Meet: LHC @ Dallas Center-Grimes

Date: Tuesday, May, 3

Long Jump

Eddie Pringle	**18-05.75**
Tyler Egesdal	**17-05**

High Jump

NO ENTRY

Shot Put

Matthew Vermeer	**26-09**
Jordan MIlligan	**34-00**

Discus

Jordan MIlligan	**89-08**
Alex Veenstra	**89-03**

3200M

Grant Dunsbergen	**10:53.61 (7th)**

4X800M Relay

NO ENTRY

Shuttle Hurdle Relay

NO ENTRY

100M

Colin Stravers	**12.89**
Ryan Van Gilst	**12.37**

400M

Alex Veenstra	**58.76**
Ryan Starkey	**64.20**

4x200M Relay

Colin Stravers	25.31
Joel Larson	24.56
Ryan Van Gilst	24.26
Eddie Pringle	22.95
	1:37.08 (3rd)

110M Hurdles

NO ENTRY

1600M

Grant Dunsbergen	**5:00.04 (7th)**

200M

Eddie Pringle	**23.67 (3rd)**
Joel Larson	**25.05**

400M Hurdles

Ryan Starkey	**1:07.30**

1600M Medley Relay

Tyler Egesdal - 200M	26.89
Michael Munoz - 200M	26.75
Jaydon Vande Noord - 400	62.51
Brett Natelborg - 800M	2:28.60
	4:25.02 (6th)

800M

Charles Yang	**3:02.95**
Ben Diehl	**2:25.75**

4x100M Relay

Colin Stravers	11.82
Joel Larson	11.02
Ryan Van Gilst	11.43
Eddie Pringle	12.07
	46.34 (5th)

4x400m Relay

Colin Stravers	58.91
Michael Munoz	61.88
Jaydon Vande Noord	64.00
Alex Veenstra	58.33
	4:03.88 (7th)

Team Standings

Pella	183
DCG	163
Grinnell	92
Norwalk	89
Oskaloosa	70
Newton	55
Pella Christian	**25**