

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Girls 100 Meter Dash Wheelchair

Name	School	Finals
1 Horn, Maria	Ottumwa	33.64

Girls 100 Meter Dash

National HS: 10.98 N 6/20/2015 Candace Hill
State HS: 11.5h S 1985 Natasha Kaiser

Name	School	Finals
1 Andorf, Madeline	CR Prairie	12.66
2 Miller, Metsje	Pella	12.68
3 Gioffredi, Grace	Indianola	12.84
4 Terpstra, Kynnedei	Newton	13.21
5 Steinfeldt, Patricia	Indianola	13.32
6 Guest, Anne	Ottumwa	13.33
7 Newland, Lina	Ottumwa	13.53
8 Lonneman, Josi	Adel-Desoto-	13.54
9 Brooks, Zariah	Ames	13.56
10 Lee, Zoe	Ames	13.58
11 Friesth, Anna	Adel-Desoto-	13.67
12 Renaud, Maggie	Pella	13.94
13 Spencer, Savanna	Newton	13.97
14 Welden, Abbey	Marshalltown	14.08
15 Lacy, Lauren	CR Prairie	14.10
16 Graham, Ashton	South Tama C	14.19
17 Culbertson, Brielle	Bondurant-Fa	14.24
18 Benning-Shorb, Micah	Grinnell	14.49
19 Deaver, Kira	Knoxville	14.76
20 Collins, Grace	Marshalltown	15.08
21 Muir, Madison	Oskaloosa	15.30
22 Hollingsworth, Megan	Grinnell	15.65
23 Faircloth, Mackenzie	Newton	17.00
24 Beyer, Mackenzie	South Tama C	17.67
25 Kimmel, Samantha	Newton	18.46

Girls 200 Meter Dash

National HS: 22.11 N 5/3/2003 Allyson Felix
State HS: 24.1h S 1987 Robin Threatt

Name	School	Finals
1 Petig, Addyson	Grinnell	27.60
2 Kerndt, Calla	Pella	27.72
3 Diggins-Kennedy, Genesee	Ames	28.18
4 Grissel, Kamryn	CR Prairie	28.22
5 Blake, Leah	Indianola	28.30
6 Nelson, Katie	Ottumwa	28.69
7 Lohmann, Lizzy	Adel-Desoto-	28.73
8 Crook, Alexis	Bondurant-Fa	28.88
9 Tietjens, Leah	Ames	28.91
10 Davis, Nya	Newton	29.05
11 DeRonde, Faith	Oskaloosa	29.10
12 Vergara, Priscila	Marshalltown	29.10

13 Schneckloth, Chloe	Ottumwa	29.27
14 Lacy, Lauren	CR Prairie	29.58
15 Hook, Elle	Adel-Desoto-	29.69
16 Brown, Lexi	Pella	29.97
17 Backen, Emma	South Tama C	30.33
18 Hollingsworth, Megan	Grinnell	30.37
19 Deaver, Kira	Knoxville	30.63
20 Ramirez, Mariana	Marshalltown	31.31
21 Smith, Briahna	Newton	31.54
22 Kincaid, Kenzie	Knoxville	32.33
23 Perry, Heather	Newton	32.63
24 Beyer, Mackenzie	South Tama C	36.29
25 Grace, Brandi	Oskaloosa	37.73

Girls 400 Meter Dash

National HS: 50.69 N 6/22/2002 Sanya Richards-Ross
State HS: 53.96 S 2010 Hannah Willms

Name	School	Finals
1 Blake, Bailey	Indianola	1:01.42
2 Bookin-Nosbisch, Grace	Ottumwa	1:01.70
3 Kelderman, Emma	Oskaloosa	1:03.73
4 Bishop, Kierra	Ottumwa	1:04.75
5 Czerwinski, Jordan	Oskaloosa	1:04.94
6 Reittinger, Carli	CR Prairie	1:05.15
7 Tietjens, Leah	Ames	1:05.41
8 Blommers, Ashley	Pella	1:08.38
9 Chan, Nyadio	Ames	1:08.52
10 Blommers, Lindsey	Pella	1:09.06
11 Hook, Elle	Adel-Desoto-	1:10.12
12 Furness, Abbi	Grinnell	1:10.43
13 Rauch, Jaycie	South Tama C	1:10.80
14 Peak, Morgan	Grinnell	1:10.90
15 Smith, Aniston	Adel-Desoto-	1:12.89
16 Miller, Anna	Indianola	1:14.03
17 Zaabel, Lauren	Newton	1:15.69
18 Kincaid, Kenzie	Knoxville	1:17.35
19 Raper, Lizy	Newton	1:23.15

Girls 800 Meter Run

National HS: 1:59.51 N 6/1/2013 Mary Cain
State HS: 2:07.35 S 2009 Shelby Houlihan

Name	School	Finals
1 Mellin, Carollin	Ottumwa	2:24.19
2 Forbes, Jady	Indianola	2:24.20
3 Cortez, Gabby	CR Prairie	2:33.26
4 Wittenberg, Tirzah	Pella	2:33.88
5 Koppes, Alyza	CR Prairie	2:35.01
6 Barajas, Mia	Marshalltown	2:36.46
7 Ryken, Delaney	Ames	2:37.76
8 Werling, Joey	Indianola	2:38.67
9 Larsson, Thea	Grinnell	2:44.03
10 Malow, Ashay	Newton	2:45.04

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Results - Cardinal Invitational 2019 - Newton

Finals ... (Girls 800 Meter Run)

Name	School	Finals
11 Ainsworth, Makenna	Marshalltown	2:46.52
12 Erhardt, Emily	Bondurant-Fa	2:47.80
13 Brittain, Belle	Adel-Desoto-	2:48.29
14 Burton, Bree	Knoxville	2:48.68
15 Mellin, Isabelle	Ottumwa	2:48.99
16 Hanulikova, Caitlyn	Ames	2:49.56
17 Chyma, Alyssa	South Tama C	2:50.21
18 Sieck, Kayla	Grinnell	2:56.10
19 Oswalt, Willow	Newton	3:04.03
20 Silhanek, Rachel	South Tama C	3:11.32
21 Payne, Olivia	Knoxville	3:21.02
22 Pickett, Madie	Newton	3:23.52
23 Smith, Kali	Newton	3:42.50
--- Smith, Aniston	Adel-Desoto-	DNF
--- Edwards, Hailey	Bondurant-Fa	DNF

Girls 1500 Meter Run

National HS: 4:04.62 N 5/17/2013 Mary Cain

State HS: 4:26.39 S 2011 Shelby Houlihan

Name	School	Finals
1 Rhoads, Rachel	Newton	5:03.88
2 Hermansen, Phoebe	Marshalltown	5:12.67
3 Meyer, Laurdyn	CR Prairie	5:16.67
4 Jones, Anjali	Grinnell	5:18.41
5 Jorgensen, Chelsea	Pella	5:19.96
6 White, Kendall	CR Prairie	5:21.63
7 Welch, Hannah	Adel-Desoto-	5:21.65
8 Kruse, Makayla	Pella	5:32.50
9 Conner, Nola	Grinnell	5:33.18
10 Smith, Rachel	Marshalltown	5:35.33
11 Matthews, Lauren	Ames	5:37.96
12 Engelhardt, Rachel	Indianola	5:41.23
13 McGill, Mickayla	Knoxville	5:41.86
14 Erhardt, Emily	Bondurant-Fa	5:48.41
15 Mellin, Isabelle	Ottumwa	5:49.40
16 Lozano, Elizabeth	Bondurant-Fa	5:51.16
17 Munyan, Astrea	Adel-Desoto-	5:58.42
18 Lumsden, Abby	Oskaloosa	6:02.39
19 Stalzer, Morgan	Newton	6:09.70
20 Cross, Serena	Ames	6:23.03
21 Murphy, Sophie	Knoxville	6:23.96
22 Lasley, Neena	South Tama C	6:24.22
23 Benson, Grace	Newton	6:44.33
24 Stock, Lila	Ottumwa	6:45.06

Girls 3000 Meter Run

National HS: 9:00.16 N 2/1/2014 Alexa Efraimson

State HS: 9:24.67 S 2014 Stephanie Jenks

Name	School	Finals
1 Hermansen, Phoebe	Marshalltown	11:09.56

2 Meyer, Laurdyn	CR Prairie	11:11.43
3 White, Kendall	CR Prairie	11:16.03
4 Rockhold, Ashley	Indianola	11:23.21
5 Karolus, Jaylene	Perry	11:29.00
6 Ford, Sophie	Ottumwa	12:07.90
7 Coon, Lauren	Oskaloosa	12:11.76
8 Conner, Nola	Grinnell	12:12.70
9 Sieck, Kayla	Grinnell	12:14.84
10 Roorda, Ellie	Pella	12:16.03
11 Seifrig, Hailey	Indianola	12:21.66
12 Taylor, Madeline	Ames	12:27.68
13 Carter, Addi	Oskaloosa	12:50.28
14 Marckmann, Zoe	Adel-Desoto-	13:22.81
15 Goodman, Kaitlyn	Ames	13:24.65
16 Goematt, Emma	Knoxville	13:33.89
17 Oswalt, Willow	Newton	13:34.76
--- Menneke, Chloe	Adel-Desoto-	DNF

Girls 100 Meter Hurdles

National HS: 12.84 N 6/25/2016 Tia Jones

State HS: 13.9h S 2010 Alex Gochenour

Name	School	Finals
1 Morken, Hope	Ames	15.74
2 Tyynismaa, JoJo	South Tama C	15.96
3 Sickels, Rayna	Indianola	15.97
4 Buss, Jewels	Ames	16.11
5 Guest, Anne	Ottumwa	16.73
6 Neighbors, Kylee	Grinnell	16.92
7 Baier, Kristen	Adel-Desoto-	17.20
8 Allen, Brooke	Oskaloosa	17.65
9 Barr, Abbie	Newton	17.65
10 Millard, Anna	CR Prairie	17.74
11 Vermeer, Charlie	Knoxville	17.82
12 Whitten, Liv	Newton	17.99
13 Culligan, Abigail	Adel-Desoto-	18.03
14 Diers, Faith	Pella	18.17
15 Johnson, Erica	Marshalltown	18.25
16 VanHeukelom, Andrea	Pella	18.27
17 Young, Anna	Indianola	18.40
18 Harder, Maci	CR Prairie	18.47
19 Rockhold, Avery	Oskaloosa	18.72
20 Rogers, Emma	Newton	19.17
21 Himes, Gabby	Marshalltown	19.17
22 Crook, Faith	Bondurant-Fa	19.30
23 Weibrenner, Emma	Ottumwa	19.33
24 Graham, Ashton	South Tama C	19.69
25 Clark, Kacie	Knoxville	20.77
26 Neal, Elektra	Grinnell	21.42

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Girls 400 Meter Hurdles

National HS: 54.15 N 7/10/2016 Sydney McLaughlin

State HS: 1:00.82 S 2008 A.G. Bradford

Name	School	Finals
Finals		
1 Tyynismaa, JoJo	South Tama C	1:09.39
2 Gilroy, Riley	Bondurant-Fa	1:13.87
3 Gonzalez, Abby	Adel-Desoto-	1:14.32
4 Kalous, Logan	CR Prairie	1:14.62
5 Coulter, Meghan	Ottumwa	1:15.28
6 McVey, Kylie	Indianola	1:16.12
7 Hayes, Emma	CR Prairie	1:17.10
8 Hart, Lexi	Grinnell	1:17.15
9 Adam, Sage	Oskaloosa	1:17.80
10 Schaben, Sammie	Ames	1:19.25
11 Bowers, Abby	Ottumwa	1:21.64
12 Vermeer, Charlie	Knoxville	1:21.79
13 Hatcher, Sydney	Grinnell	1:23.94
--- Howe, Avery	Indianola	DNF

Girls 4x100 Meter Relay

National HS: 44.50 N 4/23/2004 Poly H. S.

(Solomon, Lee, Picott, Solomon)

State HS: 47.55 S 2012 D.M. Roosevelt

Team	Relay	Finals
Finals		
1 CR Prairie		52.28
1) Briggs, Ja'lyrial	2) Schmitt, Sarah	
3) Grissel, Kamryn	4) Andorf, Madeline	
2 South Tama County		52.29
1) Stochl, Caitlyn	2) Graham, Ashton	
3) Slaven, Stacey	4) Tyynismaa, JoJo	
3 Pella		52.52
1) Miller, Metsje	2) Renaud, Maggie	
3) Armstrong, Evie	4) VanHeukelom, Andrea	
4 Bondurant-Farrar		52.73
1) Hall, Abi	2) Fuller, Rebekah	
3) Anderson, Kendall	4) DeCosta, Ellie	
5 Oskaloosa		52.94
1) Allen, Brooke	2) Wiltse, Savannah	
3) Czerwinski, Jordan	4) Kelderman, Emma	
6 Indianola		53.28
1) Bishop, Mara	2) Blake, Lauren	
3) Hawkins, Trysta	4) Steinfeldt, Patricia	
7 Marshalltown		53.45
1) Trowbridge, Sarah	2) Gardner, Kierra	
3) Chadderdon, Alyvia	4) Welden, Abbey	
8 Grinnell		54.01
1) Hart, Lexi	2) Harris, Daysi	
3) Luther, Madison	4) Petig, Addyson	
9 Ames		54.50
1) Lee, Zoe	2) Brooks, Zariah	
3) Cloud, Hannah	4) Conteh, Aisha	

10 Newton 54.52

1) Brunsmann, Teddie 2) Barr, Abbie
3) Cupples, Brooklyn 4) Terpstra, Kynnedei

11 Adel-Desoto-Minburn 54.55

1) Lonneman, Josi 2) Friesth, Anna
3) Osgood, Carley 4) Lohmann, Lizzy

12 Ottumwa 56.34

1) Newland, Lina 2) Bowers, Abby
3) Jones, Zoey 4) Hill, Montana

13 Newton B 57.99

1) Davis, Nya 2) Spencer, Savanna
3) Whitten, Liv 4) Rogers, Emma

14 Knoxville 59.90

1) Uitermarkt, Tara 2) Wilkins, Maggie
3) Deaver, Kira 4) Finarty, Reilly

Girls 4x200 Meter Relay

National HS: 1:33.43 N 4/4/2014 Aquinas H. S.

(Sparling, Spaulding, Jean-Baptiste, Ellis)

State HS: 1:40.94 S 2012 D.M. Roosevelt/C.R. Jefferson

Team	Relay	Finals
Finals		
1 Adel-Desoto-Minburn		1:50.28
1) Lonneman, Josi	2) Tollari, Olivia	
3) Juergens, Sadie	4) Kenny, Anna	
2 Bondurant-Farrar		1:50.59
1) Anderson, Kendall	2) Fuller, Rebekah	
3) Walke, Paige	4) DeCosta, Ellie	
3 Pella		1:51.42
1) Miller, Metsje	2) Kerndt, Calla	
3) Brown, Lexi	4) Armstrong, Evie	
4 Indianola		1:52.81
1) Steinfeldt, Patricia	2) Gioffredi, Grace	
3) Blake, Leah	4) Blake, Lauren	
5 CR Prairie		1:55.93
1) Kalous, Logan	2) Tedrow, Kaylee	
3) Piscarik, Anika	4) Grissel, Kamryn	
6 Ames		1:56.52
1) Diggins-Kennedy, Genesee	2) Peterson, Olivia	
3) Cloud, Hannah	4) Conteh, Aisha	
7 Marshalltown		1:57.12
1) Gardner, Kierra	2) Gallegos, Mya	
3) Stowe, Katelyn	4) Vergara, Priscila	
8 Ottumwa		1:58.01
1) Schneckloth, Chloe	2) Bowers, Abby	
3) Palen, Ella	4) Nelson, Katie	
9 Newton		2:01.39
1) Davis, Nya	2) Brunsmann, Teddie	
3) Cupples, Brooklyn	4) Terpstra, Kynnedei	
10 Grinnell		2:03.20
1) Kenkel, Sydney	2) Kriegel, Kate	
3) Hatcher, Sydney	4) Green, Paige	

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Finals ... (Girls 4x200 Meter Relay)

Team	Relay	Finals
11 Knoxville		2:04.47
1) Deaver, Kira	2) Wilkins, Maggie	
3) Heffron, Charlee	4) Uitermarkt, Tara	
12 Oskaloosa		2:14.96
1) Muir, Madison	2) Arellano, Andrea	
3) Robinson, Mari	4) Stodghill, Olivia	

Girls 4x400 Meter Relay

National HS: 3:35.49 N 6/5/2004 Poly H. S.
(Woods, Harris, Lee, Solomon)

State HS: 3:48.39 S 2009 Sioux City East

Team	Relay	Finals
Finals		
1 Pella		4:10.04
1) Blommers, Ashley	2) Holterhaus, Emily	
3) Thoreson, Elsie	4) Mcmartin, Caroline	
2 Adel-Desoto-Minburn		4:12.66
1) Kenny, Anna	2) Tollari, Olivia	
3) Case, Julia	4) Juergens, Sadie	
3 Ottumwa		4:14.31
1) Mellin, Carolin	2) Bishop, Kierra	
3) Bookin-Nosbisch, Grace	4) Bookin-nosbisch, Alli	
4 Indianola		4:26.99
1) Forbes, Jady	2) Blake, Leah	
3) Werling, Joey	4) Blake, Bailey	
5 Newton		4:34.42
1) Malow, Ashay	2) Muckler, Clare	
3) Barr, Abbie	4) Cupples, Brooklyn	
6 Grinnell		4:34.89
1) Benning-Shorb, Micah	2) Luther, Madison	
3) Harris, Daysi	4) Petig, Addyson	
7 Oskaloosa		4:39.87
1) Carter, Addi	2) Coon, Lauren	
3) Maxwell, Allyson	4) Adam, Sage	
8 Ames		4:47.45
1) Diggins-Kennedy, Genesee	2) Chan, Nyadio	
3) Padet, Nyajima	4) Peterson, Olivia	
9 South Tama County		4:50.36
1) Vest, Gracie	2) Froelich, Abbigail	
3) Rauch, Jaycie	4) Lasley, Neena	

Girls 4x800 Meter Relay

National HS: 8:43.12 N 4/25/2008 Roosevelt H. S.
(Lockhart, Johnson, Ogunomokun, Stanley)

State HS: 9:09.09 S 2001 Iowa City West

Team	Relay	Finals
Finals		
1 Pella		10:09.36
1) Blommers, Lindsey	2) Jorgensen, Chelsea	
3) Wittenberg, Tirzah	4) Mcmartin, Caroline	

2 CR Prairie		10:22.16
1) Moses, Alexis	2) Koppes, Alyza	
3) Kilpatrick, Rachael	4) Reittinger, Carli	
3 Bondurant-Farrar		10:58.57
1) Fick, Alyssa	2) Gilroy, Riley	
3) Edwards, Hailey	4) Erhardt, Emily	
4 Ames		11:15.65
1) Vandyke, Breanna	2) Matthews, Lauren	
3) Meyer, Fiorella	4) Gallt, Peyton	
5 Newton		11:16.27
1) Malow, Ashay	2) Muckler, Clare	
3) Benson, Grace	4) Stalzer, Morgan	
6 Indianola		11:26.20
1) Fuller, Alyvia	2) Borgmeyer, Ali	
3) Hilton, Averie	4) Eilers, Hannah	
7 Grinnell		11:34.33
1) Larsson, Thea	2) Peak, Morgan	
3) Wood, Harleigh	4) Furness, Abbi	
8 Adel-Desoto-Minburn		11:35.51
1) Case, Julia	2) Lohmann, Lizzy	
3) Brittain, Belle	4) Gonzalez, Abby	
9 Ottumwa		11:41.13
1) Baumgartner, Avery	2) Egbert, Loren	
3) Johnston, Alexis	4) Coulter, Meghan	
10 South Tama County		12:06.70
1) Chyma, Alyssa	2) Froelich, Abbigail	
3) Lasley, Neena	4) Silhanek, Rachel	
11 Oskaloosa		12:36.05
1) Lumsden, Abby	2) Williams, Cierra	
3) Dykstra, Adaleine	4) Stodghill, Olivia	

Girls 800 Sprint Medley

National HS: 1:38.73 N 4/11/2003 Rush-Henrietta H. S.
(Thomas, Thompson, Watson, Watson)

State HS: 1:45.66 S 2013 D.M. Roosevelt

Team	Relay	Finals
Finals		
1 Ottumwa		1:53.24
1) Newland, Lina	2) Schneckloth, Chloe	
3) Bishop, Kierra	4) Bookin-nosbisch, Alli	
2 CR Prairie		1:53.86
1) Schmitt, Sarah	2) Andorf, Madeline	
3) Cortez, Gabby	4) Reittinger, Carli	
3 Pella		1:54.36
1) Miller, Metsje	2) McMartin, Emily	
3) Kerndt, Calla	4) Thoreson, Elsie	
4 Indianola		1:54.57
1) Blake, Leah	2) Sickels, Rayna	
3) Gioffredi, Grace	4) Blake, Bailey	
5 Grinnell		2:02.79
1) Benning-Shorb, Micah	2) Luther, Madison	
3) Hart, Lexi	4) Harris, Daysi	

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Finals ... (Girls 800 Sprint Medley)

Team	Relay	Finals
6 Marshalltown		2:03.15
1) Trowbridge, Sarah	2) Fisher, Grace	
3) Stowe, Katelyn	4) Gallegos, Mya	
7 Bondurant-Farrar		2:03.49
1) Hall, Abi	2) Fuller, Rebekah	
3) Walke, Paige	4) Culbertson, Brielle	
8 Knoxville		2:03.64
1) Torres, Melody	2) Neer, Emery	
3) Burton, Bree	4) Keitges, Katie	
9 Adel-Desoto-Minburn		2:05.18
1) Osgood, Carley	2) Meyer, Morgan	
3) Hook, Elle	4) Louvan, Jada	
10 Ames		2:05.60
1) Lee, Zoe	2) Brooks, Zariah	
3) Diggins-Kennedy, Genesee	4) Chan, Nyadio	
11 South Tama County		2:06.33
1) Chyma, Alyssa	2) Slaven, Shelby	
3) Slaven, Stacey	4) Stochl, Caitlyn	
12 Oskaloosa		2:07.77
1) Allen, Brooke	2) Wiltse, Savannah	
3) Maxwell, Allyson	4) Adam, Sage	
13 Newton		2:24.02
1) Followill, Sydni	2) Smith, Briahna	
3) Perry, Heather	4) Zaabel, Lauren	

Girls Distance Medley

National HS: 11:22.23 N 6/18/2011

State HS: 4:00.39 S 1985 Sioux City East

Team	Relay	Finals
1 Ottumwa		4:29.17N
1) Schneckloth, Chloe	2) Nelson, Katie	
3) Mellin, Carollin	4) Bookin-nosbisch, Alli	
2 Grinnell		4:36.39N
1) Luther, Madison	2) Harris, Daysi	
3) Petig, Addyson	4) Jones, Anjali	
3 CR Prairie		4:38.14N
1) Briggs, Ja'lyrial	2) Tedrow, Kaylee	
3) Copeland, Emma	4) Johannes, Lily	
4 Indianola		4:41.73N
1) Blake, Lauren	2) Blake, Leah	
3) Heuton, Haylee	4) Werling, Joey	
5 Knoxville		4:42.46N
1) Torres, Melody	2) Burton, Bree	
3) Neer, Emery	4) Keitges, Katie	
6 Pella		4:49.92N
1) VanHeukelom, Andrea	2) Weesner, Isabelle	
3) Eekhoff, Giovj	4) Kruse, Makayla	
7 Adel-Desoto-Minburn		5:01.46N
	2) Louvan, Jada	
3) Lohmann, Lizzy	4) Munyan, Astrea	

8 South Tama County		5:01.82N
1) Slaven, Shelby	2) Vest, Gracie	
3) Stochl, Caitlyn	4) Chyma, Alyssa	
9 Bondurant-Farrar		5:03.15N
1) Culbertson, Cierra	2) Crook, Alexis	
3) Hall, Abi	4) Lozano, Elizabeth	
10 Ames		5:03.94N
1) Andrews, Elizabeth	2) Carr, Allie	
3) Hanulikova, Caitlyn	4) Cross, Serena	
11 Newton		5:27.15N
1) Perry, Heather	2) Followill, Sydni	
3) Church, Kelsey	4) Coy, Molly	

Girls 4x100 Meter Shuttle Hurdle

State HS: 1:01.87 S 2013 Waukee

Team	Relay	Finals
1 Adel-Desoto-Minburn		1:10.40
1) Baier, Kristen	2) Culligan, Abigail	
3) Zwank, Holland	4) Kenny, Anna	
2 CR Prairie		1:11.61
1) Harder, Maci	2) Schmitt, Sarah	
3) Alexander, Kianna	4) Millard, Anna	
3 South Tama County		1:13.52
1) Graham, Ashton	2) Vest, Gracie	
3) Slaven, Stacey	4) Tynnismaa, JoJo	
4 Grinnell		1:14.94
1) Hart, Lexi	2) Hatcher, Sydney	
3) Jones, Maddison	4) Neighbors, Kylee	
5 Bondurant-Farrar		1:15.14
1) Anderson, Kendall	2) Gilroy, Riley	
3) Crook, Faith	4) Carlson, Faith	
6 Ames		1:15.76
1) Schaben, Sammie	2) Peterson, Olivia	
3) Vandyke, Breanna	4) Conteh, Aisha	
7 Ottumwa		1:15.91
1) Guest, Anne	2) Horn, Luxy	
3) Weillbrenner, Emma	4) Jones, Zoey	
8 Indianola		1:16.27
1) Young, Anna	2) Howe, Avery	
3) McCombs, Ellie	4) Sickels, Rayna	
9 Marshalltown		1:17.90
1) Johnson, Erica	2) Himes, Gabby	
3) Rasmussen, Mia	4) Beccera, Valeria	
10 Knoxville		1:24.35
1) Breazeale, Raeghan	2) Clark, Kacie	
3) Heffron, Charlee	4) Mcdonald, Kennedy	

Girls High Jump

State HS: 6-01 S 2010 Hannah Willms

Name	School	Finals
1 Kelderman, Emma	Oskaloosa	5-02.00
2 Neighbors, Kylee	Grinnell	5-00.00

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H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Finals ... (Girls High Jump)

Name	School	Finals
3 Haughey, Morgan	South Tama C	5-00.00
4 Guest, Anne	Ottumwa	5-00.00
5 Slaven, Stacey	South Tama C	4-10.00
6 Jones, Maddison	Grinnell	4-10.00
6 Blake, Lauren	Indianola	4-10.00
8 Peterson, Taylor	CR Prairie	4-08.00
8 Himes, Gabby	Marshalltown	4-08.00
10 Nickerson, Kacy	Ottumwa	4-08.00
10 Culbertson, Cierra	Bondurant-Fa	4-08.00
10 Tietjens, Leah	Ames	4-08.00
13 Galvin, Claire	Ames	4-08.00
14 Barr, Abbie	Newton	4-06.00
15 Penning, Anna	CR Prairie	4-06.00
16 Forbes, Jady	Indianola	4-04.00
16 Dykstra, Adaleine	Oskaloosa	4-04.00
16 Uitermarkt, Tara	Knoxville	4-04.00
16 Smith, Aniston	Adel-Desoto-	4-04.00
--- Rasmussen, Mia	Marshalltown	NH

Girls Long Jump

State HS: 19-05 S 2003		LaNeisha Waller	
Name	School	Finals	
Finals			
1 Schmitt, Sarah	CR Prairie	15-10.25	
2 Tollari, Olivia	Adel-Desoto-	15-01.50	
3 Czerwinski, Jordan	Oskaloosa	15-01.25	
4 Andrews, Ava	CR Prairie	15-01.00	
5 Newland, Lina	Ottumwa	15-01.00	
6 Wiltse, Savannah	Oskaloosa	15-01.00	
7 Steinfeldt, Patricia	Indianola	14-04.00	
8 Cupples, Brooklyn	Newton	14-03.00	
9 Rowe, Meridith	Pella	14-01.75	
10 Crook, Alexis	Bondurant-Fa	14-00.50	
11 Chadderdon, Alyvia	Marshalltown	13-11.50	
12 Davis, Nya	Newton	13-10.50	
13 Hawkins, Trysta	Indianola	13-07.00	
14 Torres, Melody	Knoxville	13-07.00	
15 Jones, Maddison	Grinnell	13-06.50	
16 Armstrong, Evie	Pella	13-04.25	
17 Kriegel, Kate	Grinnell	12-08.50	
18 Kincaid, Kenzie	Knoxville	11-02.75	

Girls Shot Put

State HS: 53-03.50 S 1992		Paulette Mitchell	
Name	School	Finals	
Finals			
1 Joens, Emma	CR Prairie	44-06.00	
1 Imhoff, Sarah	Ames	37-08.00	
2 Bauer, Alivia	Indianola	37-07.00	
3 DeRonde, Faith	Oskaloosa	35-01.00	
4 Lappe, Katelyn	Bondurant-Fa	34-06.00	
5 Stagg, Ella	Ames	34-05.00	

6 Seitzer, Kaylee	Bondurant-Fa	35-01.00
7 Mays, Macie	Indianola	33-10.00
8 Gammon, Kaitlyn	CR Prairie	33-08.00
9 Manning, Kealey	Newton	33-07.00
10 Dykstra, Sophia	Oskaloosa	33-03.00
11 Bennett, Sara	Pella	32-11.00
11 Hackett, Alex	Pella	32-11.00
13 Baker, Mackenzie	Newton	31-03.50
14 Hatchitt, Emily	Adel-Desoto-	29-09.00
15 Wellings, Anna	Ottumwa	29-08.00
16 Sellers, Makaylin	Grinnell	29-06.00
17 Heaton, Jillian	Ottumwa	29-04.00
18 Cline, Kylie	Grinnell	28-05.00
18 Person, Cailey	Adel-Desoto-	28-05.00
20 Duff, Lilly	Marshalltown	27-08.00
21 Parizek, Sydney	South Tama C	25-07.00
22 Oetker, Hayden	Marshalltown	24-05.00
23 Montalvo, Quinlan	Knoxville	21-10.50
24 Wilson, Mirrah	Knoxville	17-10.00

Girls Discus Throw

State HS: 179-07 S 2014		Kiana Phelps	
Name	School	Finals	
Finals			
1 Dykstra, Sophia	Oskaloosa	134-10	
2 DeRonde, Faith	Oskaloosa	129-05	
3 Cairney, Elly	Pella	112-08	
4 Gammon, Kaitlyn	CR Prairie	108-11	
5 Joers, Kassie	Indianola	107-07	
6 Joens, Emma	CR Prairie	103-00	
7 Seitzer, Kaylee	Bondurant-Fa	94-09	
8 Manning, Kealey	Newton	91-04	
9 Lappe, Katelyn	Bondurant-Fa	88-05	
10 Wellings, Anna	Ottumwa	87-07	
11 Person, Cailey	Adel-Desoto-	85-11	
12 Heaton, Jillian	Ottumwa	85-11	
13 Rauch, Jaycie	South Tama C	84-05	
14 Stagg, Ella	Ames	80-06	
15 Hatchitt, Emily	Adel-Desoto-	78-07	
16 Pelzer, Kathleen	Ames	77-10	
17 Baker, Mackenzie	Newton	75-00	
18 Hernandez, Klaudia	Marshalltown	71-02	
19 Parizek, Sydney	South Tama C	70-09	
20 Duff, Lilly	Marshalltown	68-00	
21 Hackett, Alex	Pella	63-03	
22 Kenkel, Sydney	Grinnell	56-00	
23 Cline, Kylie	Grinnell	52-11	
24 Bacorn, Tara	Knoxville	51-03	
25 Fay, Anna	Knoxville	40-10	
--- Bauer, Alivia	Indianola	FOUL	

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Boys 100 Meter Dash

National HS: 10.00 N 7/5/2014 Trentavis Friday
State HS: 10.1h S 2002 Adam Haluska

Name	School	Finals
Finals		
1 Nelson, Joven	Nevada	11.19
2 Cole, Andrew	Ottumwa	11.47
3 Figueroa, Alex	Clear Creek-	11.47
4 Dougan, Kato	Perry	11.60
5 Dean, Deonte	Marshalltown	11.62
6 Hermann, Blaine	Ballard Comm	11.74
7 Blom, Aaron	Oskaloosa	11.79
8 Hill, Casey	Oskaloosa	11.80
9 Abraham, Sam	Nevada	11.89
10 Freeman, Gage	Clear Creek-	11.90
11 Lee, Mason	Newton	11.92
12 Lender, Jarrett	Grinnell	12.07
13 Ware, Warren	Grinnell	12.12
14 Buchanan, Jaiden	Marshalltown	12.12
15 Carnahan, Colton	Ottumwa	12.30
16 Sterrett, Patrick	Ames	12.31
17 Slagle, Devon	South Tama C	12.33
18 Isaac, DeAndre	Ames	12.35
19 Romero, Jesus	South Tama C	12.38
20 Clark, Joseph	Perry	12.57
21 Lampman, Christian	Newton	12.59
22 Stover, Blake	Ballard Comm	12.92

Boys 200 Meter Dash

National HS: 20.09 N 7/9/2016 Noah Lyles
State HS: 20.8h S 1994 Tim Dwight

Name	School	Finals
Finals		
1 Welch, Charlie	Ottumwa	23.22
2 DaSilva, Caeden	Nevada	23.27
3 Crawford, Drake	South Tama C	23.48
4 Barndt, Caleb	Ottumwa	23.50
5 Hermann, Blaine	Ballard Comm	24.06
6 Dougan, Kato	Perry	24.07
7 Saunders, Andrew	Nevada	24.13
8 Hernandez, Jonathan	Marshalltown	24.13
9 Bollers, TJ	Clear Creek-	24.33
10 Wolfe, Cody	Ballard Comm	24.52
11 Isaac, DeAndre	Ames	24.67
12 Davis, MaKenna	Newton	24.77
13 Nagel, Rhett	Grinnell	24.81
14 Nagel, Beau	Grinnell	25.31
15 Stammer, Justin	Perry	25.41
16 Haferbrier, Cody	Ames	25.60
17 Grimm, Colton	Marshalltown	26.07
18 Avalos, Luis	South Tama C	26.61
19 Gerard, Nick	Clear Creek-	27.13
20 Beerbower, Bryce	Oskaloosa	28.93

21 Jones, Tanner Newton 33.97

Boys 400 Meter Dash

National HS: 44.69 N 7/24/1982 Darrell Robinson
State HS: 47.01 S 2002 Calvin Davis

Name	School	Finals
Finals		
1 Huyser, Carter	Oskaloosa	52.94
2 Fountain, Austin	Ottumwa	55.03
3 Franzen, Carter	Nevada	55.21
4 Lasley, Tyrin	South Tama C	56.13
5 Dut, Kon	Ames	56.28
6 Arroyo, Charles	Ames	56.29
7 Gohlmann, Trey	Grinnell	57.21
8 Nagel, Beau	Grinnell	57.97
9 Sanders, Jacob	Nevada	57.99
10 Butler, Griffin	Clear Creek-	58.20
11 Clark, Joseph	Perry	58.29
12 Glosser, Kie	Ottumwa	58.42
13 Dydell, Jaden	Newton	58.89
14 Gisleson, Keyan	Clear Creek-	59.97
15 Stalzer, Gage	Marshalltown	59.98
16 Hermann, Ashton	Ballard Comm	1:06.71
17 Steinbeck, Chance	Newton	1:17.76
--- Demarce, Sonny	South Tama C	DNF

Boys 800 Meter Run

National HS: 1:46.45 N 5/31/1996 Michael Granville
State HS: 1:50.18 S 2007 Aaron Stockstell

Name	School	Finals
Finals		
1 Simon, Joe	Grinnell	2:00.11
2 Gibson, Brett	Grinnell	2:04.01
3 Johnson, Tom	Clear Creek-	2:06.87
4 Atack, Akol	Ames	2:07.42
5 Zillyette, Gavin	Clear Creek-	2:08.29
6 Olejniczak, Kaleb	Perry	2:09.20
7 Salomon, Donte	Ottumwa	2:12.29
8 Orth, Will	Ames	2:13.24
9 Bar-shimon, Aytonn	Ottumwa	2:13.49
10 Hunter, Adam	Newton	2:14.74
11 Bitker, Zach	Marshalltown	2:15.04
12 Funez, Bryan	Perry	2:17.60
13 Check, Dean	Nevada	2:18.38
14 O'Hare, Bennett	Marshalltown	2:20.03
15 Vermillion, Hudson	Nevada	2:25.02
16 Lasley, Javin	South Tama C	2:28.81
17 Stefanc, Gareth	Oskaloosa	2:34.64
18 Hunt, Ben	Oskaloosa	2:37.29
19 Hanson, Krayton	Newton	2:41.68
20 Caraccio, Tyler	South Tama C	2:46.79

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Boys 1600 Meter Run

National HS: 3:53.43 N 5/27/2001 Alan Webb (Mile)

State HS: 4:06.32 S 2014 Josh Evans

Name	School	Finals
Finals		
1	O'Connor, Nick	Clear Creek- 4:39.34
2	Cunningham, Matthew	Grinnell 4:47.79
3	Amos, Brennan	Newton 4:48.94
4	Warrick, Ean	Ames 4:49.92
5	Barker, Brandon	Clear Creek- 4:49.99
6	Campbell, Cameron	Ames 4:53.72
7	Foy, Blake	Ottumwa 4:55.31
8	Smith, Conner	Marshalltown 4:56.79
9	Martin, Javon	Ottumwa 4:59.29
10	Garton, Treycen	Newton 4:59.65
11	Scott, Aden	Oskaloosa 5:07.38
12	Baker, Dalton	Nevada 5:07.62
13	Lee, Chris	Ballard Comm 5:10.30
14	Frideres, Elliot	Nevada 5:10.66
15	Sanchez, Eduardo	Perry 5:12.78
16	Rosenberger, Trusten	South Tama C 5:17.00
17	Beall, Jace	Ballard Comm 5:39.12
18	Babinat, Ethan	South Tama C 5:40.35
19	Leonard, William	Oskaloosa 5:44.30
20	Eaton, Hayden	Grinnell 5:51.81

Boys 3200 Meter Run

National HS: 8:29.46 N 6/4/2011 Lukas Verzbicas (2 Mile)

State HS: 8:50.43 S 2014 Thomas Pollard

Name	School	Finals
Finals		
1	Ryken, Bennett	Ames 10:23.75
2	Barker, Brandon	Clear Creek- 10:24.14
3	Smith, Conner	Marshalltown 10:33.04
4	Young, Taylor	Ottumwa 10:40.77
5	Baker, Dalton	Nevada 10:42.93
6	Mace, Jackson	Newton 10:47.69
7	Smith, Ryan	Ames 10:48.69
8	Alcorn, Caleb	Clear Creek- 11:00.86
9	Canny, Asa	Ottumwa 11:01.59
10	Lee, Chris	Ballard Comm 11:20.45
11	Sanchez, Eduardo	Perry 11:37.38
12	Stefanc, Gareth	Oskaloosa 11:45.48
13	Hill, Connor	Ballard Comm 11:51.67
14	Zemene, Nate	Newton 11:51.96
15	Meyer, Jonathan	South Tama C 12:10.86
16	Ayala, Caden	Oskaloosa 12:10.91
17	Penyich, Braden	Grinnell 12:28.32
18	McIlrath, Dylan	Grinnell 12:40.03
19	Castanon, Omar	South Tama C 12:45.71

Boys 110 Meter Hurdles

National HS: 13.08 N 7/31/2009 Wayne Davis

State HS: 13.8h S 1992 Bill Betterton

Name	School	Finals
Finals		
1	Diress, Tadeas	Ames 15.71
2	Sutton, Conner	Ottumwa 15.92
3	Farver, Dylan	Newton 16.34
4	Rosenberg, Harrison	Clear Creek- 16.39
5	Vanderheiden, Jesse	Ottumwa 16.74
6	Keitges, Charles	Ames 16.75
7	Rachman, Zaid	Clear Creek- 16.80
8	Diiorio, Giorgio	Marshalltown 16.88
9	Christinson, Caden	Grinnell 16.99
10	Gruman, Ryan	Grinnell 17.36
11	Edwards, Nic	Ballard Comm 18.23
12	Neal, John	Newton 18.37
13	Narber, Jered	Perry 19.26
14	Wilkinson, Jerry	Ballard Comm 19.34
15	Stewart, Jeb	Perry 19.66

Boys 400 Meter Hurdles

National HS: 49.38 N 7/19/2002 Kevin Craddock

State HS: 50.96 S 1996 Dustin Avey

Name	School	Finals
Finals		
1	Nelson, Joven	Nevada 54.98
2	Keitges, Charles	Ames 58.27
3	Eaton, Issac	Ottumwa 58.44
4	Sutton, Conner	Ottumwa 58.93
5	Brown, Reed	Oskaloosa 59.31
6	Christinson, Caden	Grinnell 1:01.19
7	Alvarez, Diego	Ames 1:02.77
8	Demarce, Sonny	South Tama C 1:02.93
9	Hermann, Ashton	Ballard Comm 1:03.26
10	Gruman, Ryan	Grinnell 1:03.31
11	Swails, Ben	Clear Creek- 1:06.64
12	Joar, Dwight	Marshalltown 1:06.67
13	Hines, Connor	Nevada 1:06.82
14	Knobe, Brady	South Tama C 1:06.84
15	Stewart, Jeb	Perry 1:08.57
16	Neal, John	Newton 1:08.60
17	Markle, Trace	Marshalltown 1:12.67
---	Sperflage, Nigel	Perry 57.43

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Boys 4x100 Meter Relay

National HS: 39.76 N 5/16/1998 Wyatt H. S.

(Wesley, Clopton, Franklin, Wesley)

State HS: 41.33 S 1996 Iowa City High

(D. McMahon, J. Ringena, M. Richards, M. Coleman)

Team	Relay	Finals
Finals		
1 Nevada		44.82
1) DaSilva, Caeden	2) Jensen, Dylan	
3) Strottman, Jakob	4) Nelson, Joven	
2 South Tama County		46.11
1) Vest, Payton	2) Crawford, Drake	
3) Romero, Jesus	4) Keahna, Keith	
3 Clear Creek-Amana		46.20
1) Kabbage, Zach	2) Freeman, Gage	
3) Stockman, Trever	4) Figueroa, Alex	
4 Oskaloosa		46.24
1) Blom, Aaron	2) Dykstra, Nik	
3) Schultz, Iszac	4) Hill, Casey	
5 Grinnell		46.26
1) Lender, Jarrett	2) Ware, Warren	
3) Strand, Tanner	4) Bryant, Isaac	
6 Marshalltown		46.37
1) Haynes, Malik	2) Buchanan, Jaiden	
3) Richardson, Justice	4) Hernandez, Jonathan	
7 Ames		46.57
1) Grey, Evan	2) Armstrong, Sam	
3) Sterrett, Patrick	4) Ante, Gabe	
8 Newton		47.28
1) Farver, Dylan	2) Winther, Camden	
3) Davis, MaKenna	4) Lee, Mason	
9 Perry		51.52
1) Malmberg, Collin	2) Cregeen, Jeremiah	
3) Steva, Caden	4) Calderon, Carlos	
10 Ballard Community		52.37
1) Bertrand, Donovan	2) Marlatt, Braiden	
3) Estrem, Cael	4) Soash, Gavin	
--- Ottumwa		DQ
1) Delehoy, Dominic	2) Barndt, Caleb	
3) Cole, Andrew	4) McDanel, Eli	

Boys 4x200 Meter Relay

National HS: 1:23.31 N 5/30/1998 Wyatt H. S.

(Wesley, Franklin, DeMario, Wesley)

State HS: 1:26.38 S 1997 Iowa City High

(N. Hill, J. Holland, J. Dwight, J. Ringena)

Team	Relay	Finals
Finals		
1 Nevada		1:33.16
1) DaSilva, Caeden	2) Abraham, Sam	
3) Strottman, Jakob	4) Nelson, Joven	

2 Ottumwa		1:35.15
1) Cole, Andrew	2) Welch, Charlie	
3) McDanel, Eli	4) Barndt, Caleb	
3 Ames		1:37.75
1) Grey, Evan	2) Brooks, Keyshaun	
3) Armstrong, Sam	4) Downs, Cooper	
4 Clear Creek-Amana		1:38.99
1) Kabbage, Zach	2) Freeman, Gage	
3) Stockman, Trever	4) Figueroa, Alex	
5 Marshalltown		1:42.31
1) Buchanan, Jaiden	2) Haynes, Malik	
3) Linsenmeyer, Casey	4) Williams, Carson	
6 Oskaloosa		1:45.22
1) Wilson, Gavin	2) Cavan, Christian	
3) Else, Hunter	4) Haywood, Isaiah	
7 Newton		1:45.26
1) Altemeier, Dalton	2) Biondi, Zane	
3) Holdefer, Allistar	4) Lampman, Christian	
8 South Tama County		1:47.10
1) Vest, Payton	2) Avalos, Luis	
3) Romero, Jesus	4) Lasley, Javin	
--- Ballard Community		DQ
1) Bertrand, Donovan	2) Estrem, Cael	
3) Kadner, Colby	4) Marlatt, Braiden	
--- Grinnell		DQ
1) Lender, Jarrett	2) Ware, Warren	
3) Nagel, Rhett	4) Osborne, Josh	

Boys 4x400 Meter Relay

National HS: 3:07.40 N 4/6/1985 Hawthorne H. S.

(Marsh, Graham, Kelly, Thomas)

State HS: 3:13.80 S 2006 W.D.M. Valley

(B. Collins, Z. Sandvig, R. Kearnes, B. McSkimming)

Team	Relay	Finals
Finals		
1 Grinnell		3:34.81
1) Gibson, Brett	2) Strand, Tanner	
3) Hunter, Wyatt	4) Simon, Joe	
2 Oskaloosa		3:37.05
1) Vankampen, Brayden	2) Schultz, Iszac	
3) Blom, Aaron	4) Huyser, Carter	
3 Ottumwa		3:37.85
1) Bar-shimon, Aytton	2) Fountain, Austin	
3) Welch, Charlie	4) Barndt, Caleb	
4 South Tama County		3:38.66
1) Lasley, Tyrin	2) Demarce, Sonny	
3) Babinat, Gabriel	4) Crawford, Drake	
5 Nevada		3:40.28
1) Sanders, Jacob	2) Franzen, Carter	
3) Kooiker, Caleb	4) Strottman, Jakob	
6 Clear Creek-Amana		3:41.13
1) Cory, Harrison	2) Sexton, Jack	
3) McAreavy, Kaden	4) Gisleson, Quentin	

Cardinal Invitational 2019 - 4/18/2019**H.A. Lynn Stadium****Results - Cardinal Invitational 2019 - Newton****Finals ... (Boys 4x400 Meter Relay)**

Team	Relay	Finals
7 Ames		3:42.88
1) Chiman, Maywen	2) Downs, Cooper	
3) Imhoff, Colin	4) Brooks, Keyshaun	
8 Perry		3:55.11
1) Funez, Bryan	2) Stammer, Justin	
3) Wolfe, Kobly	4) Clark, Joseph	
9 Newton		4:00.78
1) Iske, Blake	2) Lambertus-Hamm, Chayton	
3) Hammons, Reese	4) Maki, Nate	

Boys 4x800 Meter Relay

National HS: 7:28.75 N 6/17/2011 Poly H. S.

(Hall, Penn, Harris, Andrews)

State HS: 7:41.43 S 2015 Ames

(L. Grim, K. Chol, A. Akok, D. Chan)

Team	Relay	Finals
1 Clear Creek-Amana		8:24.74
1) McAreavy, Kaden	2) O'Connor, Nick	
3) Johnson, Tom	4) Sexton, Jack	
2 Ottumwa		8:33.35
1) Bar-shimon, Aytonn	2) Martin, Javon	
3) Hernandez-Pool, Andres	4) Foy, Blake	
3 Ames		8:46.74
1) Robinson, Carter	2) Imhoff, Colin	
3) Ryken, Bennett	4) Arroyo, Charles	
4 Newton		8:52.02
1) Amos, Brennan	2) Hunter, Adam	
3) Garton, Treycen	4) Roy, Emmanuel	
5 Nevada		9:08.65
1) Sanders, Jacob	2) Franzen, Carter	
3) Frideres, Elliot	4) Check, Dean	
6 South Tama County		9:18.58
1) Babinat, Gabriel	2) Lasley, Tyrin	
3) Rosenberger, Trusten	4) Demarce, Sonny	
7 Grinnell		9:24.65
1) Bryant, Isaac	2) Astelle, Logan	
3) Creps, Jayden	4) Johnson, Parker	
8 Oskaloosa		11:04.04
1) Shull, Brennan	2) Leonard, William	
3) McCallum, Jackson	4) Orduna, Max	

Boys 800 Sprint Medley

National HS: 1:28.20 N 6/20/2009 New Bern H. S.

(Styron, Greene, Hendrix, Hendrix)

State HS: 1:31.13 S 2018 Bettendorf

(L. Desequira, A. Kaler, D. Nicholson, D. Porter)

Team	Relay	Finals
1 Ottumwa		1:40.71
1) Cole, Andrew	2) McDanel, Eli	
3) Welch, Charlie	4) Eaton, Issac	

2 South Tama County		1:40.84
1) Vest, Payton	2) Knode, Brady	
3) Avalos, Luis	4) Romero, Jesus	
3 Marshalltown		1:42.32
1) Haynes, Malik	2) Hernandez, Jonathan	
3) Dean, Deonte	4) O'Hare, Bennett	
4 Clear Creek-Amana		1:42.34
1) Stockman, Trever	2) Figueroa, Alex	
3) Kabbage, Zach	4) Cory, Harrison	
5 Grinnell		1:44.13
1) Nagel, Rhett	2) Strand, Tanner	
3) Ware, Warren	4) Osborne, Josh	
6 Ames		1:44.77
1) Grey, Evan	2) Armstrong, Sam	
3) Downs, Cooper	4) Chiman, Maywen	
7 Newton		1:46.77
1) Cummins, Logan	2) Swank, Cole	
3) Maki, Nate	4) Winther, Camden	
8 Nevada		1:46.80
1) Jensen, Dylan	2) Skelton, Theo	
3) Kooiker, Caleb	4) Saunders, Andrew	
9 Ballard Community		1:47.58
1) Hermann, Blaine	2) Estrem, Cael	
3) Wolfe, Cody	4) Edwards, Nic	
10 Oskaloosa		1:49.45
1) Cavan, Christian	2) Peterson, Hunter	
3) Hunt, Ben	4) Haywood, Isaiah	
--- Perry		DNF
1) Stammer, Justin	2) Clark, Joseph	
3) Dougan, Kato	4) Olejniczak, Kaleb	

Boys Distance Medley

National HS: 3:19.58 N 6/16/2017 New Bern H. S.

(Greene, Sparks, Hendrix, Hendrix)

State HS: 3:22.69 S 2001 Iowa City High

(S. Newell, H. Hill, C. Davis, J. Mims)

Team	Relay	Finals
1 Grinnell		3:45.90
1) Strand, Tanner	2) Hunter, Wyatt	
3) Gibson, Brett	4) Simon, Joe	
2 Clear Creek-Amana		3:54.01
1) Swails, Andrew	2) Rosenberg, Harrison	
3) McAreavy, Kaden	4) Sexton, Jack	
3 Ames		3:55.79
1) Smilo-Morgan, Christian	2) Chiman, Maywen	
3) Camenisch, Cael	4) Warrick, Ean	
4 Marshalltown		3:57.60
1) Wyant, Gabe	2) Diiorio, Giorgio	
3) Johnson, Brent	4) Bitker, Zach	
5 Oskaloosa		4:01.99
1) Else, Hunter	2) Dykstra, Nik	
3) Schultz, Iszac	4) DeRonde, Patrick	

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Finals ... (Boys Distance Medley)

Team	Relay	Finals
6 Ballard Community		4:03.27
1) Hermann, Blaine	2) Wolfe, Cody	
3) Edwards, Nic	4) Chism, Jim	
7 Ottumwa		4:07.96
1) Barndt, Taylor	2) Delehoy, Dominic	
3) Menninga, Gatlin	4) Hernandez-Pool, Andres	
8 Nevada		4:13.08
1) Saunders, Andrew	2) Wilkerson, Myleek	
3) Kooiker, Caleb	4) Pawlovich, Caleb	
9 South Tama County		4:20.38
1) Avalos, Luis	2) Knode, Brady	
3) Lasley, Javin	4) Rosenberger, Trusten	
10 Perry		4:21.02
1) Malmberg, Collin	2) Steva, Caden	
3) Cregeen, Jeremiah	4) Sanchez, Eduardo	
11 Newton		4:22.62
1) Biondi, Zane	2) Conner, Cole	
3) Hammons, Reese	4) Beiner, Derek	

Boys 4x110 Meter Shuttle Hurdle

National HS:	56.32 N 5/17/2004	Westside H. S.
(Martin, Brown, Brown, Brown)		
State HS:	55.78 S 2014	Waukee
(D. Gorisch, N. House, G. Dochterman, Z. Baker)		

Team	Relay	Finals
1 Ottumwa		1:04.21
1) Sutton, Conner	2) Vanderheiden, Jesse	
3) Eaton, Issac	4) McDanel, Eli	
2 Clear Creek-Amana		1:06.92
1) Rosenberg, Harrison	2) Rachman, Zaid	
3) Stockman, Trever	4) Swails, Ben	
3 Ames		1:07.54
1) Carney, Gabe	2) Keitges, Charles	
3) Diress, Tadeas	4) Alvarez, Diego	
4 Newton		1:08.34
1) Farver, Dylan	2) Neal, John	
3) Millbrooks, Nicholas	4) Gomez, Gage	
5 Oskaloosa		1:11.91
1) Brown, Reed	2) Tighe, Donivan	
3) Dykstra, Nik	4) Peterson, Hunter	
6 Grinnell		1:13.41
1) Wilson, Blake	2) Christinson, Caden	
3) Green, Jake	4) Gruman, Ryan	
7 Perry		1:20.08
1) Narber, Jered	2) Steva, Caden	
3) Stika, Ben	4) Stewart, Jeb	

Boys High Jump

National HS:	7-07 N 7/18/2002	Andra Mason
State HS:	7-03.50 S 1981	Brian Tietjens

Name	School	Finals
Finals		
1 Keahna, Keith	South Tama C	6-05.00
2 Joar, Dwight	Marshalltown	5-08.00
3 Zalasky, Tate	Ames	5-08.00
4 Eaton, Issac	Ottumwa	5-06.00
4 Wilkerson, Myleek	Nevada	5-06.00
6 Gohlmann, Trey	Grinnell	5-06.00
7 Cupples, Cade	Newton	5-06.00
8 Cooper, Gavin	Grinnell	5-06.00
9 Hermann, Ashton	Ballard Comm	5-06.00
--- Fountain, Austin	Ottumwa	NH

Boys Long Jump

National HS:	26-10 N 6/27/2009	Marquis Goodwin
State HS:	24-09.50 S 1984	Chris Walker

Name	School	Finals
Finals		
1 Abraham, Sam	Nevada	20-03.25
2 Vest, Payton	South Tama C	20-00.25
3 DaSilva, Caeden	Nevada	19-06.25
4 Menninga, Gatlin	Ottumwa	19-05.75
5 Davis, MaKenna	Newton	19-05.00
6 Wyant, Gabe	Marshalltown	19-04.50
7 Cory, Harrison	Clear Creek-	19-03.00
8 Glosser, Kie	Ottumwa	18-02.50
9 Landeros, Patrick	Marshalltown	17-10.00
10 Cavan, Christian	Oskaloosa	17-04.50
11 Astelle, Logan	Grinnell	17-02.50
12 Lender, Jarrett	Grinnell	16-07.50
13 Swails, Ben	Clear Creek-	16-07.00
14 Lambertus-Hamm, Chayton	Newton	16-02.00

Boys Shot Put

National HS:	81-03.50 N 6/16/1979	Michael Carter
State HS:	70-11 S 1968	Doug Lane

Name	School	Finals
Finals		
1 Farner, Solomon	Ames	46-08.50
1 Settini, Kenny	Oskaloosa	46-06.00
2 Peterson, Ben	Newton	46-02.00
3 Lee, Mason	Newton	45-05.00
4 Jaime, Jesus	Ottumwa	44-11.00
5 Wild, Ethan	Nevada	43-05.50
6 Anderson, Jordan	Marshalltown	42-10.00
7 Griego, Kyle	Marshalltown	42-02.00
8 Bollers, TJ	Clear Creek-	41-10.50
9 Noska, Sam	Clear Creek-	41-01.50
10 Sauser, Dodge	Grinnell	38-11.00
11 Weeks, Caleb	Ottumwa	38-01.50

Cardinal Invitational 2019 - 4/18/2019

H.A. Lynn Stadium

Results - Cardinal Invitational 2019 - Newton

Finals ... (Boys Shot Put)

Name	School	Finals
12 Wanatee, Mickey	South Tama C	37-05.00
13 Else, Hunter	Oskaloosa	35-05.50
14 Soto, Emmanuel	Perry	35-05.00
15 Tate, Dillon	Ames	34-03.00
16 Keahna, Eli	South Tama C	34-02.00
17 Steveson, Kamrin	Grinnell	33-11.00
18 Calderon, Carlos	Perry	33-03.50
19 Adelmund, Noah	Nevada	31-09.00

Boys Discus Throw

National HS: 237-06 N 7/9/2011 **Ryan Crouser**
State HS: 207-08 S 1978 **Scott Crowell**

Name	School	Finals
Finals		
1 Hill, Casey	Oskaloosa	145-06
2 Dobbins, Dru	Marshalltown	143-08
3 Greenlee, Gabe	Ames	138-02
4 Wild, Cal	Ames	136-00
5 Lee, Mason	Newton	126-10
6 Anderson, Jordan	Marshalltown	126-10
7 Morales, Alex	Perry	122-09
8 Wild, Ethan	Nevada	118-08
9 Bollers, TJ	Clear Creek-	117-07
10 Sanger, Owen	Newton	116-03
11 Zierke, Eric	Clear Creek-	115-00
12 Bone, Brandon	Ottumwa	114-07
13 Dykstra, Nik	Oskaloosa	107-08
14 Steveson, Kamrin	Grinnell	106-07
15 Jaime, Jesus	Ottumwa	104-00
16 Snyder, Cole	Perry	101-10
17 Phillips, Corey	Ames	100-09
18 Sauser, Dodge	Grinnell	94-05
19 Adelmund, Noah	Nevada	86-04
--- Keahna, Eli	South Tama C	FOUL
--- Herriot, Brody	South Tama C	FOUL

Men - Team Rankings - 19 Events Scored	
1) Ottumwa	105
2) Ames	91
3) Nevada	80
4) Clear Creek-Amana	79
5) Grinnell	53
6) South Tama County	49
7) Oskaloosa	48
8) Marshalltown	39
9) Newton	35
10) Perry	6
11) Ballard Community	4

Women - Team Rankings - 19 Events Scored

1) CR Prairie	118
2) Pella	67
3) Indianola	65.5
4) Ottumwa	61
5) Oskaloosa	49
6) Adel-Desoto-Minburn	42
7) South Tama County	40
8) Grinnell	38.5
9) Ames	36
10) Bondurant-Farrar	30
11) Marshalltown	20
12) Newton	18
13) Knoxville	2
13) Perry	2