# 2016 District Spring Games



**Event Description:** The community of Valley City and surrounding area will serve as host of the Special Olympics North Dakota (SOND) District III Spring Games. More than 300 Special Olympics athletes, children and adults with intellectual disabilities, and Unified Partners from Bottineau, Jamestown, Fargo, Wahpeton, and Valley City will compete in the one day event for the chance to be a District champion.

### Competition held in these Spring Games:

- Unified Volleyball
- Bocce
- Powerlifting
- Swimming
- Track and Field

\*Unified Volleyball is one of four SOND Unified Team Sports. Unified Sports is a program that combines Special Olympics athletes and athletes without intellectual disability (Partners) on a sports team to train and compete together.

When: Sunday, May 1, 2016

Where: Valley City State University Student Union

Valley City State University Field House and Stadium

# Schedule of Events:

Sunday, May 1<sup>st</sup>

- 8:00 a.m. Bocce and Unified Volleyball competition begins at VCSU Fieldhouse
- 9:00 a.m. Swimming competition begins at VCSU Student Center
- 12:30 p.m. Opening Ceremonies at VCSU Stadium
  1:00 p.m. Track and Field Competition begins

## Individual and Group Volunteer Areas and Opportunities include:

- Facilities set up and support
- Unified Volleyball timers and scorekeepers
- Bocce timers and scorekeepers
- Track and Field support volunteers
- Athlete meal preparation and distribution
- Awards

To learn more about the District Spring Games or to sign up as a volunteer contact SOND AMT Member Chris Mogensen: <a href="mailto:chris.mogensen@odcvc.com">chris.mogensen@odcvc.com</a>

### For more information on Special Olympics Valley City:

Like us on Facebook: www.facebook.com/pages/Special-Olympics-Valley-City-ND

<sup>\*</sup>All Events are free, and the public is encouraged to attend!