



Jamestown Public Schools Health and Safety Plan

PROPOSED BOARD APPROVAL ON AUGUST 6, 2020

LAST UPDATED ON AUGUST 6, 2020

Jamestown Public School Families,

In March of 2020, our community and school district was presented with an unforeseen challenge that caused us to, very quickly and nimbly, re-create the way we deliver instruction. Thank you to our teachers, support staff, parents and students for supporting education and for helping us succeed in these new circumstances. We are proud of the work that was done in the 2019/2020 school year from a traditional start through distance learning and culminating with honoring our seniors in a graduation exercise.



The work of the district, however, is not at an end. The 2020/2021 school year creates a new set of challenges and expectations from our community. With greater time to plan and ever-changing variables, we are now tasked with creating a reasonable and adaptable framework that prioritizes education while also balancing a new standard of health and safety.

School districts hold a place of significance in the community and economy. There are three pillars of education: 1) Academic, 2) Social-Emotional, and 3) Custodial. While people have always been familiar with the academic and social-emotional responsibilities, these have shone even brighter in the pandemic. Additionally, the custodial responsibility has come into a greater focus in the pandemic. Our community and families thrive when schools can provide that custodial care that our families have come to expect and depend upon.

For all of these reasons, we feel compelled to pursue a return to an in-person model of instruction for the 2020/2021 school year. We cannot, however, dismiss concerns related to health and safety associated with the pandemic. There must be practical steps that help our school district do its part to limit the spread of COVID-19 in our community.

To create a practical and reasonable plan, a task force was established to study re-entry and to create this Health and Safety Plan and to revise the district's Distance Learning Plan, in the event it becomes necessary. This team included educators, support staff, parents, students, administrators, specialists, and others to gather as much perspective as possible. This group reviewed survey data and spent significant time, inside and outside of meetings, in reviewing other district/state plans, reading research, and engaged in critical thinking around how to develop a plan for Jamestown.

The task force, the school administration, and the school board recognize that this plan cannot possibly be perfect in the eyes of all. There are components that will be polarizing and may be absent of a common ground. All have done his/her best to draft a plan that considers the perspectives of all.

We encourage everyone to ask questions and communicate their concerns as we move forward. We are all in this together and this requires us to continue to have an open dialogue and support what is best for our students.

Respectfully,

Dr. Robert Lech
Superintendent

Mr. Roger Haut
School Board President

Assumptions & Assurances

Jamestown Public School Believes:

- Equity, adequacy and accessibility is central to all educational planning around instruction, learning and educational expectations.
- Schools serve an academic, social-emotional, and custodial function in the community.
- Instructional models must meet needs of all students and must allow for fluidity between all models without a loss of learning.
- The Task Force will focus on creating guidelines for district-wide consistency while recognizing that implementation is necessary to enact those guidelines at the building level.



Our Planning Team

The Jamestown Public School's Health and Safety Plan was crafted and reviewed by a team consisting of the following:

- Educators
- Custodial Staff
- Parents
- Central Valley Health
- State Health Department
- Support Staff
- School Board
- Students
- School Principals
- Department Leadership

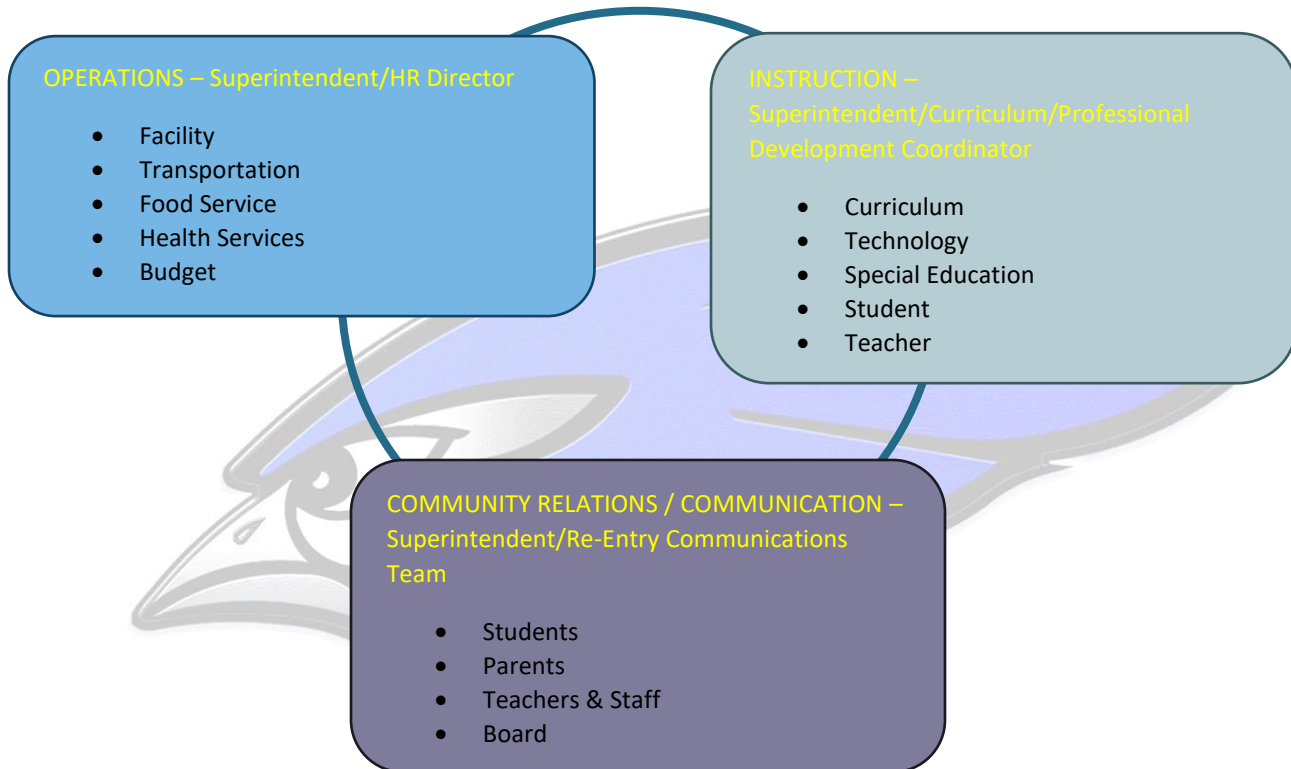
Input was gathered by various means to allow for a wide range of input.

Anticipated Timeline

| | |
|----------------------|--|
| June and Early July | Gather Stakeholder Feedback through Focus Groups and Surveys |
| July 20 – July 27 | Engage with the Jamestown Re-Entry Planning Task Force to Draft a Health and Safety Plan and to Revise the Distance Learning Plan |
| Week of July 27 - 31 | Draft Plan Emailed to All Staff and Families and Posted to Website |
| August 4 | Conduct Virtual Presentation of District Plan for Staff to Include Outline of Elementary, Middle School, and High School Implementation |
| August 5 | Conduct Virtual Presentation of District Plan for Public to Include Outline of Elementary, Middle School, and High School Implementation with Individual Building Virtual Meetings to be Scheduled |
| August 6 | Present the Health and Safety Plan, Distance Learning Plan, and Revised School Calendar to School Board for Approval at a Special Meeting |
| August 10-14 | Informational Sessions Hosted by Individual Buildings to Discuss Implementation of District Guidelines |
| August 17 - 26 | Proposed Additional Professional Learning and Planning Time for Teachers |
| August 27 | Proposed First Day of School (Pending Board Approval) |
| Throughout August | Building Principals, Re-Entry Planning Task Force and Building Staff will Review Guidelines and Create Building-Level Plans and Protocols |

COVID-19 Response Team & Coordinators

This organizational structure was crafted to assist in the development and monitoring of the district return to learning plan. This structure identifies leaders and guiding team members that will serve as a voice in how the district responds to COVID-19 during the school year. This plan is designed to address the issues of reopening as well as provide a nimble and responsive process to address issues that may not be recognized today.



The three components have been identified as key operational teams that consist of multiple departments. Each operational team will work to implement the return to learn plan and address challenges as they arise.

COVID-19 Building Level Coordinators

Each school building will have an identified COVID-19 Coordinator who will be responsible for the health and safety preparedness and response planning. Coordinators will make themselves available to the ND Department of Health (NDDoH) 24 hours a day / 7 days a week to respond to phone calls from public health.

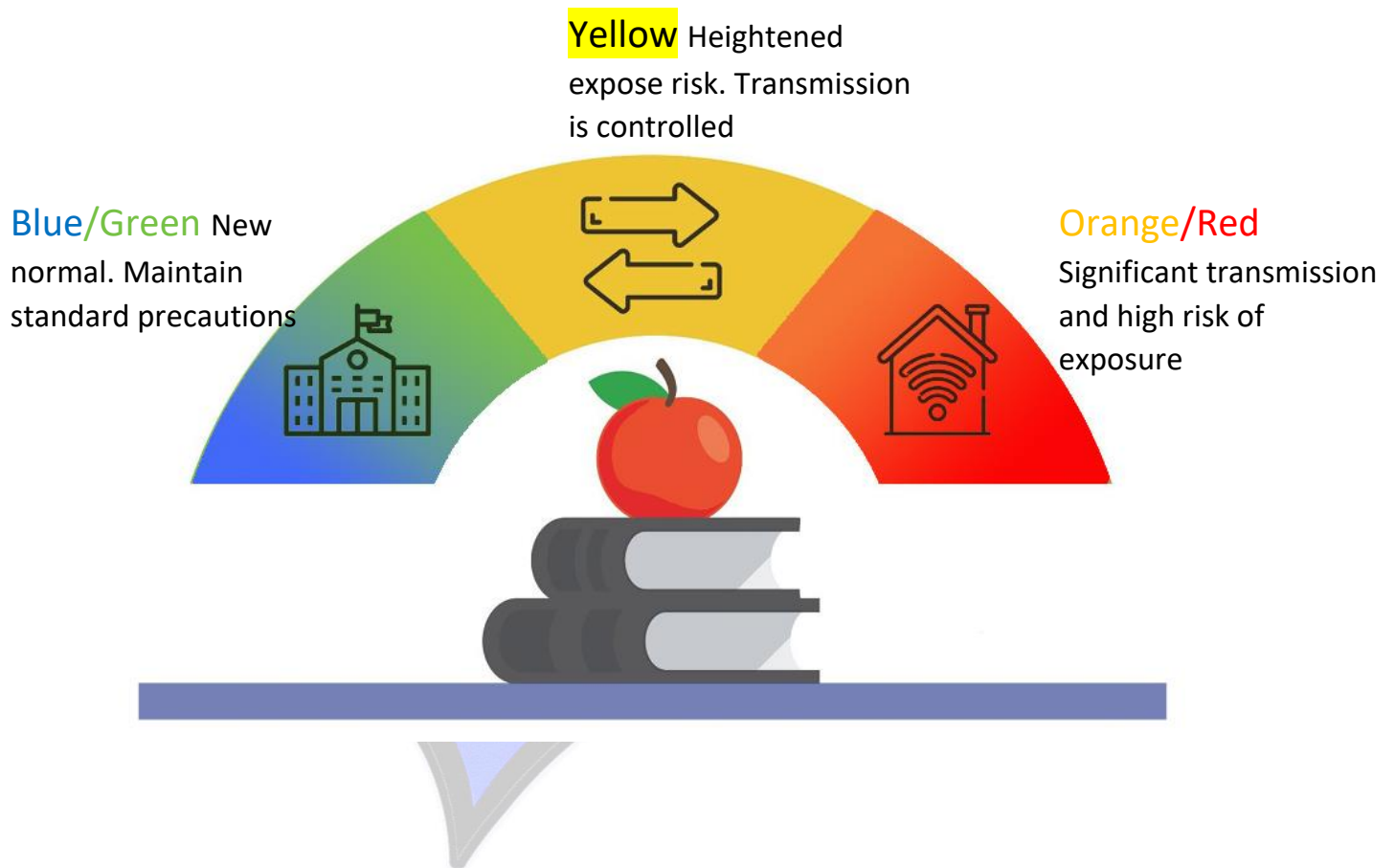
This position will assist public health in identifying and notifying close contacts in the school setting. The coordinator will report cases of COVID-19, found in the school setting, to health officials and the State Superintendent's office.



Building Principals will assume the role of building level coordinator in all Jamestown Public School buildings. If the coordinator is unable to be reached, the secondary contact will be the Superintendent.

Phases

The following phases will be used to define the community risk level associated with COVID-19. These phases align with the color-coded guidance in the ND Smart Restart Plan. The level is determined at the state level after rigorous testing and assessment of cases. Jamestown Public Schools created protocols and procedures for each phase.

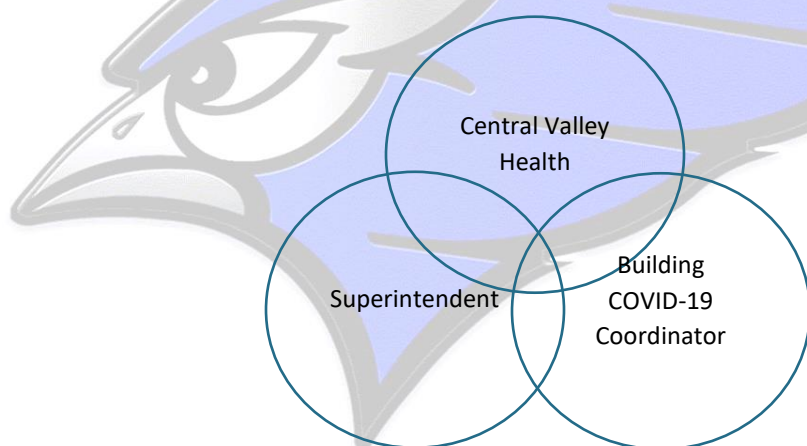


Guidance for Grade Level & School Building Closures

The K-12 Smart Restart plan has adopted the color-coded guidance in the ND Smart Restart Plan. This plan categorizes reopening into five phases: red, orange, yellow, green and blue. These designations signal how restrictions on school, work, congregate settings and social interactions will ease in the state and in each county. This color-coded guidance can be applied during the levels of ND Smart Restart to protect the health, bolster confidence and provide more security. It is likely that counties across the state will eventually be categorized in different phases based on multiple factors used to determine health guidance.

Along the phase designation, the district will also develop four instructional plans that will be announced. Instructional models will be determined in consultation with Central Valley Health. As an example, Green 2 will mean that the operational guidance in phase Green and Instructional Model 2 will be implemented.

School districts are required to utilize the phases outlined by the North Dakota Department of Health, North Dakota Department of Public Instruction and Governor's Office. The district has created guidelines that correspond with each phase and the corresponding instructional models. To accommodate specific circumstances within the school district and at building levels, the district may, as appropriate, implement operational and instructional plans from a more restrictive phase. This may include, up to, school closures. This will only be done after consultation with Central Valley Health and the impacted Building(s) COVID-19 Coordinator. Any change to phase would be immediately communicated to allow for appropriate implementation for families and at the building/district level.



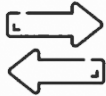
Instructional Models

The instructional models used by the district will be guided, in part, by the risk level of COVID-19 in the community as defined within the phases above.



Traditional Daily Learning

Instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety protocols are implemented to enhance staff and student safety.



Modified On-Campus

Students report to school on a modified schedule. Student schedules may be varied to meet the learning needs of each child. Multiple hybrid models of instructional delivery may be appropriate. Instruction would be conducted both in-person and online.



Distance Learning (Schoology)

All instruction is provided off-campus through the use of distance learning resources or suited to the unique needs of the student.



Virtual Academy

Families that have immunocompromised students or significant safety concerns may, for the 2020/2021 School Year, commit to a Virtual Academy at each level (K-5, 6-8, and 9-12) that will provide all instruction to educational standards of the district. Families in this option must commit to a full semester of the Virtual Academy. Instruction will be provided by a third-party program that is monitored by JPS staff.

Instructional Plan Designs

Each phase will include one or two instructional plan options. The designation of the instructional plan will be made along with the phase color (Example: Jamestown School District is in Green 2) to help families plan for the various plan designs.

Instructional Plan 1: All K-12 levels will implement traditional daily instruction on campus.

Instructional Plan 2: Due to the environment, varied student and family needs, enrollments and differing facilities the following breakdown will be used:

Elementary: Traditional daily learning with increased safety protocols

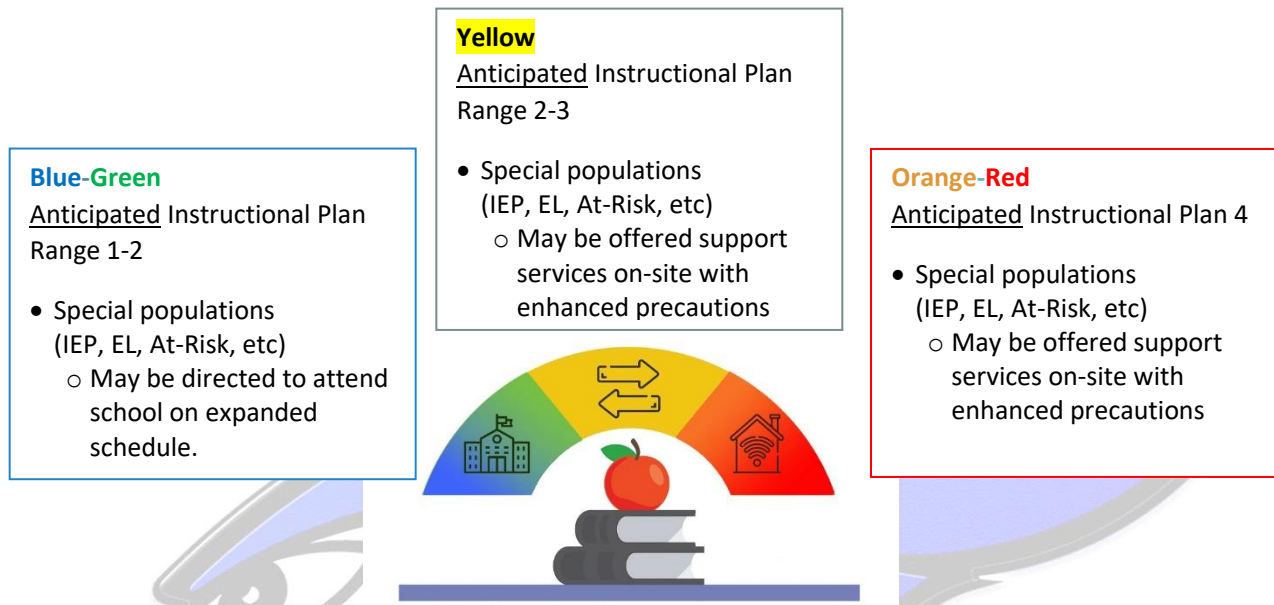
Middle School and High School: Modified on-campus instruction with hybrid (AB) schedule to limit daily enrollment using (A-L for Cohort A and M-Z for Cohort B)

Instructional Plan 3: Due to the environment, varied student and family needs, enrollments and differing facilities the following breakdown will be used:

Elementary and Middle School: Modified on-campus instruction with hybrid (AB) schedule to limit daily enrollment (A-L for Cohort A and M-Z for Cohort B)

High School: Further modified on-campus instruction with hybrid (AB) schedule to limit daily enrollment using (A-F for Cohort A1 and G-L for Cohort A2 and M-R for B1 and S-Z for B2)

Instructional Plan 4: All K-12 levels will implement distance learning.























Hybrid Schedules Examples

Cohort AB

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---------------|---------------|------------------------|---------------|---------------|
| Cohort A (Students A-L) | | | | | |
| Cohort B (Students M-Z) | | | | | |
| Unit/Lesson* | Unit/Lesson 1 | Unit/Lesson 2 | Select Groups/Supports | Unit/Lesson 1 | Unit/Lesson 2 |

*This is being shown as an example. Actual unit/lesson plans will be dependent upon teacher and grade level.

Modified AB (JHS Plan 3)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|---|---|---|---|---|
| Cohort A1 (Students A-F) |  |  |  |  |  |
| Cohort A2 (Students G-L) |  |  |  |  |  |
| Cohort B1 (Students M-R) |  |  |  |  |  |
| Cohort B2 (Students S-Z) |  |  |  |  |  |
| Unit/Lesson* | Unit/Lesson 1 | Unit/Lesson 2 | Select Groups/Supports | Unit/Lesson 1 | Unit/Lesson 2 |

*This is being shown as an example. Actual unit/lesson plans will be dependent upon teacher and course.

JPS Virtual Academy

The district will create a virtual academy to accommodate families that wish to continue with distance education. The district will open an application window between August 7 and August 14. Families who commit to the JPS Virtual Academy must do so for, at a minimum, one semester. Families in the Jamestown School District previously choosing to home educate are also eligible to participate in the JPS Virtual Academy with the school district assuming all costs upon registration.

Prior to enrolling, each family should consider the student's readiness to participate in this virtual academy through an assessment of technology skills, work and study habits, learning style, access or ability to access technology and connectivity, time management, interest/motivation, reading/writing skills, and student support. Families are encouraged to use the [Jamestown Virtual Academy Readiness Assessment Rubric](#).

At all levels (K-5, 6-8, 9-12), students will be enrolled in courses delivered through an online platform which will be guided and monitored by JPS staff. For K-8, this includes 6 classes with 9-12 enrollment dependent upon each individual student.

Special Populations (IEP, 504, English Learners, Etc.)

The needs of students in special populations, such as those on an IEP/504 plan, those requiring English Learner or other services, will be met through a variety of strategies adapted to the unique needs of each child. Students in these populations may be provided additional services and supports, daily in-person instruction, small grouping, or other strategies that best address academic, social, and health and safety needs.

Families with students in special populations should contact their building principal and/or case manager to discuss these options and to appropriately plan for their child's instructional model.

Due to the smaller enrollment and individualized schedules, Pre-K special education and Transition House programming would be determined independently of the other levels in phases Blue, Green, and Yellow by the special education director in consultation with the superintendent and local health officials. In phases Orange and Red, a limited schedule, smaller groups, or other strategies, including program closure, may be considered.

Instructional Plan Evaluation

A team consisting of a school board member, staff, administration, and local health officials will meet on a regular basis, and as needed, to assess the current instructional plan. Any change to the instructional plan will be communicated to the Jamestown School Board and will allow for adequate time for staff and families to transition to a new instructional plan.

Health and Safety Guidance

The district strives to provide a healthy and safe environment for all who occupy our schools. The following guidelines are intended to provide a framework for the district's response to COVID-19. Links are provided below to reference specific guidance from resources.

Resources

[ND Department of Public Instruction](#)

[ND Department of Health](#)

[Center for Disease Control and Prevention](#)

Best Intentions

Despite taking every reasonable precaution, there can be no guarantee that our schools will be without risk as it relates to COVID-19. The virus will be present on our buses, in our classrooms, and at our activities. In certain situations, physical distancing is not possible in a school setting. Our actions, as outlined in this plan, will not prevent any student or staff member from being in contact with the virus.

Protect Yourself and Others

Wash your hands often ([CDC Guidance](#))



- Wash with soap and water for at least 20 seconds especially after blowing nose, coughing, or sneezing.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Students are encouraged to wash their hands often throughout the day and may have a schedule to require depending on phase.

Avoid close contact



- Keep social distance from others is especially important for people who are at a higher risk of getting sick.
- Alternate or modified schedules, adjustments to use of common areas, use of outdoor spaces and other actions that increase physical separation may be considered.
- The sharing of instructional materials should be limited as much as possible.
- Physical separation on busing, one student per seat, will be recommended but cannot be guaranteed.
- Visitor entry to school buildings shall be restricted to essential visitors only. No individual will be granted access without the permission of the building principal.
- Parents/Guardians may accompany their child to the school but are encouraged to not enter classrooms without permission of the teacher. Parents/guardians should remain in common areas.

Cover coughs and sneezes



- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw tissues away and wash hands or use hand sanitizer to prevent spread.

Clean and disinfect ([CDC Guidance](#))



- School staff should clean and disinfect frequently touched surfaces daily.
- Shared materials (not recommended) should be cleaned as soon after use as possible.
- Classrooms will be cleaned daily by custodial staff.

Cover your mouth and nose with a cloth face cover when around others.



- The expectations for wearing masks/facial coverings will be applied based on phases within the [ND Smart Restart Guidance](#).
- Educators must teach and support students on the [importance of mask/facial coverings](#) and [how to properly wear a mask/face covering](#) so they are prepared to use them on school buses or other situations in close proximity with others.
- Masks/facial coverings are **required** in any school in the Yellow Phase, **expected** in any school in the Green Phase, and **optional** in any school in the blue phase.
 - Regardless of phase, the district may require a mask/face covering in specific circumstances even if the phase does not make it mandatory. These case-by-case situations will be determined by the building principal.
 - In all phases, the wearing of masks/facial coverings will follow [CDC guidance on adaptations and alternatives](#). These will be considered whenever possible, including for students in the primary grades (K – 2) those with intellectual and developmental disabilities, mental health conditions or other sensory activities, to increase the feasibility of wearing a mask/facial covering or to reduce the risk of the spread of COVID-19 if it is not possible to wear one.
- Cloth masks/facial coverings will be the responsibility of families and must be washed each day and disposable masks must be replaced each day. Masks will be provided to staff and made available for families to purchase. If a family needs support in finding or purchasing a mask, please contact the building principal.

Some people, such as [people with intellectual and developmental disabilities](#), mental health conditions or other sensory sensitivities,

JPS COVID-19 PPE Guidance (Phases Green/Blue and Yellow)

| STAFF/STUDENTS | PPE |
|---|---|
| <i>All staff (other than what is outlined)</i> | Expected (Green) and Optional (Blue) to wear cloth mask/facial coverings |
| <i>All Students</i> | Dress code will be modified to include cloth masks/facial coverings as Expected (Green) and Optional (Blue) and <u>Required</u> during passing times. |
| <i>Bus Drivers</i> | <u>Required</u> to wear when loading and unloading. |
| <i>Students on Buses</i> | <u>Required</u> to wear a cloth mask/facial covering. |
| <i>Public facing staff (i.e. receptionists/clerical) unless plexiglass partition is in place.</i> | <u>Required</u> face shield or cloth mask/facial covering |
| <i>Staff caring for/instructing a student in a small space – small group – for more than 15 minutes. (i.e. Nurse, SPED, EL, educator)</i> | Building administrators in consultation with district administrator and educator will determine if mask/facial covering and/or face shield are <u>required</u> . This may be influenced by instructional and learning needs of the student and health considerations of all occupants in the room. |
| <i>All staff</i> | <u>Required</u> to wear a cloth mask/facial covering. |
| <i>All Students</i> | Dress code will be modified to include cloth masks/facial coverings as <u>Required</u>. Students will be provided breaks and allowed to remove their mask when outside or in spaces that can accommodate physical distancing. |

Monitor your health daily



- Be alert for symptoms. Watch for a fever, cough, or shortness of breath.
- Parents are **required** to screen their children each day before sending them to school. Use the screening guidance provided (see Appendix and CDC Self-Checker on District Website).
- Staff and students who are sick should stay home.
- Temperatures of symptomatic students or staff may be taken at the school office.
 - Symptomatic students will be isolated, and their guardians contacted.

Health & Safety Protocols

Student & Staff Health

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. Jamestown Public Schools will follow [North Dakota Department of Health guidance](#) and will take the following measures to ensure all students and staff are healthy while they are at school.



Identifying Students & Staff at Higher Risk

- Back to School and enrollment processes will include questions asking families to identify if their child is at-risk, based on a health professionals' diagnosis. This information will be provided to the building principal (COVID-19 Coordinator) who will contact the family and discuss instructional model options.
- The Human Resources Office will inquire of all employees if they are at-risk, based on a health professionals' diagnosis. The HR office will work in partnership with the building principal/director and the employee to coordinate adjustments to the work schedule or workplace, if necessary and as appropriate.
- When the NDDoH or Central Valley Health informs the district of a student or staff member that is COVID-19 positive that information will be passed on to HR and the building principal/director as allowable within district policy and law.
- Temperature checks are not required in the Blue-Green or Yellow phases. If a child is believed to be exhibiting COVID-19 symptoms, the district will follow the student sick procedure.

Isolation & Quarantine

- Definitions (see appendix for more information).
 - Isolation – For people who are already sick from the virus. This prevention strategy is used to separate people who are sick with the virus from healthy people.
 - Quarantine – For people who are not sick but have been exposed to the virus. This prevention strategy is used to monitor people who were exposed for a period of time.
- Jamestown Public Schools will follow isolation and quarantine guidelines and directives as set by NDDoH and Central Valley Health.

If a student or staff members becomes sick at school (or school event)

- Student
 - Direct/escort the child to the office.
 - The child's temperature will be taken at the office.
 - The child shall be provided a mask/facial covering and isolated in the building sick room.
 - The district will follow [NDDoH exclusion guidance](#) with the following exclusion criteria:
 - The staff determines the child is unwilling to participate in activities due to symptoms.
 - The staff determines the school is unable to care for the sick child without compromising the ability of staff to care for the health and safety of the other children/staff in the group/cohort.
 - The child has a fever (100.4°F oral or axillary temperature above 100°F) along with difficulty breathing, changes in behavior, lethargy, irritability, and/or persistent crying.

- The child experiences vomiting two or more times in the preceding 24 hours, unless determined to be caused by a non-communicable condition and the child is able to maintain hydration and participation in regular activities.
 - The child has diarrhea and is unable to self-contain stool.
- Parent/guardian will be contacted to pick up their child.
- Staff
 - Inform your supervisor immediately and wear a face mask/facial covering and/or face shield until they can be replaced if supervising students at that time.
 - Leave the school building/grounds and consult with a health care professional.

Return to School

When a student or staff member has been isolated or quarantined, as directed by NDDoH or Central Valley Health, the [decision tree](#) will be utilized by the NDDoH to determine when they will be allowed to return to school.



Facility Accommodations and Protocols

Modest accommodations, when partnered with other mitigation strategies, will allow the Jamestown Public Schools to provide a safe and healthy environment for the students and staff of the district. The following procedures and protocols will be considered by school teams in making facility accommodations.

Modify Layouts

- Space desks 6 feet apart when feasible.
- Arrange desks and tables to face in the same direction when feasible.

Physical Barriers

- Consider physical barriers, such as sneeze guards and partitions when feasible, particularly in areas where it is difficult to consistently maintain physical distancing.
- Consider using signs, notices, and other developmentally-appropriate physical representations to model physical distancing expectations.
- Physical spaces that contain multiple entrances should consider labeling doors as exit/entrance only.

Communal Spaces

- Consider how to limit occupancy of all communal spaces, such as hallways, lunchrooms, gymnasiums, and auditoriums, with modified or staggered schedules.
- Increase time between groups between space usage to allow for surface cleaning.
- Consider the use of physical barriers or other limiting strategies in bathroom facilities.
- Allow only for the use of bottle-filling stations and encourage staff and students to bring their own water to minimize use and touching of fountains.

Food Service

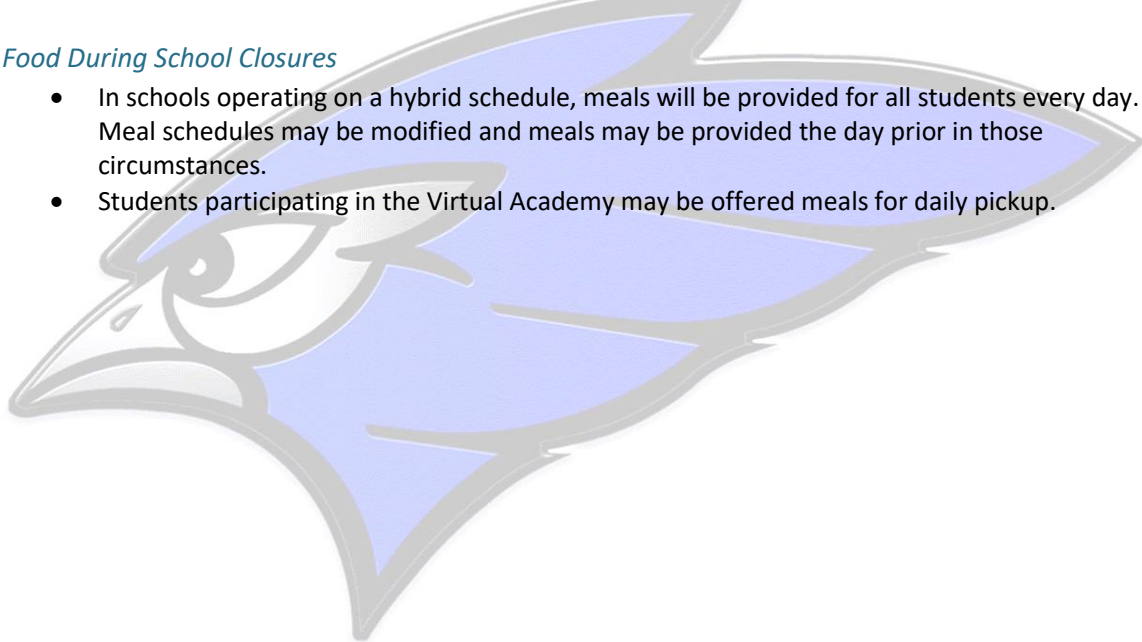
The ability of the Jamestown School District to provide high-quality and nutritious meals is a crucial component of the educational environment. The district shall take the following actions to ensure the students of Jamestown Public Schools receive nourishing meals safely.

Safety Measures

- Touchless points of sale will be used, as appropriate, or food service staff will enter all student lunch numbers to limit the touching/use of shared equipment.
- Food items commonly self-served, which require a shared utensil, will be individually served by food service staff. Food items, if individually served and not requiring a shared utensil, may be self-served.
- Food service staff will utilize masks/facial coverings throughout the preparation and serving of meals.
- Traditionally served lunch options may be limited based on the need or safety and to ensure that all children learning remotely, or in school, will receive a nutritious meal.

Food During School Closures

- In schools operating on a hybrid schedule, meals will be provided for all students every day. Meal schedules may be modified and meals may be provided the day prior in those circumstances.
- Students participating in the Virtual Academy may be offered meals for daily pickup.



Transportation

The Jamestown School District remains committed to providing safe and reliable transportation for our students and families. Families must be aware that school transportation is unable to ensure physical distancing is adhered to on all buses and at all times.

The Jamestown School District will enhance procedures to support safe and healthy practices on district transportation to the best of our ability.

District transportation, which is contracted through Dietrich's Bus Service, is dependent upon drivers. COVID-19 may affect the number of drivers available to Dietrich's and the Jamestown School District. Dietrich's may further limit seats available to comply with their own policies on bus use. These issues may necessitate changes or reductions to district routes. Please note that these changes could occur on short notice. If necessary, the district will prioritize routes in the following order: 1) Special education routes which are directed in a student's Individualized Education Plan (IEP), 2) Rural routes, 3) Elementary students placed outside neighborhood schools, and 4) City routes.

Bus Stops

- Students should maintain physical distancing from other riders, particularly in instances when the riders are not from the same family group and/or are not common to each other.

On the Bus

- At a minimum, masks/facial coverings must be worn in accordance with the district's Health and Safety Plan as it relates to the current threat level. Dietrich's Bus Service may require masks/facial covering expectations that are higher than the current threat assessment level and school district guidance.
- Hand sanitizer will be available on the bus.
- Windows will be kept partially open when possible to support airflow.
- Students may be assigned seats to assist with contact tracing, if necessary.
- Students will be asked to share seats with members of the same household.
- Buses will be sanitized after every route.

Family Dropoff

- Since physical distancing on a bus is not feasible, families are encouraged to drop-off and pick-up their children at school.

Activities/Sports Transportation

- Busing may be limited in out-of-town activities. In these cases, parents may be asked to transport children to activities. As outlined in [School District Policy IEAF](#), students are not allowed to drive to/from extracurricular activities unaccompanied by a parent/guardian without the prior approval from the Superintendent or designee.

Appendix

Operational Guidance

| Blue / Green | |
|-------------------------|--|
| Priorities: | <ul style="list-style-type: none"> • Ensure students and staff who are symptomatic stay at home. • Implement reasonable accommodations to reduce school-wide and community spread. • Hybrid/blended learning may be necessary dependent upon facility size/layout, age of students, enrollment, and staff capacity. • In Phase Green, schedule and activity changes will be considered that minimize the travel of staff and students between buildings. |
| Districtwide Practices: | <ul style="list-style-type: none"> • Physical distancing where possible and reasonable. <ul style="list-style-type: none"> ◦ Distancing on a school bus will be unachievable, we encourage parents to consider alternate transportation for their child. • Buildings routinely cleaned and disinfected according to CDC guidelines with a special focus on high touch/traffic areas. • Handwashing integrated throughout the day. • Hand sanitizer available throughout each building. • Support and train parents on use of technology tools and online curricular resources. • Utilize ND Department of Health Recommendations for Schools • Suspension of Board Policy FDF (Foreign Exchange Students) for the 2020/2021 School Year. • Suspension of some SARB practices if absence is related to illness. |
| Schools: | <ul style="list-style-type: none"> • Protective measures will be implemented in office spaces. • Some school events, assemblies and gatherings may be changed or cancelled. • Access to campus may be limited, with new protocols. |
| Classrooms: | <ul style="list-style-type: none"> • Instructional Plan 1 or 2 is anticipated. • Teachers and staff trained in Schoology and begin to utilize in everyday instruction for the purpose of supporting his/her own growth in an LMS as well as for student training in the event Distance Learning is implemented. • Limited use of shared materials and supplies. • Desks arranged to allow for cohort groups and physical distancing where possible and reasonable. • Staff and students working in close proximity may be required to wear a mask/facial covering. All staff and students will be expected to wear masks/facial coverings. |
| Common Areas: | <ul style="list-style-type: none"> • Students when moving around the building will move in cohort groups to reasonably try to limit exposure to other groups. • Schedules may be altered to reduce cohorts passing in common areas. |

| | |
|-----------------------------|--|
| | <ul style="list-style-type: none"> • Lunch times and location may be altered to reduce the number of students in the cafeteria at any one time. This will be dependent upon each school building's capacity. |
| Extracurricular Activities: | <ul style="list-style-type: none"> • Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. |
| Communications: | <ul style="list-style-type: none"> • Share information about how to stop the spread of COVID-19. |
| Yellow | |
| Priorities: | <ul style="list-style-type: none"> • Ensure students and staff who are symptomatic stay at home. • Maximize physical distancing cohort where possible. • Support blended learning model. • Schedule and activity changes will be considered that minimize the travel of staff and students between buildings. |
| Districtwide Practices: | <ul style="list-style-type: none"> • Based on identified COVID cases of students and staff targeted closures may be implemented (class, grade, department, etc). While other schools remain open and meeting students in person • Physical distancing where possible and reasonable. <ul style="list-style-type: none"> ◦ Distancing on a school bus will be unachievable, we encourage parents to consider alternate transportation for their child. • <u>Buildings routinely cleaned and disinfected according to CDC guidelines</u> with special focus on high touch/traffic areas. • Handwashing integrated throughout the day. • Hand sanitizer available throughout each building. • Support and train parents on use of technology tools and online curricular resources. • Utilize ND Department of Health <u>Recommendations for Schools</u> • Implement technology support line. • Suspension of Board Policy FDF (Foreign Exchange Students) for the 2020/2021 School Year. • Suspension of some SARB practices if absence is related to illness. |
| Schools: | <ul style="list-style-type: none"> • Protective measures will be maintained in office spaces. • Some school events, assemblies and gatherings may be changed or cancelled. • Access to campus may be additionally limited, with new protocols. |
| Classrooms: | <ul style="list-style-type: none"> • Instructional Plan 2 or 3 is anticipated. • Grades 6-12 students will be expected to engage in learning opportunities online through a Learning Management System (LMS) on days they are not in school. • Grades 6-12 teachers are expected to make direct student/family contact at least one time per week. • Further limiting of shared materials and supplies when students are in school. • Desks arranged to allow for cohort groups and physical distancing where possible and reasonable. • The use of masks/facial coverings will be required for staff and students. |

| | |
|------------------------------|---|
| Common Areas: | <ul style="list-style-type: none"> • Students when moving around the building will move in cohort groups and reasonably try to limit exposure to other groups. • Schedules may be altered to reduce cohorts passing in common areas. • Lunch times and location may be altered to reduce the number of students in the cafeteria at any one time. |
| Extracurricular& Activities: | <ul style="list-style-type: none"> • Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. |
| Communications: | <ul style="list-style-type: none"> • Share information about how to stop the spread of COVID-19. • Share technology support resources for parents. |
| Orange / Red | |
| Priorities: | <ul style="list-style-type: none"> • Reduce the risk of community spread by closing schools. |
| Districtwide Practices: | <ul style="list-style-type: none"> • Online instruction will be used district wide in all courses at all grade levels through Schoology, the district-approved Learning Management System. Virtual Academy would continue separately. • Instruction will focus on essential learning targets. • Attendance and academic progress will be expected. • Grading policies will not be suspended. • Consider strategies to ensure device and internet accessibility for all students and families. • Local food distribution may be implemented by food service program. • Suspension of Board Policy FDF (Foreign Exchange Students) for the 2020/2021 School Year |
| Schools: | <ul style="list-style-type: none"> • Closed to the general public except by special arrangement with the district office. • Small group meetings or instruction may be allowed, particularly for special needs students or academic interventions. |
| Classrooms: | <ul style="list-style-type: none"> • Instructional Plan 4 is anticipated. • Students will be expected to engage in learning opportunities online through Schoology. • Teachers are expected to make direct student/family contact at least one time per week. |
| Extracurricular Activities: | <ul style="list-style-type: none"> • Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. • Athletic and other extra/co-curricular activities likely suspended. |
| Communications: | <ul style="list-style-type: none"> • Clear communication about academic expectations and grading shared with students and families. • Share technology support resources for parents. • Student/family support hot-line opened. |



BEFORE SCHOOL!



Parents are asked to review this daily health checklist by answering these questions before sending their child to school.

(Parents do not need to send the questionnaire to school)

Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?

Yes ____ No ____

Does your child have a new or worsening shortness of breath?

Yes ____ No ____

Does your child have a new or worsening cough?

Yes ____ No ____

Does your child have a fever of 100.4 or greater?

Yes ____ No ____

Does your child have chills?

Yes ____ No ____

Does your child have a sore throat?

Yes ____ No ____

Does your child have a new loss of taste or smell?

Yes ____ No ____



If **YES** to any of the questions **STOP!**

Do not send your child to school. Contact your healthcare provider. Contact your child's school to inform them of your child's absence.



If you are able to answer **NO** to all questions, go to school.

Public Health Media Library

Media Library Home

Narrow your results clear filters

TOPIC
choose a topic

KEYWORD
Search

TYPE

- Badges
- Buttons
- Feeds
- HTML Content
- Images
- Infographics
- Microsites
- PDF
- Podcasts
- Podcast Series
- Videos
- Widgets

LANGUAGE:
English

< Return to Previous Page

Coronavirus Self-Checker

Media Detail

CDC Coronavirus Self-Checker

line, or telemedicine provider.

Learn more about COVID-19 and steps you can take to protect yourself and others on the [CDC website](#).

CDC No COVID-19 testing needed at this time

Based on the answers you've given, you do not need to get tested for COVID-19 at this time.

Embed Options

Button Theme
Theme 1: CDC Logo, Large Square Button

Color Theme
White

Language
English

Embed Code

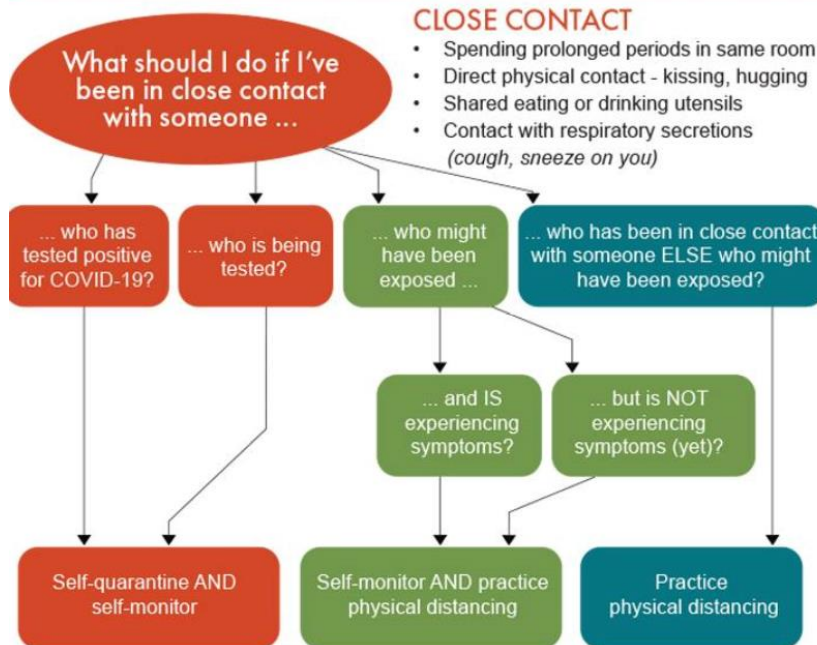
Copy the following code block into your site to syndicate this Web Content.

```
<div data-cdc-widget='healthBot' data-cdc-theme='theme1' class='cdc-widget-color-white' data-cdc-language='en-us'></div>
<script src='https://t.cdc.gov/1M1B'></script>
```

COVID-19: What's the Difference Between Physical Distancing, Quarantine and Isolation?

| | PHYSICAL DISTANCING | QUARANTINE | ISOLATION |
|---|---|---|---|
| Who is it for? | People who haven't been exposed to the virus or are not aware of exposure to the virus. | People who don't currently have symptoms of the virus but were exposed to the virus. | People who are already sick from the virus. |
| What is it? | A precautionary measure used to help prevent the spread of the virus. | A prevention strategy used to monitor people who were exposed to the virus for a period of time to see if they become ill. | A prevention strategy used to separate people who are sick with the virus from healthy people. |
| Where does it take place? | Takes place outside the home in public places like grocery stores and work environments. | Takes place in a home setting. | Can take place in a home when medical attention is not required. Takes place in a hospital when medical care is required. |
| When do I use it? | At all times until further directed by the ND Department of Health. | If you have recently traveled internationally or have known exposure to the virus. | If you have tested positive or have symptoms and have not yet obtained a test. |
| How long is it for? | At all times until further directed by the ND Department of Health. | 14 days after your last exposure. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine. | A minimum of 10 days from the beginning of symptoms and 72 hours after your fever is gone without the use of fever-reducing medicine and other symptoms have significantly improved. |
| What does this mean for my daily life? | <ul style="list-style-type: none"> • Avoid large gatherings. • Stay 6-feet away from people. • If you are unable to stay 6-feet away from other people, wear a cloth face covering. • Call or video-chat with friends or loved ones, particularly those that are elderly or have underlying health conditions that places them at high-risk. • If possible, work from home. • Practice good hygiene and avoid shaking hands or touching your face. • If you become ill and need medical attention, call your health care provider. | <ul style="list-style-type: none"> • Stay at home and avoid close contact with others. • Do not attend school, work or any other setting where you cannot maintain a 6-foot distance from other people. • Call or video-chat loved ones. • For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. • Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often. • Monitor your symptoms. If you become ill and need medical attention, call your health care provider. | <ul style="list-style-type: none"> • Do not leave your home unless it is in an emergency. If you are in a home with others, stay in a "sick" room by yourself and, if possible, do not share a bathroom. • If you have a pet and live with others, do not touch your pet. • For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. Try to stock up for the duration of the isolation. • Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often. • If a caregiver cleans your room or bathroom, they should wear a mask and wait as long as possible after you've used the bathroom. • Contact your health care provider immediately if you experience severe symptoms. |

Last updated 05/07/2020



HOW DO I ...

Self-Quarantine

- Stay home for 14 days.
- Avoid contact with other people.
- Don't share household items.

Self-Monitor

- Be alert for symptoms of COVID-19, especially a dry cough or shortness of breath.
- Take your temperature every morning and night and write it down.
- Call your doctor if you have trouble breathing or a fever (100.4°F/38°C).
- Don't seek medical treatment without calling first!

Practice Physical Distancing

- Stay home as much as possible.
- Don't physically get close to people.
- Try to stay 6 feet away.
- Don't hug or shake hands.
- Avoid groups of people.

WHAT IF I HAVE SYMPTOMS? Call your health care provider.