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2023 GYMNASTICS ALL-STATE TEAM

FIRST TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Rylee Olson	11	Dickinson	Casey Berry
Karina Olson	12	Valley City	Alexandria Williams
Julia Skari	10	Jamestown	Bre Carlson
Elizabeth Karsky	8	Dickinson	Casey Berry
Brooklyn Wariner	9	Dickinson	Casey Berry
Haley Conklin	10	Minot	Robbie Werchau
Alyson Krug	11	Bismarck	Rachel Johnson Krug
Reygan Strommen	8	Dickinson	Casey Berry

SECOND TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Taryn Swanson	11	Grand Forks	Megan Johnson
Aspen Roadarmel	9	Dickinson	Casey Berry
Teah Schulte	11	Bismarck Century	Rachel Johnson Krug
Keira Davis	9	Minot	Robbie Werchau
Jerica Lockner	11	Mandan	McKenzie Swallow
Emma Hillerud	12	Jamestown	Bre Carlson
Jenna Jackson	10	Bismarck Century	Rachel Johnson Krug
Alexa Evanger	12	Bismarck Legacy	Rachel Johnson Krug

NDHSCA POWERade Outstanding Senior Athlete - Emma Hillerud, Jamestown

NDHSCA SUBWAY Coach of the Year - Rachel Johnson Krug, Bismarck

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
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 PO Box 5 (w) 701-678-2492
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michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
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