

Licensed to Gilbert High School - IA HY-TEK's Meet Manager 5/10/2019
09:53 PM

Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019
5/9/2019
Results

Event 5 Girls 100 Meter Dash 3A

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====
Name                      Year School                      Finals  H#
Points
=====
====
Finals
 1 McMartin, Emily        09 Pella                          12.93   2
10
 2 Armstrong, Evie        12 Pella                          13.11   2
8
 3 Kline, Ally            11 Gilbert                        13.13   2
6
 4 Newell, Rachel         12 Ballard                        13.26   2
5
 5 Hall, Abby             11 Bond-Farrar                    13.62   2
4
 6 Streigle, Tayanna      09 Gilbert                        13.81   2
3
 7 Fagen, Jenna           11 North Polk                     14.13   1
2
 8 Sotter, Kandice        10 Saydel                          14.18   2
1
 9 Stevens, Madison       12 Nevada                        14.22   2
10 Wendel, Mia             10 North Polk                     14.55   1
11 Amador, Priscila       11 Newton                         15.05   1
12 Lause, Alea            12 Bond-Farrar                    15.16   1
13 Harwell, Rebecca      12 Nevada                        15.20   1
14 Followill, Sydni      10 Newton                         15.90   1
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Event 6 Boys 100 Meter Dash 3A

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====
Name                      Year School                      Finals  H#
Points
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====
 1 Elefson, JD            10 North Polk                     11.39   2
10
 2 Strottman, Jakob       12 Nevada                        11.53   2
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8	3	Lozano, Kaeden	11	Bond-Farrar	11.75	1
6		11.743				
4	4	Jensen, Dylan	11	Nevada	11.75	2
5		11.750 11.748				
4	5	Lee, Mason	12	Newton	11.88	2
	6	Hansen, Trey	10	Gilbert	12.18	2
3	7	Hackman, Derek	12	Pella	12.25	2
2	8	Chally, Austin	09	Saydel	12.29	1
1	9	Byers, Jacob	09	Pella	12.30	2
	10	Lilly, Cash	10	Bond-Farrar	12.38	1
	11	Maki, Nate	09	Newton	12.42	1
	12	Moody, Michael	12	Gilbert	12.50	1
	13	Marlatt, Braiden	10	Ballard	12.56	1
	14	Noble, Jack	09	North Polk	12.69	1
	15	Stover, Blake	09	Ballard	12.84	1
	--	Malone, Andrew	12	Saydel	DQ	2

Event 13 Girls 200 Meter Dash 3A

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Name	Year	School	Finals	H#
Points				
=====				
====				
1	12	Pella	26.16	2
10				
2	09	Bond-Farrar	26.38	2
8				
3	09	Pella	27.39	2
6				
4	10	Nevada	27.50	2
5				
5	10	Newton	27.99	2
4				
6	10	Saydel	28.09	2
3				
7	09	North Polk	28.87	1
2				
8	10	Ballard	28.93	2
1				
9	09	Gilbert	29.24	1
10	09	Gilbert	29.26	1
11	10	North Polk	29.30	1

12	Sharp, Caitlyn	12	Nevada	30.21	2
13	Vandersluis, Mallory	10	Saydel	30.50	1
14	Followill, Sydni	10	Newton	33.28	1

Event 14 Boys 200 Meter Dash 3A

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====
Name                Year School                Finals  H#
Points
=====
====
1 Elefson, JD        10 North Polk                22.73   2
10
2 DaSilva, Caeden   09 Nevada                    23.20   2
8
3 Hanson, Tucker    10 Gilbert                    23.75   2
6
4 Schouten, David   11 Pella                      23.81   2
5
5 Saunders, Andrew  12 Nevada                    23.95   2
4
6 Hermann, Blaine   11 Ballard                    23.97   2
3
7 Davis, McKenna    12 Newton                     24.54   2
2
8 Steffen, Mark     12 Gilbert                    24.62   2
1
9 Thoreson, Reece   09 Pella                      25.23   1
10 Haney, Andrew     09 North Polk                 25.27   1
11 Wicks, Dallas     09 Saydel                     25.33   1
12 Malone, Chris    10 Saydel                     25.81   1
13 Stover, Blake     09 Ballard                    26.03   1
14 Welch-Groves, Cameron 09 Bond-Farrar                26.09   1
15 Scott, Kaleb     11 Bond-Farrar                27.58   1
16 Conner, Cole     09 Newton                     28.46   1
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Event 21 Girls 400 Meter Dash 3A

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====
Name                Year School                Finals  H#
Points
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====
1 Heuer, Cara       11 Gilbert                    1:00.48  2
10
2 Hadley, Haleigh   11 Gilbert                    1:01.69  2
8
3 Fick, Alyssa      10 Bond-Farrar                1:03.54  2
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6	4 Culbertson, Cierra	10 Bond-Farrar	1:04.89	2
5	5 Ehresman, Mya	09 Ballard	1:05.66	2
4	6 Blommers, Lindsey	12 Pella	1:06.29	2
3	7 Sullivan, Noelle	11 North Polk	1:10.71	1
2	8 Elliott-Rude, Eleanor	10 Nevada	1:11.51	1
1	9 Oswalt, Willow	10 Newton	1:14.13	1
	10 Lowe, Emily	10 Saydel	1:14.79	1
	11 Perry, Heather	09 Newton	1:15.03	1
	-- Blommers, Ashley	10 Pella	DQ	2

Event 22 Boys 400 Meter Dash 3A

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	Name	Year School	Finals	H#
Points				
====				
====				
	1 Elefson, JD	10 North Polk	51.66	2
10	2 Franzen, Carter	11 Nevada	52.83	2
8	3 Winther, Camden	11 Newton	53.26	2
6	4 Saltzman, Nathan	12 Gilbert	54.39	2
5	5 Haney, Andrew	09 North Polk	54.95	2
4	6 Pollock, Aidan	09 Pella	55.93	1
3	7 Stahr, Elijah	11 Gilbert	55.94	2
2	8 VanGorp, Colby	11 Pella	55.97	1
1	9 Carns, Chris	10 Newton	56.27	2
	10 Olson, Jonah	11 Ballard	1:01.67	2
	11 Engelbrecht, Carter	09 Bond-Farrar	1:01.71	1
	12 Sanny, Carter	09 Bond-Farrar	1:05.71	1
	13 Walker, Noah	10 Saydel	1:08.74	1

Event 29 Girls 800 Meter Run 3A

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Name	Year	School	Finals	H#		
10	1	McMartin, Caroline	11	Pella	2:25.61	2
8	2	Wittenberg, Tirzah	11	Pella	2:27.93	2
6	3	Twedt, Ellie	11	Ballard	2:30.77	2
5	4	Malow, Ashay	10	Newton	2:32.44	2
4	5	Fleischmann, Josie	10	Ballard	2:39.17	2
3	6	Hornbuckle, Eliana	11	Nevada	2:40.07	1
2	7	Sampson, Gabby	10	Nevada	2:40.30	2
1	8	Hill, Abby	11	North Polk	2:42.03	2
	9	Benson, Grace	09	Newton	2:43.10	1
	10	Sents, Rachel	11	Gilbert	2:47.95	2
	11	Owen, Ellie	11	North Polk	2:52.73	1
	12	Leners, Kalista	10	Gilbert	2:53.11	1
	13	Nelson, Katelyn	09	Bond-Farrar	3:00.77	1
	14	McDougalle, Regan	09	Bond-Farrar	3:04.54	1

Event 30 Boys 800 Meter Run 3A

Name	Year	School	Finals	H#		
10	1	Schmitz, Tony	10	Pella	2:01.44	2
8	2	VanBaale, Seth	11	Bond-Farrar	2:02.20	2
6	3	VanHauen, Drew	12	Pella	2:04.59	2
5	4	Sanders, Jacob	12	Nevada	2:05.09	2
4	5	Ruba, Griffin	11	Gilbert	2:08.08	2
3	6	Garton, Treycen	09	Newton	2:09.81	2
2	7	Check, Dean	11	Nevada	2:11.56	1

1	8 Chism, Jim	12 Ballard	2:11.93	1
	9 Crabb, Matt	11 North Polk	2:13.86	1
	10 Buchele, Jacob	11 Gilbert	2:17.90	2
	11 Hecker, Caleb	09 Saydel	2:28.32	1
	12 Beall, Jace	11 Ballard	2:32.47	1
	13 Keuning, Devon	10 Bond-Farrar	2:36.64	1
	14 Garcia, Tony	11 Saydel	2:46.33	1
	-- Henderson, Caleb	10 North Polk	DQ	2

Event 37 Girls 1500 Meter Run 3A

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Name	Year School	Finals	Points
1 Rhoads, Rachel	12 Newton	5:03.98	10
2 Rewerts, Kacie	11 Nevada	5:04.22	8
3 Maher, Caitlin	10 Ballard	5:06.78	6
4 Jorgensen, Chelsea	10 Pella	5:12.67	5
5 Cutler, Abby	10 Pella	5:19.96	4
6 Weiler, Allison	11 Gilbert	5:22.76	3
7 Tuhn, Elie	09 Nevada	5:25.25	2
8 Schaffer, Sophie	11 North Polk	5:33.28	1
9 Huisinga, Kate	09 Ballard	5:39.40	
10 Erhardt, Emily	11 Bond-Farrar	5:41.42	
11 Stalzer, Morgan	09 Newton	5:50.89	
12 Lozano, Elizabeth	09 Bond-Farrar	5:58.26	
13 Thatcher, Mary	09 Gilbert	5:59.20	

Event 38 Boys 1600 Meter Run 3A

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Name	Year School	Finals	Points
1 Wittenberg, Josiah	09 Pella	4:38.93	10
2 Ockey, John	12 Gilbert	4:42.35	8
3 Turner, Cutler	09 Pella	4:47.71	6
4 Amos, Brennan	09 Newton	4:48.06	5
5 Ledet, Ryan	12 Ballard	4:51.77	4
6 Hunter, Adam	12 Newton	4:54.50	3
7 Mesenbrink, Ethan	12 Gilbert	4:54.99	2
8 Ledet, Erik	12 Ballard	4:56.44	1
9 Drake, Gabe	11 North Polk	4:56.64	
10 Baker, Dalton	12 Nevada	4:59.96	

11	Frideres, Elliot	10	Nevada	5:02.06
12	Rowe, Payton	10	Bond-Farrar	5:06.73
13	Leshner, Will	10	North Polk	5:08.51
14	Ralph, Campbell	11	Bond-Farrar	5:25.02
15	Jaschke, Cole	10	Saydel	5:41.84

Event 45 Girls 3000 Meter Run 3A

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Name	Year	School	Finals	Points	
1	McMartin, Caroline	11	Pella	10:58.27	10
2	Twedt, Ellie	11	Ballard	11:05.46	8
3	Kruse, Makayla	12	Pella	11:28.89	6
4	Thatcher, Hannah	12	Gilbert	11:40.45	5
5	Tuhn, Elie	09	Nevada	11:57.23	4
6	Hornbuckle, Eliana	11	Nevada	12:05.69	3
7	Patterson, Emily	12	North Polk	12:18.44	2
8	Cole, Hailey	11	Ballard	12:30.07	1
9	Mattson, Ellie	09	Gilbert	13:12.55	
10	Church, Kelsey	09	Newton	13:22.52	

Event 46 Boys 3200 Meter Run 3A

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Name	Year	School	Finals	Points	
1	Wittenberg, Josiah	09	Pella	10:07.09	10
2	Mesenbrink, Ethan	12	Gilbert	10:14.65	8
3	Mace, Jackson	09	Newton	10:23.95	6
4	Baker, Dalton	12	Nevada	10:24.59	5
5	Drake, Gabe	11	North Polk	10:51.28	4
6	Johnston, Mason	11	Pella	10:58.31	3
7	Lee, Chris	09	Ballard	11:01.80	2
8	Ralph, Campbell	11	Bond-Farrar	11:08.02	1
9	Zemene, Nate	09	Newton	11:08.17	
10	Vanderpool, Sam	10	Gilbert	11:09.65	
11	Keuning, Devon	10	Bond-Farrar	11:28.78	
12	Hill, Connor	09	Ballard	11:43.87	
13	Church, Noah	12	North Polk	11:58.31	
14	Brooks, Makail	11	Saydel	14:21.26	

Event 51 Girls 100 Meter Hurdles 3A

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Name                      Year School                      Finals  H#
Points
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====
1 Anderson, Kendall        09 Bond-Farrar                    16.04   2
10
2 Holterhaus, Emily       12 Pella                            16.33   2
8
3 Berns-Schweingruber, Lyd 11 Gilbert                          16.61   2
6
4 Carlson, Faith          09 Bond-Farrar                    16.83   2
5
5 Butters, Destiny        12 Saydel                           17.24   1
4
6 Stolte, Sarah           12 Ballard                          17.25   2
3
7 Schumann, Mia           10 North Polk                       17.33   2
2
8 Lopez, Eleanor           11 Gilbert                          17.48   2
1
9 Callaghan, Kate         10 Newton                           17.79   2
10 VanHeukelom, Andrea     10 Pella                            17.81   1
11 Wright, Taiylor        12 Ballard                          17.96   1
12 Drent, Bailey           12 North Polk                       18.09   1
13 Mather, Avery           11 Nevada                           18.83   1
14 Conrad, Taylor          10 Nevada                           18.94   1
15 Barr, Abbie             12 Newton                           19.07   1

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Event 54 Boys 110 Meter Hurdles 3A

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Name                      Year School                      Finals  H#
Points
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====
1 Buma, Jordan            12 Pella                            15.45   2
10
2 Sommers, Quinten        12 North Polk                       15.54   2
8
3 Farver, Dylan           11 Newton                           16.19   2
6
4 Edwards, Nic            11 Ballard                          16.44   2
5
5 Ford, Jacob              10 North Polk                       17.07   2
4
6 Huyser, Gage            09 Pella                            17.09   2
3

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2	7	Saunders, Andrew	12	Nevada	17.50	2
1	8	Beeman, Zacharia	09	Bond-Farrar	17.64	1
	9	Millbrooks, Nicholas	11	Newton	17.88	1
	10	Lause, Trevor	09	Saydel	18.20	1
	11	Johnson, Carson	11	Gilbert	18.42	2
	12	Ulmer, Andrew	11	Bond-Farrar	18.46	1
	13	Barrett, Jordan	11	Nevada	18.91	1
	14	Wilkinson, Jeremiah	10	Ballard	19.78	1

Event 59 Girls 400 Meter Hurdles 3A

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	Name	Year	School	Finals	H#	
Points						
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10	1	Thoreson, Elsie	11	Pella	1:06.09	2
8	2	Holterhaus, Emily	12	Pella	1:07.67	2
6	3	Folkmann, Callie	11	Gilbert	1:09.72	2
5	4	Gilroy, Riley	10	Bond-Farrar	1:10.46	2
4	5	Martin, Orianna	09	Saydel	1:13.00	2
3	6	Demmon, Reagan	10	North Polk	1:15.31	2
2	7	Stolte, Sarah	12	Ballard	1:18.94	1
1	8	Conrad, Taylor	10	Nevada	1:19.33	1
	9	Crook, Faith	10	Bond-Farrar	1:20.32	1
	10	Ellingson, Grace	09	Gilbert	1:20.99	1
	11	Mandernach, Elli	10	North Polk	1:21.03	2
	12	Mather, Avery	11	Nevada	1:22.97	2

Event 63 Boys 400 Meter Hurdles 3A

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	Name	Year	School	Finals	H#	
Points						
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10	1	Nelson, Joven	12	Nevada	54.19	2

8	2	Sommers, Quinten	12 North Polk	54.72	2
6	3	Buma, Jordan	12 Pella	55.50	2
5	4	Clayberg, Nolan	09 Pella	59.64	2
4	5	Hawthorne, Drew	11 Gilbert	1:00.01	2
3	6	Beeman, Zacharia	09 Bond-Farrar	1:02.95	1
2	7	Maring, Luke	10 North Polk	1:04.18	2
1	8	Neal, John	11 Newton	1:04.60	1
	9	Abraham, Sam	12 Nevada	1:06.02	2
	10	Johnson, Carson	11 Gilbert	1:06.03	2
	11	Swank, Cole	09 Newton	1:06.53	1
	12	Gudin, Nick	10 Saydel	1:06.68	1
	13	Lause, Trevor	09 Saydel	1:11.55	1
	14	Ulmer, Andrew	11 Bond-Farrar	1:11.85	1

Event 68 Girls 4x100 Meter Shuttle Hurdle 3A

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====
School                               Finals  H#
Points
=====
====
1 Gilbert                               1:09.79  2
10
  1) Berns-Schweingruber, Lydia 11    2) Lopez, Eleanor 11
  3) Barrientos, Bailey 11           4) Clark, Tyzha 12
2 North Polk                             1:09.98  2
8
  1) Springer, Marlee 09              2) Schumann, Mia 10
  3) Demmon, Reagan 10                4) Drent, Bailey 12
3 Bond-Farrar                             1:10.83  2
6
  1) Anderson, Kendall 09             2) Gilroy, Riley 10
  3) Dicks, Allie 12                  4) Carlson, Faith 09
4 Pella                                   1:13.91  2
5
  1) VanHeukelom, Andrea 10           2) Diers, Faith 10
  3) Rowe, Meridith 09                4) Holterhaus, Emily 12
-- Ballard                               DQ      1
  1) Wright, Taiylor 12               2) Kluender, Alexis 10
  3) Buban, Ali 09                    4) Stolte, Sarah 12

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Event 74 Girls 4x100 Meter Relay 3A

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School                                     Finals
Points
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=
1 Pella                                     49.54    10
  1) Miller, Metsje 12                    2) Vanderhoff, Roselande 10
  3) Armstrong, Evie 12                   4) McMartin, Emily 09
2 Bond-Farrar                               50.40     8
  1) Hall, Abby 11                        2) Fuller, Rebekah 09
  3) Anderson, Kendall 09                 4) DeCosta, Ellie 09
3 Nevada                                    52.06     6
  1) Sharp, Samara 11                     2) Sharp, Caitlyn 12
  3) Plate, Emily 12                      4) Thomsen, Hannah 10
4 Gilbert                                    52.20     5
  1) Berns-Schweingruber, Lydia 11        2) Nelson, Riley 12
  3) Strong, Tori 12                      4) Kline, Ally 11
5 Saydel                                    54.27     4
  1) Vandersluis, Mallory 10              2) Sotter, Kandice 10
  3) Shinn, Daleaney 10                   4) Butters, Destiny 12
6 North Polk                                54.43     3
  1) Wendel, Mia 10                       2) Rediski, Ava 10
  3) Faux, Mandy 10                       4) Fagen, Jenna 11
7 Ballard                                   54.71     2
  1) Newell, Rachel 12                    2) Olson, Rori 10
  3) Wright, Taiylor 12                   4) Giles, Ellis 10
8 Newton                                    55.79     1
  1) Davis, Nya 09                        2) Brunsmann, Teddie 12
  3) Davidson, Riley 10                   4) Amador, Priscila 11
  
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Event 75 Boys 4x100 Meter Relay 3A

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=
School                                     Finals
Points
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=
1 Nevada                                    43.75    10
  1) DaSilva, Caeden 09                   2) Jensen, Dylan 11
  3) Strottman, Jakob 12                  4) Nelson, Joven 12
2 Bond-Farrar                               44.70     8
  1) Beresford, Ty 10                     2) Wilson, Lain 10
  3) Powell, Dalton 11                    4) Smith, Porter 09
3 Pella                                    45.54     6
  1) Thomas, Gabe 12                      2) Huizinga, Xavion 11
  3) Jablonski, Ben 11                    4) Hackman, Derek 12
  
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Event 83 Boys 4x200 Meter Relay 3A

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School                                     Finals
Points
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=
1 Nevada                                     1:30.64    10
  1) DaSilva, Caeden 09                    2) Abraham, Sam 12
  3) Strottman, Jakob 12                   4) Nelson, Joven 12
2 Bond-Farrar                               1:33.31     8
  1) Beresford, Ty 10                      2) Wilson, Lain 10
  3) Powell, Dalton 11                     4) Smith, Porter 09
3 Pella                                       1:33.67     6
  1) Huizinga, Xavion 11                   2) Clayberg, Nolan 09
  3) Schouten, David 11                    4) Rozenboom, Jackson 10
4 North Polk                                 1:35.08     5
  1) McArthur, Quinton 12                  2) Capaldo, Sal 09
  3) Hood, Clark 12                        4) Williams, Michael 11
5 Gilbert                                    1:41.26     4
  1) Anderson, Josh 11                     2) Hurn, Cooper 11
  3) Clewell, Ethan 11                     4) Porter, Brett 11
6 Newton                                     1:44.77     3
  1) Dydell, Jaden 10                      2) Hammons, Reese 09
  3) Sanger, Owen 10                       4) Cummins, Logan 11
7 Ballard                                    1:47.23     2
  1) Bertrand, Donovan 10                  2) Estrem, Cael 10
  3) Soash, Gavin 09                       4) Marlatt, Braiden 10

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Event 90 Girls 4x400 Meter Relay 3A

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=
School                                     Finals
Points
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=
1 Pella                                       4:08.06    10
  1) Blommers, Ashley 10                   2) Blommers, Lindsey 12
  3) Thoreson, Elsie 11                    4) McMartin, Caroline 11
2 Gilbert                                    4:11.91     8
  1) Heuer, Cara 11                         2) Milhous, Jordyn 11
  3) Hawthorne, Ava 09                     4) Hadley, Haleigh 11
3 Bond-Farrar                               4:18.25     6
  1) Fick, Alyssa 10                       2) Culbertson, Cierra 10
  3) Culbertson, Brielle 10                4) Walke, Paige 12
4 North Polk                                 4:19.04     5
  1) Schoenberg, Eva 11                     2) Wendel, Kennedy 12
  3) Schaffer, Lucy 09                      4) Long, Sadie 10

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5	Newton		4:19.88	4
	1) Malow, Ashay 10	2) Barr, Abbie 12		
	3) Rhoads, Rachel 12	4) Cupples, Brooklyn 09		
6	Ballard		4:32.10	3
	1) Maher, Natalie 10	2) Ehresman, Mya 09		
	3) Wilson, Carley 10	4) Johnson, Bella 10		
7	Nevada		4:33.38	2
	1) Mosinski, Sydney 10	2) Davis, Madison 11		
	3) Elliott-Rude, Eleanor 10	4) Sampson, Gabby 10		
8	Saydel		5:07.60	1
	1) Lowe, Emily 10	2) Martin, Orianna 09		
	3) Miller, Claire 09	4) Garton, Vanessa 10		

Event 91 Boys 4x400 Meter Relay 3A

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School	Points	Finals
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1	Pella		3:28.67	10
	1) Schmitz, Tony 10	2) VanHauen, Drew 12		
	3) Rozenboom, Jackson 10	4) Miller, Karl 09		
2	North Polk		3:31.12	8
	1) Williams, Michael 11	2) Banwart, Chris 11		
	3) Sommers, Quinten 12	4) Elefson, JD 10		
3	Bond-Farrar		3:34.42	6
	1) Lilly, Cash 10	2) Pitts, Spencer 10		
	3) Silvers, Trenton 10	4) VanBaale, Seth 11		
4	Gilbert		3:34.99	5
	1) Ruba, Griffin 11	2) Saltzman, Nathan 12		
	3) Hanson, Birk 09	4) Steffen, Mark 12		
5	Nevada		3:43.59	4
	1) Franzen, Carter 11	2) Kooiker, Caleb 09		
	3) Saunders, Andrew 12	4) Sanders, Jacob 12		
6	Saydel		3:52.00	3
	1) Shinn, Garrett 11	2) Mundy, Evan 10		
	3) Plascencia, Seth 11	4) Garrison, Nick 11		
7	Newton		4:00.81	2
	1) Holdefer, A.J. 10	2) Beiner, Derek 09		
	3) Hanson, Krayton 09	4) Mace, Jackson 09		
8	Ballard		4:08.92	1
	1) Chism, Jim 12	2) Ledet, Erik 12		
	3) Ledet, Ryan 12	4) Olson, Jonah 11		

Event 98 Girls 4x800 Meter Relay 3A

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School	Finals	
Points		
1 Pella	9:56.28	10
1) Wittenberg, Tirzah 11	2) Blommers, Ashley 10	
3) Blommers, Lindsey 12	4) Jorgensen, Chelsea 10	
2 North Polk	10:08.10	8
1) Schaffer, Lucy 09	2) Wendel, Kennedy 12	
3) Schaffer, Sophie 11	4) Hill, Abby 11	
3 Ballard	10:12.28	6
1) Fleischmann, Josie 10	2) Loewe, Brooke 09	
3) Ehresman, Mya 09	4) Huisinga, Kate 09	
4 Gilbert	11:00.71	5
1) Weiler, Allison 11	2) Sents, Rachel 11	
3) Folkmann, Callie 11	4) Leners, Kalista 10	
5 Nevada	11:19.26	4
1) Sampson, Gabby 10	2) Farmer, Mady 12	
3) Davis, Madison 11	4) Elliott-Rude, Eleanor 10	
6 Newton	11:37.50	3
1) Muckler, Clare 12	2) Stalzer, Morgan 09	
3) Zaabel, Lauren 09	4) Oswald, Willow 10	
7 Bond-Farrar	11:51.43	2
1) Lozano, Elizabeth 09	2) Padgett, Maddy 10	
3) Nelson, Katelyn 09	4) McDougalle, Regan 09	

Event 99 Boys 4x800 Meter Relay 3A

School	Finals	
Points		
1 Pella	8:15.98	10
1) VanHauen, Drew 12	2) Miller, Karl 09	
3) Turner, Cutler 09	4) Schmitz, Tony 10	
2 Gilbert	8:20.61	8
1) Ockey, John 12	2) Hanson, Birk 09	
3) Stuber, Ethen 12	4) Ruba, Griffin 11	
3 North Polk	8:22.96	6
1) Henderson, Caleb 10	2) Vernon, Flint 12	
3) Banwart, Chris 11	4) Jones, Thomas 10	
4 Nevada	8:31.41	5
1) Sanders, Jacob 12	2) Frideres, Elliot 10	
3) Check, Dean 11	4) Franzen, Carter 11	
5 Newton	8:38.74	4
1) Garton, Treycen 09	2) Hunter, Adam 12	
3) Roy, Emmanuel 09	4) Amos, Brennan 09	

6 Ballard	8:49.67	3
1) Chism, Jim 12	2) Olson, Jonah 11	
3) Ledet, Ryan 12	4) Ledet, Erik 12	
7 Bond-Farrar	8:57.42	2
1) Rowe, Payton 10	2) Welch-Groves, Cameron 09	
3) Pitts, Spencer 10	4) Silvers, Trenton 10	

Event 112 Girls 800 Sprint Medley 3A

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School	Points	Finals
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1 Pella	1:50.11	10
1) Miller, Metsje 12	2) McMartin, Emily 09	
3) Vanderhoff, Roselande 10	4) Thoreson, Elsie 11	
2 Bond-Farrar	1:52.92	8
1) Anderson, Kendall 09	2) DeCosta, Ellie 09	
3) Fuller, Rebekah 09	4) Fick, Alyssa 10	
3 Gilbert	1:53.87	6
1) Nelson, Riley 12	2) Strong, Tori 12	
3) Hawthorne, Ava 09	4) Heuer, Cara 11	
4 Nevada	1:57.13	5
1) Sharp, Samara 11	2) Plate, Emily 12	
3) Sharp, Caitlyn 12	4) Thomsen, Hannah 10	
5 Saydel	2:00.35	4
1) Butters, Destiny 12	2) Sotter, Kandice 10	
3) Shinn, Daleaney 10	4) Martin, Orianna 09	
6 Ballard	2:03.03	3
1) Wright, Taiylor 12	2) Giles, Ellis 10	
3) Olson, Rori 10	4) Wilson, Carley 10	
7 North Polk	2:03.04	2
1) Faux, Mandy 10	2) Sullivan, Noelle 11	
3) Downs, Jillian 09	4) Larson, Whitney 09	
8 Newton	2:06.56	1
1) Cupples, Brooklyn 09	2) Brunsmann, Teddie 12	
3) Davis, Nya 09	4) Benson, Grace 09	

Event 113 Boys Distance Medley 3A

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School	Points	Finals
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=

1 Pella	3:38.32	10
1) Huizinga, Xavion 11	2) Buma, Jordan 12	

3) Miller, Karl 09	4) Wittenberg, Josiah 09		
2 Gilbert	3:46.00	8	
1) Hanson, Tucker 10	2) Steffen, Mark 12		
3) Ruba, Griffin 11	4) Mesenbrink, Ethan 12		
3 North Polk	3:46.69	6	
1) Williams, Michael 11	2) Fausch, Ryan 11		
3) Rimathe, Hunter 11	4) Jones, Thomas 10		
4 Saydel	3:51.85	5	
1) Lee, Cash 12	2) Ellsworth, Dakota 11		
3) Shinn, Garrett 11	4) Mundy, Evan 10		
5 Ballard	3:52.82	4	
1) Hermann, Blaine 11	2) Wolfe, Cody 12		
3) Edwards, Nic 11	4) Beall, Jace 11		
6 Nevada	4:02.63	3	
1) Skelton, Theo 10	2) Hines, Connor 12		
3) Kooiker, Caleb 09	4) Vermillion, Hudson 12		
7 Newton	4:03.03	2	
1) Sanger, Owen 10	2) Biondi, Zane 10		
3) Carns, Chris 10	4) Roy, Emmanuel 09		
8 Bond-Farrar	4:12.81	1	
1) McDougalle, Riggs 09	2) Tegeler, Josh 09		
3) Scott, Kaleb 11	4) Clark, Jordan 10		

Event 120 Girls High Jump 3A

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Name	Year School	Finals	Points
1 Hadley, Haleigh	11 Gilbert	5-04.00	10
2 Long, Sadie	10 North Polk	5-00.00	8
3 Bulman, Emma	10 Gilbert	5-00.00	6
4 Guthridge, Kyleigh	12 Bond-Farrar	5-00.00	5
5 Culbertson, Cierra	10 Bond-Farrar	4-08.00	4
6 Thompson, Cassidy	10 Ballard	4-08.00	3
7 Barr, Abbie	12 Newton	4-08.00	2
8 Willson Howar, Samara	09 Nevada	4-06.00	1
-- Lowe, Emily	10 Saydel	NH	
-- Bartmess, Alexis	09 Nevada	NH	

Event 121 Boys High Jump 3A

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Name	Year School	Finals	Points
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1	Noble, Jack	09	North Polk	6-01.00	10
2	Capaldo, Sal	09	North Polk	6-00.00	8
3	Francom, James	09	Gilbert	5-10.00	6
4	Hall, Alex	10	Bond-Farrar	5-10.00	5
5	Garrison, Nick	11	Saydel	5-08.00	4
6	Wilkerson, Myleek	10	Nevada	5-06.00	
2.50					
6	Turner, Will	12	Gilbert	5-06.00	
2.50					
8	LaHue, Izaak	10	Pella	5-06.00	1
--	VanderHoff, Silas	10	Pella	NH	
--	Sanny, Carter	09	Bond-Farrar	NH	
--	Dydell, Jaden	10	Newton	NH	

Event 128 Girls Long Jump 3A

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Points	Name	Year	School	Finals	H#
10	1 Berns-Schweingruber, Lyd	11	Gilbert	16-05.50	2
8	2 Treimer, Isabel	11	Pella	15-07.50	2
6	3 Elliott-Rude, Eleanor	10	Nevada	15-02.50	2
5	4 Rowe, Meridith	09	Pella	15-01.00	2
4	5 Springer, Marlee	09	North Polk	15-01.00	2
3	6 Lopez, Eleanor	11	Gilbert	14-11.50	2
2	7 Fagen, Jenna	11	North Polk	14-10.00	2
1	8 Garton, Vanessa	10	Saydel	14-00.50	1
	9 Conrad, Taylor	10	Nevada	13-09.00	1
	10 Amador, Priscila	11	Newton	13-01.50	1
	11 Liedtke, Sydney	12	Ballard	12-06.50	1
	12 Nosekabel, Nora	09	Ballard	11-00.00	1

Event 129 Boys Long Jump 3A

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Points	Name	Year	School	Finals	H#
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=====
 1 Abraham, Sam          12 Nevada          20-07.00   2
10
 2 Lozano, Kaeden       11 Bond-Farrar     20-06.00   2
 8
 3 Wilson, Lain         10 Bond-Farrar     20-04.00   2
 6
 4 Hanson, Tucker      10 Gilbert         19-05.25   2
 5
 5 Bloomquist, Jacob   09 North Polk     18-11.50   2
 4
 6 Wilkerson, Myleek   10 Nevada          18-07.50   2
 3
 7 Davis, McKenna      12 Newton          18-06.25   2
 2
 8 Fausch, Ryan        11 North Polk     18-03.25   1
 1
 9 Ellis, Daunte       10 Saydel          18-00.75   1
10 Hansen, Trey        10 Gilbert         17-06.00   1
11 Chally, Austin      09 Saydel         17-00.00   1
12 Neal, John          11 Newton          16-04.00   1
13 Meyer, Blake        09 Pella           16-00.50   1
14 Leovan, Antonio     10 Pella           15-08.75   1

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Event 136 Girls Discus Throw 3A

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  Name                      Year School          Finals  H#
Points
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====
 1 Lappe, Katelyn          09 Bond-Farrar      112-05   2
10
 2 Cairney, Elly          12 Pella             110-02   2
 8
 3 Vorm, Addi             10 Nevada           106-06   2
 6
 4 Crain, Bailey          11 Nevada           102-02   2
 5
 5 Seitzer, Kaylee        11 Bond-Farrar      91-09   2
 4
 6 Van Ersvelde, Alison   11 Ballard           88-08   1
 3
 7 Hill, Abby             11 North Polk       88-02   2
 2
 8 Barton, Sophia         12 Saydel            87-09   1
 1
 9 Gescheidler, Katie    11 Gilbert           82-10   1

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10	Johnson, Paige	09	North Polk	79-04	2
11	Johnson, Morgan	10	Ballard	76-03	1
12	Manning, Kealey	09	Newton	75-02	1
13	Barton, Rachel	09	Saydel	74-03	1
14	Baker, MacKenzie	11	Newton	70-11	1

Event 137 Boys Discus Throw 3A

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Name	Year	School	Finals	H#
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Points

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10	1	DeJong, Nick	12	Pella	158-05	2
8	2	Huisman, Kody	10	Pella	153-11	2
6	3	Lomica, Caleb	12	North Polk	140-07	2
5	4	Snider, Ryan	10	Bond-Farrar	127-00	2
4	5	Roetman, Issac	11	Gilbert	125-11	1
3	6	Lamp, Jeff	12	North Polk	125-11	2
2	7	Lee, Mason	12	Newton	122-05	2
1	8	Smalley, Alex	10	Gilbert	114-01	1
	9	Walker, Dylan	10	Saydel	106-07	1
	10	Wild, Ethan	12	Nevada	106-03	1
	11	Ballard, Ethan	10	Nevada	105-08	1
	12	Meislahn, Cameron	09	Bond-Farrar	101-06	1
	13	Stuart, Noah	09	Saydel	60-03	1

Event 144 Girls Shot Put 3A

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Name	Year	School	Finals	H#
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Points

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10	1	Bennett, Sara	12	Pella	36-07.75	2
8	2	Lappe, Katelyn	09	Bond-Farrar	36-02.50	2
6	3	Baker, MacKenzie	11	Newton	35-10.50	2

4	Vorm, Addi	10	Nevada	35-07.75	2
5					
5	Seitzer, Kaylee	11	Bond-Farrar	35-03.00	2
4					
6	Manning, Kealey	09	Newton	32-09.50	2
3					
7	Gescheidler, Katie	11	Gilbert	31-10.75	2
2					
8	Meyers, Alicia	11	Pella	31-08.25	2
1					
9	Barton, Sophia	12	Saydel	30-07.25	1
10	Barton, Rachel	09	Saydel	29-08.50	1
11	Johnson, Nessa	10	Gilbert	28-04.00	1
12	Van Ersvelde, Alison	11	Ballard	26-10.50	1
13	Dunham, Madelynn	09	Nevada	26-06.00	1
14	Murphy, Jaedon	11	North Polk	26-04.50	1
15	Johnson, Morgan	10	Ballard	26-04.25	1
16	Johnson, Paige	09	North Polk	24-01.00	1

Event 145 Boys Shot Put 3A

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Name	Year	School	Finals	H#	
Points					
=====					
====					
1	DeJong, Nick	12	Pella	59-11.75	2
10					
2	Lomica, Caleb	12	North Polk	50-07.00	2
8					
3	Huerter, Mason	11	Pella	49-03.00	2
6					
4	Roetman, Issac	11	Gilbert	46-04.25	2
5					
5	Cox, Mark	11	North Polk	45-10.25	2
4					
6	Lee, Mason	12	Newton	45-01.00	2
3					
7	Peterson, Ben	12	Newton	43-07.00	1
2					
8	Wild, Ethan	12	Nevada	41-05.25	2
1					
9	Meislahn, Cameron	09	Bond-Farrar	38-08.00	1
10	Jerman, Ty	10	Gilbert	38-06.25	1
11	Snider, Ryan	10	Bond-Farrar	37-11.50	1
12	Walker, Dylan	10	Saydel	36-10.50	1
13	Adelmund, Noah	11	Nevada	34-01.00	1
14	Godwin, Gavin	09	Saydel	28-03.50	1

Event 150 Girls Distance Medley 3A

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School                               Finals
Points
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=
1 Pella                               4:14.37    10
  1) Holterhaus, Emily 12             2) Vanderhoff, Roselande 10
  3) Thoreson, Elsie 11               4) McMartin, Caroline 11
2 Newton                               4:19.75     8
  1) Callaghan, Kate 10                2) Terpstra, Kynnedei 10
  3) Malow, Ashay 10                   4) Rhoads, Rachel 12
3 Nevada                               4:24.54     6
  1) Sharp, Caitlyn 12                 2) Mosinski, Sydney 10
  3) Thomsen, Hannah 10                4) Rewerts, Kacie 11
4 Ballard                              4:25.26     5
  1) Newell, Rachel 12                 2) Wilson, Carley 10
  3) Maher, Natalie 10                 4) Maher, Caitlin 10
5 North Polk                           4:34.23     4
  1) Gorham, Kara 11                   2) Turk, Elizabeth 12
  3) Schoenberg, Eva 11                 4) Schaffer, Lucy 09
6 Gilbert                              4:38.76     3
  1) Nelson, Riley 12                   2) Schwendemann, Lauren 10
  3) Nelson, Bella 09                  4) Thatcher, Hannah 12
7 Saydel                               4:45.76     2
  1) Butters, Destiny 12                2) Vandersluis, Mallory 10
  3) Shinn, Daleaney 10                 4) Martin, Orianna 09
8 Bond-Farrar                          4:46.34     1
  1) Guthridge, Kyleigh 12              2) Culbertson, Brielle 10
  3) Crook, Alexis 10                   4) Erhardt, Emily 11

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Event 156 Boys 4x110 Meter Shuttle Hurdle 3A

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School                               Finals   H#
Points
=====
====
1 Pella                               1:01.24    2
10
  1) Clayberg, Nolan 09                 2) Winegardner, Brandon 10
  3) Thomas, Gabe 12                     4) Buma, Jordan 12
2 North Polk                           1:02.56    2
8
  1) Ford, Jacob 10                       2) Manock, Hunter 10
  3) Sommers, Quinten 12                  4) Capaldo, Sal 09

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3	Newton		1:06.35	2
6	1) Farver, Dylan 11	2) Neal, John 11		
	3) Millbrooks, Nicholas 11	4) Swank, Cole 09		
4	Bond-Farrar		1:06.77	1
5	1) Beeman, Zacharia 09	2) Meyer, Nolan 09		
	3) Ulmer, Andrew 11	4) Hall, Alex 10		
5	Nevada		1:08.92	2
4	1) Wilkerson, Myleek 10	2) Barrett, Jordan 11		
	3) Saunders, Andrew 12	4) Abraham, Sam 12		
6	Saydel		1:09.21	1
3	1) Malone, Chris 10	2) Ellis, Daunte 10		
	3) Kayser, Ben 10	4) Lause, Trevor 09		

Event 160 Boys 800 Sprint Medley 3A

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School	Points	Finals
1 Nevada		1:34.40 10
1) DaSilva, Caeden 09		2) Jensen, Dylan 11
3) Strottman, Jakob 12		4) Nelson, Joven 12
2 Pella		1:37.48 8
1) Thomas, Gabe 12		2) Jablonski, Ben 11
3) Huizinga, Xavion 11		4) Rozenboom, Jackson 10
3 North Polk		1:38.08 6
1) Fausch, Ryan 11		2) Hood, Clark 12
3) Williams, Michael 11		4) Banwart, Chris 11
4 Bond-Farrar		1:39.58 5
1) Beresford, Ty 10		2) Wilson, Lain 10
3) Powell, Dalton 11		4) Smith, Porter 09
5 Newton		1:41.22 4
1) Lee, Mason 12		2) Maki, Nate 09
3) Davis, McKenna 12		4) Winther, Camden 11
6 Saydel		1:41.37 3
1) Malone, Andrew 12		2) Ellsworth, Dakota 11
3) Lee, Cash 12		4) Shinn, Garrett 11
7 Gilbert		1:44.37 2
1) Anderson, Josh 11		2) Hansen, Trey 10
3) Porter, Brett 11		4) Stahr, Elijah 11
8 Ballard		1:45.67 1
1) Hermann, Blaine 11		2) Estrem, Cael 10
3) Wolfe, Cody 12		4) Edwards, Nic 11

