

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

Boys 100 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Gruver, Quinn	Pella	11.39	11.10	2	10
2 Hochstein, Landon	Norwalk	12.10	11.55	2	8
3 Daniel, Noah	Fort Dodge	11.71	11.86	2	6
4 Brown, Michael	Ames	12.01	11.87	2	4
5 Myers-Zimmermann, Omario	Fort Dodge	11.91	12.00	2	2
6 Johnson, Roman	Ames		12.02	1	1
7 Lorton, Tate	Indianola	12.54	12.03	1	
8 Diers, Emmanuel	Pella	11.98	12.04	2	
9 Frederick, Trent	Norwalk	12.20	12.11	1	
10 Wilbur, Peyton	Indianola	12.31	12.30	1	
11 Miller, Cole	Bond-Farrar	12.46	12.44	1	
12 Reha, Adler	Bond-Farrar	14.04	13.69	1	
-- Sutcliffe, Isaac	Norwalk B	12.20	X11.77	2	
-- Merriman, Tanner	Norwalk B	12.10	X11.83	2	

Boys 200 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
1 Shetterly, CJ	Pella	22.79	22.71	2	10
2 Robbins, Eli	Norwalk B	24.68	22.95	2	8
3 Gruver, Quinn	Pella	23.07	23.14	2	6
4 Carlson, Braeden	Norwalk	23.40	23.63	2	4
5 Merriman, Tanner	Norwalk	23.50	24.12	2	2
6 Dodson, James	Bond-Farrar	23.70	24.22	2	1
7 Bradley, Nick	Indianola	25.70	24.87	1	
8 Lorton, Tate	Indianola	24.95	25.04	1	
9 Frederick, Trent	Norwalk B	24.00	25.11	2	
10 Fried, Jaxson	Bond-Farrar	24.70	25.30	1	
-- Atack, Diing	Ames	26.49	DQ	1	
-- Casey, Robert	Ames	24.38	DQ	2	

Boys 400 Meter Dash Varsity

Name	Year School	Seed	Finals	H#	Points
1 Mullens, Harry	Pella	52.06	52.46	2	10
2 Aldamak, Ahmed	Ames	54.45	54.34	2	8
3 Wacha, Camden	Ames	55.14	54.82	2	6
4 Bush, Xavier	Norwalk	54.88	54.89	2	4
5 Frost, Mason	Bond-Farrar	57.94	56.13	1	2
6 Obrecht, Carter	Bond-Farrar	55.98	56.98	2	1
7 Guely, Wyatt	Indianola	57.62	58.50	1	
8 Browne, Devon	Pella	59.89	1:01.68	1	
9 Kunze, Kaiden	Norwalk	54.14	1:03.43	2	
-- Ubben, Alex	Norwalk B	55.21	X55.48	2	
-- Roche, Daniel	Norwalk B	56.00	X57.29	2	

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

Boys 800 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Neumann, Zack	Pella	2:19.14	2:16.59	10
2 Flores, Luka	Norwalk	2:18.00	2:17.28	8
3 Oswald, Corbin	Norwalk	2:16.00	2:19.60	6
4 Westcott, Draven	Indianola	2:16.00	2:20.50	4
5 Lyman, Gavin	Bond-Farrar	2:21.08	2:21.18	2
6 Clark, Morgen	Pella	2:19.13	2:21.70	1
7 Schmesier, Martin	Bond-Farrar	2:28.83	2:27.46	
-- Wadle, Kale	Norwalk B	2:26.56	X2:20.72	
-- Wilkening, Brady	Norwalk B	2:22.24	X2:22.25	

Boys 1600 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Lauman, Chase	Pella	4:17.24	4:16.11	10
2 Anania, Tony	Norwalk	4:29.85	4:28.80	8
3 Dunham, Canaan	Pella	4:31.46	4:29.40	6
4 Card, Donovan	Norwalk	4:31.39	4:30.99	4
5 Anderson, Erik	Ames	4:42.35	4:44.79	2
6 Crespi, Grant	Ames	4:47.68	4:51.87	1
7 Rieck, Jack	Bond-Farrar	5:26.08	5:20.50	
8 Eivins, David	Bond-Farrar	5:45.35	5:39.26	
-- Groos, Henry	Norwalk B	4:50.00	X4:50.07	
-- Wallace, Grant	Norwalk B	4:55.00	X4:53.25	

Boys 3200 Meter Run Varsity

Name	Year School	Seed	Finals	Points
1 Vander Waal, Nathan	Pella	9:58.48	10:04.99	10
2 Browne, Devon	Pella	10:29.98	10:34.47	8
3 Oswald, Corbin	Norwalk	10:53.08	10:59.16	6
4 Flores, Luka	Norwalk	11:13.49	11:07.63	4
5 Davis, Nyle	Bond-Farrar	11:30.00	11:19.69	2

Boys 110 Meter Hurdles Varsity

Name	Year School	Seed	Finals	H#	Points
1 Burt, Quentin	Bond-Farrar	15.18	14.87	2	10
2 Carver, Connor	Fort Dodge	15.29	15.27	2	8
3 Fairchild, Luke	Pella	15.65	15.42	2	6
4 Huyser, Cor	Pella	16.14	15.94	2	4
5 Douglas, TJ	Ames	16.97	17.24	2	2
6 Cory, Landon	Bond-Farrar	18.60	17.76	1	1
7 Dau, Garang	Ames	17.99	17.80	2	
8 Crouse, Braeden	Indianola	18.05	17.82	2	
9 Storm, Kaisen	Indianola	19.34	18.33	1	
10 Roche, Daniel	Norwalk	18.08	18.99	1	
11 Ochanpaugh, Caleb	Norwalk	19.02	19.68	1	
-- Ross, Dreshaun	Fort Dodge	16.65	DQ	2	
-- Rewerts, Tyler	Norwalk B	19.52	X17.85	1	

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

Boys 400 Meter Hurdles Varsity

Name	Year School	Seed	Finals	H#	Points
1 Van Hauen, Trey	Pella	57.89	58.68	2	10
2 Hayworth, Talon	Bond-Farrar	59.99	1:00.78	2	8
3 Rhamy, Rex	Pella	1:01.15	1:01.89	2	6
4 Kenny, Lane	Ames	1:05.41	1:03.33	1	4
5 Webster, Daniel	Norwalk	1:04.48	1:04.03	2	2
6 Ochanpaugh, Caleb	Norwalk	1:04.47	1:04.62	2	1
7 Storm, Kaisen	Indianola	1:03.91	1:05.08	2	
8 Cory, Landon	Bond-Farrar	1:02.22	1:05.45	2	
9 Cox, Grady	Indianola	1:08.46	1:10.54	1	
-- Sutcliffe, Isaac	Norwalk B	1:05.05	X1:06.38	2	
-- Edwards, Landon	Norwalk B	1:14.30	X1:08.19	1	

Boys 4x100 Meter Relay Varsity

School	Seed	Finals	Points
1 Pella 'A' 1) Fuller, Kenson 3) Hol, Ethan	43.03	45.04	10
2 Ames 'A' 1) Brown, Michael 3) Casey, Robert	45.29	45.11	8
3 Fort Dodge 'A' 1) Daniel, Noah 3) Myers-Zimmermann, Omarion	46.26	45.61	6
4 Indianola 'A' 1) Burgin, Ryker 3) Wilbur, Peyton	47.00	47.39	4
5 Bond-Farrar 'A' 1) Wendt, Levi 3) Rial, Jordan	46.41	48.89	2
-- Norwalk 'A' 1) Hutson, Jacey 3) Kunze, Kaiden	43.88	DQ	
-- Norwalk B 'A' 1) Austin, D'Eljay 3) Dehmer, Gavin	46.00	X48.09	

Boys 4x200 Meter Relay Varsity

School	Seed	Finals	Points
1 Norwalk 'A' 1) Hutson, Jacey 3) Carlson, Braeden	1:31.67	1:33.15	10
2 Pella 'A' 1) Shetterly, Bailey 3) Leathers, Carson	1:30.57	1:34.95	8
3 Bond-Farrar 'A' 1) Wendt, Levi 3) Rial, Jordan	1:39.35	1:39.72	6
4 Ames 'A'	1:34.45	1:40.18	4

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 4x200 Meter Relay Varsity

1) Kenny, Lane	2) Johnson, Roman			
3) Atack, Diing	4) Buss, Laiken			
5 Indianola 'A'		1:40.00	1:46.09	2
1) Meyer, Cael	2) DeePhippen, Brandt			
3) Berryhill, Guy	4) Paugh, Brooks			
-- Norwalk B 'A'		1:36.00	X1:40.56	
1) Schmitz, Brady	2) Gear, Jacob			
3) Dehmer, Gavin	4) Colorado, Ethan			

Boys 4x400 Meter Relay Varsity

School	Seed	Finals	Points
1 Pella 'A'	3:28.79	3:34.19	10
1) Mullens, Harry	2) Vander Waal, Nathan		
3) Kerndt, Colin	4) Lautenbach, Cooper		
2 Bond-Farrar 'A'	3:37.00	3:39.88	8
1) Dodson, James	2) Obrecht, Carter		
3) Francois, Porter	4) Fried, Jaxson		
3 Norwalk 'A'	3:30.00	3:45.42	6
1) Merriman, Tanner	2) Frederick, Trent		
3) Chase, Will	4) Schmitz, Brady		
-- Norwalk B 'A'	3:40.00	X4:02.32	
1) Percy, Thad	2) Colorado, Ethan		
3) Foltz, Kaleb	4) Benschoter, Eli		

Boys 4x800 Meter Relay Varsity

School	Seed	Finals	Points
1 Norwalk 'A'	8:30.00	8:47.60	10
1) Chase, Will	2) Fenster, Carson		
3) Bice, Jamison	4) Franklin, Ethan		
2 Ames 'A'	8:09.95	9:00.02	8
1) Crespi, Grant	2) Anderson, Erik		
3) Hutson, Jared	4) Lehmkuhl, Thomas		
3 Pella 'A'	8:05.48	9:12.03	6
1) Clark, Morgen	2) O'Neil, Loic		
3) Altwine, Carson	4) Neumann, Zack		
4 Bond-Farrar 'A'	9:35.00	9:43.55	4
1) Rieck, Jack	2) Schmesier, Martin		
3) McConnell, Hudson	4) Eivins, David		
-- Norwalk B 'A'	8:50.00	X9:18.84	
1) Parker, Sam	2) Wilkening, Brady		
3) Brown, Jeremiah	4) Wadle, Kale		

Boys 800 Sprint Medley Varsity

School	Seed	Finals	Points
1 Norwalk 'A'	1:36.05	1:36.41	10
1) Hochstein, Landon	2) Merriman, Tanner		
3) Ranck, Dillon	4) Hutson, Jacey		
2 Pella 'A'	1:36.22	1:40.20	8

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 800 Sprint Medley Varsity

1) Fuller, Kenson	2) Hol, Ethan			
3) Van Hauen, Trey	4) Kerndt, Colin			
3 Bond-Farrar 'A'		1:41.00	1:41.11	6
1) Frost, Mason	2) Hayworth, Talon			
3) Burt, Quentin	4) Dodson, James			
4 Ames 'A'		1:39.85	1:44.05	4
1) Johnson, Roman	2) Sauser, Dallas			
3) Brown, Michael	4) Atack, Diing			
5 Indianola 'A'		1:41.00	1:46.00	2
1) Bolten, Kasey	2) Bradley, Nick			
3) Brueck, Asher	4) Westcott, Draven			
-- Norwalk B 'A'		1:40.00	X1:44.89	
1) Tigner, Dominic	2) Benschoter, Eli			
3) Wardlow, Cole	4) Ubben, Alex			

Boys Distance Medley Varsity

School	Seed	Finals	Points
1 Ames 'A'	3:39.53	3:43.84	10
1) Clouser, Gavin	2) Sauser, Dallas		
3) Williams, Jonathon	4) Johnson, Connor		
2 Norwalk 'A'	3:45.00	4:02.91	8
1) Campbell, Jackson	2) Ochanpaugh, Caleb		
3) Koerselman, Timothy	4) Franklin, Ethan		
3 Pella 'A'	3:33.21	4:05.25	6
1) Fuller, Kenson	2) Lautenbach, Cooper		
3) Rhamy, Rex	4) Browne, Kaiden		
4 Bond-Farrar 'A'	4:05.00	4:10.20	4
1) Francois, Porter	2) Fried, Jaxson		
3) Lyman, Gavin	4) Davis, Nyle		
5 Indianola 'A'	4:00.00	4:11.91	2
1) Burgin, Ryker	2) Woodruff, Bo		
3) Schrader, Jayden	4) Turner, Dylan		
-- Norwalk B 'A'	4:20.00	X4:29.87	
1) Percy, Thad	2) Edwards, Landon		
3) Strawn, Sam	4) Brown, Ben		

Boys 4x110 Meter Shuttle Hurdle Varsity

School	Seed	Finals	H#	Points
1 Pella 'A'	1:02.85	1:02.76	2	10
1) Fairchild, Luke	2) Shetterly, Levi			
3) Vanderhoff, Andrew	4) Huyser, Cor			
2 Norwalk 'A'	1:02.43	1:02.93	2	8
1) Webster, Daniel	2) Roche, Daniel			
3) Sutcliffe, Isaac	4) Carlson, Braeden			
3 Bond-Farrar 'A'	1:06.20	1:06.53	2	6
1) Hayworth, Talon	2) Cory, Landon			
3) Pfaltzgraff, Reed	4) Burt, Quentin			
4 Ames 'A'	1:08.11	1:08.42	1	4
1) Casey, Robert	2) Dau, Garang			
3) Buss, Laiken	4) Douglas, TJ			

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 4x110 Meter Shuttle Hurdle Varsity

5 Indianola 'A'	1:08.00	1:10.46	1	2
1) Crouse, Braeden	2) Deike, Adler			
3) Storm, Kaisen	4) Cox, Grady			

Boys High Jump Varsity

Name	Year School	Seed	Finals	Points
1 Kunze, Kaiden	Norwalk	5-11.00	6-00.00	10
2 Pfaltzgraff, Reed	Bond-Farrar	6-01.00	5-08.00	8
3 Storm, Kaisen	Indianola	5-06.00	5-06.00	6
4 Kenny, Lane	Ames	5-08.00	5-04.00	4
-- Edwards, Landon	Norwalk	5-06.00	NH	
-- Roche, Daniel	Norwalk B	5-06.00	X5-04.00	
-- Foltz, Kaleb	Norwalk B	5-04.00	X5-00.00	

Boys Long Jump Varsity

Name	Year School	Seed	Finals	Points
1 Shetterly, CJ	Pella	22-05.00	20-06.00	10
2 Shetterly, Bailey	Pella	20-00.00	20-05.00	8
3 Carlson, Braeden	Norwalk	20-09.50	20-03.00	6
4 Kunze, Kaiden	Norwalk	19-04.00	19-02.50	4
5 Douglas, TJ	Ames	18-02.00	17-02.00	2
-- Webster, Daniel	Norwalk B	19-01.50	X17-09.50	
-- Frederick, Trent	Norwalk B	19-03.00	X17-08.00	

Boys Shot Put Varsity

Name	Year School	Seed	Finals	Points
1 King, Hanson	Pella	55-04.50	55-01.00	10
2 Borcharding-Johnson, Mad	Norwalk	51-03.00	49-04.50	8
3 Carver, Connor	Fort Dodge	48-07.00	47-08.50	6
4 Lampley, Darren	Ames	44-01.75	44-01.00	4
5 Cambron, Owen	Indianola	43-08.50	43-10.00	2
6 Bell, Tony	Ames	44-09.00	43-09.00	1
7 McDaniel, Lathan	Indianola	45-04.00	42-06.00	
8 Schoening, Conrad	Bond-Farrar	41-08.50	42-01.75	
9 Tripp, Harrison	Norwalk	46-10.50	41-03.50	
10 Hemming, Palmer	Pella	43-00.00	40-06.00	
11 VanderLinden, Jacob	Bond-Farrar	34-09.75	34-04.75	
-- Liedtke, Ben	Norwalk B	39-10.00	X36-01.50	
-- Purcell, Chase	Norwalk B	37-09.00	X33-08.50	

Boys Discus Throw Varsity

Name	Year School	Seed	Finals	Points
1 Fischer, Brandon	Pella	186-00	172-08.50	10
2 Carver, Connor	Fort Dodge	125-00	141-11.25	8
3 fitz, tyler	Ames	149-07	132-06	6
4 Cambron, Owen	Indianola	128-03	126-09.75	4

Norwalk HS Boys Invitational Track Meet**April 17, 2023****Norwalk High School - Warrior Stadium****Results****....Boys Discus Throw Varsity**

5	Clark, Will	Norwalk	28-07.50	124-05.25	2
6	Purcell, Chase	Norwalk	117-04	119-11.75	1
7	McDaniel, Lathan	Indianola	125-09	117-07	
8	Schoening, Conrad	Bond-Farrar	37-11.50	117-03.50	
9	Gift, Gage	Pella	136-10	117-01	
10	VanderLinden, Jacob	Bond-Farrar	75-05	85-05.50	
11	Sailsbury, Jakx	Ames	84-01	84-02.50	
--	Liedtke, Ben	Norwalk B	95-03	X113-03.75	
--	Hastings, Cooper	Norwalk B	117-03	X104-03	

Boys 100 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#	Points
1	Borcherding-Johnson, Kad	Norwalk	12.00	11.81	2	10
2	Campbell, Jackson	Norwalk	12.30	12.15	2	8
3	Dau, Garang	Ames		13.19	1	6
4	Feauto, Sebastian	Bond-Farrar	15.62	14.02	1	4
5	Coffey, Charles	Indianola	14.45	14.50	2	2
6	Waters, Zachary	Bond-Farrar	14.79	15.09	2	1
7	Howe, Colton	Indianola	15.78	15.28	1	
--	Buss, Laiken	Ames		DQ	1	
--	Robbins, Eli	Norwalk B	12.02	X11.59	2	
--	Koerselman, Timothy	Norwalk B	12.30	X12.64	2	

Boys 200 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#	Points
1	Borcherding-Johnson, Kad	Norwalk B	23.90	24.29	2	10
2	Brueck, Asher	Indianola	25.30	24.80	2	8
3	Schmitz, Brady	Norwalk	24.70	25.27	2	6
4	Campbell, Jackson	Norwalk	24.90	25.60	2	4
5	Burgin, Ryker	Indianola	25.30	25.64	2	2
6	VanderHeiden, Brady	Pella	25.77	25.74	2	1
7	Koerselman, Timothy	Norwalk B	23.80	26.01	2	
8	Davis, Carter	Pella	27.50	28.29	2	
--	Waters, Zachary	Bond-Farrar	32.21	DQ	1	
--	Ortiz, Jose	Ames		DQ	1	
--	Feauto, Sebastian	Bond-Farrar	31.30	DQ	1	

Boys 400 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	Points
1	Scavo, Ethan	Norwalk	57.00	56.09	10
2	Wardlow, Cole	Norwalk	59.00	58.02	8
3	Lorton, Tate	Indianola	57.00	1:01.86	6
4	Gaul, Stephen	Pella	1:02.00	1:01.97	4
5	Wilbur, Peyton	Indianola	1:00.00	1:02.11	2
6	Heidt, Elias	Bond-Farrar	1:06.12	1:04.98	1
7	Patterson, Caden	Bond-Farrar	1:16.07	1:17.09	
--	Platner, Nate	Norwalk B	1:00.08	X59.44	
--	Wiseman, Christian	Norwalk B	1:00.52	X1:03.87	

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

Boys 800 Meter Run Junior Varsity

Name	Year School	Seed	Finals	Points
1 O'Neil, Loic	Pella	2:20.03	2:14.79	10
2 Altwine, Carson	Pella	2:20.02	2:20.81	8
3 Warren, Jackson	Norwalk	2:30.00	2:22.09	6
4 Ostrander, Tristan	Indianola	2:28.00	2:25.36	4
5 Osterloh, Lane	Norwalk	2:24.35	2:25.90	2
6 Eichhorn, Alex	Ames	2:37.24	2:32.49	1
7 Griffith, Samuel	Bond-Farrar	2:37.99	2:33.88	
8 Schindel, John	Ames		2:36.00	
9 Frost, Aiden	Bond-Farrar		3:02.36	
-- McDonald, Ian	Indianola	2:20.00	DQ	
-- Peter, Isaac	Norwalk B	2:30.26	X2:35.27	
-- Brown, Ben	Norwalk B	2:40.00	X2:41.70	

Boys 1600 Meter Run Junior Varsity

Name	Year School	Seed	Finals	Points
1 Franklin, Ethan	Norwalk	4:49.00	5:00.08	10
2 Lehmkuhl, Thomas	Ames	5:03.76	5:09.28	8
3 Hutson, Jared	Ames	5:03.95	5:10.03	6
4 Bice, Jamison	Norwalk	4:56.79	5:11.29	4
5 Sanger, Brady	Bond-Farrar		5:23.41	2
6 Guely, Wyatt	Indianola	5:25.11	5:24.81	1
7 Van Donselaar, Aiden	Pella	5:47.20	5:50.26	
8 Papendick, Zachary	Pella	6:13.17	5:52.10	
9 Bailey, Micah	Bond-Farrar		6:09.42	
-- Parker, Sam	Norwalk B	4:52.78	X4:56.85	
-- Fenster, Carson	Norwalk B	5:01.47	X5:07.07	

Boys 3200 Meter Run Junior Varsity

Name	Year School	Seed	Finals	Points
1 Sanger, Brady	Bond-Farrar		11:52.55	10
2 Paulsen, Dane	Pella	12:15.07	11:59.76	8
3 Steeples, Cooper	Bond-Farrar	12:13.40	12:06.80	6
4 Stacy-Bates, Logan	Ames		14:50.40	4
5 Demirici, Yusuf	Ames		15:30.78	2

Boys 110 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals	Points
1 Shetterly, Levi	Pella	16.72	16.92	10

Boys 400 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals	Points
1 Rewerts, Tyler	Norwalk	1:05.47	1:05.21	10
2 Douglas, TJ	Ames	1:07.99	1:06.13	8
3 Bush, Xavier	Norwalk	1:05.59	1:08.16	6

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 400 Meter Hurdles Junior Varsity

4 Willmott, Derek	Indianola	1:08.55	1:09.61	4
5 Sinclair, Gabriel	Indianola	1:09.19	1:10.73	2
6 Farver, Drew	Bond-Farrar	1:09.00	1:13.25	1
7 Ramus, Treyner	Bond-Farrar	1:18.00	1:19.56	
-- Brown, Jeremiah	Norwalk B	1:06.00	X1:09.92	

Boys 4x100 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Indianola 'A'	49.00	49.11	10
1) Bradley, Nick	2) Graham, Jakob		
3) Walljasper, Max	4) Berryhill, Guy		
2 Pella 'A'	47.54	49.47	8
1) Hartson, Judah	2) Davis, Carter		
3) Kocour, Quintan	4) Leathers, Carson		
3 Norwalk 'B'	49.00	x49.73	
1) Borcharding-Johnson, Maddux	2) Demaray, Hayden		
3) Clark, Will	4) Tripp, Harrison		
4 Bond-Farrar 'A'	48.50	50.67	6
1) Fine, Vincent	2) Sollars, Zach		
3) Sirdoreus, Colton	4) Miller, Cole		
5 Norwalk 'A'	50.00	52.66	4
1) Hatlevig, James	2) Shatava, Tristan		
3) Frank, Kayden	4) Squiers, Jake		
6 Ames 'A'	45.29	54.02	2
1) Selburg, Valin	2) Jacobsen, Carter		
3) Ortiz, Jose	4) Gaar, Noah		
7 Ames 'B'	45.29	x54.65	
1) Bell, Tony	2) fitz, tyler		
3) Goeders, Jackson	4) Lampley, Darren		
-- Norwalk B 'B'	54.00	X55.49	
1) Goheen, Logan	2) Lestina, Anthony		
3) Johnson, Cole	4) Ferguson, Jake		
-- Norwalk B 'A'	52.00	X1:00.16	
1) Davis, Tyler	2) Campbell, Collin		
3) Wetzeler, Cooper	4) Plourde, Brayden		

Boys 4x200 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Pella 'A'	1:37.21	1:39.89	10
1) Diers, Emmanuel	2) Hartson, Judah		
3) Vanderhoff, Andrew	4) Warner, Nathaniel		
2 Indianola 'A'	1:44.00	1:44.58	8
1) Woodruff, Bo	2) Graham, Jakob		
3) Walljasper, Max	4) Meyer, Cole		
3 Bond-Farrar 'A'	1:44.00	1:46.64	6
1) Cook, Elijah	2) Fine, Vincent		
3) Reha, Adler	4) Ailts, Blake		
-- Norwalk 'A'	1:40.00	DQ	
1) Foltz, Kaleb	2) Benschoter, Eli		
3) Frank, Kayden	4) Austin, D'Eljay		

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 4x200 Meter Relay Junior Varsity

-- Ames 'A'		1:34.45		DQ
1) Moore, Ronald	2) Kenny, Lane			
3) Buss, Laiken	4) Atack, Diing			
-- Norwalk B 'A'		1:40.00	X1:54.35	
1) Hatlevig, James	2) Plourde, Brayden			
3) Demaray, Jameson	4) Shatava, Tristan			

Boys 4x400 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Pella 'A'	3:54.92	4:06.87	10
1) Warner, Nathaniel	2) Steenhoek, Brady		
3) Fugman, Ben	4) Gauley, Henry		
2 Bond-Farrar 'A'	3:59.00	4:08.47	8
1) Cook, Elijah	2) McConnell, Hudson		
3) Schmesier, Martin	4) Ailts, Blake		
3 Indianola 'A'	4:10.00	4:09.18	6
1) Woodruff, Bo	2) Schrader, Jayden		
3) Whalen, Will	4) McDonald, Ian		
4 Norwalk 'A'	3:45.00	4:09.72	4
1) Tigner, Dominic	2) Tripp, Harrison		
3) Jones, Phoenix	4) Platner, Nate		
-- Norwalk B 'A'	3:50.00	X4:36.23	
1) Wiseman, Christian	2) Warren, Jackson		
3) Parker, William	4) Kruger, Alex		

Boys 4x800 Meter Relay Junior Varsity

School	Seed	Finals	Points
1 Pella 'A'	9:10.00	9:48.80	10
1) Steenhoek, Brady	2) Gauley, Henry		
3) Fugman, Ben	4) Erickson, Abner		
2 Ames 'A'	8:09.95	10:11.38	8
1) Lang, Brody	2) Schindel, John		
3) Hauber, David	4) Eichhorn, Alex		
3 Norwalk 'A'	9:05.00	11:01.26	6
1) Peter, Isaac	2) Osterloh, Lane		
3) Parker, William	4) Kruger, Alex		
-- Bond-Farrar 'A'			DQ
1) Sanger, Brady	2) Bailey, Micah		
3) Frost, Aiden	4) Robinson Saathoff, Caden		

Boys 800 Sprint Medley Junior Varsity

School	Seed	Finals	Points
1 Bond-Farrar 'A'	1:50.00	1:47.70	10
1) Sirdoreus, Colton	2) Sollars, Zach		
3) Obrecht, Carter	4) Lyman, Gavin		
2 Norwalk 'A'	1:40.00	1:47.76	8
1) Platner, Nate	2) Jones, Phoenix		
3) Strawn, Sam	4) Gear, Jacob		

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys 800 Sprint Medley Junior Varsity

3	Indianola 'A'		1:46.00	1:50.28	6
	1) Billington, Carter	2) Fox, Lincoln			
	3) Contreras, Christian	4) Schrader, Jayden			
4	Ames 'A'		1:39.85	1:50.64	4
	1) Buss, Laiken	2) Dau, Garang			
	3) Moore, Ronald	4) Atack, Diing			
--	Pella 'A'		1:43.79	DQ	
	1) Vanderhoff, Andrew	2) Hartson, Judah			
	3) Leathers, Carson	4) Warner, Nathaniel			
--	Norwalk B 'A'		1:45.00	XDQ	
	1) Davis, Tyler	2) Wetzeler, Cooper			
	3) Squiers, Jake	4) Warren, Jackson			

Boys Distance Medley Junior Varsity

School	Seed	Finals	Points
1 Norwalk 'A'	4:05.00	4:16.48	10
1) Tigner, Dominic	2) Jones, Phoenix		
3) Demaray, Jameson	4) Brown, Jeremiah		
2 Ames 'A'	3:39.53	4:19.95	8
1) Selburg, Valin	2) Jacobsen, Carter		
3) Hauber, David	4) Lang, Brody		
3 Pella 'A'	4:15.00	4:20.50	6
1) Kocour, Quintan	2) Davis, Carter		
3) VanderHeiden, Brady	4) Paulsen, Dane		
4 Bond-Farrar 'A'	4:15.00	4:36.64	4
1) Rundel, Christopher	2) McKinney, Silas		
3) Butler, Davin	4) Steeples, Cooper		
-- Indianola 'A'	4:15.00	DQ	
1) Kaufman, Parker	2) Immel, Evan		
3) Mealey, Kolton	4) McDonald, Ian		
-- Norwalk B 'A'	3:45.00	X4:37.90	
1) Gear, Jacob	2) Dehmer, Gavin		
3) Borcharding-Johnson, Kadan	4) Hastings, Cooper		

Boys 4x110 Meter Shuttle Hurdle Junior Varsity

School	Seed	Finals	Points
1 Norwalk 'A'	1:05.00	1:15.76	10
1) Ochanpaugh, Caleb	2) Rewerts, Tyler		
3) Percy, Thad	4) Bush, Xavier		
2 Bond-Farrar 'A'	1:16.00	1:17.68	8
1) Farver, Drew	2) Fine, Vincent		
3) Cook, Elijah	4) Ramus, Treyner		

Boys High Jump Junior Varsity

Name	Year School	Seed	Finals	Points
1 Rial, Jordan	Bond-Farrar	5-02.00	5-02.00	9
1 Miller, Cole	Bond-Farrar	5-02.00	5-02.00	9
3 Koerselman, Timothy	Norwalk	5-02.00	5-00.00	5

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

....Boys High Jump Junior Varsity

3	Wallace, Grant	Norwalk	5-02.00	5-00.00	5
--	Austin, D'Eljay	Norwalk B	5-02.00	X5-04.00	

Boys Long Jump Junior Varsity

Name	Year	School	Seed	Finals	Points
1	Sutcliffe, Isaac	Norwalk	17-04.50	17-11.00	10
2	Brueck, Asher	Indianola	17-08.00	16-10.00	8
3	Paugh, Brooks	Indianola	17-04.00	15-11.50	6
4	Selburg, Valin	Ames	16-05.50	15-09.00	4
5	Rewerts, Tyler	Norwalk	16-00.50	15-01.50	2
6	Reha, Adler	Bond-Farrar	15-00.25	13-10.00	1
--	Dau, Garang	Ames		DQ	
--	Diers, Emmanuel	Pella	20-00.50	DQ	
--	Colorado, Ethan	Norwalk B	17-05.50	X17-11.00	
--	Campbell, Collin	Norwalk B	14-01.00	X14-02.00	

Boys Shot Put Junior Varsity

Name	Year	School	Seed	Finals	Points
1	Yates, Chance	Indianola	40-06.00	40-09.00	10
2	Schulte, Austin	Pella	37-02.00	40-00.50	8
3	Schulte, Braden	Pella	36-11.00	39-11.50	6
4	Kilgore, Matt	Indianola	39-01.25	39-00.00	4
5	Clark, Will	Norwalk	36-05.00	38-07.50	2
6	Goheen, Logan	Norwalk	37-08.00	36-06.00	1
7	Hudson, Brett	Bond-Farrar	33-04.75	34-05.50	
8	Goeders, Jackson	Ames	32-01.25	34-00.75	
9	Smith, Gabriel	Bond-Farrar	31-11.00	32-01.50	
10	Evans, Levi	Ames	29-08.00	29-05.00	
--	Radosvich, Charlie	Indianola		X39-09.50	
--	Gifford, Quincy	Indianola		X38-11.00	
--	Hastings, Cooper	Norwalk B		X36-11.75	
--	Johnson, Cole	Norwalk B	36-03.25	X36-07.00	
--	Wolfe, Andrew	Norwalk B	36-03.00	X35-07.00	
--	Stockwell, Olin	Norwalk B		X35-02.00	
--	Johnston, Drake	Indianola		X34-09.50	
--	Lestina, Anthony	Norwalk B		X33-11.25	
--	Eden, Carter	Norwalk		X33-07.25	
--	Newberg, Hunter	Norwalk B		X33-05.25	
--	Williams, Conner	Norwalk B		X33-00.25	
--	Rosenberger, Jeremy	Indianola		X32-03.50	
--	Oppel, Penn	Norwalk B		X32-03.25	
--	Turner, Logan	Indianola		X32-02.50	
--	Olson, Landon	Indianola		X32-02.50	
--	Demaray, Hayden	Norwalk B		X31-08.00	
--	Tague, Johnathan	Norwalk		X29-00.75	
--	Ferguson, Jake	Norwalk B		X28-02.50	
--	Gehring, Zach	Norwalk B		X26-04.50	

Norwalk HS Boys Invitational Track Meet
April 17, 2023
Norwalk High School - Warrior Stadium
Results

Boys Discus Throw Junior Varsity

Name	Year School	Seed	Finals	Points
1 Helle, Donovan	Pella	129-06	120-05.25	10
2 Whalen, Will	Indianola	116-09	113-01.50	8
3 Kruse, Jacob	Indianola	99-09	101-04	6
4 Demaray, Hayden	Norwalk	98-05	96-00.50	4
5 Crouch, Cannon	Ames	85-09	95-05.75	2
6 Johnson, Cole	Norwalk	99-10	90-11.25	1
7 Gaar, Noah	Ames	80-00.50	75-05	
8 Dothager, Benjamin	Pella	119-01	1	
9 Griffith, Samuel	Bond-Farrar	57-11	0.75	
-- Hudson, Brett	Bond-Farrar	50-03	DQ	
-- Turner, Logan	Indianola		X105-03	
-- Newberg, Hunter	Norwalk B		X97-05.25	
-- Welch, Caleb	Indianola		X96-00.25	
-- Yates, Chance	Indianola		X93-03.75	
-- Goheen, Logan	Norwalk B		X93-02	
-- Lestina, Anthony	Norwalk B		X93-00	
-- Stockwell, Olin	Norwalk B	96-08	X92-02.50	
-- Hoover, Jonathan	Indianola		X90-03.25	
-- Spargo, Thomas	Indianola		X84-03	
-- Oppel, Penn	Norwalk B		X83-10	
-- Wolfe, Andrew	Norwalk B		X82-08.25	
-- Gehringer, Zach	Norwalk B		X79-05.25	
-- O'Meara, Zach	Indianola		X75-03.75	
-- Ferguson, Jake	Norwalk B		X73-08	
-- Orey, Drake	Indianola		X54-10.75	
-- Tague, Johnathan	Norwalk B	93-11.50	X9-06.50	