

I, the undersigned, hereby authorize any first aid, medication, medical treatment or surgery deemed necessary in case of emergency for (full name of camper)

\_\_\_\_\_ ,  
a participant in the Hi-Liner Football Camp. I understand that I will be responsible for any expenses incurred on his/her behalf in connection with such treatment.

**Insurance Information:**

Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Emergency Information:**

Contact Person: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**AS A CONDITION OF ENROLLMENT, THE FOLLOWING DISCLAIMER MUST BE SIGNED AND DATED BY THE PARENT / GUARDIAN:**

The camper, in attending the Hi-Liner Football Camp and in using any camp facility, does so at his/her own risk. Valley City High School, its athletic department and its staff shall not be liable for any damages arising from personal injury which may occur to the camper during the camp session and so hereby fully and forever exonerate and discharge Valley City High School, the Hi-Liner Football Camp, its staff, its directors and agents from any and all claims, demands, damages, right of action or causes of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of the camper's participation in the camp session and in the use of the facilities.

I certify, that to the best of my knowledge, I am in good physical condition and have no disease or injury that would impair my performance in training or competition. I/We hereby consent to the participation of my son/daughter,

\_\_\_\_\_ in  
The Hi-Liner Football Camp. If he/she fails to obey the competition rules, the camp directors have the authority to expel him/her from the same.

\_\_\_\_\_  
Camper's Name Date

\_\_\_\_\_  
Parent/Guardian Signature Date

# 2016

## Hi-Liner Football Camp Grades 7-8



**July 27, 2016  
7 pm to 9 pm**

**July 28, 2016  
7 pm to 9 pm**

**Valley City High School**  
493 N Central Ave  
Valley City, ND 58072

## Camp Mission

The *Hi-Liner Junior High Camp* is a youth football camp for players entering grades 7-8. You will be provided intensive instruction on the proper fundamentals of football, both on offense and defense, as well as promoting teamwork, leadership and sportsmanship. Come and join us for a great two-day camp!

## Camp Staff

Hi-Liner Football Coaches

VCHS Football Players

## Camp Fees & Registration

Cost is \$45

Registration will take place at the Hi-Liner Activity Center Lobby

- Tuesday, July 5, 7:00 pm to 8:00 pm
- Thursday, July 7, 7:00 pm to 8:00 pm

**NO REFUNDS**

Makes checks to: *VCHS*

**\*\*If you cannot make either of those time, you can mail your check and completed registration form by JULY 11 to:**

Scott Roehrlich

225 Secarse Drive

Valley City, ND 58072

## Camp Information

Camp is for players entering grades 7-8.

Camp is located at the Hanna Field

No helmets or shoulder pads are needed

Campers will need to wear shorts & football shoes

Campers will be broken into groups and teams based on their grade level.

Each camper will receive a **Hi-Liner Football T-shirt, shorts, and Hi-Liner Practice Jersey**. Athletes should plan to wear shorts and t-shirt both days.

## Camp Schedule

### Wednesday, July 27

7:00-7:05	Check-in @ Hanna Field
	Introductions & Rules
7:05-7:15	Stretching & Agility Drills
7:15-8:15	Offensive Stations
8:15-9:00	Defensive Stations
9:00	End of Camp, Day 1

### Thursday, July 28

7:00-7:05	Check-in @ Hanna Field
7:05-7:15	Stretching & Agility Drills
7:15-7:35	Defensive Stations
7:35-7:50	Defensive Pursuit
7:50-8:10	Individual Offense
8:10-8:30	Group Offense
8:30-8:50	Team Offense
8:50-9:00	Relay
9:00	End of Camp

## Camp Registration Form

**Please print & complete BOTH sides**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

School: \_\_\_\_\_

Grade in Fall: \_\_\_\_\_ Age: \_\_\_\_\_

Adult T-shirt Size: \_\_\_\_\_ (Small - XXL)

Adult Short Size: \_\_\_\_\_ (Small - XXL)

**NO CAMPER WILL BE ADMITTED TO CAMP WITHOUT INSURANCE COVERAGE. PLEASE INCLUDE INSURANCE INFORMATION ON THE OTHER SIDE OF THIS FORM.**

**SUCCESS IS UNCOMMON, AND CANNOT BE ENJOYED BY THE COMMON MAN. THEREFORE, BE UNCOMMON!**