

Race #3
Girls Varsity Orange 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1 Pine Island	128	1:48:01	21:37	
2 Kewaskum	131	1:47:36	21:32	
3 Newton	134	1:49:04	21:49	
4 Lake City	143	1:48:43	21:45	
5 Clear Lake	180	1:50:51	22:11	
6 Dike-New Hartford	199	1:51:24	22:17	
7 Kee Lansing	235	1:53:09	22:38	
8 South Hamilton Jewell	259	1:55:06	23:02	
9 Kasson-Mantorville	269	1:54:56	23:00	
10 Bellevue	282	1:56:10	23:14	
11 Earlham	290	1:56:32	23:19	
12 Knoxville	312	1:57:19	23:28	
13 Wapsie Valley Fairbank	322	1:57:46	23:34	
14 Osage	343	1:57:15	23:27	
15 Pacelli	346	2:01:10	24:14	
16 North Tama Traer	355*	2:00:24	24:05	
17 Nodaway Valley	355*	2:00:42	24:09	
18 BCLUW Conrad	357	2:04:23	24:53	
19 Waterloo United	403	2:02:34	24:31	
20 Columbus Community Columbus Junction	508	2:12:47	26:34	

***Tiebreakers**

North Tama Traer	8	51	74	106	116	119	122
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Nodaway Valley	29	59	72	78	117
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SPLIT SCORING SUMMARY
900M

UNOFFICIAL Standings	Score
1 Marshalltown	49
2 Kewaskum	134
3 Pine Island	146
4 Dike-New Hartford	192
5 Newton	229
6 South Hamilton Jewell	236
7 Lake City	244
8 North Tama Traer	251
9 Kee Lansing	262
10 Kasson-Mantorville	265
11 Bellevue	271

UNOFFICIAL Standings		Score
12	Osage	292
13	Wapsie Valley Fairbank	318
14	Clear Lake	334
15	Nodaway Valley	342
16	Pacelli	385
17	BCLUW Conrad	389
18	Earlham	394
19	Knoxville	395
20	Waterloo United	454
21	Columbus Community Columbus Junction	559

2K

UNOFFICIAL Standings		Score
1	Pine Island	121
2	Kewaskum	133
3	Newton	168
4	Dike-New Hartford	199
5	Lake City	202
6	Kasson-Mantorville	243
7	South Hamilton Jewell	250
8	Kee Lansing	253
9	Clear Lake	288
10	Bellevue	301
11	Osage	314
12	Wapsie Valley Fairbank	321
13	Nodaway Valley	337
14	Earlham	348
15	BCLUW Conrad	351
16	Pacelli	358
17	Knoxville	370
18	North Tama Traer	372
19	Waterloo United	421
20	Columbus Community Columbus Junction	542

4K

UNOFFICIAL Standings		Score
1	Pine Island	135
2	Kewaskum	137
3	Newton	151
4	Lake City	156
5	Dike-New Hartford	217
6	Clear Lake	220
7	Kee Lansing	253
8	South Hamilton Jewell	258
9	Kasson-Mantorville	292

UNOFFICIAL Standings		Score
10	Bellevue	304
11	Earlham	309
12	Knoxville	331
13	Wapsie Valley Fairbank	339
14	Pacelli	350
15	Osage	352
16	Nodaway Valley	355
17	BCLUW Conrad	370
18	North Tama Traer	372
19	Waterloo United	418
20	Columbus Community Columbus Junction	532

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	900m	2k	4k
1 Katelyn Johnston	Osage	1	18:54.58	3:13.80 (3)	7:17.95 (1)	15:20.66 (1)
2 Haley Meyer	Kee Lansing	2	19:28.98	3:27.94 (6)	7:36.94 (3)	15:48.56 (2)
3 Abigail Gerhartz	Kewaskum	3	19:40.24	3:25.39 (5)	7:36.72 (2)	16:00.46 (3)
4 Lili Nelson	Forest City	--	19:55.96	3:28.60 (8)	7:49.28 (6)	16:12.99 (4)
5 Taylor Kvale	Dike-New Hartford	4	20:08.34	3:28.52 (7)	7:52.28 (7)	16:33.77 (7)
6 Olivia Yotter	Lake City	5	20:12.42	3:43.45 (22)	7:54.14 (9)	16:30.00 (6)
7 Addison Doughan	Clear Lake	6	20:13.79	3:44.11 (24)	8:07.14 (15)	16:35.44 (9)
8 Kirsten Koopal	Pacelli	7	20:16.38	3:25.33 (4)	7:43.59 (4)	16:23.88 (5)
9 Jules Breakenridge	North Tama Traer	8	20:22.01	3:28.74 (10)	7:52.38 (8)	16:35.09 (8)
10 Alyssa Shannon	Newton	9	20:27.01	3:49.69 (32)	8:20.11 (24)	16:52.25 (13)
11 Peyton Meincke	Lake City	10	20:27.29	3:35.97 (13)	7:56.76 (10)	16:38.77 (11)
12 Olivia Spurling	Earlham	11	20:38.79	3:39.41 (18)	8:04.31 (13)	16:38.31 (10)
13 Bella Hooker	Kewaskum	12	20:39.04	3:35.53 (12)	8:02.90 (12)	16:46.91 (12)
14 Ava Vandaele	Wapsie Valley Fairbank	13	20:49.44	3:45.49 (25)	8:14.91 (22)	16:58.09 (16)
15 Lexi Lewis	Pacelli	14	20:51.69	3:43.69 (23)	8:13.54 (21)	16:57.53 (15)
16 Brooklyn Radtke	Pine Island	15	20:54.68	3:38.63 (16)	8:08.85 (16)	16:58.11 (17)
17 Alivia Levi	Pine Island	16	20:55.22	3:48.33 (30)	8:10.85 (18)	17:04.99 (19)
18 Micah Blevins	Marshalltown	--	20:58.36	3:36.33 (14)	8:01.75 (11)	17:00.51 (18)
19 Herrera Veronica	Marshalltown	--	20:59.10	3:36.95 (15)	8:04.52 (14)	16:56.92 (14)
20 River Weissgerber	Pine Island	17	20:59.81	3:40.19 (21)	8:09.89 (17)	17:06.04 (20)
21 JoJo Tynismaa	South Tama County Tama	--	21:12.77	3:53.60 (41)	8:29.08 (30)	17:22.62 (24)
22 Izzy Houts	Dike-New Hartford	18	21:15.48	3:38.69 (17)	8:11.03 (19)	17:15.65 (22)
23 Brylee Bellis	Wapsie Valley Fairbank	19	21:15.50	3:46.05 (27)	8:17.15 (23)	17:08.62 (21)
24 Norah Pearson	Knoxville	20	21:21.12	3:55.93 (50)	8:41.09 (41)	17:29.11 (27)
25 Reese Brownlee	Clear Lake	21	21:21.87	3:47.50 (28)	8:26.29 (28)	17:40.23 (29)
26 Ashley Peterson	Kasson-Mantorville	22	21:26.23	3:49.85 (33)	8:28.87 (29)	17:21.20 (23)
27 Aubrey Peterson	Kasson-Mantorville	23	21:29.51	3:51.04 (35)	8:29.14 (31)	17:28.21 (26)
28 Avalon Olla	Kewaskum	24	21:34.41	3:39.88 (19)	8:11.39 (20)	17:27.62 (25)
29 Gabby Williamson	Bellevue	25	21:38.76	3:47.69 (29)	8:20.61 (25)	17:35.52 (28)
30 Bella Winther	Newton	26	21:45.70	3:56.95 (55)	8:40.89 (40)	17:46.69 (31)
31 Mary Kate Frakes	South Tama County Tama	--	21:50.66	3:54.03 (42)	8:31.91 (33)	17:40.80 (30)

Athlete	Team	Score	Time	900m	2k	4k	
32	Rassmusen Grace	Marshalltown	--	22:00.17	3:56.51 (53)	8:40.24 (36)	18:03.62 (36)
33	Kate Muckler	Newton	27	22:00.48	3:57.65 (59)	8:41.53 (43)	17:58.12 (34)
34	Grace Hingtgen	Bellevue	28	22:03.05	3:48.55 (31)	8:23.08 (26)	18:02.24 (35)
35	Jazz Christensen	Nodaway Valley	29	22:04.07	3:45.91 (26)	8:24.32 (27)	17:48.40 (32)
36	Jaylyn Walleser	Kee Lansing	30	22:05.98	3:55.51 (48)	8:43.93 (51)	17:54.90 (33)
37	Morgan Stalzer	Newton	31	22:12.82	3:57.57 (58)	8:40.89 (39)	18:04.20 (37)
38	Shiwei Hong	Pine Island	32	22:15.04	3:54.82 (43)	8:40.56 (37)	18:07.67 (38)
39	Lauren Kennedy	Lake City	33	22:19.13	3:57.67 (60)	8:45.27 (52)	18:09.46 (41)
40	Adrianna Gallen	Columbus Catholic Waterloo	--	22:19.61	3:51.92 (37)	8:43.73 (50)	18:17.32 (45)
41	Madison Beaune	South Hamilton Jewell	34	22:19.92	3:55.02 (45)	8:41.81 (45)	18:07.91 (39)
42	Willa Field	Lake City	35	22:20.49	4:02.41 (73)	8:51.25 (60)	18:09.36 (40)
43	Kalia Stover	BCLUW Conrad	36	22:22.52	3:57.02 (56)	8:47.15 (53)	18:14.99 (44)
44	Abby Kemp	BCLUW Conrad	37	22:22.52	3:58.95 (65)	8:49.39 (56)	18:19.75 (46)
45	Annika Kienzle	South Hamilton Jewell	38	22:30.43	3:55.64 (49)	8:41.53 (44)	18:13.20 (42)
46	Natalie Collins	Knoxville	39	22:34.24	4:01.43 (71)	8:53.97 (63)	18:22.71 (48)
47	Brielle Scoles	Kewaskum	40	22:37.02	3:52.41 (39)	8:43.49 (49)	18:21.31 (47)
48	Hadley Kruse	Newton	41	22:37.38	3:53.34 (40)	8:38.66 (35)	18:27.32 (50)
49	Anna Lammers	South Hamilton Jewell	42	22:40.89	3:55.14 (46)	8:42.77 (47)	18:14.54 (43)
50	Rosie Wardell	Dike-New Hartford	43	22:51.85	3:50.53 (34)	8:40.77 (38)	18:30.95 (53)
51	Rachel Smith	Marshalltown	--	22:53.34	3:40.15 (20)	8:31.59 (32)	18:25.20 (49)
52	Alexis Hauge	Clear Lake	44	22:53.44	4:04.83 (89)	8:59.40 (74)	18:38.10 (57)
53	Jadyn Heesch	Clear Lake	45	22:53.66	4:13.82 (101)	9:12.56 (90)	18:36.56 (56)
54	Taylor Jensen	Earlham	46	22:54.84	4:05.93 (91)	8:58.26 (69)	18:48.06 (62)
55	Hannah Frank	Earlham	47	22:55.05	4:05.33 (90)	8:56.21 (67)	18:29.32 (52)
56	Ayana Osterhaus	Pine Island	48	22:55.94	4:04.65 (88)	8:54.05 (64)	18:39.26 (60)
57	Madison Tieskotter	Waterloo United	49	22:56.36	4:02.61 (74)	8:55.09 (66)	18:35.96 (55)
58	Lauren Elsmore	Pine Island	50	22:58.94	3:55.20 (47)	8:41.15 (42)	18:29.05 (51)
59	Jamie Jacobs	North Tama Traer	51	23:00.93	3:51.35 (36)	8:42.77 (48)	18:38.82 (59)
60	Riley Hoerig	Kewaskum	52	23:04.60	3:59.55 (67)	8:50.95 (59)	18:45.29 (61)
61	Reagan Mudderman	Kee Lansing	53	23:08.38	3:52.41 (38)	8:33.17 (34)	18:31.71 (54)
62	Ashley Pederson	Pine Island	54	23:09.83	4:04.37 (84)	8:58.77 (72)	18:48.85 (63)
63	Laura Sander	Newton	55	23:15.21	4:00.18 (69)	8:49.77 (57)	18:38.15 (58)
64	Madison Hellman	Columbus Catholic Waterloo	--	23:17.54	4:03.77 (81)	9:01.34 (76)	18:56.30 (65)
65	Rachel Wildemuth	Davenport West	--	23:18.17	4:16.39 (104)	9:24.40 (99)	19:14.75 (78)
66	Kayla Heck	South Tama County Tama	--	23:19.83	4:06.77 (95)	9:06.45 (80)	19:00.20 (69)
67	Cora Jaeger	Kewaskum	56	23:21.41	4:02.67 (75)	8:58.65 (71)	19:02.29 (71)
68	Alison Wagner	Kee Lansing	57	23:21.71	4:04.51 (86)	9:07.96 (83)	19:16.02 (79)
69	Ariana Vergara	Columbus Community Columbus Junction	58	23:22.18	4:04.58 (87)	9:06.71 (81)	19:00.97 (70)
70	Annika Nelson	Nodaway Valley	59	23:22.98	3:58.07 (63)	8:51.96 (61)	18:58.81 (67)
71	Natalie Anderson	Lake City	60	23:23.32	4:06.07 (92)	9:11.29 (88)	19:02.53 (72)
72	Brooklynne Jeffries	Waterloo United	61	23:24.54	3:54.82 (44)	8:42.63 (46)	18:53.91 (64)
73	Delaney Dunne	Bellevue	62	23:25.37	3:56.64 (54)	8:54.05 (65)	18:56.83 (66)
74	Zoie Callan	Dike-New Hartford	63	23:25.85	4:02.84 (76)	9:04.07 (79)	19:12.19 (77)
75	Olivia Fausnaugh	Clear Lake	64	23:27.47	4:24.42 (122)	9:32.81 (103)	19:20.73 (87)
76	Allison Heipp	Kewaskum	65	23:32.96	4:01.11 (70)	8:57.64 (68)	19:07.13 (74)
77	Hannah Braet	Bellevue	66	23:36.04	3:59.09 (66)	9:06.91 (82)	19:19.17 (82)
78	Bryn Spreiter	Kasson-Mantorville	67	23:36.24	4:20.34 (107)	9:23.83 (98)	19:19.41 (84)

Athlete	Team	Score	Time	900m	2k	4k
79 Alexa Thyer	Osage	68	23:39.56	3:57.81 (61)	8:53.97 (62)	19:05.15 (73)
80 Kristina Anderson	Kasson-Mantorville	69	23:39.75	4:13.44 (100)	9:23.77 (97)	19:20.25 (85)
81 Val Wagner	South Hamilton Jewell	70	23:40.38	3:56.47 (52)	8:50.21 (58)	19:09.26 (75)
82 Miranda Tyler	Dike-New Hartford	71	23:42.48	3:59.74 (68)	8:58.53 (70)	19:11.98 (76)
83 Erin Ford	Nodaway Valley	72	23:44.23	3:57.87 (62)	8:49.25 (55)	19:00.08 (68)
84 Ella Costello	Dike-New Hartford	73	23:44.25	4:03.65 (80)	9:09.25 (84)	19:19.40 (83)
85 Olivia Ketter	North Tama Traer	74	23:51.43	4:10.96 (99)	9:21.88 (95)	19:20.44 (86)
86 Mercedes Beaune	South Hamilton Jewell	75	23:53.78	3:58.13 (64)	8:59.03 (73)	19:17.46 (81)
87 Fiona Speicher	BCLUW Conrad	76	23:55.39	4:03.27 (78)	9:02.20 (77)	19:16.97 (80)
88 Lilly Holtan	Forest City	--	24:02.77	4:19.05 (105)	9:32.24 (102)	19:46.35 (94)
89 Ella Nielsen	Clear Lake	77	24:04.40	4:23.54 (118)	9:35.53 (105)	19:51.14 (98)
90 Lilly Day	Nodaway Valley	78	24:05.43	4:04.17 (83)	9:16.28 (91)	19:30.61 (88)
91 Maeley Elsbury	South Tama County Tama	--	24:11.83	4:21.78 (111)	9:39.37 (108)	19:52.81 (99)
92 Raegan Hungate	Osage	79	24:14.38	3:57.57 (57)	9:02.41 (78)	19:33.49 (89)
93 Lauren Nook	Newton	80	24:14.56	4:14.09 (102)	9:27.89 (100)	19:50.37 (97)
94 Drew Petersen	Dike-New Hartford	81	24:16.17	4:04.45 (85)	9:10.09 (85)	19:39.70 (90)
95 Olivia Maasdam	Knoxville	82	24:21.58	4:06.89 (96)	9:18.70 (92)	19:41.98 (93)
96 McKenna Beltz	Lake City	83	24:25.61	4:06.19 (93)	9:12.50 (89)	19:41.59 (92)
97 Elyse Folkerts	Dike-New Hartford	--	24:25.83	4:04.17 (82)	9:10.55 (86)	19:41.20 (91)
98 Emma Hoover	BCLUW Conrad	84	24:27.89	4:02.93 (77)	8:48.67 (54)	19:48.57 (95)
99 Faith Roozeboom	Knoxville	85	24:29.01	4:07.71 (97)	9:19.73 (93)	19:49.61 (96)
100 Anna Buttell	Knoxville	86	24:32.12	4:22.83 (115)	9:43.58 (113)	20:01.48 (101)
101 Lydia Kearney	Valley Lutheran	--	24:35.26	4:21.90 (112)	9:37.67 (106)	19:59.98 (100)
102 McKenna Miller	South Hamilton Jewell	87	24:40.97	4:03.61 (79)	9:20.07 (94)	20:05.93 (103)
103 Mallory White	Kasson-Mantorville	88	24:43.56	4:23.26 (117)	9:40.78 (110)	20:03.61 (102)
104 Carly Schaffer	Earlham	89	24:47.82	4:20.21 (106)	9:38.99 (107)	20:08.55 (104)
105 Paige Doolittle	South Hamilton Jewell	90	24:54.42	4:01.45 (72)	9:10.55 (87)	20:11.99 (105)
106 Erica Congdon	Waterloo United	91	24:55.94	4:25.32 (125)	9:40.75 (109)	20:19.59 (109)
107 Ava Hennessy	Osage	92	24:56.04	4:06.31 (94)	9:23.25 (96)	20:14.35 (106)
108 Alaina Bakewell	Kee Lansing	93	25:03.33	4:14.41 (103)	9:33.89 (104)	20:22.62 (110)
109 Addisyn Reger	Waterloo United	94	25:06.43	4:25.78 (128)	9:49.27 (119)	20:16.51 (107)
110 Hailey Eitzenhefer	Wapsie Valley Fairbank	95	25:06.47	4:25.01 (124)	9:46.11 (118)	20:36.11 (115)
111 Jaylin May	Wapsie Valley Fairbank	96	25:12.37	3:56.47 (51)	9:00.61 (75)	20:18.35 (108)
112 Mia Terry	Earlham	97	25:14.70	4:26.43 (133)	9:54.17 (123)	20:35.29 (113)
113 Katie Steward	Earlham	98	25:14.76	4:26.43 (134)	9:54.00 (122)	20:35.02 (112)
114 Mary Bodensteiner	Wapsie Valley Fairbank	99	25:21.62	4:25.89 (130)	9:45.15 (115)	20:36.06 (114)
115 Kendahl Lewis	Pacelli	100	25:23.37	4:26.37 (132)	9:45.27 (116)	20:31.28 (111)
116 Adessa Leibfried	Bellevue	101	25:26.19	4:21.73 (110)	10:01.62 (127)	21:04.31 (121)
117 Kimberly Gonzalez	Columbus Community Columbus Junction	102	25:28.00	4:22.04 (113)	9:42.89 (112)	20:41.79 (117)
118 Ashley Muhs	Osage	103	25:30.30	4:09.74 (98)	9:28.92 (101)	20:43.74 (118)
119 Dakota East	Wapsie Valley Fairbank	104	25:36.53	4:24.24 (121)	9:44.63 (114)	20:37.33 (116)
120 Caitlin Drees	Pacelli	105	25:55.82	4:25.53 (127)	9:45.27 (117)	20:53.57 (119)
121 Larissa Morrison	North Tama Traer	106	26:00.11	4:23.14 (116)	9:57.27 (126)	20:59.41 (120)
122 Jayne Terwilliger	Earlham	107	26:00.68	4:24.56 (123)	9:54.31 (124)	21:19.21 (124)
123 Hannah Rand	Waterloo United	108	26:10.11	4:25.78 (129)	9:49.94 (121)	21:20.63 (125)
124 Ashlyn Hyde	Wapsie Valley Fairbank	109	26:16.71	4:26.25 (131)	9:49.27 (120)	21:13.55 (123)
125 Averi Sipes	Columbus Community Columbus Junction	110	26:16.96	4:27.51 (136)	10:20.20 (134)	21:39.86 (128)

Athlete	Team	Score	Time	900m	2k	4k
126 Alissa Sinnwell	Columbus Catholic Waterloo	--	26:18.97	4:24.24 (120)	9:54.57 (125)	21:10.99 (122)
127 McKenzie Horton	Pine Island	--	26:31.95	4:42.49 (143)	10:25.95 (136)	21:45.85 (130)
128 Brynlee Schwanke	Kasson-Mantorville	111	26:36.62	4:30.34 (138)	10:10.88 (132)	21:36.90 (127)
129 Izzy Hammell	Kee Lansing	112	26:36.94	4:33.11 (140)	10:32.00 (138)	21:44.03 (129)
130 Janie Maasdam	Knoxville	113	26:38.11	4:22.70 (114)	10:03.70 (128)	21:35.88 (126)
131 Berkley Klaehn	Kasson-Mantorville	114	26:43.76	4:20.43 (108)	9:42.03 (111)	21:45.93 (131)
132 Calla Kreuser	Kewaskum	--	26:55.59	4:25.39 (126)	10:11.80 (133)	21:47.80 (132)
133 Frannie Sosa	Columbus Community Columbus Junction	115	27:03.00	4:37.45 (142)	10:29.48 (137)	21:58.47 (133)
134 Daniela Moraru	North Tama Traer	116	27:09.09	4:24.12 (119)	10:08.58 (130)	22:36.71 (137)
135 Taylor Gassman	Forest City	--	27:21.13	4:32.73 (139)	10:20.28 (135)	22:05.43 (134)
136 Hope Kading	Nodaway Valley	117	27:24.78	4:26.69 (135)	10:10.03 (131)	22:05.45 (135)
137 Elizabeth Hinders	Osage	118	27:49.49	4:21.18 (109)	10:04.04 (129)	22:12.86 (136)
138 Rachel Robinson	North Tama Traer	119	28:22.14	4:51.96 (145)	11:04.52 (142)	22:59.87 (138)
139 Heather Perry	Newton	--	28:33.51	4:29.43 (137)	10:45.71 (140)	23:20.29 (141)
140 Chandler George	South Hamilton Jewell	--	28:39.07	4:33.99 (141)	10:45.70 (139)	23:20.22 (140)
141 Abby Christopherson	Pacelli	120	28:42.58	4:45.96 (144)	10:52.95 (141)	23:14.36 (139)
142 Grace Hill	Kewaskum	--	29:12.67	5:33.39 (152)	11:17.77 (143)	24:09.77 (142)
143 Anastasia Zipse	Kee Lansing	121	29:58.34	5:13.73 (150)	11:33.12 (146)	24:22.63 (144)
144 Andi Dvorak	North Tama Traer	122	30:01.90	5:03.81 (146)	11:27.20 (145)	24:18.27 (143)
145 Alexa Alcalá	Columbus Community Columbus Junction	123	30:36.32	5:07.49 (147)	11:24.40 (144)	24:42.02 (145)
146 Samantha Struefert	Davenport West	--	31:05.83	5:11.71 (149)	11:57.59 (148)	25:14.79 (146)
147 Devin Peterson	BCLUW Conrad	124	31:14.46	5:08.49 (148)	11:51.22 (147)	25:31.82 (147)
148 Awbree Mast	Columbus Catholic Waterloo	--	33:51.03	5:29.42 (151)	12:52.37 (149)	27:33.86 (148)
Abigail Tri	Kasson-Mantorville	--	DNF	3:28.66 (9)	7:47.13 (5)	
Grace Lidgett	North Tama Traer	--	DNF	3:35.30 (11)		
Hoffman Taylor	Marshalltown	--	DNF	3:01.93 (1)		
Stefan StefaniGutierrez	Marshalltown	--	DNF	3:04.51 (2)		

Race #4**Boys Varsity Orange 5000M****FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Total	Avg.	Division
1 Earlham	127	1:26:49	17:22	
2 Newton	141	1:27:32	17:31	
3 Waterloo United	166	1:28:42	17:45	
4 Valley Lutheran	177	1:28:44	17:45	
5 Marshalltown	180	1:28:22	17:41	
6 Clear Lake	192	1:29:58	18:00	
7 Dike-New Hartford	211	1:30:41	18:09	
8 Bellevue	212	1:29:27	17:54	
9 South Tama County Tama	218	1:29:24	17:53	
10 Cedar Rapids Washington	253	1:31:23	18:17	
11 Lake City	289	1:31:22	18:17	
12 Pine Island	348	1:33:25	18:41	
13 Knoxville	354	1:33:30	18:42	
14 Clayton Ridge Guttenberg	355	1:33:58	18:48	
15 Columbus Community Columbus Junction	383	1:34:39	18:56	
16 Storm Lake	392	1:34:57	19:00	
17 Kasson-Mantorville	433	1:36:05	19:13	
18 Davenport West	463	1:36:29	19:18	
19 Columbus Catholic Waterloo	467	1:37:20	19:28	
20 Nodaway Valley	487	1:37:42	19:33	
21 BCLUW Conrad	495	1:37:19	19:28	
22 Kewaskum	527	1:42:05	20:25	
23 South Hamilton Jewell	573	1:39:51	19:59	
24 Pacelli	603	1:42:20	20:28	

SPLIT SCORING SUMMARY**900M**

UNOFFICIAL Standings	Score
1 Earlham	113
2 Dike-New Hartford	123
3 Marshalltown	151
4 Valley Lutheran	152
5 Newton	158
6 Waterloo United	198
7 Columbus Community Columbus Junction	215
8 Cedar Rapids Washington	224
9 Bellevue	231
10 South Tama County Tama	265
11 Clayton Ridge Guttenberg	306

UNOFFICIAL Standings		Score
12	Lake City	323
13	Pine Island	402
14	Kasson-Mantorville	415
15	Knoxville	421
16	Kewaskum	426
17	Storm Lake	447
18	Davenport West	458
19	BCLUW Conrad	466
20	South Hamilton Jewell	469
21	Nodaway Valley	478
22	Clear Lake	527
23	Columbus Catholic Waterloo	553
24	Pacelli	619
25	Sioux City North	828

2K

UNOFFICIAL Standings		Score
1	Earlham	133
2	Valley Lutheran	139
3	Marshalltown	168
4	Dike-New Hartford	172
5	Waterloo United	179
6	Newton	188
7	Bellevue	212
8	Cedar Rapids Washington	239
9	South Tama County Tama	245
10	Columbus Community Columbus Junction	298
11	Lake City	319
12	Clayton Ridge Guttenberg	366
13	Pine Island	391
14	Storm Lake	399
15	Knoxville	402
16	Clear Lake	404
17	Kasson-Mantorville	444
18	Davenport West	451
19	BCLUW Conrad	503
19	Nodaway Valley	503
21	South Hamilton Jewell	510
22	Columbus Catholic Waterloo	516
23	Kewaskum	519
24	Pacelli	646
25	Urbandale	840

4K

UNOFFICIAL Standings		Score
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UNOFFICIAL Standings		Score
1	Earlham	137
2	Newton	159
3	Valley Lutheran	177
4	Waterloo United	184
5	Marshalltown	189
6	South Tama County Tama	230
7	Dike-New Hartford	231
8	Clear Lake	232
9	Bellevue	240
10	Cedar Rapids Washington	251
11	Lake City	299
12	Pine Island	363
13	Knoxville	364
14	Clayton Ridge Guttenberg	369
15	Columbus Community Columbus Junction	373
16	Storm Lake	393
17	Kasson-Mantorville	435
18	Davenport West	468
19	Columbus Catholic Waterloo	479
20	Nodaway Valley	496
21	Sioux City North	498
22	BCLUW Conrad	504
23	Kewaskum	545
24	South Hamilton Jewell	549
25	Pacelli	607

INDIVIDUAL RESULTS


Athlete	Team	Score	Time	900m	2k	4k	
1	Jackson Mace-Maynard	Newton	1	15:52.69	2:49.70 (1)	6:12.60 (1)	12:55.80 (2)
2	Conner Smith	Marshalltown	2	16:02.39	2:49.70 (2)	6:12.60 (2)	12:55.70 (1)
3	Isaiah Lubner	Kewaskum	3	16:13.89	2:50.50 (3)	6:20.90 (3)	13:17.00 (4)
4	Jayden Dickson	Earlham	4	16:14.20	2:57.80 (9)	6:28.50 (5)	13:16.60 (3)
5	Dominic Braet	Earlham	5	16:17.22	2:58.20 (10)	6:28.80 (7)	13:17.80 (5)
6	Isaac Natvig	Valley Lutheran	6	16:28.08	2:57.20 (8)	6:29.60 (8)	13:28.10 (9)
7	Reese Anderson	Lake City	7	16:29.93	3:00.70 (12)	6:33.00 (11)	13:26.00 (6)
8	Andrew Congdon	Waterloo United	8	16:33.97	2:54.50 (5)	6:28.60 (6)	13:26.60 (7)
9	Payton Griebel	Bellevue	9	16:36.59	2:53.80 (4)	6:28.10 (4)	13:27.70 (8)
10	Doug Berg	Nodaway Valley	10	16:37.42	2:56.80 (7)	6:30.10 (9)	13:28.70 (10)
11	Tommy Tyynismaa	South Tama County Tama	11	16:48.42	3:04.70 (16)	6:41.60 (12)	13:41.70 (11)
12	James Brant	South Tama County Tama	12	16:53.60	3:04.50 (15)	6:42.80 (13)	13:41.70 (12)
13	Treycen Garton	Newton	13	17:10.60	2:55.80 (6)	6:32.80 (10)	13:50.00 (13)
14	Aiden Onken	Bellevue	14	17:16.13	3:07.70 (22)	6:45.80 (16)	13:58.50 (14)
15	Freddy Vergara	Columbus Community Columbus Junction	15	17:17.08	3:05.10 (17)	6:46.70 (18)	14:04.70 (15)
16	Keaton Reimer	Clayton Ridge Guttenberg	16	17:18.18	3:09.00 (28)	6:58.40 (31)	14:07.90 (18)
17	Seth Walraven	Knoxville	17	17:20.68	3:10.70 (35)	6:54.00 (22)	14:09.10 (20)

Athlete	Team	Score	Time	900m	2k	4k	
18	Luiz Martinez	Storm Lake	18	17:23.17	3:17.00 (71)	7:04.80 (45)	14:08.50 (19)
19	John Lorenz	Cedar Rapids Washington	19	17:23.62	3:12.90 (40)	7:00.10 (35)	14:09.10 (21)
20	Braxton Osterhaus	Pine Island	20	17:24.16	3:06.60 (18)	6:46.20 (17)	14:04.70 (16)
21	Andrew Tracy	Waterloo United	21	17:27.78	3:04.50 (14)	6:43.50 (14)	14:06.80 (17)
22	Jason Strand	Marshalltown	22	17:32.28	3:08.20 (25)	6:57.70 (28)	14:19.90 (26)
23	Tyler Moon	Storm Lake	23	17:32.98	3:10.20 (33)	6:51.10 (21)	14:10.90 (22)
24	David Obst	Kasson-Mantorville	24	17:35.73	3:14.60 (54)	7:00.40 (36)	14:19.70 (24)
25	Joe Faber	Clear Lake	25	17:36.64	3:21.60 (93)	7:11.40 (64)	14:27.80 (31)
26	Eric Anderson	Lake City	26	17:38.88	3:11.10 (38)	6:58.00 (29)	14:21.00 (27)
27	Ben Steinbeck	Bellevue	27	17:39.36	3:08.70 (27)	6:49.80 (19)	14:17.90 (23)
28	Antonieh Kopsa	Marshalltown	28	17:41.14	3:08.10 (24)	6:57.50 (27)	14:19.80 (25)
29	Adric Schmitz	Valley Lutheran	29	17:43.24	3:10.00 (32)	6:54.50 (24)	14:22.80 (28)
30	Jack Crane	Clear Lake	30	17:44.45	3:21.70 (94)	7:11.70 (65)	14:28.50 (32)
31	Westley Determan	Valley Lutheran	31	17:47.83	3:09.90 (31)	6:54.50 (23)	14:24.70 (29)
32	Tyler Nystel	Dike-New Hartford	32	17:54.40	3:07.10 (20)	6:54.60 (25)	14:31.20 (33)
33	Jacob Gibbs	Dike-New Hartford	33	17:56.31	2:59.50 (11)	6:43.60 (15)	14:25.20 (30)
34	Landon Menninga	Newton	34	17:59.96	3:08.30 (26)	7:00.00 (34)	14:39.80 (36)
35	Owen Michael	Earlham	35	18:00.88	3:06.70 (19)	6:58.30 (30)	14:38.90 (35)
36	Carson Maly	Earlham	36	18:01.77	3:15.20 (59)	7:04.20 (43)	14:46.10 (41)
37	Ryan Bulver	Waterloo United	37	18:02.55	3:13.50 (46)	7:03.40 (41)	14:40.60 (38)
38	Lucas McCarley	Cedar Rapids Washington	38	18:04.08	3:02.70 (13)	6:51.00 (20)	14:35.70 (34)
39	Kriene Schneidermann	Cedar Rapids Washington	39	18:04.80	3:13.20 (43)	7:03.50 (42)	14:40.10 (37)
40	Jaden Wright	Clear Lake	40	18:05.09	3:24.90 (116)	7:25.50 (93)	14:49.20 (43)
41	Leo Christensen	Columbus Catholic Waterloo	41	18:06.18	3:11.00 (37)	7:01.40 (37)	14:42.70 (40)
42	Christopher Molander	Clear Lake	42	18:07.49	3:25.90 (124)	7:25.40 (92)	14:46.80 (42)
43	Gavin Moser	Clayton Ridge Guttenberg	43	18:09.63	3:09.30 (29)	6:59.70 (33)	14:42.50 (39)
44	Sawyer Wibben	Dike-New Hartford	44	18:13.13	3:08.00 (23)	7:01.40 (38)	14:53.90 (53)
45	Leo Friedman	Newton	45	18:13.38	3:17.20 (72)	7:13.20 (68)	14:49.40 (47)
46	Caleb Moe	Waterloo United	46	18:13.63	3:22.10 (96)	7:20.40 (83)	14:51.40 (50)
47	Hamilton Braydon	Earlham	47	18:13.98	3:11.40 (39)	7:05.70 (46)	14:49.20 (44)
48	Derek Beiner	Newton	48	18:14.84	3:15.50 (62)	7:12.50 (66)	14:51.90 (51)
49	Blake Tiemeyer	Earlham	49	18:15.66	3:10.90 (36)	7:02.40 (40)	14:49.30 (45)
50	Ian Steffen	Dike-New Hartford	50	18:17.30	3:07.20 (21)	6:59.00 (32)	14:50.80 (49)
51	Braxten Rohrs	South Tama County Tama	51	18:19.38	3:21.40 (91)	7:18.10 (76)	15:01.40 (64)
52	Parker Latwesen	Dike-New Hartford	52	18:19.67	3:13.80 (48)	7:09.30 (53)	14:55.70 (56)
53	Ethan L'Heureux	Valley Lutheran	53	18:19.73	3:09.90 (30)	6:57.50 (26)	14:49.30 (46)
54	Cooper Paxton	Waterloo United	54	18:24.01	3:16.20 (67)	7:09.10 (52)	14:59.00 (62)
55	Andrew Mixdorf	Clear Lake	55	18:24.04	3:25.70 (122)	7:25.90 (96)	15:09.40 (73)
56	Malachi Broers	Nodaway Valley	56	18:24.52	3:12.90 (41)	7:09.70 (56)	14:54.20 (54)
57	Braden Nystrom	Waterloo United	57	18:25.04	3:21.30 (90)	7:18.60 (78)	15:04.40 (67)
58	Isaac Dawson	Valley Lutheran	58	18:25.14	3:14.20 (51)	7:08.40 (49)	14:55.20 (55)
59	Noah Johnson	Kasson-Mantorville	59	18:26.55	3:14.60 (55)	7:01.40 (39)	14:49.90 (48)
60	Isaac Acosta	Columbus Community Columbus Junction	60	18:28.97	3:10.40 (34)	7:07.90 (48)	14:52.50 (52)
61	Bo Rosane	Pine Island	61	18:29.51	3:15.30 (61)	7:10.00 (57)	14:58.20 (60)
62	Marco Herrera	Marshalltown	62	18:30.18	3:14.50 (53)	7:08.70 (50)	14:56.10 (57)
63	Alex Ewoldt	Davenport West	63	18:31.75	3:23.50 (108)	7:18.00 (75)	15:00.70 (63)
64	Kyle Reisinger	Cedar Rapids Washington	64	18:32.26	3:13.40 (45)	7:04.60 (44)	14:56.70 (58)

Athlete	Team	Score	Time	900m	2k	4k	
65	Kaelan Eilers	Waterloo United	65	18:35.84	3:16.20 (66)	7:10.20 (58)	15:02.20 (65)
66	John Moellers	Marshalltown	66	18:36.02	3:13.70 (47)	7:09.70 (55)	15:06.50 (70)
67	Chase Nordman	Waterloo United	--	18:36.03	3:22.20 (97)	7:19.80 (81)	15:10.40 (74)
68	Jonathan Meyer	South Tama County Tama	67	18:36.87	3:19.10 (80)	7:13.20 (69)	14:58.20 (61)
69	Damian Vergara	Columbus Community Columbus Junction	68	18:39.34	3:15.10 (58)	7:09.10 (51)	14:57.20 (59)
70	Andrew Jackson	Knoxville	69	18:40.12	3:14.40 (52)	7:10.90 (62)	15:05.40 (68)
71	Jamison Rosane	Pine Island	70	18:40.98	3:18.00 (75)	7:12.50 (67)	15:06.10 (69)
72	Gavin Siewert	Lake City	71	18:41.70	3:15.80 (65)	7:11.30 (63)	15:07.50 (71)
73	Ryan Schares	Wapsie Valley Fairbank	--	18:42.23	3:16.50 (69)	7:14.30 (71)	15:10.90 (75)
74	Tim Cooper	Lake City	72	18:42.82	3:24.30 (113)	7:29.70 (105)	15:16.20 (78)
75	Cayden McLeland	BCLUW Conrad	73	18:43.00	3:19.90 (81)	7:21.70 (85)	15:13.80 (77)
76	Jared Smith	Newton	74	18:43.21	3:15.60 (63)	7:13.50 (70)	15:12.10 (76)
77	Max Purvis	Knoxville	75	18:43.40	3:24.20 (112)	7:29.00 (102)	15:17.60 (81)
78	Kaden Guenther	Bellevue	76	18:44.40	3:21.90 (95)	7:23.70 (89)	15:18.40 (82)
79	Cade Rosenberger	South Tama County Tama	77	18:44.83	3:20.20 (82)	7:17.60 (74)	15:08.60 (72)
80	Payton Harger	Earlham	78	18:51.26	3:15.20 (60)	7:10.40 (60)	15:16.40 (80)
81	Cayden White	BCLUW Conrad	79	18:52.03	3:22.20 (99)	7:23.50 (88)	15:23.30 (85)
82	Jace Matern	Columbus Catholic Waterloo	80	18:56.01	3:28.60 (131)	7:30.40 (106)	15:31.00 (90)
83	Erik Flores	Clayton Ridge Guttenberg	81	18:56.23	3:18.20 (76)	7:22.00 (86)	15:21.00 (83)
84	Shawn Olsen	Davenport West	82	18:59.16	3:16.90 (70)	7:17.30 (73)	15:22.60 (84)
85	Teagan Palmer	Clayton Ridge Guttenberg	83	19:00.20	3:14.80 (56)	7:19.60 (80)	15:27.90 (88)
86	Isaac Schmidt	Kewaskum	84	19:03.73	3:13.20 (44)	7:19.80 (82)	15:34.90 (93)
87	Landon Grove	South Hamilton Jewell	85	19:08.55	3:13.90 (49)	7:05.90 (47)	15:03.40 (66)
88	Ian Lucas	Waterloo United	--	19:08.59	3:16.40 (68)	7:10.20 (59)	15:26.80 (86)
89	Jake Bormann	Bellevue	86	19:09.67	3:21.10 (87)	7:21.40 (84)	15:50.80 (111)
90	Trusten Rosenberger	South Tama County Tama	87	19:10.07	3:18.40 (77)	7:16.20 (72)	15:16.40 (79)
91	Javier Cifuentes	Pacelli	88	19:10.61	3:23.50 (107)	7:28.50 (100)	15:30.50 (89)
92	Kaden Kopsa	South Tama County Tama	89	19:11.26	3:28.80 (133)	7:31.90 (114)	15:37.30 (97)
93	Jesse Olson	Pine Island	90	19:12.65	3:29.00 (134)	7:40.00 (125)	15:41.00 (98)
94	Zephaniah Gustafson	Waterloo United	--	19:13.57	3:25.90 (123)	7:23.30 (87)	15:31.80 (91)
95	Austin Lewis	Davenport West	91	19:16.60	3:23.90 (111)	7:18.50 (77)	15:27.60 (87)
96	Collin Buchli	Newton	92	19:16.83	3:17.80 (74)	7:24.40 (90)	15:49.80 (108)
97	Lucas Burkamper	Cedar Rapids Washington	93	19:17.99	3:20.50 (85)	7:25.70 (94)	15:35.70 (95)
98	Presley Arnold	Newton	--	19:19.64	3:28.10 (128)	7:40.60 (127)	15:51.40 (112)
99	Diego Teada	Marshalltown	94	19:20.83	3:14.90 (57)	7:09.70 (54)	15:36.40 (96)
100	Peter Minard	Columbus Catholic Waterloo	95	19:21.80	3:28.60 (130)	7:31.20 (111)	15:43.70 (99)
101	Peter Picard	Knoxville	96	19:22.02	3:25.00 (117)	7:29.20 (103)	15:35.50 (94)
102	Kaden McGill	Knoxville	97	19:23.35	3:25.70 (120)	7:34.90 (118)	15:45.10 (101)
103	Christian Buchli	Newton	--	19:23.81	3:29.70 (136)	7:42.40 (130)	15:50.20 (109)
104	Patrick Trihey	Kasson-Mantorville	98	19:24.00	3:21.20 (88)	7:30.50 (107)	15:45.90 (103)
105	Caleb Paulsen	Dike-New Hartford	99	19:24.13	3:20.40 (84)	7:30.80 (108)	15:47.30 (104)
106	Eli Potter	South Hamilton Jewell	100	19:25.94	3:22.60 (101)	7:27.10 (97)	15:44.30 (100)
107	Finn DeBoom	Cedar Rapids Washington	101	19:29.21	3:21.40 (92)	7:31.90 (113)	15:48.70 (106)
108	Cameron Smeby	Cedar Rapids Washington	102	19:30.05	3:20.70 (86)	7:25.90 (95)	15:50.40 (110)
109	Brock Hagedorn	Columbus Catholic Waterloo	103	19:30.84	3:28.60 (129)	7:31.00 (109)	15:45.20 (102)
110	Bryce Petersen	Dike-New Hartford	104	19:32.33	3:23.70 (109)	7:27.80 (98)	15:48.20 (105)
111	Lincoln Stover	BCLUW Conrad	105	19:35.95	3:22.80 (102)	7:33.80 (116)	16:03.80 (117)

Athlete	Team	Score	Time	900m	2k	4k
112 Matt Lenzmeier	Storm Lake	106	19:36.03	3:18.60 (78)	7:10.40 (61)	15:33.70 (92)
113 Evan Ferber	Pine Island	107	19:37.09	3:29.50 (135)	7:40.70 (128)	16:07.90 (123)
114 Camden Kilker	Davenport West	108	19:40.75	3:14.00 (50)	7:28.70 (101)	15:59.20 (115)
115 Cole Flickinger	Earlham	--	19:40.95	3:18.90 (79)	7:25.10 (91)	15:49.40 (107)
116 Tyler Humiston	Columbus Community Columbus Junction	109	19:41.30	3:17.70 (73)	7:31.00 (110)	16:06.60 (120)
117 Gabe Manders	Bellevue	110	19:41.71	3:30.40 (139)	7:52.70 (141)	16:15.60 (126)
118 Ethan Barnum	Kasson-Mantorville	111	19:42.77	3:21.20 (89)	7:39.90 (124)	16:03.80 (118)
119 Carter Kemp	BCLUW Conrad	112	19:45.30	3:23.00 (103)	7:29.50 (104)	15:58.20 (114)
120 Trey Meincke	Lake City	113	19:48.04	3:23.10 (104)	7:31.70 (112)	16:01.40 (116)
121 Louis Dew	Cedar Rapids Washington	--	19:50.39	3:25.70 (121)	7:44.50 (135)	16:16.90 (127)
122 John Buttell	Knoxville	114	19:50.90	3:33.30 (145)	7:56.90 (150)	16:20.30 (131)
123 Grayson Bickler	Pacelli	115	19:53.14	3:23.90 (110)	7:36.30 (119)	16:11.20 (124)
124 Shayden Loger	Dike-New Hartford	--	19:53.47	3:22.20 (98)	7:34.70 (117)	16:05.70 (119)
125 Ryan Nook	Newton	--	19:54.26	3:27.60 (127)	7:40.20 (126)	16:07.80 (122)
126 Joey Hembrook	Knoxville	116	19:55.96	3:27.20 (126)	7:39.50 (123)	16:07.40 (121)
127 Keller Wilson	Valley Lutheran	117	19:56.92	3:23.40 (106)	7:33.40 (115)	15:57.20 (113)
128 Dylan Sliefert	Storm Lake	118	19:58.81	3:32.50 (142)	7:50.70 (138)	16:23.70 (134)
129 Kyler Sparks	Davenport West	119	19:59.95	3:31.20 (141)	7:43.30 (131)	16:21.30 (133)
130 Andrew Frederick	Pacelli	120	20:00.27	3:24.80 (115)	7:43.90 (134)	16:12.30 (125)
131 Cale Graff	South Tama County Tama	--	20:02.35	3:36.50 (152)	7:54.90 (146)	16:17.90 (130)
132 Holden Schirmer	South Tama County Tama	--	20:02.61	3:36.60 (153)	7:54.70 (145)	16:17.70 (129)
133 Bobby Tapper	South Hamilton Jewell	121	20:05.10	3:25.20 (118)	7:41.10 (129)	16:20.30 (132)
134 Andrew Kodis	Marshalltown	122	20:06.22	3:31.00 (140)	7:50.60 (137)	16:33.70 (140)
135 Nolan Dunne	Bellevue	123	20:09.20	3:30.10 (138)	7:52.60 (140)	16:28.70 (138)
136 Jenup Chop	Pacelli	124	20:11.14	3:37.50 (156)	8:00.10 (154)	16:26.10 (135)
137 Julian Rauk	Pine Island	125	20:12.93	3:29.90 (137)	7:44.60 (136)	16:26.80 (136)
138 Tanner Morrison	Earlham	--	20:17.82	3:36.70 (154)	8:01.40 (155)	16:39.90 (144)
139 Boston Gunderson	BCLUW Conrad	126	20:22.46	3:22.40 (100)	7:37.80 (121)	16:17.60 (128)
140 Adrian Zeledon-Pena	Storm Lake	127	20:25.75	3:35.70 (150)	7:53.20 (143)	16:43.70 (146)
141 Sam Warneke	Pine Island	128	20:27.24	3:36.90 (155)	7:53.20 (142)	16:36.60 (141)
142 Jered Lotts	Dike-New Hartford	--	20:28.29	3:34.60 (147)	7:57.10 (151)	16:39.00 (143)
143 Bruce Penfield	Kewaskum	129	20:29.69	3:20.20 (83)	7:39.10 (122)	16:38.80 (142)
144 Joey Nafe	Lake City	130	20:30.83	3:37.80 (158)	8:03.30 (156)	16:49.30 (151)
145 Mason Hills-Carrier	Columbus Community Columbus Junction	131	20:32.33	3:13.00 (42)	7:28.00 (99)	16:28.20 (137)
146 Jackson Patino	Clayton Ridge Guttenberg	132	20:32.82	3:26.80 (125)	7:52.30 (139)	16:49.00 (150)
147 Logan Halfwassen	South Hamilton Jewell	133	20:34.89	3:23.40 (105)	7:43.70 (132)	16:43.40 (145)
148 Ben Bailey	South Hamilton Jewell	134	20:36.32	3:24.50 (114)	7:37.50 (120)	16:31.30 (139)
149 Jonah Woolery	Valley Lutheran	135	20:38.15	3:37.80 (159)	8:03.80 (157)	16:46.10 (149)
150 Tyler Cooper	Nodaway Valley	136	20:39.69	3:38.50 (160)	8:07.90 (158)	16:50.40 (154)
151 Christian Roque	Storm Lake	137	20:40.07	3:36.00 (151)	7:54.60 (144)	16:45.00 (148)
152 Dane Petty	BCLUW Conrad	138	20:42.20	3:33.50 (146)	7:56.70 (149)	16:49.30 (152)
153 Tyler Bauer	Storm Lake	139	20:45.72	3:34.90 (148)	7:55.10 (147)	16:44.60 (147)
154 Gavin Shoemaker	Nodaway Valley	140	20:48.27	3:35.60 (149)	7:56.60 (148)	16:50.10 (153)
155 Ben Northrop	Pine Island	--	20:51.25	3:49.40 (174)	8:23.90 (164)	17:10.30 (158)
156 Colin Thoen	Kasson-Mantorville	141	20:55.84	3:49.30 (172)	8:24.80 (169)	17:13.40 (162)
157 Jagger Ferrie	South Hamilton Jewell	142	20:57.90	3:25.50 (119)	7:43.80 (133)	16:52.20 (155)
158 Kalin Anderson	Kasson-Mantorville	143	20:59.34	3:49.30 (173)	8:24.70 (168)	17:11.10 (161)

Athlete	Team	Score	Time	900m	2k	4k
159 Leart Damoni	Davenport West	144	21:00.10	3:41.80 (161)	8:09.70 (160)	17:03.40 (156)
160 Jevin Christensen	Nodaway Valley	145	21:11.58	3:52.30 (175)	8:24.40 (166)	17:07.80 (157)
161 Ahmed Atta	Kee Lansing	--	21:13.12	3:28.70 (132)	7:59.20 (153)	17:10.70 (159)
162 Jaxon Christensen	Nodaway Valley	146	21:17.76	3:48.20 (168)	8:26.10 (172)	17:19.10 (163)
163 Ben Eagle	Kasson-Mantorville	147	21:18.84	3:33.00 (144)	7:58.80 (152)	17:11.10 (160)
164 Jalen Hart	Columbus Catholic Waterloo	148	21:24.61	3:53.30 (176)	8:33.20 (175)	17:29.80 (165)
165 Ben Pearson	Nodaway Valley	149	21:24.81	3:46.40 (165)	8:26.40 (173)	17:22.00 (164)
166 Andrew Taggart	Pine Island	--	21:35.84	3:42.30 (162)	8:19.20 (161)	17:36.20 (166)
167 Oscar Alcalá	Columbus Community Columbus Junction	150	21:36.20	3:46.80 (166)	8:24.40 (165)	17:39.60 (167)
168 Christian Dronebarger	North Tama Traer	--	21:36.76	3:47.10 (167)	8:25.20 (171)	17:41.00 (168)
169 Daniel Wagner	Kee Lansing	--	21:45.86	3:57.60 (180)	8:47.80 (180)	17:58.90 (173)
170 Drake Leimbacher	BCLUW Conrad	151	21:48.22	3:32.60 (143)	8:09.70 (159)	17:46.80 (171)
171 Jacob Castell	BCLUW Conrad	--	21:52.95	3:42.90 (163)	8:23.20 (162)	17:43.40 (169)
172 Will Sturdy	Nodaway Valley	--	21:56.88	3:48.80 (170)	8:24.50 (167)	17:45.90 (170)
173 Colton Fink	South Hamilton Jewell	152	22:04.24	3:37.70 (157)	8:23.70 (163)	17:54.90 (172)
174 Domanic Derosia	Kewaskum	153	22:23.65	3:44.90 (164)	8:24.90 (170)	18:06.90 (174)
175 Daniel Platte	Wapsie Valley Fairbank	--	22:29.99	3:55.10 (177)	8:30.90 (174)	18:10.20 (175)
176 Carl Kordick	Davenport West	154	22:40.11	4:01.90 (185)	8:45.30 (179)	18:17.60 (176)
177 Dayne Bates	Wapsie Valley Fairbank	--	22:47.90	3:55.50 (178)	8:38.60 (177)	18:26.60 (178)
178 Jacob Berumez	Columbus Catholic Waterloo	155	22:50.33	3:48.90 (171)	8:37.40 (176)	18:29.20 (179)
179 Alex Carrera	South Tama County Tama	--	22:58.32	4:02.20 (186)	9:00.40 (181)	18:41.10 (180)
180 Blake Klingfus	Pacelli	156	23:04.69	4:00.20 (183)	9:03.50 (183)	18:58.20 (181)
181 Jack Jensen	Nodaway Valley	--	23:17.70	4:07.50 (188)	9:08.20 (185)	18:59.30 (182)
182 Louis Minard	Columbus Catholic Waterloo	157	23:51.85	3:55.70 (179)	9:02.70 (182)	19:22.10 (183)
183 Owen Adams	Kewaskum	158	23:53.88	3:48.60 (169)	8:40.90 (178)	19:24.60 (184)
184 Alex Henning	Columbus Catholic Waterloo	--	23:56.74	4:00.80 (184)	9:09.60 (186)	19:46.00 (188)
185 Daniel Tabora-Lara	Clayton Ridge Guttenberg	159	24:08.11	3:59.70 (182)	9:10.40 (187)	19:45.00 (187)
186 Haven Senjem-Rollins	Kasson-Mantorville	--	24:08.14	3:58.90 (181)	9:07.90 (184)	19:29.60 (185)
187 Brendan Jones	Kee Lansing	--	24:27.90	4:03.10 (187)	9:19.00 (188)	19:44.90 (186)
188 Robert Lee	Wapsie Valley Fairbank	--	24:58.71	4:15.10 (190)	9:41.10 (189)	20:25.60 (189)
189 Maximo Zuniga	Columbus Catholic Waterloo	--	26:19.35	4:30.10 (191)	10:16.50 (190)	21:25.10 (190)
190 Nic Hinrichs	North Tama Traer	--	28:13.11	5:03.20 (193)	11:07.40 (192)	23:00.20 (191)
191 Erik Mueller	Kewaskum	160	28:53.59	4:31.10 (192)	10:17.10 (191)	23:12.00 (192)
Tim Hills-Carrier	Columbus Community Columbus Junction	--	DNF	3:15.70 (64)	7:18.90 (79)	
Isaiah Knaus	Kewaskum	--	DNF	4:12.00 (189)	11:13.60 (193)	
Ethan Krabbenhoft	Denver	--	DNF	8:28.80 (197)		
Jayden Herrmann	Denver	--	DNF	8:29.20 (198)		
Gabe Swales	Denver	--	DNF	8:29.60 (199)		
Richard Mansour	Johnston	--	DNF	9:36.20 (200)		
Jake Hitchcock	Johnston	--	DNF	9:37.70 (201)		
Davian Greenstreet	Sioux City North	--	DNF	12:31.50 (202)		
Raul Gomez	Sioux City North	--	DNF	12:32.30 (203)		
Payton Mergen	Urbandale	--	DNF	18:17.80 (205)	30:16.10 (206)	18:17.80 (177)
Gabe Hinman	Solon	--	DNF	20:52.20 (206)		
Benjamin Duckett	Solon	--	DNF	20:54.70 (207)		
Collin Bumsted	Solon	--	DNF	20:57.70 (208)		
Isaac Copeland	North Scott Eldridge	--	DNF	21:43.00 (209)		

Athlete	Team	Score	Time	900m	2k	4k
Noah Reese	Johnston	--	DNF	22:48.10 (210)		
Logan Woolworth	Sioux City North	--	DNF	28:52.20 (212)		
Adam Embrock	Sioux City North	--	DNF	28:52.20 (211)		
Bronson Schueth	Sioux City North	--	DNF	29:00.90 (213)		
German Llorente	Sioux City North	--	DNF	29:04.20 (214)		
Ethan Pham	Sioux City North	--	DNF	29:14.00 (215)		
Beshanena Gutema	Sioux City North	--	DNF			
Gabe Nash	Sioux City North	--	DNF			
Jose Gutierrez	Sioux City North	--	DNF			
Sam Sparks	Urbandale	--	DNF			
Kael McDaniel	Urbandale	--	DNF			
Nate Hammerand	Urbandale	--	DNF			
Noah Fisher	Urbandale	--	DNF			
Sidney Shide	Urbandale	--	DNF			
Jacob Green	 Wartburg	--	DNF			

Race #5
Girls JV 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1	Dubuque Hempstead	35	1:48:30	21:42
2	Johnston	37	1:49:16	21:52
3	Pleasant Valley	72	1:50:03	22:01
4	Solon	148	1:55:08	23:02
5	Norwalk Community	167	1:55:57	23:12
6	Lake City	215	1:58:12	23:39
7	North Scott Eldridge	230	1:58:32	23:43
8	Visitation	259	2:04:16	24:52
9	Bettendorf	272	2:00:29	24:06
10	Williamsburg	287	2:01:17	24:16
11	Cedar Falls	308	2:02:12	24:27
12	Mid-Prairie Wellman	342	2:03:35	24:43
13	Dike-New Hartford	390	2:05:25	25:05
14	Center Point-Urbana	401	2:05:49	25:10
15	Pine Island	410	2:07:01	25:25
16	Denver	418	2:06:35	25:19
17	Sioux City North	462	2:08:51	25:47
18	Waverly-Shell Rock	497	2:09:57	26:00
19	Mount Vernon-Lisbon	502	2:10:30	26:06
20	Waterloo United	626	2:30:31	30:07

SPLIT SCORING SUMMARY
900M

UNOFFICIAL Standings	Score	
1	Dubuque Hempstead	66
1	Johnston	66
3	Solon	91
4	Pleasant Valley	125
5	Norwalk Community	137
6	Cedar Falls	196
7	North Scott Eldridge	233
8	Visitation	263
9	Lake City	290
10	Dike-New Hartford	297
11	Sioux City North	331
12	Pine Island	350
13	Mid-Prairie Wellman	358
14	Williamsburg	415
15	Bettendorf	427

UNOFFICIAL Standings		Score
16	Center Point-Urbana	434
17	Waverly-Shell Rock	438
18	Denver	468
19	Assumption Davenport	554
20	Mount Vernon-Lisbon	560
21	Waterloo United	652

K

UNOFFICIAL Standings		Score
1	Dubuque Hempstead	44
2	Johnston	51
3	Solon	89
4	Pleasant Valley	93
5	Norwalk Community	155
6	North Scott Eldridge	241
7	Cedar Falls	249
8	Lake City	254
9	Visitation	270
10	Mid-Prairie Wellman	323
11	Dike-New Hartford	326
12	Pine Island	358
13	Williamsburg	370
14	Bettendorf	381
15	Center Point-Urbana	416
16	Sioux City North	429
17	Denver	445
18	Waverly-Shell Rock	459
19	Mount Vernon-Lisbon	556
20	Assumption Davenport	583
21	Waterloo United	655

4K

UNOFFICIAL Standings		Score
1	Dubuque Hempstead	33
2	Johnston	40
3	Pleasant Valley	73
4	Solon	140
5	Norwalk Community	161
6	Lake City	223
7	North Scott Eldridge	236
8	Visitation	269
9	Cedar Falls	287
10	Williamsburg	299
11	Bettendorf	302
12	Mid-Prairie Wellman	327

UNOFFICIAL Standings		Score
13	Dike-New Hartford	385
14	Pine Island	389
15	Center Point-Urbana	399
16	Denver	429
17	Sioux City North	463
18	Waverly-Shell Rock	498
19	Mount Vernon-Lisbon	519
20	Waterloo United	645

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	900m	k	4k	
1	Makayla Carkhuff	Onalaska	--	20:13.08	3:30.87 (3)	7:46.84 (1)	16:16.95 (1)
2	Khusi Mehta	Pleasant Valley	1	20:30.84	3:31.32 (4)	7:53.20 (2)	16:36.43 (2)
3	Mylee Lange	Dubuque Hempstead	2	21:05.62	3:38.40 (5)	8:14.59 (4)	17:07.91 (3)
4	Aubrey Schlichte	Dubuque Hempstead	3	21:24.62	3:38.73 (6)	8:14.71 (5)	17:08.60 (4)
5	Cortlynn Jackson	Johnston	4	21:40.24	3:48.44 (10)	8:21.88 (6)	17:27.03 (5)
6	Morgan Sullivan	Johnston	5	21:43.33	3:48.96 (12)	8:27.42 (8)	17:39.21 (6)
7	Tenna Russell	Johnston	6	21:47.20	3:51.17 (19)	8:33.70 (19)	17:55.03 (16)
8	Lauren Gehl	Dubuque Hempstead	7	21:51.18	3:52.85 (27)	8:30.37 (16)	17:44.77 (9)
9	Paige Ryan	Johnston	8	21:57.11	3:50.98 (17)	8:29.34 (13)	17:43.09 (8)
10	Caitlin Reiter	Pleasant Valley	9	22:00.59	3:51.57 (22)	8:23.97 (7)	17:41.10 (7)
11	Isabel Brauhn	Dubuque Hempstead	10	22:00.84	3:48.55 (11)	8:29.03 (11)	17:53.36 (13)
12	Grace Loonan	Visitation	11	22:01.52	3:53.80 (31)	8:48.16 (32)	18:05.41 (21)
13	Molly Rawat	Pleasant Valley	12	22:06.24	4:07.88 (65)	8:49.74 (37)	18:04.25 (20)
14	Hannah McFadden	Dubuque Hempstead	13	22:06.79	3:52.33 (26)	8:29.90 (15)	17:44.97 (10)
15	Ashley Arbuckle	Johnston	14	22:07.81	3:51.05 (18)	8:31.82 (17)	17:52.73 (11)
16	McKenzie Koerselman	Norwalk Community	15	22:07.85	3:46.05 (9)	8:27.65 (10)	17:53.67 (14)
17	Kate Rastetter	Johnston	16	22:08.70	3:49.16 (14)	8:29.08 (12)	17:54.65 (15)
18	Ashley Lindquist	Pleasant Valley	17	22:11.22	4:07.61 (63)	8:49.77 (38)	18:03.69 (19)
19	Bella Herrig	Dubuque Hempstead	18	22:12.55	3:52.29 (25)	8:29.83 (14)	17:52.83 (12)
20	Carly Porter	North Scott Eldridge	19	22:12.66	4:00.05 (42)	8:44.15 (31)	17:56.83 (17)
21	Kerrigan Lyons	Solon	20	22:27.65	3:41.10 (7)	8:27.44 (9)	18:09.41 (22)
22	Siena Kriegel	Johnston	21	22:29.17	3:51.57 (23)	8:32.24 (18)	18:03.57 (18)
23	Trinity Kessler	Dubuque Hempstead	22	22:35.79	3:55.95 (34)	8:42.17 (26)	18:27.17 (27)
24	MaKenna Teel	Johnston	--	22:37.04	3:57.90 (39)	8:41.71 (25)	18:21.73 (24)
25	Emily Onken	Dubuque Hempstead	--	22:38.25	3:55.99 (35)	8:42.17 (27)	18:27.09 (26)
26	Madeline Meiners	Johnston	--	22:41.66	3:51.65 (24)	8:42.38 (28)	18:22.39 (25)
27	Clarisse Roscio	Bettendorf	23	22:44.50	3:51.49 (21)	8:43.99 (29)	18:28.53 (28)
28	Reese Convery	Visitation	24	22:44.62	3:53.98 (32)	8:48.65 (35)	18:29.19 (29)
29	Emily Meyer	Cedar Falls	25	22:48.19	3:45.66 (8)	8:35.04 (20)	18:20.24 (23)
30	Ella Sheeley	Solon	26	22:53.81	3:53.99 (33)	8:40.00 (22)	18:32.80 (31)
31	Natalie Gates	Lake City	27	22:54.79	4:09.21 (70)	9:08.64 (59)	18:48.68 (41)
32	Amelia Holter	Johnston	--	22:56.03	4:06.36 (58)	8:56.36 (44)	18:30.58 (30)
33	Molly Kolar	Visitation	28	22:58.48	3:53.70 (30)	8:48.23 (33)	18:36.89 (33)
34	Payton Hunter	Norwalk Community	29	23:03.49	3:50.66 (16)	8:37.24 (21)	18:34.03 (32)

Athlete	Team	Score	Time	900m	k	4k
35 Rylee Stoltz	Lake City	30	23:04.64	4:13.28 (84)	9:16.20 (71)	18:56.49 (44)
36 Sidny Pohlman	Johnston	--	23:06.79	3:57.55 (38)	8:44.01 (30)	18:39.91 (35)
37 Grace Fiala	Solon	31	23:07.34	3:56.85 (37)	8:50.73 (43)	18:40.59 (36)
38 Hattie Hagedorn	North Scott Eldridge	32	23:11.16	3:53.08 (28)	8:50.29 (39)	18:42.73 (39)
39 Malinali Sanchez-Carmona	Pleasant Valley	33	23:13.52	4:00.49 (44)	8:49.31 (36)	18:38.49 (34)
40 Addison Burden	Solon	34	23:15.70	3:51.49 (20)	8:40.00 (23)	18:42.09 (38)
41 Kinsley Theobald	Johnston	--	23:18.12	4:11.21 (77)	9:17.92 (75)	19:08.07 (51)
42 Audrey Warren	Norwalk Community	35	23:18.84	3:58.97 (41)	8:50.29 (40)	18:44.40 (40)
43 Bea Sears	Pleasant Valley	36	23:21.66	4:07.67 (64)	9:05.37 (55)	18:58.98 (46)
44 Kate Richards	Solon	37	23:23.16	3:56.72 (36)	8:50.34 (41)	18:41.51 (37)
45 Anna Flynn	Mid-Prairie Wellman	38	23:23.45	4:06.91 (59)	9:02.94 (52)	18:52.43 (42)
46 Maria Wilcox	Johnston	--	23:25.49	4:11.32 (79)	9:17.98 (76)	19:19.19 (57)
47 Salome Osterhaus	Pine Island	39	23:29.47	4:06.17 (57)	9:04.90 (54)	19:02.00 (47)
48 Lizzie Greene	Williamsburg	40	23:30.52	4:17.67 (97)	9:29.85 (90)	19:16.62 (56)
49 Ella Welch	Pleasant Valley	41	23:30.57	3:50.39 (15)	8:41.08 (24)	18:55.65 (43)
50 Victoria Verde	Johnston	--	23:31.76	4:03.57 (50)	9:00.54 (48)	19:07.09 (50)
51 Courtney Sweet	Johnston	--	23:31.96	4:01.76 (48)	8:56.57 (45)	18:58.98 (45)
52 Andie Davitt	Norwalk Community	42	23:33.56	4:03.53 (49)	8:59.67 (47)	19:02.11 (48)
53 Emma Hofschulte	Lake City	43	23:34.44	4:14.23 (89)	9:08.57 (57)	19:11.05 (53)
54 Lauren Weber	Johnston	--	23:35.46	4:22.25 (113)	9:29.51 (89)	19:20.11 (60)
55 Kourtney Berns	Dubuque Hempstead	--	23:35.70	3:53.09 (29)	8:50.41 (42)	19:03.37 (49)
56 Kennedy Brady	Pleasant Valley	--	23:41.31	4:08.86 (69)	9:02.53 (50)	19:09.45 (52)
57 Ellie Johnson	Johnston	--	23:45.34	4:22.37 (115)	9:29.51 (88)	19:20.61 (61)
58 Tayler Long	Williamsburg	44	23:45.73	4:19.01 (101)	9:30.09 (91)	19:12.33 (55)
59 Charlotte Sieren	Mid-Prairie Wellman	45	23:48.92	4:06.16 (56)	9:02.94 (53)	19:11.57 (54)
60 Katie Christenson	Linn-Mar Marion	--	23:49.66	4:08.63 (68)	9:17.74 (74)	19:19.85 (59)
61 Sara Beckwith	Norwalk Community	46	23:52.38	4:11.59 (80)	9:15.92 (70)	19:22.90 (62)
62 Eden Olson	Lake City	47	23:58.62	4:05.66 (54)	9:01.17 (49)	19:23.62 (64)
63 Kennedy Robbins	Norwalk Community	48	23:59.39	4:09.78 (72)	9:13.31 (67)	19:34.45 (70)
64 Falyn Stalknaker	Onalaska	--	23:59.56	4:14.05 (88)	9:12.86 (65)	19:19.39 (58)
65 Liona Rocca	Solon	49	24:01.53	4:05.11 (52)	9:05.98 (56)	19:28.75 (68)
66 Nyah Hulbert	Norwalk Community	50	24:06.03	4:07.15 (61)	9:13.25 (66)	19:23.96 (65)
67 Ashley Bernardy	Cedar Falls	51	24:06.85	3:49.02 (13)	8:48.37 (34)	19:24.58 (66)
68 Quinn Pohlman	Johnston	--	24:07.15	4:04.46 (51)	9:02.64 (51)	19:26.83 (67)
69 Mari Stevenson	Williamsburg	52	24:08.03	4:16.88 (95)	9:30.81 (92)	19:40.42 (73)
70 Isabelle Cuhat	Cedar Falls	53	24:08.08	4:05.98 (55)	9:08.71 (60)	19:23.56 (63)
71 Kaiya Kralik	Norwalk Community	--	24:08.57	4:12.79 (83)	9:19.55 (77)	19:39.14 (72)
72 Annabelle Everding	Bettendorf	54	24:09.61	4:29.28 (144)	9:42.73 (111)	19:43.80 (75)
73 Kristin Rutz	Johnston	--	24:10.23	4:09.40 (71)	9:15.68 (69)	19:33.33 (69)
74 Anna Nichols	North Scott Eldridge	55	24:13.56	4:01.64 (47)	9:10.62 (63)	19:41.60 (74)
75 Haley Lalk	Denver	56	24:16.17	4:23.06 (118)	9:40.25 (105)	19:52.35 (83)
76 Aliyah Ayers	Sioux City North	57	24:19.33	4:11.16 (76)	9:09.87 (62)	19:34.92 (71)
77 Marin Smith	North Scott Eldridge	58	24:19.54	4:10.34 (73)	9:24.41 (79)	19:56.41 (87)
78 Mia Tice	Norwalk Community	--	24:22.59	4:17.82 (99)	9:23.68 (78)	19:45.02 (76)
79 Rubie Pohlman	Johnston	--	24:23.42	4:23.26 (119)	9:41.03 (106)	20:01.61 (91)
80 Abby Harris	Johnston	--	24:23.78	4:11.32 (78)	9:24.79 (80)	19:57.37 (88)
81 Mallory Bryan	Johnston	--	24:23.86	4:08.13 (67)	9:17.41 (72)	19:50.27 (80)

Athlete	Team	Score	Time	900m	k	4k	
82	Tabitha Evans	Mid-Prairie Wellman	59	24:24.16	4:08.13 (66)	9:12.63 (64)	19:45.13 (77)
83	Emmaline Campbell	Mount Vernon-Lisbon	60	24:25.11	4:30.18 (146)	9:51.83 (125)	20:04.26 (96)
84	Alli Neilson	Onalaska	--	24:25.58	4:30.97 (148)	9:47.44 (117)	19:51.77 (81)
85	Zoe Scott	Linn-Mar Marion	--	24:26.03	4:19.09 (102)	9:34.46 (98)	19:50.03 (79)
86	Chloe Martin	Norwalk Community	--	24:27.24	4:07.15 (60)	9:13.32 (68)	19:52.27 (82)
87	Emma Gorton	Center Point-Urbana	61	24:27.48	4:32.46 (154)	9:49.56 (123)	20:00.62 (90)
88	Phoebe Balfour	Visitation	62	24:27.62	4:00.89 (45)	9:08.57 (58)	19:46.83 (78)
89	McKenzie Schaefer	Bettendorf	63	24:28.24	4:35.31 (171)	9:57.35 (137)	20:12.93 (104)
90	Mya Rivera	Williamsburg	64	24:29.16	4:20.90 (108)	9:31.68 (95)	19:54.89 (85)
91	Paige Mook	Bettendorf	65	24:31.24	4:35.19 (168)	9:57.47 (139)	20:13.92 (106)
92	Kennadi Thiessen	North Scott Eldridge	66	24:34.69	4:27.55 (139)	9:54.56 (131)	20:14.40 (107)
93	Calista Rasmer	Bettendorf	67	24:34.95	4:35.48 (172)	9:58.76 (142)	20:13.01 (105)
94	Kenzie McConville	Norwalk Community	--	24:36.41	4:17.70 (98)	9:25.74 (82)	19:56.13 (86)
95	Avery Grobe	Lake City	68	24:38.95	4:22.83 (116)	9:43.41 (113)	20:11.34 (102)
96	Ella Weist	Lake City	69	24:40.88	4:17.20 (96)	9:34.25 (97)	19:54.07 (84)
97	Zoey Buchan	Johnston	--	24:41.21	4:22.31 (114)	9:26.30 (84)	20:01.79 (92)
98	Madisen Theel	Dike-New Hartford	70	24:43.77	3:58.97 (40)	9:09.78 (61)	20:03.36 (93)
99	Lilly Houtakker	Solon	71	24:43.96	4:07.54 (62)	9:29.45 (87)	20:10.09 (100)
100	Emily Davidson	Dubuque Hempstead	--	24:45.85	4:20.96 (109)	9:39.73 (103)	20:08.87 (99)
101	Lily Trenkamp	Johnston	--	24:46.82	4:22.17 (112)	9:43.98 (114)	20:15.76 (109)
102	Ava Folkerts	Waverly-Shell Rock	72	24:47.29	4:16.45 (94)	9:37.04 (100)	20:11.70 (103)
103	Hoffman Taylor	Marshalltown	--	24:47.48	4:00.42 (43)	8:56.57 (46)	20:14.95 (108)
104	Athena Nelson	North Scott Eldridge	73	24:51.35	4:26.25 (134)	9:42.12 (108)	20:08.36 (98)
105	Bella Feaker	Solon	--	24:51.49	4:05.34 (53)	9:17.63 (73)	19:59.14 (89)
106	Julia Eikenberry	Center Point-Urbana	74	24:52.28	4:24.94 (126)	9:47.64 (118)	20:06.99 (97)
107	June Volding	Dike-New Hartford	75	24:55.45	4:10.60 (74)	9:25.12 (81)	20:03.96 (95)
108	Olive Khoury	North Scott Eldridge	76	24:57.12	4:27.66 (140)	9:54.05 (128)	20:16.72 (110)
109	Rachel Richter	Dubuque Hempstead	--	24:59.95	4:19.60 (104)	9:38.30 (102)	20:11.13 (101)
110	Felicity Aguilar	Sioux City North	77	25:00.81	4:25.67 (130)	9:48.28 (119)	20:24.36 (115)
111	Olivia Gagnon	Pine Island	78	25:00.82	4:13.77 (87)	9:26.50 (85)	20:03.82 (94)
112	Alana Corwin	Dike-New Hartford	79	25:11.23	4:19.40 (103)	9:42.98 (112)	20:23.92 (114)
113	Jayda Wardell	Dike-New Hartford	80	25:11.24	4:20.53 (105)	9:47.38 (116)	20:43.90 (123)
114	Allison Mourlam	Center Point-Urbana	81	25:12.87	4:18.69 (100)	9:42.58 (110)	20:28.93 (118)
115	Hannah Budke	Cedar Falls	82	25:17.40	4:16.23 (92)	9:40.03 (104)	20:23.48 (113)
116	Lily Cooper	Denver	83	25:18.04	4:36.08 (175)	10:07.56 (156)	20:45.60 (128)
117	Taylor Brown	Pine Island	84	25:18.12	4:13.65 (85)	9:26.07 (83)	20:21.51 (112)
118	Olivia Morgan	Pine Island	85	25:21.34	4:15.72 (90)	9:37.55 (101)	20:20.53 (111)
119	Mia Huntington	Dike-New Hartford	86	25:22.73	4:10.85 (75)	9:31.47 (93)	20:27.55 (116)
120	Briley Winegarden	Williamsburg	87	25:23.34	4:48.10 (211)	10:21.68 (177)	20:46.77 (129)
121	Allison Zahn	Johnston	--	25:25.61	4:23.02 (117)	9:48.47 (120)	20:36.66 (120)
122	Kara Hughes	Bettendorf	88	25:28.95	4:36.77 (177)	10:11.79 (160)	21:01.17 (137)
123	Lillian Wischmeyer	Mount Vernon-Lisbon	89	25:29.90	4:24.22 (123)	9:49.88 (124)	20:41.32 (121)
124	Kendall Cortelyou	Denver	90	25:31.42	4:32.54 (155)	9:56.80 (135)	20:45.42 (127)
125	Sadie Nolan	Assumption Davenport	--	25:34.99	4:25.74 (131)	9:58.13 (141)	20:50.81 (132)
126	Kylie Lewis	Center Point-Urbana	91	25:35.68	4:26.76 (137)	9:54.18 (129)	20:44.82 (125)
127	Gemma Beam	Waverly-Shell Rock	92	25:36.17	4:16.17 (91)	9:35.79 (99)	20:27.91 (117)
128	Audrey Swanson	Linn-Mar Marion	--	25:38.67	4:30.58 (147)	10:01.32 (146)	20:47.55 (131)

Athlete	Team	Score	Time	900m	k	4k
129 Paige Westbrook	Denver	93	25:38.91	4:38.62 (184)	10:12.89 (163)	20:57.81 (134)
130 Maggie Mathis	Center Point-Urbana	94	25:40.55	4:26.55 (136)	9:54.29 (130)	20:44.60 (124)
131 Grace Conway	Mid-Prairie Wellman	95	25:41.06	4:48.32 (214)	10:20.08 (171)	21:02.19 (138)
132 Elise Heckert	Norwalk Community	--	25:47.17	4:01.10 (46)	9:29.22 (86)	20:47.43 (130)
133 Reilly Johnson	Solon	--	25:47.37	4:28.95 (143)	10:11.81 (161)	21:05.39 (142)
134 Ceccelia Darter	Dubuque Hempstead	--	25:47.99	4:13.76 (86)	9:31.47 (94)	21:00.10 (136)
135 Kira Cortelyou	Denver	96	25:50.15	4:11.77 (81)	9:32.65 (96)	20:34.93 (119)
136 Catherine Dierks	Cedar Falls	97	25:50.53	4:16.29 (93)	9:52.40 (126)	20:43.86 (122)
137 Gretchen Oltrogge	Denver	98	25:52.86	4:48.04 (210)	10:21.04 (173)	21:02.60 (139)
138 Grace Anderson	Johnston	--	25:55.87	4:24.78 (125)	9:41.52 (107)	20:57.73 (133)
139 Erin Peck	North Scott Eldridge	--	25:56.75	4:20.57 (106)	9:45.82 (115)	21:09.00 (144)
140 Grace Rowland	Johnston	--	25:58.02	4:35.77 (174)	10:17.20 (167)	21:23.79 (152)
141 Isabelle Stoffer	Waterloo United	99	25:59.66	4:41.16 (192)	10:12.29 (162)	21:03.40 (140)
142 Kamille Berns	Dubuque Hempstead	--	26:00.40	4:23.39 (120)	9:49.00 (121)	21:06.01 (143)
143 Sylvia Tank	Bettendorf	100	26:00.51	4:37.90 (180)	10:22.18 (180)	21:27.19 (157)
144 Eleanor Dickson	Clayton Ridge Guttenberg	--	26:00.57	4:12.78 (82)	9:42.37 (109)	20:58.72 (135)
145 Alexis Martinez	Williamsburg	101	26:00.80	4:48.10 (212)	10:27.26 (190)	21:13.64 (145)
146 Anastasia Drexler	Bettendorf	--	26:08.86	4:25.35 (129)	9:55.77 (134)	21:30.07 (159)
147 Emilee Muenzhuber	Lake City	102	26:13.37	4:32.67 (156)	10:09.21 (157)	21:29.03 (158)
148 Brianna Dotzler	Cedar Falls	103	26:14.61	4:23.81 (121)	9:49.05 (122)	21:04.98 (141)
149 Lilee Vollmer	Sioux City North	104	26:15.61	4:26.25 (135)	10:06.70 (153)	21:19.24 (149)
150 Anna Dolan	Dubuque Hempstead	--	26:16.70	4:21.56 (110)	9:55.08 (132)	21:21.49 (150)
151 Paityn Jennings	Mid-Prairie Wellman	105	26:16.91	4:32.93 (157)	9:57.42 (138)	21:26.37 (156)
152 Brooklyn Strief	North Scott Eldridge	--	26:18.28	4:25.35 (128)	9:55.70 (133)	21:30.13 (160)
153 Megan Cushman	Johnston	--	26:20.64	4:45.39 (198)	10:33.63 (198)	21:42.36 (171)
154 Jenna Keller	Waverly-Shell Rock	106	26:21.38	4:28.00 (141)	10:04.17 (149)	21:32.01 (163)
155 Rowan Appel	Bettendorf	--	26:23.17	4:36.42 (176)	10:11.36 (159)	21:18.29 (148)
156 Callie Brodersen	Sioux City North	107	26:25.65	4:25.93 (132)	9:53.36 (127)	21:15.57 (146)
157 Rebecca Funk	Cedar Falls	108	26:26.42	4:35.08 (167)	9:57.60 (140)	21:17.51 (147)
158 Sydney Schneider	Johnston	--	26:26.64	4:32.01 (152)	10:05.82 (151)	21:24.53 (154)
159 Claire Lahey	Dubuque Hempstead	--	26:27.38	4:52.60 (227)	10:38.77 (200)	21:40.53 (169)
160 Macy Matthias	Denver	109	26:28.46	4:35.19 (169)	10:07.38 (155)	21:23.21 (151)
161 Sophia Gentz	Center Point-Urbana	110	26:28.99	4:47.16 (206)	10:26.52 (189)	21:43.49 (173)
162 Emma Demuth	Center Point-Urbana	111	26:29.79	4:32.28 (153)	9:59.96 (145)	21:23.84 (153)
163 MaryClaire McCarter	Dike-New Hartford	112	26:32.09	4:21.98 (111)	9:59.41 (143)	21:24.59 (155)
164 Kyla Foy	Waverly-Shell Rock	113	26:35.11	4:44.52 (197)	10:18.14 (168)	21:30.87 (161)
165 Celia DiNitto	Johnston	--	26:36.51	4:43.42 (196)	10:26.07 (186)	21:31.51 (162)
166 Megan Groth	Waverly-Shell Rock	114	26:36.95	4:28.65 (142)	10:06.00 (152)	21:34.79 (164)
167 Cassidy Craig	Cedar Falls	--	26:39.50	4:43.19 (195)	10:15.96 (165)	21:38.90 (166)
168 Kasia Wiebel	Mount Vernon-Lisbon	115	26:40.39	4:35.19 (170)	10:22.04 (179)	21:45.70 (176)
169 Ava Bergquist	Dubuque Hempstead	--	26:42.47	4:51.25 (218)	10:39.02 (201)	21:40.22 (168)
170 Macie Graves	Dike-New Hartford	116	26:44.64	4:24.20 (122)	10:09.35 (158)	22:14.50 (186)
171 Ceci Rasmer	Bettendorf	--	26:46.12	4:39.50 (187)	10:31.60 (194)	21:42.95 (172)
172 Sydney Block	Dubuque Hempstead	--	26:46.37	4:51.56 (220)	10:39.19 (202)	21:41.60 (170)
173 Ally Kersten	Assumption Davenport	--	26:46.47	4:24.60 (124)	9:59.77 (144)	21:35.49 (165)
174 Ashley Schrunk	Sioux City North	117	26:48.65	4:26.13 (133)	10:06.89 (154)	21:39.74 (167)
175 Jaelyn Longenecker	North Scott Eldridge	--	26:48.88	4:39.07 (186)	10:23.39 (181)	21:44.61 (174)

Athlete	Team	Score	Time	900m	k	4k
176 Addison Schlue	Assumption Davenport	--	26:51.79	4:45.69 (201)	10:40.26 (203)	22:01.50 (182)
177 Elizabeth Barns	Mount Vernon-Lisbon	118	26:53.42	4:55.17 (230)	10:55.17 (222)	22:05.71 (184)
178 Lilou Beachy	Mid-Prairie Wellman	119	26:59.38	4:32.99 (158)	9:57.23 (136)	20:45.10 (126)
179 Tori Oelrich	Mount Vernon-Lisbon	120	27:00.50	4:55.23 (231)	10:55.35 (223)	22:05.65 (183)
180 Ava Hagedorn	North Scott Eldridge	--	27:02.02	4:39.06 (185)	10:25.10 (183)	21:44.68 (175)
181 Brianna Knight	Center Point-Urbana	--	27:05.16	4:56.33 (232)	10:43.88 (206)	21:56.73 (178)
182 Sharini Rao	Linn-Mar Marion	--	27:11.52	4:34.69 (165)	10:20.62 (172)	21:58.80 (180)
183 Joy Eilderts	Dike-New Hartford	--	27:12.73	4:34.46 (163)	10:21.53 (176)	21:52.01 (177)
184 Anna Tryon	Bettendorf	--	27:19.39	4:37.18 (178)	10:21.77 (178)	21:58.21 (179)
185 Paige Koehn	Cedar Falls	--	27:25.84	4:33.90 (160)	10:15.14 (164)	22:00.88 (181)
186 Georgia Havlicek	Solon	--	27:32.61	4:29.35 (145)	10:21.34 (175)	22:17.03 (187)
187 Alli Steffen	Dike-New Hartford	--	27:35.08	4:31.96 (151)	10:21.33 (174)	22:13.48 (185)
188 Emma Berger	Lake City	--	27:35.85	4:40.04 (189)	10:19.17 (170)	22:36.39 (196)
189 Molly Boevers	Cedar Falls	--	27:39.38	4:48.28 (213)	10:41.04 (204)	22:19.07 (188)
190 Carmen Calderon	Sioux City North	121	27:43.15	4:38.37 (183)	10:25.56 (185)	22:22.69 (190)
191 Jenny Venegas	Sioux City North	122	27:43.34	4:35.57 (173)	10:18.45 (169)	22:22.95 (191)
192 Annika Trost	Johnston	--	27:44.77	4:33.97 (161)	10:26.20 (187)	22:21.35 (189)
193 Elin Blatter	Bettendorf	--	27:47.54	4:39.78 (188)	10:31.94 (196)	22:37.38 (198)
194 Aliza Parks	Mid-Prairie Wellman	123	27:48.38	4:58.77 (236)	10:55.10 (221)	22:39.21 (199)
195 Natalie Swanson	Lake City	--	27:49.16	4:51.60 (221)	11:00.80 (230)	22:36.50 (197)
196 Lilly Quest	Pine Island	124	27:50.39	4:52.41 (226)	10:48.32 (214)	22:29.02 (193)
197 Jaylynn Wyckoff	Center Point-Urbana	--	27:51.19	4:40.44 (190)	10:30.30 (192)	22:28.03 (192)
198 Natalie Folkerts	Dike-New Hartford	--	27:53.37	4:34.45 (162)	10:25.40 (184)	22:34.44 (195)
199 Hannah Kendall	Cedar Falls	--	27:55.73	4:37.76 (179)	10:35.25 (199)	22:48.57 (203)
200 Maren Denison	Cedar Falls	--	27:56.27	4:26.90 (138)	10:02.16 (147)	22:29.71 (194)
201 Piper Johnson	North Scott Eldridge	--	28:03.48	4:45.39 (199)	10:49.85 (217)	22:43.79 (201)
202 Camryn Buseman	Waverly-Shell Rock	125	28:05.16	4:46.78 (204)	10:47.98 (213)	22:56.27 (207)
203 Alise Grady	Johnston	--	28:06.37	4:45.59 (200)	10:31.60 (195)	22:51.39 (204)
204 Jaclynn Adams	Norwalk Community	--	28:08.12	4:37.91 (182)	10:58.36 (229)	23:09.81 (213)
205 Mary Stewart	Dike-New Hartford	--	28:10.45	4:34.68 (164)	10:31.17 (193)	22:58.72 (210)
206 Riley Gesell	Cedar Falls	--	28:11.72	4:49.16 (215)	10:43.20 (205)	22:47.46 (202)
207 Devynn Johnson	North Scott Eldridge	--	28:13.97	4:40.64 (191)	10:47.09 (210)	22:54.54 (206)
208 Alexis Gielau	Waverly-Shell Rock	126	28:17.03	4:46.93 (205)	10:47.09 (209)	22:56.75 (208)
209 Shae Ung	Norwalk Community	--	28:23.03	4:20.82 (107)	10:05.51 (150)	22:43.09 (200)
210 Abby Elsamiller	Waverly-Shell Rock	--	28:29.21	4:34.88 (166)	10:26.22 (188)	22:56.97 (209)
211 Kendall Puetz	Sioux City North	--	28:35.41	4:42.60 (193)	10:31.99 (197)	22:52.26 (205)
212 Annette Wittholf	Mid-Prairie Wellman	--	28:36.60	4:59.43 (238)	10:56.80 (226)	23:06.53 (212)
213 Laura Azuela	North Scott Eldridge	--	28:41.36	5:02.88 (248)	11:16.63 (240)	23:19.72 (215)
214 Anna Nafziger	Mid-Prairie Wellman	--	28:41.69	4:58.37 (234)	10:56.24 (225)	23:04.98 (211)
215 Clara Sinclair	Williamsburg	127	28:46.67	5:12.84 (253)	11:28.57 (244)	23:28.63 (220)
216 Yani Hansen	Center Point-Urbana	--	28:54.26	4:58.40 (235)	11:01.15 (231)	23:22.98 (218)
217 Anna Harris	North Scott Eldridge	--	28:57.17	4:52.14 (224)	10:53.85 (219)	23:19.92 (216)
218 Emily Hubbard	Waverly-Shell Rock	--	29:01.47	4:47.44 (207)	10:47.35 (212)	23:16.73 (214)
219 Adie Craig	Assumption Davenport	--	29:02.52	4:52.08 (223)	10:53.92 (220)	23:19.92 (217)
220 Lily Booth	Mount Vernon-Lisbon	128	29:11.97	5:18.72 (260)	11:40.29 (248)	23:50.13 (222)
221 Maddie Knock	Cedar Falls	--	29:15.63	4:49.31 (216)	10:49.30 (216)	23:26.50 (219)
222 Sophia Miles	Solon	--	29:22.71	4:33.74 (159)	10:29.62 (191)	24:10.01 (225)

Athlete	Team	Score	Time	900m	k	4k
223 Belle Williams	Waterloo United	129	29:23.37	5:00.89 (240)	11:12.51 (235)	24:17.33 (228)
224 Mya Johnson	Waterloo United	130	29:23.53	4:46.40 (202)	10:49.00 (215)	23:52.50 (223)
225 Monica Sems	Pine Island	131	29:37.05	4:51.49 (219)	11:10.08 (234)	24:10.86 (226)
226 Allison Gerhold	Center Point-Urbana	--	29:44.29	4:24.98 (127)	10:16.51 (166)	23:37.60 (221)
227 Maura Rauch	Center Point-Urbana	--	29:47.59	5:02.38 (245)	11:16.43 (239)	23:56.15 (224)
228 Cassidy Dillon	Kasson-Mantorville	--	29:49.82	4:46.70 (203)	10:57.12 (228)	24:14.65 (227)
229 Emra Pajic	Waterloo United	132	29:56.67	5:01.06 (242)	11:12.87 (237)	24:17.69 (229)
230 Macy Mracek	Dike-New Hartford	--	29:58.14	5:02.66 (246)	11:28.43 (243)	24:17.91 (230)
231 Lejla Mehmedovic	Cedar Falls	--	29:58.66	5:14.88 (254)	11:40.96 (249)	24:32.63 (236)
232 Andrea Padilla	South Tama County Tama	--	30:08.88	4:47.50 (208)	10:50.86 (218)	24:25.93 (234)
233 Abby Rudrud	Onalaska	--	30:12.42	5:02.82 (247)	11:30.54 (246)	24:24.53 (232)
234 Sierra Howland	Norwalk Community	--	30:21.52	4:43.18 (194)	10:57.06 (227)	24:21.73 (231)
235 Stefan StefaniGutierrez	Marshalltown	--	30:24.99	4:52.73 (228)	11:05.00 (232)	24:26.53 (235)
236 Grace Morley	Dubuque Hempstead	--	30:35.78	4:59.56 (239)	11:14.26 (238)	24:25.14 (233)
237 Scarlett MisiagBeckler	Dubuque Hempstead	--	30:37.27	5:18.18 (259)	11:50.44 (255)	24:56.70 (238)
238 Averie Freeman	Waverly-Shell Rock	--	30:38.40	5:09.94 (251)	11:48.78 (253)	24:57.48 (239)
239 Lucy Buckley	Norwalk Community	--	30:48.92	4:54.07 (229)	11:22.99 (241)	24:39.96 (237)
240 Aubrie Tejada	Marshalltown	--	30:53.89	4:49.56 (217)	11:07.83 (233)	25:12.80 (242)
241 Nora Slevinski	Williamsburg	--	31:05.35	5:37.60 (268)	12:22.16 (263)	24:57.84 (240)
242 Megan Arjes	Waverly-Shell Rock	--	31:09.01	4:57.44 (233)	11:29.02 (245)	25:07.48 (241)
243 Aryssa Hinderberger	Newton	--	31:12.05	4:52.40 (225)	11:23.06 (242)	25:22.72 (245)
244 Zoe Schultz	Dubuque Hempstead	--	31:19.86	5:20.27 (262)	12:02.18 (260)	25:16.41 (243)
245 Hailey Gaul	Clayton Ridge Guttenberg	--	31:24.86	5:10.14 (252)	11:51.38 (256)	25:30.62 (247)
246 Cheyenne Mulford	Solon	--	31:25.61	5:03.47 (249)	11:49.08 (254)	25:27.90 (246)
247 Emily LaRue	Pine Island	133	31:25.78	4:37.90 (181)	10:46.82 (208)	25:17.38 (244)
248 Ella Hansel	Waverly-Shell Rock	--	31:31.22	5:24.48 (265)	12:19.92 (261)	25:40.68 (248)
249 Alexis Crouch	South Tama County Tama	--	31:51.03	5:15.96 (255)	11:48.28 (252)	26:50.64 (253)
250 Sarah Olson	Pine Island	--	31:51.23	5:01.05 (241)	11:41.93 (250)	25:41.35 (249)
251 Sophia Katras	Visitation	134	32:03.48	5:03.86 (250)	11:52.96 (257)	25:55.69 (251)
252 Sydney Strief	Bettendorf	--	32:18.39	5:17.98 (258)	12:00.52 (258)	25:55.00 (250)
253 Maribel Castanon	South Tama County Tama	--	32:19.13	5:16.94 (257)	11:47.95 (251)	26:10.89 (252)
254 Sydney Hansal	Waverly-Shell Rock	--	32:42.68	5:16.81 (256)	12:00.57 (259)	26:50.75 (254)
255 Cameron Risetter	Sioux City North	--	33:36.10	5:27.38 (266)	12:21.88 (262)	27:12.18 (255)
256 Ella Bloxham	Pine Island	--	33:52.03	5:57.26 (272)	13:32.77 (269)	28:01.49 (256)
257 Macie Johnson	Waverly-Shell Rock	--	34:36.77	5:24.44 (264)	12:31.57 (264)	28:14.18 (257)
258 Macy Eskelsen	Mount Vernon-Lisbon	135	34:52.32	6:04.52 (274)	13:40.50 (273)	28:43.54 (260)
259 Lauren Whitaker	Norwalk Community	--	35:11.51	5:19.94 (261)	13:35.79 (271)	28:39.72 (258)
260 Karli Hogle	Waterloo United	136	35:47.54	5:44.40 (269)	13:33.23 (270)	29:05.47 (261)
261 Raygan Meehan	Dubuque Hempstead	--	35:58.65	5:20.60 (263)	12:43.93 (266)	28:42.91 (259)
262 Liza Riordan	Wapsie Valley Fairbank	--	36:33.57	5:56.36 (270)	13:30.02 (268)	29:29.26 (262)
263 Cassidy Taylor	Waterloo United	137	36:56.52	5:37.06 (267)	13:16.81 (267)	30:31.16 (265)
264 Abigail Chyma	South Tama County Tama	--	37:05.97	5:56.54 (271)	13:39.68 (272)	30:02.60 (264)
265 Mia Monique Zazueta	Marshalltown	--	37:12.90	6:00.62 (273)	13:45.28 (274)	29:59.19 (263)
266 Hannah Williams	Dubuque Hempstead	--	41:38.12			
267 Kaitlyn Himlie	Kasson-Mantorville	--	41:58.86			
Meghan O'Neill	Solon	--	DNF	3:30.79 (2)	7:53.27 (3)	
Nicole Zuehl	Sioux City North	--	DNF	3:14.56 (1)		

Athlete	Team	Score	Time	900m	k	4k
Alice Monguidi	Dubuque Hempstead	--	DNF	4:31.77 (149)	10:03.82 (148)	
Molly Thomas	Williamsburg	--	DNF	5:01.17 (243)	10:23.66 (182)	
Megan Heil	Dubuque Hempstead	--	DNF	4:47.51 (209)	10:44.96 (207)	
Anna Dolan	Assumption Davenport	--	DNF	4:51.96 (222)	10:47.13 (211)	
Ema Miller	Mid-Prairie Wellman	--	DNF	4:59.07 (237)	10:55.76 (224)	
Emma Smith	Waverly-Shell Rock	--	DNF	9:00.30 (275)	11:12.62 (236)	
Megan Gonnerman	Cedar Falls	--	DNF	5:01.38 (244)	11:31.72 (247)	
Annaliese Block	Cedar Falls	--	DNF	4:31.77 (150)	12:36.64 (265)	

Race #6
Boys JV 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings		Score	Total	Avg.	Division
1	Johnston	25	1:27:50	17:34	
2	Cedar Falls	58	1:29:39	17:56	
3	Norwalk Community	61	1:29:46	17:58	
4	Dubuque Hempstead	101	1:31:22	18:17	
5	Sioux City North	170	1:33:35	18:43	
6	Linn-Mar Marion	177	1:34:14	18:51	
7	Urbandale	216	1:35:06	19:02	
8	Mount Vernon-Lisbon	283	1:36:47	19:22	
9	Solon	284	1:36:31	19:19	
10	Bettendorf	295	1:37:09	19:26	
11	North Scott Eldridge	326	1:37:39	19:32	
12	Waterloo United	357	1:38:41	19:45	
13	Williamsburg	367	1:38:50	19:46	
14	Onalaska	428	1:40:50	20:10	
15	Denver	431	1:40:23	20:05	
16	Newton	455	1:40:56	20:12	
17	Marshalltown	463	1:41:40	20:20	
18	Center Point-Urbana	538	1:44:45	20:57	
19	Mid-Prairie Wellman	588	1:45:46	21:10	
20	Pine Island	649	1:49:26	21:54	
21	Waverly-Shell Rock	662	1:49:37	21:56	
22	Valley Lutheran	711	1:54:01	22:49	
23	Lake City	714	1:52:34	22:31	
24	South Hamilton Jewell	764	1:56:31	23:19	
25	BCLUW Conrad	778	2:01:50	24:22	

SPLIT SCORING SUMMARY
900M

UNOFFICIAL Standings		Score
1	Cedar Falls	59
2	Norwalk Community	63
2	Johnston	63
4	Sioux City North	98
5	Dubuque Hempstead	133
6	Linn-Mar Marion	155
7	Urbandale	232
8	Solon	256
9	North Scott Eldridge	260
10	Bettendorf	329

UNOFFICIAL Standings		Score
11	Newton	352
12	Waterloo United	377
13	Denver	411
13	Mount Vernon-Lisbon	411
15	Onalaska	425
16	Williamsburg	473
17	Marshalltown	485
18	Center Point-Urbana	530
19	Waverly-Shell Rock	575
20	Pine Island	631
21	Lake City	640
21	Mid-Prairie Wellman	640
23	Valley Lutheran	670
24	BCLUW Conrad	745
25	South Hamilton Jewell	776

2K

UNOFFICIAL Standings		Score
1	Johnston	16
2	Cedar Falls	59
3	Norwalk Community	78
4	Dubuque Hempstead	110
5	Sioux City North	166
6	Linn-Mar Marion	176
7	Urbandale	228
8	Solon	279
9	North Scott Eldridge	288
10	Bettendorf	299
11	Waterloo United	356
12	Mount Vernon-Lisbon	363
13	Onalaska	394
14	Newton	402
15	Denver	427
16	Williamsburg	433
17	Marshalltown	468
18	Center Point-Urbana	518
19	Mid-Prairie Wellman	606
20	Pine Island	628
21	Waverly-Shell Rock	652
22	Valley Lutheran	680
23	Lake City	683
24	South Hamilton Jewell	759
25	BCLUW Conrad	776

4K

UNOFFICIAL Standings		Score
1	Johnston	27
2	Cedar Falls	60
3	Norwalk Community	66
4	Dubuque Hempstead	99
5	Sioux City North	175
6	Linn-Mar Marion	186
7	Urbandale	199
8	Solon	273
9	Bettendorf	299
9	Mount Vernon-Lisbon	299
11	North Scott Eldridge	328
12	Waterloo United	359
13	Williamsburg	396
14	Onalaska	428
15	Denver	431
16	Marshalltown	451
17	Newton	457
18	Center Point-Urbana	549
19	Mid-Prairie Wellman	586
20	Pine Island	649
21	Waverly-Shell Rock	658
22	Valley Lutheran	704
23	Lake City	715
24	South Hamilton Jewell	762
25	BCLUW Conrad	774

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	900m	2k	4k	
1	Brayden Picken	Johnston	1	17:17.53	3:07.87 (20)	6:50.55 (5)	14:04.31 (1)
2	Joe Kerber	Johnston	2	17:29.64	3:03.86 (1)	6:48.02 (1)	14:15.16 (4)
3	Pascal Cuhat	Cedar Falls	3	17:31.01	3:07.35 (15)	6:50.94 (6)	14:12.83 (2)
4	John Ferguson	Cedar Falls	4	17:31.89	3:07.29 (13)	6:54.46 (14)	14:16.51 (6)
5	Ethan Bartachek	Iowa City Liberty	--	17:32.48	3:10.12 (32)	6:58.17 (19)	14:20.47 (8)
6	Henry Strauss	Johnston	5	17:33.17	3:07.51 (16)	6:50.54 (4)	14:15.70 (5)
7	Nathan Stocker	Norwalk Community	6	17:37.11	3:05.24 (5)	6:51.44 (9)	14:14.70 (3)
8	Noah Gregoire	Iowa City Liberty	--	17:39.50	3:09.85 (30)	6:58.07 (18)	14:22.03 (10)
9	Daniel Webster	Norwalk Community	7	17:43.82	3:05.24 (6)	6:53.38 (12)	14:22.61 (11)
10	Garrett Ness	Johnston	8	17:44.15	3:07.57 (17)	6:51.04 (7)	14:20.41 (7)
11	Jack Meyer	Johnston	9	17:44.73	3:07.71 (19)	6:58.05 (17)	14:28.16 (13)
12	Zach Ung	Norwalk Community	10	17:52.98	3:04.70 (4)	6:51.06 (8)	14:26.16 (12)
13	Nathan Kinzer	Iowa City Liberty	--	17:54.65	3:05.28 (7)	6:49.84 (2)	14:20.52 (9)
14	Brandon Kass	Dubuque Hempstead	11	17:59.39	3:11.01 (42)	7:03.30 (27)	14:35.30 (16)
15	Cameron Switzer	Cedar Falls	12	18:00.89	3:07.95 (21)	6:57.26 (16)	14:33.96 (15)
16	Noah Reese	Johnston	13	18:03.34	3:12.38 (48)	7:05.52 (32)	14:47.79 (20)
17	Sam Riffel	Dubuque Hempstead	14	18:06.75	3:04.46 (3)	6:51.93 (10)	14:36.22 (17)

Athlete	Team	Score	Time	900m	2k	4k	
18	Ethan McLaughlin	Solon	15	18:07.79	3:08.82 (24)	7:10.30 (40)	14:52.12 (29)
19	Ian Hurley	Johnston	16	18:09.82	3:07.29 (14)	6:50.20 (3)	14:30.66 (14)
20	Tyler Bailey	Cedar Falls	17	18:11.27	3:10.88 (40)	7:04.15 (29)	14:48.20 (22)
21	Don Agisha	Norwalk Community	18	18:12.96	3:19.54 (89)	7:14.45 (48)	14:50.61 (25)
22	Ian Rauscher	Johnston	--	18:14.19	3:17.28 (75)	7:15.22 (51)	14:50.19 (24)
23	Calahan Rourke	Johnston	--	18:14.44	3:12.59 (49)	7:02.10 (23)	14:51.40 (27)
24	Connor Schultz	Sioux City North	19	18:17.45	3:06.22 (9)	7:00.06 (21)	14:51.22 (26)
25	Luka Flores	Norwalk Community	20	18:18.61	3:16.77 (71)	7:14.22 (47)	14:56.30 (34)
26	Ezra Crandall	Linn-Mar Marion	21	18:21.19	3:05.60 (8)	6:52.14 (11)	14:45.47 (18)
27	Jonah Frey	Johnston	--	18:21.57	3:11.71 (45)	7:05.53 (33)	14:47.88 (21)
28	Coen Gibson	Johnston	--	18:21.66	3:21.82 (98)	7:20.83 (76)	14:56.47 (35)
29	Xander Steele	Cedar Falls	22	18:23.25	3:07.17 (12)	6:56.29 (15)	14:51.66 (28)
30	Kiefer Schultz	Sioux City North	23	18:23.27	3:07.61 (18)	7:05.17 (31)	14:57.60 (37)
31	Owen Leitzen	Dubuque Hempstead	24	18:23.90	3:09.98 (31)	7:06.83 (37)	14:57.55 (36)
32	Grant Misiag-Beckler	Dubuque Hempstead	25	18:24.51	3:10.45 (35)	7:02.52 (25)	14:50.12 (23)
33	Ayden Lyon	Johnston	--	18:26.33	3:23.50 (113)	7:20.62 (74)	15:05.57 (43)
34	Lane Wunderlich	Cedar Falls	26	18:26.74	3:09.02 (26)	7:02.29 (24)	14:55.65 (33)
35	Will Houselog	Dubuque Hempstead	27	18:27.31	3:10.58 (37)	7:05.66 (34)	14:52.36 (30)
36	Raul Gomez	Sioux City North	28	18:28.76	3:09.48 (29)	7:00.06 (20)	14:47.06 (19)
37	Caden Stumbaugh	Norwalk Community	29	18:29.14	3:09.20 (27)	7:05.94 (35)	14:55.37 (32)
38	Jack Considine	Cedar Falls	30	18:29.59	3:17.22 (74)	7:12.90 (43)	14:55.31 (31)
39	Sidney Shide	Urbandale	31	18:30.15	3:14.18 (55)	7:12.90 (44)	15:01.39 (39)
40	Brayden Frey	Cedar Falls	--	18:31.32	3:10.20 (33)	7:04.60 (30)	14:59.79 (38)
41	Jamison Bice	Norwalk Community	32	18:33.21	3:16.70 (70)	7:14.63 (49)	15:01.69 (41)
42	Samuel McAlister	Johnston	--	18:34.14	3:17.62 (78)	7:19.84 (72)	15:06.04 (44)
43	Collin O'Bryon	Cedar Falls	--	18:40.00	3:17.94 (81)	7:17.34 (57)	15:09.24 (47)
44	Sam Quade	Norwalk Community	--	18:41.16	3:14.32 (56)	7:08.18 (38)	15:01.52 (40)
45	Micah Knapp	Mount Vernon-Lisbon	33	18:43.48	3:09.48 (28)	7:06.20 (36)	15:06.04 (45)
46	Chase Colton	Johnston	--	18:46.21	3:13.67 (51)	7:15.81 (53)	15:16.60 (53)
47	Logan Brustkern	Johnston	--	18:46.86	3:27.96 (147)	7:25.97 (89)	15:17.09 (54)
48	Owen Hanson	Linn-Mar Marion	34	18:47.16	3:06.70 (11)	7:03.18 (26)	15:07.18 (46)
49	Aj Mosqueda	Norwalk Community	--	18:49.30	3:08.68 (23)	7:03.38 (28)	15:05.13 (42)
50	Alec Harris	North Scott Eldridge	35	18:50.96	3:17.06 (72)	7:12.12 (42)	15:11.30 (50)
51	Akshat Mehta	Cedar Falls	--	18:51.28	3:13.94 (52)	7:16.00 (54)	15:21.00 (58)
52	Calvin Seeman	Williamsburg	36	18:51.84	3:10.45 (36)	7:09.27 (39)	15:13.84 (51)
53	Joey Banowitz	Linn-Mar Marion	37	18:51.90	3:24.62 (124)	7:23.88 (86)	15:22.92 (59)
54	Nate Hammerand	Urbandale	38	18:52.36	3:15.68 (63)	7:22.26 (80)	15:26.76 (62)
55	Anton Hesselink	Cedar Falls	--	18:52.74	3:18.06 (83)	7:17.94 (62)	15:10.47 (49)
56	Lucas Tyler	Dubuque Hempstead	39	18:53.24	3:26.50 (137)	7:33.23 (106)	15:27.80 (63)
57	Vincent Hesselink	Cedar Falls	--	18:54.24	3:18.11 (84)	7:17.67 (59)	15:10.41 (48)
58	Owen Martin	Johnston	--	18:54.41	3:17.16 (73)	7:20.04 (73)	15:15.76 (52)
59	Denis Masonivic	Dubuque Hempstead	40	18:55.22	3:14.54 (57)	7:19.49 (66)	15:17.92 (55)
60	Reece Gallagher	Cedar Falls	--	18:57.79	3:17.46 (77)	7:16.96 (56)	15:20.89 (57)
61	Grant Miller	Norwalk Community	--	18:59.76	3:11.38 (43)	7:16.92 (55)	15:25.30 (60)
62	Kieran DeGroote	Cedar Falls	--	19:00.09	3:15.46 (62)	7:17.76 (60)	15:19.75 (56)
63	Jonah Sterling	Johnston	--	19:01.29	3:22.92 (108)	7:22.75 (82)	15:26.45 (61)
64	Tate Whittaker-Smith	Linn-Mar Marion	41	19:03.79	3:24.04 (120)	7:32.46 (105)	15:38.20 (83)

Athlete	Team	Score	Time	900m	2k	4k	
65	Lorcan Christensen	Sioux City North	42	19:04.39	3:15.30 (61)	7:20.62 (75)	15:34.81 (79)
66	Zach VanWychen	Bettendorf	43	19:07.00	3:16.58 (69)	7:19.35 (65)	15:31.53 (70)
67	Austin Haworth	Cedar Falls	--	19:07.86	3:16.21 (67)	7:17.80 (61)	15:28.52 (65)
68	Logan Becker	Johnston	--	19:09.32	3:28.50 (150)	7:29.60 (97)	15:33.32 (74)
69	Connor Deahl	Linn-Mar Marion	44	19:09.90	3:16.35 (68)	7:22.78 (83)	15:31.67 (71)
70	Payton Mergen	Urbandale	45	19:10.53	3:14.58 (58)	7:21.88 (78)	15:31.03 (68)
71	Caleb Kerkove	Waterloo United	46	19:11.42	3:22.22 (100)	7:27.39 (93)	15:33.72 (76)
72	Ben Hsieh	Onalaska	47	19:11.53	3:25.95 (132)	7:28.17 (96)	15:35.50 (81)
73	Logan Kessler	Norwalk Community	--	19:13.14	3:32.56 (189)	7:38.64 (132)	15:41.91 (90)
74	James Frohlich	Bettendorf	48	19:13.15	3:23.70 (117)	7:34.45 (114)	15:40.70 (87)
75	Cohen Breitbach	Dubuque Hempstead	--	19:13.19	3:11.91 (46)	7:19.70 (70)	15:28.08 (64)
76	Matthew Hanselman	Dubuque Hempstead	--	19:13.21	3:11.53 (44)	7:10.68 (41)	15:29.50 (66)
77	Henry Steine	Mount Vernon-Lisbon	49	19:14.12	3:29.86 (164)	7:37.27 (128)	15:34.81 (78)
78	Hogan Fuessel	Cedar Falls	--	19:14.44	3:18.00 (82)	7:19.54 (67)	15:32.35 (72)
79	Blake Staton	Urbandale	50	19:15.82	3:15.18 (60)	7:22.14 (79)	15:30.83 (67)
80	Henry Streuber	Mount Vernon-Lisbon	51	19:16.66	3:28.04 (149)	7:34.13 (110)	15:34.97 (80)
81	William Giles	Urbandale	52	19:16.93	3:22.34 (103)	7:23.31 (85)	15:33.32 (75)
82	Lewis Sutton	Solon	53	19:17.08	3:16.03 (65)	7:22.26 (81)	15:34.32 (77)
83	Ian Wilde	Williamsburg	54	19:17.58	3:32.18 (186)	7:46.54 (152)	15:53.07 (111)
84	Ben Neville	Johnston	--	19:17.86	3:22.92 (107)	7:35.68 (121)	15:48.40 (100)
85	Landon Potts	Bettendorf	55	19:18.67	3:23.86 (118)	7:34.82 (116)	15:40.99 (89)
86	Ben Ritter	Waterloo United	56	19:19.02	3:22.66 (105)	7:27.01 (92)	15:39.17 (85)
87	Jens Lildholdt	Cedar Falls	--	19:19.50	3:26.30 (136)	7:34.21 (112)	15:39.71 (86)
88	Sean Kelley	Dubuque Hempstead	--	19:19.68	3:12.13 (47)	7:19.03 (64)	15:32.96 (73)
89	Carter Easton	Center Point-Urbana	57	19:20.21	3:19.97 (91)	7:26.54 (90)	15:43.08 (93)
90	Logan Woolworth	Sioux City North	58	19:20.89	3:21.44 (94)	7:30.21 (98)	15:42.86 (91)
91	Luebke Nathan	Onalaska	59	19:21.32	3:10.89 (41)	7:13.56 (45)	15:36.05 (82)
92	Breyton Schwenker	Newton	60	19:21.77	3:22.14 (99)	7:26.57 (91)	15:45.84 (95)
93	Derek Marsh	Johnston	--	19:23.69	3:14.00 (53)	7:15.75 (52)	15:38.33 (84)
94	Paxton Hummer	Linn-Mar Marion	61	19:25.42	3:23.18 (109)	7:46.26 (151)	16:00.11 (127)
95	Calyx Hadley	Cedar Falls	--	19:26.43	3:21.50 (95)	7:31.82 (103)	15:44.73 (94)
96	Jett Jansen	Marshalltown	62	19:26.69	3:26.94 (142)	7:37.16 (127)	15:49.64 (103)
97	Evan Kluesner	Urbandale	63	19:26.98	3:18.78 (85)	7:25.30 (88)	15:47.59 (97)
98	William Pease	Cedar Falls	--	19:28.12	3:25.24 (128)	7:37.96 (131)	15:47.84 (98)
99	Bhargava Mayla	Linn-Mar Marion	64	19:28.17	3:22.50 (104)	7:30.72 (99)	15:40.88 (88)
100	Isaiah Jennings	Cedar Falls	--	19:28.64	3:17.74 (79)	7:18.39 (63)	15:42.96 (92)
101	Cayden Schellhorn	Cedar Falls	--	19:30.03	3:10.20 (34)	7:13.58 (46)	15:48.62 (101)
102	Ross Willerth	North Scott Eldridge	65	19:30.23	3:06.25 (10)	7:21.08 (77)	15:51.79 (105)
103	Carter Gearhart	Johnston	--	19:32.34	3:28.51 (151)	7:34.94 (117)	15:52.19 (107)
104	Jackson Warren	Norwalk Community	--	19:32.64	3:10.82 (39)	7:17.52 (58)	15:47.57 (96)
105	Will Scott	Dubuque Hempstead	--	19:32.84	3:15.68 (64)	7:25.16 (87)	15:48.05 (99)
106	Tristan Freeman	Solon	66	19:33.64	3:14.95 (59)	7:14.82 (50)	15:31.53 (69)
107	Vincent Frederiksen	Cedar Falls	--	19:34.92	3:24.74 (125)	7:35.86 (124)	15:52.85 (110)
108	Charles Gilbertson	Marshalltown	67	19:36.68	3:22.74 (106)	7:33.76 (107)	15:51.00 (104)
109	Lee Deloach	Linn-Mar Marion	--	19:36.95	3:24.04 (121)	7:30.77 (101)	15:49.32 (102)
110	Kadon Harper	Linn-Mar Marion	--	19:37.12	3:10.76 (38)	7:19.55 (68)	15:52.45 (108)
111	Riley Kuhn	Linn-Mar Marion	--	19:37.36	3:17.74 (80)	7:30.77 (100)	15:52.11 (106)

Athlete	Team	Score	Time	900m	2k	4k
112 Griffin Adamson	Linn-Mar Marion	--	19:37.73	3:28.68 (154)	7:43.96 (143)	16:01.61 (131)
113 Presley Berns	Waterloo United	68	19:38.04	3:26.68 (139)	7:39.34 (136)	15:58.68 (121)
114 Garrett Even	Denver	69	19:40.39	3:21.70 (96)	7:33.89 (108)	15:59.97 (126)
115 Andrew Maitre	Johnston	--	19:40.60	3:30.28 (169)	7:44.46 (146)	15:59.87 (125)
116 Luke Wiley	Bettendorf	70	19:41.08	3:29.32 (157)	7:40.94 (139)	15:56.65 (117)
117 Aiden Lange	Dubuque Hempstead	--	19:41.12	3:27.92 (146)	7:35.86 (125)	15:56.79 (119)
118 Grant Peterson	North Scott Eldridge	71	19:42.95	3:31.53 (180)	7:52.12 (170)	16:00.55 (128)
119 Joe Leick	Solon	72	19:43.66	3:21.70 (97)	7:35.75 (122)	16:05.99 (135)
120 Carter Smith	Urbandale	73	19:43.89	3:25.02 (127)	7:34.13 (111)	15:53.59 (112)
121 Eli Heckert	Norwalk Community	--	19:43.98	3:24.36 (122)	7:31.36 (102)	15:56.65 (118)
122 Alex Fencil	Mount Vernon-Lisbon	74	19:44.90	3:32.71 (191)	7:50.54 (167)	16:07.07 (138)
123 Trevor Huegerich	Cedar Falls	--	19:45.23	3:29.68 (161)	7:44.02 (144)	16:01.36 (130)
124 Mitch Mess	North Scott Eldridge	75	19:45.86	3:29.60 (160)	7:49.64 (163)	16:07.54 (139)
125 Seamus O'Connor	Mount Vernon-Lisbon	76	19:47.26	3:37.66 (222)	8:00.79 (191)	16:12.83 (146)
126 Greyson Veiseth	Cedar Falls	--	19:47.44	3:28.54 (153)	7:38.90 (135)	15:52.70 (109)
127 Jesus Murillo	Newton	77	19:47.66	3:19.11 (87)	7:28.05 (94)	15:58.75 (122)
128 Carson Cornwell	Johnston	--	19:48.14	3:23.64 (116)	7:35.03 (118)	15:59.45 (123)
129 Mason Pauley	Solon	78	19:48.16	3:25.42 (130)	7:43.48 (142)	16:06.27 (136)
130 Caleb Rankin	Bettendorf	79	19:48.63	3:23.88 (119)	7:35.37 (120)	15:56.59 (116)
131 Colin Rettig	North Scott Eldridge	80	19:48.85	3:26.89 (140)	7:32.46 (104)	15:55.08 (113)
132 Max Mills	Cedar Falls	--	19:48.90	3:28.51 (152)	7:38.83 (134)	16:00.63 (129)
133 Joseph Olson	Sioux City North	81	19:49.33	3:18.98 (86)	7:34.66 (115)	16:05.31 (134)
134 John Glab	Dubuque Hempstead	--	19:49.42	3:26.30 (135)	7:40.54 (138)	16:10.38 (141)
135 Landon Lukes	Linn-Mar Marion	--	19:50.88	3:33.03 (194)	7:52.19 (171)	16:16.77 (151)
136 Sean Gomez	Denver	82	19:50.89	3:23.23 (110)	7:38.78 (133)	16:03.56 (132)
137 Vincent Scherr	Dubuque Hempstead	--	19:50.92	3:25.34 (129)	7:35.12 (119)	15:55.60 (114)
138 Joshua Suliano	Urbandale	--	19:53.06	3:25.52 (131)	7:37.74 (129)	16:06.79 (137)
139 Nolan Reese	Cedar Falls	--	19:53.31	3:31.01 (174)	7:44.52 (147)	16:20.64 (155)
140 Brett Santiago	Williamsburg	83	19:54.16	3:32.11 (185)	7:49.58 (161)	16:11.75 (144)
141 Kenny Uitermarkt	Urbandale	--	19:54.41	3:31.52 (178)	7:47.72 (157)	16:12.06 (145)
142 Arthur Chen	Johnston	--	19:55.45	3:29.08 (155)	7:44.28 (145)	16:05.17 (133)
143 Gavin VanBrocklin	Cedar Falls	--	19:56.15	3:31.15 (176)	7:44.66 (148)	16:10.45 (142)
144 Trent Allen	Bettendorf	84	19:56.46	3:17.36 (76)	7:19.55 (69)	15:56.79 (120)
145 Tanner Merriman	Norwalk Community	--	19:56.83	3:14.12 (54)	7:23.20 (84)	15:59.51 (124)
146 Chase Kies	Cedar Falls	--	19:57.05	3:29.78 (163)	7:48.32 (158)	16:14.49 (148)
147 Matthew Simmons	North Scott Eldridge	85	20:00.55	3:29.40 (158)	7:50.02 (164)	16:25.15 (159)
148 Matias Dahl	Onalaska	86	20:00.85	3:23.60 (114)	7:28.11 (95)	16:15.99 (149)
149 Nathan Fageroos	Johnston	--	20:01.48	3:33.40 (197)	7:50.17 (166)	16:20.17 (152)
150 Holden Schug	Johnston	--	20:02.83	3:50.26 (306)	8:12.15 (244)	16:39.74 (183)
151 Brody Westendorf	North Scott Eldridge	87	20:05.34	3:16.09 (66)	7:35.83 (123)	16:20.51 (154)
152 Layton Ritter	Waterloo United	88	20:06.23	3:26.94 (141)	7:37.87 (130)	16:16.77 (150)
153 Cooper Smith	Urbandale	--	20:07.12	3:21.30 (93)	7:34.00 (109)	16:11.67 (143)
154 Carson Tracy	Johnston	--	20:07.47	3:20.78 (92)	7:19.80 (71)	16:09.30 (140)
155 Sam Smith	Cedar Falls	--	20:07.59	3:41.15 (247)	8:04.71 (212)	16:28.58 (165)
156 Trent Frederick	Norwalk Community	--	20:09.48	3:38.98 (234)	8:05.42 (219)	16:30.37 (168)
157 Jake Gray	Cedar Falls	--	20:10.85	3:30.24 (167)	7:47.32 (155)	16:21.52 (156)
158 Micah Waddell	Linn-Mar Marion	--	20:11.37	3:33.35 (196)	7:52.32 (173)	16:20.45 (153)

Athlete	Team	Score	Time	900m	2k	4k
159 Henry Wiering	Cedar Falls	--	20:11.79	3:30.24 (168)	7:47.70 (156)	16:26.28 (161)
160 Nick Post	Center Point-Urbana	89	20:12.97	3:26.18 (133)	7:39.90 (137)	16:13.26 (147)
161 Ben Merlak	Mount Vernon-Lisbon	90	20:14.11	3:39.18 (236)	8:07.29 (230)	16:33.75 (173)
162 Grant Pautsch	Denver	91	20:14.44	3:33.15 (195)	7:56.43 (181)	16:26.58 (162)
163 Buck Pattinson	Johnston	--	20:14.47	3:49.98 (301)	8:13.70 (256)	16:39.81 (184)
164 Tyler Schaefer	Williamsburg	92	20:15.53	3:34.82 (203)	7:53.14 (176)	16:37.29 (177)
165 Zach Fall	Mount Vernon-Lisbon	93	20:15.73	3:30.82 (173)	7:52.39 (174)	16:27.07 (163)
166 Jacob Steege	Denver	94	20:16.58	3:26.22 (134)	7:48.84 (159)	16:28.58 (164)
167 Aiden McDermott	Linn-Mar Marion	--	20:17.29	3:31.53 (179)	7:46.66 (153)	16:25.15 (160)
168 Liam McGrane	Cedar Falls	--	20:17.41	3:29.26 (156)	7:47.06 (154)	16:24.51 (158)
169 Jace Arends	Cedar Falls	--	20:18.20	3:32.81 (193)	7:57.99 (186)	16:37.84 (179)
170 Mitch Driscoll	Johnston	--	20:19.10	3:43.25 (257)	8:08.22 (233)	16:39.55 (181)
171 Isaac Copeland	North Scott Eldridge	--	20:19.84	3:37.36 (221)	8:01.90 (199)	16:32.77 (172)
172 Eli Chow	Johnston	--	20:20.10	3:50.12 (304)	8:13.07 (250)	16:39.87 (185)
173 Hunter Shollenbarger	Denver	95	20:20.48	3:47.40 (279)	8:06.67 (225)	16:36.69 (175)
174 Blake Creed	Mid-Prairie Wellman	96	20:21.12	3:35.12 (205)	7:50.74 (168)	16:23.07 (157)
175 Payton Compton	Norwalk Community	--	20:22.44	3:31.57 (181)	7:49.58 (162)	16:44.85 (194)
176 Logan Rathbun	Denver	97	20:23.14	3:51.28 (318)	8:02.63 (203)	16:41.17 (187)
177 Johnny Broulik	Mount Vernon-Lisbon	--	20:23.16	3:34.55 (201)	7:55.73 (179)	16:32.33 (171)
178 Sam Strawn	Norwalk Community	--	20:24.14	3:38.47 (229)	8:05.22 (218)	16:49.03 (203)
179 Conner Clinton	Denver	98	20:24.38	3:50.78 (311)	8:13.51 (254)	16:44.19 (192)
180 Ethan Krabbenhof	Denver	--	20:25.00	3:44.44 (261)	8:06.02 (221)	16:30.64 (169)
181 Derek Olive	Waterloo United	99	20:26.15	3:34.75 (202)	7:56.51 (182)	16:37.02 (176)
182 Jarett Clayton	Denver	--	20:26.59	3:49.22 (293)	8:13.30 (252)	16:42.96 (191)
183 Vaughn Anderson	Pine Island	100	20:26.93	3:38.04 (227)	8:01.26 (194)	16:37.54 (178)
184 Colton Foust	Dike-New Hartford	--	20:27.08	3:29.48 (159)	7:57.20 (184)	16:39.63 (182)
185 Carson McConkey	Norwalk Community	--	20:27.65	3:46.18 (269)	8:12.74 (248)	16:50.75 (208)
186 Jacob Johnson	Dubuque Hempstead	--	20:27.92	3:31.51 (177)	7:59.62 (190)	16:40.71 (186)
187 Logan Plourde	Norwalk Community	--	20:27.95	3:49.02 (291)	8:16.92 (267)	16:51.13 (209)
188 Elliot Schroeder	North Scott Eldridge	--	20:28.27	3:40.32 (239)	8:10.21 (237)	16:48.75 (202)
189 Oliver Olsen	North Scott Eldridge	--	20:28.91	3:40.86 (245)	8:10.07 (236)	16:48.63 (200)
190 Gavin Moore	Urbandale	--	20:28.97	3:32.37 (188)	7:55.21 (177)	16:32.08 (170)
191 Isaac Benscoter	Marshalltown	101	20:29.08	3:35.81 (208)	7:56.76 (183)	16:29.95 (167)
192 Curren Johnson	Johnston	--	20:30.05	3:13.11 (50)	7:01.09 (22)	15:55.60 (115)
193 Nathaniel Crow	Williamsburg	102	20:30.84	3:48.56 (288)	8:20.50 (275)	16:51.35 (211)
194 Skylar Gilbert-Martinez	Newton	103	20:30.95	3:33.69 (199)	8:04.24 (211)	16:41.37 (188)
195 James Porter	Bettendorf	104	20:31.97	3:37.82 (224)	8:02.43 (201)	16:44.39 (193)
196 Matthew Ulmer	Linn-Mar Marion	--	20:32.48	3:37.11 (217)	8:02.71 (204)	16:41.95 (190)
197 Asher Wood	Newton	105	20:32.50	3:27.05 (143)	7:50.14 (165)	16:52.50 (214)
198 Jamison Tressler	Cedar Falls	--	20:33.41	3:41.25 (248)	8:07.35 (231)	16:45.48 (195)
199 Luke Simmons	North Scott Eldridge	--	20:34.48	3:40.86 (244)	8:12.46 (246)	16:57.17 (220)
200 Larson De Boer	Urbandale	--	20:35.40	3:32.78 (192)	8:01.94 (200)	16:46.19 (196)
201 Mason Herrington	North Scott Eldridge	--	20:35.57	3:22.34 (102)	7:34.35 (113)	16:28.58 (166)
202 Noah Fisher	Urbandale	--	20:38.17	3:49.02 (292)	8:16.69 (266)	16:49.99 (206)
203 Ethan Boswell	Onalaska	106	20:38.51	3:32.56 (190)	7:58.80 (187)	16:48.63 (201)
204 Sam Lund	Waterloo United	107	20:39.11	3:25.02 (126)	7:44.74 (149)	16:36.10 (174)
205 Kaden Meader	Mid-Prairie Wellman	108	20:41.38	3:36.11 (210)	8:03.92 (210)	16:56.93 (219)

Athlete	Team	Score	Time	900m	2k	4k	
206	Jason Waterman	Denver	--	20:41.40	3:49.43 (295)	8:13.51 (255)	16:46.86 (197)
207	Micah Wilson	Valley Lutheran	109	20:42.00	3:36.97 (216)	8:06.69 (226)	16:47.75 (198)
208	Brenden Holschuh	Newton	110	20:42.24	3:38.98 (233)	8:06.84 (228)	16:50.10 (207)
209	Willie Zhao	Johnston	--	20:42.35	3:36.66 (213)	8:05.14 (217)	16:56.47 (216)
210	Zach Bautista	Linn-Mar Marion	--	20:42.46	3:19.88 (90)	7:45.50 (150)	16:38.76 (180)
211	Henrey Malcom	Dubuque Hempstead	--	20:43.46	3:26.58 (138)	7:42.69 (140)	16:41.70 (189)
212	Ben White	Linn-Mar Marion	--	20:45.88	3:35.06 (204)	8:01.46 (197)	16:49.13 (204)
213	Ian Landuyt	Solon	111	20:47.08	3:34.12 (200)	8:01.04 (192)	16:51.13 (210)
214	Carson Fenster	Norwalk Community	--	20:48.99	3:48.02 (284)	8:14.92 (261)	16:52.01 (212)
215	Hayden Henneberry	Solon	112	20:49.86	3:27.34 (145)	7:49.30 (160)	16:48.49 (199)
216	Hayden Steele	Norwalk Community	--	20:49.98	3:39.38 (237)	8:06.11 (223)	16:52.21 (213)
217	Cadin Herrmann	Waterloo United	113	20:50.89	3:44.95 (265)	8:19.94 (272)	17:05.11 (228)
218	Austin Soldwisch	Waverly-Shell Rock	114	20:51.28	3:23.46 (112)	7:55.47 (178)	16:58.69 (221)
219	Hunter Kauffman	Williamsburg	115	20:51.35	3:45.48 (267)	8:20.42 (274)	17:11.79 (249)
220	Nathan Schadler	Solon	--	20:53.26	3:37.28 (220)	8:06.72 (227)	17:04.07 (226)
221	Rohan Devadas	Johnston	--	20:53.72	3:36.78 (214)	8:03.67 (208)	16:49.57 (205)
222	Jake Hitchcock	Johnston	--	20:53.83	3:39.10 (235)	8:05.02 (215)	16:58.80 (222)
223	Connor McMann	North Scott Eldridge	--	20:54.95	3:37.74 (223)	8:05.13 (216)	16:56.79 (218)
224	Conner Vauthier	Denver	--	20:55.24	3:43.13 (255)	8:12.20 (245)	17:01.23 (223)
225	Luke Bullock	North Scott Eldridge	--	20:56.99	3:30.08 (166)	7:59.56 (189)	16:56.36 (215)
226	Brenner Steck	Denver	--	20:57.85	3:51.26 (316)	8:17.16 (268)	17:08.43 (235)
227	Nik Hudak	Urbandale	--	20:59.61	3:31.85 (182)	8:01.05 (193)	17:09.56 (239)
228	Kael McDaniel	Urbandale	--	21:00.45	3:50.26 (307)	8:26.90 (293)	17:24.97 (267)
229	Jacob Lyons	Denver	--	21:00.73	3:47.76 (282)	8:14.20 (258)	17:05.77 (230)
230	Connor Heuthorst	Waterloo United	--	21:02.02	3:40.62 (242)	8:14.54 (259)	17:11.12 (245)
231	William Neighbor	Bettendorf	--	21:02.39	3:47.78 (283)	8:20.28 (273)	17:16.06 (257)
232	Ian Meyer	Marshalltown	116	21:02.61	3:42.41 (252)	8:11.97 (242)	16:56.59 (217)
233	Garrett Rohden	Johnston	--	21:02.83	3:52.70 (329)	8:24.82 (286)	17:18.07 (259)
234	Brevin Kinard	Cedar Falls	--	21:03.75	3:35.34 (206)	7:59.50 (188)	17:03.05 (224)
235	Caden Beland	Cedar Falls	--	21:04.19	3:44.68 (262)	8:22.89 (282)	17:19.87 (261)
236	Reed Swartz	Marshalltown	117	21:04.52	3:38.48 (230)	8:11.55 (241)	17:06.55 (231)
237	Eli Hughes	Bettendorf	--	21:05.87	3:46.82 (273)	8:16.35 (265)	17:11.56 (247)
238	Chris O'Toole	Linn-Mar Marion	--	21:06.27	3:41.79 (251)	8:13.28 (251)	17:11.34 (246)
239	Aidan Fredericks	Johnston	--	21:06.64	3:50.57 (308)	8:30.20 (302)	17:25.60 (269)
240	Isaac Stanley	North Scott Eldridge	--	21:07.40	3:35.88 (209)	8:06.21 (224)	17:07.20 (233)
241	Kale Lyons	Denver	--	21:08.27	3:29.78 (162)	7:52.24 (172)	17:08.67 (237)
242	Ryder Schmidt	Pine Island	118	21:09.15	3:31.15 (175)	8:02.86 (205)	17:18.41 (260)
243	Osmar Morales-Perez	Sioux City North	119	21:09.58	3:37.85 (225)	8:01.66 (198)	17:08.72 (238)
244	Stephen Blom	Marshalltown	120	21:09.59	3:45.54 (268)	8:17.34 (269)	17:11.12 (244)
245	Lucas Tentinger	Linn-Mar Marion	--	21:10.22	3:40.55 (240)	8:11.48 (240)	17:11.69 (248)
246	Ericson Morris	Mount Vernon-Lisbon	--	21:10.73	3:39.99 (238)	8:10.64 (238)	17:13.10 (251)
247	Konrad Rohlf	Johnston	--	21:11.44	3:49.80 (298)	8:31.40 (304)	17:34.70 (277)
248	Amare Chavez	South Tama County Tama	--	21:12.04	3:28.04 (148)	7:51.41 (169)	17:04.81 (227)
249	Will Potter	Waverly-Shell Rock	121	21:12.25	3:30.44 (170)	8:04.94 (214)	17:07.72 (234)
250	Joel Lewis	Newton	122	21:13.08	3:19.29 (88)	7:43.47 (141)	17:09.79 (240)
251	Isaiah Mayfield	Cedar Falls	--	21:13.26	3:33.40 (198)	8:06.09 (222)	17:05.71 (229)
252	Ashton Gonnerman	Denver	--	21:13.29	3:47.58 (280)	8:14.86 (260)	17:09.85 (241)

Athlete	Team	Score	Time	900m	2k	4k	
253	Connor Martin	Cedar Falls	--	21:13.56	3:46.60 (270)	8:25.29 (288)	17:20.32 (262)
254	Grant Tack	Johnston	--	21:14.01	3:42.75 (253)	8:08.55 (235)	17:13.65 (252)
255	Elliot Walz	Sioux City North	--	21:14.72	3:48.44 (287)	8:15.32 (262)	17:11.80 (250)
256	Ty Loeffelholz	Dubuque Hempstead	--	21:15.06	3:36.85 (215)	8:10.75 (239)	17:10.51 (242)
257	Braden Stewart	Cedar Falls	--	21:15.88	3:40.56 (241)	8:07.03 (229)	17:04.00 (225)
258	Andrew Bogue	Johnston	--	21:17.08	3:53.48 (336)	8:31.46 (306)	17:30.21 (272)
259	Braeden Gierstorf	Johnston	--	21:17.41	3:49.34 (294)	8:26.88 (292)	17:25.37 (268)
260	Thomas Flynn	Mid-Prairie Wellman	123	21:20.04	3:37.99 (226)	8:08.35 (234)	17:16.00 (256)
261	William Klabunde	Waterloo United	--	21:20.22	3:51.66 (319)	8:32.45 (308)	17:34.61 (276)
262	Lawson Kane	Lake City	124	21:20.54	3:36.31 (211)	8:13.50 (253)	17:22.12 (263)
263	Sammy Labath	Linn-Mar Marion	--	21:20.57	3:31.93 (183)	8:01.38 (195)	17:14.21 (253)
264	Karter Holdridge	Bettendorf	--	21:24.66	3:47.28 (277)	8:19.90 (271)	17:15.63 (255)
265	Adam Embrock	Sioux City North	--	21:24.78	3:23.64 (115)	8:03.12 (206)	17:34.37 (274)
266	Aaron Seberger	Marshalltown	125	21:26.54	3:30.50 (171)	7:57.50 (185)	17:08.60 (236)
267	Sam Pawlowski	Urbandale	--	21:26.57	3:49.98 (302)	8:27.24 (294)	17:24.55 (266)
268	Austin Lee	North Scott Eldridge	--	21:26.86	3:30.04 (165)	7:56.31 (180)	17:06.77 (232)
269	Zach Morris	BCLUW Conrad	126	21:27.98	3:37.11 (218)	8:07.40 (232)	17:15.57 (254)
270	Jacob Drieier	Center Point-Urbana	127	21:27.99	3:52.12 (323)	8:29.51 (300)	17:37.79 (284)
271	Brayden Beck	Center Point-Urbana	128	21:28.41	3:36.32 (212)	8:01.40 (196)	17:37.36 (282)
272	Landon Stafsholt	Waterloo United	--	21:28.44	3:44.88 (264)	8:21.82 (279)	17:26.40 (270)
273	Maximo Martin Ramos	Sioux City North	--	21:30.22	3:32.37 (187)	8:03.87 (209)	17:22.67 (264)
274	Eli Weimer	Cedar Falls	--	21:30.65	3:24.42 (123)	7:53.00 (175)	17:35.65 (279)
275	Daniel Rodgers	Mid-Prairie Wellman	129	21:30.81	3:54.44 (343)	8:27.54 (296)	17:16.79 (258)
276	Gavin Boliver	Johnston	--	21:36.19	3:51.26 (317)	8:22.54 (281)	17:35.07 (278)
277	Jon Hudak	Urbandale	--	21:36.82	3:53.48 (337)	8:28.28 (298)	17:38.64 (285)
278	Isaiah Siegel	Onalaska	130	21:37.02	3:46.99 (275)	8:23.29 (284)	17:35.78 (280)
279	Connor Doyle	Cedar Falls	--	21:38.42	3:50.06 (303)	8:25.73 (290)	17:45.14 (289)
280	Braulio Esteves	Bettendorf	--	21:38.66	3:38.20 (228)	8:02.62 (202)	17:10.65 (243)
281	Alex Slaymaker	Williamsburg	131	21:41.17	3:44.75 (263)	8:20.60 (276)	17:26.82 (271)
282	James Clark	Johnston	--	21:43.41	4:04.63 (375)	8:52.07 (348)	17:51.65 (291)
283	Ryne Copple	Norwalk Community	--	21:43.80	3:51.02 (314)	8:31.41 (305)	17:30.72 (273)
284	Cameron White	Johnston	--	21:44.31	3:53.01 (331)	8:36.76 (319)	17:43.48 (288)
285	Spencer Eldridge	Cedar Falls	--	21:44.83	3:57.87 (356)	8:40.80 (332)	17:54.63 (294)
286	Angel Vasquez-Galvez	Waterloo United	--	21:45.56	3:46.76 (272)	8:23.10 (283)	17:37.47 (283)
287	Jay Helton	Marshalltown	--	21:47.18	3:40.70 (243)	8:13.82 (257)	17:36.62 (281)
288	Isaac Simmons	North Scott Eldridge	--	21:47.86	3:41.15 (246)	8:12.08 (243)	17:34.55 (275)
289	Josiah Howland	Norwalk Community	--	21:50.97	3:48.74 (290)	8:22.21 (280)	17:39.97 (287)
290	Andrew Stultz	Mid-Prairie Wellman	132	21:51.74	4:07.28 (394)	8:54.22 (351)	17:55.68 (296)
291	Jeremiah Milam	Lake City	133	21:54.26	3:30.55 (172)	8:04.73 (213)	17:24.34 (265)
292	Brody Cash	Solon	--	21:55.56	3:53.86 (340)	8:44.28 (336)	18:01.35 (302)
293	Teague Krob	Mount Vernon-Lisbon	--	21:56.33	4:05.65 (383)	8:54.74 (352)	18:02.27 (303)
294	Bryce Buchanan	Onalaska	134	21:56.39	3:54.50 (344)	8:42.54 (334)	18:02.65 (305)
295	DW Beltz	Valley Lutheran	135	22:00.32	3:53.14 (332)	8:38.74 (327)	17:58.10 (299)
296	Daniel Bonilla	Urbandale	--	22:02.07	3:54.12 (341)	8:39.30 (329)	18:02.49 (304)
297	Sam Sparks	Urbandale	--	22:03.50	3:55.46 (347)	8:40.48 (330)	18:06.26 (308)
298	Alex Cullum	Bettendorf	--	22:05.16	4:05.19 (380)	9:09.26 (389)	18:21.67 (332)
299	Mikolai Patterson	Cedar Falls	--	22:06.19	3:47.08 (276)	8:24.94 (287)	18:16.25 (323)

Athlete	Team	Score	Time	900m	2k	4k	
300	Jacob Donaldson	Mid-Prairie Wellman	136	22:08.84	3:55.28 (346)	8:40.80 (331)	17:57.61 (298)
301	Geno Delpreore	Assumption Davenport	--	22:09.85	3:47.74 (281)	8:38.20 (325)	18:11.34 (312)
302	Omar Castanon	South Tama County Tama	--	22:10.18	3:31.95 (184)	8:12.56 (247)	17:39.69 (286)
303	Lucas Bantz	Marshalltown	--	22:11.25	3:47.40 (278)	8:29.10 (299)	17:59.56 (300)
304	Samuel O'Hair	Cedar Falls	--	22:11.67	3:50.88 (313)	8:35.33 (313)	17:54.13 (292)
305	Conner Brooks	Bettendorf	--	22:14.23	3:53.68 (339)	8:33.84 (310)	17:57.15 (297)
306	Elliot Olsen	Cedar Falls	--	22:14.55	3:58.19 (359)	8:50.64 (347)	18:16.39 (325)
307	Samuel Gentz	Center Point-Urbana	137	22:14.67	3:46.88 (274)	8:32.88 (309)	18:12.96 (315)
308	Carlos Morales	Linn-Mar Marion	--	22:15.00	3:46.60 (271)	8:29.91 (301)	18:05.27 (306)
309	Cayden Holst	Norwalk Community	--	22:16.16	4:03.18 (368)	8:49.80 (346)	18:09.68 (311)
310	Gabe Holden	Waverly-Shell Rock	138	22:16.32	3:35.60 (207)	8:15.36 (263)	17:48.43 (290)
311	Kevyn Calderon	Sioux City North	--	22:17.61	3:38.92 (232)	8:16.14 (264)	17:54.44 (293)
312	Ben Bloxham	Pine Island	139	22:19.19	3:41.53 (249)	8:19.29 (270)	17:55.50 (295)
313	Jack Cockayne	Bettendorf	--	22:20.08	3:52.44 (325)	8:48.69 (345)	18:16.97 (326)
314	Richard Mansour	Johnston	--	22:20.15	3:49.68 (296)	8:26.48 (291)	18:06.95 (309)
315	Patrick Kohnlein	North Scott Eldridge	--	22:21.93	3:52.56 (326)	8:35.81 (315)	18:12.57 (314)
316	Quinn Borkgren	Center Point-Urbana	140	22:25.66	3:58.25 (360)	8:45.25 (339)	18:19.88 (329)
317	Mason Schaack	North Scott Eldridge	--	22:26.76	3:52.32 (324)	8:36.14 (317)	18:12.12 (313)
318	Grant Porter	North Scott Eldridge	--	22:27.06	3:53.22 (333)	8:36.86 (320)	18:14.32 (318)
319	Harrison Oswald	Newton	141	22:27.89	3:42.78 (254)	8:21.79 (278)	18:00.77 (301)
320	Chris Paulson	Cedar Falls	--	22:28.68	4:04.68 (376)	8:57.25 (357)	18:09.60 (310)
321	Anderson Block	Cedar Falls	--	22:29.40	3:57.65 (354)	8:47.75 (343)	18:21.74 (333)
322	Leo Braun	Marshalltown	--	22:29.91	3:48.24 (286)	8:34.13 (312)	18:15.75 (321)
323	Blake Glennon	Johnston	--	22:32.23	3:53.36 (334)	8:37.60 (324)	18:15.69 (320)
324	Enrique Anaya	South Tama County Tama	--	22:33.36	3:23.38 (111)	8:03.46 (207)	18:18.84 (327)
325	Isaac Pence	Cedar Falls	--	22:34.43	3:50.66 (310)	8:34.08 (311)	18:13.60 (317)
326	Bodi Horton	Pine Island	142	22:35.56	4:06.41 (387)	9:01.00 (366)	18:20.18 (330)
327	Jackson Alexman	Linn-Mar Marion	--	22:35.70	3:44.09 (258)	8:27.24 (295)	18:15.30 (319)
328	Alex Donaldson	Valley Lutheran	143	22:38.01	3:49.86 (299)	8:27.82 (297)	18:06.11 (307)
329	Mason Kotlarz	Waverly-Shell Rock	144	22:38.23	3:51.72 (320)	8:58.25 (360)	18:33.80 (341)
330	Hayden Wildman	Linn-Mar Marion	--	22:38.28	3:50.20 (305)	8:42.21 (333)	18:23.82 (335)
331	Tsion Bird	Waverly-Shell Rock	145	22:38.38	4:05.33 (381)	9:04.00 (375)	18:37.35 (344)
332	Nate Powers	Urbandale	--	22:38.50	3:38.64 (231)	8:12.75 (249)	18:12.97 (316)
333	Jonathan Kramer	Johnston	--	22:39.25	3:51.92 (322)	8:37.54 (323)	18:19.14 (328)
334	Laken Zanker	South Hamilton Jewell	146	22:39.36	3:43.21 (256)	8:21.30 (277)	18:15.81 (322)
335	Jett Didelot	Dubuque Hempstead	--	22:40.24	4:09.42 (406)	9:05.65 (379)	18:29.55 (338)
336	Sebastian Guitierrez	Marshalltown	--	22:45.08	3:51.16 (315)	8:37.31 (322)	18:24.01 (336)
337	Jack Brooks	Johnston	--	22:46.01	3:57.03 (351)	8:52.22 (349)	18:30.73 (339)
338	Eli McGee	Johnston	--	22:46.85	4:04.75 (377)	9:04.62 (377)	18:44.18 (352)
339	Brayden Moore	South Hamilton Jewell	147	22:47.88	4:08.75 (403)	8:56.24 (356)	18:41.35 (350)
340	Gavin Haroldson	Sioux City North	--	22:49.57	3:59.58 (362)	9:00.67 (364)	18:38.26 (346)
341	Eli Ralston	South Hamilton Jewell	148	22:51.29	4:02.01 (367)	8:57.92 (359)	18:35.28 (342)
342	Caleb Andersen	Waterloo United	--	22:51.40	4:06.97 (393)	9:15.25 (396)	18:54.27 (366)
343	Dylan Anderson	Urbandale	--	22:52.64	3:59.57 (361)	9:02.96 (372)	18:45.66 (356)
344	Matthew Frenz	Lake City	149	22:52.94	3:52.82 (330)	8:46.81 (341)	18:44.94 (354)
345	Noah Baxa	Bettendorf	--	22:53.43	4:06.71 (389)	9:09.21 (388)	18:36.56 (343)
346	Brandon Ness	Johnston	--	22:53.69	4:05.02 (378)	8:52.88 (350)	18:20.98 (331)

Athlete	Team	Score	Time	900m	2k	4k	
347	Mateo Holcomb	Urbandale	--	22:54.34	3:53.40 (335)	8:30.34 (303)	18:23.16 (334)
348	Ben Perreault	Pine Island	150	22:54.62	3:48.18 (285)	8:35.81 (314)	18:16.38 (324)
349	Kaden Badura	Waverly-Shell Rock	151	22:55.69	4:05.57 (382)	9:05.69 (380)	18:37.67 (345)
350	Evzen Meza	Solon	--	22:56.38	4:09.10 (405)	9:10.58 (391)	18:49.26 (362)
351	Jacob Smith	Newton	--	22:56.55	3:49.72 (297)	8:38.22 (326)	18:32.09 (340)
352	Trey Druvenga	Dike-New Hartford	--	22:57.42	3:55.59 (348)	8:59.94 (363)	18:47.99 (360)
353	Carson Anton	Cedar Falls	--	22:58.84	3:49.86 (300)	8:25.35 (289)	18:26.91 (337)
354	Ryan O'Hara	Lake City	152	22:59.85	3:52.62 (327)	8:46.87 (342)	18:44.70 (353)
355	Evan Strand	Linn-Mar Marion	--	23:04.59	3:41.57 (250)	8:36.63 (318)	18:40.53 (349)
356	Carson Wirtz	Cedar Falls	--	23:05.40	4:06.77 (390)	9:08.85 (386)	18:46.36 (358)
357	Sawyer Hough	Mid-Prairie Wellman	153	23:06.57	4:05.13 (379)	9:04.26 (376)	18:40.41 (348)
358	Alex Christ	Cedar Falls	--	23:06.83	3:44.10 (259)	8:31.84 (307)	18:53.96 (365)
359	Hayden Palmer	Linn-Mar Marion	--	23:07.64	3:51.86 (321)	8:44.64 (337)	18:42.67 (351)
360	Jack Pieters	Cedar Falls	--	23:07.75	4:06.16 (384)	9:02.50 (368)	18:48.06 (361)
361	Paul Murty	BCLUW Conrad	154	23:08.23	4:14.42 (419)	9:18.74 (400)	18:46.32 (357)
362	Dagen Henzen	Denver	--	23:11.17	4:04.43 (374)	8:57.66 (358)	18:45.34 (355)
363	Morgan Andre	Waterloo United	--	23:11.51	3:53.54 (338)	8:44.86 (338)	18:39.50 (347)
364	Jackson Hudson	Pine Island	155	23:14.95	4:06.89 (392)	9:02.73 (371)	18:59.32 (369)
365	Jefferson Roberts	Cedar Falls	--	23:16.38	4:06.59 (388)	9:08.95 (387)	18:58.20 (368)
366	Preston Martens	Bettendorf	--	23:20.16	3:56.89 (350)	8:56.10 (355)	18:51.68 (363)
367	Kager Kremer	Marshalltown	--	23:21.47	4:07.73 (396)	9:07.91 (385)	19:00.15 (370)
368	Owen Miller	Marshalltown	--	23:24.86	3:57.49 (353)	8:55.78 (354)	19:05.59 (374)
369	Seth Hansen	Cedar Falls	--	23:25.15	3:44.15 (260)	8:45.39 (340)	19:14.66 (378)
370	Nils Olson	Lake City	156	23:25.53	3:52.62 (328)	8:48.35 (344)	18:47.67 (359)
371	Connor Fencil	Valley Lutheran	157	23:26.14	3:45.21 (266)	8:35.90 (316)	18:52.80 (364)
372	Archer LaRue	Pine Island	158	23:30.57	3:54.64 (345)	8:38.76 (328)	18:54.62 (367)
373	Bronson Schueth	Sioux City North	--	23:32.50	4:00.75 (364)	9:05.72 (381)	19:11.56 (377)
374	Kyran Stanfield	Marshalltown	--	23:33.79	3:50.84 (312)	8:37.26 (321)	19:00.49 (371)
375	Vincent Sacco	Cedar Falls	--	23:34.12	4:10.01 (409)	9:20.26 (401)	19:05.16 (373)
376	Angel Mendez	Sioux City North	--	23:37.01	4:08.92 (404)	9:06.93 (383)	19:06.23 (375)
377	Joshua Janni	Johnston	--	23:41.33	4:13.69 (417)	9:24.50 (406)	19:25.04 (385)
378	Cole Walter	Newton	--	23:45.60	3:27.24 (144)	8:23.78 (285)	19:01.37 (372)
379	Henry Morgan	Pine Island	--	23:45.83	4:06.83 (391)	9:02.64 (370)	19:16.23 (379)
380	Carson Snyder	Marshalltown	--	23:50.77	4:03.98 (371)	9:11.01 (394)	19:20.20 (381)
381	Rowan Miller	Cedar Falls	--	23:50.93	4:01.73 (366)	8:59.29 (361)	19:07.37 (376)
382	German Llorente	Sioux City North	--	23:51.90	4:08.31 (398)	9:07.85 (384)	19:24.67 (384)
383	Logan Odekirk	Waterloo United	--	23:52.65	3:58.01 (357)	9:02.51 (369)	19:26.41 (386)
384	Joshua Stade	Clayton Ridge Guttenberg	--	23:52.91	3:59.74 (363)	9:00.94 (365)	19:20.06 (380)
385	Ben Tentinger	Linn-Mar Marion	--	23:54.30	4:16.01 (423)	9:36.30 (421)	19:38.04 (394)
386	Eli Newland	Norwalk Community	--	23:55.49	4:09.70 (408)	9:12.66 (395)	19:26.67 (387)
387	Evan Felton	Linn-Mar Marion	--	23:56.13	4:10.80 (412)	9:25.45 (408)	19:37.78 (393)
388	Zach Post	Center Point-Urbana	159	23:56.19	4:13.07 (416)	9:27.78 (411)	19:21.29 (382)
389	Jonah Rowland	Johnston	--	23:57.31	4:15.05 (421)	9:26.22 (410)	19:28.62 (388)
390	Aidan Carlson	Lake City	160	24:00.26	4:01.00 (365)	9:22.98 (404)	19:30.90 (390)
391	Colin Cummins	Newton	--	24:03.41	4:07.78 (397)	9:15.72 (397)	19:29.84 (389)
392	Lane Tarbill	South Hamilton Jewell	161	24:04.65	4:08.49 (400)	9:17.66 (398)	19:42.27 (396)
393	Emmett Beach	South Hamilton Jewell	162	24:06.97	4:08.63 (402)	9:04.94 (378)	19:22.39 (383)

Athlete	Team	Score	Time	900m	2k	4k	
394	Kenny Chartier	Newton	--	24:09.57	3:58.11 (358)	9:06.29 (382)	19:48.04 (399)
395	Jacob Christen	Marshalltown	--	24:09.85	4:03.98 (372)	9:18.44 (399)	19:52.08 (401)
396	Michael Taggart	Pine Island	--	24:13.34	4:10.80 (411)	9:25.30 (407)	19:42.43 (397)
397	Ian Ressler	Solon	--	24:14.77	4:17.17 (425)	9:32.70 (413)	19:48.22 (400)
398	Parker Gooding	Marshalltown	--	24:18.83	4:06.41 (386)	9:22.43 (403)	19:57.32 (404)
399	Nate Rabenhorst	Denver	--	24:21.55	4:04.35 (373)	9:03.99 (374)	19:57.21 (403)
400	Aidan Kenaga	Cedar Falls	--	24:22.76	4:09.55 (407)	9:23.86 (405)	19:39.20 (395)
401	Riley Tigges	Dubuque Hempstead	--	24:24.00	4:40.98 (438)	10:06.00 (429)	20:06.29 (407)
402	Gavin Ridge	Onalaska	163	24:25.74	3:55.72 (349)	8:54.82 (353)	20:02.30 (406)
403	Bodie Wheeler	Johnston	--	24:28.66	4:03.45 (369)	9:09.76 (390)	19:44.76 (398)
404	Jonathan Stanley	Johnston	--	24:31.00	4:03.60 (370)	9:02.33 (367)	19:31.90 (391)
405	Aidan Basinger	Norwalk Community	--	24:34.15	4:34.76 (435)	10:04.76 (427)	20:08.43 (409)
406	Ethan Pham	Sioux City North	--	24:34.39	4:34.28 (434)	9:55.76 (425)	20:15.50 (413)
407	Adam Johnson	Pine Island	--	24:38.29	4:07.39 (395)	9:02.97 (373)	19:36.36 (392)
408	Xander Peterson	Denver	--	24:41.75	4:16.88 (424)	9:33.23 (415)	19:59.66 (405)
409	Bassil Elshiekh	Linn-Mar Marion	--	24:44.67	4:12.42 (414)	9:34.87 (419)	20:09.34 (410)
410	Jerry Callahan	Bettendorf	--	24:44.73	4:15.35 (422)	9:33.91 (418)	20:10.12 (411)
411	Colton Donaldson	BCLUW Conrad	164	24:46.63	3:57.73 (355)	9:10.60 (392)	19:55.68 (402)
412	Colin Yuska	Johnston	--	24:49.29	4:26.99 (429)	9:46.50 (423)	20:18.59 (414)
413	Bret Fischer	Dike-New Hartford	--	24:56.66	3:50.66 (309)	8:59.29 (362)	20:11.80 (412)
414	Mason Engle	BCLUW Conrad	165	24:57.71	3:54.12 (342)	9:10.92 (393)	20:07.90 (408)
415	Matt Mize	North Scott Eldridge	--	25:00.45	4:08.57 (401)	9:21.41 (402)	20:35.56 (420)
416	Aiden Petry	Norwalk Community	--	25:02.70	4:34.82 (436)	10:05.23 (428)	20:42.28 (422)
417	Matthew Hammerand	Urbandale	--	25:06.33	4:41.55 (439)	10:22.99 (434)	20:55.72 (424)
418	Andrew Berger	Lake City	166	25:09.11	4:10.47 (410)	9:33.75 (417)	20:33.49 (417)
419	Jeremiah Stegall	Valley Lutheran	167	25:14.21	3:48.64 (289)	8:42.90 (335)	20:31.55 (416)
420	Youssef Bouguerra	Johnston	--	25:16.79	4:14.56 (420)	9:26.04 (409)	20:31.23 (415)
421	Walker Taylor	Cedar Falls	--	25:19.89	4:12.93 (415)	9:35.83 (420)	20:48.05 (423)
422	Elliot Brown	Clayton Ridge Guttenberg	--	25:29.83	4:11.44 (413)	9:32.82 (414)	20:35.22 (419)
423	Soren Hanson	Center Point-Urbana	--	25:32.22	4:14.24 (418)	9:33.34 (416)	20:40.06 (421)
424	Shreyas Shrestha	Johnston	--	25:35.50	4:30.99 (431)	10:09.16 (430)	21:19.82 (428)
425	Jackson Mraz	Waverly-Shell Rock	168	25:39.85	4:34.04 (433)	10:14.34 (432)	21:01.86 (426)
426	John Peters	Solon	--	25:44.46	4:19.85 (427)	9:46.24 (422)	20:35.00 (418)
427	Owen Powell	North Scott Eldridge	--	26:05.02	4:06.31 (385)	9:32.02 (412)	20:57.33 (425)
428	Darwin Shollenbarger	Denver	--	26:32.77	4:30.18 (430)	9:58.64 (426)	21:12.16 (427)
429	Malachi Daringer-Wright	Waterloo United	--	26:43.63	4:18.59 (426)	9:51.34 (424)	21:32.52 (429)
430	Sawyer Danforth	Cedar Falls	--	26:49.28	4:34.04 (432)	10:15.56 (433)	21:57.18 (431)
431	Louie Fettkether	Dike-New Hartford	--	26:51.89	4:20.43 (428)	10:13.15 (431)	21:44.55 (430)
432	Michael Westendorf	Johnston	--	27:21.98	5:14.78 (444)	11:38.27 (440)	22:51.58 (433)
433	Ben Tokheim	Johnston	--	27:26.65	4:43.74 (440)	10:51.78 (438)	23:00.71 (435)
434	Tucker Wedgwood	BCLUW Conrad	169	27:29.46	4:08.37 (399)	10:23.25 (435)	23:12.83 (437)
435	Carter Enos	Norwalk Community	--	27:30.11	4:43.94 (441)	10:26.04 (436)	22:07.80 (432)
436	Elijah Bond	BCLUW Conrad	170	28:41.01	4:40.19 (437)	10:51.38 (437)	23:08.26 (436)
437	Jonathan Ebersole	South Tama County Tama	--	29:05.52	4:58.64 (442)	10:54.12 (439)	24:07.21 (438)
438	Blake Ihde	Clayton Ridge Guttenberg	--	30:29.07	5:00.55 (443)	11:54.21 (441)	24:58.20 (439)
439	Ryan VanDenover	Johnston	--	31:00.91	5:32.30 (447)	12:25.38 (444)	26:02.80 (441)
440	Kai Wernau	Pine Island	--	31:45.55	5:17.74 (445)	12:10.37 (442)	25:51.40 (440)

Athlete	Team	Score	Time	900m	2k	4k
441 Christian Cote	Pine Island	--	33:46.80	5:18.41 (446)	12:14.35 (443)	27:10.27 (442)
Weldeab Hailemichael	Sioux City North	--	DNF	3:09.00 (25)		
Ian O'Loughlin	Cedar Falls	--	DNF	3:04.06 (2)	6:53.85 (13)	22:54.61 (434)
Cooper Hardersen	Urbandale	--	DNF	3:22.29 (101)	7:36.72 (126)	
Tyler Moody	Cedar Falls	--	DNF	3:37.22 (219)	8:05.61 (220)	
Jacob Green	 Wartburg	--	DNF	6:43.49 (449)	13:58.32 (445)	
Leo Frees	Solon	--	DNF	6:03.60 (448)	14:56.24 (446)	
Jacob Regan	Center Point-Urbana	--	DNF	6:58.81 (450)	15:06.76 (447)	
Talan LaFrentz	Denver	--	DNF	21:12.65 (462)	23:13.22 (448)	
Davian Greenstreet	Sioux City North	--	DNF	3:07.97 (22)		
Jonathan Kamba Kaleka	Iowa City Liberty	--	DNF	30:14.23 (465)		
Dawson Duffloth	North Scott Eldridge	--	DNF	3:57.35 (352)		
Luke Hartman	Cedar Falls	--	DNF	16:45.47 (451)		
Chandler Hershberger	Mid-Prairie Wellman	--	DNF	17:10.80 (452)		
Thaddeus Shetler	Mid-Prairie Wellman	--	DNF	17:11.02 (453)		
Nathan Wallington	Mid-Prairie Wellman	--	DNF	17:13.82 (454)		
Emmett Swartzentruber	Mid-Prairie Wellman	--	DNF	17:15.38 (455)		
Jayse Yoder	Mid-Prairie Wellman	--	DNF	17:15.44 (456)		
Preston Yutzy	Mid-Prairie Wellman	--	DNF	17:15.77 (457)		
Sam Yoder	Mid-Prairie Wellman	--	DNF	17:16.40 (458)		
Robert Nagy	Mid-Prairie Wellman	--	DNF	17:17.08 (459)		
Mose Yoder	Mid-Prairie Wellman	--	DNF	17:17.44 (460)		
Jordan Stock	Mid-Prairie Wellman	--	DNF	17:17.91 (461)		
Beshanena Gutema	Sioux City North	--	DNF	23:25.99 (463)		
Justin Mootz	Dubuque Hempstead	--	DNF	28:40.55 (464)		

Race #7
Girls Varsity Gray 5000M
FINAL RESULTS
TEAM SCORING SUMMARY

Final Standings	Score	Total	Avg.	Division
1	Pleasant Valley	76	1:35:13	19:03
2	Dubuque Hempstead	87	1:35:33	19:07
3	Johnston	140	1:37:26	19:30
4	Solon	189	1:39:19	19:52
5	Mid-Prairie Wellman	209	1:38:41	19:45
6	Denver	226	1:39:56	20:00
7	North Scott Eldridge	247	1:40:25	20:05
8	Iowa City Liberty	262	1:39:53	19:59
9	Linn-Mar Marion	288	1:41:20	20:16
10	Spencer	297	1:41:46	20:22
11	Bettendorf	303	1:41:48	20:22
12	Indianola	304	1:42:05	20:25
13	Mount Vernon-Lisbon	343	1:43:03	20:37
14	Eau Claire Memorial	344	1:42:31	20:31
15	Visitation	372	1:43:34	20:43
16	Cedar Falls	405	1:44:40	20:56
17	Center Point-Urbana	425	1:44:48	20:58
18	Norwalk Community	428	1:44:35	20:55
19	Assumption Davenport	437	1:45:07	21:02
20	Waverly-Shell Rock	472	1:46:05	21:13
21	Williamsburg	473	1:45:56	21:12
22	Onalaska	476	1:46:06	21:14
23	Sioux City North	586	1:50:02	22:01

SPLIT SCORING SUMMARY
900M

UNOFFICIAL Standings	Score	
1	Pleasant Valley	43
2	Dubuque Hempstead	77
3	Johnston	125
4	Spencer	199
5	Solon	211
6	North Scott Eldridge	239
7	Norwalk Community	249
8	Denver	273
9	Indianola	294
10	Iowa City Liberty	308
11	Bettendorf	328
11	Linn-Mar Marion	328

UNOFFICIAL Standings		Score
13	Visitation	349
14	Center Point-Urbana	361
15	Waverly-Shell Rock	414
16	Cedar Falls	446
17	Mid-Prairie Wellman	447
18	Onalaska	451
19	Eau Claire Memorial	452
20	Mount Vernon-Lisbon	470
21	Assumption Davenport	473
22	Williamsburg	608
23	Sioux City North	619

2K

UNOFFICIAL Standings		Score
1	Pleasant Valley	41
2	Dubuque Hempstead	94
3	Johnston	134
4	Solon	197
5	North Scott Eldridge	238
6	Spencer	253
7	Indianola	281
8	Denver	282
9	Bettendorf	286
10	Iowa City Liberty	298
11	Mid-Prairie Wellman	312
12	Linn-Mar Marion	318
13	Visitation	333
14	Norwalk Community	343
15	Center Point-Urbana	400
16	Cedar Falls	406
17	Eau Claire Memorial	413
18	Waverly-Shell Rock	424
19	Mount Vernon-Lisbon	431
20	Assumption Davenport	454
21	Onalaska	455
22	Williamsburg	563
23	Sioux City North	596

4K

UNOFFICIAL Standings		Score
1	Pleasant Valley	74
2	Dubuque Hempstead	87
3	Johnston	144
4	Solon	201
5	Mid-Prairie Wellman	228

UNOFFICIAL Standings		Score
6	Denver	246
7	North Scott Eldridge	257
8	Linn-Mar Marion	269
9	Spencer	277
10	Iowa City Liberty	278
11	Indianola	298
12	Bettendorf	305
13	Eau Claire Memorial	334
14	Mount Vernon-Lisbon	355
15	Visitation	360
16	Cedar Falls	405
17	Norwalk Community	417
18	Center Point-Urbana	418
19	Assumption Davenport	436
20	Onalaska	474
21	Waverly-Shell Rock	484
21	Williamsburg	484
23	Sioux City North	584

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	900m	2k	4k	
1	Danielle Hostetler	Mid-Prairie Wellman	1	17:50.58	3:13.67 (4)	7:09.48 (1)	14:33.52 (1)
2	Grace Boleyn	Pleasant Valley	2	17:55.19	3:11.77 (1)	7:09.68 (2)	14:34.18 (2)
3	Ashlyn Keeney	Iowa City Liberty	3	18:00.28	3:11.84 (2)	7:12.36 (4)	14:46.95 (3)
4	Olivia Verde	Johnston	4	18:21.48	3:12.94 (3)	7:09.68 (3)	14:52.17 (4)
5	Julia Gehl	Dubuque Hempstead	5	18:24.97	3:17.68 (5)	7:13.52 (6)	14:56.03 (5)
6	Keelee Leitzen	Dubuque Hempstead	6	18:42.02	3:17.79 (6)	7:13.43 (5)	15:00.77 (6)
7	Lizzie McVey	Pleasant Valley	7	18:53.13	3:19.67 (11)	7:25.54 (8)	15:23.45 (8)
8	Jillian Heth	Eau Claire Memorial	8	18:54.53	3:22.84 (18)	7:24.23 (7)	15:17.06 (7)
9	Brooke O'Brien	Dubuque Hempstead	9	18:54.76	3:20.65 (14)	7:26.35 (14)	15:23.76 (9)
10	Reeve Ristau	Denver	10	18:59.95	3:20.91 (15)	7:26.26 (13)	15:24.16 (10)
11	Kora Katcher	Center Point-Urbana	11	19:03.15	3:22.17 (17)	7:28.78 (17)	15:26.77 (12)
12	Faith Nead	North Scott Eldridge	12	19:04.87	3:25.43 (26)	7:27.45 (16)	15:26.07 (11)
13	Elizabeth Jordan	Sioux City North	13	19:06.47	3:25.10 (23)	7:26.93 (15)	15:26.77 (13)
14	Breelie Mauro	Norwalk Community	14	19:16.01	3:20.06 (13)	7:26.04 (11)	15:38.46 (15)
15	Cori Mac	Iowa City Liberty	15	19:16.61	3:25.43 (25)	7:34.66 (26)	15:40.19 (16)
16	Josie Case	Pleasant Valley	16	19:18.09	3:19.57 (10)	7:25.65 (9)	15:36.38 (14)
17	Evie Henneberry	Dubuque Hempstead	17	19:23.19	3:24.91 (22)	7:33.94 (23)	15:49.51 (18)
18	Peyton Morey	Spencer	18	19:23.86	3:24.62 (20)	7:33.80 (22)	15:49.97 (20)
19	Emma Bock	Solon	19	19:26.52	3:29.97 (40)	7:40.43 (31)	15:57.49 (31)
20	Bailey Vaughan	Johnston	20	19:27.99	3:29.33 (37)	7:41.06 (34)	15:58.39 (32)
21	Lexi Minard	Pleasant Valley	21	19:28.39	3:24.65 (21)	7:33.36 (21)	15:50.38 (21)
22	Emily See	Bettendorf	22	19:28.93	3:33.48 (63)	7:42.14 (39)	15:49.64 (19)
23	Laura Swart	Mount Vernon-Lisbon	23	19:29.43	3:27.74 (33)	7:34.32 (25)	15:49.34 (17)
24	Ally Buck	Linn-Mar Marion	24	19:29.65	3:31.23 (46)	7:41.48 (35)	15:53.08 (25)

Athlete	Team	Score	Time	900m	2k	4k	
25	Elly Shipley	Linn-Mar Marion	25	19:30.59	3:32.98 (60)	7:50.49 (54)	15:52.37 (23)
26	Abigail Wharton	Johnston	26	19:30.89	3:29.84 (39)	7:43.09 (42)	15:53.19 (26)
27	Zoe Zylstra	Cedar Falls	27	19:32.93	3:26.66 (28)	7:33.22 (20)	15:52.75 (24)
28	Hannah Beintema	Bettendorf	28	19:33.24	3:27.21 (29)	7:42.75 (41)	16:01.41 (34)
29	Kayla Young	Solon	29	19:33.62	3:28.41 (36)	7:40.76 (32)	15:56.29 (28)
30	Gretchen Highberger	Pleasant Valley	30	19:37.50	3:32.81 (59)	7:44.11 (46)	15:56.63 (29)
31	Abi Roberts	Linn-Mar Marion	31	19:39.24	3:31.46 (47)	7:42.00 (37)	15:54.44 (27)
32	Amber Homan	Denver	32	19:43.22	3:32.04 (53)	7:47.99 (52)	16:03.70 (36)
33	Phoebe Shetler	Mid-Prairie Wellman	33	19:43.97	3:41.78 (109)	7:58.86 (71)	16:06.77 (39)
34	Peyton Madison	North Scott Eldridge	34	19:44.55	3:27.91 (35)	7:42.51 (40)	16:04.53 (37)
35	Bailey Boddicker	North Scott Eldridge	35	19:47.48	3:18.36 (7)	7:29.22 (18)	16:01.28 (33)
36	Emily Naughton	Indianola	36	19:51.15	3:25.11 (24)	7:37.10 (28)	16:02.44 (35)
37	Alli Thomas	Onalaska	37	19:51.20	3:31.84 (49)	7:49.74 (53)	16:16.93 (47)
38	Gracie Federspiel	Solon	38	19:51.24	3:30.26 (42)	7:43.39 (43)	16:08.87 (41)
39	Bria Martell	Pleasant Valley	39	19:54.25	3:19.99 (12)	7:26.19 (12)	15:56.98 (30)
40	Brenna Fisher	Spencer	40	19:55.91	3:21.27 (16)	7:34.20 (24)	15:50.83 (22)
41	Anna Hoffman	Mount Vernon-Lisbon	41	19:58.08	3:34.67 (74)	7:53.62 (59)	16:16.99 (48)
42	Anna Quillin	Solon	42	19:59.44	3:30.11 (41)	7:43.47 (44)	16:09.00 (42)
43	Krissy Spear	Johnston	43	20:00.40	3:29.67 (38)	7:41.86 (36)	16:06.61 (38)
44	Morgan Jennings	Assumption Davenport	44	20:01.20	3:33.02 (61)	7:43.89 (45)	16:15.93 (46)
45	Jaden Yoder	Mid-Prairie Wellman	45	20:03.20	3:43.51 (120)	8:02.73 (81)	16:21.43 (52)
46	Chloe Ristau	Denver	46	20:03.81	3:25.63 (27)	7:40.94 (33)	16:09.70 (43)
47	Aleah Tenpas	Johnston	47	20:04.41	3:18.78 (8)	7:31.68 (19)	16:15.80 (45)
48	Sophia Foad	Pleasant Valley	48	20:07.07	3:24.31 (19)	7:35.58 (27)	16:14.21 (44)
49	Jordyn Brown	Indianola	49	20:07.28	3:27.45 (31)	7:40.02 (29)	16:17.75 (49)
50	Maddie Digman	Dubuque Hempstead	50	20:07.44	3:27.59 (32)	7:46.31 (49)	16:18.89 (51)
51	Erin McQuillan	Visitation	51	20:08.58	3:35.01 (76)	7:57.90 (66)	16:24.05 (55)
52	Rachel Mandt	Cedar Falls	52	20:09.71	3:35.56 (79)	7:56.52 (62)	16:22.27 (53)
53	Lydia Sommor	Pleasant Valley	--	20:10.75	3:19.49 (9)	7:25.80 (10)	16:08.70 (40)
54	Bree Tenges	Indianola	53	20:16.74	3:35.12 (78)	7:54.15 (61)	16:26.40 (57)
55	Sydney Bochmann	Waverly-Shell Rock	54	20:17.91	3:31.98 (51)	7:40.30 (30)	16:24.38 (56)
56	Kaylee Herrig	Dubuque Hempstead	55	20:18.72	3:36.58 (83)	8:02.34 (79)	16:37.58 (61)
57	Ellie Hermiston	Dubuque Hempstead	56	20:19.19	3:27.85 (34)	7:47.09 (51)	16:18.80 (50)
58	Emrie Johnson	Mount Vernon-Lisbon	57	20:19.44	3:36.10 (81)	7:58.42 (69)	16:23.37 (54)
59	Natalie Schlichte	Dubuque Hempstead	--	20:20.62	3:27.45 (30)	7:45.72 (47)	16:28.93 (59)
60	Hailey Homan	Denver	58	20:21.46	3:46.91 (144)	8:12.02 (106)	16:41.61 (68)
61	Mitzi Evans	Mid-Prairie Wellman	59	20:24.45	3:43.22 (116)	8:01.18 (78)	16:28.23 (58)
62	Jaden Swarts	Cedar Falls	60	20:26.71	3:36.10 (82)	7:57.58 (65)	16:39.67 (65)
63	Mara Duster	Solon	61	20:27.91	3:32.33 (55)	7:53.88 (60)	16:38.26 (63)
64	Maya Williams	Bettendorf	62	20:28.09	3:33.79 (65)	7:42.06 (38)	16:42.22 (70)
65	Kaia Holtkamp	Solon	63	20:28.10	3:31.98 (52)	7:45.98 (48)	16:35.00 (60)
66	Ruth Jennings	Williamsburg	64	20:28.77	3:44.15 (124)	8:13.17 (110)	16:47.90 (73)
67	Nicole Carmona	Assumption Davenport	65	20:30.62	3:40.81 (104)	8:03.88 (83)	16:42.72 (71)
68	Elizabeth Michel	Visitation	66	20:32.27	3:36.87 (85)	7:56.72 (63)	16:39.81 (66)
69	Zada Buchholtz	Williamsburg	67	20:33.20	3:42.58 (111)	7:58.92 (73)	16:40.63 (67)
70	Emma Morey	Spencer	68	20:33.71	3:30.57 (43)	7:51.99 (58)	16:42.07 (69)
71	Aliza Edwards	Spencer	69	20:37.13	3:30.57 (44)	7:46.76 (50)	16:37.86 (62)

Athlete	Team	Score	Time	900m	2k	4k	
72	Kate Blodig	North Scott Eldridge	70	20:37.96	3:40.98 (105)	8:07.65 (93)	16:53.66 (81)
73	Abby Fleming	Mid-Prairie Wellman	71	20:38.16	3:49.23 (153)	8:11.85 (105)	16:54.13 (83)
74	Ava Kirr	Visitation	72	20:42.25	3:32.42 (56)	7:51.02 (55)	16:38.33 (64)
75	Lindsay Berg	Eau Claire Memorial	73	20:43.24	3:41.48 (108)	8:10.50 (98)	16:50.34 (75)
76	Lauryn Johannsen	Johnston	74	20:43.81	3:32.52 (58)	7:58.92 (72)	16:53.46 (79)
77	Hannah Ramsey	Iowa City Liberty	75	20:45.38	3:38.95 (93)	8:05.07 (87)	16:58.18 (85)
78	Emma Wilkerson	Center Point-Urbana	76	20:45.50	3:30.78 (45)	7:51.67 (57)	16:49.55 (74)
79	Taylor Hoger	Indianola	77	20:46.17	3:37.19 (87)	8:02.44 (80)	16:47.71 (72)
80	Malia Taylor	Iowa City Liberty	78	20:46.56	3:38.56 (91)	8:04.20 (85)	16:55.86 (84)
81	Marissa Pewe	Johnston	79	20:46.85	3:35.12 (77)	8:00.34 (76)	16:52.11 (77)
82	Laci Even	Denver	80	20:46.99	3:40.57 (101)	8:11.05 (100)	17:03.80 (96)
83	Mea Hansen	Eau Claire Memorial	81	20:47.24	3:43.87 (122)	8:12.78 (109)	16:51.02 (76)
84	Izzy Appel	Bettendorf	82	20:50.84	3:39.33 (94)	8:07.25 (92)	17:00.61 (88)
85	Elizabeth King	Eau Claire Memorial	83	20:55.26	3:42.96 (113)	8:14.42 (114)	17:01.59 (90)
86	Jillian Lonning	Onalaska	84	20:57.06	3:37.11 (86)	7:58.22 (68)	16:52.42 (78)
87	Ramey Dahlquist	Waverly-Shell Rock	85	20:57.50	3:40.32 (99)	8:11.38 (101)	17:08.55 (99)
88	Anna Besler	Dubuque Hempstead	--	20:59.36	3:33.57 (64)	7:58.76 (70)	16:53.52 (80)
89	Evelyn Hansen	Visitation	86	21:01.05	3:40.03 (97)	8:11.76 (104)	17:10.69 (103)
90	Sydney McCormick	Center Point-Urbana	87	21:01.45	3:31.84 (48)	7:59.30 (75)	17:00.40 (87)
91	Grace Collins	Johnston	--	21:02.02	3:36.79 (84)	8:04.06 (84)	17:01.59 (91)
92	Annika Poll	Mid-Prairie Wellman	88	21:02.68	3:45.64 (136)	8:10.98 (99)	17:04.31 (97)
93	Remy Sivertsen	Indianola	89	21:03.15	3:39.91 (96)	8:09.16 (95)	17:02.38 (93)
94	Brenna Bodensteiner	Waverly-Shell Rock	90	21:03.43	3:34.25 (71)	7:58.02 (67)	17:01.19 (89)
95	Madelyn Johnson	Iowa City Liberty	91	21:03.52	3:43.36 (118)	8:14.48 (115)	17:10.37 (102)
96	Abbie Moss	Mount Vernon-Lisbon	92	21:03.75	3:48.20 (148)	8:27.55 (138)	17:14.60 (108)
97	Jordyn Beck	Linn-Mar Marion	93	21:04.25	3:34.56 (73)	7:59.00 (74)	16:54.05 (82)
98	Skylar Hoffman	Assumption Davenport	94	21:04.66	3:40.70 (103)	8:11.62 (103)	17:02.11 (92)
99	Jenna Woodsmall	Johnston	--	21:07.19	3:41.40 (107)	8:12.74 (108)	17:08.79 (100)
100	Kylie Winkler	Norwalk Community	95	21:08.34	3:32.21 (54)	8:04.62 (86)	17:03.80 (95)
101	Ella Riniker	North Scott Eldridge	96	21:09.40	3:43.36 (117)	8:15.52 (118)	17:10.90 (104)
102	Emily Fenlon	Visitation	97	21:09.61	3:31.92 (50)	7:51.16 (56)	16:59.55 (86)
103	Kennedy Wendl	Norwalk Community	98	21:09.67	3:33.79 (66)	8:07.05 (91)	17:09.69 (101)
104	Evelyn Durkee	Eau Claire Memorial	99	21:10.05	3:44.99 (132)	8:17.18 (122)	17:07.90 (98)
105	Anna Mulert	Denver	100	21:10.15	3:44.67 (131)	8:15.69 (119)	17:17.82 (109)
106	Maggie Burry	Johnston	--	21:11.18	3:34.07 (70)	8:00.48 (77)	17:03.11 (94)
107	Anna Stromberg	Waverly-Shell Rock	101	21:13.66	3:34.56 (72)	8:11.44 (102)	17:20.18 (112)
108	Alexa Johnson	Spencer	102	21:15.08	3:37.31 (88)	8:14.54 (116)	17:21.10 (114)
109	Adrienne Theisen	Assumption Davenport	103	21:16.12	3:46.85 (143)	8:25.26 (134)	17:20.04 (111)
110	Kiana Vogel	Norwalk Community	104	21:20.75	3:33.79 (67)	8:07.87 (94)	17:14.38 (107)
111	MacEy Marovets	Williamsburg	105	21:22.87	3:50.82 (162)	8:31.38 (151)	17:24.15 (117)
112	Joey Werling	Indianola	106	21:23.06	3:37.86 (90)	8:09.42 (96)	17:18.17 (110)
113	Annika Kruse	Solon	107	21:23.65	3:43.09 (114)	8:18.99 (123)	17:25.05 (118)
114	Alexis Drier	Eau Claire Memorial	108	21:24.93	3:44.41 (127)	8:13.98 (112)	17:11.69 (106)
115	Kennah Block	Bettendorf	109	21:26.70	3:38.75 (92)	8:05.10 (88)	17:11.16 (105)
116	Reese Hilsenbeck	North Scott Eldridge	110	21:29.26	3:34.68 (75)	8:03.23 (82)	17:20.38 (113)
117	Aubrey Decker	Denver	111	21:30.67	3:37.79 (89)	8:09.61 (97)	17:25.93 (119)
118	Keagan Anderson	Onalaska	112	21:30.82	3:41.09 (106)	8:13.63 (111)	17:21.75 (116)

Athlete	Team	Score	Time	900m	2k	4k	
119	Ivy Hamilton	Spencer	113	21:32.13	3:35.74 (80)	8:12.28 (107)	17:27.83 (120)
120	Grace Lopez-Munoz	Visitation	114	21:35.97	3:43.95 (123)	8:15.91 (121)	17:21.14 (115)
121	Gabby Mauren	Linn-Mar Marion	115	21:36.02	3:44.29 (126)	8:24.34 (132)	17:34.97 (122)
122	Mia Duckett	Solon	--	21:37.80	3:43.75 (121)	8:21.86 (130)	17:28.31 (121)
123	Emily Bowe	Center Point-Urbana	116	21:39.69	3:46.27 (138)	8:27.12 (137)	17:41.23 (128)
124	Quinn Tice	Norwalk Community	117	21:39.89	3:33.30 (62)	8:06.39 (89)	17:35.19 (123)
125	Taylor Winegarden	Williamsburg	118	21:42.70	3:46.53 (141)	8:30.14 (146)	17:39.86 (125)
126	Rose McAtee	Solon	--	21:47.62	3:45.84 (137)	8:24.09 (131)	17:40.10 (127)
127	April Phillips	Williamsburg	119	21:48.10	3:51.24 (164)	8:33.01 (152)	17:45.87 (132)
128	Siri Anderson	Onalaska	120	21:49.65	3:42.72 (112)	8:19.84 (124)	17:39.07 (124)
129	Brooklyn Francis	Cedar Falls	121	21:51.82	3:45.32 (133)	8:21.03 (127)	17:43.05 (131)
130	Claire Farrell	Norwalk Community	122	21:56.49	3:33.96 (69)	8:06.75 (90)	17:53.17 (135)
131	Isabella Gutierrez	Onalaska	123	21:56.54	3:44.41 (128)	8:19.96 (125)	17:49.67 (134)
132	Shaye Sullivan	Linn-Mar Marion	124	21:58.85	3:43.16 (115)	8:25.55 (136)	17:47.83 (133)
133	Natalie Bemer	Williamsburg	125	21:59.39	3:45.36 (134)	8:21.41 (129)	17:40.02 (126)
134	Ashlyn Williams	Solon	--	22:04.27	3:40.17 (98)	8:14.42 (113)	17:42.52 (129)
135	Kaitlyn Knoche	North Scott Eldridge	126	22:05.10	3:46.41 (140)	8:29.22 (145)	17:59.25 (136)
136	Caity Bentley	Eau Claire Memorial	127	22:08.74	3:44.64 (130)	8:21.03 (128)	17:43.00 (130)
137	Sophie Serrano	North Scott Eldridge	--	22:09.18	3:50.53 (159)	8:31.10 (149)	17:59.26 (137)
138	Katie Oneil	Indianola	128	22:10.29	3:52.10 (168)	8:34.60 (154)	18:03.24 (142)
139	Aphraditie Hancock	Sioux City North	129	22:11.42	3:51.78 (167)	8:31.22 (150)	18:00.23 (138)
140	Sierra Snyder	Mount Vernon-Lisbon	130	22:11.90	4:01.45 (189)	8:52.12 (186)	18:08.30 (148)
141	Grace Turley	Assumption Davenport	131	22:14.40	3:39.47 (95)	8:14.82 (117)	18:02.46 (139)
142	Reagan McMenomy	Williamsburg	132	22:14.53	3:51.06 (163)	8:34.84 (155)	18:08.77 (150)
143	Amara Jones	Mid-Prairie Wellman	133	22:15.36	4:05.08 (198)	8:49.26 (179)	18:06.35 (144)
144	Sarah Defauw	Bettendorf	134	22:16.88	3:40.70 (102)	8:28.18 (139)	18:07.98 (145)
145	Madison Bockenstedt	Center Point-Urbana	135	22:17.98	3:46.35 (139)	8:28.64 (141)	18:03.01 (141)
146	Dessa Poll	Mid-Prairie Wellman	--	22:18.21	4:05.09 (199)	8:49.46 (180)	18:08.70 (149)
147	Analicia Salas	Sioux City North	136	22:18.98	3:56.26 (180)	8:45.54 (169)	18:10.39 (152)
148	Emma Meschke	Visitation	137	22:20.49	3:45.36 (135)	8:36.74 (156)	18:09.93 (151)
149	Leah Taylor	Center Point-Urbana	138	22:24.59	3:49.70 (156)	8:30.78 (147)	18:02.94 (140)
150	Emerson Quick	Assumption Davenport	139	22:27.00	3:47.03 (146)	8:28.96 (144)	18:11.19 (153)
151	Ava Wozney	Eau Claire Memorial	--	22:28.71	3:44.29 (125)	8:28.90 (143)	18:05.77 (143)
152	Greta Sieren	Mid-Prairie Wellman	--	22:29.77	4:05.74 (201)	8:49.11 (176)	18:08.17 (147)
153	Ana Olson	Spencer	140	22:31.52	3:40.41 (100)	8:25.15 (133)	18:08.03 (146)
154	Emily Bellizzi	Norwalk Community	141	22:31.98	3:48.91 (152)	8:37.12 (157)	18:12.83 (156)
155	Ava Dunkin	Denver	--	22:32.10	3:59.73 (185)	8:49.70 (181)	18:20.10 (162)
156	Jailyn Kent	Waverly-Shell Rock	142	22:32.41	3:47.21 (147)	8:34.13 (153)	18:13.43 (157)
157	Ally Garringer	Williamsburg	--	22:33.44	3:55.15 (175)	8:47.49 (173)	18:25.68 (165)
158	Abby Wall	Eau Claire Memorial	--	22:34.50	3:49.43 (154)	8:41.11 (164)	18:20.95 (163)
159	Amalie Yeates	Assumption Davenport	143	22:34.89	3:49.63 (155)	8:30.84 (148)	18:12.63 (155)
160	Mary Matthiesen	Spencer	--	22:35.43	3:42.36 (110)	8:28.38 (140)	18:12.57 (154)
161	Brie Klein	Iowa City Liberty	144	22:36.15	3:53.13 (171)	8:47.67 (174)	18:19.37 (161)
162	Maelyn Parsons	Williamsburg	--	22:37.15	3:55.29 (176)	8:47.81 (175)	18:16.65 (160)
163	Jada Hoffman	Assumption Davenport	--	22:37.35	3:46.67 (142)	8:28.76 (142)	18:13.75 (158)
164	Lainey Schreiber	Cedar Falls	145	22:38.45	3:52.64 (170)	8:40.89 (163)	18:13.84 (159)
165	Anna Buchholz	Linn-Mar Marion	146	22:38.79	3:50.53 (160)	8:42.42 (166)	18:24.88 (164)

Athlete	Team	Score	Time	900m	2k	4k	
166	Rita Sourwine	Linn-Mar Marion	--	22:41.76	3:50.47 (158)	8:43.20 (168)	18:26.82 (167)
167	Emma Smith	Waverly-Shell Rock	147	22:46.68	3:53.90 (174)	8:47.17 (172)	18:34.69 (169)
168	Grace Ceynar	Iowa City Liberty	148	22:51.17	3:43.51 (119)	8:20.38 (126)	18:40.98 (172)
169	Apryl Halsor	Cedar Falls	149	22:51.59	3:53.20 (172)	8:49.20 (177)	18:45.92 (175)
170	Ivy Reschly	Mid-Prairie Wellman	--	22:52.61	4:05.44 (200)	8:49.70 (182)	18:26.44 (166)
171	Kambree Hultquist	Mount Vernon-Lisbon	150	22:54.51	4:06.70 (206)	9:04.75 (199)	18:49.21 (177)
172	Ella Hertz	Cedar Falls	151	22:54.67	3:51.30 (165)	8:39.50 (159)	18:35.75 (170)
173	Piper Dahl	Indianola	--	22:56.38	3:50.75 (161)	8:40.67 (161)	18:31.65 (168)
174	Brooke Seeley	Norwalk Community	--	22:57.32	3:50.08 (157)	8:42.68 (167)	18:41.98 (173)
175	Ali Gonzalez	Sioux City North	152	22:57.71	4:04.27 (194)	8:56.68 (191)	18:38.83 (171)
176	Brooklyn Bullock	North Scott Eldridge	--	23:10.94	3:55.47 (177)	8:52.04 (185)	18:56.35 (182)
177	Leah Cherry	Waverly-Shell Rock	153	23:13.52	3:48.61 (150)	8:41.85 (165)	18:42.38 (174)
178	Anna Blanchard	Indianola	--	23:13.90	4:06.54 (205)	9:11.97 (205)	19:06.40 (191)
179	Jaida Wood	Norwalk Community	--	23:14.67	3:46.97 (145)	8:40.35 (160)	18:57.16 (184)
180	Anna Schuster	Assumption Davenport	--	23:14.96	4:04.79 (195)	9:08.74 (203)	19:08.55 (193)
181	Natalie Blake	Cedar Falls	--	23:15.69	3:53.45 (173)	8:49.26 (178)	18:46.52 (176)
182	Natalie Naber	North Scott Eldridge	--	23:15.88	3:55.77 (179)	8:49.89 (183)	18:50.84 (178)
183	Ellie Hinch	Bettendorf	154	23:19.89	3:48.79 (151)	8:45.54 (170)	18:52.86 (180)
184	Kiera Fonseca	Indianola	--	23:21.12	3:58.97 (184)	8:54.68 (187)	18:51.54 (179)
185	Mary-Catherine Clatworthy	Onalaska	155	23:22.23	4:00.83 (188)	8:54.96 (188)	18:59.77 (187)
186	Cece Jerome	Waverly-Shell Rock	--	23:26.15	4:05.94 (202)	9:00.42 (195)	18:57.90 (185)
187	Kaylee Olson	Sioux City North	156	23:26.64	4:04.11 (193)	8:59.17 (193)	19:03.17 (189)
188	Tori Yunggebauer	Williamsburg	--	23:28.80	4:04.97 (197)	9:05.45 (200)	19:06.24 (190)
189	Ellie Anton	Cedar Falls	--	23:31.37	3:59.73 (186)	8:55.08 (189)	19:01.97 (188)
190	Avery Sweeney	Center Point-Urbana	157	23:33.29	3:58.50 (183)	9:04.68 (198)	19:07.37 (192)
191	Amanda Scott	Bettendorf	--	23:33.78	3:48.60 (149)	8:40.82 (162)	18:55.25 (181)
192	Maya Butler	Norwalk Community	--	23:44.74	3:32.50 (57)	8:15.71 (120)	18:56.85 (183)
193	Kate McAleer	Bettendorf	--	23:46.71	4:03.02 (190)	9:07.74 (201)	19:14.75 (194)
194	Alara Running	Onalaska	158	23:48.99	4:03.53 (191)	8:56.90 (192)	19:17.15 (195)
195	Nicole Zuehl	Sioux City North	159	23:49.72	3:51.62 (166)	8:38.04 (158)	18:58.87 (186)
196	Erii Sawada	Cedar Falls	--	23:56.20	3:55.70 (178)	8:51.58 (184)	19:22.03 (197)
197	Jaide Bittinger	Waverly-Shell Rock	--	24:05.75	3:56.95 (181)	9:00.54 (196)	19:20.11 (196)
198	Lanie Schlicksup	Assumption Davenport	--	24:06.46	4:04.79 (196)	9:08.74 (202)	19:25.35 (198)
199	Alivia Sweeney	Center Point-Urbana	--	24:16.61	4:07.01 (207)	9:11.16 (204)	19:34.97 (200)
200	Victoria Schneiders	Sioux City North	160	24:17.60	4:04.08 (192)	8:59.24 (194)	19:44.93 (201)
201	Anna Vavricek	Mount Vernon-Lisbon	161	24:19.45	4:07.16 (208)	9:18.46 (208)	19:47.01 (203)
202	Arilynn Van Etten	Sioux City North	--	24:20.06	4:00.81 (187)	9:03.76 (197)	19:33.88 (199)
203	Elizabeth Rubio	Sioux City North	--	24:24.84	4:05.99 (203)	9:18.08 (206)	19:46.61 (202)
204	Lindee Rohne	Waverly-Shell Rock	--	24:48.67	4:06.34 (204)	9:18.26 (207)	19:58.45 (204)
	Sophia Dallal	Dubuque Hempstead	--	DNF	3:33.96 (68)	7:57.06 (64)	
	Tabitha Evans	Mid-Prairie Wellman	--	DNF	7:22.23 (209)	12:03.08 (209)	
	Kaylee Paul	Eau Claire Memorial	--	DNF	3:44.59 (129)	8:25.38 (135)	
	Julia Paine	Center Point-Urbana	--	DNF	3:52.30 (169)	8:47.07 (171)	
	Abby Gamble	Bettendorf	--	DNF	3:57.40 (182)	8:56.31 (190)	

Race #8**Boys Varsity Gray 5000M****FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Total	Avg.	Division
1	Sioux City North	55	1:19:30	15:54
2	Dubuque Hempstead	80	1:20:25	16:05
3	Onalaska	102	1:20:52	16:11
4	Johnston	130	1:21:37	16:20
5	Cedar Falls	155	1:22:12	16:27
6	Norwalk Community	169	1:22:52	16:35
7	Pleasant Valley	203	1:23:17	16:40
8	Urbandale	254	1:24:10	16:50
9	Waukee Northwest	258	1:24:17	16:52
10	Iowa City Liberty	259	1:24:11	16:51
11	Iowa City West	288	1:23:58	16:48
12	Linn-Mar Marion	361	1:25:26	17:06
13	Solon	413	1:26:40	17:20
14	Indianola	428	1:26:55	17:23
15	Eau Claire Memorial	429	1:26:59	17:24
16	Mount Vernon-Lisbon	441	1:27:03	17:25
17	North Scott Eldridge	443	1:27:04	17:25
18	Bettendorf	464	1:27:27	17:30
19	Waverly-Shell Rock	508	1:28:08	17:38
20	Williamsburg	573	1:29:23	17:53
21	Center Point-Urbana	596	1:30:18	18:04
22	Mid-Prairie Wellman	597	1:29:59	18:00
23	Spencer	666	1:31:38	18:20
24	Denver	675	1:31:13	18:15
25	Assumption Davenport	749	1:33:20	18:40

SPLIT SCORING SUMMARY**900M**

UNOFFICIAL Standings	Score	
1	Sioux City North	49
2	Dubuque Hempstead	78
3	Onalaska	104
4	Norwalk Community	131
5	Urbandale	154
6	Johnston	166
7	Pleasant Valley	172
8	Iowa City Liberty	254
9	Cedar Falls	265
10	Waukee Northwest	302

UNOFFICIAL Standings		Score
11	Linn-Mar Marion	316
12	Iowa City West	324
13	Indianola	363
14	Solon	387
15	North Scott Eldridge	410
16	Mount Vernon-Lisbon	413
17	Waverly-Shell Rock	537
18	Bettendorf	546
19	Eau Claire Memorial	553
20	Center Point-Urbana	565
21	Spencer	589
22	Mid-Prairie Wellman	677
23	Williamsburg	684
24	Assumption Davenport	691
25	Denver	706

2K

UNOFFICIAL Standings		Score
1	Sioux City North	43
2	Dubuque Hempstead	84
3	Johnston	104
4	Onalaska	129
5	Norwalk Community	155
6	Pleasant Valley	157
7	Cedar Falls	222
8	Urbandale	227
9	Waukee Northwest	256
10	Iowa City Liberty	292
11	Iowa City West	298
12	Linn-Mar Marion	344
13	Solon	372
14	North Scott Eldridge	397
15	Indianola	400
16	Bettendorf	477
17	Eau Claire Memorial	478
18	Mount Vernon-Lisbon	497
19	Waverly-Shell Rock	515
20	Center Point-Urbana	580
21	Williamsburg	616
22	Spencer	622
23	Mid-Prairie Wellman	654
24	Denver	686
25	Assumption Davenport	741

4K

UNOFFICIAL Standings		Score
1	Sioux City North	54
2	Dubuque Hempstead	68
3	Onalaska	112
4	Johnston	122
5	Cedar Falls	159
6	Norwalk Community	176
7	Pleasant Valley	195
8	Waukee Northwest	249
9	Iowa City West	272
10	Urbandale	274
11	Iowa City Liberty	287
12	Linn-Mar Marion	359
13	Solon	408
14	Indianola	420
15	North Scott Eldridge	431
16	Eau Claire Memorial	444
17	Mount Vernon-Lisbon	449
18	Bettendorf	482
19	Waverly-Shell Rock	505
20	Williamsburg	565
21	Center Point-Urbana	598
21	Mid-Prairie Wellman	598
23	Spencer	646
24	Denver	683
25	Assumption Davenport	752

INDIVIDUAL RESULTS

Athlete	Team	Score	Time	900m	2k	4k	
1	Alexander McKane	Iowa City West	1	15:22.84	6:13.58 (232)	2:48.85 (1)	12:28.93 (1)
2	Gabe Nash	Sioux City North	2	15:29.25	2:52.67 (24)	6:13.58 (11)	12:40.23 (4)
3	Manny Putz	Onalaska	3	15:34.39	2:49.55 (8)	6:11.05 (10)	12:42.93 (6)
4	Derek Leicht	Dubuque Hempstead	4	15:34.42	2:48.91 (2)	6:10.20 (4)	12:38.39 (2)
5	Eli Larson	Center Point-Urbana	5	15:36.65	2:49.23 (6)	6:10.61 (8)	12:43.23 (7)
6	Will Lohr	Sioux City North	6	15:40.40	2:49.15 (5)	6:09.97 (2)	12:38.54 (3)
7	Natnael Kifle	Sioux City North	7	15:40.43	2:49.05 (4)	6:10.15 (3)	12:40.23 (5)
8	Brayden Burnett	Cedar Falls	8	15:44.68	2:51.45 (11)	6:15.03 (14)	12:46.42 (8)
9	Hayden Kuhn	Linn-Mar Marion	9	15:46.19	2:51.45 (12)	6:14.75 (13)	12:48.04 (10)
10	Jaxson Plumb	Johnston	10	15:49.45	2:52.53 (23)	6:10.39 (5)	12:50.31 (12)
11	Ron Walters	Onalaska	11	15:55.29	2:49.04 (3)	6:10.72 (9)	12:48.79 (11)
12	Carter Eckhoff	Johnston	12	15:57.93	2:52.29 (19)	6:10.55 (7)	12:47.98 (9)
13	John Maloney	Dubuque Hempstead	13	15:59.71	2:51.52 (13)	6:15.67 (18)	13:00.32 (13)
14	Johnathan O'Brien	Dubuque Hempstead	14	16:04.71	2:51.53 (14)	6:15.53 (17)	13:00.32 (14)
15	Tyler Lee	Onalaska	15	16:12.00	2:50.03 (10)	6:16.93 (19)	13:10.72 (17)
16	Jacob Mumey	Pleasant Valley	16	16:12.74	2:49.92 (9)	6:13.69 (12)	13:09.23 (16)
17	Brick Kabela	Solon	17	16:15.87	2:54.99 (42)	6:23.24 (29)	13:11.29 (18)

Athlete	Team	Score	Time	900m	2k	4k	
18	Alex Horstman	Cedar Falls	18	16:17.86	2:58.17 (58)	6:28.85 (45)	13:17.05 (21)
19	Yemane Kifle	Sioux City North	19	16:18.96	2:48.91 (1)	6:10.55 (6)	13:08.58 (15)
20	Luke Knepp	Pleasant Valley	20	16:19.80	2:54.27 (38)	6:23.11 (27)	13:17.17 (22)
21	Beshanena Gutema	Sioux City North	21	16:20.39	2:51.66 (15)	6:18.79 (21)	13:22.28 (27)
22	Christian Montover	Iowa City Liberty	22	16:21.60	2:53.14 (29)	6:23.49 (30)	13:18.12 (24)
23	Caleb Kass	Dubuque Hempstead	23	16:22.34	2:51.83 (16)	6:19.34 (22)	13:16.77 (20)
24	Donovan Card	Norwalk Community	24	16:22.90	2:51.95 (18)	6:18.61 (20)	13:17.54 (23)
25	Austin Oyen	Onalaska	25	16:22.99	2:54.01 (36)	6:25.60 (34)	13:20.81 (26)
26	Brady Blean	Dubuque Hempstead	26	16:23.61	2:53.89 (35)	6:20.05 (23)	13:12.26 (19)
27	Luke Hartman	Cedar Falls	27	16:30.64	2:58.84 (71)	6:30.12 (49)	13:24.10 (33)
28	Henry Groos	Norwalk Community	28	16:30.94	2:52.39 (21)	6:23.10 (26)	13:23.55 (31)
29	Ethan Smith	Urbandale	29	16:31.50	2:53.37 (31)	6:26.57 (39)	13:27.69 (39)
30	Will Chase	Norwalk Community	30	16:31.79	2:52.45 (22)	6:22.56 (25)	13:23.10 (29)
31	Alex Wear	Johnston	31	16:33.04	2:52.73 (25)	6:15.15 (16)	13:26.17 (35)
32	Curtis Johnson	Indianola	32	16:34.65	2:49.42 (7)	6:15.06 (15)	13:22.50 (28)
33	Kon Dut	Waukee Northwest	33	16:34.85	2:53.14 (28)	6:23.23 (28)	13:20.04 (25)
34	Nick Kepford	Waverly-Shell Rock	34	16:35.22	2:52.33 (20)	6:20.76 (24)	13:28.76 (42)
35	Tommy Hensley	Urbandale	35	16:35.47	2:52.99 (27)	6:26.85 (40)	13:28.10 (41)
36	Noah Burrow	Norwalk Community	36	16:36.55	2:52.73 (26)	6:23.66 (31)	13:26.94 (37)
37	Jack Coen	Johnston	37	16:37.14	3:03.13 (117)	6:37.96 (75)	13:36.33 (47)
38	Drew Lehman	Waukee Northwest	38	16:37.45	2:56.79 (49)	6:25.69 (36)	13:26.25 (36)
39	Aidan Decker	Iowa City Liberty	39	16:37.84	2:58.43 (64)	6:34.81 (70)	13:35.04 (46)
40	Carson Lane	Johnston	40	16:38.47	2:58.61 (68)	6:28.45 (43)	13:23.81 (32)
41	Luke Crawford	North Scott Eldridge	41	16:39.05	2:58.55 (67)	6:29.75 (47)	13:23.55 (30)
42	Seth Cheney	Iowa City West	42	16:39.40	2:56.67 (48)	6:33.79 (64)	13:31.28 (43)
43	Logan Hoger	Indianola	43	16:39.41	2:57.05 (52)	6:27.61 (42)	13:27.50 (38)
44	Thaddeus Shetler	Mid-Prairie Wellman	44	16:39.43	3:01.89 (107)	6:35.99 (72)	13:33.58 (44)
45	Jake Wagner	Johnston	45	16:41.27	2:54.57 (39)	6:25.55 (33)	13:25.17 (34)
46	Gabe Hinman	Solon	46	16:42.11	2:57.51 (55)	6:30.84 (54)	13:37.43 (51)
47	Caden Noeller	Iowa City West	47	16:43.68	2:56.86 (50)	6:33.87 (65)	13:27.94 (40)
48	Blake Burnstad	Onalaska	48	16:46.38	2:56.53 (47)	6:32.12 (57)	13:37.45 (52)
49	Colin Johnson	Cedar Falls	49	16:47.22	2:58.61 (69)	6:32.50 (58)	13:36.62 (49)
50	Stephen Beaman	Johnston	50	16:47.43	2:58.35 (63)	6:33.01 (61)	13:33.88 (45)
51	Brody Lucas	Norwalk Community	51	16:49.66	2:55.47 (44)	6:30.79 (53)	13:41.29 (56)
52	Will Sylvester	Eau Claire Memorial	52	16:50.45	3:05.52 (132)	6:42.99 (98)	13:46.18 (62)
53	Gavin Denholm	Cedar Falls	53	16:50.71	2:58.85 (72)	6:33.37 (62)	13:36.58 (48)
54	Matt Bender	Pleasant Valley	54	16:53.16	2:55.26 (43)	6:25.69 (35)	13:37.36 (50)
55	Colin Hanson	Eau Claire Memorial	55	16:53.57	3:04.81 (130)	6:42.91 (96)	13:45.70 (61)
56	Tarun Vedula	Pleasant Valley	56	16:54.86	2:54.26 (37)	6:24.89 (32)	13:37.65 (53)
57	Max Sorgenfrey	Pleasant Valley	57	16:55.47	2:55.58 (45)	6:30.53 (51)	13:40.36 (54)
58	Blake Smith	Urbandale	58	16:55.84	2:53.62 (32)	6:30.17 (50)	13:45.54 (60)
59	Marcus Leitzen	Dubuque Hempstead	59	16:58.05	2:53.71 (33)	6:26.26 (38)	13:43.45 (58)
60	Kal Hoppe	Waukee Northwest	60	16:58.88	2:56.94 (51)	6:25.75 (37)	13:44.63 (59)
61	Luke Geyer	Norwalk Community	61	16:59.34	2:58.81 (70)	6:36.13 (73)	13:48.68 (64)
62	Logan Nelson	Iowa City Liberty	62	17:01.69	3:01.00 (95)	6:34.38 (67)	13:47.50 (63)
63	Tate Severs	Johnston	--	17:01.72	2:58.35 (62)	6:32.61 (59)	13:42.49 (57)
64	Joel Bloomer	Waukee Northwest	63	17:02.42	3:02.58 (113)	6:41.33 (87)	13:50.62 (67)

Athlete	Team	Score	Time	900m	2k	4k	
65	Zack Janulewicz	Waukee Northwest	64	17:02.47	3:02.17 (110)	6:39.95 (80)	13:50.06 (65)
66	Andrew Donoho	Urbandale	65	17:02.86	2:59.27 (76)	6:42.28 (92)	13:55.55 (74)
67	Gavin Keeney	Iowa City Liberty	66	17:03.06	2:58.17 (59)	6:41.37 (89)	14:02.24 (86)
68	Kyler Peck	Urbandale	67	17:03.51	2:54.90 (41)	6:31.44 (55)	13:53.83 (72)
69	Corbin Oswald	Norwalk Community	68	17:03.97	2:57.88 (57)	6:34.18 (66)	13:53.29 (70)
70	Noah Madison	Johnston	--	17:04.87	2:58.47 (66)	6:33.57 (63)	13:53.61 (71)
71	Cole Leggett	Urbandale	69	17:06.12	2:53.25 (30)	6:29.18 (46)	13:50.54 (66)
72	Jordan Robinson	Iowa City Liberty	70	17:06.71	2:51.87 (17)	6:26.91 (41)	13:57.24 (78)
73	Nik Davis	North Scott Eldridge	71	17:06.74	2:59.15 (75)	6:29.96 (48)	13:41.09 (55)
74	Ethan Cole	Bettendorf	72	17:06.74	3:00.85 (92)	6:38.26 (76)	13:51.55 (68)
75	Chase Wakefield	Bettendorf	73	17:06.81	2:59.87 (83)	6:28.58 (44)	13:58.91 (80)
76	Ben Hanson	Norwalk Community	--	17:08.17	2:57.64 (56)	6:34.55 (68)	13:57.11 (77)
77	Evan Leggett	Urbandale	74	17:08.32	2:53.75 (34)	6:30.67 (52)	13:54.78 (73)
78	Ethan Keeney	Iowa City Liberty	75	17:08.47	3:07.28 (144)	6:52.11 (135)	14:08.35 (96)
79	Drew Johnson	Urbandale	--	17:09.02	2:55.95 (46)	6:32.80 (60)	13:55.74 (75)
80	Tyler Merhar	Waukee Northwest	76	17:12.10	3:02.93 (115)	6:40.63 (81)	13:56.64 (76)
81	Graedyn Morrissey	Linn-Mar Marion	77	17:13.27	2:59.81 (82)	6:40.97 (84)	13:57.74 (79)
82	Jose Gutierrez	Sioux City North	78	17:14.70	3:03.19 (118)	6:44.81 (108)	13:59.94 (82)
83	Harrison Garber	Williamsburg	79	17:15.37	3:07.99 (151)	6:44.06 (103)	14:03.93 (90)
84	Luke Steffen	Linn-Mar Marion	80	17:17.23	2:59.33 (78)	6:40.86 (83)	14:00.28 (84)
85	Junior Krob	Mount Vernon-Lisbon	81	17:18.19	3:01.83 (103)	6:44.54 (106)	14:00.98 (85)
86	Ethan Franklin	Norwalk Community	--	17:18.62	3:04.21 (125)	6:47.85 (118)	13:59.16 (81)
87	Joshua Burjes	Cedar Falls	82	17:19.85	2:58.45 (65)	6:31.93 (56)	13:51.93 (69)
88	Aidan Cooper	Waukee Northwest	83	17:20.17	3:00.39 (88)	6:45.11 (109)	14:04.67 (91)
89	Luke Stephens	Mount Vernon-Lisbon	84	17:20.40	3:07.98 (150)	6:58.88 (152)	14:14.01 (104)
90	Carson Sansenbach	Mount Vernon-Lisbon	85	17:20.94	2:54.58 (40)	6:42.41 (94)	14:03.24 (89)
91	Van Munson	Spencer	86	17:24.21	2:59.33 (77)	6:41.23 (86)	14:02.91 (88)
92	Rocco D'Antico	Pleasant Valley	87	17:24.53	3:00.59 (89)	6:42.06 (90)	14:07.55 (94)
93	Mason Moran	Urbandale	--	17:25.10	2:58.27 (61)	6:43.39 (100)	14:10.75 (100)
94	Kyle Duehr	Dubuque Hempstead	88	17:25.36	2:58.25 (60)	6:35.95 (71)	14:00.09 (83)
95	Xavier Potts	Bettendorf	89	17:26.15	3:00.91 (94)	6:39.65 (79)	14:07.96 (95)
96	Robert Stong	Iowa City West	90	17:26.57	2:57.26 (53)	6:37.09 (74)	14:02.58 (87)
97	Nick Wenger	Eau Claire Memorial	91	17:27.11	3:07.07 (141)	6:49.61 (123)	14:14.52 (106)
98	Quincy Happel	Mount Vernon-Lisbon	92	17:27.52	2:59.07 (74)	6:42.73 (95)	14:09.20 (98)
99	Colby Cryer	Cedar Falls	93	17:28.44	2:58.94 (73)	6:34.74 (69)	14:05.63 (93)
100	Hunter Seifrig	Indianola	94	17:30.30	3:02.17 (109)	6:47.71 (115)	14:11.04 (101)
101	Justin Mootz	Dubuque Hempstead	--	17:30.78	2:57.38 (54)	6:42.34 (93)	14:12.63 (102)
102	Tyler Tiefel	Linn-Mar Marion	95	17:30.80	2:59.48 (80)	6:40.69 (82)	14:13.50 (103)
103	Andrew Cummer	Waverly-Shell Rock	96	17:32.05	3:07.85 (149)	6:56.07 (145)	14:17.11 (116)
104	Kyle Westhoff	Cedar Falls	--	17:32.65	3:02.53 (112)	6:42.07 (91)	14:04.93 (92)
105	Devin Spahn	Dubuque Hempstead	--	17:33.08	3:03.31 (119)	6:42.91 (97)	14:15.42 (109)
106	Logan Soedt	North Scott Eldridge	97	17:34.26	3:00.31 (87)	6:40.98 (85)	14:16.28 (113)
107	Sam Rich	Williamsburg	98	17:34.67	3:06.25 (136)	6:50.36 (127)	14:09.65 (99)
108	Eli Dickson	Mount Vernon-Lisbon	99	17:35.43	3:04.60 (127)	6:51.77 (132)	14:14.14 (105)
109	Grant Wallace	Norwalk Community	--	17:36.03	3:04.81 (129)	6:47.77 (117)	14:15.36 (108)
110	Nicholas Gorsich	Linn-Mar Marion	100	17:37.73	3:01.63 (100)	6:47.97 (120)	14:16.08 (111)
111	Ethan Cozine	Linn-Mar Marion	101	17:37.73	3:00.24 (86)	6:44.35 (104)	14:18.45 (118)

Athlete	Team	Score	Time	900m	2k	4k
112 Jack Mulert	Denver	102	17:38.52	3:10.80 (172)	6:55.95 (144)	14:17.30 (117)
113 Jonathan Squires	Cedar Falls	--	17:40.34	3:00.71 (91)	6:46.53 (112)	14:16.20 (112)
114 Kaidan VanderWeele	Bettendorf	103	17:40.76	3:09.43 (160)	6:59.36 (154)	14:24.94 (128)
115 Isaiah Steele	Pleasant Valley	104	17:41.58	2:59.67 (81)	6:38.70 (77)	14:09.14 (97)
116 Alexander Baker	Urbandale	--	17:41.59	3:00.59 (90)	6:47.94 (119)	14:16.99 (115)
117 Kellan Croatt	Waukee Northwest	--	17:42.68	3:03.51 (121)	6:43.58 (101)	14:15.35 (107)
118 Michael Yeomans	Solon	105	17:43.56	3:01.88 (105)	6:44.41 (105)	14:20.07 (120)
119 Parker Dewey	Eau Claire Memorial	106	17:43.71	3:01.19 (97)	6:41.33 (88)	14:15.58 (110)
120 Wes Hulseberg	Williamsburg	107	17:44.94	3:10.47 (169)	6:55.49 (143)	14:16.58 (114)
121 Brice Wahe	Iowa City West	108	17:45.47	3:00.91 (93)	6:44.81 (107)	14:19.66 (119)
122 Klayten Perreault	Mount Vernon-Lisbon	109	17:45.99	3:05.78 (133)	6:56.75 (147)	14:24.88 (126)
123 Emmett Swartzentruber	Mid-Prairie Wellman	110	17:46.32	3:17.39 (198)	7:03.98 (169)	14:24.04 (125)
124 Gabe Cechura	Linn-Mar Marion	111	17:47.06	2:59.93 (84)	6:48.17 (121)	14:31.19 (135)
125 Cael Straley	North Scott Eldridge	112	17:47.34	3:09.08 (159)	7:00.29 (158)	14:33.21 (138)
126 Nick Rudrud	Onalaska	113	17:48.51	3:06.64 (137)	6:58.16 (148)	14:26.78 (130)
127 David Lochner	Assumption Davenport	114	17:48.73	3:04.93 (131)	6:52.07 (134)	14:25.58 (129)
128 Brendan Bakker	Linn-Mar Marion	--	17:49.54	3:03.31 (120)	6:50.45 (128)	14:21.94 (121)
129 Parker Halder	Spencer	115	17:49.84	3:04.49 (126)	6:46.74 (114)	14:24.88 (127)
130 Grant Bumsted	Solon	116	17:50.29	3:02.99 (116)	6:46.74 (113)	14:23.23 (123)
131 Salem Strohsbeen	Cedar Falls	--	17:50.47	3:11.67 (173)	7:00.86 (159)	14:33.96 (140)
132 James Dickens	Iowa City West	117	17:50.97	3:09.59 (161)	6:59.95 (155)	14:33.96 (141)
133 Jonathan Kamba Kaleka	Iowa City Liberty	118	17:51.41	3:07.35 (145)	6:52.23 (136)	14:28.27 (131)
134 Carter Hall	Mount Vernon-Lisbon	119	17:51.55	3:02.80 (114)	6:51.78 (133)	14:29.28 (133)
135 Caleb Hoins	Waverly-Shell Rock	120	17:52.29	3:03.68 (122)	6:48.36 (122)	14:22.90 (122)
136 Grady Olberding	Mount Vernon-Lisbon	--	17:52.79	3:15.63 (192)	7:10.51 (185)	14:36.47 (144)
137 Jack Abel	Iowa City Liberty	--	17:53.11	3:06.78 (138)	6:52.35 (137)	14:28.60 (132)
138 Jack Runyan	Indianola	121	17:55.48	3:02.22 (111)	6:49.61 (124)	14:32.97 (137)
139 Braeden Bohannon	North Scott Eldridge	122	17:56.45	3:08.58 (155)	7:00.93 (160)	14:34.98 (143)
140 Caden Kueker	Waverly-Shell Rock	123	17:56.72	3:10.20 (168)	6:59.04 (153)	14:29.28 (134)
141 Miles Matson	Linn-Mar Marion	--	17:56.76	3:00.05 (85)	6:43.39 (99)	14:23.96 (124)
142 Yorty Hagedorn	North Scott Eldridge	124	17:59.39	3:02.11 (108)	6:50.49 (129)	14:34.98 (142)
143 Josh DeJohn	Waukee Northwest	--	18:01.85	3:01.82 (102)	6:45.31 (111)	14:31.66 (136)
144 Owen Johnson	Eau Claire Memorial	125	18:03.61	3:07.24 (143)	6:49.87 (125)	14:41.41 (149)
145 Boden Bisgard	Iowa City Liberty	--	18:04.78	3:08.71 (157)	6:58.49 (151)	14:38.31 (146)
146 Brody Behrens	Center Point-Urbana	126	18:05.55	3:10.00 (166)	7:01.76 (164)	14:40.70 (148)
147 Thomas Hughes	Bettendorf	127	18:05.70	3:18.55 (205)	7:11.59 (188)	14:45.17 (156)
148 Casey Kirtz	Center Point-Urbana	128	18:06.41	3:09.76 (163)	7:00.25 (157)	14:43.34 (154)
149 Ty Becicka	Solon	129	18:07.76	3:01.88 (104)	6:43.68 (102)	14:33.96 (139)
150 Robert Schwan	Bettendorf	130	18:07.78	3:18.66 (206)	7:11.67 (189)	14:45.35 (158)
151 Talan LaFrentz	Denver	131	18:08.27	3:04.07 (124)	6:53.92 (140)	14:44.37 (155)
152 Logan Waters	Iowa City West	132	18:08.90	3:10.67 (170)	7:04.77 (171)	14:50.61 (166)
153 Julian Bica Harrison	Eau Claire Memorial	133	18:09.44	3:08.05 (152)	6:58.39 (150)	14:38.61 (147)
154 Ryan Heden	Bettendorf	134	18:10.32	3:19.55 (210)	7:17.01 (198)	14:50.48 (165)
155 Jack Beam	Waverly-Shell Rock	135	18:10.92	3:11.94 (177)	7:03.01 (166)	14:42.01 (152)
156 Daniel Murray	Eau Claire Memorial	136	18:12.47	3:07.67 (147)	6:54.81 (141)	14:37.98 (145)
157 Andrew Dong	Iowa City West	--	18:13.54	3:09.59 (162)	7:01.03 (161)	14:50.18 (163)
158 Preston Yutzy	Mid-Prairie Wellman	137	18:14.20	3:17.57 (200)	7:10.57 (187)	14:47.29 (160)

Athlete	Team	Score	Time	900m	2k	4k
159 Logan Piper	Indianola	138	18:14.23	3:04.00 (123)	7:01.39 (163)	14:50.41 (164)
160 Owen King	Spencer	139	18:15.30	3:01.49 (98)	6:47.71 (116)	14:42.01 (151)
161 Nate Ferguson	Solon	140	18:15.75	3:07.85 (148)	7:03.01 (167)	14:51.99 (169)
162 Tyson Haedt	North Scott Eldridge	141	18:16.10	3:01.88 (106)	6:50.21 (126)	14:42.38 (153)
163 Andrew Polgreen	Iowa City West	--	18:16.56	3:09.81 (165)	7:01.07 (162)	14:49.70 (162)
164 Zach Johnson	Dubuque Hempstead	--	18:17.20	3:04.66 (128)	6:53.91 (139)	14:45.29 (157)
165 Moustafa Tiea	Iowa City West	--	18:17.30	3:01.08 (96)	6:53.09 (138)	14:49.57 (161)
166 Isaac Mangrum	Eau Claire Memorial	--	18:17.83	3:08.27 (154)	6:58.33 (149)	14:46.28 (159)
167 Jesse DeChambeau	Onalaska	142	18:19.86	3:06.07 (135)	6:56.67 (146)	14:41.75 (150)
168 Bryson Mumm	Williamsburg	143	18:22.14	3:13.15 (181)	7:06.61 (177)	15:02.48 (178)
169 Nathan Epley	Indianola	144	18:24.11	3:08.23 (153)	7:03.58 (168)	14:52.65 (171)
170 Maxwell Schwandt	Denver	145	18:25.23	3:13.91 (185)	7:06.94 (178)	14:54.87 (173)
171 Devin Busch	Williamsburg	146	18:25.39	3:14.69 (188)	7:07.30 (179)	14:51.13 (168)
172 Will Shemick	Eau Claire Memorial	--	18:27.34	3:13.28 (182)	7:05.20 (173)	14:59.65 (177)
173 Jayden Herrmann	Denver	147	18:28.24	3:14.39 (187)	7:09.25 (182)	14:58.67 (175)
174 Trenton Iburg	Williamsburg	148	18:28.60	3:16.86 (196)	7:09.13 (181)	14:51.08 (167)
175 Trey O'Neil	Williamsburg	149	18:30.58	3:15.67 (193)	7:10.55 (186)	15:06.19 (183)
176 Dylan Duffloth	North Scott Eldridge	--	18:30.91	3:07.66 (146)	7:00.05 (156)	14:52.45 (170)
177 Neal Pinter	Denver	150	18:32.38	3:15.30 (191)	7:10.07 (183)	15:04.61 (180)
178 Ben Nydegger	Mount Vernon-Lisbon	--	18:33.69	3:22.12 (217)	7:24.36 (214)	15:15.67 (189)
179 Gage Rath	Bettendorf	--	18:33.80	3:19.15 (209)	7:16.61 (196)	15:05.53 (181)
180 Chandler Hershberger	Mid-Prairie Wellman	151	18:34.63	3:06.79 (139)	7:10.45 (184)	15:31.60 (204)
181 Sam Ross	Indianola	152	18:36.20	3:11.71 (174)	7:04.25 (170)	14:59.15 (176)
182 Tyson Baker	Iowa City Liberty	--	18:36.40	3:06.98 (140)	6:55.09 (142)	14:54.75 (172)
183 Peyton Pilgrim	Assumption Davenport	153	18:39.41	3:09.08 (158)	7:06.11 (175)	15:05.91 (182)
184 Creighton Fairley	Linn-Mar Marion	--	18:40.22	3:01.73 (101)	6:50.67 (130)	14:56.44 (174)
185 Noah Gehler	Bettendorf	--	18:41.57	3:22.66 (219)	7:20.52 (205)	15:14.49 (187)
186 Carson Haase	Denver	154	18:41.74	3:16.74 (195)	7:16.67 (197)	15:06.61 (184)
187 Nathan Wallington	Mid-Prairie Wellman	155	18:44.23	3:10.73 (171)	7:06.34 (176)	15:04.61 (179)
188 Robert Nagy	Mid-Prairie Wellman	156	18:46.47	3:17.42 (199)	7:08.87 (180)	15:12.25 (186)
189 Lawsin Sinwell	Solon	157	18:48.26	3:17.82 (201)	7:16.21 (195)	15:17.10 (190)
190 Marshall Meyer	Waverly-Shell Rock	158	18:48.69	3:22.67 (220)	7:28.67 (216)	15:27.77 (197)
191 Colin Hurt	Assumption Davenport	159	18:52.80	3:19.83 (211)	7:19.88 (204)	15:15.61 (188)
192 Colton Pilgrim	Assumption Davenport	160	18:56.31	3:12.77 (180)	7:15.35 (193)	15:27.27 (195)
193 Owen Kierscht	Spencer	161	18:59.71	3:19.07 (208)	7:21.82 (211)	15:26.76 (193)
194 Davian Greenstreet	Sioux City North	162	19:00.12	3:09.77 (164)	7:04.84 (172)	15:27.35 (196)
195 Connor Lerch	Assumption Davenport	163	19:02.44	3:24.65 (225)	7:31.67 (218)	15:36.06 (208)
196 Nate Shafer	Solon	--	19:04.05	3:13.49 (183)	7:17.23 (199)	15:30.30 (202)
197 Tyler Nels	Pleasant Valley	--	19:05.12	3:01.57 (99)	6:51.36 (131)	15:10.15 (185)
198 Jakob Kjfellberb	Indianola	--	19:05.16	3:11.86 (176)	7:12.30 (190)	15:25.01 (192)
199 Gabe Swales	Denver	164	19:05.78	3:20.68 (213)	7:23.22 (212)	15:34.79 (206)
200 Ryne Moeller	Mount Vernon-Lisbon	--	19:06.87	3:18.30 (204)	7:24.41 (215)	15:29.86 (201)
201 Jerome Hollingsworth	Spencer	165	19:08.41	3:14.77 (189)	7:21.82 (210)	15:26.81 (194)
202 Sean Moore	Assumption Davenport	166	19:10.55	3:25.36 (226)	7:32.18 (219)	15:36.19 (209)
203 Benjamin Duckett	Solon	--	19:10.66	3:13.73 (184)	7:17.27 (200)	15:33.65 (205)
204 Sam Yoder	Mid-Prairie Wellman	167	19:11.55	3:18.08 (203)	7:15.42 (194)	15:22.41 (191)
205 Robbie Dillon	Center Point-Urbana	168	19:12.71	3:10.08 (167)	7:06.04 (174)	15:29.42 (200)

Athlete	Team	Score	Time	900m	2k	4k
206 Collin Bumsted	Solon	--	19:14.63	3:14.27 (186)	7:14.39 (192)	15:28.88 (199)
207 Ryan Long	Eau Claire Memorial	--	19:15.11	3:20.87 (215)	7:23.70 (213)	15:37.29 (210)
208 Jonah Salow	Center Point-Urbana	169	19:15.73	3:14.77 (190)	7:19.15 (203)	15:28.44 (198)
209 Ethan Larson	Denver	--	19:19.46	3:17.09 (197)	7:21.77 (209)	15:35.66 (207)
210 Kadince Milder	Williamsburg	--	19:20.86	3:18.85 (207)	7:21.63 (207)	15:44.88 (212)
211 Isaac Larson	Center Point-Urbana	170	19:23.41	3:24.00 (223)	7:35.02 (221)	15:48.05 (213)
212 Kaiden Power	North Scott Eldridge	--	19:25.61	3:12.58 (179)	7:02.35 (165)	15:42.33 (211)
213 Jake Buchholtz	Williamsburg	--	19:33.35	3:16.41 (194)	7:14.14 (191)	15:31.32 (203)
214 Noah Goeken	Spencer	171	19:35.59	3:22.44 (218)	7:31.47 (217)	16:06.03 (216)
215 Gavin Barry	Waverly-Shell Rock	172	19:48.96	3:23.87 (222)	7:42.37 (226)	16:11.77 (217)
216 Caleb Wilshusen	North Scott Eldridge	--	19:51.07	3:12.52 (178)	7:18.43 (202)	16:00.87 (215)
217 Alex Baldwin	Spencer	173	19:59.38	3:24.12 (224)	7:40.80 (224)	16:13.47 (218)
218 Jayse Yoder	Mid-Prairie Wellman	--	19:59.93	3:17.93 (202)	7:21.35 (206)	15:58.21 (214)
219 Will Gerhold	Center Point-Urbana	174	20:15.01	3:21.61 (216)	7:33.10 (220)	16:19.81 (219)
220 Mose Yoder	Mid-Prairie Wellman	--	20:25.21	3:26.97 (229)	7:43.10 (227)	16:30.07 (220)
221 Evan Gluba	Assumption Davenport	175	20:30.26	3:26.52 (228)	7:40.66 (223)	16:31.05 (221)
222 Jordan Stock	Mid-Prairie Wellman	--	20:30.65	3:20.74 (214)	7:40.82 (225)	16:44.63 (223)
223 James DeSmet	Center Point-Urbana	--	20:44.77	3:20.21 (212)	7:43.45 (228)	16:43.49 (222)
224 Michael Lochner	Assumption Davenport	--	21:31.50	3:30.56 (230)	8:00.91 (230)	17:19.60 (224)
225 Jace Fullhart	Spencer	--	21:42.82	3:23.62 (221)	7:48.09 (229)	17:29.45 (225)
Collin Duax	Assumption Davenport	--	DNF	3:08.71 (156)	7:18.20 (201)	
Cameron Gotto	Pleasant Valley	--	DNF	2:59.43 (79)	6:38.74 (78)	
Andrew Miller	Pleasant Valley	--	DNF	3:05.79 (134)	6:45.19 (110)	
Yasin Gishe	Sioux City North	--	DNF	3:56.07 (231)		
Bradley Jones	Center Point-Urbana	--	DNF	3:11.82 (175)	7:21.69 (208)	
Chris Moore	Assumption Davenport	--	DNF	3:25.81 (227)	7:40.42 (222)	
Weldeab Hailemichael	Sioux City North	--	DNF	3:07.08 (142)	8:08.38 (231)	