

Ron Werling Relays - 4/20/2023

Indianola Stadium

Results

Event 1 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Rust, Eve	Ottumwa	4-10.00
2 Woods, Kendall	SE Polk	4-08.00
3 Baker, Cailey	V Indianola	J4-08.00
4 Woods, Jady	SE Polk	4-06.00
--- Lee, Katelyn	V Indianola	NH
--- Shewry, Katie	Ottumwa	NH

Event 2 Girls High Jump Junior Varsity

Name	School	Finals
Finals		
1 Maynes, Madelyn	SE Polk	4-08.00
2 Wood, Ellie	SE Polk	4-04.00
3 Mahlstadt, Lydia	V Indianola	J4-04.00
--- Kendrick, Liberty	Ottumwa	NH

Event 3 Girls Long Jump Varsity

Name	School	Finals
Finals		
1 Brownlee, Reese	Clear Lake	17-08.50
2 Powell, Ellie	SE Polk	15-08.75
3 Akin, Gabby	V Indianola	15-05.50
4 Kamga, Kim	Dsm, Hoover	15-01.00
5 Houk, Madelyn	Ottumwa	15-00.50
6 Hall, Maddie	SE Polk	14-01.00
7 Schroeder, Adalyn	Norwalk	13-11.50
8 Bierman, Elyse	V Indianola	13-08.25
9 Baroma, Lea	Ottumwa	13-07.00
10 Kyne, Monah	Dsm, Hoover	13-03.75
11 Cary, Kaylee	Norwalk	12-08.50

Event 4 Girls Long Jump Junior Varsity

Name	School	Finals
Finals		
1 Christenson, Morgan	SE Polk	14-05.50
2 Vetter, Hadley	V Indianola	14-01.00
3 Vansylalom, Trinity	Dsm Lincoln	13-05.00
4 Hanrahan-Klem, Taylor	Norwalk	11-10.00
5 Vedina, Maravilha	Ottumwa	11-07.50
6 Buss, Ashleigh	Norwalk	11-00.50
7 Owens, Aaniece	Dsm Lincoln	11-00.00
8 Casseus, Rose-Kailie	Ottumwa	10-05.50

Event 5 Girls Discus Throw Varsity

Name	School	Finals
Finals		
1 Kluver, Abbie	V Indianola	118-00
2 Pauls, Jordan	Ottumwa	115-11
3 Tichy, Ava	V Indianola	109-00
4 Borud, Kennedy	SE Polk	107-05
5 Subsin, Delilah	Ottumwa	91-02
6 Sizemore, Emma	Norwalk	90-01
7 Steele, Lexi	SE Polk	82-04
8 Black, Lauren	Norwalk	80-00

9 Johnson, Xada	Clear Lake	77-06
10 Jacobs, Makella	Clear Lake	64-05
11 Jarrett, Alexia	Dsm, Hoover	63-03
12 Lucas, Emma	V Indianola	x57-02

Event 6 Girls Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Clark, Allee	Norwalk	78-11
2 Weeks, Samantha	Ottumwa	71-07
3 Vasquez, Brisney	Dsm Lincoln	69-10
4 Kritzler, Susanna	Norwalk	66-11
5 McCarthy, Jade	V Indianola	65-07
6 Nathaniel, Karma	Ottumwa	52-01
7 Hanson, Lauryn	SE Polk	49-04
8 Tran, Latrisha	SE Polk	48-07
9 Bueso, Illiana	Dsm, Hoover	46-06
10 Fandeh, Praise	Dsm, Hoover	41-10
11 Brodie, Ellen	JV Indianola	41-03
12 Shaikosk, Skye	Clear Lake	39-04
13 Thompson, Arianna	Dsm, Hoover	x37-06

Event 7 Girls Shot Put Varsity

Name	School	Finals
Finals		
1 Subsin, Delilah	Ottumwa	37-10.75
2 Borud, Kennedy	SE Polk	32-11.50
3 Sizemore, Emma	Norwalk	31-07.25
4 Coleman, Mariposa	Clear Lake	31-07.00
5 Jarrett, Alexia	Dsm, Hoover	31-06.50
6 Adoobe, Kaanakia (Katie)	Dsm, Hoover	31-04.50
7 Kluver, Katie	V Indianola	30-11.00
8 Weeks, Samantha	Ottumwa	30-03.00
9 Miller, Riley	SE Polk	28-07.50
10 Tichy, Ava	V Indianola	28-04.25
11 Black, Lauren	Norwalk	27-07.00
12 Jacobs, Makella	Clear Lake	27-00.00
13 Combs, Zarriah	V Indianola	x24-07.00
14 McCarthy, Jade	JV Indianola	23-02.00

Event 8 Girls Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Ward, Erynn	Ottumwa	29-02.50
2 Nathaniel, Karma	Ottumwa	26-03.00
3 Steele, Lexi	SE Polk	25-07.50
4 Carlson, Elyse	SE Polk	24-11.00
5 Clark, Allee	Norwalk	23-09.00
6 Kritzler, Susanna	Norwalk	23-01.00
7 Fandeh, Praise	Dsm, Hoover	20-11.50
8 Vasquez, Brisney	Dsm Lincoln	18-02.00
9 Brodie, Ellen	JV Indianola	16-07.25
10 Bueso, Illiana	Dsm, Hoover	16-05.00
11 Thompson, Arianna	Dsm, Hoover	x12-01.50

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Results

Event 10 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	2:08.30
1) Severs, Gabiella	2) Williams, Ashlin	
3) Buman, Ava	4) Powers, Isabel	
2 Norwalk	A	2:15.29
1) Adams, Jaclynn	2) Handy, Syanne	
3) Hanrahan-Klem, Taylor	4) Wood, Jaida	
3 V Indianola	A	2:16.97
1) Cleveland, Brinley	2) Alexander, Nina	
3) Lee, Katelyn	4) Hartford, Leah	
4 Ottumwa	A	2:17.45
1) Franke, Avery	2) Griffiths, Breanna	
3) Cordova, Giselle	4) Addis, Brynn	
5 Dsm, Hoover	A	2:19.03
1) Mansaray, Makemae	2) Goods, Brea	
3) Jordan, Jalina	4) Saldana-Valdez, Andrea	
6 Clear Lake	A	2:19.68
1) Lester, Pieper	2) Leewright, Kylee	
3) Biermann, Liliana	4) Brady, Josie	
7 Dsm Lincoln	A	2:27.45
1) Owens, Aaniece	2) Grove, Shelby	
3) Assa, Dina	4) Stephenson, Greyah	
8 JV Indianola	A	2:27.52
1) Pinkert, Pauline	2) Huse, Annalynna	
3) Geiger, Camryn	4) Sivertsen, Sage	

Event 11 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	1:51.79
1) Thielen, Ericka	2) Warren, Avery	
3) Boord, Alexis	4) Van Kooten, Anna	
2 Clear Lake	A	1:52.14
1) Leisure, Madison	2) McGrath, Emersyn	
3) Brattrud, Lydia	4) Brownlee, Reese	
3 Norwalk	A	1:52.53
1) Gear, Hailey	2) Brandt, Jaylynn	
3) Robbins, Kennedy	4) Farrell, Claire	
4 V Indianola	A	2:00.16
1) Eaton, Kaydence	2) Kindelspire, Kiley	
3) Vetter, Hadley	4) Olson, Lauren	
5 Ottumwa	A	2:02.24
1) Fuller, Miya	2) Cole, Kendra	
3) Damm, Autumn	4) Simmons, Vanessa	
6 JV Indianola	A	2:06.30
1) Piffer, Kylie	2) Hamilton, Gracie	
3) Hall, Brittany	4) Juhasz-Boss, Sophia	
7 Dsm Lincoln	A	2:12.10
1) Greene, Mariana	2) Dahlhauser, Meadow	
3) Irvin, Alyssen	4) Wiggins, Jamiah	
8 Dsm, Hoover	A	2:14.16
1) N'Goran, Andrea	2) Kennedy, Ernestine	
3) Wal, Deu	4) Adoobe, Nakara	

Event 13 Girls 3000 Meter Run Varsity

Name	School	Finals
Finals		
1 Glendening, Ivy	SE Polk	11:25.50
2 Tenges, Bree	V Indianola	11:49.73
3 Hoger, Taylor	V Indianola	11:55.00
4 Kingkade, Melina	JV Indianola	12:53.27
5 Etnyre, Kayla	JV Indianola	13:17.96
6 McElderry, Kaelin	Ottumwa	13:30.10
7 Davitt, Andie	Norwalk	13:46.02

Event 14 Girls 3000 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Plummer, Riley	SE Polk	13:27.94

Event 15 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	9:50.85
1) Barbour, Taylor	2) Francois, Jenna	
3) Bennett, Carli	4) Hartz, Libby	
2 V Indianola	A	10:09.31
1) Nelsen, Aspen	2) Brown, Jordyn	
3) Appel, Micheala	4) Naughton, Emily	
3 Norwalk	A	11:09.25
1) Mauro, Bree	2) Tice, Mia	
3) Livingston, Cambry	4) DeRocher, Grace	
4 Ottumwa	A	12:14.78
1) Carapia, Yaeli	2) Campbell, Maleah	
3) Hubbell, Dalana	4) Hunger, Sarah	

Event 16 Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 V Indianola	A	11:22.96
1) Foster, Gracie	2) Palmer, Camden	
3) Bierman, Elyse	4) Dahl, Piper	
2 SE Polk	A	11:49.43
1) Strawn, Paige	2) Merrifield, Jenna	
3) Etnyre, Allison	4) Dayton, Emelia	
3 Ottumwa	A	13:47.62
1) Henderson, Isabelle	2) Hancock, kaydance	
3) Campbell, Maleah	4) Baxter, Bailey	

Event 17 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 V Indianola	A	1:08.84
1) Downey, Sully	2) Rogers, Madison	
3) Olson, Lauren	4) McGraw, Josie	
2 Norwalk	A	1:13.24
1) Arnold, Keara	2) Norem, Ava	
3) Warren, Juliana	4) Johnson, Ella	

Ron Werling Relays - 4/20/2023

Indianola Stadium

Results

Finals ... (Event 17 Girls 4x100 Meter Shuttle Hurdle Varsity)

Team	Relay	Finals
3 SE Polk	A	1:14.00
1) Williams, Brooke	2) Severs, Gabiella	
3) Pesek, Sophia	4) Gustafson, Abby	
4 JV Indianola	A	1:23.69
1) Farrell, Sunny	2) Akin, Gabby	
3) Piffer, Kylie	4) Matthias, Keela	
5 Clear Lake	A	1:25.88
1) Lester, Pieper	2) Coleman, Mariposa	
3) McGrath, Payton	4) Lester, Josie	
6 Dsm, Hoover	A	1:35.11
1) Powell, JaKya	2) Fandeh, Ruth	
3) Hurst, Salome	4) Ugwuanyi, Victoria	

Event 18 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
1 SE Polk	A	1:23.69
1) Cowie, Madison	2) Johnson, Margaret	
3) Carr, Leah	4) Hinze, Zoe	

Event 19 Girls 100 Meter Dash Varsity

Name	School	Finals
1 McGrath, Emersyn	Clear Lake	13.14
2 Eaton, Kaydence	V Indianola	13.35
3 Fuller, Miya	Ottumwa	13.42
4 Welch, Savannah	Norwalk	13.48
5 Ung, Shae	Norwalk	13.59
6 Larsen, Sienna	SE Polk	13.80
7 Woods, Jady	SE Polk	13.85
8 Cole, Kendra	Ottumwa	13.93
9 N'Goran, Andrea	Dsm, Hoover	14.42
10 Lee, Katelyn	V Indianola	14.43
11 Greene, Mariana	Dsm Lincoln	15.08
12 Dahlhauser, Meadow	Dsm Lincoln	15.13
13 Delyjah, Annika	Dsm, Hoover	15.58
14 Jensen, Megan	JV Indianola	16.15

Event 20 Girls 100 Meter Dash Junior Varsity

Name	School	Finals
1 Catalano, Ellie	SE Polk	14.20
2 Schwaller, Rilynn	SE Polk	14.27
3 Alexander, Nina	V Indianola	14.32
4 Morgan, Mallory	Ottumwa	14.57
5 Owens, Aaniece	Dsm Lincoln	15.29
6 Assa, Dina	Dsm Lincoln	15.70
7 Kritchard, Rae	Ottumwa	15.75
8 Huse, Annalynna	JV Indianola	15.86
9 Buss, Ashleigh	Norwalk	16.14
10 Delaney, Abyy	Clear Lake	16.47
11 Shadin, Abey	Dsm, Hoover	16.84
12 Colby, Hayden	Clear Lake	16.92
13 Goods, Brea	Dsm, Hoover	16.95

14 Brodie, Ellen JV Indianola 20.21

Event 22 Girls Distance Medley Varsity

Team	Relay	Finals
1 SE Polk	A	4:29.27
1) Myers, Brooke	2) Woods, Kendall	
3) Severs, Felicity	4) Bartlett, Alyssa	
2 V Indianola	A	4:45.84
1) Kluver, Abbie	2) Appel, Micheala	
3) Pinkert, Pauline	4) Foster, Gracie	
3 Ottumwa	A	4:52.77
1) Houk, Madelyn	2) Griffiths, Breanna	
3) Rust, Eve	4) Luedtke, Jasmine	
4 Norwalk	A	5:00.60
1) Warren, Juliana	2) Hammond, Jillian	
3) Cary, Kaylee	4) DeRocher, Grace	
5 JV Indianola	A	5:12.06
1) Hall, Brittany	2) Pinkert, Pauline	
3) Juhasz-Boss, Sophia	4) Baker, Kate	
6 Clear Lake	A	5:18.79
1) Jacobs, Makella	2) Puttman, Avery	
3) Halverson, Hope	4) Heesch, Brooklyn	
7 Dsm, Hoover	A	5:48.57
1) Kennedy, Ernestine	2) Saldana-Valdez, Andrea	
3) Harwell, Natasha	4) Saldana-Valdez, Natalia	

Event 23 Girls Distance Medley Junior Varsity

Team	Relay	Finals
1 SE Polk	A	4:56.30
1) Williams, Ashlin	2) Maynes, Madelyn	
3) Buman, Ava	4) Rueber, Grace	
2 Norwalk	A	5:15.95
1) Hanrahan-Klem, Taylor	2) Wood, Jaida	
3) Swartzlander, Morgan	4) Sup, Emerson	
3 V Indianola	A	5:17.30
1) Akin, Gabby	2) Nelsen, Aspen	
3) Baker, Cailey	4) Bierman, Elyse	
4 JV Indianola	A	5:28.85
1) Matthias, Keela	2) Geiger, Camryn	
3) Sivertsen, Sage	4) Mahlstadt, Lydia	
5 Ottumwa	A	5:54.72
1) Bacon, Dallas	2) Wilson, Grace	
3) Addis, Brynn	4) Koch, Hailey	
6 Dsm Lincoln	A	6:03.33
1) Echeverria, Raquel	2) Bevel, Tamara	
3) Grove, Shelby	4) Sanchez, Ahtziri	
7 Dsm, Hoover	A	6:24.59
1) Mansaray, Makemae	2) Kashama, Aleyna	
3) Evenson, Laycee	4) Adhikari, Diya	

Event 24 Girls 400 Meter Dash Varsity

Name	School	Finals
1 Francois, Jenna	SE Polk	1:02.25

Ron Werling Relays - 4/20/2023

Indianola Stadium

Results

Finals ... (Event 24 Girls 400 Meter Dash Varsity)

Name	School	Finals
2 Barbour, Taylor	SE Polk	1:03.35
3 Simmons, Vanessa	Ottumwa	1:05.19
4 Jaeger, Brylee	Ottumwa	1:08.75
5 Baker, Cailey	JV Indianola	1:09.65
6 Irvin, Alyssen	Dsm Lincoln	1:10.71
7 Dahl, Piper	V Indianola	1:12.51
8 Sams, Shae	JV Indianola	1:13.38

Event 25 Girls 400 Meter Dash Junior Varsity

Name	School	Finals
1 Etnyre, Allison	SE Polk	1:11.02
2 George, Isabel	Norwalk	1:13.00
3 Campbell, Maleah	Ottumwa	1:14.31
4 Powers, Isabel	SE Polk	1:14.47
5 Leewright, Kylee	Clear Lake	1:14.66
6 McElderry, Tamsin	Ottumwa	1:17.11
7 Shaikosk, Skye	Clear Lake	1:28.60
8 Sysenglath, Sydney	Dsm Lincoln	1:34.10
9 Armstrong, Alexya	Dsm Lincoln	1:45.40

Event 27 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
1 SE Polk	A	1:46.04
1) Powell, Ellie	2) Warren, Avery	
3) Van Kooten, Anna	4) Boord, Alexis	
2 Norwalk	A	1:51.86
1) Robbins, Kennedy	2) Welch, Savannah	
3) Brown, Ashlyn	4) Hulbert, Nyah	
3 Dsm, Hoover	A	1:52.02
1) Smith, Takira	2) Kyne, Monah	
3) Karnga, Kim	4) Kak, Acown	
4 V Indianola	A	1:53.89
1) Kindelshire, Kiley	2) Kluver, Abbie	
3) Kluver, Katie	4) Vetter, Hadley	
5 Clear Lake	A	1:59.18
1) Leisure, Madison	2) Brattrud, Lydia	
3) Lilliberg, Lily	4) Johnson, Xada	
6 Ottumwa	A	2:05.08
1) Damm, Autumn	2) Morgan, Mallory	
3) Cordova, Giselle	4) Baroma, Lea	
7 JV Indianola	A	2:09.81
1) Sams, Shae	2) Pinkert, Pauline	
3) Tenges, Bree	4) Naughton, Emily	

Event 28 Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
1 SE Polk	A	1:57.78
1) Hinze, Zoe	2) Hall, Maddie	
3) Morris, Rylee	4) Schwaller, Rilynn	

2 V Indianola	A	2:00.02
1) Rogers, Madison	2) Cleveland, Brinley	
3) Farrell, Sunny	4) Alexander, Nina	
3 Norwalk	A	2:00.98
1) Peters, Danielle	2) Handy, Syanne	
3) Schroeder, Adalyn	4) Kingsley, Lily	
4 Dsm, Hoover	A	2:09.69
1) Jordan, Jalina	2) Delyjah, Annika	
3) Williams, Camari	4) Benjamin, Ruth	
5 Ottumwa	A	2:12.10
1) Casseus, Rose-Kailie	2) Thea, Elizabeth	
3) Mbalabu, Christ Est Roi	4) Solokele, Surdia	
6 Clear Lake	A	2:12.43
1) Barney, Tylar	2) Colby, Hayden	
3) Biermann, Liliana	4) Brady, Josie	

Event 29 Girls 100 Meter Hurdles Varsity

Name	School	Finals
1 McGraw, Josie	V Indianola	15.75
2 Desmond, Kate	Norwalk	16.76
3 Johnson, Ella	Norwalk	17.30
4 Gustafson, Abby	SE Polk	17.53
5 Downey, Sully	V Indianola	17.70
6 Severs, Gabiella	SE Polk	17.96
7 Lester, Pieper	Clear Lake	18.16
8 Rogers, Madison	JV Indianola	18.17
9 Lester, Josie	Clear Lake	18.34

Event 30 Girls 100 Meter Hurdles Junior Varsity

Name	School	Finals
1 Pesek, Sophia	SE Polk	18.13
2 Williams, Brooke	SE Polk	18.54
3 Coleman, Mariposa	Clear Lake	19.44
4 Norem, Ava	Norwalk	19.90
5 Piffer, Kylie	V Indianola	19.96
6 McGrath, Payton	Clear Lake	20.57
7 Fandeh, Ruth	Dsm, Hoover	20.81
8 Ajak, Awyar	Dsm, Hoover	21.35
9 Davis, Mary-Kate	Norwalk	21.39

Event 31 Girls 800 Meter Run Varsity

Name	School	Finals
1 Hartz, Libby	SE Polk	2:25.80
2 Bennett, Carli	SE Polk	2:28.68
3 Naughton, Emily	V Indianola	2:30.28
4 Mauro, Bree	Norwalk	2:31.09
5 Hartford, Leah	V Indianola	2:37.08
6 Kak, Acown	Dsm, Hoover	2:43.86
7 Luedtke, Jasmine	Ottumwa	2:44.30
8 Hoger, Taylor	JV Indianola	2:48.88
9 Livingston, Cambry	Norwalk	2:49.03
10 Cherniss, Jordan	Dsm Lincoln	2:53.13
11 Hunger, Sarah	Ottumwa	2:53.89

Ron Werling Relays - 4/20/2023

Indianola Stadium

Results

Finals ... (Event 31 Girls 800 Meter Run Varsity)

Name	School	Finals
12 Cherniss, Tosh	Dsm Lincoln	3:01.13
13 Adoobe, Nakara	Dsm, Hoover	3:18.09

Event 32 Girls 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Dayton, Emelia	SE Polk	2:48.06
2 Warren, Audrey	Norwalk	2:56.35
3 Merrifield, Jenna	SE Polk	2:56.52
4 Sup, Emerson	Norwalk	2:59.83
5 Heesch, Brooklyn	Clear Lake	3:00.48
6 Baker, Cailey	V Indianola	3:06.66
7 Manning, Ava	Dsm Lincoln	3:06.90
8 Sivertsen, Sage	V Indianola	3:26.75
9 Chambers, Suzie	Ottumwa	3:30.04
10 Koch, Hailey	Ottumwa	3:33.56
11 Shaikosk, Skye	Clear Lake	3:36.71

Event 33 Girls 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Kindelspire, Kiley	V Indianola	27.95
2 Hulbert, Nyah	Norwalk	28.00
3 Larsen, Sienna	SE Polk	28.77
4 Severs, Felicity	SE Polk	28.82
5 Ung, Shae	Norwalk	29.18
6 Wal, Deu	Dsm, Hoover	29.34
7 Wiggins, Jamiah	Dsm Lincoln	30.32
8 Lilliberg, Lily	Clear Lake	30.35
9 Hall, Brittany	JV Indianola	30.62
10 Vedina, Maravilha	Ottumwa	30.83
11 Griffiths, Breanna	Ottumwa	30.93
12 Benjamin, Ruth	Dsm, Hoover	32.30
13 Dahlhauser, Meadow	Dsm Lincoln	32.55

Event 34 Girls 200 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Christenson, Morgan	SE Polk	30.01
2 Alexander, Nina	V Indianola	30.88
3 Cameron, Trinity	SE Polk	31.20
4 Monaghan, Vada	Ottumwa	31.76
5 Farrell, Sunny	V Indianola	32.56
6 Handy, Syanne	Norwalk	32.92
7 Kashama, Aleyna	Dsm, Hoover	33.14
8 Huse, Annalynna	JV Indianola	33.90
9 Thomas, Deijah	Dsm Lincoln	33.94
10 Jensen, Megan	JV Indianola	34.08
10 Wilson, Grace	Ottumwa	34.08
12 Carroll, Madelyn	Norwalk	34.21
13 Sysenglath, Sydney	Dsm Lincoln	34.84
14 Shadin, Abey	Dsm, Hoover	35.77
15 Delaney, Abyy	Clear Lake	36.27

Event 36 Girls 400 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Bartlett, Alyssa	SE Polk	1:12.86
2 Johnson, Margaret	SE Polk	1:15.23
3 Iverson, Elizabeth	Norwalk	1:15.67

Event 37 Girls 400 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Carr, Leah	SE Polk	1:20.94
2 Willeford, Gwen	SE Polk	1:27.41
3 Hurst, Salome	Dsm, Hoover	1:30.94

Event 38 Girls 1500 Meter Run Varsity

Name	School	Finals
Finals		
1 Brown, Jordyn	V Indianola	5:08.85
2 Foster, Gracie	V Indianola	5:17.24
3 Glendening, Ivy	SE Polk	5:24.16
4 Appel, Micheala	JV Indianola	5:26.98
5 Tenges, Bree	JV Indianola	5:40.37
6 Rueber, Grace	SE Polk	5:45.80
7 Tice, Quinn	Norwalk	6:01.53
8 McConville, Kenzie	Norwalk	6:07.75
9 Baxter, Bailey	Ottumwa	6:17.78

Event 39 Girls 1500 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Mahlstadt, Lydia	V Indianola	5:55.69
2 Kingkade, Melina	JV Indianola	5:59.09
3 Baker, Kate	V Indianola	5:59.87
4 Strawn, Paige	SE Polk	6:06.68
5 Etnyre, Kayla	JV Indianola	6:08.22
6 Plummer, Riley	SE Polk	6:14.47
7 Davitt, Andie	Norwalk	6:32.06
8 Torres, Ayva	Dsm Lincoln	7:32.61
9 Raleeh, Alaina	Ottumwa	8:03.21

Event 40 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	50.63
	1) Warren, Avery	2) Woods, Kendall
	3) Thielen, Ericka	4) Boord, Alexis
2 Clear Lake	A	51.40
	1) Leisure, Madison	2) Brownlee, Reese
	3) Brattrud, Lydia	4) McGrath, Emersyn
3 Dsm, Hoover	A	52.34
	1) Smith, Takira	2) Kyne, Monah
	3) Karnga, Kim	4) Wal, Deu
4 Norwalk	A	52.61
	1) Gear, Hailey	2) Hulbert, Nyah
	3) Brandt, Jaylynn	4) Welch, Savannah

Ron Werling Relays - 4/20/2023

Indianola Stadium

Results

Finals ... (Event 40 Girls 4x100 Meter Relay Varsity)

Team	Relay	Finals
5 V Indianola	A	53.44
1) Eaton, Kaydence	2) Kindelspire, Kiley	
3) Vetter, Hadley	4) McGraw, Josie	
6 Ottumwa	A	54.03
1) Houk, Madelyn	2) Cole, Kendra	
3) Damm, Autumn	4) Fuller, Miya	
7 JV Indianola	A	56.37
1) Kluver, Abbie	2) Lucas, Emma	
3) Tichy, Ava	4) Kluver, Katie	
8 Dsm Lincoln	A	56.40
1) Vansylalom, Trinity	2) Dahlhauser, Meadow	
3) Kennedy, Jade	4) Greene, Mariana	

Event 41 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	54.76
1) Morris, Rylee	2) Larsen, Sienna	
3) Catalano, Ellie	4) Woods, JadyN	
2 Norwalk	A	57.33
1) Peters, Danielle	2) Schroeder, Adalyn	
3) Kingsley, Lily	4) Adams, Jaclynn	
3 Ottumwa	A	58.94
1) Franke, Avery	2) Kritchard, Rae	
3) Cordova, Giselle	4) Morgan, Mallory	
4 Dsm, Hoover	A	59.04
1) Jordan, Jalina	2) Mansaray, Makemae	
3) Williams, Camari	4) Adoobe, Kaanakia (Katie)	
5 V Indianola	A	59.37
1) Cleveland, Brinley	2) Farrell, Sunny	
3) Lee, Katelyn	4) Downey, Sully	
6 Clear Lake	A	1:01.13
1) Delaney, Abyy	2) Leewright, Kylee	
3) Brady, Josie	4) Lester, Pieper	
7 Dsm Lincoln	A	1:03.64
1) Vasquez, Brisney	2) Assa, Dina	
3) Echeverria, Raquel	4) Grove, Shelby	
8 JV Indianola	A	1:05.45
1) Geiger, Camryn	2) O'Neil, Katie	
3) Jensen, Megan	4) Brodie, Ellen	

Event 42 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	4:13.83
1) Powell, Ellie	2) Severs, Felicity	
3) Myers, Brooke	4) Barbour, Taylor	
2 Clear Lake	A	4:53.43
1) Halverson, Hope	2) Biermann, Liliana	
3) Puttman, Avery	4) Barney, Tylar	
3 Ottumwa	A	5:10.94
1) Carapia, Yaeli	2) McElderry, Tamsin	
3) McElderry, Kaelin	4) Hubbell, Dalana	

4 V Indianola	A	5:15.57
1) Hartford, Leah	2) Palmer, Camden	
3) Dahl, Piper	4) Bierman, Elyse	
5 Dsm Lincoln	A	5:18.44
1) Stephenson, Greyah	2) Thomas, Deijah	
3) Rassmussen, Jayden	4) Bevel, Tamara	

Event 43 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 SE Polk	A	4:01.34
1) Francois, Jenna	2) Bennett, Carli	
3) Hartz, Libby	4) Van Kooten, Anna	
2 V Indianola	A	4:20.31
1) Olson, Lauren	2) Foster, Gracie	
3) Nelsen, Aspen	4) Naughton, Emily	
3 Dsm Lincoln	A	4:23.96
1) Harris, Jaide	2) Fong, Elizabeth	
3) Anderson, Jade	4) Bryant, Jaenelle	
4 Clear Lake	A	4:24.01
1) Steinbron, Rebekah	2) Feuerbach, Anna	
3) Lilliberg, Lily	4) Doughan, Addison	
5 Norwalk	A	4:32.98
1) Robbins, Kennedy	2) Brown, Ashlyn	
3) Norem, Ava	4) Cary, Kaylee	
6 JV Indianola	A	4:42.16
1) Kingkade, Melina	2) Mahlstadt, Lydia	
3) Etnyre, Kayla	4) Sams, Shae	
7 Ottumwa	A	4:48.76
1) Jaeger, Brylee	2) Monaghan, Vada	
3) Baroma, Lea	4) Simmons, Vanessa	

Women - Varsity - Team Rankings - 19 Events Scored

1) SE Polk	186
2) V Indianola	142
3) Norwalk	85
4) Ottumwa	63
5) Clear Lake	49
6) JV Indianola	22
6) DSM, Hoover	22
8) DSM Lincoln	7

Women - Junior Varsity - Team Rankings - 19 Events Scored

1) SE Polk	221
2) V Indianola	87
3) Norwalk	77
4) Ottumwa	70
5) Clear Lake	22
6) DSM Lincoln	18
7) DSM, Hoover	16
8) JV Indianola	14