## CENTRAL VALLEY HEALTH DISTRICT

# ANNUAL REPORT 2021





Central Valley Health District

## STUTSMAN AND LOGAN COUNTIES

## INTRODUCTION

### OUR MISSION

Prevent, promote, and protect for optimal community health.

### OUR VISION

To be the healthiest community to live, learn, work, and play.

### OUR VALUES

#### COLLABORATION

Working with other facilities and services in the community to promote optimal health.

#### SCIENCE

Support and promote evidencebased practices.

#### TEAMWORK

Working together to share purpose and common goal.

#### RESPECT

Embrace the dignity and diversity of individuals, groups, and communities.

#### PREVENTION

Using knowledge to prevent disease and injury and make smart decisions to stay healthy.

#### INNOVATION

Integrating new ideas and technology into practical processes to improve our effectiveness.

#### EXCELLENCE

Achieve the highest quality in what we do.

### OUR STRATEGIC PRIORITIES

- Increase awareness of values of public health in our community.
- Develop and implement strategies to obtain sustainable, adequate public health.
- Ensure optimal competent workforce to fulfill our mission.
- Focus public health practice to address the determinants of health.
- Practice collaborative/integrative leadership.
- Commit to continuous quality improvement.
- Enhance our ability to respond to emerging health issues.

## STAFF MEMBERS

#### 2021 STAFF

FOND FAREWELL

### Riley Akervik, <1 year Jenn Amundson, 5 years Frank Balak, 10 years Marcie Bata, 13 years Michael Cumber, <1 year Tonya Drenth, 18 years Kara Falk, 6 years Deb Fischer, 20 years Karena Goehner, 12 years Robin Iszler, 32 years Rachel Jennings, <1 year Kari Johnson, <1 year Shannon Klatt, 5 years Kim Lee, 7 years Sara Moser, 6 years Nancy Neary, 20 years Abby Nelson, 2 years Annette Niemeier, 30 years Maggie Remmick, <1 year Beth Schwartz, 20 years Jill Wald, 3 years Lynn Walden, 13 years

## Anita Berland, 32 years Tami Dillman, 19 years Gage Weatherly, <1 year

Board of Health: Laurel Haroldson

#### **BOARD MEMBERS**

- Dr. James Torrance
- Darla Reed
- Heidi Larson
- Cindy Schaar
- Dennis Ova
- Charles Johs
- Robert Lech



FOND FAREWELL Congratulations Tami & Anita!

## EXECUTIVE SUMMARY

#### COVID-19

Central Valley Health continued to respond to the COVID-19 Pandemic in 2021. COVID vaccine arrived at the end of 2020 and CVHD moved to public vaccination clinics at the Civic Center starting in January 2021. We began using the State online immunization program, called Prepmod, for vaccine registrations and appointments. By March 11 (one year anniversary of the first COVID case in North Dakota), there had been 8,807 vaccinations administrated in the local community, and of those, 5,500 were administered by CVHD.

Governor Doug Burgum declared an end to the pandemic in North Dakota in April 2021. That did not end our COVID response at CVHD. The North Dakota National Guard supported CVHD in COVID testing until June 2021. In June 2021, the NDDoH began supporting testing 3 days a week at the Civic Center which continued throughout 2021. COVID cases continued to decline over the summer 2021, but by the fall, the Delta variant had emerged leading to more cases of COVID, then the Omicron variant emerged as we entered 2022.

#### **New Grants**

**Health Equity Grant & Immunization Grant.** Funding was received through NDDoH to support COVID-related activities which included increasing vaccine confidence and health equity in the community. Two new staff were hired for these two-year grant opportunities.

**Substance Use Prevention Block Grant**. Funding received through NDDoH in 2020 continuing through 2023 allowed CVHD to partner with the City of Jamestown and the Jamestown Police Department to target substance use prevention efforts in downtown Jamestown through enhanced surveillance measures. A new security system was purchased in 2021 for parking lots in downtown Jamestown. The project is expanding to include city parks in 2022.

**Maternal Child Health (MCH) Grants.** Funding was received through NDDoH to support two opportunities to target sport/back-to-school physicals and child obesity prevention. These programs will start in 2022.

**HRSA Grant.** CVHD continues to partner with City-County Health District for substance use prevention efforts.

#### **Other Happenings**

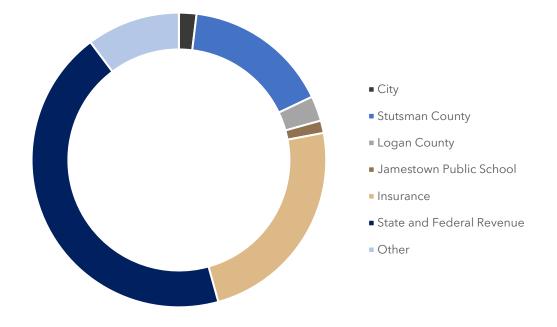
The Legislative Session in 2021 impacted public health in many ways. Various bills restricted public health measures for prevention, with one bill related to limiting the power of the Governor and State Health Officer regarding the pandemic. Another bill to form an on-site septic board was approved. A bill to combine NDDoH with the Department of Human Services was also approved.

We slowly worked to resume to normal operations, however, with continued spikes in COVID numbers over the year, testing and vaccinations continued to consume most of our efforts in 2021.

#### - ROBIN ISZLER, UNIT ADMINISTRATOR

## FINANCIAL REPORT

### **REVENUE SOURCES**



Source	<b>Funds Received</b>	Percent Revenue
State and Federal	\$1,369,163.91	44%
Insurance/Fees	\$734,331.59	24%
Stutsman County	\$497,965.54	16%
Other Project Income	\$318,656.18	10%
Logan County	\$85,372.82	3%
City of Jamestown	\$59,724.00	2%
Jamestown Public School	\$42,400.00	1%

### 2021 TOTAL REVENUE = \$3,086,921.38

#### State & Federal Funds vs. Local Funds

For every State & Federal dollar received in 2021, local sources gave:

Stutsman County	\$0.36
Logan County	\$0.06
City of Jamestown	\$0.04

## COVID-19 RESPONSE TIMELINE

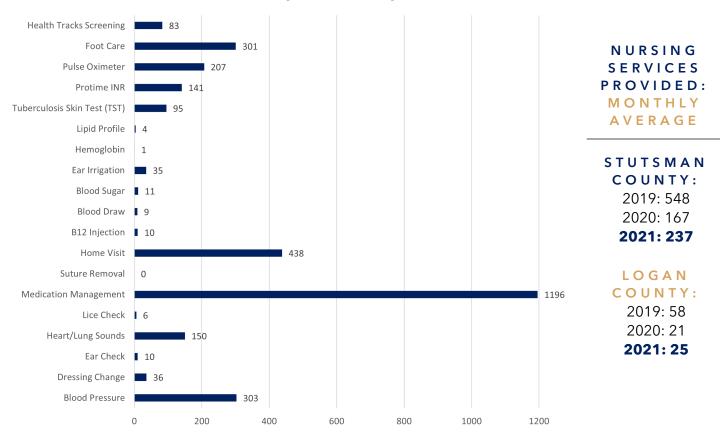
January	• Testing and vaccinations continue. Vaccine is prioritized to essential workers, including health care workers and first responders.
	• ND legislative session begins - controversial bills include limited powers of local officials in making mask mandates.
January 1	104 active COVID cases in Stutsman County.
January 12	<ul> <li>We pilot the ND Prepmod immunization system for data entry of COVID vaccinations as we are unable to keep up with entry using our current methods</li> </ul>
January 14	<ul> <li>CVHD provided 678 COVID vaccinations – 1,448 were provided in the County by all providers.</li> </ul>
January 27	27 positive cases for COVID in Stutsman County.
February	• CVHD and others follow the vaccine tiers for vaccinations given. Priority Tier 2 includes those 75 and older.
March 11	<ul> <li>8,807 total vaccinations given in Stutsman County - 5,500 by CVHD.</li> <li>One year since the start of COVID.</li> <li>Today, there are 19 positive active cases.</li> </ul>
March 26	Vaccine available for anyone that wants it.
March 28	• 5 active COVID cases - lowest number since March 2020.
April	• Since the start of the pandemic, 80 people have died of COVID-19 in Stutsman County and 8 people have died of COVID in Logan County.
April 12	<ul> <li>J and J vaccine was put on hold due to adverse reactions reported among those receiving the vaccine - 6 women with 1 death reported due to blood clots.</li> </ul>
April 15	<ul> <li>46 active positive cases – most since January 11, 2021.</li> </ul>
April 17	Running of the Green occurs in Jamestown ND
April 22	<ul> <li>Start to hear about positive cases involved with Running of the Green.</li> <li>Currently 32 positive cases in Stutsman County.</li> <li>Governor vetoes the mask mandate bill - which was amended to limiting the Governor and State Health officer from issuing mask mandates.</li> <li>The Senate and House override the Governor's veto.</li> </ul>
April 27	<ul> <li>North Dakota and Canada partner to vaccinate truckers coming to the US from Canada.</li> </ul>
April 29	<ul> <li>42 active positives. Numbers start to decline for positive cases in Stutsman County.</li> </ul>
April 30	• Governor declares that the pandemic emergency declaration will end on April 30, 2021.
May 11	• CVHD has administered 178 J and J vaccinations, 6,663 Moderna and 2,698 Pfizer for a total of 9,539 COVID vaccinations administered.
May 13	<ul> <li>Pfizer expands EUA to include vaccinations for those 12 and older.</li> <li>CDC revises masking recommendations - individuals that are fully vaccinated will no longer need to mask around others who are fully vaccinated.</li> </ul>
May 14	<ul> <li>Total number of Deaths in Stutsman County - 81 died from COVID - 10 Deaths recorded in Logan County from COVID (to date). Stutsman County is at 49% vaccination rate for one dose coverage of COVID vaccine.</li> </ul>

## COVID-19 RESPONSE TIMELINE

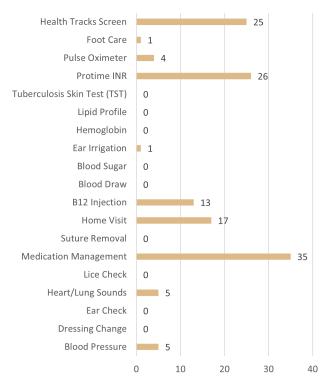
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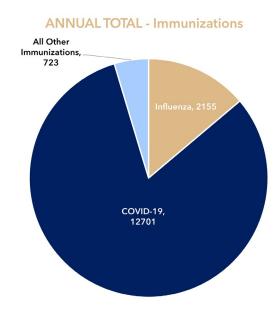
## NURSING SERVICES

#### Stutsman County - Annual Total by Service



#### Logan County - Annual Total by Service

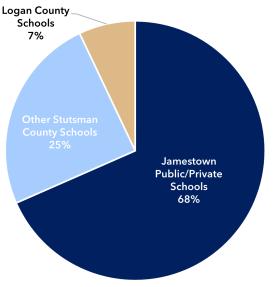




### SCHOOL FLU SHOTS

Central Valley Health nurses provide influenza vaccinations in all Stutsman and Logan County schools every school year.

### SCHOOL FLU SHOTS Overview(%):



#### **#** FLU SHOTS by School:

Jamestown Middle	107
Jamestown High	96
Gussner	54
Roosevelt	52
Montpelier	47
Medina	46
Lincoln	36
Gackle-Streeter	32
St. John's	25
Kensal	25
Buchanan	21
Louis L 'Amour	19
Washington	16
Pingree	11
Napoleon	11
Victory Christian	8
Hillcrest SDA	5
TOTAL	611
STUTSMAN LOG	AN

### JPS SCHOOL NURSING: YEAR IN REVIEW

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General Information
# of Registered Nurses

August 2020 to May 2021

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# of Students in District 2,167
# of Schools in District7
Total Students Seen
School Nurse Office Visit Referral
Students Returned to Class
Students Sent Home7

#### Student w/ Chronic Conditions

Asthma	137
Type I Diabetes	6
Type II Diabetes	2
Seizures	17
Life Threatening Allergy	24
Student 504 or IEP plans contributi	on 4
Students with a chronic condition	32%

#### School Screenings

Fall Vision Screening due to COVID 0
Spring Plusoptix Vision Screenings 75
Spring Plusoptix Referrals



#### **Prevention/Education**

Staff In-Services	14
Staff Educated at the In-Service	327
5th Graders Growth/Development	139
# of student boys educated	68
# of student girls educated	71
4th Graders Growth/Development	75

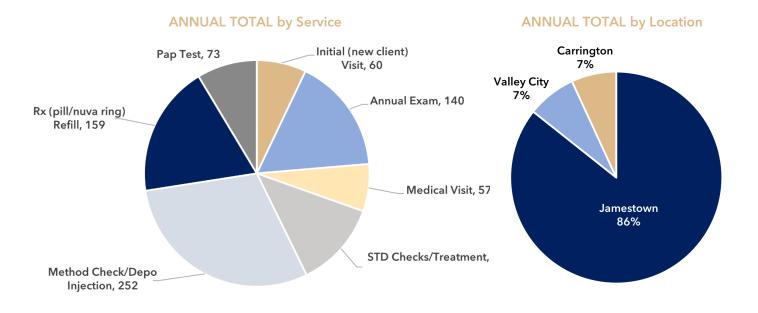
#### School Immunizations

Influenza	572
Tdap	115
Menactra	173
Meningitis B	103

JPS had **293** positive COVID-19 Cases. Nurse provided three months of 24/7 On-Call assistance to JPS Principals during increased positive COVID-19 cases.

## FAMILY PLANNING

CVHD's Family Planning program provides medical, educational, and counseling services on a sliding fee scale. Services include birth control methods, safer sex practices, pregnancy testing and education, health promotion and physical exams, and fertility education. CVHD serves clients in Jamestown, Valley City and Carrington.



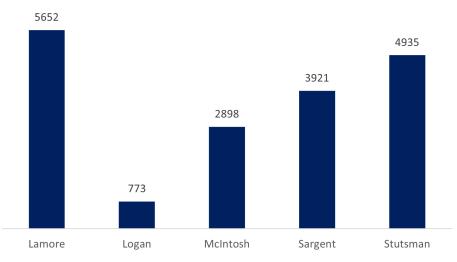
## TITLE III

Title III encompasses aging services for those 60 and older. CVHD partners with LaMoure County Public Health, Sargent County District Health Unit, and McIntosh District Health Unit to offer this program.

Eligible services include:

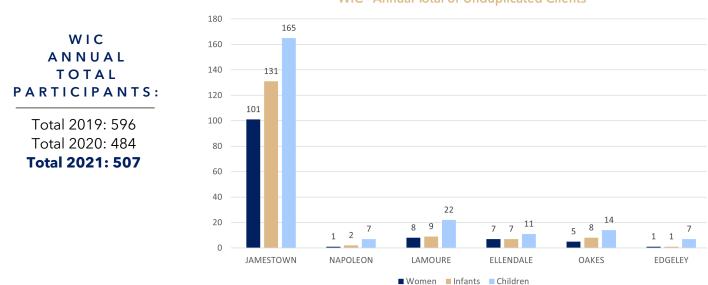
- Blood pressure checks
- Foot care
- Home visits
- Medication management

#### TITLE III - # Service Units in 2021:



## WOMEN, INFANTS & CHILDREN (WIC)

WIC provides funding for supplemental food for low-income women, infants, and children up to age five. CVHD provides the WIC program in the following counties in Region 6: Stutsman, Logan, LaMoure, and Dickey Counties.



#### WIC - Annual Total of Unduplicated Clients

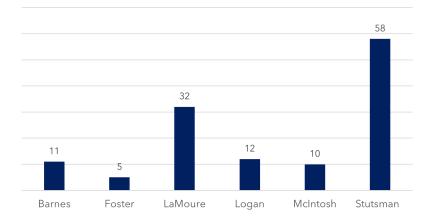
## WOMEN'S WAY

*Women's Way* is a program that pays for breast and cervical screening services for women who meet certain age and income qualifications.

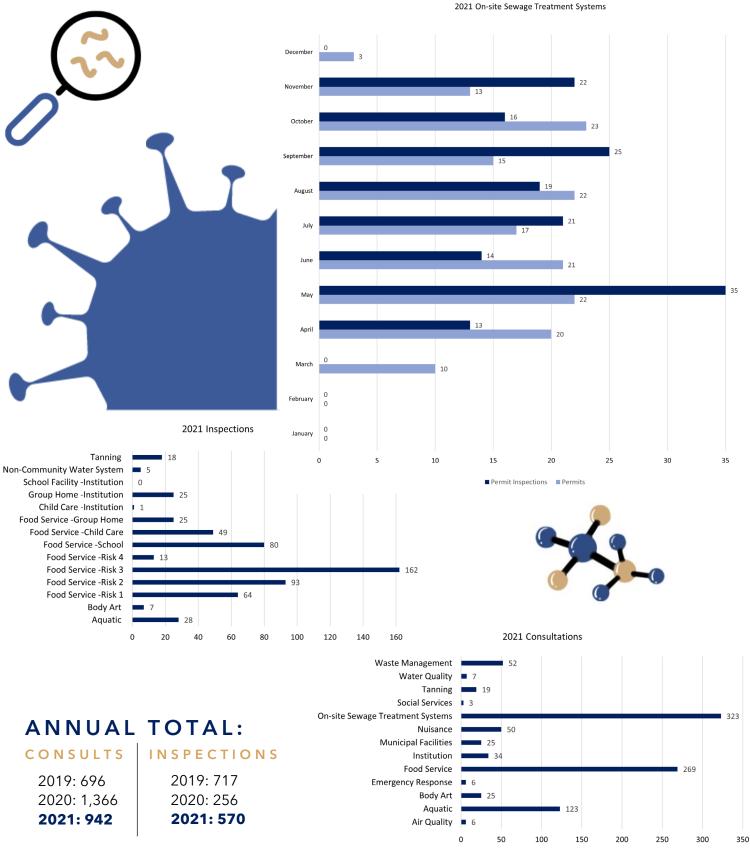
ANNUAL TOTAL:

**G O A L** 2021: **185**  # S C R E E N E D 2021: **128** 

#### WOMEN'S WAY - # Women Screened in 2021



## ENVIRONMENTAL HEALTH



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## EMERGENCY PREPAREDNESS & RESPONSE

#### COVID-19 RESPONSE ACTIVITIES

- 1,000+ interactions with long term care for COVID-19 related messaging using Everbridge
- 150 fit test preformed in the region
- 6 agencies were provided train-the-trainer for respirator fit testing
- 300+ EPR staff hours spent at COVID-19 testing clinics in the region
- 250+ EPR staff hours spent at COVID-19 vaccine clinics in the region

#### PREPAREDNESS ACTIVITIES

- Aided at a Cyberattack tabletop exercise at the Long-Term Care Winter Conference
- Provided evacuation equipment training at the Long-Term Care Spring Conference
- Aided with flood tabletop exercise at Anne Carlsen Center
- Facilitated a long term care evacuation tabletop exercise in LaMoure

#### OTHER ACCOMPLISHMENTS

- Facility backup generator commissioned as planned in February 2021
- Staff attended an Advanced Public Information Officer class



### YOUTH TOBACCO SUMMIT

The Youth Tobacco Summit was postponed due to increasing COVID cases, but we were able to connect our youth advocate to national training opportunities.

- In other youth related outreach, presentations on flavored vaping products were given at all Jamestown Park and Rec summer program locations.
- CVHD participated in the state cessation committee's review of youth educational programs for schools, as well as the review of youth focused cessation programs.

### LEGISLATIVE SESSION

During the legislative session, advocacy efforts with our local legislators were key in defeating a bill that would have amended the state 100% smoke-free law. The bill would have allowed an exemption for cigar bars.

### JPD COLLABORATION

In collaboration with the Jamestown Police Department, a Synar grant was submitted and awarded to fund local compliance checks of licensed tobacco retailers.

• Compliance checks are conducted by law enforcement to monitor sales to minors. Provided outreach and education to all area tobacco retailers regarding the annual state compliance checks conducted each summer.

### LEGAL AGE

Due to the federal law that raised the sale age of tobacco products from 18 to 21, our local youth access ordinance needs amending to reflect this change.

• We are working on updating our local ordinance and are collaborating with the Tobacco Law Center at William Mitchell College of Law in this process.

### **TOBACCO FREE PARKS**

In January of 2021, the Jamestown Park Board held a second reading of the proposed 100% tobacco free parks policy.

- The policy passed and was implemented later that month.
- Signage was posted in early spring.



### COVID-19 PANDEMIC

The pandemic has unfortunately had a negative impact on smoking rates across the country, with rates increasing among both youth and adults.

- Motivation to quit has also decreased.
- We participated in two social media events to increase motivation to quit.
- The first was the CDC's I COVID Quit campaign in which smokers who have quit during the pandemic shared their success stories and encouraged others to access cessation resources.
- The second was Tobacco Free North Dakota's Quit Week.
- During both campaign we promoted both ND Quits, and Central Valley's Tobacco Treatment specialist for those seeking assistance in their quit attempts.

## HEALTH PREVENTION: SUBSTANCE USE

### COMMUNITY BLOCK GRANT

Jamestown Police Department had reported 100+ calls for service in City of Jamestown parking lots in 2020 in regard to substance use and vandalism. To address these issues, CVHD partnered with JPD and the City of Jamestown to create a physical design change by placing security cameras in the problem areas in the city using the Community Block Grant funds.

Other initiatives:

- Fake ID scanners available at various Jamestown bars
- Education and communication via social media

SOCIAL MEDIA

27,417

### PEOPLE REACHED

on Facebook with education and communication regarding substance use prevention.

### SECURITY CAMERA PLACEMENT

4 of 6 PARKING LOTS COVERED

with surveillance systems in 2021, the two remainder parking lots will receive coverage in 2022, with the addition to city parks.

### STATE OPIOID RESPONSE GRANT

CVHD received continuation funding (funding was first awarded in 2018) through NDDoH to continue to target opioid overdose prevention initiatives. CVHD's current objectives for this project include:

- promoting the Opioids: Fill with Care media campaign,
- increasing availability of Narcan,
- providing training to the public on overdose response.

#### **OVERDOSE PREVENTION**

**33** DOSES OF NARCAN distributed in the community, including

first responders, healthcare personnel, and other community members.

## HEALTH PREVENTION: INJURY PREVENTION



CVHD car seat technicians assisting at a community car seat check event.

#### CAR SEAT DISTRIBUTIONS:

State Distributions	20
Private Distributions	14
TOTAL	34

#### CAR SEAT CHECKS:

Car Seat Checks	10
Car Seat Check Events	2

#### **CRIBS FOR KIDS:**

Pack N Plays	2
Distributions	2

## HEALTH EQUITY

CVHD received the Health Equity Grant from NDDoH in 2021 and created a Strategic Plan for 2021-2023 with four health equity goals. *Health Equity* is a concept that all persons should have the opportunity to attain their highest level of health.

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Identify areas of health inequities in Stutsman and Logan Counties based on data drive reports by June 30, 2022.

Assist with integration of health equity and cultural competence into the activities of community partners in Stutsman and Logan Counties by June 30, 2023.

Partner with community groups in Stutsman and Logan Counties to improve vaccine confidence by June 30, 2023.

Increase health equity opportunities and COVID-19 impact by addressing the CHNA priority, Family & Social Support, in Stutsman and Logan Counties by June 30, 2023.

## 2021: YEAR IN REVIEW





CVHD staff at the first COVID pediatric vaccination clinic in the community.







CVHD updated its Infant Friendly Workplace status and created a new Lactation Room for staff and clients



Robin speaking about COVID response at the Association of Counties



