

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Event 1 Girls High Jump

Record: 5-00 4/6/2023 Cara Veenstra

|               | Name               | School       | Finals      |
|---------------|--------------------|--------------|-------------|
| <b>Finals</b> |                    |              |             |
| 1             | Hunsberger, Grace  | Colfax-Mingo | J4-10.00 10 |
| 2             | Hiner, Jayden      | N Mahaska    | J4-08.00 8  |
| 3             | Thiessen, Kennedy  | Iowa Valley, | J4-08.00 6  |
| 4             | Hunsberger, Claire | Colfax-Mingo | J4-06.00 5  |
| 5             | Chittick, McKinley | Sigourney    | J4-04.00 4  |
| ---           | Gretter, Bailey    | Sigourney    | NH          |
| ---           | Gensley, Nicole    | Hlv, Victor  | NH          |

## Event 2 Boys High Jump

Record: 6-00 2019 Spencer Magill

|               | Name               | School       | Finals     |
|---------------|--------------------|--------------|------------|
| <b>Finals</b> |                    |              |            |
| 1             | Woods, Xavier      | Colfax-Mingo | 5-08.00 10 |
| 2             | Toussaint, Rylan   | B-G-M, Brook | 5-06.00 8  |
| 3             | Davis, Carson      | Sigourney    | 5-04.00 6  |
| ---           | Goemaat, Jeb       | N Mahaska    | NH         |
| ---           | Boesenberg, Jacob  | B-G-M, Brook | NH         |
| ---           | Holland, Kohen     | Montezuma    | NH         |
| ---           | Hudnut, Easton     | Montezuma    | NH         |
| ---           | Mckibben, Chandler | Iowa Valley, | NH         |
| ---           | Long, Cole         | Iowa Valley, | NH         |

## Event 3 Girls Long Jump

Record: 16-09.50 2018 Cherisse Ward

|               | Name                 | School       | Finals      |
|---------------|----------------------|--------------|-------------|
| <b>Finals</b> |                      |              |             |
| 1             | Linder, Nataliya     | N Mahaska    | 16-11.00 10 |
| 2             | Terpstra, Lexi       | Pella Christ | 15-06.00 8  |
| 3             | Snook, Chloe         | Montezuma    | 15-01.75 6  |
| 4             | Nikkel, Chloe        | Pella Christ | 14-09.50 5  |
| 5             | Perez, Kieren        | N Mahaska    | 14-08.50 4  |
| 6             | Hultquist, Annika    | Belle Plaine | 14-06.75 3  |
| 7             | Marshall, Maeci      | Iowa Valley, | 14-05.50 2  |
| 8             | Walton, Camella      | Belle Plaine | 14-03.00 1  |
| 9             | Williams, Ryanne     | Montezuma    | 13-11.75    |
| 10            | Smith, Trinity       | Colfax-Mingo | 13-06.25    |
| 11            | Bell, Ani            | Pella Christ | x13-02.75   |
| 12            | Snow, Krissy         | Colfax-Mingo | 12-07.75    |
| 13            | Schachtlie, Michaela | Iowa Valley, | 12-06.75    |
| 14            | MacCready, Gracen    | Hlv, Victor  | 12-02.00    |
| 15            | Steenhoek, Katelyn   | Colfax-Mingo | x12-01.75   |
| 16            | Sternhagen, Isabelle | Hlv, Victor  | 12-00.75    |
| 17            | Montgomery, Kia      | Sigourney    | 12-00.00    |
| 18            | Hauschilt, Mallory   | Iowa Valley, | x11-10.00   |
| ---           | Burnett, Hayley      | Montezuma    | ND          |

## Event 4 Boys Long Jump

Record: 20-02.75 4/6/2023 Luke Nikkel

|               | Name              | School       | Finals      |
|---------------|-------------------|--------------|-------------|
| <b>Finals</b> |                   |              |             |
| 1             | Findlay, Nathan   | B-G-M, Brook | 20-00.50 10 |
| 2             | Volk, Caleb       | Pella Christ | 18-10.50 8  |
| 3             | Kacmarynski, Adam | Pella Christ | 18-05.75 6  |
| 4             | Rhoads, Caleb     | B-G-M, Brook | 18-02.50 5  |
| 5             | Buenrostro, Tony  | Colfax-Mingo | 17-10.50 4  |
| 6             | Knepper, Aiden    | Sigourney    | 17-09.00 3  |
| 7             | McCulloch, Sean   | Hlv, Victor  | 17-05.00 2  |
| 8             | Fisch, Landon     | Sigourney    | 17-04.50 1  |
| 9             | Rodriguez, Josue  | Colfax-Mingo | 16-10.25    |
| 10            | Conrad, Landon    | Sigourney    | x16-09.25   |
| 11            | Pedersen, Xavier  | Iowa Valley, | 16-08.00    |
| 12            | Doak, Jackson     | N Mahaska    | 16-06.50    |
| 13            | Smith, Dane       | Iowa Valley, | 16-03.00    |
| 14            | Boender, Anton    | Pella Christ | x16-00.50   |
| 14            | Erselius, Luke    | Montezuma    | 16-00.50    |
| 16            | Haughey, Evan     | Montezuma    | 15-04.00    |
| 17            | Wilcox, Gavin     | Montezuma    | x14-11.50   |
| 18            | Grimm, Joseph     | Colfax-Mingo | x13-04.25   |
| ---           | Ferguson, Tyson   | N Mahaska    | ND          |
| ---           | Patterson, Axl    | N Mahaska    | ND          |

## Event 5 Girls Shot Put

Record: 37-05.50 2021 Alison Van Gorp

|               | Name                  | School       | Finals      |
|---------------|-----------------------|--------------|-------------|
| <b>Finals</b> |                       |              |             |
| 1             | Kriegel, Lydia        | Iowa Valley, | 38-02.75 10 |
| 2             | Moore, Josephine      | Sigourney    | 30-06.00 8  |
| 3             | Hawkins, Raelene      | Hlv, Victor  | 30-03.50 6  |
| 4             | Adams, Denisyn        | Belle Plaine | 29-09.00 5  |
| 5             | Aller, Lexie          | Colfax-Mingo | 29-04.00 4  |
| 6             | Cook, Emma            | Colfax-Mingo | 29-03.00 3  |
| 7             | DeRycke, Reghan       | Belle Plaine | 28-05.50 2  |
| 8             | Johnson, Taylor       | Belle Plaine | x26-08.00   |
| 9             | Frimml, Myla          | Iowa Valley, | 25-08.75 1  |
| 10            | Minnaert, Karagyn     | B-G-M, Brook | 25-06.50    |
| 11            | Keeney, Britney       | Colfax-Mingo | x25-03.00   |
| 12            | Smothers, Mya         | Montezuma    | 24-07.00    |
| 13            | Smallwood, Devyn      | Sigourney    | 24-06.75    |
| 14            | Kacmarynski, Faith    | Pella Christ | 24-02.50    |
| 15            | Zittergruen, Aubrey   | Hlv, Victor  | 23-10.00    |
| 16            | Krouse, Khloe         | Montezuma    | 23-05.00    |
| 17            | De Vries, Breckyn     | Pella Christ | 23-00.75    |
| 18            | De Boef, Clara        | Pella Christ | x22-03.00   |
| 19            | Muilenburg, Madison   | Montezuma    | x22-00.00   |
| 20            | Montgomery, Jayden    | Sigourney    | x21-01.50   |
| 21            | Nielsen, Kacie        | Iowa Valley, | x20-06.50   |
| 22            | Snively, Meredith     | B-G-M, Brook | 20-03.00    |
| 23            | Edwards-Hinton, Amara | N Mahaska    | 18-00.50    |
| 24            | Boughner, Terrica     | Hlv, Victor  | x16-01.00   |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Event 6 Boys Shot Put

Record: 54-06 4/6/2023 Trevor Veenstra

| Name                   | School       | Finals      |
|------------------------|--------------|-------------|
| <b>Finals</b>          |              |             |
| 1 Thompson, Jayden     | Sigourney    | 40-05.50 10 |
| 2 Hoyt, Mason          | Iowa Valley, | 37-03.75 8  |
| 3 Baucom, Isaiah       | Colfax-Mingo | 35-06.00 6  |
| 4 Huber, Caleb         | Iowa Valley, | 34-00.00 5  |
| 5 Westerdale, Mason    | Hlv, Victor  | 33-07.00 4  |
| 6 Vanryswyk, Kasen     | N Mahaska    | 32-01.50 3  |
| 7 Moore, Graham        | Sigourney    | 31-00.50 2  |
| 8 Solasberry, Lawrence | Colfax-Mingo | 31-00.00 1  |
| 9 McDonald, JJ         | B-G-M, Brook | 30-11.00    |
| 10 Strong, Dane        | Montezuma    | 30-07.00    |
| 11 Belzer, Toby        | Pella Christ | 30-06.50    |
| 12 Holland, Talen      | Montezuma    | 30-02.00    |
| 13 Dybevik, Teagan     | Colfax-Mingo | x29-08.00   |
| 14 Ulferts, Gavin      | Pella Christ | 29-06.00    |
| 15 Carroll, Payton     | Iowa Valley, | x29-03.25   |
| 16 Schock, Nolan       | N Mahaska    | 28-10.00    |
| 17 Albers, Emmitt      | B-G-M, Brook | 27-08.25    |
| 18 Gambleton, Tristan  | Hlv, Victor  | 27-01.50    |
| 19 De Berg, Tyler      | Pella Christ | x26-00.50   |
| 20 Krumm, Easton       | Hlv, Victor  | x25-10.75   |
| 21 Thompson, Izaha     | B-G-M, Brook | x25-06.00   |
| 22 Tum, Nolan          | N Mahaska    | x24-10.75   |
| 23 Saringer, Brodie    | Montezuma    | x24-08.50   |
| 24 Parker, Aidyn       | Sigourney    | x24-07.75   |

## Event 7 Girls Discus Throw

Record: 123-09 2017 Elizabeth VanManen

| Name                     | School       | Finals     |
|--------------------------|--------------|------------|
| <b>Finals</b>            |              |            |
| 1 Kriegel, Lydia         | Iowa Valley, | 128-05 10  |
| 2 Hawkins, Raelene       | Hlv, Victor  | 97-10 8    |
| 3 Adams, Denysyn         | Belle Plaine | 91-02 6    |
| 4 Moore, Josephine       | Sigourney    | 89-06 5    |
| 5 Zittergruen, Aubrey    | Hlv, Victor  | 88-00.50 4 |
| 6 Keeney, Britney        | Colfax-Mingo | 86-05 3    |
| 7 Semprini, Sophia       | Montezuma    | 82-06 2    |
| 8 Frimml, Myla           | Iowa Valley, | 81-09 1    |
| 9 Kacmarynski, Faith     | Pella Christ | 78-10      |
| 10 Aller, Lexie          | Colfax-Mingo | 73-08      |
| 11 Smothers, Mya         | Montezuma    | 73-07      |
| 12 De Boef, Clara        | Pella Christ | 72-01      |
| 13 Snively, Meredith     | B-G-M, Brook | 70-00.50   |
| 14 Krouse, Khloe         | Montezuma    | x69-08     |
| 15 Johnson, Taylor       | Belle Plaine | 68-05      |
| 16 Garcia-Bravo, Claudia | Belle Plaine | x67-07     |
| 17 Tish, Ashtyn          | Sigourney    | 66-11      |
| 18 Minnaert, Karagyn     | B-G-M, Brook | 66-07      |
| 19 De Vries, Breckyn     | Pella Christ | x65-05     |
| 20 DeBruin, Anna         | N Mahaska    | 60-09      |
| 21 Clarahan, Madison     | Sigourney    | x55-01     |

|    |                       |              |        |
|----|-----------------------|--------------|--------|
| 22 | Edwards-Hinton, Amara | N Mahaska    | 45-04  |
| 23 | Boughner, Terrica     | Hlv, Victor  | x41-02 |
| 24 | Cook, Emma            | Colfax-Mingo | x13-06 |

## Event 8 Boys Discus Throw

Record: 178-02 4/6/2023 Trevor Veenstra

| Name                      | School       | Finals    |
|---------------------------|--------------|-----------|
| <b>Finals</b>             |              |           |
| 1 Kriegel, Nolan          | Iowa Valley, | 133-10 10 |
| 2 Thompson, Jayden        | Sigourney    | 117-03 8  |
| 3 Hoyt, Mason             | Iowa Valley, | 115-09 6  |
| 4 Schwab, Ashton          | Sigourney    | 114-01 5  |
| 5 Dybevik, Teagan         | Colfax-Mingo | 113-11 4  |
| 6 Pedersen, Xavier        | Iowa Valley, | x105-01   |
| 7 Jaeger, Levi            | Sigourney    | x92-04    |
| 8 Edwards-Hinton, Bronson | N Mahaska    | 90-05 3   |
| 9 Endersbe, Nathaniel     | Colfax-Mingo | 88-09 2   |
| 10 Vanryswyk, Kasen       | N Mahaska    | 88-07 1   |
| 11 Wood, Kyle             | Colfax-Mingo | x86-00    |
| 12 Doty, Jack             | B-G-M, Brook | 85-03     |
| 13 Holland, Talen         | Montezuma    | 82-08     |
| 14 Strong, Dane           | Montezuma    | 82-01     |
| 15 Ulferts, Gavin         | Pella Christ | 79-04     |
| 16 Dykema, Will           | Pella Christ | 77-00     |
| 17 Hawkins, Cash          | Hlv, Victor  | 76-07     |
| 18 De Berg, Tyler         | Pella Christ | x75-00    |
| 19 Gambleton, Tristan     | Hlv, Victor  | 72-03     |
| 20 Krumm, Easton          | Hlv, Victor  | x72-01    |
| 21 Petsche, Ellis         | B-G-M, Brook | 68-09     |
| 22 Clark, Joel            | N Mahaska    | x65-10    |
| 23 Albers, Emmitt         | B-G-M, Brook | x63-01    |
| 24 Gonzalez, Yudiel       | Montezuma    | x60-03    |

## Event 9 Girls 800 Sprint Medley

Record: 1:57.61 2019 Montezuma

K.Mathes,A.Krousie,R.Gatton,S.Wetering

| Team                    | Relay                 | Finals     |
|-------------------------|-----------------------|------------|
| <b>Finals</b>           |                       |            |
| 1 Pella Christian       | A                     | 1:56.75 10 |
| 1) Terpstra, Lexi       | 2) Westerkamp, Claire |            |
| 3) Kacmarynski, Rachel  | 4) Agre, Amaia        |            |
| 2 N Mahaska             | A                     | 2:04.20 8  |
| 1) Ridgeway, Olivia     | 2) Little, Macie      |            |
| 3) Linder, Nataliya     | 4) Schock, Alivia     |            |
| 3 Hlv, Victor           | A                     | 2:04.81 6  |
| 1) Randall, Lily        | 2) MacCready, Gracen  |            |
| 3) Moore, Karley        | 4) Schmidt, Caidyn    |            |
| 4 Montezuma             | A                     | 2:06.58 5  |
| 1) Ferry, Lily          | 2) Williams, Rynanne  |            |
| 3) Cook, Vivian         | 4) Cook, Ellen        |            |
| 5 Iowa Valley, M        | A                     | 2:07.97 4  |
| 1) Hauschilt, Mallory   | 2) Chvala, McKenna    |            |
| 3) Schachtlie, Michaela | 4) Fry, Clara         |            |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 9 Girls 800 Sprint Medley)

| Team                 | Relay                   | Finals    |
|----------------------|-------------------------|-----------|
| 6 B-G-M, Brook       | A                       | 2:09.76 3 |
| 1) Van Nevel, Shyla  | 2) Arment, Cara         |           |
| 3) Minnaert, Emersyn | 4) VanDee, Ryanne       |           |
| 7 Sigourney          | A                       | 2:10.31 2 |
| 1) Belvel, Brianna   | 2) Cave, Carmalita      |           |
| 3) Montgomery, Kia   | 4) Clarahan, Brynn      |           |
| 8 Belle Plaine       | A                       | 2:11.80 1 |
| 1) Walton, Camella   | 2) Hultquist, Annika    |           |
| 3) Grieder, Ava      | 4) Donnelly, Kaylie     |           |
| 9 Colfax-Mingo       | A                       | 2:12.06   |
| 1) Anderson, Lily    | 2) VanderSchoor, Aubrey |           |
| 3) Purdie, Jessa     | 4) Snyder, Karmylia     |           |

## Event 10 Boys 800 Sprint Medley

Record: 1:38.30 4/6/2023 Iowa Valley

C.Kinzenbaw, P.Kienitz, C.Haack, E.Kearney

| Team                 | Relay                 | Finals     |
|----------------------|-----------------------|------------|
| 1 Pella Christian    | A                     | 1:41.28 10 |
| 1) Morgan, Cael      | 2) Wielard, Garrett   |            |
| 3) Lubbers, Jude     | 4) Ritzert, Brecken   |            |
| 2 Colfax-Mingo       | A                     | 1:42.83 8  |
| 1) Baucom, Isaiah    | 2) Buenrostro, Tony   |            |
| 3) Thornton, Wyatt   | 4) Trotter, Chase     |            |
| 3 Montezuma          | A                     | 1:43.28 6  |
| 1) Boulton, Brady    | 2) Stockman, Broox    |            |
| 3) Rose, David       | 4) Erselius, Luke     |            |
| 4 B-G-M, Brook       | A                     | 1:45.27 5  |
| 1) Heishman, Dakota  | 2) Hassett, Landon    |            |
| 3) Clayton, Zachary  | 4) Kalinay, Ashten    |            |
| 5 N Mahaska          | A                     | 1:48.61 4  |
| 1) Cox, William      | 2) Doak, Jackson      |            |
| 3) Goemaat, Charlie  | 4) Goemaat, Jeb       |            |
| 6 Hlv, Victor        | A                     | 1:49.76 3  |
| 1) Westerdale, Mason | 2) Roorda, Boston     |            |
| 3) PirkI, Tristan    | 4) Van Waus, Aiden    |            |
| 7 Iowa Valley, M     | A                     | 1:51.33 2  |
| 1) Smith, Ian        | 2) Bral, Owen         |            |
| 3) Pritchard, Manny  | 4) Mckibben, Chandler |            |
| 8 Sigourney          | A                     | 1:51.58 1  |
| 1) Menke, Dillon     | 2) Menke, Owen        |            |
| 3) Walden, Lance     | 4) Wehr, Wyatt        |            |

## Event 11 Girls 3000 Meter Run

Record: 11:21.30 2018 Emma Kolb

| Name                 | School       | Finals      |
|----------------------|--------------|-------------|
| 1 Jedlicka, Emmerson | N Mahaska    | 11:23.12 10 |
| 2 Yates, Ellie       | Sigourney    | 11:38.11 8  |
| 3 Yates, Addison     | Sigourney    | 11:40.57 6  |
| 4 Hosbond, Ashlynn   | Colfax-Mingo | 12:02.11 5  |
| 5 Shilling, Layla    | Hlv, Victor  | 14:46.99 4  |

## Event 12 Boys 3200 Meter Run

Record: 10:36.03 2017

Grant Dunsbergen

| Name                 | School       | Finals      |
|----------------------|--------------|-------------|
| 1 Wilkins, Sullivan  | Colfax-Mingo | 10:53.21 10 |
| 2 Stoltz, Griffin    | Pella Christ | 10:53.89 8  |
| 3 Vanden Bosch, Will | Pella Christ | 11:06.68 6  |
| 4 Corona, Carter     | B-G-M, Brook | 11:14.41 5  |
| 5 Hollister, Ayden   | Iowa Valley, | 11:22.33 4  |
| 6 Patterson, Axl     | N Mahaska    | 11:34.54 3  |
| 7 Ament, Owen        | Colfax-Mingo | 11:38.49 2  |
| 8 Myers, Levi        | Sigourney    | 12:05.22 1  |
| 9 Cheney, Cael       | Montezuma    | 12:12.92    |
| 10 Damon, Nicholas   | Montezuma    | 13:44.30    |

## Event 13 Girls 4x800 Meter Relay

Record: 11:13.60 4/6/2023 Montezuma

C.Erselius, K. Mathes, E.Cook, M.Boulton

| Team                 | Relay                 | Finals      |
|----------------------|-----------------------|-------------|
| 1 Hlv, Victor        | A                     | 10:35.42 10 |
| 1) Cooper, Aaliyah   | 2) Schmidt, Caiya     |             |
| 3) Hall, Ayla        | 4) Hall, Emery        |             |
| 2 Pella Christian    | A                     | 11:32.35 8  |
| 1) Vos, Greta        | 2) Schiebout, Keilah  |             |
| 3) Lamb, Nora        | 4) Shmalcs, Julia     |             |
| 3 Montezuma          | A                     | 11:49.10 6  |
| 1) Mathes, Kami      | 2) Larmore, Lauryn    |             |
| 3) Rose, Alexa       | 4) Semprini, Sophia   |             |
| 4 Iowa Valley, M     | A                     | 11:53.38 5  |
| 1) Thiessen, Kennedy | 2) Kriegel, Eva       |             |
| 3) Miller, Rya       | 4) Von Lienen, Emma   |             |
| 5 Colfax-Mingo       | A                     | 12:38.95 4  |
| 1) Sipma, Mallory    | 2) Snyder, Karoixa    |             |
| 3) Gibson, Jessica   | 4) Kwaskiewicz, Laila |             |
| 6 Sigourney          | A                     | 12:44.29 3  |
| 1) Gretter, Becca    | 2) Montgomery, Kaylie |             |
| 3) McCulley, Abyl    | 4) Wilson, Cloee      |             |

## Event 14 Boys 4x800 Meter Relay

Record: 8:55.60 4/6/2023 North Mahaska

D.Bernhagen, C.Breon, L.Banstra, B.Agre

| Team                  | Relay               | Finals     |
|-----------------------|---------------------|------------|
| 1 Montezuma           | A                   | 9:41.27 10 |
| 1) Reif, Dayton       | 2) Holland, Talen   |            |
| 3) Bru, Linkyn        | 4) Pargeon, Rett    |            |
| 2 Colfax-Mingo        | A                   | 10:00.57 8 |
| 1) Rodriguez, Josue   | 2) Rodriguez, Mario |            |
| 3) Fitzgerald, Willie | 4) Ament, Owen      |            |
| 3 Sigourney           | A                   | 10:04.65 6 |
| 1) Little, Gauge      | 2) Jones, Isaac     |            |
| 3) Anderson, Jordan   | 4) Berg, John       |            |



## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 14 Boys 4x800 Meter Relay)

| Team                 | Relay                 | Finals     |
|----------------------|-----------------------|------------|
| 4 Iowa Valley, M     | A                     | 10:21.08 5 |
| 1) Koenig, Carter    | 2) Alaniz, Maximus    |            |
| 3) Sherman, Derek    | 4) Kanke, Hayden      |            |
| 5 Hlv, Victor        | A                     | 10:32.13 4 |
| 1) Randall, Nolan    | 2) Vermillion, Cooper |            |
| 3) Stanley, Sullivan | 4) Huber, Remington   |            |

## Event 15 Girls 4x100 Meter Shuttle Hurdle

Record: 1:11.14 2018 Sigourney

A.Barthelman, L.Carter, S.Magill, H.Clarahan

| Team               | Relay                | Finals     |
|--------------------|----------------------|------------|
| 1 Belle Plaine     | A                    | 1:11.01 10 |
| 1) Coover, Kennedy | 2) Shaull, Kyla      |            |
| 3) Grieder, Ava    | 4) Hultquist, Annika |            |
| 2 Pella Christian  | A                    | 1:11.61 8  |
| 1) Runner, Brynn   | 2) Vos, Chloe        |            |
| 3) Anderson, Jessa | 4) De Bruin, Heidi   |            |
| 3 Colfax-Mingo     | A                    | 1:23.87 6  |
| 1) Smith, Trinity  | 2) Purdie, Jessa     |            |
| 3) Anderson, Lily  | 4) Anderson, Evalyn  |            |

## Event 16 Boys 4x110 Meter Shuttle Hurdle

Record: 1:05.23 2018 HLV

D.Shaull, K.Timm, M.Kolesar,O.VanWaus

| Team                | Relay               | Finals     |
|---------------------|---------------------|------------|
| 1 Iowa Valley, M    | A                   | 1:04.81 10 |
| 1) Hoyt, Chance     | 2) Smith, Dane      |            |
| 3) Pedersen, Xavier | 4) Kriegel, Nolan   |            |
| 2 Sigourney         | A                   | 1:05.22 8  |
| 1) Clarahan, Chase  | 2) Menke, Dillon    |            |
| 3) Menke, Owen      | 4) Clarahan, Caden  |            |
| 3 B-G-M, Brook      | A                   | 1:07.98 6  |
| 1) Rhoads, Maddox   | 2) Gus, PJ          |            |
| 3) Rhoads, Caleb    | 4) Heishman, Dakota |            |
| 4 N Mahaska         | A                   | 1:10.98 5  |
| 1) Goemaat, Charlie | 2) Reed, Max        |            |
| 3) Doak, Jackson    | 4) Ferguson, Tyson  |            |
| 5 Montezuma         | A                   | 1:11.96 4  |
| 1) Brennan, Luke    | 2) Stockman, Bryson |            |
| 3) Hudnut, Easton   | 4) Stockman, Broox  |            |
| 6 Colfax-Mingo      | A                   | 1:21.06 3  |
| 1) Wood, Kyle       | 2) Lewis, Izaiah    |            |
| 3) Aldan, Carwin    | 4) Rodriguez, Josue |            |
| --- Pella Christian | A                   | DQ         |
| 1) Cadwell, Ely     | 2) Ritzert, Hudson  |            |
| 3) Steinkamp, Trey  | 4) Morgan, Cael     |            |

## Event 17 Girls 100 Meter Dash

Record: 12.53 2017

Autum Barthelman

| Name                         | School       | Finals   |
|------------------------------|--------------|----------|
| 1 Kacmarynski, Rachel        | Pella Christ | 12.47 10 |
| 2 Van Wyk, Meredith          | Pella Christ | 12.64 8  |
| 3 Perez, Kieren              | N Mahaska    | 13.43 6  |
| 4 Randall, Lily              | Hlv, Victor  | 13.85 5  |
| 5 Walton, Camella            | Belle Plaine | 13.87 4  |
| 6 Alardin, Isabella          | Iowa Valley, | 14.02 3  |
| 7 Johnson, Maya              | Belle Plaine | 14.10 2  |
| 8 Minnaert, Emersyn          | B-G-M, Brook | 14.15 1  |
| 9 Linder, Nataliya           | N Mahaska    | 14.24    |
| 10 De Vries, Abby            | Pella Christ | x14.37   |
| 11 VanDee, Ryanne            | B-G-M, Brook | 14.44    |
| 12 Snook, Emma               | Montezuma    | 14.83    |
| 13 MacCready, Gracen         | Hlv, Victor  | 14.90    |
| 14 Hemmingsen-Brinkman, Aurc | Belle Plaine | x15.17   |
| 15 Aller, Dani               | Sigourney    | 15.33    |
| 16 VanderSchoor, Aubrey      | Colfax-Mingo | 15.35    |
| 17 Utz, Isabelle             | Colfax-Mingo | 15.65    |
| 18 Kercheval, Analeece       | Montezuma    | 15.66    |
| 19 Nielsen, Kacie            | Iowa Valley, | 15.69    |
| 20 Daniels, Aly              | Montezuma    | x15.81   |
| 21 Rivera, Fallynn           | N Mahaska    | x15.83   |
| 22 Belvel, Brianna           | Sigourney    | 15.93    |
| 23 Helgeson, Shayla          | Iowa Valley, | x16.41   |
| 24 Zittergruen, Aubrey       | Hlv, Victor  | x16.59   |
| 25 Mason, Zoey               | Colfax-Mingo | x17.03   |
| 26 Bernhardt, Cora           | Sigourney    | x17.51   |

## Event 18 Boys 100 Meter Dash

Record: 10.80 2017

Avery Moore

| Name                  | School       | Finals   |
|-----------------------|--------------|----------|
| 1 Rose, David         | Montezuma    | 11.43 10 |
| 2 Kacmarynski, Adam   | Pella Christ | 11.46 8  |
| 3 Nunnikhoven, Landon | Pella Christ | 11.60 6  |
| 4 Read, Josh          | Iowa Valley, | 11.70 5  |
| 5 Buenrostro, Tony    | Colfax-Mingo | 12.07 4  |
| 6 Goemaat, Charlie    | N Mahaska    | 12.18 3  |
| 7 Fisch, Landon       | Sigourney    | 12.27 2  |
| 8 Hoyt, Mason         | Iowa Valley, | 12.49 1  |
| 9 Walden, Lance       | Sigourney    | 12.58    |
| 10 Grove, Fisher      | Colfax-Mingo | 12.60    |
| 11 McCulloch, Sean    | Hlv, Victor  | 12.63    |
| 12 Strong, Dane       | Montezuma    | 12.79    |
| 13 Huyser, Camden     | Pella Christ | x12.83   |
| 14 Pritchard, Manny   | Iowa Valley, | x12.92   |
| 15 Toussaint, Rylan   | B-G-M, Brook | 13.05    |
| 16 Thompson, Izaha    | B-G-M, Brook | 13.46    |
| 17 Clark, Joel        | N Mahaska    | 13.59    |
| 18 Krumm, Easton      | Hlv, Victor  | 13.93    |
| 19 Heisler, Cody      | Colfax-Mingo | x14.05   |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 18 Boys 100 Meter Dash)

| Name                       | School    | Finals |
|----------------------------|-----------|--------|
| 20 Parker, Aidyn           | Sigourney | x14.57 |
| 21 Edwards-Hinton, Bronson | N Mahaska | x14.74 |
| 22 Saringer, Brodie        | Montezuma | x16.99 |

## Event 19 Girls Distance Medley

Record: 4:39.60 2018 Pella Christian

C.Morgan, MK.Bandstra,A.VanKooten,E.Kolb

| Team                  | Relay                 | Finals     |
|-----------------------|-----------------------|------------|
| <b>Finals</b>         |                       |            |
| 1 Montezuma           | A                     | 4:42.83 10 |
| 1) Cook, Vivian       | 2) Snook, Chloe       |            |
| 3) Williams, Ryanne   | 4) Cook, Ellen        |            |
| 2 N Mahaska           | A                     | 4:54.58 8  |
| 1) Ridgeway, Olivia   | 2) Little, Macie      |            |
| 3) Veiseth, Allie     | 4) Huffman, Ava       |            |
| 3 Belle Plaine        | A                     | 4:56.78 6  |
| 1) Walton, Camella    | 2) Grieder, Ava       |            |
| 3) Donnelly, Kaylie   | 4) Coover, Kennedy    |            |
| 4 Pella Christian     | A                     | 4:58.75 5  |
| 1) De Vries, Jessa    | 2) Nikkel, Ava        |            |
| 3) Nikkel, Chloe      | 4) Vos, Greta         |            |
| 5 Hlv, Victor         | A                     | 5:09.29 4  |
| 1) Schmidt, Caidyn    | 2) Gensley, Nicole    |            |
| 3) Moore, Karley      | 4) Henstorf, Meridith |            |
| 6 Iowa Valley, M      | A                     | 5:12.42 3  |
| 1) Hauschilt, Mallory | 2) Marshall, Maeci    |            |
| 3) Von Lienen, Emma   | 4) Kriegel, Eva       |            |
| 7 Colfax-Mingo        | A                     | 5:14.24 2  |
| 1) Snyder, Karmylia   | 2) Snyder, Karoixa    |            |
| 3) Hunsberger, Claire | 4) Sipma, Mallory     |            |
| 8 B-G-M, Brook        | A                     | 5:47.18 1  |
| 1) Wonick, Lilly      | 2) Van Nevel, Shyla   |            |
| 3) Holder, Aubrie     | 4) Blankenship, Allie |            |
| 9 Sigourney           | A                     | 5:57.26    |
| 1) Moore, Josephine   | 2) Tish, Ashtyn       |            |
| 3) Bahlman, Ella      | 4) McCulley, Abyl     |            |

## Event 20 Boys Distance Medley

Record: 3:58.60 4/6/2023 North Mahaska

H.Wernli, G.Ries, K.Stout, L.Harmon

| Team                  | Relay                | Finals     |
|-----------------------|----------------------|------------|
| <b>Finals</b>         |                      |            |
| 1 Colfax-Mingo        | A                    | 4:02.57 10 |
| 1) Woods, Xavier      | 2) Thornton, Wyatt   |            |
| 3) Trotter, Chase     | 4) Wilkins, Sullivan |            |
| 2 Pella Christian     | A                    | 4:09.82 8  |
| 1) Nunnikhoven, Logan | 2) Ochsner, Ezra     |            |
| 3) Meixner, Hudson    | 4) De Ronde, Dean    |            |
| 3 Hlv, Victor         | A                    | 4:11.72 6  |
| 1) Westerdale, Mason  | 2) Roorda, Boston    |            |
| 3) PirkI, Tristan     | 4) Thys, Drew        |            |

|                       |                      |           |
|-----------------------|----------------------|-----------|
| 4 Iowa Valley, M      | A                    | 4:12.12 5 |
| 1) Smith, Ian         | 2) Slockett, Bryar   |           |
| 3) Hassebroek, Carter | 4) Kriegel, Tyson    |           |
| 5 B-G-M, Brook        | A                    | 4:15.33 4 |
| 1) Rhoads, Maddox     | 2) Roberts, Eli      |           |
| 3) Gus, PJ            | 4) Boesenberg, Jacob |           |
| 6 Sigourney           | A                    | 4:22.29 3 |
| 1) Schwab, Ashton     | 2) Knepper, Aiden    |           |
| 3) Jones, Isaac       | 4) Little, Gauge     |           |
| 7 Montezuma           | A                    | 4:27.19 2 |
| 1) Bru, Linkyn        | 2) Holland, Kohen    |           |
| 3) Haughey, Evan      | 4) Lowry, Cade       |           |

## Event 21 Girls 400 Meter Dash

Record: 1:01.78 2019 Summer Barthelman

| Name                 | School       | Finals     |
|----------------------|--------------|------------|
| <b>Finals</b>        |              |            |
| 1 Hall, Ayla         | Hlv, Victor  | 1:03.44 10 |
| 2 Meinders, Maisy    | Pella Christ | 1:04.83 8  |
| 3 Thiessen, Kennedy  | Iowa Valley, | 1:10.39 6  |
| 4 Garrett, Zoelynn   | Hlv, Victor  | 1:14.10 5  |
| 5 Briggs, Lilly      | N Mahaska    | 1:14.82 4  |
| 6 Anderson, Jessa    | Pella Christ | 1:15.50 3  |
| 7 Montgomery, Kaylie | Sigourney    | 1:15.88 2  |
| 8 Gretter, Bailey    | Sigourney    | 1:16.53 1  |
| 9 Hunsberger, Grace  | Colfax-Mingo | 1:21.00    |
| 10 Anderson, Evalyn  | Colfax-Mingo | 1:26.83    |

## Event 22 Boys 400 Meter Dash

Record: 53.00 4/6/2023 Brody Sternhagen

| Name                 | School       | Finals    |
|----------------------|--------------|-----------|
| <b>Finals</b>        |              |           |
| 1 Van Waus, Aiden    | Hlv, Victor  | 53.62 10  |
| 2 Klett, Troy        | Sigourney    | 54.72 8   |
| 3 Cadwell, Ely       | Pella Christ | 55.50 6   |
| 4 Boender, Elijah    | Pella Christ | 57.74 5   |
| 5 Goemaat, Jeb       | N Mahaska    | 58.09 4   |
| 6 Grove, Fisher      | Colfax-Mingo | 58.98 3   |
| 7 Long, Cole         | Iowa Valley, | 1:00.86 2 |
| 8 Wilcox, Gavin      | Montezuma    | 1:02.96 1 |
| 9 Grimm, Joseph      | Colfax-Mingo | 1:03.91   |
| 10 Wehr, Wyatt       | Sigourney    | 1:04.51   |
| 11 Becerril, Alexson | Montezuma    | 1:06.37   |
| 12 Randall, Nolan    | Hlv, Victor  | 1:13.41   |
| 13 Pritchard, Elijah | Iowa Valley, | 1:14.49   |

## Event 23 Girls 4x200 Meter Relay

Record: 1:52.57 2017 Montezuma

C.Watts,S.Wetering,S.Gatton,R.Gatton

| Team                   | Relay                | Finals     |
|------------------------|----------------------|------------|
| <b>Finals</b>          |                      |            |
| 1 Pella Christian      | A                    | 1:45.75 10 |
| 1) Kacmarynski, Rachel | 2) Vos, Bailey       |            |
| 3) Agre, Amaia         | 4) Van Wyk, Meredith |            |



## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 23 Girls 4x200 Meter Relay)

| Team                           | Relay                   | Finals    |
|--------------------------------|-------------------------|-----------|
| 2 Hlv, Victor                  | A                       | 1:59.71 8 |
| 1) Randall, Lily               | 2) Schmidt, Caiya       |           |
| 3) Gensley, Nicole             | 4) Schmidt, Caidyn      |           |
| 3 Iowa Valley, M               | A                       | 1:59.86 6 |
| 1) Marshall, Maeci             | 2) Chvala, McKenna      |           |
| 3) Fry, Clara                  | 4) Schachtlie, Michaela |           |
| 4 Montezuma                    | A                       | 2:01.34 5 |
| 1) Ferry, Lily                 | 2) Larmore, Lauryn      |           |
| 3) Sutherland, Hayden          | 4) Mathes, Kami         |           |
| 5 Sigourney                    | A                       | 2:02.44 4 |
| 1) Montgomery, Kia             | 2) Chittick, McKinley   |           |
| 3) Cave, Carmalita             | 4) Clarahan, Brynn      |           |
| 6 Colfax-Mingo                 | A                       | 2:04.42 3 |
| 1) Smith, Trinity              | 2) VanderSchoor, Aubrey |           |
| 3) Snyder, Karmylia            | 4) Snow, Krissy         |           |
| 7 N Mahaska                    | A                       | 2:04.92 2 |
| 1) Ridgeway, Olivia            | 2) Wallerich, Ruby      |           |
| 3) Knockel, Amber              | 4) Schock, Alivia       |           |
| 8 Belle Plaine                 | A                       | 2:06.57 1 |
| 1) Hemmingsen-Brinkman, Aurora | 2) Johnson, Taylor      |           |
| 3) Adams, Denisyn              | 4) Johnson, Maya        |           |
| 9 B-G-M, Brook                 | A                       | 2:14.46   |
| 1) Arment, Cara                | 2) Holder, Aubrie       |           |
| 3) Van Nevel, Shyla            | 4) Wonick, Lilly        |           |

## Event 24 Boys 4x200 Meter Relay

Record: 1:34.50 4/6/2023 Iowa Valey

C.Kinzebaw, P.Kienitz, Caleb Haack, E.Kearney

| Team                   | Relay                | Finals     |
|------------------------|----------------------|------------|
| 1 Iowa Valley, M       | A                    | 1:31.86 10 |
| 1) Peska, Layne        | 2) Hoyt, Chance      |            |
| 3) Haack, Caleb        | 4) Kriegel, Nolan    |            |
| 2 Pella Christian      | A                    | 1:33.72 8  |
| 1) Nunnikhoven, Landon | 2) Ritzert, Brecken  |            |
| 3) Volk, Caleb         | 4) Kacmarynski, Adam |            |
| 3 B-G-M, Brook         | A                    | 1:38.70 6  |
| 1) Clayton, Zachary    | 2) Kalinay, Ashten   |            |
| 3) Hassett, Landon     | 4) Findlay, Nathan   |            |
| 4 Montezuma            | A                    | 1:40.50 5  |
| 1) Brennan, Luke       | 2) Stockman, Broox   |            |
| 3) Boulton, Brady      | 4) Erselius, Luke    |            |
| 5 N Mahaska            | A                    | 1:43.08 4  |
| 1) Goemaat, Charlie    | 2) Doak, Jackson     |            |
| 3) Cox, William        | 4) Ferguson, Tyson   |            |
| 6 Hlv, Victor          | A                    | 1:47.87 3  |
| 1) Read, Garrett       | 2) Huber, Remington  |            |
| 3) Powell, TJ          | 4) McCulloch, Sean   |            |
| 7 Sigourney            | A                    | 1:48.87 2  |
| 1) Davis, Carson       | 2) Sellers, Hunter   |            |
| 3) Moore, Graham       | 4) Conrad, Landon    |            |

|                  |                  |           |
|------------------|------------------|-----------|
| 8 Colfax-Mingo   | A                | 1:50.21 1 |
| 1) Ament, Owen   | 2) Lewis, Izaiah |           |
| 3) Heisler, Cody | 4) Wood, Kyle    |           |

## Event 25 Girls 100 Meter Hurdles

Record: 15.46 2018

Autum Barthelman

| Name                  | School       | Finals   |
|-----------------------|--------------|----------|
| 1 Perez, Kieren       | N Mahaska    | 17.64 10 |
| 2 VanDee, Ryanne      | B-G-M, Brook | 18.06 8  |
| 3 De Bruin, Heidi     | Pella Christ | 18.10 6  |
| 4 Minnaert, Emersyn   | B-G-M, Brook | 18.35 5  |
| 5 Hultquist, Annika   | Belle Plaine | 18.42 4  |
| 6 Purdie, Jessa       | Colfax-Mingo | 18.62 3  |
| 7 Runner, Brynn       | Pella Christ | 18.63 2  |
| 8 Minnaert, Karagyn   | B-G-M, Brook | x19.21   |
| 9 Bell, Ani           | Pella Christ | x19.64   |
| 10 Grieder, Ava       | Belle Plaine | 19.71 1  |
| 11 Little, Macie      | N Mahaska    | 19.86    |
| 12 Anderson, Lily     | Colfax-Mingo | 20.39    |
| 13 Bos, Sara          | Montezuma    | 20.41    |
| 14 Henstorf, Meridith | Hlv, Victor  | 20.63    |
| 15 Briggs, Lilly      | N Mahaska    | x21.12   |
| 16 Freerksen, Brianna | Colfax-Mingo | x21.69   |
| 17 Wilson, Letisia    | Montezuma    | 21.94    |
| 18 Johnson, Maya      | Belle Plaine | x23.90   |

## Event 26 Boys 110 Meter Hurdles

Record: 16.69 2017

Vance Bushong

| Name               | School       | Finals   |
|--------------------|--------------|----------|
| 1 Heishman, Dakota | B-G-M, Brook | 15.73 10 |
| 2 Clarahan, Caden  | Sigourney    | 16.81 8  |
| 3 Thornton, Wyatt  | Colfax-Mingo | 17.54 6  |
| 4 Clarahan, Chase  | Sigourney    | 17.69 5  |
| 5 Reed, Max        | N Mahaska    | 17.81 4  |
| 6 Menke, Owen      | Sigourney    | x17.88   |
| 7 Roorda, Boston   | Hlv, Victor  | 18.62 3  |
| 8 Morgan, Cael     | Pella Christ | 19.78 2  |
| 9 Hudnut, Easton   | Montezuma    | 21.29 1  |
| 10 Wood, Kyle      | Colfax-Mingo | 22.41    |

## Event 27 Girls 800 Meter Run

Record: 2:37.08 2017

Dakota Hostetter

| Name                  | School       | Finals     |
|-----------------------|--------------|------------|
| 1 Huffman, Ava        | N Mahaska    | 2:39.62 10 |
| 2 Cook, Ellen         | Montezuma    | 2:41.27 8  |
| 3 Schiebout, Keilah   | Pella Christ | 2:47.20 6  |
| 4 Wilson, Cloee       | Sigourney    | 3:05.19 5  |
| 5 Gretter, Becca      | Sigourney    | 3:12.24 4  |
| 6 Kwaskiewicz, Laila  | Colfax-Mingo | 3:12.32 3  |
| 7 Kercheval, Analeece | Montezuma    | 3:19.89 2  |
| --- Daniels, Aly      | Montezuma    | X3:08.43   |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Event 28 Boys 800 Meter Run

Record: 2:11.78 2017 Chris Kubli

| Name                            | School       | Finals     |
|---------------------------------|--------------|------------|
| <b>Finals</b>                   |              |            |
| 1 Meinders, Sawyer              | Pella Christ | 2:06.60 10 |
| 2 Meixner, Hudson               | Pella Christ | 2:16.49 8  |
| 3 Stoltz, Griffin               | Pella Christ | x2:16.52   |
| 4 Pargeon, Rett                 | Montezuma    | 2:21.47 6  |
| 5 Corona, Carter                | B-G-M, Brook | 2:21.63 5  |
| 6 Thys, Drew                    | Hlv, Victor  | 2:23.61 4  |
| 7 Myers, Levi                   | Sigourney    | 2:23.83 3  |
| 8 Roberts, Eli                  | B-G-M, Brook | 2:24.44 2  |
| 9 Berg, John                    | Sigourney    | 2:24.54 1  |
| 10 Koenig, Carter               | Iowa Valley, | 2:26.40    |
| 11 Alaniz, Maximus              | Iowa Valley, | 2:28.58    |
| 12 Rodriguez-Briseno, Alexander | Colfax-Mingo | 2:30.58    |
| 13 Endersbe, Nathaniel          | Colfax-Mingo | 2:34.80    |
| 14 Heisler, Cody                | Colfax-Mingo | x2:39.01   |
| 15 Cheney, Cael                 | Montezuma    | 2:41.94    |
| 16 Damon, Nicholas              | Montezuma    | x2:52.17   |

## Event 29 Girls 200 Meter Dash

Record: 26.95 2019 Shateah Wetering

| Name                  | School       | Finals   |
|-----------------------|--------------|----------|
| <b>Finals</b>         |              |          |
| 1 Van Wyk, Meredith   | Pella Christ | 26.01 10 |
| 2 Roberts, Ema        | Hlv, Victor  | 27.12 8  |
| 3 Snook, Chloe        | Montezuma    | 27.88 6  |
| 4 Perez, Kieren       | N Mahaska    | 29.07 5  |
| 5 Alardin, Isabella   | Iowa Valley, | 29.08 4  |
| 6 Westerkamp, Claire  | Pella Christ | 29.66 3  |
| 7 Sutherland, Hayden  | Montezuma    | 30.41 2  |
| 8 Chvala, McKenna     | Iowa Valley, | 30.51 1  |
| 9 Knockel, Amber      | N Mahaska    | 31.54    |
| 10 Arment, Cara       | B-G-M, Brook | 31.63    |
| 11 Steenhoek, Katelyn | Colfax-Mingo | 32.40    |
| 12 Shaull, Kyla       | Belle Plaine | 32.46    |
| 13 Gibson, Jessica    | Colfax-Mingo | 33.14    |
| 14 Dickerson, Addison | N Mahaska    | x33.18   |
| 15 Donnelly, Kaylie   | Belle Plaine | 33.45    |
| 16 Miller, Brenna     | Colfax-Mingo | x33.51   |
| 17 Sparrowgrove, Abby | Iowa Valley, | x33.54   |
| 18 Bahlman, Ella      | Sigourney    | 35.11    |
| 19 Holder, Aubrie     | B-G-M, Brook | 35.43    |
| 20 Montgomery, Jayden | Sigourney    | 37.64    |

## Event 30 Boys 200 Meter Dash

Record: 22.71 2017 Avery Moore

| Name                | School       | Finals   |
|---------------------|--------------|----------|
| <b>Finals</b>       |              |          |
| 1 Haack, Caleb      | Iowa Valley, | 22.33 10 |
| 2 Peska, Layne      | Iowa Valley, | 23.00 8  |
| 3 Kacmarynski, Adam | Pella Christ | 23.20 6  |
| 4 Rose, David       | Montezuma    | 23.25 5  |

|                            |              |         |
|----------------------------|--------------|---------|
| 5 Ritzert, Brecken         | Pella Christ | 23.36 4 |
| 6 Read, Josh               | Iowa Valley, | x23.79  |
| 7 Trotter, Chase           | Colfax-Mingo | 24.41 3 |
| 8 Rhoads, Maddox           | B-G-M, Brook | 24.81 2 |
| 9 Cox, William             | N Mahaska    | 24.88 1 |
| 10 McCulloch, Sean         | Hlv, Victor  | 25.18   |
| 11 Grove, Fisher           | Colfax-Mingo | 25.84   |
| 12 Gus, PJ                 | B-G-M, Brook | 25.99   |
| 13 Clarahan, Chase         | Sigourney    | 26.49   |
| 14 Sellers, Hunter         | Sigourney    | 27.26   |
| 15 Conrad, Landon          | Sigourney    | x27.37  |
| 16 Thompson, Izaha         | B-G-M, Brook | x27.40  |
| 17 Schock, Nolan           | N Mahaska    | 27.95   |
| 18 Powell, TJ              | Hlv, Victor  | 28.48   |
| 19 Knutson, Asher          | Colfax-Mingo | x28.63  |
| 20 Gonzalez, Yudiel        | Montezuma    | 29.39   |
| 21 Edwards-Hinton, Bronson | N Mahaska    | x29.46  |

## Event 31 Girls 400 Meter Hurdles

Record: 1:11.19 2017 Summer Barthelman

| Name                 | School       | Finals     |
|----------------------|--------------|------------|
| <b>Finals</b>        |              |            |
| 1 Linder, Nataliya   | N Mahaska    | 1:10.91 10 |
| 2 Coover, Kennedy    | Belle Plaine | 1:15.50 8  |
| 3 Vos, Chloe         | Pella Christ | 1:17.77 6  |
| 4 Henstorf, Meridith | Hlv, Victor  | 1:25.45 5  |

## Event 32 Boys 400 Meter Hurdles

Record: 58.59 2019 Jarrett Stodghill

| Name               | School       | Finals    |
|--------------------|--------------|-----------|
| <b>Finals</b>      |              |           |
| 1 Hoyt, Chance     | Iowa Valley, | 57.59 10  |
| 2 Woods, Xavier    | Colfax-Mingo | 1:01.57 8 |
| 3 Ferguson, Tyson  | N Mahaska    | 1:02.04 6 |
| 4 Cadwell, Ely     | Pella Christ | 1:03.00 5 |
| 5 Menke, Dillon    | Sigourney    | 1:04.44 4 |
| 6 Stockman, Bryson | Montezuma    | 1:05.53 3 |
| 7 Pedersen, Xavier | Iowa Valley, | 1:06.78 2 |
| 8 Ritzert, Hudson  | Pella Christ | 1:07.04 1 |
| 9 Toussaint, Rylan | B-G-M, Brook | 1:09.01   |
| 10 Knepper, Aiden  | Sigourney    | 1:11.10   |
| 11 Hudnut, Easton  | Montezuma    | 1:12.27   |
| 12 Reed, Max       | N Mahaska    | 1:12.65   |
| 13 Aldan, Carwin   | Colfax-Mingo | 1:16.77   |

## Event 33 Girls 1500 Meter Run

Record: 5:25.49 2017 Cheyenne Shaw

| Name                 | School       | Finals     |
|----------------------|--------------|------------|
| <b>Finals</b>        |              |            |
| 1 Jedlicka, Emmerson | N Mahaska    | 5:22.73 10 |
| 2 Hosbond, Ashlynn   | Colfax-Mingo | 5:31.06 8  |
| 3 Yates, Addison     | Sigourney    | 5:35.96 6  |
| 4 Yates, Ellie       | Sigourney    | 5:36.64 5  |
| 5 Shmales, Julia     | Pella Christ | 6:01.61 4  |
| 6 Lamb, Nora         | Pella Christ | 6:06.96 3  |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 33 Girls 1500 Meter Run)

|    | Name               | School       | Finals  |   |
|----|--------------------|--------------|---------|---|
| 7  | Shilling, Layla    | Hlv, Victor  | 6:21.43 | 2 |
| 8  | Rose, Alexa        | Montezuma    | 6:28.98 | 1 |
| 9  | Blankenship, Allie | B-G-M, Brook | 6:32.08 |   |
| 10 | Kilgard, Kathryn   | Iowa Valley, | 6:36.04 |   |
| 11 | Kwaskiewicz, Laila | Colfax-Mingo | 6:43.33 |   |
| 12 | Hoyt, Skyler       | Iowa Valley, | 6:54.55 |   |
| 13 | Boughner, Terrica  | Hlv, Victor  | 9:07.07 |   |

## Event 34 Boys 1600 Meter Run

Record: 4:53.79 2017

Grant Dunsbergen

|    | Name               | School       | Finals   |     |
|----|--------------------|--------------|----------|-----|
| 1  | Klett, Troy        | Sigourney    | 4:58.02  | 10  |
| 2  | Vanden Bosch, Will | Pella Christ | 4:58.48  | 8   |
| 3  | De Ronde, Dean     | Pella Christ | 4:58.49  | 6   |
| 4  | Wilkins, Sullivan  | Colfax-Mingo | 5:12.50  | 5   |
| 5  | Ament, Owen        | Colfax-Mingo | 5:23.16  | 4   |
| 6  | Patterson, Axl     | N Mahaska    | 5:27.29  | 2.5 |
| 6  | Kriegel, Tyson     | Iowa Valley, | 5:27.29  | 2.5 |
| 8  | Bru, Linkyn        | Montezuma    | 5:49.90  | 1   |
| 9  | Lowry, Cade        | Montezuma    | 5:57.42  |     |
| 10 | Rodriguez, Mario   | Colfax-Mingo | x5:57.62 |     |
| 11 | Anderson, Jordan   | Sigourney    | 5:57.98  |     |
| 12 | Sherman, Derek     | Iowa Valley, | 6:00.22  |     |
| 13 | Stanley, Sullivan  | Hlv, Victor  | 6:04.82  |     |

## Event 35 Girls 4x100 Meter Relay

Record: 53.50 4/6/2023

Pella Christian

C.Nikkel, M.Nikkel, A.Boender,M.VanWyk

|   | Team                           | Relay                 | Finals |    |
|---|--------------------------------|-----------------------|--------|----|
| 1 | Pella Christian                | A                     | 52.56  | 10 |
|   | 1) Terpstra, Lexi              | 2) Westerkamp, Claire |        |    |
|   | 3) Bell, Ani                   | 4) Agre, Amaia        |        |    |
| 2 | Montezuma                      | A                     | 52.94  | 8  |
|   | 1) Ferry, Lily                 | 2) Burgess, Sydnee    |        |    |
|   | 3) Williams, RYanne            | 4) Snook, Chloe       |        |    |
| 3 | Hlv, Victor                    | A                     | 53.92  | 6  |
|   | 1) Randall, Lily               | 2) Cooper, Aaliyah    |        |    |
|   | 3) Schmidt, Caidyn             | 4) Roberts, Ema       |        |    |
| 4 | Montezuma                      | B                     | x56.64 |    |
|   | 1) Mathes, Kami                | 2) Cook, Vivian       |        |    |
|   | 3) Snook, Emma                 | 4) Sutherland, Hayden |        |    |
| 5 | Iowa Valley, M                 | A                     | 57.10  | 5  |
|   | 1) Marshall, Maeci             | 2) Hauschilt, Mallory |        |    |
|   | 3) Chvala, McKenna             | 4) Alardin, Isabella  |        |    |
| 6 | Colfax-Mingo                   | A                     | 57.98  | 4  |
|   | 1) Anderson, Lily              | 2) Freerksen, Brianna |        |    |
|   | 3) Purdie, Jessa               | 4) Snyder, Karmylia   |        |    |
| 7 | Belle Plaine                   | A                     | 58.41  | 3  |
|   | 1) Hemmingsen-Brinkman, Aurora | 2) Johnson, Maya      |        |    |
|   | 3) Shaull, Kyla                | 4) Johnson, Taylor    |        |    |

|    |                         |                        |          |   |
|----|-------------------------|------------------------|----------|---|
| 8  | Sigourney               | A                      | 59.48    | 2 |
|    | 1) Belvel, Brianna      | 2) Chittick, McKinley  |          |   |
|    | 3) Aller, Dani          | 4) Cave, Carmalita     |          |   |
| 9  | B-G-M, Brook            | A                      | 59.52    | 1 |
|    | 1) Minnaert, Karagyn    | 2) Wonick, Lilly       |          |   |
|    | 3) Schott, Connie       | 4) Holder, Aubrie      |          |   |
| 10 | Hlv, Victor             | B                      | x59.76   |   |
|    | 1) MacCready, Gracen    | 2) Henstorf, Meridith  |          |   |
|    | 3) Sternhagen, Isabelle | 4) Garrett, Zoelynn    |          |   |
| 11 | Iowa Valley, M          | B                      | x1:01.38 |   |
|    | 1) Sparrowgrove, Abby   | 2) Helgeson, Shayla    |          |   |
|    | 3) Nielsen, Kacie       | 4) Miller, Rya         |          |   |
| 12 | N Mahaska               | A                      | 1:02.23  |   |
|    | 1) Dickerson, Addison   | 2) Rivera, Falyann     |          |   |
|    | 3) DeBruin, Anna        | 4) Wallerich, Ruby     |          |   |
| 13 | Pella Christian         | B                      | x1:02.42 |   |
|    | 1) De Vries, Abby       | 2) De Vries, Breckyn   |          |   |
|    | 3) De Boef, Clara       | 4) Kacmarynski, Faith  |          |   |
| 14 | Colfax-Mingo            | B                      | x1:06.52 |   |
|    | 1) Metz, Selma          | 2) Van Maaren, Ava     |          |   |
|    | 3) Collins, Kaylee      | 4) Westercamp, Makenna |          |   |
| 15 | Sigourney               | B                      | x1:15.53 |   |
|    | 1) Bernhardt, Cora      | 2) Clarahan, Madison   |          |   |
|    | 3) Smallwood, Devyn     | 4) Tish, Ashtyn        |          |   |

## Event 36 Boys 4x100 Meter Relay

Record: 44.50 4/6/2023

Iowa Valley

C.Kinzenbaw, P.Kienitz, C.Haack, E.Kearney

|   | Team                   | Relay               | Finals |    |
|---|------------------------|---------------------|--------|----|
| 1 | Iowa Valley, M         | A                   | 43.90  | 10 |
|   | 1) Peska, Layne        | 2) Smith, Dane      |        |    |
|   | 3) Haack, Caleb        | 4) Kriegel, Nolan   |        |    |
| 2 | B-G-M, Brook           | A                   | 45.57  | 8  |
|   | 1) Heishman, Dakota    | 2) Clayton, Zachary |        |    |
|   | 3) Hassett, Landon     | 4) Findlay, Nathan  |        |    |
| 3 | Pella Christian        | A                   | 45.63  | 6  |
|   | 1) Nunnikhoven, Landon | 2) Ritzert, Brecken |        |    |
|   | 3) Volk, Caleb         | 4) Lubbers, Jude    |        |    |
| 4 | Montezuma              | A                   | 48.06  | 5  |
|   | 1) Brennan, Luke       | 2) Strong, Dane     |        |    |
|   | 3) Boulton, Brady      | 4) Holland, Kohen   |        |    |
| 5 | Sigourney              | A                   | 48.08  | 4  |
|   | 1) Walden, Lance       | 2) Fisch, Landon    |        |    |
|   | 3) Clarahan, Caden     | 4) Thompson, Jayden |        |    |
| 6 | Colfax-Mingo           | A                   | 48.32  | 3  |
|   | 1) Baucom, Isaiah      | 2) Rodriguez, Josue |        |    |
|   | 3) Grove, Fisher       | 4) Buenrostro, Tony |        |    |
| 7 | N Mahaska              | A                   | 49.43  | 2  |
|   | 1) Cox, William        | 2) Doak, Jackson    |        |    |
|   | 3) Goemaat, Jeb        | 4) Ferguson, Tyson  |        |    |
| 8 | Pella Christian        | B                   | x51.57 |    |
|   | 1) Boender, Anton      | 2) Six, Blake       |        |    |
|   | 3) Steinkamp, Trey     | 4) Wielard, Garrett |        |    |

## 2025 Steve Ehret Coed Relays - 4/10/2025

## North Mahaska High School

## Results

## Finals ... (Event 36 Boys 4x100 Meter Relay)

| Team                         | Relay                           | Finals   |
|------------------------------|---------------------------------|----------|
| 9 Montezuma                  | B                               | x52.25   |
| 1) Becerril, Alexson         | 2) Haughey, Evan                |          |
| 3) Wilcox, Gavin             | 4) Holland, Talen               |          |
| 10 Hlv, Victor               | A                               | 52.91 1  |
| 1) Read, Garrett             | 2) Westerdale, Mason            |          |
| 3) Hawkins, Cash             | 4) Gambleton, Tristan           |          |
| 11 Sigourney                 | B                               | x53.42   |
| 1) Davis, Carson             | 2) Sellers, Hunter              |          |
| 3) Jaeger, Levi              | 4) Moore, Graham                |          |
| 12 Hlv, Victor               | B                               | x57.58   |
| 1) Krumm, Easton             | 2) Randall, Nolan               |          |
| 3) Vermillion, Cooper        | 4) Huber, Remington             |          |
| 13 Iowa Valley, M            | B                               | x57.88   |
| 1) Kanke, Hayden             | 2) Alaniz, Maximus              |          |
| 3) Huber, Caleb              | 4) Carroll, Payton              |          |
| 14 Colfax-Mingo              | B                               | x59.97   |
| 1) Knutson, Asher            | 2) Rodriguez-Briseno, Alexander |          |
| 3) Hernandez-Martinez, Brian | 4) Hauschildt, Wilson           |          |
| 15 N Mahaska                 | B                               | x1:00.45 |
| 1) Vanryswyk, Kasen          | 2) Reed, Max                    |          |
| 3) Schock, Nolan             | 4) Edwards-Hinton, Bronson      |          |

## Event 37 Girls 4x400 Meter Relay

Record: 4:18.90 4/6/2023 Pella Christian

A.Agre, J.Settles, A.DeBoef, B.Voss

| Team                    | Relay                 | Finals     |
|-------------------------|-----------------------|------------|
| 1 Pella Christian       | A                     | 4:14.43 10 |
| 1) Kacmarynski, Rachel  | 2) Van Wyk, Meredith  |            |
| 3) Ver Meer, Ashlyn     | 4) Vos, Bailey        |            |
| 2 Hlv, Victor           | A                     | 4:15.43 8  |
| 1) Hall, Ayla           | 2) Hall, Emery        |            |
| 3) Cooper, Aaliyah      | 4) Roberts, Ema       |            |
| 3 N Mahaska             | A                     | 4:42.05 6  |
| 1) Knockel, Amber       | 2) Schock, Alivia     |            |
| 3) Huffman, Ava         | 4) Veiseth, Allie     |            |
| 4 Iowa Valley, M        | A                     | 4:44.38 5  |
| 1) Thiessen, Kennedy    | 2) Fry, Clara         |            |
| 3) Schachtlie, Michaela | 4) Von Lienen, Emma   |            |
| 5 Sigourney             | A                     | 4:55.58 4  |
| 1) Gretter, Bailey      | 2) Montgomery, Kaylie |            |
| 3) Clarahan, Brynn      | 4) Montgomery, Kia    |            |
| 6 Colfax-Mingo          | A                     | 5:08.39 3  |
| 1) Hunsberger, Claire   | 2) Snyder, Karoixa    |            |
| 3) Sipma, Mallory       | 4) Gibson, Jessica    |            |
| 7 Montezuma             | A                     | 5:11.77 2  |
| 1) Larmore, Lauryn      | 2) Wilson, Letisia    |            |
| 3) Snook, Emma          | 4) Semprini, Sophia   |            |

## Event 38 Boys 4x400 Meter Relay

Record: 3:40.81 2019 Pella Christian

B.Agre, J.Huisman, L.Schelhaas, L.Bandstra

| Team                  | Relay                 | Finals     |
|-----------------------|-----------------------|------------|
| 1 Colfax-Mingo        | A                     | 3:44.25 10 |
| 1) Trotter, Chase     | 2) Thornton, Wyatt    |            |
| 3) Lewis, Izaiah      | 4) Woods, Xavier      |            |
| 2 Pella Christian     | A                     | 3:48.98 8  |
| 1) Boender, Elijah    | 2) Volk, Caleb        |            |
| 3) Nunnikhoven, Logan | 4) Ochsner, Ezra      |            |
| 3 Montezuma           | A                     | 3:50.12 6  |
| 1) Rose, David        | 2) Stockman, Broox    |            |
| 3) Reif, Dayton       | 4) Erselius, Luke     |            |
| 4 Sigourney           | A                     | 3:52.14 5  |
| 1) Wehr, Wyatt        | 2) Little, Gauge      |            |
| 3) Berg, John         | 4) Klett, Troy        |            |
| 5 Iowa Valley, M      | A                     | 3:52.51 4  |
| 1) Hollister, Ayden   | 2) Mckibben, Chandler |            |
| 3) Hassebroek, Carter | 4) Pritchard, Manny   |            |
| 6 Hlv, Victor         | A                     | 3:57.10 3  |
| 1) PirkI, Tristan     | 2) Roorda, Boston     |            |
| 3) Thys, Drew         | 4) Van Waus, Aiden    |            |

## Women - Team Rankings - 19 Events Scored

|                    |     |
|--------------------|-----|
| 1) Pella Christian | 143 |
| 2) N Mahaska       | 111 |
| 3) HLV, Victor     | 99  |
| 4) Iowa Valley, M  | 72  |
| 5) Sigourney       | 69  |
| 6) Colfax-Mingo    | 66  |
| 7) Montezuma       | 63  |
| 8) Belle Plaine    | 57  |
| 9) B-G-M, Brook    | 19  |

## Men - Team Rankings - 19 Events Scored

|                    |       |
|--------------------|-------|
| 1) Pella Christian | 143   |
| 2) Iowa Valley, M  | 119.5 |
| 3) Colfax-Mingo    | 115   |
| 4) Sigourney       | 106   |
| 5) B-G-M, Brook    | 76    |
| 6) Montezuma       | 65    |
| 7) N Mahaska       | 45.5  |
| 8) HLV, Victor     | 43    |