

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Girls 100 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Vos, Emily	11	Pella	12.12 10
2 Masten, Elizabeth	11	Benton Comm	12.13 8
3 Masten, Ellie	11	Benton Comm	12.18 6
4 Malek, Paighton	11	Pella	12.60 5
5 Langridge, Madelynn	11	Clear Crk-Am	13.20 4
6 Slaven, Shae	12	S Tama Cty,	13.51 3
7 Wiltse, Savannah	10	Oskaloosa	13.59 2
8 Yenter, Maddie	09	Williamsburg	13.73 1
9 DeHerra, Grace	10	Clear Crk-Am	13.73
10 Moore, Danielle	11	Grinnell	14.39
11 Newman, Jazzmyn	12	Williamsburg	14.45
12 Muir, Madison	10	Oskaloosa	14.73
13 Neave, Alana	12	S Tama Cty,	15.58

## Girls 200 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Pingel, Annika	11	Pella	25.33 10
2 Vos, Emily	11	Pella	25.43 8
3 Jackson, Abbey	09	Knoxville	26.83 6
4 Gilbert, Brittni	12	Williamsburg	27.11 5
5 Neighbors, Kylee	09	Grinnell	28.45 4
6 Graham, Ashton	10	S Tama Cty,	28.50 3
7 Carter, Bailey	12	Knoxville	28.53 2
8 Price, Lauren	10	Benton Comm	28.70 1
9 Luther, Madison	10	Grinnell	28.74
10 Slouha, Lauren	10	Benton Comm	29.23
11 Stochl, Caitlyn	09	S Tama Cty,	29.49
12 McQueen, Mikayla	10	Oskaloosa	29.59
13 Russell, Mariah	09	Clear Crk-Am	29.63
14 Newman, Jazzmyn	12	Williamsburg	31.00
15 Mason, Madison	09	Clear Crk-Am	33.73
16 Holmberg, Lindsey	10	Oskaloosa	34.90

## Girls 400 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Hulsebus, Shelby	11	Benton Comm	59.60 10
2 Keitges, Katie	09	Knoxville	59.79 8
3 Yuska, Allison	12	S Tama Cty,	59.92 6
4 Blommers, Lindsey	10	Pella	1:02.41 5
5 Dykstra, Lisa	09	Pella	1:03.46 4
6 Moore, Brayden	10	Benton Comm	1:09.31 3
7 Moore, Danielle	11	Grinnell	1:09.42 2
8 Busch, Taylor	09	Williamsburg	1:10.24 1
9 Reysack, Riley	09	Williamsburg	1:10.48
10 Wilcox, Leah	10	Oskaloosa	1:11.70
11 Reed, Rebecka	09	Grinnell	1:12.59
12 Neely, Jordan	10	Clear Crk-Am	1:13.93
13 Pearson, Kennedy	10	Oskaloosa	1:17.20
14 Youngbear, Jo	10	S Tama Cty,	1:19.45
15 DeHahn, Paige	10	Clear Crk-Am	1:20.35

## Girls 800 Meter Run 3A

Waterfall Start			
Name	Yr	School	Finals
<b>Finals</b>			
1 Keitges, Katie	09	Knoxville	2:26.10 10
2 Phelps, Payton	12	Pella	2:27.08 8
3 Burton, Bree	10	Knoxville	2:28.49 6
4 Kivett, Gracee	11	Grinnell	2:32.49 5
5 Vodochodsky, Jensen	12	S Tama Cty,	2:35.19 4
6 Furness, Abigail	09	Grinnell	2:38.27 3
7 Breneman, Kaden	11	Williamsburg	2:38.63 2
8 Schulte, Holli	10	Benton Comm	2:40.49 1
9 Bolibaugh, Veronica	10	Oskaloosa	2:40.75
10 Kanagy, Belle	12	Williamsburg	2:42.84
11 Halstead, Erica	11	Pella	2:45.01
12 Kindley, Ashley	10	Oskaloosa	2:45.51
13 Dengler, Kayla	09	Benton Comm	2:49.45
14 Loren, Ally	10	Clear Crk-Am	2:51.86
15 York-Morris, Kelsie	11	S Tama Cty,	2:52.09
16 Fairholm, Olivia	11	Clear Crk-Am	2:53.44

## Girls 1500 Meter Run 3A

Waterfall Start			
Name	Yr	School	Finals
<b>Finals</b>			
1 Keitges, Katie	09	Knoxville	5:04.37 10
2 Roorda, Tess	12	Pella	5:06.37 8
3 Schaefer, Grace	09	Williamsburg	5:18.60 6
4 Wille, Kaitlin	10	Williamsburg	5:20.02 5
5 Vodochodsky, Jensen	12	S Tama Cty,	5:21.23 4
6 McGill, Mickayla	10	Knoxville	5:23.93 3
7 Woeste, Lauren	09	Benton Comm	5:25.66 2
8 Wittenberg, Tirzah	09	Pella	5:25.67 1
9 Conner, Nola	09	Grinnell	5:26.62
10 Jones, Anjali	09	Grinnell	5:27.45
11 Barker, Kaylie	10	Clear Crk-Am	5:30.09
12 Coon, Lauren	10	Oskaloosa	5:31.19
13 DeJong, Sienna	12	Oskaloosa	5:31.22
14 Schadle, Madelyn	10	Benton Comm	5:54.92
15 Thede, Mallory	12	S Tama Cty,	6:05.18
16 Smyka, Olivia	09	Clear Crk-Am	7:06.75

## Girls 3000 Meter Run 3A

Waterfall Start			
Name	Yr	School	Finals
<b>Finals</b>			
1 Roorda, Tess	12	Pella	11:21.71 10
2 Jones, Anjali	09	Grinnell	11:30.39 8
3 Kivett, Gracee	11	Grinnell	11:34.69 6
4 Wittenberg, Tirzah	09	Pella	11:54.10 5
5 Barker, Kaylie	10	Clear Crk-Am	12:03.54 4
6 Woeste, Lauren	09	Benton Comm	12:24.82 3
7 Wilcox, Leah	10	Oskaloosa	12:51.27 2
8 Anderson, Lori	10	Benton Comm	13:02.50 1
9 Moorman, Melissa	12	Oskaloosa	13:11.84

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Finals ... (Girls 3000 Meter Run 3A)

Name	Yr	School	Finals
10 Whitehill, Abby	09	Williamsburg	13:26.30
11 Youngbear, Jo	10	S Tama Cty,	15:23.37

## Girls 100 Meter Hurdles 3A

## 33" hurdles

Name	Yr	School	Finals
1 Martensen, Grace	10	Benton Comm	14.58 10
2 Thoreson, Emma	12	Pella	14.69 8
3 Durr, Sienna	11	Grinnell	15.24 6
4 Yuska, Lauren	12	S Tama Cty,	16.29 5
5 Stille, Trystin	12	Grinnell	16.81 4
6 Maschino, Laura	11	Benton Comm	17.00 3
7 Dethrow, Ashley	12	Knoxville	17.14 2
8 Wardenburg, Madalyn	11	Williamsburg	17.19 1
9 Slaven, Stacey	10	S Tama Cty,	18.36
10 Geguzis, Charley	09	Williamsburg	18.37
11 Weppler, Sydney	11	Pella	18.63
12 Breazeale, Raeghan	09	Knoxville	18.73
13 Cassens, Hannah	09	Oskaloosa	18.99
--- Allen, Brooke	09	Oskaloosa	DQ

## Girls 400 Meter Hurdles 3A

## 30" hurdles

Name	Yr	School	Finals
1 Pingel, Kiki	12	Pella	1:04.91 10
2 Yuska, Allison	12	S Tama Cty,	1:06.32 8
3 Holterhaus, Emily	10	Pella	1:06.95 6
4 Kelderman, Emma	10	Oskaloosa	1:07.75 5
5 Rathjen, Megan	09	Williamsburg	1:12.83 4
6 Westercamp, Alexis	12	Oskaloosa	1:12.93 3
7 Armstrong, Carma	12	Benton Comm	1:13.97 2
8 Waseskuk, Espy	09	S Tama Cty,	1:15.08 1
9 VerMeer, Charlie	09	Knoxville	1:15.27
10 Stille, Trystin	12	Grinnell	1:18.75
11 Hart, Lexi	10	Grinnell	1:21.91
12 Finn, Emily	10	Benton Comm	1:25.29
13 Adamson, Claudia	11	Williamsburg	1:31.30

## Girls 4x100 Meter Relay 3A

Team	Relay	Finals
1 Benton Comm		49.27 10
1) Garman, Gabbi 11	2) Masten, Ellie 11	
3) Masten, Elizabeth 11	4) Martensen, Grace 10	
2 Pella		49.38 8
1) Thoreson, Emma 12	2) Miller, Metsje 10	
3) Malek, Paighton 11	4) Vos, Emily 11	
3 S Tama Cty, Tama		51.76 6
1) Slaven, Shae 12	2) Yuska, Lauren 12	
3) Slaven, Stacey 10	4) Graham, Ashton 10	

4 Williamsburg		52.06 5
1) McAtee, Talia 10	2) Wardenburg, Madalyn 11	
3) Grell, Jenna 10	4) Gilbert, Brittni 12	
5 Grinnell		52.25 4
1) Wilkins, Maddie 12	2) Juni, Kamryn 12	
3) Petig, Addyson 09	4) Harris, Macy 10	
6 Clear Crk-Amana		53.28 3
1) Langridge, Madelynn 11	2) Rummehart, Rylee 10	
3) Roller, Andrea 11	4) DeHerra, Grace 10	
7 Oskaloosa		56.55 2
1) Muir, Madison 10	2) Cassens, Hannah 09	
3) Allen, Brooke 09	4) Wiltse, Savannah 10	
8 Knoxville		58.29 1
1) Burton, Bree 10	2) McDonald, Kennedy 10	
3) Olson, Lucy 12	4) McGill, Mickayla 10	

## Girls 4x200 Meter Relay 3A

Team	Relay	Finals
1 Pella		1:44.55 10
1) Pingel, Kiki 12	2) Thoreson, Elsie 09	
3) Miller, Metsje 10	4) Pingel, Annika 11	
2 Benton Comm		1:49.20 8
1) Masten, Ellie 11	2) Garman, Gabbi 11	
3) Hulsebus, Shelby 11	4) Masten, Elizabeth 11	
3 Oskaloosa		1:50.08 6
1) Kelderman, Emma 10	2) Wiltse, Savannah 10	
3) Roquet, Cara 12	4) Shilling, Shalandra 12	
4 Grinnell		1:50.29 5
1) Wilkins, Maddie 12	2) Juni, Kamryn 12	
3) Petig, Addyson 09	4) Harris, Macy 10	
5 Williamsburg		1:51.30 4
1) McAtee, Talia 10	2) Wardenburg, Madalyn 11	
3) Grell, Jenna 10	4) Gilbert, Brittni 12	
6 Clear Crk-Amana		1:52.59 3
1) Langridge, Madelynn 11	2) Hennes, Riley 11	
3) Lacina, Cierra 10	4) Stratton, Karsyn 09	
7 Knoxville		2:05.90 2
1) Goemaat, Emma 09	2) Olson, Lucy 12	
3) Misetich, Lauren 09	4) McDonald, Kennedy 10	
8 S Tama Cty, Tama		2:12.45 1
1) Backen, Makayla 09	2) Wise, Rachael 12	
3) Neave, Alana 12	4) Beyer, Mackenzie 10	

## Girls 4x400 Meter Relay 3A

Team	Relay	Finals
1 Pella		4:05.36 10
1) Pingel, Kiki 12	2) Thoreson, Elsie 09	
3) McMartin, Caroline 09	4) Pingel, Annika 11	
2 Grinnell		4:12.32 8
1) Durr, Sienna 11	2) Harris, Macy 10	
3) Juni, Kamryn 12	4) Petig, Addyson 09	
3 Clear Crk-Amana		4:16.11 6
1) Stratton, Karsyn 09	2) Hennes, Riley 11	
3) Lacina, Cierra 10	4) Navara, Claire 12	

Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017  
5/11/2017

Results - 3A District Events

Finals ... (Girls 4x400 Meter Relay 3A)

Team	Relay	Finals
4 Oskaloosa		4:18.68 5
1) VandeWall, Ava 09	2) Roquet, Cara 12	
3) McQueen, Mikayla 10	4) Westercamp, Alexis 12	
5 Benton Comm		4:35.79 4
1) Hulsebus, Shelby 11	2) Armstrong, Carma 12	
3) King, Paige 10	4) Moore, Brayden 10	
6 Williamsburg		4:44.56 3
1) Busch, Taylor 09	2) Brenneman, Kaden 11	
3) Kanagy, Belle 12	4) Grell, Jenna 10	
7 S Tama Cty, Tama		4:52.58 2
1) Riha, Katie 09	2) Stochl, Caitlyn 09	
3) St. John, Jaden 09	4) York-Morris, Kelsie 11	

Girls 4x800 Meter Relay 3A

Waterfall Start

Team	Relay	Finals
1 Williamsburg		10:10.53 10
1) Rathjen, Megan 09	2) Busch, Taylor 09	
3) Wille, Kaitlin 10	4) Schaefer, Grace 09	
2 Oskaloosa		10:11.93 8
1) DeJong, Sienna 12	2) Bolibaugh, Veronica 10	
3) Coon, Lauren 10	4) Westercamp, Alexis 12	
3 Pella		10:12.47 6
1) Phelps, Payton 12	2) Schulte, Jenna 10	
3) Halstead, Erica 11	4) McMartin, Caroline 09	
4 Knoxville		10:44.17 5
1) Burton, Bree 10	2) Neer, Emery 10	
3) Cumpton, Ashlee 11	4) McGill, Mickayla 10	
5 Benton Comm		11:30.75 4
1) Schulte, Holli 10	2) Schadle, Madelyn 10	
3) Dengler, Kayla 09	4) Ellis, Alyssa 11	
6 S Tama Cty, Tama		11:39.96 3
1) Thede, Mallory 12	2) Waseskuk, Espy 09	
3) St. John, Jaden 09	4) York-Morris, Kelsie 11	
7 Clear Crk-Amana		12:00.34 2
1) Harvey, Meagan 09	2) Fairholm, Olivia 11	
3) Loren, Ally 10	4) Smyka, Olivia 09	

Girls 800 Sprint Medley 3A

100/100/200/400

Team	Relay	Finals
1 Pella		1:48.61 10
1) Thoreson, Emma 12	2) Malek, Paighton 11	
3) Vos, Emily 11	4) Pingel, Annika 11	
2 Benton Comm		1:49.91 8
1) Maschino, Laura 11	2) Masten, Ellie 11	
3) Martensen, Grace 10	4) Hulsebus, Shelby 11	
3 S Tama Cty, Tama		1:52.75 6
1) Slaven, Shae 12	2) Graham, Ashton 10	
3) Yuska, Lauren 12	4) Yuska, Allison 12	

4 Clear Crk-Amana		1:54.19 5
1) Langridge, Madelynn 11	2) Rummlehart, Rylee 10	
3) Stratton, Karsyn 09	4) Lacina, Cierra 10	
5 Grinnell		2:01.66 4
1) Wilkins, Maddie 12	2) Moore, Jessica 12	
3) Luther, Madison 10	4) Hungerford, Kyra 12	
6 Oskaloosa		2:04.35 3
1) Muir, Madison 10	2) VandeWall, Ava 09	
3) Allen, Brooke 09	4) McQueen, Mikayla 10	
7 Williamsburg		2:06.32 2
1) Yenter, Maddie 09	2) Grell, Jenna 10	
3) Geguzis, Charley 09	4) Kanagy, Belle 12	

Girls Distance Medley 3A

200/200/400/800

Team	Relay	Finals
1 Pella		4:25.86 10
1) Miller, Metsje 10	2) Rundle, Kristin 12	
3) Holterhaus, Emily 10	4) Roorda, Tess 12	
2 Knoxville		4:28.99 8
1) Carter, Bailey 12	2) Jackson, Abbey 09	
3) Neer, Emery 10	4) Keitges, Katie 09	
3 Williamsburg		4:35.31 6
1) McAttee, Talia 10	2) Wardenburg, Madalyn 11	
3) Rathjen, Megan 09	4) Schaefer, Grace 09	
4 Benton Comm		4:41.11 5
1) Slouha, Lauren 10	2) Thys, Mallory 09	
3) Armstrong, Carma 12	4) King, Paige 10	
5 Clear Crk-Amana		4:45.64 4
1) Rummlehart, Rylee 10	2) Roller, Andrea 11	
3) Navara, Claire 12	4) Harvey, Meagan 09	
6 Grinnell		4:46.90 3
1) Moore, Jessica 12	2) Luther, Madison 10	
3) Hungerford, Kyra 12	4) Conner, Nola 09	
7 S Tama Cty, Tama		4:50.48 2
1) Stochl, Caitlyn 09	2) St. John, Jaden 09	
3) Riha, Katie 09	4) Vodochodsky, Jensen 12	
8 Oskaloosa		5:21.79 1
1) Kindley, Ashley 10	2) Snyder, Ellie 10	
3) VerSteegh, Grace 10	4) McDougall, Anniston 09	

Girls 4x100 Meter Shuttle Hurdle 3A

33" hurdles

Team	Relay	Finals
1 Benton Comm		1:05.03 10
1) Maschino, Laura 11	2) Masten, Elizabeth 11	
3) Thys, Mallory 09	4) Martensen, Grace 10	
2 Pella		1:05.19 8
1) Pingel, Kiki 12	2) Holterhaus, Emily 10	
3) Thoreson, Elsie 09	4) Thoreson, Emma 12	
3 Grinnell		1:08.23 6
1) Stille, Trystin 12	2) Hart, Lexi 10	
3) Neighbors, Kylee 09	4) Durr, Sienna 11	

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Finals ... (Girls 4x100 Meter Shuttle Hurdle 3A)

Team	Relay	Finals
4 S Tama Cty, Tama		1:08.56 5
1) Yuska, Lauren 12	2) Slaven, Stacey 10	
3) Graham, Ashton 10	4) Yuska, Allison 12	
5 Oskaloosa		1:11.37 4
1) VandeWall, Ava 09	2) Allen, Brooke 09	
3) Shilling, Shalandra 12	4) Kelderman, Emma 10	
6 Knoxville		1:17.53 3
1) Breazeale, Raeghan 09	2) VerMeer, Charlie 09	
3) Clark, Kacie 10	4) Dethrow, Ashley 12	

## Girls High Jump 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Slaven, Stacey	10	S Tama Cty,	5-04.00 10
2 Holterhaus, Emily	10	Pella	5-02.00 8
3 Juni, Kamryn	12	Grinnell	5-02.00 6
4 Shilling, Shalandra	12	Oskaloosa	5-02.00 5
5 Kelderman, Emma	10	Oskaloosa	5-01.00 4
6 Roller, Andrea	11	Clear Crk-Am	5-00.00 3
7 Neighbors, Kylee	09	Grinnell	5-00.00 2
8 Courneya, Caley	12	Williamsburg	5-00.00 1
9 Moats, Kayla	11	Knoxville	4-10.00

## Girls Long Jump 3A

## 3 preliminary jumps - Top 8 advance to finals

## Final: 3 final jumps

Name	Yr	School	Finals
<b>Finals</b>			
1 Durr, Sienna	11	Grinnell	17-04.25 10
2 Malek, Paighton	11	Pella	16-04.00 8
3 Stratton, Karsyn	09	Clear Crk-Am	15-10.75 6
4 Slaven, Shae	12	S Tama Cty,	15-07.75 5
5 McAtee, Talia	10	Williamsburg	15-03.75 4
6 Moore, Jessica	12	Grinnell	15-03.50 3
7 Maschino, Laura	11	Benton Comm	14-11.75 2
8 Muir, Madison	10	Oskaloosa	13-07.75 1
9 Rosenberger, Clarissa	09	S Tama Cty,	11-02.25

## Girls Shot Put 3A

## 3 preliminary throws - Top 8 advance to finals

## Final: 3 final throws

Name	Yr	School	Finals
<b>Finals</b>			
1 Holtz, Sabrina	12	S Tama Cty,	39-08.00 10
2 Jansen, Elisabeth	12	Pella	38-07.00 8
3 Papakee, Oceana	12	Benton Comm	37-08.00 6
4 DeWaard, Kaeleigh	11	Pella	37-04.00 5
5 Still, Valerie	12	Williamsburg	36-11.00 4
6 Schrock, Ainsley	09	Clear Crk-Am	35-05.00 3
7 McWhorter, Kasi	10	Benton Comm	35-00.00 2
8 Hulsing, Emilee	12	Grinnell	34-09.50 1
9 Holub, Jill	09	Williamsburg	33-02.00
10 Wnek, Danielle	11	Clear Crk-Am	30-11.50
11 Pearson, Cassidy	11	Knoxville	30-11.00

12 Martin, Maliyah	10	Oskaloosa	30-09.50
13 Parker, Abby	12	Oskaloosa	29-09.00
14 Devin, Molly	10	Knoxville	29-05.50
15 Hulsing, Erica	12	Grinnell	26-08.00

## Girls Discus Throw 3A

## 3 preliminary throws - Top 8 advance to finals

## Final: 3 final throws

Name	Yr	School	Finals
<b>Finals</b>			
1 Westercamp, Alexis	12	Oskaloosa	124-01 10
2 Cairney, Elly	10	Pella	122-08 8
3 Schrock, Ainsley	09	Clear Crk-Am	122-00 6
4 Roller, Mariah	12	Clear Crk-Am	118-06 5
5 Jansen, Elisabeth	12	Pella	110-05 4
6 Holtz, Sabrina	12	S Tama Cty,	108-10 3
7 Pearson, Cassidy	11	Knoxville	108-07 2
8 Agan, Alexis	12	Oskaloosa	107-00 1
9 Weldon, Amaleah	12	Williamsburg	103-09
10 McWhorter, Kasi	10	Benton Comm	101-02
11 Bossler, Morgan	12	Benton Comm	98-06
12 Hulsing, Emilee	12	Grinnell	95-08
13 Hulsing, Erica	12	Grinnell	92-04
14 Devin, Molly	10	Knoxville	90-04
15 Holub, Jill	09	Williamsburg	84-06

## Boys 100 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Nolan, Riley	11	Benton Comm	11.15 10
2 Hazen-Fabor, Gage	10	Williamsburg	11.33 8
3 Roudabush, Luke	12	Grinnell	11.68 6
4 Kabbage, Zach	10	Clear Crk-Am	11.81 5
5 Wetjen, Kaden	09	Williamsburg	11.93 4
6 Strand, Tanner	10	Grinnell	11.94 3
7 VanDonselaar, Tim	12	Oskaloosa	11.98 2
8 Warner, Sam	10	Pella	12.02 1
9 Hackman, Derek	10	Pella	12.28
10 Dykstra, Nik	10	Oskaloosa	12.37
11 Garcia, Gunnar	11	Knoxville	12.38
12 Sheely, Dylan	11	Clear Crk-Am	12.51
13 Bailey, Carter	09	Knoxville	12.64
14 Dostal, Derek	12	Benton Comm	13.02
15 Blocker, Conner	09	S Tama Cty,	13.22

## Boys 200 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Nolan, Riley	11	Benton Comm	23.30 10
2 Sindt, Connor	12	Benton Comm	23.31 8
3 Gerard, Nick	09	Clear Crk-Am	24.19 6
4 Reighard, Jacoby	12	Clear Crk-Am	24.21 5
5 Miller, Tyler	09	Oskaloosa	24.46 4
6 Wetjen, Kaden	09	Williamsburg	24.55 3
7 Price, Colin	10	S Tama Cty,	24.66 2
8 Ware, Warren	10	Grinnell	24.85 1

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Finals ... (Boys 200 Meter Dash 3A)

Name	Yr	School	Finals
9 Bryant, Isaac	09	Grinnell	24.88
10 Zuck, Jacob	11	Knoxville	25.17
11 Powell, Drake	09	Williamsburg	25.39
12 Robinson, Nathaniel	11	Pella	25.91
13 Garcia, Gunnar	11	Knoxville	26.40
14 Leovan, Spencer		Pella	26.46
15 Blocker, Conner	09	S Tama Cty,	28.38

## Boys 400 Meter Dash 3A

Name	Yr	School	Finals
<b>Finals</b>			
1 Allen, Sam	12	Grinnell	51.58 10
2 Filloon, Hunter	12	S Tama Cty,	53.24 8
3 Zubrod, Andrew	10	Williamsburg	55.27 6
4 Deitrick, Treyton	10	Williamsburg	55.65 5
5 Ware, Warren	10	Grinnell	55.76 4
6 Hodnefield, Brice	12	Benton Comm	56.29 3
7 Van Gorp, Colby	09	Pella	56.66 2
8 Lasley, Nathan	11	S Tama Cty,	56.93 1
9 Smith, Jacob	12	Benton Comm	57.20
10 McAreavy, Kaden	10	Clear Crk-Am	57.36
11 Van Hauen, Drew	10	Pella	57.68
12 Toy, Derek	12	Clear Crk-Am	58.44
13 Worth, Cooper	09	Knoxville	1:01.39

## Boys 800 Meter Run 3A

## Waterfall start

Name	Yr	School	Finals
<b>Finals</b>			
1 Huyser, Carter	10	Oskaloosa	2:03.05 10
2 Van Dusseldorp, Josh	12	Pella	2:03.24 8
3 Steffen, Landon	11	Grinnell	2:04.77 6
4 Gauley, Thomas	11	Pella	2:06.49 5
5 Groepper, Grayson	11	Williamsburg	2:06.54 4
6 Lange, Drew	09	Benton Comm	2:07.77 3
7 Munger, Talon	11	Oskaloosa	2:08.63 2
8 Cunningham, Matthew	10	Grinnell	2:09.95 1
9 Mitchell, Joe	12	Knoxville	2:10.66
10 Santiago, Angelo	10	Williamsburg	2:10.88
11 Mouglin, Drake	12	Clear Crk-Am	2:11.49
12 Morris, Jarret	12	S Tama Cty,	2:11.83
13 Oxley, Ben	12	Clear Crk-Am	2:13.43
14 Gorkow, Patrick	11	Benton Comm	2:16.16
15 Buffalo, Kaiden	11	S Tama Cty,	2:18.48

## Boys 1600 Meter Run 3A

## Waterfall Start

Name	Yr	School	Finals
<b>Finals</b>			
1 Clower, Thomas	11	Grinnell	4:36.74 10
2 Bernhagen, Nick	12	Pella	4:36.86 8
3 Chamberland, Lucas	12	Grinnell	4:41.18 6
4 Winegardner, Blaise	11	Pella	4:43.13 5
5 O'Connor, Nick	09	Clear Crk-Am	4:52.17 4

6 Lamparek, Ben	11	Williamsburg	4:55.76 3
7 Wingert, Luke	12	Clear Crk-Am	4:56.31 2
8 Groepper, Grayson	11	Williamsburg	4:57.36 1
9 Spears, Jacob	11	Oskaloosa	4:58.98
10 Ullestad, Michael	12	Knoxville	5:01.64
11 Spina, Dylan	10	Benton Comm	5:05.06
12 Volesky, Blaine	11	Benton Comm	5:05.99
13 McDonald, Jack	12	Knoxville	5:12.40
14 Jordan, Nick	11	S Tama Cty,	5:13.86
15 Branam, Chase	11	S Tama Cty,	5:17.64

## Boys 3200 Meter Run 3A

## Waterfall Start

Name	Yr	School	Finals
<b>Finals</b>			
1 Chamberland, Lucas	12	Grinnell	10:02.12 10
2 Gorkow, Patrick	11	Benton Comm	10:02.70 8
3 Bernhagen, Nick	12	Pella	10:03.08 6
4 Vos, Isaac	12	Pella	10:21.71 5
5 O'Connor, Nick	09	Clear Crk-Am	10:21.94 4
6 Lamparek, Ben	11	Williamsburg	10:24.76 3
7 Liebe, Cole	10	Clear Crk-Am	10:38.39 2
8 O'Halloran, Trenton	11	Grinnell	10:51.65 1
9 Williamson, Cael	10	Williamsburg	11:34.87
10 Branam, Chase	11	S Tama Cty,	11:35.28
11 Bacon, Jordan	09	Knoxville	11:37.67
12 Maas, Jared	11	Oskaloosa	12:35.98
13 Shullaw, Kyle	11	Oskaloosa	14:01.45

## Boys 110 Meter Hurdles 3A

## 39 "hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Marshall, Koal	11	Benton Comm	15.11 10
2 Davis, Trent	12	Knoxville	15.87 8
3 Subbert, Ben	11	Williamsburg	15.88 6
4 Buma, Jordan	10	Pella	15.96 5
5 VanRoekel, Jaden	11	Oskaloosa	16.48 4
6 Ling, Ben	11	Williamsburg	16.82 3
7 Gruman, Ryan	10	Grinnell	17.06 2
8 Dykstra, Nik	10	Oskaloosa	17.36 1
9 Embretson, Grant	09	Benton Comm	17.55
10 Riggan, Grant	12	Clear Crk-Am	18.03
11 Cline, Bryson	11	Grinnell	19.65

## Boys 400 Meter Hurdles 3A

## 30" hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Spry, Bennett	12	Oskaloosa	55.78 10
2 Van Zee, Avery	11	Pella	56.58 8
3 Franzenburg, Grant	12	Benton Comm	58.25 6
4 Toy, Derek	12	Clear Crk-Am	58.57 5
5 VanRoekel, Jaden	11	Oskaloosa	1:02.01 4
6 Van Hauen, Drew	10	Pella	1:02.42 3
7 Aljets, Ethan	12	Williamsburg	1:02.66 2

Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

Results - 3A District Events

Finals ... (Boys 400 Meter Hurdles 3A)			
Name	Yr	School	Finals
8 Dursky, Landon	09	Knoxville	1:03.35 1
9 Embretson, Grant	09	Benton Comm	1:03.63
10 Gruman, Ryan	10	Grinnell	1:04.21
11 Riggan, Grant	12	Clear Crk-Am	1:05.15
12 Babinat, Gabriel	10	S Tama Cty,	1:05.25

Boys 4x100 Meter Relay 3A

Team	Relay	Finals
<b>Finals</b>		
1 Benton Comm		44.22 10
1) Sindt, Connor 12	2) Marcus, Josh 12	
3) Nolan, Parker 11	4) Nolan, Riley 11	
2 Williamsburg		44.31 8
1) Powell, Mathyan 10	2) Powell, Isaiah 12	
3) Hazen-Fabor, Gage 10	4) Greiner, Derek 12	
3 Grinnell		44.59 6
1) Roudabush, Luke 12	2) Strand, Tanner 10	
3) Simon, Jake 12	4) Allen, Sam 12	
4 Oskaloosa		44.86 5
1) Harris, J'Von 12	2) Sterner, Andy 12	
3) Hill, Casey 10	4) Spry, Bennett 12	
5 Pella		45.74 4
1) Thomas, Gabe 10	2) Ware, Curtis 11	
3) Schnell, Reece 11	4) Chapman, Dalton 11	
6 Clear Crk-Amana		46.17 3
1) Brimeyer, Matt 11	2) Kabbage, Zach 10	
3) Stockman, Trevor 10	4) Sheely, Dylan 11	
7 Knoxville		48.27 2
1) Bailey, Carter 09	2) Zuck, Jacob 11	
3) Jones, Colton 09	4) Streigle, Kaleb 10	

Boys 4x200 Meter Relay 3A

Team	Relay	Finals
<b>Finals</b>		
1 Benton Comm		1:32.65 10
1) Sindt, Connor 12	2) Osborn, Blake 09	
3) Nolan, Parker 11	4) Nolan, Riley 11	
2 Williamsburg		1:33.11 8
1) Powell, Mathyan 10	2) Powell, Isaiah 12	
3) Greiner, Derek 12	4) Hazen-Fabor, Gage 10	
3 Grinnell		1:34.22 6
1) Roudabush, Luke 12	2) Strand, Tanner 10	
3) Simon, Jake 12	4) Simon, Joe 10	
4 Pella		1:36.55 5
1) Chapman, Dalton 11	2) Schnell, Reece 11	
3) Warner, Sam 10	4) Ware, Curtis 11	
5 Clear Crk-Amana		1:37.34 4
1) Reighard, Jacoby 12	2) Kabbage, Zach 10	
3) Stockman, Trevor 10	4) Sheely, Dylan 11	
6 Knoxville		1:43.54 3
1) Bailey, Carter 09	2) Garcia, Gunnar 11	
3) Jones, Colton 09	4) Streigle, Kaleb 10	

--- Oskaloosa		DQ
1) Meislahn, Blake 12	2) VanLeuven, Dylan 10	
3) Moore, Jack 12	4) Miller, Tyler 09	

Boys 4x400 Meter Relay 3A

Team	Relay	Finals
<b>Finals</b>		
1 Grinnell		3:29.62 10
1) Simon, Joe 10	2) Gibson, Brett 10	
3) Simon, Jake 12	4) Allen, Sam 12	
2 Pella		3:31.08 8
1) Robinson, Nathaniel 11	2) Miller, Zion 12	
3) Van Dusseldorp, Josh 12	4) Van Zee, Avery 11	
3 Knoxville		3:31.41 6
1) Champman, Titius 11	2) Little, Justin 12	
3) Davis, Trent 12	4) Hollinrake, Joe 11	
4 Oskaloosa		3:32.62 5
1) Huyser, Carter 10	2) Hoven, Shane 11	
3) Sterner, Andy 12	4) Schultz, Iszac 09	
5 Williamsburg		3:36.03 4
1) Allen, Jacob 10	2) Greiner, Derek 12	
3) Ling, Ben 11	4) Ritchie, Gavin 12	
6 Benton Comm		3:40.04 3
1) Smith, Jacob 12	2) Osborn, Blake 09	
3) Moore, Noah 11	4) Thompson, Nick 11	
7 S Tama Cty, Tama		3:47.85 2
1) Morris, Jarret 12	2) Keahna, Keith 10	
3) Wanatee-Romero, Jesus 09	4) Filloon, Hunter 12	
8 Clear Crk-Amana		3:49.92 1
1) Gisleson, Quentin 10	2) Toy, Derek 12	
3) Thomsen, Tate 12	4) McAreavy, Kaden 10	

Boys 4x800 Meter Relay 3A

Team	Relay	Finals
<b>Waterfall start</b>		
<b>Finals</b>		
1 Oskaloosa		8:15.10 10
1) Munger, Talon 11	2) Hacker, Jacob 10	
3) Schultz, Iszac 09	4) Huyser, Carter 10	
2 Pella		8:16.36 8
1) Gauley, Thomas 11	2) Winegardner, Blaise 11	
3) Houtz, Adam 11	4) Van Dusseldorp, Josh 12	
3 Grinnell		8:19.13 6
1) Steffen, Landon 11	2) Cunningham, Matthew 10	
3) Gibson, Brett 10	4) Simon, Joe 10	
4 Clear Crk-Amana		8:27.67 5
1) Mouglin, Drake 12	2) Gisleson, Quentin 10	
3) McAreavy, Kaden 10	4) Wingert, Jack 12	
5 Williamsburg		8:31.01 4
1) Groepper, Grayson 11	2) Deitrick, Treyton 10	
3) Ritchie, Gavin 12	4) Lamparek, Ben 11	
6 S Tama Cty, Tama		9:17.43 3
1) Morris, Jarret 12	2) Babinat, Gabriel 10	
3) Buffalo, Kaiden 11	4) Lasley, Nathan 11	

Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017  
5/11/2017

Results - 3A District Events

Finals ... (Boys 4x800 Meter Relay 3A)

Team	Relay	Finals
7 Benton Comm		9:22.35 2
1) Lange, Drew 09	2) Volesky, Blaine 11	
3) Lavin, Sam 11	4) Atwood, Russell 10	
8 Knoxville		9:52.01 1
1) Hamilton, Eli 10	2) Douglas, Dylan 11	
3) Eckert, Alex 09	4) Walraven, Trent 09	

Boys 800 Sprint Medley 3A

Team	Relay	Finals
1 Grinnell		1:35.70 10
1) Roudabush, Luke 12	2) Strand, Tanner 10	
3) Simon, Jake 12	4) Allen, Sam 12	
2 Pella		1:37.33 8
1) Thomas, Gabe 10	2) Chapman, Dalton 11	
3) Ware, Curtis 11	4) Van Zee, Avery 11	
3 Williamsburg		1:38.09 6
1) Powell, Mathyan 10	2) Powell, Isaiah 12	
3) Hazen-Fabor, Gage 10	4) Ritchie, Gavin 12	
4 Benton Comm		1:39.28 5
1) Thompson, Nick 11	2) Nolan, Parker 11	
3) Moore, Noah 11	4) Osborn, Blake 09	
5 Clear Crk-Amana		1:40.79 4
1) Brimeyer, Matt 11	2) Johanson, Seb 11	
3) Reighard, Jacoby 12	4) Gerard, Nick 09	
6 S Tama Cty, Tama		1:45.07 3
1) Patro, Brendan 10	2) Price, Colin 10	
3) Filloon, Hunter 12	4) Wanatee-Romero, Jesus 09	
7 Knoxville		1:46.09 2
1) Bailey, Carter 09	2) Garcia, Gunnar 11	
3) Zuck, Jacob 11	4) Jones, Colton 09	
8 Oskaloosa		1:46.15 1
1) Hoven, Shane 11	2) Dykstra, Nik 10	
3) VanDonselaar, Tim 12	4) Hunt, Ben 10	

Boys Distance Medley 3A  
200/200/400/800

Team	Relay	Finals
1 Benton Comm		3:41.84 10
1) Sindt, Connor 12	2) Nolan, Parker 11	
3) Thompson, Nick 11	4) Spina, Dylan 10	
2 Knoxville		3:43.01 8
1) Davis, Trent 12	2) Hollinrake, Joe 11	
3) Champman, Titius 11	4) Little, Justin 12	
3 Oskaloosa		3:44.35 6
1) Harris, J'Von 12	2) Howard, Seth 11	
3) Spry, Bennett 12	4) Hacker, Jacob 10	
4 Williamsburg		3:48.58 5
1) Ling, Ben 11	2) Subbert, Ben 11	
3) Allen, Jacob 10	4) Ritchie, Gavin 12	
5 Clear Crk-Amana		3:50.90 4
1) Johanson, Seb 11	2) Stockman, Trever 10	
3) Gerard, Nick 09	4) Mouglin, Drake 12	

6 Pella		4:03.45 3
1) Chapman, Dalton 11	2) Schnell, Reece 11	
3) Miller, Zion 12	4) Bernhagen, Nick 12	
7 S Tama Cty, Tama		4:08.24 2
1) Price, Colin 10	2) Wanatee-Romero, Jesus 09	
3) Keahna, Keith 10	4) Babinat, Gabriel 10	
8 Grinnell		4:10.07 1
1) Farmer, Alex 11	2) Popp, Nick 11	
3) Creps, Jayden 10	4) Gruman, Adam 11	

Boys 4x110 Meter Shuttle Hurdle 3A  
33" hurdles

Team	Relay	Finals
1 Pella		1:00.49 10
1) Thomas, Gabe 10	2) Buma, Jordan 10	
3) Ware, Curtis 11	4) Van Zee, Avery 11	
2 Benton Comm		1:00.57 8
1) Franzenburg, Grant 12	2) Marcus, Josh 12	
3) Schroeder, Turner 09	4) Marshall, Koal 11	
3 Oskaloosa		1:00.96 6
1) VanRoekel, Jaden 11	2) VanLeuven, Dylan 10	
3) Miller, Tyler 09	4) Spry, Bennett 12	
4 Clear Crk-Amana		1:01.38 5
1) Brimeyer, Matt 11	2) Riggan, Grant 12	
3) Johanson, Seb 11	4) Toy, Derek 12	
5 Grinnell		1:12.31 4
1) Gruman, Ryan 10	2) Cline, Bryson 11	
3) Christinson, Caden 09	4) Lender, Jarret 09	

Boys High Jump 3A

Name	Yr	School	Finals
1 Moore, Jack	12	Oskaloosa	6-05.00 10
2 Keahna, Keith	10	S Tama Cty,	6-04.00 8
3 Harris, J'Von	12	Oskaloosa	6-02.00 6
4 Schroeder, Turner	09	Benton Comm	5-08.00 5

Boys Long Jump 3A

3 preliminary jumps - Top 8 advance to finals

Final: 3 final jumps

Name	Yr	School	Finals
1 Harris, J'Von	12	Oskaloosa	23-03.75 10
2 Davis, Trent	12	Knoxville	21-04.25 8
3 Powell, Isaiah	12	Williamsburg	20-03.50 6
4 Marcus, Josh	12	Benton Comm	20-02.75 5
5 Johanson, Seb	11	Clear Crk-Am	19-11.75 4
6 Thompson, Nick	11	Benton Comm	19-05.25 3
7 Price, Colin	10	S Tama Cty,	19-00.25 2
8 Warner, Sam	10	Pella	18-03.25 1
9 Schouten, David	09	Pella	18-01.50
10 Kabbage, Zach	10	Clear Crk-Am	17-07.75
11 Lender, Jarret	09	Grinnell	16-11.00
12 Bryant, Isaac	09	Grinnell	16-00.25
13 Kuesel, Cedric	10	Williamsburg	15-11.75

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

**Finals ... (Boys Long Jump 3A)**

Name	Yr	School	Finals
14 VanDonselaar, Tim	12	Oskaloosa	15-03.50

**Boys Shot Put 3A****3 preliminary throws - Top 8 advance to finals****Final: 3 final throws**

Name	Yr	School	Finals
------	----	--------	--------

**Finals**

1 Wassenaar, Tyson	12	Pella	53-10.50	10
2 DeJong, Nick	10	Pella	52-09.50	8
3 Stumpff, Quentin	12	Williamsburg	49-08.50	6
4 Gustafson, Dayne	12	Williamsburg	49-00.50	5
5 Peterson, Travis	11	Knoxville	48-11.50	4
6 Swenka, Will	12	Clear Crk-Am	47-03.00	3
7 VanVeldhuizen, Blake	11	Oskaloosa	45-08.50	2
8 Buckley, Alex	10	Knoxville	44-03.00	1
9 Timmerman, Bryce	11	Benton Comm	43-06.00	
10 Reinier, Levi	12	Grinnell	42-03.50	
11 Schultz, Alec	12	Grinnell	42-02.50	
12 Kithcart, Jackson	10	Benton Comm	41-04.50	
13 Kutz, Nick	11	Oskaloosa	39-06.50	
14 Patro, Brendan	10	S Tama Cty,	39-01.00	
15 Ferneau, Gannon	11	S Tama Cty,	38-11.00	
16 Grell, Stone	11	Clear Crk-Am	37-08.50	

**Boys Discus Throw 3A****3 preliminary throws - Top 8 advance to finals****Final: 3 final throws**

Name	Yr	School	Finals
------	----	--------	--------

**Finals**

1 Wassenaar, Tyson	12	Pella	174-08	10
2 Gustafson, Dayne	12	Williamsburg	141-10	8
3 DeJong, Nick	10	Pella	140-07	6
4 Knutson, Logan	12	Williamsburg	138-04	5
5 Reinier, Levi	12	Grinnell	132-08	4
6 Crozier, Conner	12	Knoxville	131-01	3
7 Timmerman, Bryce	11	Benton Comm	126-06	2
8 Riggan, Grant	12	Clear Crk-Am	125-06	1
9 Schultz, Alec	12	Grinnell	113-00	
10 Meislahn, Blake	12	Oskaloosa	109-01	
11 Hirl, John	12	Oskaloosa	106-07	
12 Venneman, Brandon	11	Benton Comm	95-09	
13 Hansen, Bryant	11	S Tama Cty,	86-08	
14 Ferneau, Gannon	11	S Tama Cty,	1-11.50	

**Women - 3A - Team Rankings - 19 Events Scored**

1) Pella	201
2) Benton Comm	109
3) Grinnell	90
4) S Tama Cty, Tama	87
5) Knoxville	68
6) Williamsburg	64
7) Oskaloosa	62
8) Clear Crk-Amana	54

**Men - 3A - Team Rankings - 19 Events Scored**

1) Pella	137
2) Benton Comm	121
3) Williamsburg	113
4) Grinnell	107
5) Oskaloosa	98
6) Clear Crk-Amana	67
7) Knoxville	47
8) S Tama Cty, Tama	31