

## Parenting Classes

Try a FREE Love and Logic<sup>©</sup>
Parenting Class and learn how to make parenting less stressful and chaotic, and more enjoyable!

## EVENING CLASS (Birth to 6yrs)

Thursdays, 5:30-7:30pm
Trinity Reformed Church
Supper for families and childcare provided at no cost
January 20-February 24 (6 weeks)

## MEET AND EAT (All ages)

Tuesdays, 12:00–1:00pm (flexible)
Pizza Ranch
Pizza lunch provided for adults at no cost

Childcare provided at no cost at 2nd Reformed Church January 18-April 12 (12 weeks)

Go to www.familiesfirstofpella.org to register.











## FAQ

What can I expect at a class?
-Classes include watching videos, completing exercises in a workbook and optional discussion. The authors use storytelling, with lots of humor, to teach the techniques.

Do I have to attend with my children or significant other?
-All are welcome! Singles, couples, families, just moms, just dads, etc.

I have taken the class before.

May I take it again?

-Yep! Parenting creates

constantly evolving challenges.

Is this just for parents with young children?
-Love and Logic works for children of all ages, and it is never too late to start!