

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa
Drake Stadium
Performance List

Event 6 Boys 100 Meter Dash 3A (24) Prelims

Thursday 5/19/2016 - 11:02 AM

State Record: 10.76 2002 Adam Haluska, Carroll

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed Time	
1	Wall, Brady	11 SB-Luton	10.99	1
2	Hicks, Eli	12 Boone	10.99	1
3	Christensen, Nate	12 Solon	11.02	1
4	Freeman, Rancy	09 DC-Grimes	11.12	1
5	Harris, Terry	11 Central DeWitt	11.12	2
6	Neese, Max	12 Greene County	11.18	2
7	Zwiefel, Keagan	12 Algona	11.18	1
8	Sharp, Peyton	12 Nevada	11.24	2
9	Perfect, Noah	10 Webster City	11.24	3
10	Johnson, Elijah	11 Boone	11.26	4
11	Dunlap, Reece	10 Perry	11.27	3
12	Van Sant, Chase	12 Pella	11.27	1
13	Hyland, Nick	12 Vinton-Shellbrg	11.27	1
14	Micetich, Taylor	12 Centerville	11.29	1
15	Kloft, Jacob	12 Maquoketa	11.30	3
16	Millermon, Dylan	11 Carroll	11.30	2
17	Redd, Fejon	12 Fairfield	11.31	2
18	Kuntz, Alden	09 Wahlert, Dub	11.33	4
19	Dvorak, Cody	11 Gilbert	11.35	5
20	Levy, Jayce	10 Assumption	11.36	3
21	Wilson, Riley	12 Crestwood	11.38	2
22	George, Matthew	12 SB-Luton	11.39	3
23	Nemmers, Colin	11 LeMars	11.42	2
24	Hughes, Blake	12 Williamsburg	11.43	2

Event 14 Boys 200 Meter Dash 3A (24) Prelims

Thursday 5/19/2016 - 1:10 PM

State Record: 21.56 2002 Adam Haluska, Carroll

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed Time	
1	Wall, Brady	11 SB-Luton	22.27	1
2	Hicks, Eli	12 Boone	22.30	1
3	Hughes, Blake	12 Williamsburg	22.42	1
4	Van Sant, Chase	12 Pella	22.45	2
5	Klein, Marcus	12 Harlan	22.48	2
6	Harris, Terry	11 Central DeWitt	22.50	1
7	Girres, Drew	12 SB-Luton	22.64	3
8	Christensen, Nate	12 Solon	22.66	2
9	Johnson, Elijah	11 Boone	22.69	2
10	Zwiefel, Keagan	12 Algona	22.72	1
11	Ontiveros, Will	12 Assumption	22.73	1
12	Cox, Matt	12 North Polk, A	22.75	3
13	Freeman, Rancy	09 DC-Grimes	22.85	2
14	Neese, Max	12 Greene County	22.85	1
15	Rosing, Noah	11 Ballard	22.92	4
16	Decker, Mavrick	11 Glenwood	22.96	4

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Event 14 ... (Boys 200 Meter Dash 3A (24) Prelims)

Name	Year	School	Seed Time	
17 Biliew, Nhial	12	Denison-Schlswg	22.97	5
18 Micetich, Taylor	12	Centerville	23.00	2
19 Clark, Kolbie	11	S Tama Cty, Tama	23.08	3
20 Wilson, Riley	12	Crestwood	23.11	1
21 Dunlap, Reece	10	Perry	23.13	3
22 Rose, Tyjon	10	Ia Falls-Alden	23.21	5
23 Van Maanen, Myles	12	Boy-Hul/Rock Val	23.32	2
24 Kerian, Dalton	12	Crestwood	23.58	2

Event 22 Boys 400 Meter Dash 3A (24)

Thursday 5/19/2016 - 1:50 PM

State Record: 48.11 5/20/2005 Greg Offerman, Charles City

All-Time: 47.01 2002 Calvin Davis, Iowa City High

Name	Year	School	Seed Time	
1 Frost, JoJo	11	Center Point	49.38	1
2 Barnes, Joel	12	Vinton-Shellbrg	49.83	2
3 Bartz, Tyler	11	Vinton-Shellbrg	49.95	3
4 Chandler, Jordan	11	Waverly-SR	50.31	4
5 Emmanuel, Ross	12	Fairfield	50.36	1
6 Klein, Marcus	12	Harlan	50.44	1
7 Allen, Sam	11	Grinnell	51.06	1
8 Biliew, Nhial	12	Denison-Schlswg	51.08	2
9 Kennedy, Nate	10	Glenwood	51.26	3
10 Clark, Kolbie	11	S Tama Cty, Tama	51.37	2
11 Nelson, Nick	12	Winterset	51.43	1
12 Sanchez, Terrence	12	SB-Luton	51.46	4
13 Gatrost, Wyatt	12	Center Point	51.49	5
14 Medina, Adan	11	Perry	51.62	2
15 Jacobsen, Anthony	12	DC-Grimes	51.66	3
16 Ontiveros, Will	12	Assumption	51.70	2
17 Boekelman, Ty	10	SB-Luton	51.76	5
18 Odden, Kaleb	11	Ballard	52.01	1
19 Dodd, Brennen	11	Newton	52.12	3
20 Sheridan, Devin	10	Ia Falls-Alden	52.32	2
21 Dall, Graeson	11	Solon	52.35	1
22 Renken, Zach	11	Spirit Lake	52.48	1
23 Eldridge, Jeremiah	12	Spirit Lake	52.98	2
24 Feldman, Jacob	12	Mt Vernon	53.11	2

Event 30 Boys 800 Meter Run 3A (24)

Saturday 5/21/2016 - 10:50 AM

State Record: 1:53.74 2008 Isaac Wendland, Charles City

All-Time: 1:49.3h 1975 David Korir, Cedar Rapids Washington

Name	Year	School	Seed Time	
1 Emmanuel, Ross	12	Fairfield	2:00.77	1
2 Huyser, Carter	09	Oskaloosa	2:02.21	2
3 Vande Lune, Payson	12	Pella	2:02.21	1
4 Haun, Brett	12	North Polk, A	2:02.33	1
5 Grabow, Pete	12	Assumption	2:02.73	2
6 Schaefer, Jonathan	12	Wahlert, Dub	2:02.75	1

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Event 30 ... (Boys 800 Meter Run 3A (24))

Name	Year	School	Seed Time
7 Gerke, Josh	11	Xavier, CR	2:02.79 2
8 Delaney, Joe	12	Spencer	2:02.81 1
9 Boomsma, Landon	11	Ia Falls-Alden	2:03.12 2
10 Eden, Jaxson	10	Atlantic	2:03.13 1
11 Preston, Levi	12	Harlan	2:03.25 2
12 Casotti, Tyler	09	Boone	2:03.74 3
13 Walsh, Nick	12	Creston	2:03.82 3
14 Dall, Graeson	11	Solon	2:03.86 3
15 Clower, Thomas	10	Grinnell	2:04.04 3
16 Ashley, Seth	12	DC-Grimes	2:04.05 1
17 Vanderham, Kyle	10	Mt Pleasant	2:04.10 3
18 Meyer, River	09	MOC-FV	2:04.12 2
19 Leshner, Wes	11	North Polk, A	2:04.19 4
20 Exline, Bryce	11	Chariton	2:04.34 2
21 Krogmann, Zach	11	Mt Vernon	2:04.45 4
22 Wilch, Peyton	12	Mt Vernon	2:04.56 5
23 Gatrost, Wyatt	12	Center Point	2:06.15 1
24 Meyer, Tim	12	Decorah	2:07.25 2

Event 38 Boys 1600 Meter Run 3A (24)

Saturday 5/21/2016 - 2:01 PM

State Record: 4:09.67 5/23/2015 Thomas Pollard, Gilbert
 All-Time: 4:05.6h 1976 Ed DeLashmutt, Fort Madison

Name	Year	School	Seed Time
1 Peters, Nic	12	Estherville-LC	4:37.41 1
2 Eden, Jaxson	10	Atlantic	4:39.26 1
3 Hagen, Chandler	12	Carroll	4:39.67 2
4 Bach, Myles	10	Marion	4:41.79 1
5 Young, Jack	11	Mt Vernon	4:42.36 2
6 Culpepper, Steven	12	Xavier, CR	4:42.75 3
7 Schulte, Jackson	12	Grinnell	4:43.32 1
8 Tharp, Cole	10	Vinton-Shellbrg	4:44.00 1
9 Orput, JJ	11	Carlisle	4:44.16 1
10 Foughty, Carter	12	MOC-FV	4:45.22 2
11 Engen, Trey	09	Algona	4:45.82 3
12 McMahan, Matt	12	W Delaware	4:45.83 2
13 Wolfe, David	09	Mt Vernon	4:45.90 4
14 Sievers, Adam	12	Pella	4:46.32 2
15 Tener, Jake	12	Clear Crk-Amana	4:46.51 1
16 Hannemann, Gabe	09	SB-Luton	4:46.56 3
17 Waymire, Jacob	10	DC-Grimes	4:46.56 2
18 Fopma, Jeremy	10	Marion	4:46.56 5
19 Covington, Parson	09	Glenwood	4:47.08 4
20 Boomsma, Landon	11	Ia Falls-Alden	4:47.16 1
21 Winegardner, Blaise	10	Pella	4:47.71 3
22 Steffensmeier, Aaron	10	Fort Madison	4:48.38 2
23 Adams, Ryan	11	Independence	4:48.43 3
24 Ockey, John	09	Gilbert	4:51.35 2

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Event 46 Boys 3200 Meter Run 3A (24)

Thursday 5/19/2016 - 10:25 AM

State Record: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time	
1	Bach, Myles	10 Marion	9:54.45	1
2	Schulte, Jackson	12 Grinnell	9:56.59	1
3	Young, Jack	11 Mt Vernon	9:56.69	2
4	Winegardner, Blaise	10 Pella	10:02.68	2
5	Bernhagen, Nick	11 Pella	10:03.41	3
6	Fopma, Jeremy	10 Marion	10:04.34	3
7	Keller, Blake	12 S Tama Cty, Tama	10:06.67	4
8	Peters, Nic	12 Estherville-LC	10:08.59	1
9	Foughty, Carter	12 MOC-FV	10:11.77	2
10	Hagen, Chandler	12 Carroll	10:13.94	1
11	Tener, Jake	12 Clear Crk-Amana	10:14.26	1
12	O'Halloran, Trenton	10 Grinnell	10:14.31	5
13	Orput, JJ	11 Carlisle	10:16.39	1
14	Ritz, Connor	11 Bishop Heelan	10:19.50	2
15	Conroy, Liam	11 Mt Vernon	10:22.16	4
16	Evans, Luke	12 Chariton	10:22.46	2
17	Cavanaugh, Dylan	11 Storm Lake	10:24.02	3
18	McCullough, Eamonn	10 Waverly-SR	10:26.24	1
19	Harrington, Alec	12 Spirit Lake	10:27.25	4
20	Francois, Jonathan	12 Xavier, CR	10:27.54	5
21	Bodenham, Adam	11 Mt Pleasant	10:28.23	2
22	Courtney, Ryan	11 Humboldt	10:28.39	1
23	Hornbuckle, Malachi	10 Nevada	10:29.00	2
24	Larson, Andrew	12 Decorah	10:29.21	2

Event 54 Boys 110 Meter Hurdles 3A (24) Prelims

Friday 5/20/2016 - 9:50 AM

State Record: 14.03 5/23/2014 Connor Ham, Solon

All-Time: 13.60 1977 Randy Elliott, Charles City

State Record: 14.03 5/22/2015 Connor Ham, Solon

Name	Year	School	Seed Time	
1	Reed, Lantz	11 Boone	14.66	1
2	Reed, Gratt	10 Atlantic	14.88	1
3	Reed, Austin	12 Oskaloosa	14.94	1
4	Benshoof, Brad	11 Winterset	14.98	1
5	Buma, Michael	12 Pella	14.98	2
6	Charipar, Bryce	12 Xavier, CR	15.15	1
7	Wright, Dallas	11 Carlisle	15.17	2
8	Sarchett, Logan	12 Center Point	15.31	1
9	Frost, JoJo	11 Center Point	15.34	2
10	Marshall, Koal	10 Benton Comm	15.36	2
11	Baldus, Devan	11 Boone	15.37	2
12	Clark, Blaine	12 Glenwood	15.38	2
13	Ira, Luke	10 Solon	15.38	3
14	Brooks, Blair	10 Marion	15.42	4
15	Lowe, Jake	10 Mt Pleasant	15.43	1

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Event 54 ... (Boys 110 Meter Hurdles 3A (24) Prelims)

Name	Year	School	Seed Time
16 Burns, Cole	10	Mt Pleasant	15.63 2
17 Sharp, Alex	10	Gilbert	15.66 3
18 Bex, Celeb	11	Washington	15.67 3
19 Clapper, Damon	10	DC-Grimes	15.73 3
20 Buhman, Cameron	12	LeMars	15.74 1
21 Black, Andrew	11	Carlisle	15.76 4
22 Ellis, Luke	12	Grinnell	15.80 3
23 Rogers, Ryan	11	Wahlert, Dub	15.81 5
24 Boddie, Quenton	12	LeMars	15.88 2

Event 63 Boys 400 Meter Hurdles 3A (24)

Friday 5/20/2016 - 11:30 AM

State Record: 51.35 5/20/2005 Greg Offerman, Charles City
All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time
1 Frost, JoJo	11	Center Point	53.98 1
2 Whipple, Daric	12	Greene County	55.02 1
3 Holmes, Brendan	12	Atlantic	55.08 1
4 Buma, Michael	12	Pella	55.73 1
5 Heitshusen, Noah	12	Williamsburg	55.76 2
6 Wright, Dallas	11	Carlisle	55.90 2
7 Von Essen, Carter	12	Glenwood	55.91 2
8 Benshoof, Brad	11	Winterset	56.00 3
9 Satern, Trevor	12	Humboldt	56.37 1
10 Renken, Zach	11	Spirit Lake	56.38 1
11 Bertrand, Callen	12	DC-Grimes	56.53 4
12 Petersen, Caleb	12	Glenwood	56.55 3
13 Sharp, Peyton	12	Nevada	56.67 2
14 Lowe, Jake	10	Mt Pleasant	56.74 1
15 Cochrane, Jack	11	Mt Vernon	56.96 1
16 Baldus, Devan	11	Boone	57.03 3
17 Varney, Gabriel	12	Decorah	57.07 2
18 Feather, Jason	12	Spirit Lake	57.08 2
19 Timm, Joe	12	Mt Vernon	57.14 2
20 Skalnik, Garrett	10	DC-Grimes	57.34 5
21 Sharp, Alex	10	Gilbert	57.44 4
22 Reed, Gratt	10	Atlantic	57.65 4
23 Njus, Chris	09	Waverly-SR	57.79 3
24 Secrest-Seelman, Cooper	12	Clear Crk-Amara	58.54 2

Event 75 Boys 4x100 Meter Relay 3A (24) Prelims

Friday 5/20/2016 - 1:10 PM

State Record: 42.18 2008 Xavier, Cedar Rapids, Xavier, CR
D Kramer, D Woolner, C Reed, B Colston
All-Time: 41.33 1996 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Boone		43.32 1
1) Vodenik, Alex 12	2) Sherrard, Kaden 11	3) Johnson, Elijah 11
5) Wiggins, Levi 10	6) Reed, Lantz 11	4) Hicks, Eli 12

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Event 75 ... (Boys 4x100 Meter Relay 3A (24) Prelims)

	Team	Relay	Seed Time	
2	SB-Luton		43.34	1
	1) George, Matthew 12	2) Sanchez, Terrence 12	3) Girres, Drew 12	4) Wall, Brady 11
	5) McGregor, Ryley 11	6) Grote, Nicholas 12		
3	Solon		43.74	1
	1) Black, Bo 11	2) Roeder, Matthew 12	3) Childs, Brandan 12	4) Christensen, Nate 12
	5) Lawson, Spencer 12	6) Ira, Luke 10		
4	Assumption		43.76	1
	1) Schwartzhoff, Patrick 12	2) Levy, Jayce 10	3) Oxendine, Stan 12	4) Ontiveros, Will 12
	5) Lansing, Sean 12	6) Wachal, Caleb 12		
5	Xavier, CR		43.84	2
	1) Junge, Jax 10	2) Murphy, Sean 12	3) Charipar, Bryce 12	4) Stark, Nick 12
	5) Larson, Aaron 09	6) Rocca, John 11		
6	Vinton-Shellbrg		43.93	1
	1) Garwood, Cole 12	2) Barnes, Joel 12	3) Womochil, Jordan 12	4) Hyland, Nick 12
	5) Bartz, Tyler 11	6) Miracle, Conner 11		
7	Nevada		43.97	2
	1) Sellberg, Brendan 10	2) Hillock, Lane 12	3) Fevold, Erik 12	4) Sharp, Peyton 12
	5) Cattnach, Preston 10	6) Edwards, Robert 09		
8	Pella		44.01	1
	1) Buma, Michael 12	2) Van Zee, Avery 10	3) Henry, Nathan 12	4) Van Sant, Chase 12
	5) Shull, Payton 12	6) Webb, Isaak 12		
9	Estherville-LC		44.06	1
	1) McDonald, Myles 11	2) Christensen, Dan 12	3) Miller, Alex 12	4) DeVary, Kyle 12
	5) Sheridan, Robert 11	6) Peters, Nic 12		
10	Crestwood		44.13	2
	1) Slifka, Connor 12	2) Bohr, Tristan 12	3) Wilson, Riley 12	4) Kerian, Dalton 12
	5) McAllister, Austin 11	6) Guyer, Noah 12		
11	Greene County		44.17	1
	1) Neese, Max 12	2) Stoline, Chase 11	3) Lansman, Logan 11	4) Whipple, Daric 12
	5) Schroeder, Nick 11	6) Gorsuch, Mitchell 12		
12	Williamsburg		44.39	2
	1) Hazen-Fabor, Gage 09	2) Heitshusen, Noah 12	3) Greiner, Derek 11	4) Hughes, Blake 12
	5) Powell, Isaiah 11	6) Powell, Mathyan 09		
13	Bond-Farrar		44.41	3
	1) Ridgeway, Trey 10	2) Yeager, Joseph 12	3) Hulme, Cornell 11	4) Schlenker, Cole 12
	5) Vermie, Harrison 12	6) Conn, Christian 09		
14	Webster City		44.43	3
	1) Tanner, Jordan 10	2) Carter, Zane 11	3) Kannuan, Payton 11	4) Perfect, Noah 10
	5) Keenan, Cory 12	6) Kepler, Trace 09		
15	Bishop Heelan		44.46	2
	1) Tameklo, Emanuel 09	2) Karrer, Will 12	3) Winders, Timmy 11	4) Clark, Odessa 12
	5) Yaneff, Joe 09	6) Schiltz, Tommy 09		
16	Algona		44.48	2
	1) Kpor, John 11	2) Christensen, Seth 12	3) Arrowood, Noah 12	4) Zwiefel, Keagan 12
	5) Garman, Darek 12	6) Rash, Landon 12		
17	Benton Comm		44.52	3
	1) Sindt, Connor 11	2) Cooper, Lathan 12	3) Heilman, James 12	4) Michels, Jordan 12
	5) Nolan, Riley 10	6) Nolan, Parker 10		
18	Boy-Hul/Rock Val		44.54	3
	1) Schafer, Jacob 11	2) Post, Brady 12	3) Van Ginkel, Kyle 12	4) Van Maanen, Myles 12
	5) Solberg, Shane 11	6) Moser, Brett 11		

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Event 75 ... (Boys 4x100 Meter Relay 3A (24) Prelims)

Team	Relay			Seed Time
19 LeMars				44.58 4
1) Nemmers, Colin 11	2) Lampe, Carter 12	3) Pauley, Tyler 12	4) Wichers, Mason 12	
5) Buss, Silas 11	6) Frerichs, Laine 12			
20 Spirit Lake				44.61 5
1) Phillips, Jacob 12	2) Moody, Matthew 11	3) Ahrenstorff, Dawson 11	4) Backhaus, Logan 12	
5) Jungjohan, Brock 10	6) Meschede, Cory 12			
21 Carroll				44.64 3
1) Simmons, Nathan 12	2) Kautzky, Cole 12	3) Higgins, Tanner 10	4) Millermon, Dylan 11	
5) Snyder, Brett 12	6) Pauk, Matt 12			
22 Central DeWitt				44.80 4
1) Harris, Terry 11	2) Ellison, Brady 10	3) Templeton, Addison 11	4) Fuller, Gage 12	
5) Ridgley, Collin 11	6) Maxwell, Dylan 10			
23 Carlisle				45.10 2
1) Mortimer, Nate 10	2) Robertson, Brian 12	3) Seskis, Kire 12	4) Stephens, Peyton 12	
5) McCaughey, Gabe 11	6) Henderson, Cole 10			
24 Clear Crk-Amana				46.98 2
1) Goldsmith, David 12	2) Sheely, Dylan 10	3) Stockman, Trever 09	4) Kabbage, Zach 09	
5) Reighard, Jacoby 11	6) Riggan, Grant 11			

Event 83 Boys 4x200 Meter Relay 3A (24)

Friday 5/20/2016 - 10:35 AM

State Record: 1:28.40 5/20/2011 Central Clinton, Ctrl Clinton
C Campbell, J Feldpausch, C Lubben, B Jasper
All-Time: 1:26.40 1997 Iowa City High, Iowa City High

Team	Relay			Seed Time
1 SB-Luton				1:29.35 1
1) George, Matthew 12	2) McGregor, Ryley 11	3) Girres, Drew 12	4) Wall, Brady 11	
5) Sanchez, Terrence 12	6) Boekelman, Ty 10			
2 Estherville-LC				1:30.86 1
1) McDonald, Myles 11	2) Christensen, Dan 12	3) Miller, Alex 12	4) DeVary, Kyle 12	
5) Sheridan, Robert 11	6) Peters, Nic 12			
3 Algona				1:30.87 2
1) Christensen, Seth 12	2) Arrowood, Noah 12	3) Rash, Landon 12	4) Zwiefel, Keagan 12	
5) Garman, Darek 12	6) Kpor, John 11			
4 Carroll				1:31.48 2
1) Simmons, Nathan 12	2) Kautzky, Cole 12	3) Higgins, Tanner 10	4) Millermon, Dylan 11	
5) Pauk, Matt 12	6) Webber, Keegan 12			
5 Benton Comm				1:31.54 1
1) Sindt, Connor 11	2) Cooper, Lathan 12	3) Heilman, James 12	4) Michels, Jordan 12	
5) Nolan, Riley 10	6) Jones, Blake 12			
6 Vinton-Shellbrg				1:31.65 1
1) Garwood, Cole 12	2) Womochil, Jordan 12	3) Miracle, Conner 11	4) Hyland, Nick 12	
5) Barnes, Joel 12	6) Bartz, Tyler 11			
7 Glenwood				1:31.76 3
1) McFarlin, Reagan 12	2) Saddler, Joey 10	3) Nebel, Nate 11	4) Von Essen, Carter 12	
5) Decker, Mavrick 11	6) Vondra, Zach 09			
8 Solon				1:32.12 2
1) Childs, Brandan 12	2) Lawson, Spencer 12	3) Coons, Jacob 11	4) Roeder, Matthew 12	
5) Christensen, Nate 12	6) Kennedy, Austin 11			
9 Crestwood				1:32.14 2
1) Slifka, Connor 12	2) Bohr, Tristan 12	3) Wilson, Riley 12	4) Kerian, Dalton 12	
5) McAllister, Austin 11	6) Guyer, Noah 12			

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Event 83 ... (Boys 4x200 Meter Relay 3A (24))

	Team	Relay	Seed Time
10	Xavier, CR		1:32.24 3
	1) Junge, Jax 10	2) Murphy, Sean 12	3) Charipar, Bryce 12
	5) Goerdt, Cole 10	6) Rocca, John 11	4) Stark, Nick 12
11	LeMars		1:32.42 3
	1) Nemmers, Colin 11	2) Buss, Silas 11	3) Pauley, Tyler 12
	5) Frerichs, Laine 12	6) Lampe, Carter 12	4) Wichers, Mason 12
12	Spirit Lake		1:32.45 4
	1) Phillips, Jacob 12	2) Moody, Matthew 11	3) Ahrenstorff, Dawson 11
	5) Meschede, Cory 12	6) Jungjohan, Brock 10	4) Backhaus, Logan 12
13	DC-Grimes		1:32.59 1
	1) Madsen, Sean 10	2) Kloewer, Austin 12	3) Means, Keaton 12
	5) Freeman, Rancy 09	6) Grimes, Evan 12	4) Washington, Trey 11
14	Central DeWitt		1:32.65 4
	1) Harris, Terry 11	2) Ellison, Brady 10	3) Burke, Matt 11
	5) Frandsen, Tim 12	6) Maxwell, Dylan 10	4) Fuller, Gage 12
15	Williamsburg		1:33.08 1
	1) Hazen-Fabor, Gage 09	2) Greiner, Derek 11	3) Heitshusen, Noah 12
	5) Miller, Dylan 12	6) Powell, Mathyan 09	4) Hughes, Blake 12
16	Nevada		1:33.35 1
	1) Sellberg, Brendan 10	2) Hillock, Lane 12	3) Fevold, Erik 12
	5) Cattanach, Preston 10	6) Nelson, Joven 09	4) Sharp, Peyton 12
17	Assumption		1:33.42 1
	1) Schwartzhoff, Patrick 12	2) Oxendine, Stan 12	3) Levy, Jayce 10
	5) Ontiveros, Will 12	6) Laubenthal, Peter 11	4) Wachal, Caleb 12
18	Bishop Heelan		1:33.57 4
	1) Tameklo, Emanuel 09	2) Winders, Timmy 11	3) Karrer, Will 12
	5) Yaneff, Joe 09	6) Schiltz, Tommy 09	4) Clark, Odessa 12
19	Wahlert, Dub		1:33.63 5
	1) Flynn, Mason 12	2) Klein, Lyle 12	3) Kuntz, Alden 09
	5) Adams, Coby 09	6) Friend, Joe 10	4) Duehr, Joe 12
20	Waverly-SR		1:33.65 3
	1) Njus, Chris 09	2) Hughes, Keaton 11	3) Hemer, Ben 09
	5) McNally, Joe 11	6) Chandler, Jordan 11	4) Sagbo, Rodrigue 10
21	Ia Falls-Alden		1:33.74 2
	1) Rose, Tyjon 10	2) Kuhnle, Austin 12	3) Harding, Cody 12
	5) Elias, Vincent 10	6) Sheridan, Devin 10	4) Meyer, Weston 11
22	Fairfield		1:33.95 2
	1) Redd, Fejon 12	2) Hoskins, Hunter 10	3) Martin, Zach 12
	5) Emmanuel, Ross 12	6) Smithburg, Brandon 11	4) Crile, Alex 12
23	Bond-Farrar		1:33.95 2
	1) Hulme, Cornell 11	2) Yeager, Joseph 12	3) Carlson, John 10
	5) Hill, John 10	6) Vermie, Harrison 12	4) Laven, Mackale 11
24	ADM, Adel		1:34.43 2
	1) McLaughlin, Reece 11	2) Volz, Trey 10	3) Flora, Austin 11
	5) Barcus, Kade 11	6) McCartney, Sam 11	4) Howard, David 11

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Event 91 Boys 4x400 Meter Relay 3A (24) Prelims**Friday 5/20/2016 - 2:20 PM**

State Record: 3:18.24 2009 Bishop Heelan, SC, Bishop Heelan, SC
P Ives, M Malloy, N Berger, B Dougherty

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
B Collins, Z Sandvig, R Keairnes, B McSkimming

Team	Relay				Seed Time
1	SB-Luton				3:23.17 1
	1) Girres, Drew 12	2) Boekelman, Ty 10	3) George, Matthew 12	4) Sanchez, Terrence 12	
	5) McGregor, Ryley 11	6) Freiberg, Alex 10			
2	Glenwood				3:24.94 2
	1) Kennedy, Nate 10	2) Springer, Jaron 12	3) Petersen, Caleb 12	4) Von Essen, Carter 12	
	5) Watson, Kohen 10	6) Little, Seth 11			
3	Center Point				3:26.66 1
	1) Smith, Devin 09	2) Frost, JoJo 11	3) Karteus, Jon 10	4) Gatrost, Wyatt 12	
	5) Ockenfels, Kevin 12	6) Lindsey, Blake 11			
4	Winterset				3:27.26 1
	1) Benshoof, Brad 11	2) VanPelt, Tyler 11	3) Baur, Matt 12	4) Nelson, Nick 12	
	5) Dillinger, Chris 12	6) Tryon, Carter 10			
5	Spirit Lake				3:27.40 1
	1) Phillips, Jacob 12	2) Backhaus, Logan 12	3) Skopec, Adam 10	4) Renken, Zach 11	
	5) Ahrenstorff, Dawson 11	6) Eldridge, Jeremiah 12			
6	DC-Grimes				3:27.53 2
	1) Rude, Jackson 12	2) Jacobsen, Anthony 12	3) Ashley, Justin 12	4) Bertrand, Callen 12	
	5) Ashley, Seth 12	6) Gannon, Brody 11			
7	LeMars				3:27.66 2
	1) Nemmers, Colin 11	2) Lampe, Carter 12	3) Pauley, Tyler 12	4) Wichers, Mason 12	
	5) Buss, Silas 11	6) Louison, Devin 12			
8	Atlantic				3:27.67 3
	1) Reed, Gratt 10	2) Holmes, Brendan 12	3) Sonntag, Dillon 10	4) Whetstone, Zeke 10	
	5) Shadden, Phoenix 11	6) Mullenix, Chase 09			
9	Vinton-Shellbrg				3:28.21 2
	1) Hyland, Nick 12	2) Bartz, Tyler 11	3) Bohnsack, Blake 10	4) Barnes, Joel 12	
	5) Hendrickson, Nolan 12	6) Womochil, Jordan 12			
10	Harlan				3:29.28 4
	1) Rasmussen, Caleb 11	2) Lansman, Will 12	3) Owens, Jon 09	4) Klein, Marcus 12	
	5) Preston, Levi 12	6) Schmitz, Deren 10			
11	Humboldt				3:29.52 1
	1) Nielsen, Tony 12	2) Thomas, Drew 11	3) Witzke, Chris 12	4) Wickett, Mason 12	
	5) Collins, Brayden 12	6) Satern, Trevor 12			
12	Carlisle				3:29.66 3
	1) Rowray, Ben 10	2) Crowley, Joe 10	3) Goodhue, Max 10	4) Wright, Dallas 11	
	5) Van Gorp, Adam 12	6) Baack, Nic 10			
13	Perry				3:29.77 4
	1) Dunlap, Reece 10	2) Garrido, Alexis 10	3) Castellanos, Jose 12	4) Medina, Adan 11	
	5) Thompson, Jacob 12	6) Ivory, Rashon 10			
14	Ia Falls-Alden				3:30.51 2
	1) Sheridan, Devin 10	2) Janssen, Brady 10	3) Haverkamp, Lucas 09	4) Kuhnle, Austin 12	
	5) Harding, Cody 12	6) Moore, Killian 12			
15	Marion				3:31.01 1
	1) Matthes, Eli 12	2) Manderscheid, Jacob 12	3) Hicks, William 11	4) Schmidt, Nathaniel 12	
	5) Brooks, Blair 10	6) Meth, Grant 10			

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	Team	Relay	Seed Time
16	Gilbert		3:32.17 3
	1) Greder, Will 10	2) Swart, Eric 10	3) Blum, Ryan 12
	5) Sharp, Alex 10	6) Dvorak, Cody 11	4) Lawrence, Steven 11
17	Williamsburg		3:32.25 1
	1) Allen, Jacob 09	2) Ritchie, Gavin 11	3) Miller, Dylan 12
	5) Hughes, Blake 12	6) Ling, Ben 10	4) Heitshusen, Noah 12
18	Mt Vernon		3:32.42 2
	1) Hines, Mickey 12	2) Krogmann, Jeremy 11	3) Snedden, Cale 10
	5) Feldman, Jacob 12	6) Krogmann, Zach 11	4) Cochrane, Jack 11
19	Pella		3:33.25 2
	1) Webb, Isaak 12	2) Van Dusseldorp, Josh 11	3) Vande Lune, Payson 12
	5) Wittenberg, Micah 12	6) Buma, Michael 12	4) Van Zee, Avery 10
20	ADM, Adel		3:33.33 5
	1) Perry, Brady 12	2) Volz, Trey 10	3) Howard, David 11
	5) McCartney, Sam 11	6) West, Jacob 11	4) McLaughlin, Reece 11
21	Waverly-SR		3:33.47 3
	1) Njus, Chris 09	2) Cherry, Ryan 10	3) Hughes, Keaton 11
	5) McNally, Joe 11	6) Paulsen, Jedd 10	4) Chandler, Jordan 11
22	Greene County		3:34.29 6
	1) Schroeder, Nick 11	2) Woodruff, Ethan 12	3) Neese, Max 12
	5) Beger, Tyler 12	6) Ford, Nolan 11	4) Whipple, Daric 12
23	Assumption		3:35.80 1 Conv
	1) Schwartzhoff, Patrick 12	2) Oxendine, Stan 12	3) Laubenthal, Peter 11
	5) Brandt, Chase 11	6) Wachal, Caleb 12	4) Ontiveros, Will 12
24	Mt Pleasant		3:36.80 2 Conv
	1) Henley, Avante 09	2) Lamm, Chase 09	3) Ita, Jonathan 10
	5) Vanderham, Kyle 10	6) Davis, Jack 12	4) Sartorius, Brady 10

Event 99 Boys 4x800 Meter Relay 3A (24)**Thursday 5/19/2016 - 12:20 PM**

State Record: 7:49.07 5/19/2011 Spirit Lake Park, Spirit Lake
A Baldwin, K Byers, K Feldick, W Norris
All-Time: 7:44.06 1987 Ames, Ames

	Team	Relay	Seed Time
1	Mt Vernon		8:12.27 1
	1) Cochrane, Jack 11	2) Krogmann, Zach 11	3) Krogmann, Jeremy 11
	5) Young, Jack 11	6) Leopold, Nick 10	4) Wilch, Peyton 12
2	Xavier, CR		8:13.75 2
	1) Gerke, Josh 11	2) Culpepper, Steven 12	3) Van Berkum, Beau 10
	5) Scieszinski, Joe 10	6) O'Connell, Casey 10	4) Skala, Nathan 09
3	DC-Grimes		8:15.03 1
	1) Bravard, Jared 11	2) Ashley, Seth 12	3) Ashley, Justin 12
	5) Chumbley, Trey 12	6) Borneman, Steve 10	4) Rude, Jackson 12
4	Atlantic		8:18.33 1
	1) Holmes, Brendan 12	2) Mullenix, Chase 09	3) Hawkins, Ryan 12
	5) Behrends, Nathan 09	6) Niklasen, Zade 09	4) Eden, Jaxson 10
5	MOC-FV		8:19.08 1
	1) Korver, Christian 12	2) Meyer, River 09	3) Anderson, Michael 12
	5) Foughty, Carter 12	6) Van Der Werff, Jakob 09	4) Wierda, Parker 10
6	Spirit Lake		8:19.11 2
	1) Brown, Billy 12	2) Ramos, Frankie 10	3) Maris, Ryan 11
	5) Feather, Jason 12	6) Butler, Harley 10	4) Skopec, Adam 10

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Event	Team	Relay	Seed Time
7	Wahlert, Dub		8:20.27 3
	1) Schaefer, Jonathan 12	2) Schaefer, Luke 10	4) Hilby, Luke 10
	5) Olk, Michael 12	6) Blossch, Luke 12	
8	LeMars		8:24.49 3
	1) Louison, Devin 12	2) Rieken, Alec 10	4) Waskow, Andrew 10
	5) Golladay, Chandler 12	6) Engebretson, JT 10	
9	Glenwood		8:25.43 2
	1) Springer, Jaron 12	2) Stanislav, Christian 09	4) Blum, Andrew 10
	5) Salerno, Victor 11	6) Covington, Parson 09	
10	Solon		8:27.18 4
	1) Dall, Graeson 11	2) Krutzfeldt, Ben 10	4) Schaackenbach, Jake 12
	5) Holub, Keegan 12	6) Paisley, Cole 11	
11	Winterset		8:27.39 2
	1) VanPelt, Tyler 11	2) Koster, Derek 12	4) Dick, Andrew 12
	5) Nelson, Nick 12	6) Harryman, Curtis 12	
12	Algona		8:27.51 4
	1) Feucht, Sam 12	2) Elbert, Cody 12	4) Engen, Trey 09
	5) Bleuer, Brett 09	6) Kaltschnee, Cameron 11	
13	North Polk, A		8:27.56 1
	1) Albaugh, Brandon 12	2) Leshner, Wes 11	4) Smith, Austin 12
	5) Peterson, John 11	6) Vernon, Flint 09	
14	SB-Luton		8:28.72 3
	1) Savary, Keegan 11	2) Ritz, Easton 09	4) Sader, Aaron 12
	5) Groves, Conner 09	6) DeMoss, Sam 09	
15	Pella		8:28.94 1
	1) Sievers, Adam 12	2) Houtz, Adam 10	4) Vande Lune, Payson 12
	5) Bernhagen, Nick 11	6) Vos, Isaac 11	
16	Harlan		8:29.11 4
	1) Owens, Jon 09	2) Manz, Hunter 09	4) Preston, Levi 12
	5) Hansen, Reagan 11	6) Renkly, Ben 11	
17	Boy-Hul/Rock Val		8:29.28 5
	1) Munoz, Isaac 10	2) Rankin, Billy 09	4) TeSlaa, Sam 09
	5) Roemeling, Austin 10	6) Vogelzang, Zack 09	
18	Perry		8:29.49 3
	1) Thompson, Jacob 12	2) Long, Alex 12	4) Thompson, Zachary 10
	5) Bushiri, Juma 10	6) Kenyon, Brandon 10	
19	Center Point		8:29.85 1
	1) Ockenfels, Kevin 12	2) Hasleiet, Cameron 09	4) Gatrost, Wyatt 12
	5) Dierks, Noah 10	6) Karteus, Jon 10	
20	Mt Pleasant		8:31.14 1
	1) Stukerjurgan, Jacob 09	2) Mertens, Cody 09	4) Davis, Jack 12
	5) Ita, Jonathan 10	6) Bodenham, Adam 11	
21	Humboldt		8:31.82 2
	1) Carlson, Calvin 09	2) Rasmussen, Ivan 11	4) Pederson, Denny 10
	5) Helmer, Noah 09	6) Courtney, Ryan 11	
22	Vinton-Shellbrg		8:32.02 2
	1) Tharp, Cole 10	2) Smith, Cole 11	4) Hendrickson, Nolan 12
	5) Wirth, Scott 11	6) Hekel, Tyler 10	
23	Williamsburg		8:32.55 2
	1) Mews, Gage 12	2) Miller, Dylan 12	4) Ritchie, Gavin 11
	5) Groepper, Grayson 10	6) Heitshusen, Noah 12	

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Event 99 ... (Boys 4x800 Meter Relay 3A (24))

Team	Relay	Seed Time
24 Clear Crk-Amana		8:37.68 2
1) Tener, Jake 12	2) Mouglin, Drake 11	3) Wingert, Jack 11
5) Oxley, Ben 11	6) Thomsen, Tate 11	4) Hinricks, Kage 12

Event 103 Boys 100 Meter Run WC (4)

Saturday 5/21/2016 - 12:12 PM

State Record: 17.81 2000 E.J. Runyan, Johnston

All-Time: 17.81 2000 E.J. Runyan, Johnston

Name	Year	School	Seed Time
1 Woodard, Kadin	09	LeMars	20.95 1
2 Peyton, Ryan	09	Independence	21.00 1
3 Razor, Jordan	10	Bond-Farrar	21.03 1
4 Gehle, Caleb	10	Fort Madison	37.26 1

Event 105 Boys 200 Meter Run WC (4)

Saturday 5/21/2016 - 1:20 PM

State Record: 31.01 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 31.01 5/18/2013 Jon Litzkow, Waterloo, West

Name	Year	School	Seed Time
1 Razor, Jordan	10	Bond-Farrar	40.91 1
2 Woodard, Kadin	09	LeMars	42.16 1
3 Peyton, Ryan	09	Independence	42.86 1
4 Gehle, Caleb	10	Fort Madison	1:23.05 1

Event 107 Boys 400 Meter Run WC (3)

Saturday 5/21/2016 - 3:00 PM

State Record: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

Name	Year	School	Seed Time
1 Peyton, Ryan	09	Independence	1:27.89 1
2 Razor, Jordan	10	Bond-Farrar	1:29.45 1
3 Woodard, Kadin	09	LeMars	1:53.71 1

Event 113 Boys Distance Medley 3A (24)

Friday 5/20/2016 - 12:20 PM

State Record: 3:27.65 2004 Davenport Assumption, Dav. Assumption

B. Irmen, J. Conklin, M. Craddick, B. Adams

All-Time: 3:22.69 2001 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Estherville-LC		3:38.30 1
1) Miller, Alex 12	2) Christensen, Dan 12	3) DeVary, Kyle 12
5) McDonald, Myles 11	6) Sheridan, Robert 11	4) Peters, Nic 12
2 North Polk, A		3:41.08 1
1) Cox, Matt 12	2) Karpinski, Max 12	3) Albaugh, Brandon 12
5) Croat, Grant 10	6) Haun, Brett 12	4) Smith, Austin 12
3 Wahlert, Dub		3:41.15 1
1) Klein, Lyle 12	2) Kuntz, Alden 09	3) Duehr, Joe 12
5) Schaefer, Jonathan 12	6) Olk, Michael 12	4) Hilby, Luke 10
4 Fairfield		3:41.63 1
1) Redd, Fejon 12	2) Crile, Alex 12	3) Martin, Zach 12
5) Hoskins, Hunter 10	6) Angstead, Logan 12	4) Emmanuel, Ross 12

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Event 113 ... (Boys Distance Medley 3A (24))

	Team	Relay	Seed Time
5	Waverly-SR		3:42.21 1
	1) Sagbo, Rodrigue 10	2) Hemer, Ben 09	3) Hughes, Keaton 11
	5) Cherry, Ryan 10	6) Njus, Chris 09	4) Chandler, Jordan 11
6	Ballard		3:42.32 2
	1) Wright, Hunter 10	2) Rosing, Noah 11	3) Odden, Kaleb 11
	5) Snell, Bryce 12	6) Schulze, Kobe 12	4) Stoltz, Max 11
7	Mt Vernon		3:42.53 2
	1) Snedden, Cale 10	2) Randall, Jake 12	3) Hines, Mickey 12
	5) Rodman, Carter 12	6) Wilch, Peyton 12	4) Krogmann, Jeremy 11
8	Glenwood		3:42.56 1
	1) McFarlin, Reagan 12	2) Nebel, Nate 11	3) Kennedy, Nate 10
	5) Springer, Jaron 12	6) Decker, Mavrick 11	4) Blum, Andrew 10
9	Carroll		3:42.56 1
	1) Kautzky, Cole 12	2) Higgins, Tanner 10	3) Pauk, Matt 12
	5) Simmons, Nathan 12	6) Millermon, Dylan 11	4) Hagen, Chandler 12
10	Gilbert		3:42.65 3
	1) Dvorak, Cody 11	2) Jenkins, Ryan 12	3) Greder, Will 10
	5) Lawrence, Steven 11	6) Swart, Eric 10	4) Holck, Garrison 10
11	LeMars		3:42.80 2
	1) Frerichs, Laine 12	2) Grasz, Eric 10	3) Buss, Silas 11
	5) Lampe, Carter 12	6) Rieken, Alec 10	4) Louison, Devin 12
12	Atlantic		3:43.08 3
	1) Niklasen, Zade 09	2) Thomsen, David 12	3) Sonntag, Dillon 10
	5) Reed, Gratt 10	6) Holmes, Brendan 12	4) Mullenix, Chase 09
13	Vinton-Shellbrg		3:43.09 2
	1) Garwood, Cole 12	2) Bartz, Tyler 11	3) Womochil, Jordan 12
	5) Bohnsack, Blake 10	6) Miracle, Conner 11	4) Tharp, Cole 10
14	Center Point		3:43.56 3
	1) Smith, Devin 09	2) Sarchett, Logan 12	3) Karteus, Jon 10
	5) Gatrost, Wyatt 12	6) Frost, JoJo 11	4) Ockenfels, Kevin 12
15	Algona		3:43.56 3
	1) Christensen, Seth 12	2) Arrowood, Noah 12	3) Rash, Landon 12
	5) Feucht, Sam 12	6) Garman, Darek 12	4) Elbert, Cody 12
16	Xavier, CR		3:43.70 3
	1) Stark, Nick 12	2) Murphy, Sean 12	3) Junge, Jax 10
	5) Gerke, Josh 11	6) Rocca, John 11	4) Skala, Nathan 09
17	Spencer		3:43.75 4
	1) Miller, Hunter 11	2) VanWettering, Casey 12	3) Bartley, Mason 12
	5) Delaney, Joe 12	6) Coldren, Walker 10	4) Wempe, Clay 10
18	Assumption		3:43.94 2
	1) Schwartzhoff, Patrick 12	2) Levy, Jayce 10	3) Wachal, Caleb 12
	5) Oxendine, Stan 12	6) Grabow, Pete 12	4) Grubbs, Jared 11
19	DC-Grimes		3:44.01 1
	1) Madsen, Sean 10	2) Grimes, Evan 12	3) Ashley, Justin 12
	5) Jacobsen, Anthony 12	6) Ashley, Seth 12	4) Rude, Jackson 12
20	Decorah		3:44.04 4
	1) Bauer, Drake 12	2) Shindelar, Shawn 11	3) Hemesath, Garret 12
	5) Meyer, Dawson 11	6) Varney, Gabriel 12	4) Hosting, Bryce 12
21	Newton		3:44.26 1
	1) Baltisberger, Clayton 10	2) Karsten, Matthew 10	3) Callagahn, Jack 10
	5) Roush, Jaron 10	6) Miravalles, Josh 10	4) Dodd, Brennen 11

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Event 113 ... (Boys Distance Medley 3A (24))

	Team	Relay	Seed Time	
22	Boy-Hul/Rock Val		3:44.37	5
	1) Solberg, Shane 11	2) Post, Brady 12	3) Schafer, Jacob 11	4) Munoz, Isaac 10
	5) Teunissen, Riley 10	6) TeSlaa, Jamison 12		
23	Grinnell		3:44.54	2
	1) Simon, Jake 11	2) Roudabush, Luke 11	3) Allen, Sam 11	4) Steffen, Landon 10
	5) Ellis, Luke 12	6) Clower, Thomas 10		
24	Winterset		3:53.10	2
	1) Kaldenberg, Jordan 12	2) Baur, Matt 12	3) Nelson, Nick 12	4) VanPelt, Tyler 11
	5) Dillinger, Chris 12	6) Shaw, Kaden 09		

Event 121 Boys High Jump 3A (24)

Thursday 5/19/2016 - 9:00 AM

State Record: 6-11 2008 Colten Kelly, Anamosa
 All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

	Name	Year	School	Seed Mark	
1	Bandy, Matt	10	Wahlert, Dub	6-04.00	1
2	Biliew, Nhal	12	Denison-Schlswg	6-04.00	1
3	Harris, J'Von	11	Oskaloosa	6-04.00	1
4	Hayes, Alec	12	Atlantic	6-04.00	2
5	Cantrall, Cameron	11	Spencer	6-03.00	1
6	McIlravy, Streeter	12	Solon	6-02.00	2
7	Rampton, Grant	12	North Polk, A	6-02.00	1
8	Martin, Coy	10	Mt Vernon	6-02.00	4
9	Roeder, Matthew	12	Solon	6-02.00	3
10	Shindelar, Shawn	11	Decorah	6-01.00	1
11	West, Jacob	11	ADM, Adel	6-01.00	1
12	Wichers, Mason	12	LeMars	6-00.00	2
13	Brooks, Blair	10	Marion	6-00.00	5
14	Carlson, John	10	Bond-Farrar	6-00.00	2
15	Keahna, Keith	09	S Tama Cty, Tama	6-00.00	4
16	Webber, Keegan	12	Carroll	6-00.00	3
17	Ellingson, Michael	12	Washington	6-00.00	1
18	Bohr, Tristan	12	Crestwood	6-00.00	2
19	Swart, Eric	10	Gilbert	6-00.00	2
20	Rutledge, Bubba	12	S Tama Cty, Tama	6-00.00	3
21	Ita, Jonathan	10	Mt Pleasant	5-10.00	2
22	Sheridan, Devin	10	Ia Falls-Alden	5-10.00	3
23	Rash, Landon	12	Algona	5-10.00	3
24	Van Gorp, Adam	12	Carlisle	5-06.00	2

Event 129 Boys Long Jump 3A (24)

Friday 5/20/2016 - 9:00 AM

State Record: 23-04.25 5/23/2014 Chandler Diercks, Clear Lake
 All-Time: 24-09.50 1984 Chris Walker, Davenport Central

	Name	Year	School	Seed Mark	
1	Van Sant, Chase	12	Pella	23-02.25	2
2	Harris, J'Von	11	Oskaloosa	23-02.25	1
3	Van Maanen, Myles	12	Boy-Hul/Rock Val	21-10.00	1
4	Clark, Odessa	12	Bishop Heelan	21-07.50	1
5	Darley, Adam	12	Fort Madison	21-05.50	1

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Event 129 ... (Boys Long Jump 3A (24))

	Name	Year	School	Seed	Mark
6	Carlson, John	10	Bond-Farrar	21-04.25	3
7	Brooks, Blair	10	Marion	21-03.00	1
8	Gholson, Connor	11	Newton	21-02.00	4
9	Bartz, Tyler	11	Vinton-Shellbrg	21-01.50	1
10	Durr, Halston	12	Solon	21-00.75	2
11	Stark, Nick	12	Xavier, CR	20-11.75	3
12	Karpinski, Max	12	North Polk, A	20-11.00	1
13	Davis, Trent	11	Knoxville	20-10.50	5
14	Kannuan, Payton	11	Webster City	20-10.25	2
15	Washington, Trey	11	DC-Grimes	20-09.50	1
16	Lawrence, Steven	11	Gilbert	20-09.50	3
17	Ridgeway, Trey	10	Bond-Farrar	20-08.75	6
18	Klein, Marcus	12	Harlan	20-08.25	2
19	Grimes, Evan	12	DC-Grimes	20-07.50	2
20	Rich, Keegan	10	Mt Pleasant	20-05.50	2
21	McLaughlin, Reece	11	ADM, Adel	20-03.00	3
22	Lawson, Spencer	12	Solon	20-02.75	4
23	Christensen, Dan	12	Estherville-LC	20-02.25	2
24	Feller, Shane	12	Charles City	20-01.75	2

Event 137 Boys Discus Throw 3A (24)

Thursday 5/19/2016 - 11:30 AM

State Record: 187-09 5/17/2012 **Tyler Hovey, Atlantic**
All-Time: 207-08 1978 **Scott Crowell, Mason City**

	Name	Year	School	Seed	Mark
1	Wassenaar, Tyson	11	Pella	178-07.25	1
2	Wirfs, Tristan	11	Mt Vernon	160-05	1
3	Fitten, Cori	12	Mt Pleasant	159-07.50	1
4	Hill, Austin	12	Pella	158-08.75	2
5	Bieker, Jon	12	Harlan	156-06.50	1
6	Schlenker, Cole	12	Bond-Farrar	154-05.50	3
7	Carlson, Nathan	12	Storm Lake	153-09	1
8	Kaiser, Chet	12	SB-Luton	151-07.50	2
9	Wise, Garrett	12	Decorah	149-03	1
10	Schnack, Curtis	12	Harlan	148-11	3
11	Fritz, Michael	11	Fairfield	147-01	2
12	Pullis, Keegan	12	Mt Pleasant	145-07	3
13	Linderbaum, Tyler	10	Solon	145-01	2
14	Cuvelier, Spencer	11	Crestwood	144-10	2
15	Knutson, Logan	11	Williamsburg	143-07.75	4
16	Lukefahr, Jace	10	Newton	143-07.50	5
17	Coons, Jacob	11	Solon	143-01	3
18	Banwart, Cole	12	Algona	142-10	2
19	Denney, Brandon	12	Carroll	142-01.50	4
20	Hovden, Adam	11	Decorah	141-07	3
21	Wadsworth, Colbey	11	Boone	139-00	1
22	Stockdale, Jake	12	Humboldt	136-05	2
23	Croushore, Wyatt	12	DC-Grimes	130-07	1
24	Black, Ethan	10	Winterset	118-11	2

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Event 145 Boys Shot Put 3A (24)

Friday 5/20/2016 - 11:30 AM

State Record: 64-07.75 2009

Drew Clark, Marion

All-Time: 70-11 1968

Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1 Mawdsley, Ben	12	Algona	53-09.50	1
2 Hill, Austin	12	Pella	52-11.00	1
3 Wirfs, Tristan	11	Mt Vernon	51-08.00	1
4 Etherington, Dominic	10	Algona	51-02.00	2
5 Carlson, Nathan	12	Storm Lake	50-00.00	3
6 Snyder, Brett	12	Carroll	49-07.00	1
7 Bieker, Jon	12	Harlan	49-04.75	2
8 Pullis, Keegan	12	Mt Pleasant	49-04.25	1
9 Patterson, Blake	12	Vinton-Shellbrg	48-11.25	1
10 Fitten, Cori	12	Mt Pleasant	48-09.00	2
11 Wadsworth, Colbey	11	Boone	48-08.25	1
12 Stumpff, Quentin	11	Williamsburg	48-07.00	2
13 Linderbaum, Tyler	10	Solon	48-07.00	2
14 DeJong, Nick	09	Pella	48-03.50	3
15 Bird, Tanner	12	Vinton-Shellbrg	48-01.75	2
16 Lillegraven, Andy	10	Decorah	47-10.00	3
17 Dolley, Stephen	12	Nevada	47-03.25	2
18 Schlenker, Cole	12	Bond-Farrar	46-11.00	4
19 Nissen, Nate	12	Spencer	46-10.50	4
20 Walker, Jackson	11	Solon	46-04.25	3
21 White, Cole	10	Clear Crk-Amana	46-01.75	3
22 McCandless, Ian	12	Assumption	45-11.75	4
23 Warmuth, Mason	11	ADM, Adel	44-08.00	1
24 Gordon, Matthew	12	Greene County	43-00.00	2

Event 153 Boys Shot Put WC (3)

Saturday 5/21/2016 - 10:30 AM

State Record: 40-05.50 5/18/2013

Alex Gudenkauf, Dubuque, Senior

All-Time: 37-09.75 5/19/2012

Alex Gudenkauf, DBQ Senior WC

Name	Year	School	Seed	Mark
1 Peyton, Ryan	09	Independence	18-05.25	1
2 Gehle, Caleb	10	Fort Madison	15-03.00	1
3 Woodard, Kadin	09	LeMars	12-03.50	1

Event 156 Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims

Thursday 5/19/2016 - 2:20 PM

State Record: 56.74 5/21/2011

Waverly-SR, Waverly-SR

All-Time: 56.09 4/24/2010

C Chesnut, J Litterer, B Willson, E Larson

Cedar Rapids, Kennedy, CR Kennedy

C Bradley, M. Martin, R Dusil, J Losch

Team	Relay	Seed	Time
1 Mt Pleasant		58.69	1
1) Rich, Keegan 10	2) Lamm, Chase 09	3) Burns, Cole 10	4) Lowe, Jake 10
5) Wilson, Brock 11	6) Magnani, Jordan 10		
2 Carlisle		59.08	1
1) Black, Andrew 11	2) Crowley, Joe 10	3) Stephens, Peyton 12	4) Wright, Dallas 11
5) Goodhue, Max 10	6) Brunsen, Nolan 09		

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Event	Team	Relay	Seed Time
3	Winterset		59.69 2
	1) Baur, Matt 12	2) Larson, Noah 11	3) Benshoof, Matt 09
	5) Kleemeier, Jalen 11	6) Tryon, Carter 10	4) Benshoof, Brad 11
4	Glenwood		59.69 1
	1) Clark, Blaine 12	2) Tye, Austin 11	3) Petersen, Caleb 12
	5) Silvius, Cooper 09	6) Buresh, Cody 10	4) Von Essen, Carter 12
5	Pella		59.82 1
	1) Van Zee, Avery 10	2) Shull, Payton 12	3) Buma, Jordan 09
	5) Thomas, Gabe 09	6) Van Hauen, Drew 09	4) Buma, Michael 12
6	Benton Comm		1:00.58 1
	1) Marshall, Koal 10	2) Heilman, James 12	3) Semelroth, Hunter 12
	5) Franzenburg, Grant 11	6) Wiebel, Luke 10	4) Cooper, Lathan 12
7	DC-Grimes		1:00.72 3
	1) Clapper, Damon 10	2) Spaur, Jeff 10	3) Prohaska, Jacob 11
	5) Means, Keaton 12	6) Skalnik, Garrett 10	4) Bertrand, Callen 12
8	Decorah		1:00.73 1
	1) Mincks, Cole 12	2) Roher, Jacob 11	3) Varney, Jackson 10
	5) Varney, Gabriel 12	6) DeVore, Michael 11	4) Rahlf, Lane 12
9	W Delaware		1:00.75 2
	1) Engel, Cole 10	2) Trainer, Ryan 11	3) Kehrl, Caleb 09
	5) Casey, Nick 09	6) Wenger, Kasey 11	4) Sparks, Kaleb 11
10	Bond-Farrar		1:00.80 2
	1) Schlenker, Cole 12	2) Sandin, Brody 09	3) Vaughn, DeAndre 12
	5) Edwards, Tanner 12	6) Boyd, Isacc 12	4) Hulme, Cornell 11
11	LeMars		1:01.18 1
	1) Buhman, Cameron 12	2) Beitelspacher, Colton 11	3) Kliever, Kyle 11
	5) Spieler, Zach 10	6) Jensen, Jordan 10	4) Boddie, Quenton 12
12	Clear Crk-Amana		1:01.22 2
	1) Brimeyer, Matt 10	2) Riggan, Grant 11	3) Johanson, Seb 10
	5) Carpenter, Ashton 11	6) Stockman, Trevor 09	4) Toy, Derek 11
13	Gilbert		1:01.30 1
	1) Blum, Ryan 12	2) Lawrence, Steven 11	3) Mennecke, Jon 12
	5) Gustafson, Alec 12	6) Shuka, Stephen 11	4) Sharp, Alex 10
14	ADM, Adel		1:01.36 4
	1) Weddle, Caleb 11	2) Flora, Austin 11	3) McCartney, Sam 11
	5) Heitz, Luke 09	6) Sutton, Kinnick 11	4) West, Jacob 11
15	Webster City		1:01.38 2
	1) Schnathorst, Ty 11	2) Tanner, Jordan 10	3) Carter, Zane 11
	5) Hilpipre, Clay 09		4) Martinez, Fernando 12
16	Ballard		1:01.46 3
	1) Schafbuch, Isaac 10	2) Schulze, Kobe 12	3) Upah, Sam 11
	5) Hegna, Blake 09	6) Rosing, Noah 11	4) Roberts, Taylor 11
17	Boone		1:01.65 4
	1) Baldus, Devan 11	2) Price, Bret 09	3) Wiggins, Levi 10
	5) Vodenik, Alex 12	6) Thomas, David 10	4) Reed, Lantz 11
18	Vinton-Shellbrg		1:01.72 3
	1) Edwards, Will 11	2) Edwards, Wes 11	3) Dudley, Will 09
	5) Hendrickson, Nolan 12	6) Bohnsack, Blake 10	4) Davis, Tanner 11
19	Humboldt		1:01.73 5
	1) Satern, Trevor R 10	2) Thomas, Drew 11	3) Sande, Eli 10
	5) Busse, Joey 09	6) Pederson, Denny 10	4) Monson, Colton 11

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	Team	Relay	Seed Time	
20	Oskaloosa		1:01.74	3
	1) Reed, Austin 12	2) Sterner, Andy 11	3) VanRoekel, Jaden 10	4) Aschenbrenner, Mason 09
	5) VanLueven, Dylan 09	6) Dykstra, Nik 09		
21	Solon		1:02.01	2
	1) Christensen, Nate 12	2) McIlravy, Streeter 12	3) Black, Bo 11	4) Ira, Luke 10
	5) Hanus, Lee 11	6) Nelson, Trevor 11		
22	Denison-Schlswg		1:02.06	2
	1) Farley, Jake 11	2) Preul, Parker 12	3) Popp, Trevor 11	4) Noel, Jeff 11
	5) Biliew, Nhial 12	6) Goslar, Cole 12		
23	Carroll		1:02.32	3
	1) Stevens, Peter 12	2) Pauk, Matt 12	3) Bock, Brennan 10	4) Fennell, Corey 12
	5) O'Brien, Logan 09	6) Smith, Isaac 09		
24	Spirit Lake		1:03.61	2
	1) Renken, Zach 11	2) Ahrenstorff, Dawson 11	3) Meschede, Cory 12	4) Tvedte, Brock 11
	5) Feather, Jason 12	6) Jensen, Connor 09		