | 09 | Valley City High School | | 33.71 | 5 |
| 30 | Swart, Trisha | 11 | Valley City High School | | 34.20 | 3 |
| 31 | Halle, Parish | 09 | Fargo Davies High School | | 34.31 | 5 |
| 32 | Mundfrom, Heidi | 09 | Valley City High School | | 35.14 | 4 |
| 33 | Brandt, Lindsay | 11 | Valley City High School | | 36.04 | 5 |
| 34 | Everett, Emma | 09 | Fargo South High School | | 36.85 | 3 |

Event 21 Girls 3200 Meter Run

Stadium: 10:45.47 S 2001 Lisa Dyer, Moorhead, MN
 12:05.24 Q

| Name | Yr | School | Seed | Finals | Points |
|---------------|--------------|--------|-------------------------|----------|--------|
| Finals | | | | | |
| 1 | Nordin, Emma | 08 | Fargo South High School | 14:16.18 | 10 |

Event 23 Girls 4x400 Meter Relay

Stadium: 3:56.15 S 5/19/2012 Fargo North High School, Fargo North
 R Nyanfor, S Pfau, S Simonson, K Larson
 4:16.24 Q

| Team | Relay | Seed | Finals | Points |
|---------------|--|-----------------------------|--|--------|
| Finals | | | | |
| 1 | Fargo South High School 1) Bostrom, Katie 11 | A 2) Pifer, Carolyn 11 | 4:18.02 4) Strandemo, Madeline 12 | 10 |
| 2 | Fargo Davies High School 1) Brooks, Hannah 11 | A 2) Demarais, Kayla 10 | 4:33.57 3) Slette, Maria 10 4) Bye, Katie 09 | 8 |
| 3 | Fargo South High School 1) Johannessen, Magrit 08 | B 2) Hagen, Abby 08 | x4:46.12 3) Schalow, Natalie 08 4) Sailer, Emma 07 | |
| 4 | Fargo South High School 1) Smith, Izzy 09 | C 2) Strandemo, Sarah 07 | x4:53.70 3) Nordin, Hanna 10 4) Hoselton, Dakotah 08 | |

Event 31 Girls High Jump

Stadium: 5-07 S 5/13/2011 Kira Larson, Fargo North
 5-01.00 Q

| Name | Yr | School | Seed | Finals | Points |
|---------------|-----------------|--------|--------------------------|----------|--------|
| Finals | | | | | |
| 1 | Mark, Payton | 10 | Fargo Davies High School | 4-11.00 | 10 |
| 2 | Ries, Gabrielle | 09 | Shanley High School | J4-11.00 | 8 |
| 3 | Schott, Kara | 12 | Fargo South High School | J4-11.00 | 6 |
| 4 | Haugen, Alayna | 10 | Fargo Davies High School | 4-09.00 | 5 |
| 5 | Berntson, April | 10 | Valley City High School | 4-07.00 | 3.50 |

Fargo South Quadrangular Track & Field Meet
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Finals ... (Event 31 Girls High Jump)

| Name | Yr | School | Seed | Finals | Points |
|--------------------|----|--------------------------|------|---------|--------|
| 5 Montgomery, Anna | 12 | Fargo Davies High School | | 4-07.00 | 3.50 |
| 7 Brooks, Hannah | 11 | Fargo Davies High School | | 4-05.00 | 2 |

Event 32 Girls Pole Vault

Stadium: 11-06 S 5/14/2010 Ashley Zeitvogel, GF Red River
 9-00.00 Q

| Name | Yr | School | Seed | Finals | Points |
|----------------------|----|--------------------------|------|-----------|--------|
| Finals | | | | | |
| 1 Ekman, Paris | 12 | Shanley High School | | 9-00.00 Q | 10 |
| 2 Goodman, Kiahna | 10 | Fargo South High School | | 8-06.00 | 8 |
| 3 Irmen, Sarah | 10 | Fargo Davies High School | | 8-00.00 | 6 |
| 4 Hart, Annie | 10 | Valley City High School | | 7-00.00 | 4.50 |
| 4 Cwikla, Allison | 11 | Fargo Davies High School | | 7-00.00 | 4.50 |
| 6 Osowski, Abby | 12 | Fargo Davies High School | | J7-00.00 | 3 |
| 7 Beaton, Camille | 11 | Fargo Davies High School | | J7-00.00 | 2 |
| 8 Halle, Parish | 09 | Fargo Davies High School | | 6-00.00 | .33 |
| 8 Weiler, Ellen | 11 | Fargo Davies High School | | 6-00.00 | .33 |
| 8 Carlson, Leah | 09 | Fargo Davies High School | | 6-00.00 | .33 |
| --- Pantzke, Shawna | 09 | Fargo Davies High School | | FAIL | |
| --- Montgomery, Anna | 12 | Fargo Davies High School | | FAIL | |

Event 33 Girls Long Jump

Stadium: 19-03.75 S 4/8/2005 McKenzie Mehlisch, Fargo South
 16-08.00 Q

| Name | Yr | School | Seed | Finals | Points |
|----------------------|----|--------------------------|------|------------|--------|
| Finals | | | | | |
| 1 Schott, Kara | 12 | Fargo South High School | | 16-08.00 Q | 10 |
| 2 Goodman, Kiahna | 10 | Fargo South High School | | 16-03.25 | 8 |
| 3 Bostrom, Katie | 11 | Fargo South High School | | 15-10.00 | 6 |
| 4 Kornelson, Candace | 12 | Fargo South High School | | J15-10.00 | 5 |
| 5 Brown, Abby | 10 | Valley City High School | | 15-07.75 | 4 |
| 6 Peterson, Bekah | 10 | Valley City High School | | 14-11.75 | 3 |
| 7 Koch, Sabrina | 09 | Shanley High School | | 14-03.75 | 2 |
| 8 Slette, Maria | 10 | Fargo Davies High School | | 14-03.25 | 1 |
| 9 Smith, Izzy | 09 | Fargo South High School | | J14-03.25 | |
| 10 Roach, Kendra | 09 | Shanley High School | | J14-03.25 | |
| 11 Dew, Brookelyn | 08 | Shanley High School | | 13-10.75 | |
| 12 Taber, Bria | 12 | Fargo South High School | | 13-10.50 | |
| 13 Nordin, Hanna | 10 | Fargo South High School | | 13-10.00 | |
| 14 Weiler, Ellen | 11 | Fargo Davies High School | | 13-09.00 | |
| 15 Irmen, Sarah | 10 | Fargo Davies High School | | 13-08.00 | |
| 16 Kienenberger, Zoe | 09 | Fargo South High School | | 13-01.25 | |
| 17 Anderson, Jessica | 12 | Shanley High School | | 12-07.50 | |
| 18 Bergen, Liz | 10 | Shanley High School | | 12-07.25 | |
| 19 Sandy, Anna | 09 | Shanley High School | | 12-06.25 | |
| 20 Altringer, Hannah | 09 | Shanley High School | | 12-01.75 | |
| 21 LeNue, Danielle | 10 | Fargo South High School | | 11-11.50 | |
| 22 Backlund, Sophie | 09 | Shanley High School | | 11-11.00 | |
| 23 Anderson, Madisen | 09 | Valley City High School | | 11-07.00 | |
| 24 Treacy, Taya | 10 | Fargo South High School | | 10-09.00 | |

Fargo South Quadrangular Track & Field Meet
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Results

Finals ... (Event 33 Girls Long Jump)

| Name | Yr | School | Seed | Finals | Points |
|---------------------|----|--------------------------|------|----------|--------|
| 25 Everett, Emma | 09 | Fargo South High School | | 10-03.00 | |
| --- Osland, Emilee | 09 | Fargo Davies High School | | FOUL | |
| --- Alderman, Emily | 09 | Shanley High School | | FOUL | |
| --- Mundfrom, Heidi | 09 | Valley City High School | | FOUL | |
| --- Hatcher, CeCe | 09 | Valley City High School | | FOUL | |

Event 34 Girls Triple Jump

Stadium: 38-08.50 S 5/18/2002 Brittni Bruenjes, Valley Cty
 34-00.00 Q

| Name | Yr | School | Seed | Finals | Points |
|-----------------------|----|--------------------------|------|------------|--------|
| Finals | | | | | |
| 1 Kornelson, Candace | 12 | Fargo South High School | | 35-06.00 Q | 10 |
| 2 Brown, Abby | 10 | Valley City High School | | 33-08.00 | 8 |
| 3 Peterson, Bekah | 10 | Valley City High School | | 33-00.00 | 6 |
| 4 Haugen, Alayna | 10 | Fargo Davies High School | | 29-10.50 | 5 |
| 5 Nordin, Hanna | 10 | Fargo South High School | | 28-11.50 | 4 |
| 6 Backlund, Sophie | 09 | Shanley High School | | 28-00.00 | 3 |
| 7 Koch, Sabrina | 09 | Shanley High School | | 26-06.50 | 2 |
| 8 Anderson, Madisen | 09 | Valley City High School | | 26-05.00 | 1 |
| 9 Hart, Annie | 10 | Valley City High School | | 26-04.00 | |
| --- LeNue, Danielle | 10 | Fargo South High School | | FOUL | |
| --- Anderson, Jessica | 12 | Shanley High School | | FOUL | |

Event 35 Girls Discus Throw

Stadium: 160-05 S 5/7/2001 Briona Reynolds, GF Red River
 115-00 Q

| Name | Yr | School | Seed | Finals | Points |
|----------------------|----|--------------------------|------|----------|--------|
| Finals | | | | | |
| 1 Demarais, Kayla | 10 | Fargo Davies High School | | 92-11.50 | 10 |
| 2 Kornelson, Candace | 12 | Fargo South High School | | 80-02.50 | 8 |
| 3 Roberts, Katie | 08 | Shanley High School | | 78-01.00 | 6 |
| 4 Erickson, Liz | 09 | Shanley High School | | 76-09.00 | 5 |
| 5 Dietz, Emily | 08 | Shanley High School | | 69-05.50 | 4 |
| 6 Kath, Alyssa | 11 | Fargo South High School | | 69-00.50 | 3 |
| 7 Palmer, Kyra | 10 | Fargo North High School | | 68-09.00 | 2 |
| 8 Dehne, Julia | 11 | Fargo North High School | | 65-04.00 | 1 |
| 9 Thoreson, Laura | 09 | Valley City High School | | 65-01.50 | |
| 10 Bachmeier, Ellea | 09 | Fargo Davies High School | | 63-08.00 | |
| 11 Armstrong, Abby | 10 | Shanley High School | | 63-07.50 | |
| 12 Bosson, Angelica | 10 | Fargo Davies High School | | 63-01.50 | |
| 13 Carlson, Lydia | 11 | Fargo South High School | | 62-08.50 | |
| 14 Semanko, Martha | 10 | Fargo North High School | | 59-10.50 | |
| 15 Erickson, Hannah | 12 | Shanley High School | | 59-01.00 | |
| 16 Treacy, Taya | 10 | Fargo South High School | | 57-08.50 | |
| 17 Cadreau, Jamee | 10 | Fargo North High School | | 57-06.00 | |
| 18 Branam, Tabatha | 09 | Valley City High School | | 55-06.00 | |
| 19 Henning, Stasha | 10 | Fargo North High School | | 54-02.00 | |
| 20 Lorenz, Lindsey | 10 | Fargo South High School | | 52-05.00 | |
| 21 Hafele, Tory | 09 | Valley City High School | | 50-03.00 | |
| 22 Wagner, Linnea | 10 | Fargo Davies High School | | 48-03.00 | |

Fargo South Quadrangular Track & Field Meet
Fargo South High School Track & Field Complex - 4/29/2013
Results

Event 36 Girls Javelin Throw

Stadium: 144-02 S 5/7/2001 Katie Wilson, GF Red River
 110-00 Q

| Name | Yr | School | Seed | Finals | Points |
|----------------------|----|--------------------------|------|-----------|--------|
| Finals | | | | | |
| 1 Anderson, Jessica | 12 | Shanley High School | | 101-09.00 | 10 |
| 2 Thoemke, Mariah | 10 | Fargo Davies High School | | 87-10.00 | 8 |
| 3 Semanko, Martha | 10 | Fargo North High School | | 79-10.00 | 6 |
| 4 Demarais, Kayla | 10 | Fargo Davies High School | | 74-02.00 | 5 |
| 5 Erickson, Hannah | 12 | Shanley High School | | 71-02.00 | 4 |
| 6 Roberts, Katherine | 10 | Shanley High School | | 70-04.00 | 3 |
| 7 Dietz, Emily | 08 | Shanley High School | | 69-06.00 | 2 |
| 8 Dehne, Julia | 11 | Fargo North High School | | 66-03.00 | 1 |
| 9 Palmer, Kyra | 10 | Fargo North High School | | 59-11.00 | |
| 10 Carlson, Lydia | 11 | Fargo South High School | | 59-08.00 | |
| 11 Armstrong, Abby | 10 | Shanley High School | | 58-11.00 | |
| 12 Henning, Stasha | 10 | Fargo North High School | | 58-06.00 | |
| 13 Wagner, Linnea | 10 | Fargo Davies High School | | 56-07.00 | |
| 14 Winter, Brenna | 11 | Valley City High School | | 55-11.00 | |
| 15 Cadreau, Jamee | 10 | Fargo North High School | | 53-06.00 | |
| 16 Hoselton, Dakotah | 08 | Fargo South High School | | 51-01.00 | |
| 17 Erickson, Liz | 09 | Shanley High School | | 48-00.00 | |
| 18 Ries, Gabrielle | 09 | Shanley High School | | 47-01.00 | |
| 19 Tran, Justine | 12 | Fargo South High School | | 44-06.00 | |
| 20 Bachmeier, Ellea | 09 | Fargo Davies High School | | 43-00.00 | |
| --- Koch, Sabrina | 09 | Shanley High School | | FOUL | |

Event 37 Girls Shot Put

Stadium: 46-01 S 5/7/2001 Briona Reynolds, GF Red River
 35-06.00 Q

| Name | Yr | School | Seed | Finals | Points |
|----------------------|----|--------------------------|------|----------|--------|
| Finals | | | | | |
| 1 Demarais, Kayla | 10 | Fargo Davies High School | | 28-03.00 | 10 |
| 2 Lorenz, Lindsey | 10 | Fargo South High School | | 27-07.50 | 8 |
| 3 Roberts, Katherine | 10 | Shanley High School | | 27-05.00 | 6 |
| 4 Bosson, Angelica | 10 | Fargo Davies High School | | 26-11.00 | 5 |
| 5 Armstrong, Abby | 10 | Shanley High School | | 26-05.50 | 4 |
| 6 Erickson, Liz | 09 | Shanley High School | | 26-04.50 | 3 |
| 7 Semanko, Martha | 10 | Fargo North High School | | 26-04.00 | 2 |
| 8 Kath, Alyssa | 11 | Fargo South High School | | 25-03.50 | 1 |
| 9 Cadreau, Jamee | 10 | Fargo North High School | | 24-10.00 | |
| 10 Wagner, Linnea | 10 | Fargo Davies High School | | 23-10.00 | |
| 11 Henning, Stasha | 10 | Fargo North High School | | 22-11.50 | |
| 12 Dietz, Emily | 08 | Shanley High School | | 22-09.00 | |
| 13 Branam, Tabatha | 09 | Valley City High School | | 21-10.00 | |
| 14 Palmer, Kyra | 10 | Fargo North High School | | 20-06.00 | |
| 15 Hafele, Tory | 09 | Valley City High School | | 20-03.50 | |
| 16 Bachmeier, Ellea | 09 | Fargo Davies High School | | 20-01.50 | |
| 17 Thoreson, Laura | 09 | Valley City High School | | 18-07.00 | |

Fargo South Quadrangular Track & Field Meet
Fargo South High School Track & Field Complex - 4/29/2013
Results

Women - Team Rankings - 19 Events Scored

| | | | |
|-----------------------------|-----|----------------------------|-----|
| 1) Fargo Davies High School | 215 | 2) Fargo South High School | 199 |
| 3) Shanley High School | 168 | 4) Valley City High School | 61 |
| 5) Fargo North High School | 12 | | |