

2023 PC Coed Invitational - 4/11/2023

4/11/2023

Results

Girls 100 Meter Dash

	Name	School	Finals	
Finals				
1	Van Wyk, Meredith	PELC	13.30	10
2	Seehase, Calli	ADM , Adel	13.43	8
3	Dufoe, Josi	ADM , Adel	13.45	6
4	Reynolds, Delanie	PELL	13.55	5
5	Moore, Molly	CEN	13.80	4
6	Tollari, Aniston	ADM , Adel	x13.89	
7	Raub, Taliyah	CEN	14.02	3
8	Renaud, Mollie	PELL	14.12	2
9	Rausch, Olivia	COMI	14.21	1
10	Hay, Morgan	LYNS	14.56	
11	Wagamon, Aliya	EBF	14.83	
12	Shannon, Addison	PCM , Monroe	14.89	
13	Fagg, Lexi	PCM , Monroe	14.92	
14	Ritzert, Ellison	PELC	14.93	
15	Van Wyk, Allie	LYNS	14.97	
16	Nelson, Faith	PLEA	14.97	
17	Roberts, Hollie	EBF	15.02	
18	Schmitz, Kylee	EBF	x15.27	
19	Boualavong, Leah	PELL	x15.53	
20	Smith, Azell	PLEA	15.71	
21	Klaasen, Alexa	PELC	x15.73	
22	Klein, Hailey	PLEA	x15.75	
23	Vautier, Leane	PCM , Monroe	x16.13	
24	Rozendaal, Corrina	LYNS	x16.46	
25	Taylor, Katie	CEN	x16.72	

Girls 200 Meter Dash

	Name	School	Finals	
Finals				
1	Dufoe, Josi	ADM , Adel	27.23	10
2	Seehase, Calli	ADM , Adel	27.44	8
3	Tollari, Aniston	ADM , Adel	x27.94	
4	Hackman, Marissa	PELL	J28.32	5
4	Long, Kamryn	PELL	J28.32	6
6	Lindsay, Tori	PCM , Monroe	28.67	4
7	Boender, Amelia	PELC	29.40	3
8	Phipps, Aariah	PLEA	29.76	2
9	Bennett, Ryan	PCM , Monroe	30.21	1
10	Klyn, Whitney	EBF	30.38	
11	Arnevik, Alaina	CEN	30.49	
12	Veenstra, Cara	PELC	30.59	
13	Fagg, Lexi	PCM , Monroe	x30.86	
14	Wagamon, Aliya	EBF	30.91	
15	Hay, Morgan	LYNS	31.13	
16	Roberts, Alaina	LYNS	31.21	
17	Rowson, Madilyn	PLEA	31.42	
18	Klaasen, Alexa	PELC	x32.61	
19	Mason, Lillian	PLEA	x32.81	
20	Galeazzi, Faith	PELL	x33.04	
21	Pfannebecker, Ava	CEN	33.28	
22	Taylor, Katie	CEN	x34.23	

Girls 400 Meter Dash

	Name	School	Finals	
Finals				
1	Vos, Bailey	PELC	1:00.26	10
2	DeBoef, Anna	PELC	1:05.18	8
3	Teagarden, Abby	PELL	1:05.25	6
4	Morse, Brecken	ADM , Adel	1:05.42	5
5	Wogen, Emerson	PELL	1:06.15	4
6	Huyser, Tatum	LYNS	1:06.50	3
7	Koonce, Tiffani	PCM , Monroe	1:08.47	2
8	Glenn, Kaitlynn	EBF	1:08.94	1
9	Siefken, Madison	ADM , Adel	1:10.52	
10	Davis, Elle	PCM , Monroe	1:13.07	
11	Eastlick, Ava	EBF	1:14.64	
12	Ebelsheiser, Cora	PELL	x1:14.68	
13	Roberts, Natalie	LYNS	1:17.22	
14	Van Ness, Addie	PLEA	1:18.92	

Girls 800 Meter Run

	Name	School	Finals	
Finals				
1	Trine, Jacie	PELL	2:30.21	10
2	Schroeder, Macy	PELL	2:31.18	8
3	Sutton, Mackealin	ADM , Adel	2:37.28	6
4	Jager, Abby	EBF	2:39.33	5
5	Bogaards, Abbey	PELL	x2:41.07	
6	James, Haley	ADM , Adel	2:41.10	4
7	Steenhoek, Paige	PCM , Monroe	2:42.88	3
8	Alberts, Elise	LYNS	2:49.99	2
9	Popp, Ella	ADM , Adel	x2:50.30	
10	Strode, Layla	CEN	3:01.19	1
11	Chavarria, Adriana	PLEA	3:13.10	
12	Fikse, Laura	LYNS	3:14.60	
13	Van Utrecht, Caroline	EBF	3:14.77	
---	Seuferer, Peyton	PLEA	DQ	
---	True, Makayla	PCM , Monroe	DQ	

Girls 1500 Meter Run

	Name	School	Finals	
Finals				
1	Snieder, Raegan	PELL	5:15.00	10
2	Teeter, Abi	PCM , Monroe	5:28.00	8
3	Smock, Greenlee	LYNS	5:29.00	6
4	Paulsen, Tess	PELL	5:35.00	5
5	Nelson, Alaina	ADM , Adel	5:39.00	4
6	Mattes, Paige	ADM , Adel	5:43.00	3
7	De Boef, Emma	PELC	5:45.00	2
8	Boonstra, Sophia	PELL	x5:48.00	
9	Hayward, Claire	EBF	6:00.00	1
10	Schmales, Julia	PELC	6:02.00	
11	Miller, Rhyann	ADM , Adel	x6:10.00	
12	True, Makayla	PCM , Monroe	6:12.00	
13	Seaman, Kayleigh	PLEA	6:20.00	
14	Morrison, Lillyann	EBF	6:25.00	
---	Norrish, Olivia	LYNS	DQ	

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Girls 3000 Meter Run

Name	School	Finals
Finals		
1 Ferebee, Marissa	PELL	11:02.82 10
2 Smock, Greenlee	LYNS	12:05.31 8
3 James, Haley	ADM , Adel	12:06.20 6
4 Boonstra, Sophia	PELL	13:04.01 5
5 Hayward, Claire	EBF	13:42.60 4
6 Miller, Rhyan	ADM , Adel	14:15.81 3
7 Horgen, Evelyn	ADM , Adel	x14:26.78

Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Karr, Morgan	PCM , Monroe	15.84 10
2 Shafer, Molly	EBF	16.05 8
3 Underwood, Carley	COMI	17.05 6
4 Pleima, McKenna	COMI	17.54 5
5 Coghlan, Elise	ADM , Adel	17.66 4
6 Taylor, Lacey	EBF	18.35 3
7 Park, Danika	PLEA	18.45 2
8 Case, Lauren	ADM , Adel	18.57 1
9 Riddick, Aaliyah	PELL	18.77
10 Young, Brianna	ADM , Adel	x19.18
11 Van Wyk, Allie	LYNS	19.27
12 Lyon, Chloe	EBF	x19.38
13 Brand, Abbie	PELL	19.51
14 Hay, Morgan	LYNS	20.93
15 Clark, Ella	PLEA	21.07
16 Harthoorn, Kate	LYNS	x21.18
17 Vautier, Leane	PCM , Monroe	21.36

Girls 400 Meter Hurdles

Name	School	Finals
Finals		
1 Shafer, Kate	EBF	1:10.02 10
2 James, Madi	ADM , Adel	1:10.03 8
3 Coghlan, Elise	ADM , Adel	1:13.27 6
4 Schmitz, Maddie	PELL	1:13.97 5
5 Taylor, Lacey	EBF	1:13.98 4
6 Nelson, Haley	ADM , Adel	x1:16.01
7 Lyon, Chloe	EBF	x1:17.01
8 Steenhoek, Addison	PCM , Monroe	1:19.89 3
9 Foley, London	PLEA	1:21.98 2
10 Tuller, Kylie	PCM , Monroe	1:22.00 1

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Adm, Adel	A	49.76 10
2 Pella	A	51.31 8
3 Pcm, Monroe	A	52.22 6
4 Pleasantville	A	53.04 5
5 Pella Christian	A	53.58 4
6 Lynnville-Sully	A	54.09 3

7 Colfax-Mingo	A	54.64 2
8 Centerville	A	54.79 1
9 Adm, Adel	B	x55.26
10 Eddyvl-Blakes/F	A	55.36
11 Pcm, Monroe	B	x55.94
12 Eddyvl-Blakes/F	B	x56.16
13 Pleasantville	B	x57.85
14 Lynnville-Sully	B	x1:00.71
15 Pella	B	x1:02.76

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Adm, Adel	A	1:47.06 10
2 Pleasantville	A	1:54.30 8
3 Pella Christian	A	1:57.25 6
4 Pella	A	J2:00.53 4
4 Eddyvl-Blakes/F	A	J2:00.53 5
6 Centerville	A	2:01.87 3
7 Pcm, Monroe	A	2:02.18 2
8 Lynnville-Sully	A	2:05.17 1
9 Adm, Adel	B	x2:08.82
10 Eddyvl-Blakes/F	B	x2:09.13
11 Pella	B	x2:10.57
12 Pleasantville	B	x2:13.73
13 Lynnville-Sully	B	x2:13.93

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Eddyvl-Blakes/F	A	4:05.78 10
2 Adm, Adel	A	4:12.68 8
3 Pella Christian	A	4:16.69 6
4 Pella	A	4:31.50 5
5 Pcm, Monroe	A	4:40.79 4
6 Lynnville-Sully	A	4:43.81 3
7 Pleasantville	A	4:46.13 2

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Adm, Adel	A	10:27.60 10
2 Pella	A	10:54.99 8
3 Pcm, Monroe	A	10:55.01 6
4 Lynnville-Sully	A	11:32.19 5
5 Eddyvl-Blakes/F	A	11:55.13 4

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Pella Christian	A	1:54.74 10
2 Pella	A	1:55.85 8
3 Adm, Adel	A	1:56.69 6
4 Eddyvl-Blakes/F	A	1:58.40 5
5 Adm, Adel	B	x2:04.87
6 Pleasantville	A	J2:05.61 3

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Finals ... (Girls 800 Sprint Medley)

Team	Relay	Finals
6 Lynnville-Sully	A	J2:05.61 4
8 Pcm, Monroe	A	2:05.62 2
9 Pella Christian	B	x2:09.02
10 Eddyvl-Blakes/F	B	x2:09.12
11 Pleasantville	B	x2:09.98
12 Pella	B	x2:10.42
13 Centerville	A	2:12.34 1
14 Pcm, Monroe	B	x2:12.80
15 Centerville	B	x2:21.15

Girls Distance Medley

Team	Relay	Finals
1 Eddyvl-Blakes/F	A	4:27.46 10
2 Pella	A	4:28.08 8
3 Adm, Adel	A	4:45.59 6
4 Lynnville-Sully	A	4:48.28 5
5 Pella Christian	A	4:54.18 4
6 Pcm, Monroe	A	5:11.01 3
7 Pleasantville	A	5:12.50 2
8 Centerville	A	5:32.33 1

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
1 Pcm, Monroe	A	1:09.56 10
2 Eddyvl-Blakes/F	A	1:13.70 8
3 Adm, Adel	A	1:13.89 6
4 Pleasantville	A	1:13.92 5
5 Colfax-Mingo	A	1:15.31 4
6 Pella	A	1:17.49 3

Girls High Jump

Name	School	Finals
1 Warmuth, London	ADM , Adel	J5-06.00 10
1 Shafer, Molly	EBF	J5-06.00 8
3 Veenstra, Cara	PELC	5-00.00 6
4 Arnevik, Alaina	CEN	J4-10.00 5
4 Tauke, Kelsey	PELL	J4-10.00 3
4 Wagamon, Aliya	EBF	4-10.00 4
7 Huyser, Tatum	LYNS	J4-08.00 1
7 Roundcount, Madelyn	ADM , Adel	J4-08.00 2
9 Barrett, Ayla	PCM , Monroe	4-06.00
9 Furnal, Lauren	PLEA	4-06.00
11 Schulte, Lyndi	PELL	4-04.00
--- Cunningham, Caylee	COMI	DQ
--- Fikse, Laura	LYNS	DQ
--- Pfannebecker, Ava	CEN	DQ

Girls Long Jump

Name	School	Finals
1 Crannell, Makayla	ADM , Adel	16-11.00 10

2 Hackman, Marissa	PELL	15-06.50 8
3 Tauke, Kylie	PELL	15-05.75 6
4 Blackford, Alex	PLEA	15-01.00 5
5 Mason, Lillian	PLEA	14-01.25 4
6 Nikkel, Chloe	PELC	14-00.50 3
7 Troster, Lauryn	ADM , Adel	J13-08.50 1
7 Moore, Molly	CEN	J13-08.50 2
9 Jager, Abby	EBF	13-06.50
10 Fagg, Lexi	PCM , Monroe	13-05.00
11 Nikkel, Makayla	PELC	13-04.00
12 Boyer, Hailey	EBF	13-02.00
13 Roberts, Alaina	LYNS	13-00.00
14 Klyn, Whitney	EBF	x12-08.50
15 Buckingham, Alyssa	PCM , Monroe	12-01.50
16 Fikse, Laura	LYNS	12-00.50
17 Rozendaal, Corrina	LYNS	x11-10.75
18 Hindley, Maggie	CEN	11-03.75
19 Ritter, Shelbi	CEN	x10-04.50
--- Tollari, Aniston	ADM , Adel	DQ

Girls Shot Put

Name	School	Finals
1 Gallaher, Rylee	PCM , Monroe	35-03.50 10
2 Stanford, Kennedy	ADM , Adel	34-00.50 8
3 Storck, Nicole	ADM , Adel	x32-05.00
3 Hagedorn, Lauren	ADM , Adel	32-05.00 6
5 Thompson, Maggie	PELL	32-03.00 5
6 Meyer, Katelyn	PELL	32-00.50 4
7 Grove, Elyse	EBF	31-09.50 3
8 George, Rachel	CEN	30-05.00 2
9 Champoux, Cooper	EBF	30-01.50 1
10 Muck, Rylie	PCM , Monroe	27-11.00
11 Squires, Abby	LYNS	27-06.50
12 Thompson, Candace	PELL	x27-03.00
13 VanEllen, Allison	PLEA	27-01.50
14 Ray, Ella	EBF	x26-05.50
15 Greiner, Chloe	PCM , Monroe	x26-04.00
16 Roberts, Abby	LYNS	24-05.00
17 Veenstra, Caitlin	PELC	24-02.50
18 Cisler, Abbie	CEN	23-07.00
19 Wood, Tylie	LYNS	x20-06.50
20 Anthony, Olivia	PLEA	19-06.00
21 Hodnefield, Emma	PLEA	x19-03.00

Girls Discus Throw

Name	School	Finals
1 Hagedorn, Lauren	ADM , Adel	114-06 10
2 Banse, Addison	ADM , Adel	108-03 8
3 Storck, Nicole	ADM , Adel	x105-07
4 Thompson, Maggie	PELL	94-08 6
5 Gallaher, Rylee	PCM , Monroe	84-10 5
6 Hiemstra, Emmy	PLEA	82-11 4
7 Anthony, Olivia	PLEA	82-00 3
8 Veenstra, Caitlin	PELC	80-03 2

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Finals ... (Girls Discus Throw)

Name	School	Finals
9 Greiner, Chloe	PCM , Monroe	78-07 1
10 Cutler, Olivia	PELL	75-04
11 Helle, Joeley	PELL	x71-05
12 Muck, Rylie	PCM , Monroe	x71-03
13 Squires, Abby	LYNS	69-10
14 Roberts, Abby	LYNS	69-06
15 Ray, Ella	EBF	67-07
16 Grove, Elyse	EBF	64-08
17 George, Rachel	CEN	62-04
18 Champoux, Cooper	EBF	x58-11
19 Cisler, Abbie	CEN	54-04
20 Smith, Alison	PLEA	x49-01
21 Wood, Tylie	LYNS	x47-08

Boys 100 Meter Dash

Name	School	Finals
1 Kacmarynski, Isaac	PELC	11.62 10
2 Lohmann, Zach	ADM , Adel	11.69 8
3 Nikkel, Luke	PELC	11.79 6
4 Richardson-Williams, Jamaul	ADM , Adel	11.87 5
5 Noun Harder, Corder	LYNS	11.94 4
6 Clement, Ryan	PLEA	11.97 3
7 Jones, Evan	PCM , Monroe	11.99 2
8 Padget, Carter	ADM , Adel	x12.22
9 Hol, Ethan	PELL	12.24 1
10 Diers, Emmanuel	PELL	12.29
11 McCrea, Russell	EBF	12.44
12 Roff, Logan	PLEA	12.67
13 Campbell, Donterio	EBF	12.71
14 Jungling, Jack	PCM , Monroe	12.73
15 Nikkel, CJ	LYNS	13.28
15 Nolin, Allias	PCM , Monroe	x13.28
17 Tuller, Garrett	EBF	x13.57
18 Van Gorp, Alex	PELC	x13.93
19 Johnson, Kendric	LYNS	x14.14
20 Clark, Lincoln	CEN	15.28
21 Barth, Greger	CEN	16.23
22 Treimer, Isaac	PELL	x18.55
--- Bethel, Tristan	CEN	DQ
--- Mesecher, Trey	PLEA	xNo Data

Boys 200 Meter Dash

Name	School	Finals
1 Flora, Aiden	ADM , Adel	23.06 10
2 Lohmann, Zach	ADM , Adel	23.13 8
3 Maston, Conner	LYNS	23.31 6
4 Mullens, Harry	PELL	23.84 5
5 Kitzinger, Jacob	ADM , Adel	x24.30
6 Shetterly, Bailey	PELL	24.56 4
7 Webster, Vinny	EBF	24.86 3
8 Nunnikhoven, Logan	PELC	24.94 2
9 Clement, Ryan	PLEA	25.02 1

10 Stephens, Ross	PLEA	25.33
11 Burns, Carter	PCM , Monroe	25.39
12 Burkhart, Daulton	EBF	26.20
13 White, Jack	CEN	26.58
14 Dunsbergen, Ethan	LYNS	26.99
15 LaRue, Grant	EBF	x27.16
16 Nolin, Allias	PCM , Monroe	27.24
17 Utech, Davis	LYNS	x29.42
18 Van Gorp, Alex	PELC	32.25
19 Spaur, Talyn	PLEA	x32.50

Boys 400 Meter Dash

Name	School	Finals
1 Maston, Conner	LYNS	50.74 10
2 Mullens, Harry	PELL	52.66 8
3 Van Hauen, Trey	PELL	53.13 6
4 Rynearson, Brayden	ADM , Adel	53.42 5
5 Ritzert, Peyton	PELC	53.97 4
6 Major, Peyton	PLEA	55.34 3
7 Nunnikhoven, Noah	PELC	55.67 2
8 Forgy, Cameron	ADM , Adel	56.28 1
9 Stephens, Connor	CEN	57.70
10 Nickel, Trevor	PLEA	57.83
11 Baase, Rylan	ADM , Adel	x58.49
12 White, Jack	CEN	58.65
13 Brown, Chris	PCM , Monroe	59.31
14 LaRue, Grant	EBF	59.55
15 Dunsbergen, Ethan	LYNS	59.64
16 Calhoun, Nathan	EBF	59.72
17 Miller, Mitchell	LYNS	x1:01.95
18 Shannon, Harlan	PCM , Monroe	1:02.24
19 Buys, Jacob	PCM , Monroe	x1:08.48

Boys 800 Meter Run

Name	School	Finals
1 Lauman, Chase	PELL	1:57.32 10
2 Dunham, Canaan	PELL	2:03.90 8
3 Landphair, Hunter	ADM , Adel	2:09.19 6
4 Gaulke, Mason	PELL	x2:10.03
5 Cadwell, Ely	PELC	2:13.49 5
6 Gosselink, Terran	LYNS	2:16.95 4
7 Morningstar, Zach	LYNS	2:19.09 3
8 Kuhnen, Kurt	PLEA	2:19.58 2
9 Shull, Hudson	ADM , Adel	2:21.14 1
10 Deraad, Coby	PCM , Monroe	2:21.92
11 Hall, Robbie	ADM , Adel	x2:22.51
12 DeRaad, Brevin	PCM , Monroe	2:29.42
13 Brown, Chris	PCM , Monroe	x2:30.01
14 Walker, Noah	EBF	2:30.19
15 Fulmer, Morrison	PLEA	2:32.03
16 Short, Aiden	CEN	2:45.68

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Boys 1600 Meter Run

	Name	School	Finals	
Finals				
1	Vander Waal, Nathan	PELL	4:33.08	10
2	Timmerman, Torin	ADM , Adel	4:49.18	8
3	Holdmeyer, Shay	ADM , Adel	4:50.75	6
4	Van Wyngarden, Kaden	PELC	4:50.92	5
5	Neumann, Zack	PELL	4:53.06	4
6	Schuknecht, Noah	PELL	x4:53.20	
7	Lowry, Hendrick	LYNS	4:54.69	3
8	Seddon, Sam	EBF	5:01.78	2
9	Meinders, Sawyer	PELC	5:01.80	1
10	Thill, Ryder	PLEA	5:12.11	
11	Mellin, Jake	EBF	5:20.33	
12	Gosselink, Ben	PELC	x5:20.48	
13	Smith, Noah	ADM , Adel	x5:48.44	
14	Spooner, Michael	LYNS	5:52.15	
15	Messerli, Gage	PCM , Monroe	6:08.14	
16	Vannoy, Wyatt	PCM , Monroe	6:12.77	

Boys 3200 Meter Run

	Name	School	Finals	
Finals				
1	Lauman, Chase	PELL	9:39.44	10
2	Dunham, Canaan	PELL	9:41.56	8
3	Vander Waal, Nathan	PELL	x10:09.17	
4	Timmerman, Torin	ADM , Adel	10:16.59	6
5	Holdmeyer, Keegan	ADM , Adel	11:19.15	5
6	Morningstar, Zach	LYNS	11:20.48	4
7	Chapman, Issac	ADM , Adel	x11:25.56	
8	Gosselink, Ben	PELC	11:37.30	3
9	Deraad, Coby	PCM , Monroe	12:01.80	2
10	Tuller, Jackson	EBF	13:24.58	1
11	Messerli, Gage	PCM , Monroe	13:36.81	

Boys 110 Meter Hurdles

	Name	School	Finals	
Finals				
1	Fenton, Gavin	PCM , Monroe	15.79	10
2	Fairchild, Luke	PELL	15.86	8
3	Huyser, Cor	PELL	16.26	6
4	McCrea, Russell	EBF	16.43	5
5	Shetterly, Levi	PELL	x16.72	
6	Krantz, Luke	ADM , Adel	17.27	4
7	Nish, Cameron	ADM , Adel	17.46	3
8	Kitzinger, Jacob	ADM , Adel	x17.56	
9	McCrea, Thomas	EBF	17.88	2
10	Sandifer, Clayton	EBF	x17.95	
11	Larson, Austin	LYNS	18.89	1
12	Winters, Jake	PCM , Monroe	19.63	
13	Bethel, Tristan	CEN	19.80	

Boys 400 Meter Hurdles

	Name	School	Finals	
Finals				
1	Gruver, James	LYNS	56.69	10
2	Kier, Keaton	ADM , Adel	58.81	8
3	Nunnikhoven, Noah	PELC	59.89	6
4	Kitzinger, Joseph	ADM , Adel	59.96	5
5	Olson, Griffin	PCM , Monroe	1:00.24	4
6	Cook, Caleb	PLEA	1:01.67	3
7	Shetterly, Levi	PELL	1:03.55	2
8	Vanderhoff, Andrew	PELL	1:03.71	1
9	Padget, Carter	ADM , Adel	x1:05.20	
10	McCrea, Thomas	EBF	1:05.69	
11	Lechtenberg, Euan	CEN	1:05.94	
12	Deal, Connor	LYNS	1:07.24	
13	Spaur, Gavin	EBF	1:07.34	
14	Larson, Austin	LYNS	x1:07.90	

Boys 4x100 Meter Relay

	Team	Relay	Finals	
Finals				
1	Pella	A	43.03	10
2	Adm, Adel	A	44.65	8
3	Pella Christian	A	44.74	6
4	Lynnville-Sully	A	45.03	5
5	Pcm, Monroe	A	45.62	4
6	Adm, Adel	B	x46.14	
7	Pleasantville	A	46.68	3
8	Eddyvl-Blakes/F	A	46.84	2
9	Pcm, Monroe	B	x48.60	
10	Centerville	A	49.57	1
11	Centerville	B	x52.66	
12	Pleasantville	B	x52.95	
13	Eddyvl-Blakes/F	B	x53.12	
14	Lynnville-Sully	B	x56.60	

Boys 4x200 Meter Relay

	Team	Relay	Finals	
Finals				
1	Pella	A	1:30.57	10
2	Lynnville-Sully	A	1:36.00	8
3	Pcm, Monroe	A	1:36.06	6
4	Adm, Adel	A	1:36.97	5
5	Pleasantville	A	1:39.52	4
6	Pcm, Monroe	B	x1:40.11	
7	Adm, Adel	B	x1:40.21	
8	Eddyvl-Blakes/F	A	1:40.95	3
9	Pella Christian	A	1:42.56	2
10	Lynnville-Sully	B	x1:44.64	
11	Centerville	A	1:48.38	1
12	Eddyvl-Blakes/F	B	x1:49.64	
13	Centerville	B	x1:57.60	
---	Pleasantville	B		DQ

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Results

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	3:28.79 10
2 Adm, Adel	A	3:29.82 8
3 Pella Christian	A	3:41.86 6
4 Lynnville-Sully	A	3:43.00 5
5 Pleasantville	A	3:43.49 4
6 Pcm, Monroe	A	3:49.27 3
7 Eddyvl-Blakes/F	A	3:54.11 2
8 Pcm, Monroe	B	x3:57.38

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Pella	A	8:47.64 10
2 Pella Christian	A	8:59.10 8
3 Adm, Adel	A	9:17.57 6
4 Eddyvl-Blakes/F	A	9:30.14 5
5 Pcm, Monroe	A	9:37.24 4
6 Pleasantville	A	9:47.26 3
7 Lynnville-Sully	A	10:26.08 2

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Pella	A	1:36.22 10
2 Lynnville-Sully	A	1:37.46 8
3 Adm, Adel	A	1:37.56 5.5
3 Pella Christian	A	1:37.56 5.5
5 Eddyvl-Blakes/F	A	1:43.62 4
6 Pleasantville	A	1:44.53 3
7 Pcm, Monroe	A	1:44.85 2
8 Adm, Adel	B	x1:45.02
9 Centerville	A	1:48.97 1
10 Lynnville-Sully	B	x1:50.67
10 Pcm, Monroe	B	x1:50.67
12 Centerville	B	x1:54.05

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Pella	A	4:01.04 10
2 Eddyvl-Blakes/F	A	4:01.31 8
3 Adm, Adel	A	4:01.69 6
4 Pcm, Monroe	A	4:03.09 5
5 Lynnville-Sully	A	4:04.03 4
6 Pella Christian	A	4:11.45 3
7 Centerville	A	4:29.59 2
8 Pleasantville	A	4:29.60 1

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Pella	A	1:02.85 10
2 Pcm, Monroe	A	1:04.81 8

3 Eddyvl-Blakes/F	A	1:05.46 6
4 Adm, Adel	A	1:07.93 5
5 Pleasantville	A	1:09.99 4
6 Lynnville-Sully	A	1:14.96 3
7 Centerville	A	1:15.49 2

Boys High Jump

Name	School	Finals
Finals		
1 Maston, Conner	LYNS	5-10.00 10
2 Chapman, Kyler	ADM , Adel	J5-08.00 6
2 Grasty, Will	ADM , Adel	J5-08.00 8
4 Wagaman, Chase	PCM , Monroe	5-06.00 5
5 Rea, Caleb	LYNS	5-04.00 4
6 Kier, Keaton	ADM , Adel	x5-02.00
6 Bouwkamp, Sawyer	PCM , Monroe	5-02.00 2
6 Moorman, Drennan	CEN	5-02.00 2
6 Fuller, Drew	PELL	5-02.00 2

Boys Long Jump

Name	School	Finals
Finals		
1 Nikkel, Luke	PELC	20-00.00 10
2 Diers, Emmanuel	PELL	19-09.50 8
3 Shetterly, Bailey	PELL	18-09.75 6
4 Bowlin, Jack	LYNS	18-02.00 5
5 VanGorp, Gavin	PCM , Monroe	18-01.50 4
6 Hughes, Blake	EBF	18-00.00 3
7 Engleman, Grant	ADM , Adel	17-06.00 2
8 Kitzinger, Joseph	ADM , Adel	17-04.50 1
9 Walston, Gentry	LYNS	17-03.50
10 Volk, Caleb	PELC	16-07.25
11 Johnson, Kendric	LYNS	x15-09.25
12 Webster, Vinny	EBF	14-09.00
13 Clark, Lincoln	CEN	14-00.00
14 Richardson-Williams, Jamaul	ADM , Adel	x12-06.75
--- Bingham, Carter	PLEA	DQ
--- Mesecher, Trey	PLEA	DQ
--- Weeks, Bain	CEN	DQ
--- Rosol, Ander	CEN	DQ

Boys Shot Put

Name	School	Finals
Finals		
1 Veenstra, Trevor	PELC	54-03.00 10
2 King, Hanson	PELL	53-07.50 8
3 Fischer, Brandon	PELL	52-03.00 6
4 Benetti, Vince	ADM , Adel	45-10.00 5
5 Hickey, Drew	ADM , Adel	43-08.50 4
6 Gard, Ben	ADM , Adel	x43-01.00
7 George, Daniel	CEN	42-06.00 3
8 Clark, Kaden	PCM , Monroe	41-06.00 2
9 Squires, Kyle	LYNS	41-00.00 1
10 Lyon, Dylan	EBF	40-02.00
11 Cisler, Brady	CEN	39-06.50
12 Bussan, Mark	PCM , Monroe	38-09.00

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Results

Finals ... (Boys Shot Put)

Name	School	Finals
13 James, Dawson	LYNS	38-02.00
14 Vos, Isaac	LYNS	x38-00.00
15 Roberts, Nathan	EBF	36-11.00
16 Greiner, Joel	PCM , Monroe	x36-04.50
17 Swanson, Alex	PLEA	36-02.50
18 Schulte, Braden	PELL	x35-00.00
19 Hampton, Elijah	CEN	x34-10.00
20 Mann, Wyatt	PLEA	33-10.00
21 Ver Ploeg, Spencer	PELC	32-01.00
22 Schrader, Xavier	PLEA	x31-02.00
23 Sandeen, Logan	EBF	x28-08.50
24 Groenenboom, Ezra	PELC	x26-11.00

Men - Team Rankings - 19 Events Scored	
1) Pella	207
2) ADM, Adel	167.5
3) Pella Christian	102.5
4) Lynnville-Sully	100
5) PCM, Monroe	65
6) Eddyvl-Blakes/F	49
7) Pleasantville	34
8) Centerville	13

Boys Discus Throw

Name	School	Finals
1 Fischer, Brandon	PELL	177-05 10
2 Veenstra, Trevor	PELC	175-03 8
3 King, Hanson	PELL	164-08 6
4 Gard, Ben	ADM , Adel	135-04 5
5 Hickey, Drew	ADM , Adel	124-07 4
6 Roberts, Nathan	EBF	122-03 3
7 Benetti, Vince	ADM , Adel	x116-04
8 Clark, Kaden	PCM , Monroe	113-02 2
9 George, Daniel	CEN	112-01 1
10 Taylor, Jackson	EBF	111-00
11 Cisler, Brady	CEN	103-02
12 Ver Ploeg, Spencer	PELC	96-09
13 Ver Ploeg, Isaac	LYNS	95-07
14 Gift, Gage	PELL	x94-01
15 Hampton, Elijah	CEN	x92-06
16 Mann, Wyatt	PLEA	91-09
17 Fallis, Matt	PLEA	91-02
18 Bussan, Mark	PCM , Monroe	90-04
19 Olivier, Nataniel	PLEA	x88-09
20 Lyon, Dylan	EBF	x84-09
21 Greiner, Joel	PCM , Monroe	x79-11
22 Bell, Oliver	PELC	x67-08
23 Squires, Ben	LYNS	59-07
--- Mathis, Wyatt	LYNS	DQ

Women - Team Rankings - 19 Events Scored

1) ADM, Adel	193
2) Pella	157
3) Eddyvl-Blakes/F	94
4) PCM, Monroe	81
5) Pella Christian	74
6) Pleasantville	47
7) Lynnville-Sully	41
8) Centerville	23
9) Colfax-Mingo	18