



This institution is an equal opportunity provider. Menu subject to change

# Wednesday, August 25

# Breakfast

Breakfast Cookie Fruit, Juice & Milk

# Lunch

Hamburger -or-Hotdog PB Sandwich & Yogurt

**Potato Chips** 

# Thursday, August 26

# Breakfast

CinniMinis & Yogurt Fruit, Juice & Milk

## Lunch

Chicken Patty Sloppy Joe PB Sandwich & String Cheese

> Coleslaw **Baked Beans**

# Friday, August 27

# **Breakfast**

Chocolate Chip Breakfast Bar Fruit, luice & Milk

## Lunch

Italian Dippers with Marinara Sauce Turkey & Cheese Sandwich

PB Sandwich & Yogurt

Green Beans

# WELCOME BACK

**HI-LINERS!** 

# **Available Daily** Fresh Salad Bar filled with colorful fruits & vegetables **Variety of Milk choices** offered at meals All Breakfasts served with Fruit, Juice & Milk

# Monday, August 30

#### **Breakfast**

Cereal & Bagel-lefferson PB & I Uncrustable-Wash. Fruit, Juice & Milk

## Lunch

Chicken Nuggets & **Breadstick** -or-Ham Sandwich -or-**PB Sandwich & Yogurt** 

Sherbet Cup

# Tuesday, August 31

## **Breakfast**

Whole Grain Mini Donuts Fruit, Juice & Milk

# Lunch Pizza

PB Sandwich & String Cheese

Corn

# Wednesday, September I

#### **Breakfast**

Banana Bread & Hard Boiled Egg, Fruit, Juice & Milk

#### Lunch

Pasta with Red Sauce or Chicken Alfredo Sauce And Breadstick **PB Sandwich & Yogurt** 

# Thursday, September 2

# **Breakfast**

Choc Chip Breakfast Bar Fruit. luice & Milk

#### Lunch

Breakfast For Lunch Cheese Omelet & Muffin Pancakes & Sausage Links

PB Sandwich & String Cheese

# Friday, September 3

## **Breakfast**

Yogurt Parfait & Choc Chip Gripz, Fruit, Juice & Milk

#### Lunch

Cheesy Breadsticks Turkey & Swiss Sandwich

**PB Sandwich & Yogurt** 

Warm Cinnamon Apples

# Monday, September 6



# Tuesday, September 7

# **Breakfast**

Whole Grain Long John Fruit, Juice & Milk

# Lunch

Hamburger -or-Hot Ham & Cheese PB Sandwich & String Cheese

Potato Chips

# Wednesday, September 8

# **Breakfast**

Breakfast Wrap Fruit, Juice & Milk

# Lunch

Pasta Bake & Breadstick Shrimp Poppers & Breadstick PB Sandwich & Yogurt

# Thursday, September 9

# **Breakfast**

French Toast Fruit, Juice & Milk

# Lunch

French Dip -or-Mac & Cheese PB Sandwich & String Cheese

Green Beans

# Friday, September 10

# Breakfast

Breakfast Cookie Fruit, Juice & Milk

# Lunch

Super Beef Nachos **PB Sandwich & Yogurt** 

Refried Beans

# Monday, September 13 **Breakfast** Mini Waffles Fruit, Juice & Milk Lunch Rib Sandwich -or-Corn Dog **PB Sandwich & Yogurt Baked Beans** Coleslaw Monday, September 20 Breakfast Breakfast Cookie Fruit, Juice & Milk Lunch

# Tuesday, September 14 **Breakfast**

Yogurt Parfait & Gripz Grahams, Fruit, Juice & Milk

# Lunch

Italian Dippers with Marinara Sauce Turkey & Cheese Sandwich PB Sandwich & String Cheese

Green Beans

# Wednesday, September 15

# Breakfast

Cinnamon Toast Crunch Bar Fruit, Juice & Milk

# Lunch

Chicken Strip & Roll Meatloaf & Roll **PB Sandwich & Yogurt** 

**Scalloped Potatoes** 

# Thursday, September 16

# **Breakfast**

Mini Pancakes Fruit, Juice & Milk

# Lunch

PRIDE OF DAKOTA DAY Cloverdale HotDog Cavendish Farms French Fries PB Sandwich &

Local fresh fruits & veggies

Sunopta Sunflower Seeds

# Friday, September 17

# Breakfast

Choc Chip Breakfast Bar Fruit, Juice & Milk

# Lunch

Walking Taco **PB Sandwich & Yogurt** 

Beef & Bean Burrito w/ Cheese Sauce -or-Pizza Crunchers -or-**PB Sandwich & Yogurt** 

# Tuesday, September 21

# **Breakfast**

Muffin Fruit, Juice & Milk

# Lunch

Past with Red Sauce or Chicken Alfredo Sauce & Breadstick PB Sandwich & String Cheese

# Wednesday, Sept 22

# Breakfast

Breakfast Wrap Fruit, Juice & Milk

# Lunch

Pizza -or-PB Sandwich & Yogurt

**EARLY DISMISSAL** 

# Thursday, September 23

# **Breakfast**

Cinnamon Roll Fruit, Juice & Milk

# Lunch

Sloppy Joe **Chicken Patty** PB Sandwich & String Cheese

**Baked Beans** 

# Friday, September 24

# Breakfast

MVP Donut & Go-gurt Fruit, Juice & Milk

# Lunch

Popcorn Chicken -or-Fish Taco **PB Sandwich & Seeds** 

> Seasoned Rice Cookie

# Monday, September 27

# **Breakfast** Choc Chip Breakfast Bar Fruit, Juice & Milk

# Lunch

Chicken Nuggets & Breadstick -or-Ham Sandwich

**PB Sandwich & Yogurt** 

**Baked Potato** 

# **Tuesday, September 28**

# **Breakfast**

Whole Grain Mini Donuts Fruit, Juice & Milk

# Lunch

Pizza PB Sandwich & String Cheese

Corn

# Wednesday, Sept 29

# **Breakfast**

Banana Bread & Hard Boiled Egg, Fruit, Juice & Milk

# Lunch

Turkey Gravy & Roll Chicken Drumstick & Roll **PB Sandwich & Yogurt** 

Mashed Potatoes

# Thursday, September 30

# **Breakfast**

PB & | Uncrustable Fruit, Juice & Milk

# Lunch

Cheese Omelet & Muffin Pancakes & Sausage Links PB Sandwich & String Cheese

Warm Cinnamon Apples

# Friday, October I

# **Breakfast**

Yogurt Parfait & Choc Chip Gripz, Fruit, Juice & Milk

# Lunch

Pasta Bake & Breadstick Shrimp Poppers & Breadstick PB Sandwich & Seeds



# EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

**WELLNESS IS A WAY OF LIFE!**