## (Updated) District Guidelines following the changes for Quarantines

Effective December 2, 2020 the Center for Disease Control issued new guidance reducing the number of days close contacts will need to quarantine following an exposure to a COVID-positive individual. Below, we've highlighted the changes that will be implemented immediately at Valley City Public Schools:

## 1. 10-Day Quarantine

An individual identified as a close contact will be required to quarantine for 10 days following the last date of exposure. Individuals must be symptom free for at least 24 hours prior to returning.

## 2. Negative Test (on or after Day 6)

An individual identified as a close contact and required to quarantine may end their quarantine and return back to school on or after day 8 if they provide documentation of a negative test that was completed on or after day 6 following the last date of exposure and must also be symptom-free for at least 24 hours prior to returning.