

I, the undersigned, hereby authorize any first aid, medication, medical treatment or surgery deemed necessary in case of emergency for (Full name of camper)

A participant in the Vikings Youth Football camp. I understand that I will be responsible for any expenses incurred on his/her behalf in connection with such treatment.

INSURANCE INFORMATION:

Insurance Company: _____

Policy Number : _____

EMERGENCY INFORMATION:

Contact Person: _____

Phone Number: _____

AS A CONDITION OF ENROLLMENT, THE FOLLOWING DISCLAIMER MUST BE SIGNED AND DATED BY THE PARENT/ GUARDIAN: I acknowledge that there are certain risks of serious injury to the participant in this program and voluntarily assume these risks. I hereby, release and agree to hold harmless VCSU, the State of North Dakota, and all employees from all such claims for any injuries or damages that may be sustained by the participant in relation to this program. Further, I consent to emergency medical treatment for the participant as deemed necessary. I certify, to the best of my knowledge, the participant is in good physical condition and has no disease or injury that would impair their performance in training or competition. I/WE hereby consent to the participation of my/our son/daughter,

in the Vikings Youth Football Camp. If he/she fails to obey the competition rules, the camp directors have the authority to expel him/her.

VCSU/State of North Dakota does not insure participants in this program and are not responsible for any medical expenses incurred by the participant.

Campers Name: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____



**FOR MORE INFORMATION
CONTACT CAMP DIRECTOR:**

Coach Chad Smith
101 College St SW
Valley City, ND 58072

office: 701.845.7175
fax: 701.845.7153

chad.g.smith@vcsu.edu

www.vcsuvikings.com

2019 VCSU YOUTH FOOTBALL CAMP



Grades 4-8 May 5

**Shelly Ellig Field at Lokken Stadium
Registration begins at 1:45 p.m.**

PRACTICE WITH THE VIKINGS!

CAMP MISSION

The Viking Youth Football Camp is a camp for players currently in grades 4–8. Instruction on the proper fundamentals of football, both offense and defense, as well as promotion of teamwork, leadership and sportsmanship will be provided in a fun and engaging environment.

CAMP STAFF

Dennis McCulloch..... Head Coach
Gregg Horner Associate Head Coach
 Defensive Coordinator
Dave Rausch..... Linebackers
Jacob Crawford..... Defensive Line
Erik Matth..... Offensive Coordinator
 Quarterbacks
Chad Smith..... Wide Receivers
Jason Kremer..... Offensive Line
Brandon Bouma Runningbacks

FEES & REGISTRATION

- Cost: \$30.00
- Make checks out to: VCSU Football
- Mail check and registration to:
 VCSU FOOTBALL
 Attn: Coach Chad Smith
 101 College St. SW
 Valley City, ND 58072



Shelly Ellig Field at Lokken Stadium

CAMP INFORMATION

- Camp is for players currently in grades 4–8
- Camp is located at the VCSU game field. VCSU is located 45 minutes west of Fargo on Interstate 94. The Osmon Fieldhouse is located 2 blocks north of Exit 292.
- NO helmets or shoulder pads needed
- Campers will need to wear shorts and football shoes
- Campers will be broken into groups based on position and grade
- A VIKING YOUTH FOOTBALL CAMP T-SHIRT will be provided for each camper and should be worn during the camp
- Snacks will be provided during the camp and water is available at all times

CAMP SCHEDULE

Sunday, May 5, 2018

- 1:45-2:15 p.m.Check-in at Lokken Stadium
 2:15 p.m.Introductions on game field
 2:35-2:45 p.m.Warm-up and Stretching
 2:45-3:35 p.m.Offensive stations
 3:40-4:30 p.m.Defensive stations
 5:30-5:30 p.m.Test your skills on offense and defense, playing alongside actual VCSU players in a game-like atmosphere!

VCSU Youth Football Camp Registration Form

Complete BOTH sides



Name _____

Mailing Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

School _____ Grade in Fall _____ Age _____

T-shirt size circle: Youth Sizes: M L L Adult Sizes: S M L XL

Cost: \$30.00

Please include your check made payable to VCSU Football
 Mail check and registration form to:

Coach Chad Smith • VCSU Football

101 College Street SW • Valley City, ND 58072

**NO CAMPER will be admitted to camp without insurance coverage.
 Please include insurance information on the other side of this form.**