

Pella Co-Ed - 5/8/2017 to 5/11/2017

Pella
Results**Girls 100 Meter Dash**

Name	School	Finals	
Finals			
1 Pingel, Annika	Pella	12.64	10
2 Armstrong, Evie	Pella Christ	13.03	8
3 Miller, Ashley	PCM	13.38	6
4 Goemaat, Mackenna	Pella	13.66	5
5 Renaud, Maggie	Pella White	13.89	4
6 Nearmyer, Tatum	PCM	13.89	3
7 Luther, Madison	Grinnell	14.06	2
8 Leiker, Karley	Newton	14.65	1
9 Muir, Madison	Oskaloosa	14.84	
10 Matherly, Lexie	Pella Christ	15.39	
11 Torres, Andrea	Knoxville	15.47	
12 Stier, Serenity	Newton	15.65	
13 DeArmond, Frances	Pella White	17.02	
14 Parker, Lizzie	Oskaloosa	19.61	

Girls 200 Meter Dash

Name	School	Finals	
Finals			
1 Pingel, Annika	Pella	25.64	10
2 Bandstra, Mary Kate	Pella Christ	26.56	8
3 Miller, Ashley	PCM	27.29	6
4 Jackson, Abbey	Knoxville	27.41	5
5 Neighbors, Kylee	Grinnell	28.21	4
6 Murphy, Jenna	Pella	28.34	3
7 Luther, Madison	Grinnell	28.81	2
8 Nearmyer, Tatum	PCM	28.84	1
9 Hugen, Taryn	Pella Christ	29.15	
10 Winther, Kenna	Newton	30.54	
11 Hook, Sydney	Newton	31.28	
12 McDonald, Kennedy	Knoxville	32.13	
13 Elliot, Heavenly	Oskaloosa	34.81	
14 Farmer, Makenna	Oskaloosa	37.95	
15 VanDonselaar, Brianna	Pella White	42.41	

Girls 400 Meter Dash

Name	School	Finals	
Finals			
1 Keitges, Katie	Knoxville	1:00.63	10
2 Blommers, Lindsey	Pella	1:03.07	8
3 Dykstra, Lisa	Pella	1:04.78	6
4 Morgan, Chloe	Pella Christ	1:05.49	5
5 Nearmyer, Tatum	PCM	1:06.49	4
6 Moore, Danielle	Grinnell	1:12.08	3
7 Missetich, Lauren	Knoxville	1:14.60	2
8 Reed, Rebecka	Grinnell	1:15.69	1
9 Pearson, Kennedy	Oskaloosa	1:16.03	
10 Jungling, Klaire	PCM	1:17.01	
11 McDougall, Anniston	Oskaloosa	1:21.13	
12 Risius, Bethany	Newton	1:23.46	

Girls 800 Meter Run

Name	School	Finals	
Finals			
1 Schut, Paytan	PCM	2:25.98	10
2 Phelps, Payton	Pella	2:26.98	8
3 Bolibaugh, Veronica	Oskaloosa	2:31.44	6
4 Burton, Bree	Knoxville	2:33.63	5
5 Kivett, Gracee	Grinnell	2:38.65	4
6 Halstead, Erica	Pella	2:39.04	3
7 Ives, Kirsten	PCM	2:41.69	2
8 Furness, Abigail	Grinnell	2:44.25	1
9 McQueen, Mikayla	Oskaloosa	2:44.97	
10 Jenkins, Lakin	Newton	2:50.58	
11 Snyder, Ellie	Oskaloosa	x2:53.93	
12 Roorda, Ellie	Pella White	2:55.69	
13 Schreur, Emily	Pella	x2:56.81	
14 Goematt, Emma	Knoxville	2:58.41	
15 VanDonselaar, Brittany	Pella White	3:00.35	
16 Steen, Aundrea	Pella Christ	3:08.06	
17 Leavens, Jamie	Pella Christ	3:12.58	

Girls 1500 Meter Run

Name	School	Finals	
Finals			
1 Roorda, Tess	Pella	5:29.19	10
2 Wittenberg, Tirzah	Pella	5:31.57	8
3 Jones, Anjali	Grinnell	5:34.97	6
4 Coon, Lauren	Oskaloosa	5:35.94	5
5 Conner, Nola	Grinnell	5:39.43	4
6 Kindley, Ashley	Oskaloosa	5:50.73	3
7 VanMaanen, Makenzie	Pella White	5:56.08	2
8 Admiraal, Annaliese	Pella Christ	5:58.61	1
9 Olson, Lucy	Knoxville	6:06.03	
10 Smith, Jenna	Newton	6:16.39	
11 Tesfay, Original	Newton	6:41.05	
12 Te Grotenhuis, Josie	Pella Christ	6:41.10	
13 Vanderpool, Breanna	PCM	6:58.17	
14 Westercamp, Haley	Oskaloosa	x7:08.95	

Girls 3000 Meter Run

Name	School	Finals	
Finals			
1 Kivett, Gracee	Grinnell	11:50.26	10
2 Jones, Anjali	Grinnell	11:55.72	8
3 Wilcox, Leah	Oskaloosa	13:04.78	6
4 Admiraal, Annaliese	Pella Christ	13:24.20	5
5 Jungling, Klaire	PCM	13:24.56	4
6 Moorman, Melissa	Oskaloosa	13:49.20	3
7 Roorda, Ellie	Pella	14:07.63	2
8 McDougall, Anniston	Oskaloosa	x15:15.02	
9 Bradbury, Liz	PCM	15:41.99	1

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Results

Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Durr, Sienna	Grinnell	16.00 10
2 Cowman, Megan	PCM	17.07 8
3 Dethrow, Ashlee	Knoxville	17.39 6
4 Uhlenhopp, Morgan	PCM	17.78 5
5 Stille, Trystin	Grinnell	17.85 4
6 Allen, Brooke	Oskaloosa	18.19 3
7 Whitten, Alivia	Newton	18.65 2
8 Breazeale, Raeghan	Knoxville	18.92 1
9 Lucas, Audrey	Newton	18.94
10 Cassens, Hannah	Oskaloosa	25.45

Girls 400 Meter Hurdles

Name	School	Finals
Finals		
1 Pingel, Kiki	Pella	1:05.55 10
2 Vos, Jayci	PCM	1:06.14 8
3 Fopma, Morgan	Pella Christ	1:07.25 6
4 Kelderman, Emma	Oskaloosa	1:10.26 5
5 Berkland, Rachel	Newton	1:11.51 4
6 Westercamp, Alexis	Oskaloosa	1:11.58 3
7 Stille, Trystin	Grinnell	1:15.86 2
8 Weppler, Sydney	Pella	1:17.66 1
9 Vermeer, Charlie	Knoxville	1:18.89

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	49.94 10
1) Thoreson, Emma	2) Miller, Metsje	
3) Malek, Paighton	4) Vos, Emily	
2 Pella Christian	A	51.55 8
1) Morgan, Chloe	2) Bandstra, Mary Kate	
3) Nikkel, Erica	4) Armstrong, Evie	
3 Grinnell	A	52.76 6
1) Wilkins, Maddie	2) Juni, Kamryn	
3) Petig, Addyson	4) Harris, Macy	
4 Newton	A	54.24 5
1) McVey, Liz	2) Eide, Morgann	
3) Walters, Randi	4) Banfield, Jordan	
5 Pella White JV	A	54.32 4
1) Goemaat, Makenna	2) Reynolds, Journey	
3) Parks, Madison	4) Renaud, Maggie	
6 Pella	B	x55.80
1) Rowe, Ava	2) Murphy, Jenna	
3) VanWyk, Kinzi	4) Henry, Caroline	
7 Pcm	A	55.89 3
1) Bridges, Courtney	2) McCarthy, Hannah	
3) Kinnamon, Meghan	4) McCarthy, Kate	
8 Knoxville	A	56.72 2
1) Carter, Bailey	2) Dethrow, Ashlee	
3) Olson, Lucy	4) Clark, Kacie	

9 Knoxville	B	x56.94
1) Burton, Bree	2) Neer, Emery	
3) Cumpston, Ashley	4) McGill, Mickayla	
10 Grinnell	B	x58.58
1) Jones, Maddison	2) Hart, Lexi	
3) Ford, Dani	4) Moore, Danielle	
11 Pcm	B	x1:04.14
1) Shaver, Anna	2) Emmack, Zoey	
3) Smith, Maybelle	4) Voeller, Shelby	
12 Newton	B	x1:12.28
1) Oldfield, Rheagan	2) Hoffman, Alivia	
3) Maki, Karlie	4) Pandumrong, Panpriya	
13 Pella White JV	B	x1:13.02
1) VanDonselaar, Brittany	2) DeArmond, Frances	
3) Meyers, Alicia	4) VanDonselaar, Brianna	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	1:46.15 10
1) Pingel, Kiki	2) Malek, Paighton	
3) Thoreson, Elsie	4) Miller, Metsje	
2 Pella Christian	A	1:48.22 8
1) Nikkel, Erica	2) Bandstra, Mary Kate	
3) Fopma, Morgan	4) Armstrong, Evie	
3 Grinnell	A	1:50.82 6
1) Wilkins, Maddie	2) Juni, Kamryn	
3) Petig, Addyson	4) Harris, Macy	
4 Oskaloosa	A	1:52.71 5
1) Kelderman, Emma	2) Wiltse, Savannah	
3) Roquet, Cara	4) Shilling, Shalandra	
5 Newton	A	1:55.26 4
1) Leiker, Karley	2) Allen, Morgan	
3) Barr, Abbie	4) Banfield, Jordan	
6 Pella White JV	A	1:59.08 3
1) Rowe, Ava	2) Reynolds, Journey	
3) VanWyk, Kinzi	4) Henry, Caroline	
7 Pcm	A	1:59.24 2
1) Bridges, Courtney	2) McCarthy, Hannah	
3) Kinnamon, Meghan	4) Shaver, Anna	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	4:13.92 10
1) Holterhaus, Emily	2) McMartin, Caroline	
3) Dykstra, Lisa	4) Blommers, Lindsey	
2 Grinnell	A	4:18.41 8
1) Durr, Sienna	2) Jones, Anjali	
3) Juni, Kamryn	4) Petig, Addyson	
3 Oskaloosa	A	4:25.45 6
1) VandeWall, Ava	2) Roquet, Cara	
3) Shilling, Shalandra	4) McQueen, Mikayla	
4 Pella Christian	A	4:26.19 5
1) Morgan, Chloe	2) Fopma, Raeann	
3) Van Manen, Elizabeth	4) Fopma, Morgan	

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Finals ... (Girls 4x400 Meter Relay)

Team	Relay	Finals
5 Pcm	A	4:27.28 4
1) Foster, Sierra	2) McCarthy, Kate	
3) White, Sayde	4) Schutte, Hailey	
6 Grinnell	B	x4:48.32
1) Hart, Lexi	2) Jones, Maddison	
3) Furness, Abigail	4) Reed, Rebecka	
7 Oskaloosa	B	x5:00.12
1) DeJong, Sienna	2) Snyder, Ellie	
3) Moorman, Melissa	4) VerSteegh, Grace	
8 Pcm	B	x5:20.87
1) McCarthy, Hannah	2) Jungling, Klaire	
3) Bradbury, Liz	4) Vanderpool, Breanna	

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Pella	A	10:18.23 10
1) Phelps, Payton	2) Schulte, Jenna	
3) Blommers, Kelcey	4) McMartin, Caroline	
2 Oskaloosa	A	10:32.32 8
1) Westercamp, Alexis	2) Bolibaugh, Veronica	
3) DeJong, Sienna	4) Coon, Lauren	
3 Pcm	A	10:36.81 6
1) Ives, Kirsten	2) White, Sayde	
3) Hjortshoj, Sloan	4) Schutte, Hailey	
4 Knoxville	A	10:39.81 5
1) Burton, Bree	2) Neer, Emery	
3) Cumpston, Ashley	4) McGill, Mickayla	
5 Grinnell	A	12:43.30 4
1) Moore, Danielle	2) Furness, Abigail	
3) Ford, Dani	4) Reed, Rebecka	

Girls 800 Sprint Medley

Team	Relay	Finals
1 Pella	A	1:53.27 10
1) Pingel, Annika	2) Rundle, Kristin	
3) Vos, Emily	4) Murphy, Jenna	
2 Pella Christian	A	1:54.27 8
1) Van Tuyl, Kathryn	2) Nikkel, Erica	
3) Armstrong, Evie	4) Bandstra, Mary Kate	
3 Pcm	A	1:55.01 6
1) Kuecker, Alexis	2) Foster, Sierra	
3) Miller, Ashley	4) Stafford, Rachel	
4 Knoxville	A	1:58.46 5
1) Carter, Bailey	2) Dethrow, Ashlee	
3) Pearson, Cassidy	4) Jackson, Abbey	
5 Oskaloosa	A	2:00.69 4
1) Muir, Madison	2) Allen, Brooke	
3) Wiltse, Savannah	4) Roquet, Cara	
6 Grinnell	A	2:01.46 3
1) Wilkins, Maddie	2) Moore, Jessica	
3) Luther, Madison	4) Hungerford, Kyra	

7 Newton	A	2:05.68 2
1) Allen, Morgan	2) Walters, Randi	
3) Berkland, Rachel	4) Jenkins, Lakin	
8 Pella White JV	A	2:06.33 1
1) Renaud, Maggie	2) Henry, Caroline	
3) Rowe, Ava	4) VanWyk, Kinzi	

Girls Distance Medley

Team	Relay	Finals
1 Knoxville	A	4:23.50 10
1) Carter, Bailey	2) Jackson, Abbey	
3) Neer, Emery	4) Keitges, Katie	
2 Pella	A	4:25.79 8
1) Miller, Metsje	2) Rundle, Kristin	
3) Parks, Madison	4) Roorda, Tess	
3 Pcm	A	4:28.69 6
1) Kuecker, Alexis	2) McCarthy, Kate	
3) Schut, Paytan	4) Stafford, Rachel	
4 Oskaloosa	A	4:45.45 5
1) Allen, Brooke	2) Wiltse, Savannah	
3) McQueen, Mikayla	4) VandeWall, Ava	
5 Grinnell	A	4:46.29 4
1) Moore, Jessica	2) Luther, Madison	
3) Hungerford, Kyra	4) Conner, Nola	
6 Pella Christian	A	4:53.39 3
1) Van Tuyl, Kathryn	2) Van Manen, Elizabeth	
3) Fopma, Raeann	4) De Vries, Alexis	
7 Newton	A	5:03.71 2
1) Winther, Kenna	2) Hook, Sydney	
3) McConnell, Brittney	4) Blair, Gerima	
8 Oskaloosa	B	x5:33.27
1) Elliot, Heavenly	2) Holmberg, Lindsey	
3) Cassens, Hannah	4) VerSteegh, Grace	
9 Pella Christian	B	x5:46.64
1) Te Grotenhuis, Abby	2) Hugen, Taryn	
3) Leavens, Jamie	4) Te Grotenhuis, Josie	
10 Pcm	B	x6:11.84
1) Emmack, Zoey	2) Erwine, Peyton	
3) Bradbury, Liz	4) Vanderpool, Breanna	

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
1 Pella	A	1:06.34 10
1) Pingel, Kiki	2) Holterhaus, Emily	
3) Thoreson, Elsie	4) Thoreson, Emma	
2 Grinnell	A	1:08.73 8
1) Stille, Trystin	2) Hart, Lexi	
3) Neighbors, Kylee	4) Durr, Sienna	
3 Pcm	A	1:10.13 6
1) Cowman, Megan	2) Kuecker, Alexis	
3) Uhlenhopp, Morgan	4) Vos, Jayci	
4 Newton	A	1:10.25 5
1) Barr, Abbie	2) McVey, Liz	
3) Whitten, Alivia	4) Eide, Morgann	

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Results**Finals ... (Girls 4x100 Meter Shuttle Hurdle)**

Team	Relay	Finals
5 Oskaloosa	A	1:12.10 4
1) VandeWall, Ava	2) Allen, Brooke	
3) Shilling, Shalandra	4) Kelderman, Emma	
6 Knoxville	A	1:14.90 3
1) Breazeale, Raeghan	2) Vermeer, Charlie	
3) Clark, Kacie	4) Dethrow, Ashlee	

Girls High Jump

Name	School	Finals
Finals		
1 Neighbors, Kylee	Grinnell	J5-03.00 10
2 Fopma, Morgan	Pella Christ	J5-02.00 8
3 Shilling, Shalandra	Oskaloosa	J5-02.00 6
4 Juni, Kamryn	Grinnell	J5-00.00 4
5 Barr, Abbie	Newton	J5-00.00 3
6 Kelderman, Emma	Oskaloosa	J5-00.00 2
7 Moats, Kayla	Knoxville	J4-10.00 1

Girls Long Jump

Name	School	Finals
Finals		
1 Durr, Sienna	Grinnell	17-04.00 10
2 Malek, Paighton	Pella	16-09.50 8
3 Kuecker, Alexis	PCM	15-06.50 6
4 Wiltse, Savannah	Oskaloosa	15-02.25 5
5 Nikkel, Erica	Pella Christ	14-08.25 4
6 Moore, Jessica	Grinnell	14-07.50 3
7 Muir, Madison	Oskaloosa	13-05.25 2
8 Huguen, Taryn	Pella Christ	13-03.50 1
9 Hook, Sydney	Newton	12-08.75

Girls Shot Put

Name	School	Finals
Finals		
1 Jansen, Elisabeth	Pella	39-10.50 10
2 Hackett, Alex	Pella White	37-03.75 8
3 DeWaard, Kaeleigh	Pella	36-07.00 6
4 Revell, Haley	Newton	35-10.00 5
5 Ervin, Miranda	Newton	33-05.50 4
6 Hulsing, Emilee	Grinnell	32-08.75 3
7 Pearson, Cassidy	Knoxville	32-07.75 2
8 Parker, Abby	Oskaloosa	31-11.25 1
9 Wood, Paige	PCM	31-09.75
10 Martin, Maliyah	Oskaloosa	30-00.75
11 Hulsing, Erica	Grinnell	29-05.00
12 Meyers, Alicia	Pella White	29-03.75
13 Devin, Molly	Knoxville	29-03.00
14 Samson, Maddie	PCM	28-06.25
15 Te Grotenhuis, Abby	Pella Christ	24-00.25
16 Altena, Abbie	Pella Christ	23-01.50

Girls Discus Throw

Name	School	Finals
Finals		
1 Van Manen, Elizabeth	Pella Christ	129-07 10
2 Bestell, Ali	Newton	111-03 8
3 Cairney, Elly	Pella	111-00 6
4 Pearson, Cassidy	Knoxville	109-04 5
5 Alexis, Agan	Oskaloosa	103-00 4
6 Lucas, Audrey	Newton	100-05 3
7 Hulsing, Emilee	Grinnell	99-03 2
8 DeWaard, Kaeleigh	Pella White	94-07 1
9 Jansen, Elisabeth	Pella	92-10.50
10 Devin, Molly	Knoxville	89-08
11 Parker, Abby	Oskaloosa	89-06
12 Hulsing, Erica	Grinnell	88-02.50
13 Pendroy, Lauren	PCM	78-03.50
14 Jansen, Brianna	Pella Christ	66-06
15 Almond, Allyson	Pella White	65-08

Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Karsten, Matthew	Newton	11.64 10
2 Anderson, Noah	PCM	11.79 8
3 Vroom, Hayden	Pella Christ	12.25 6
4 Schnell, Reece	Pella	12.30 5
5 Hollinrake, Joe	Knoxville	12.32 4
6 Maher, Caden	Norwalk	12.33 3
7 Strover, Peyton	PCM	12.37 2
8 Brooner, Jason	Norwalk	12.71 1
9 Dykstra, Nick	Oskaloosa	12.75
10 Michalek, Vincent	Pella Sub Va	13.01
11 Leovan, Spencer	Pella	13.22
12 Garcia, Gunnar	Knoxville	13.25
13 Randell, Cody	Oskaloosa	15.21
14 Risley, Beau	Pella Christ	16.07

Boys 200 Meter Dash

Name	School	Finals
Finals		
1 VanWyk, Preston	PCM	23.24 10
2 VanZee, Avery	Pella	23.50 8
3 Davis, Trent	Knoxville	24.19 6
4 Klowonn, Tanner	Norwalk	24.46 5
5 Maher, Caden	Norwalk	24.68 4
6 Pringle, Eddie	Pella Christ	25.01 3
7 Zuck, Jacob	Knoxville	25.22 2
8 Henkenius, Noah	PCM	25.42 1
9 Webster, Cole	Pella Christ	25.84
10 VanGorp, Colby	Pella	25.99
11 Michalek, Vincent	Pella Sub Va	26.85
12 Settini, Kenny	Oskaloosa	28.39
13 Randell, Cody	Oskaloosa	31.26

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Results**Boys 400 Meter Dash**

Name	School	Finals
Finals		
1 Miller, Zion	Pella	54.11 10
2 Winther, Camden	Newton	55.72 8
3 Clark, Brayden	Norwalk	56.76 6
4 Rouse, Seth	Norwalk	58.10 5
5 Thomas, Max	PCM	59.12 4
6 Winegardner, Brock	Pella	59.21 3
7 Vande Noord, Jaydon	Pella Christ	59.23 2
8 Schulte, Jake	Pella Sub Va	1:00.50 1
9 Hamilton, Eli	Knoxville	1:00.94
10 Cox, Jacob	PCM	1:01.98
11 Funk, Andy	Knoxville	1:05.14
12 Attema, Paul	Pella Christ	1:05.91

Boys 800 Meter Run

Name	School	Finals
Finals		
1 VanDusseldorp, Joshua	Pella	2:01.40 10
2 Bernhagen, Nick	Pella	2:04.45 8
3 Buckley, Liam	Norwalk	2:15.31 6
4 Altena, Jake	Pella Christ	2:26.56 5
5 Diehl, Ben	Pella Christ	2:31.45 4
6 Vroegh, Connor	Norwalk	2:31.73 3
7 Singer, Nick	Pella Sub Va	2:33.10 2
8 Brewster, Ben	Knoxville	2:37.61 1
9 Taylor, Aaron	Norwalk	x2:38.72
10 Grinstead, Sam	Knoxville	2:40.96
11 Maas, Jared	Oskaloosa	2:42.59
12 VanderKamp, Blake	PCM	2:45.86
13 Shullaw, Kyle	Oskaloosa	2:49.87
14 Courtney, Cody	PCM	2:54.62
15 Breckenridge, Ayrton	PCM	x2:56.73

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Dunsbergen, Grant	Pella Christ	4:37.71 10
2 Winegardner, Blaise	Pella	4:50.21 8
3 Harper, Seth	Norwalk	4:53.01 6
4 Vos, Isaac	Pella	4:55.91 5
5 Hammann, Micah	Pella Sub Va	5:02.04 4
6 Hunter, Adam	Newton	5:02.61 3
7 Sander, Noah	Newton	5:03.43 2
8 Bacon, Jordan	Knoxville	5:18.23 1
9 Main, Dylan	Newton	x5:23.86
10 Tierney, Gavin	Pella	x5:24.84
11 Bernhagen, David	Pella Christ	5:28.37
12 Johnston, Mason	Pella Sub Va	5:29.60
13 Vanderpool, Brenden	PCM	6:07.37

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Ellens, Chris	PCM	10:30.54 10
2 Johnston, Mason	Pella	12:03.52 8
3 Tierney, Gavin	Pella	12:12.02 6
4 Singer, Nick	Pella Sub Va	12:32.49 5
5 Furr, AJ	Pella Sub Va	12:34.71 4
6 Montgomery, Davis	Pella Christ	13:09.38 3

Boys 110 Meter Hurdles

Name	School	Finals
Finals		
1 Roush, Jaron	Newton	15.94 10
2 VanRoekel, Jaden	Oskaloosa	16.30 8
3 Buma, Jordan	Pella	16.34 6
4 Davis, Trent	Knoxville	16.53 5
5 Dustin, Cole	PCM	16.54 4
6 Dykstra, Nick	Oskaloosa	17.51 3
7 Buswell, Nick	PCM	18.17 2
8 Marks, Anthony	Norwalk	18.22 1
9 Schuchard, Matt	Norwalk	19.02
10 Ramaeker, Daniel	Knoxville	20.74

Boys 400 Meter Hurdles

Name	School	Finals
Finals		
1 Van Gilst, Ryan	Pella Christ	1:01.28 10
2 Sperflage, Nigel	PCM	1:02.82 8
3 VanHauen, Drew	Pella	1:03.03 6
4 Dredge, Nick	PCM	1:07.44 5
5 Gaumer, Jake	Norwalk	1:07.52 4
6 Dursky, Landon	Knoxville	1:08.54 3
7 Marks, Anthony	Norwalk	1:08.67 2
8 Baker, River	Pella	1:12.12 1
9 Ramaeker, Daniel	Knoxville	1:14.63

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Newton	A	44.25 10
1) Johnson, Jeremiah	2) Roush, Jaron	
3) Gholson, Connor	4) Karsten, Matthew	
2 Oskaloosa	A	45.13 8
1) Spry, Bennett	2) Howard, Seth	
3) Hill, Casey	4) Harris, J'Von	
3 Pcm	A	45.55 6
1) Strover, Peyton	2) VanWyk, Preston	
3) VanDyke, Brayton	4) Anderson, Noah	
4 Pella	A	45.60 5
1) Thomas, Gabe	2) Ware, Curtis	
3) Schnell, Reece	4) Champman, Dalton	
5 Knoxville	A	47.07 4
1) Bailey, Carter	2) Champman, Titius	
3) Zuck, Jacob	4) Little, Justin	

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Results

Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Finals
6 Norwalk	B	x47.21
1) Wheeler, Brandon	2) Schwery, Dylan	
3) Bellizzi, Angelo	4) Phillips, Camdon	
7 Pella Christian	A	47.51 3
1) Stravers, Colin	2) Vroom, Hayden	
3) Egesdal, Tyler	4) Van Gilst, Ryan	
8 Newton	B	x48.52
9 Oskaloosa	B	x49.14
1) Miller, Tyler	2) VanLeuven, Dylan	
3) Dykstra, Nick	4) Meislahn, Blake	
10 Norwalk	A	49.37 2
1) Brooner, Jason	2) Joniak, Kyle	
3) Marks, Anthony	4) Maher, Caden	
11 Knoxville	B	x51.50
1) Brewster, Ben	2) McLain, Nick	
3) Grinstead, Sam	4) Eckert, Alex	
12 Pcm	B	x52.06
1) Dustin, Cole	2) Trausch, Jarron	
3) Buswell, Nick	4) Clark, Noah	
13 Pella Sub Varsity	A	53.82 1
1) Leovan, Spencer	2) Schulte, Jake	
3) Jablonski, Ben	4) Hackman, Derek	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Newton	A	1:32.53 10
1) Johnson, Jeremiah	2) Dodd, Brennen	
3) Karsten, Matthew	4) Gholson, Connor	
2 Norwalk	A	1:34.96 8
1) Embry, Kobey	2) Weathers, Romalis	
3) Gudenkauf, Jake	4) Anderson, Scott	
3 Pella	A	1:35.47 6
1) Champman, Dalton	2) Schnell, Reece	
3) Warner, Sam	4) Ware, Curtis	
4 Pcm	A	1:36.27 5
1) Cummings, Wes	2) Henkenius, Noah	
3) VanWyk, Preston	4) Anderson, Noah	
5 Pella Christian	A	1:36.60 4
1) Stravers, Colin	2) Vroom, Hayden	
3) Van Gilst, Ryan	4) Pringle, Eddie	
6 Oskaloosa	A	1:40.04 3
1) VanDonselaar, Tim	2) Hunt, Ben	
3) Meislahn, Blake	4) Lobberecht, Nathan	
7 Knoxville	A	1:45.30 2
1) Bailey, Carter	2) Garcia, Gunnar	
3) Streigle, Kaleb	4) Jones, Colton	
8 Pella Sub Varsity	A	1:46.88 1
1) Leovan, Spencer	2) Baker, River	
3) Jablonski, Ben	4) Hackman, Derek	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Oskaloosa	A	3:32.98 10
1) Huyser, Carter	2) VanKampen, Brayden	
3) Sterner, Andy	4) Schultz, Iszac	
2 Pella	A	3:35.11 8
1) Robinson, Nathaniel	2) Miller, Zion	
3) Houtz, Adam	4) VanZee, Avery	
3 Oskaloosa	B	x3:48.10
1) Hacker, Jacob	2) Munger, Talon	
3) VanDonselaar, Tim	4) Spears, Jacob	
4 Norwalk	A	3:50.13 6
1) Embry, Kobey	2) Funk, Carter	
3) Klowonn, Tanner	4) Harper, Seth	
5 Pcm	A	3:53.78 5
1) Lee, Blake	2) Cummings, Wes	
3) Rogers, Brycen	4) Thomas, Max	
6 Pella Sub Varsity	A	3:55.41 4
1) Van Gorp, Colby	2) Warner, Sam	
3) Singer, Nick	4) Winegardner, Brock	
7 Pella Christian	A	3:56.65 3
1) Vande Noord, Jaydon	2) Geetings, Kenyon	
3) Cadwell, Treven	4) Veenstra, Alex	
8 Knoxville	A	4:03.52 2
1) Mitchell, Joe	2) McDonald, Jack	
3) Ullestad, Michael	4) Douglas, Dylan	
9 Knoxville	B	x4:10.93
1) Frazier, Trey	2) Worth, Cooper	
3) Hamilton, Eli	4) Funk, Andy	
10 Norwalk	B	x4:11.43
1) Wheeler, Brandon	2) Rico, Joey	
3) Schwery, Dylan	4) McDonald, Noah	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	8:39.25 10
1) Gauley, Thomas	2) Hammann, Micah	
3) Vos, Isaac	4) Houtz, Adam	
2 Newton	A	9:07.09 8
1) Winther, Camden	2) Main, Dylan	
3) Hunter, Adam	4) Sander, Noah	
3 Pcm	A	9:14.34 6
1) North, Brady	2) Lee, Blake	
3) Rogers, Brycen	4) Sperflage, Nigel	
4 Pella Christian	A	9:19.89 5
1) Bernhagen, David	2) Diehl, Ben	
3) Altena, Jake	4) Agre, Bryant	

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Pella
Results

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Newton	A	1:37.64 10
1) Johnson, Jeremiah	2) Roush, Jaron	
3) Karsten, Matthew	4) Dodd, Brennen	
2 Pcm	A	1:40.68 8
1) VanWyk, Preston	2) VanDyke, Brayton	
3) Anderson, Noah	4) Cummings, Wes	
3 Oskaloosa	A	1:41.44 6
1) Hill, Casey	2) Sterner, Andy	
3) Howard, Seth	4) Hoven, Shane	
4 Knoxville	A	1:43.62 5
1) Zuck, Jacob	2) Hollinrake, Joe	
3) Champman, Titius	4) Little, Justin	
5 Pella	A	1:44.10 4
1) Thomas, Gabe	2) Champman, Dalton	
3) Ware, Curtis	4) VanHauen, Drew	
6 Norwalk	A	1:45.24 3
1) Klowonn, Tanner	2) Campbell, Sam	
3) Garner, Grant	4) Rouse, Seth	
7 Pella Christian	A	1:49.39 2
1) Vermeer, Matthew	2) Donelson, Mason	
3) Munoz, Michael	4) Veenstra, Alex	
8 Pella Sub Varsity	A	1:59.17 1
1) Baker, River	2) Schulte, Jake	
3) Jablonski, Ben	4) Winegardner, Brock	

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Norwalk	A	3:54.54 10
1) Anderson, Scott	2) Rosonke, Drew	
3) Weathers, Romalis	4) Buckley, Liam	
2 Pella Christian	A	3:59.53 8
1) Agre, Bryant	2) Webster, Cole	
3) Veenstra, Alex	4) Dunsbergen, Grant	
3 Pella	A	4:06.80 6
1) Robinson, Nathaniel	2) Hackman, Derek	
3) Schouten, David	4) VanGorp, Colby	
4 Pcm	A	4:14.66 5
1) VanDyke, Brayton	2) Lee, Blake	
3) Fagan, Connor	4) Strover, Peyton	
5 Pella Christian	B	x4:24.79
1) Vermeer, Matthew	2) Larson, Peter	
3) Geetings, Kenyon	4) Montgomery, Davis	
6 Knoxville	A	4:27.37 4
1) McDonald, Jack	2) Ullestad, Michael	
3) Mitchell, Joe	4) Eckert, Alex	
7 Knoxville	B	x4:33.40
1) Douglas, Dylan	2) Garner, Gage	
3) Frazier, Trey	4) Worth, Cooper	
8 Pcm	B	x4:40.04
1) Dustin, Cole	2) Trausch, Jarron	
3) North, Brady	4) Vanderpool, Brenden	

--- Norwalk	B	DQ
1) Garner, Grant	2) Joniak, Kyle	
3) Bellizzi, Angelo	4) Phillips, Camdon	

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Pella	A	1:01.01 10
1) Thomas, Gabe	2) Ware, Curtis	
3) Buma, Jordan	4) VanZee, Avery	
2 Oskaloosa	A	1:01.94 8
1) VanRoekel, Jaden	2) VanLeuven, Dylan	
3) Miller, Tyler	4) Spry, Bennett	
3 Norwalk	A	1:05.02 6
1) Schuchard, Matt	2) Gaumer, Jake	
3) Clark, Brayden	4) Marks, Anthony	
4 Pcm	A	1:05.47 5
1) Dustin, Cole	2) Dredge, Nick	
3) Buswell, Nick	4) Trausch, Jarron	
5 Knoxville	A	1:16.38 4
1) Ramaeaker, Daniel	2) Streigle, Kaleb	
3) Jones, Colton	4) Dursky, Landon	

Boys High Jump

Name	School	Finals
Finals		
1 Moore, Jack	Oskaloosa	6-01.00 10
2 Rosonke, Drew	Norwalk	6-00.00 8
3 Weathers, Romalis	Norwalk	5-06.00 6

Boys Long Jump

Name	School	Finals
Finals		
1 Gholson, Connor	Newton	20-02.50 10
2 Steinbach, Keith	Newton	19-07.00 8
3 Maher, Caden	Norwalk	18-11.00 6
4 Strover, Peyton	PCM	18-10.00 5
5 Egesdal, Tyler	Pella Christ	18-04.00 4
6 Funk, Carter	Norwalk	17-06.00 3
7 Warner, Sam	Pella	17-03.50 2
8 Geetings, Kenyon	Pella Christ	17-00.00 1
9 Schouten, David	Pella	16-11.00
10 Dredge, Nick	PCM	16-10.50
11 VanDonselaar, Tim	Oskaloosa	16-07.50

Boys Shot Put

Name	School	Finals
Finals		
1 Kennedy, Ryan	Norwalk	55-11.75 10
2 Wassenaar, Tyson	Pella	52-08.00 8
3 Endres, Tyler	Norwalk	50-06.00 6
4 Hansen, Landon	Newton	48-11.00 5
5 DeJong, Nick	Pella	48-00.50 4
6 Telfer, Leevi	PCM	45-11.75 3
7 Peterson, Travis	Knoxville	45-08.50 2
8 Gulling, Jaise	Newton	45-02.00 1

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Pella
Results**Finals ... (Boys Shot Put)**

Name	School	Finals
9 Clark, Noah	PCM	45-01.25
10 VanVeldhuizen, Blake	Oskaloosa	43-11.50
11 Buckley, Alex	Knoxville	43-10.25
12 Veenstra, Blake	Pella Christ	42-01.00
13 Huerter, Mason	Pella Sub Va	39-03.00
14 VanderMolen, Tyler	Pella Sub Va	37-10.50
15 Kutz, Nick	Oskaloosa	37-10.25
16 Le, Bill	Pella Christ	30-04.75

Boys Discus Throw

Name	School	Finals
Finals		
1 Kennedy, Ryan	Norwalk	166-03 10
2 Wassenaar, Tyson	Pella	158-08.50 8
3 Endres, Tyler	Norwalk	143-11 6
4 Crozier, Conner	Knoxville	135-01 5
5 DeJong, Nick	Pella	132-09.50 4
6 Lukefur, Jace	Newton	132-02 3
7 Clark, Noah	PCM	131-08 2
8 Gulling, Jaise	Newton	125-06.50 1
9 Telfer, Leevi	PCM	121-09.50
10 Meislahn, Blake	Oskaloosa	118-03
11 Veenstra, Blake	Pella Christ	116-11.50
12 Hirl, John	Oskaloosa	114-00
13 Huerter, Mason	Pella Sub Va	109-10
14 Buckley, Alex	Knoxville	104-06.50
15 Cadwell, Treven	Pella Christ	98-09
16 VanderMolen, Tyler	Pella Sub Va	91-02

Women - Team Rankings - 19 Events Scored

1) Pella	182
2) Grinnell	132
3) PCM	97
4) Pella Christian	88
5) Oskaloosa	86
6) Knoxville	62
7) Newton	48
8) Pella White JV	23

Men - Team Rankings - 19 Events Scored

1) Pella	159
2) Norwalk	136
3) PCM	104
4) Newton	99
5) Pella Christian	73
6) Oskaloosa	56
7) Knoxville	50
8) Pella Sub Varsity	23