

Ruth Ahrens Girls 2025 - 4/14/2025

Iowa Valley, Marengo

Results

Girls 100 Meter Dash Class A

Name	School	Finals
Finals		
1 Gehrking, Ava	English Vall	12.75 10
2 Wetjen, Ailea	Williamsburg	12.80 8
3 Snook, Chloe	Montezuma	13.42 6
4 Perez, Kieren	N Mahaska	13.46 4
5 Uhlmann, Graceyn	Williamsburg	13.62 2
6 Murray, Mikaly	Williamsburg	13.65 1
7 Randall, Lily	Hlv, Victor	13.76
8 Sanchez, Taylor	Williamsburg	13.80
9 Walton, Camella	Belle Plaine	13.91
10 Lown, Kailor	English Vall	13.96
11 Johnson, Maya	Belle Plaine	13.98
12 Alardin, Isabella	Iowa Valley,	14.09
13 Buckingham, Alyssa	Pcm, Monroe	14.32
14 Ferry, Lily	Montezuma	14.46
15 Gensley, Nicole	Hlv, Victor	14.78
16 Azzini, Ines	Pcm, Monroe	14.88
17 Nielsen, Kacie	Iowa Valley,	15.58
18 Rivera, Fallynn	N Mahaska	16.27
19 Bernhardt, Cora	Sigourney	17.36
20 Montgomery, Jayden	Sigourney	17.43

Girls 200 Meter Dash Class A

Name	School	Finals
Finals		
1 Roberts, Ema	Hlv, Victor	27.72 10
2 Hall, Ayla	Hlv, Victor	28.51 8
3 Hocker, Ava	Williamsburg	28.71 6
4 Sanchez, Taylor	Williamsburg	29.09 4
5 Uhlmann, Graceyn	Williamsburg	29.14 2
6 Thiessen, Kennedy	Iowa Valley,	29.17 1
7 Alardin, Isabella	Iowa Valley,	29.47
8 Grieder, Ava	Belle Plaine	29.57
9 Walton, Camella	Belle Plaine	30.08
10 Buckingham, Alyssa	Pcm, Monroe	30.27
11 Nielsen, Isla	Williamsburg	30.43
12 Azzini, Ines	Pcm, Monroe	32.68
13 Gretter, Becca	Sigourney	33.54
14 Hernandez, Ximena	English Vall	34.58
15 Dickerson, Addison	N Mahaska	34.79
16 Conrad, Peyton	English Vall	37.45
17 Tish, Ashtyn	Sigourney	38.03
--- Rivera, Fallynn	N Mahaska	DQ
--- Williams, Ryanne	Montezuma	DQ
--- Ferry, Lily	Montezuma	DQ

Girls 400 Meter Dash Class A

Name	School	Finals
Finals		
1 Hocker, Ava	Williamsburg	59.86 10
2 Roberts, Ema	Hlv, Victor	1:03.36 8
3 Fagg, Lexi	Pcm, Monroe	1:06.92 6
4 Thiessen, Kennedy	Iowa Valley,	1:07.92 4

5 Rumbaugh, Paiten	Pcm, Monroe	1:08.72 2
6 Von Lienen, Emma	Iowa Valley,	1:09.01 1
7 Becker, Kaylin	Williamsburg	1:11.72
8 Briggs, Lilly	N Mahaska	1:14.66
9 Wilson, Cloee	Sigourney	1:15.99
10 Sieren, Emily	English Vall	1:18.50
11 Garrett, Zoelynn	Hlv, Victor	1:19.56
12 McCulley, Abyl	Sigourney	1:20.12
13 DuFour, Pauline	Williamsburg	1:30.22
--- Steil, Aly	N Mahaska	DQ

Girls 800 Meter Run Class A

Name	School	Finals
Finals		
1 Hall, Emery	Hlv, Victor	2:31.96 10
2 Becker, Channing	Williamsburg	2:33.40 8
3 Wilde, Aubree	Williamsburg	2:39.91 6
4 Wheeler, Bailey	Pcm, Monroe	2:41.29 4
5 Achenbach, Addison	English Vall	2:42.69 2
6 Kleinmeyer, Ella	Williamsburg	2:44.22 1
7 Huffman, Ava	N Mahaska	2:45.98
8 Yates, Addison	Sigourney	2:48.09
9 Yates, Ellie	Sigourney	2:48.18
10 Von Lienen, Emma	Iowa Valley,	2:49.15
11 Miller, Rya	Iowa Valley,	2:55.32
12 Abernathy, Lillyona	Williamsburg	2:56.24
13 Ford, Annie	Pcm, Monroe	2:58.57
14 Shilling, Layla	Hlv, Victor	3:07.95
15 Burnett, Hayley	Montezuma	3:25.71
--- Daniels, Aly	Montezuma	DQ

Girls 1500 Meter Run Class A

Name	School	Finals
Finals		
1 Axmear, Edie	Williamsburg	5:32.67 10
2 Jedlicka, Emmerson	N Mahaska	5:33.75 8
3 Maas, Leighton	Williamsburg	5:38.26 6
4 Hilsabeck, Ali	Pcm, Monroe	5:40.09 4
5 DeRaad, Darbey	Pcm, Monroe	5:56.68 2
6 Wilson, Cloee	Sigourney	6:24.55 1
7 Sieren, Emily	English Vall	6:36.22
8 Hoyt, Skyler	Iowa Valley,	6:36.75
9 Bahlman, Ella	Sigourney	7:20.92
10 Boughner, Terrica	Hlv, Victor	9:45.46

Girls 3000 Meter Run Class A

Name	School	Finals
Finals		
1 Becker, Channing	Williamsburg	11:10.24 10
2 Jedlicka, Emmerson	N Mahaska	11:28.79 8
3 Yates, Ellie	Sigourney	11:39.15 6
4 Luers, Anna	English Vall	11:56.61 4
5 Yates, Addison	Sigourney	11:58.37 2
6 Achenbach, Addison	English Vall	12:10.07 1
7 Abernathy, Lillyona	Williamsburg	12:13.54
8 Ford, Annie	Pcm, Monroe	12:36.09

Ruth Ahrens Girls 2025 - 4/14/2025

Iowa Valley, Marengo

Results

Finals ... (Girls 3000 Meter Run Class A)

Name	School	Finals
9 Shilling, Layla	Hlv, Victor	14:07.39

Girls 100 Meter Hurdles Class A

Name	School	Finals
------	--------	--------

Finals

1	Perez, Kieren	N Mahaska	16.97	10
2	Lindsay, Tori	Pcm, Monroe	18.25	8
3	Reed, Kadie	Williamsburg	18.50	6
4	Walton, Camella	Belle Plaine	18.71	4
5	Bender, Joslyn	English Vall	18.99	2
6	Grieder, Ava	Belle Plaine	19.37	1
7	Sorden-Spies, Phoenix	English Vall	21.01	
8	Spratt, Kalon	Williamsburg	22.89	
---	Humpal, Lillian	Pcm, Monroe	DQ	
---	Little, Macie	N Mahaska	DQ	

Girls 400 Meter Hurdles Class A

Name	School	Finals
------	--------	--------

Finals

1	Cooper, Aaliyah	Hlv, Victor	1:09.83	10
2	Spratt, Keston	Williamsburg	1:10.65	8
3	Bender, Joslyn	English Vall	1:20.87	6
4	Riedel, Makenze	Williamsburg	1:23.82	4
5	Arwine, Reagan	Williamsburg	1:25.42	2
6	Henstorf, Meridith	Hlv, Victor	1:25.49	1

Girls 4x100 Meter Relay Class A

Team	Relay	Finals
------	-------	--------

Finals

1	English Valleys	A	55.43	10
	1) Lown, Kailor	2) Koehn, Mallory		
	3) Luers, Anna	4) Gehrking, Ava		
2	Williamsburg	A	56.18	8
	1) Sanchez, Taylor	2) Rich, Carly		
	3) Murray, Mikaly	4) Uhlmann, Graceyn		
3	Montezuma	A	56.73	6
	1) Ferry, Lily	2) Williams, Ryanne		
	3) Kercheval, Analeece	4) Snook, Chloe		
4	Pcm, Monroe	A	56.74	4
	1) DeVore, Ryan	2) Lathrum, Peyton		
	3) Shannon, Addison	4) Teeter, Jorja		
5	Hlv, Victor	A	57.52	2
	1) Randall, Lily	2) Schmidt, Caiya		
	3) Schmidt, Caidyn	4) Moore, Karley		
6	Sigourney	A	58.86	1
	1) Belvel, Brianna	2) Aller, Dani		
	3) Cave, Carmalita	4) Montgomery, Kia		
7	Williamsburg JV	A	59.34	
	1) Metz, Jersey	2) Reed, Kadie		
	3) Simmons, Mya	4) Owens, Kimora		
8	Iowa Valley, M	A	1:00.07	
	1) Alardin, Isabella	2) Chvala, McKenna		
	3) Hauschilt, Mallory	4) Marshall, Maeci		

9	N Mahaska	A	1:04.20
---	-----------	---	---------

- 1) Dickerson, Addison
3) Rivera, Fallynn
- 2) DeBruin, Anna
4) Wallerich, Ruby

Girls 4x200 Meter Relay Class A

Team	Relay	Finals
------	-------	--------

Finals

1	English Valleys	A	1:57.42	10
	1) Lown, Kailor	2) Caster, Kaylynn		
	3) Luers, Anna	4) Gehrking, Ava		
2	Williamsburg	A	2:00.66	8
	1) Murray, Mikaly	2) Nielsen, Isla		
	3) Simmons, Mya	4) Skaggs, Kennedy		
3	Hlv, Victor	A	2:01.09	6
	1) Schmidt, Caiya	2) Gensley, Nicole		
	3) Schmidt, Caidyn	4) Moore, Karley		
4	Belle Plaine	A	2:04.24	4
	1) Hemmingsen-Brinkman, Aur	2) Stamp, Jules		
	3) Johnson, Maya	4) Donnelly, Kaylie		
5	Pcm, Monroe	A	2:04.49	2
	1) Winters, Libby	2) Stravers, Stella		
	3) Shannon, Addison	4) Naeve, Kyra		
6	Iowa Valley, M	A	2:06.04	1
	1) Marshall, Maeci	2) Chvala, McKenna		
	3) Hauschilt, Mallory	4) Schachtlie, Michaela		
7	Williamsburg JV	A	2:08.86	
	1) Metz, Jersey	2) Plotz, Braylee		
	3) Owens, Kimora	4) Riedel, Makenze		
8	Sigourney	A	2:12.11	
	1) Aller, Dani	2) Belvel, Brianna		
	3) Cave, Carmalita	4) Montgomery, Kia		
9	N Mahaska	A	2:13.14	
	1) Knockel, Amber	2) Wallerich, Ruby		
	3) DeBruin, Anna	4) Dickerson, Addison		

Girls 4x400 Meter Relay Class A

Team	Relay	Finals
------	-------	--------

Finals

1	Williamsburg	A	4:18.78	10
	1) Wetjen, Ailea	2) Hughes, Makenna		
	3) Spratt, Keston	4) Hocker, Ava		
2	Hlv, Victor	A	4:19.90	8
	1) Hall, Ayla	2) Hall, Emery		
	3) Cooper, Aaliyah	4) Roberts, Ema		
3	Pcm, Monroe	A	4:33.15	6
	1) Teeter, Abi	2) Fagg, Katelynn		
	3) Winters, Libby	4) Milani, Lila		
4	Williamsburg JV	A	4:38.37	4
	1) Nielsen, Ellie	2) Skaggs, Kennedy		
	3) Becker, Kaylin	4) Hoffman, Ashlyn		
5	Iowa Valley, M	A	4:49.41	2
	1) Schachtlie, Michaela	2) Kriegel, Eva		
	3) Von Lienen, Emma	4) Thiessen, Kennedy		
6	English Valleys	A	4:49.50	1
	1) Achenbach, Aubrey	2) Achenbach, Addison		
	3) Debevec, Olivia	4) Caster, Kaylynn		

Ruth Ahrens Girls 2025 - 4/14/2025

Iowa Valley, Marengo

Results

Finals ... (Girls 4x400 Meter Relay Class A)

Team	Relay	Finals
7 N Mahaska	A	4:51.22
1) Van Weelden, Abby	2) Schock, Alivia	
3) Knockel, Amber	4) Veiseth, Allie	
8 Sigourney	A	5:17.02
1) Gretter, Becca	2) Montgomery, Kaylie	
3) Yates, Ellie	4) Yates, Addison	

Girls 4x800 Meter Relay Class A

Team	Relay	Finals
1 Hlv, Victor	A	10:32.43 10
1) Hall, Ayla	2) Schmidt, Caiya	
3) Cooper, Aaliyah	4) Hall, Emery	
2 Williamsburg	A	11:07.77 8
1) Wilde, Aubree	2) Kleinmeyer, Ella	
3) Becker, Kaylin	4) Maas, Leighton	
3 Pcm, Monroe	A	11:27.98 6
1) Wheeler, Bailey	2) DeRaad, Darbey	
3) Hilsabeck, Ali	4) Vannoy, Raegan	
4 N Mahaska	A	11:36.50 4
1) Veiseth, Allie	2) Knockel, Amber	
3) Van Weelden, Abby	4) Huffman, Ava	
5 Sigourney	A	12:41.68 2
1) Gretter, Becca	2) Montgomery, Kaylie	
3) McCulley, Abyl	4) Wilson, Cloee	

Girls 800 Sprint Medley Class A

Team	Relay	Finals
1 Williamsburg	A	1:58.58 10
1) Hughes, Makenna	2) Skaggs, Kennedy	
3) Wetjen, Ailea	4) Hoffman, Ashlyn	
2 Montezuma	A	2:02.62 8
1) Ferry, Lily	2) Kercheval, Analeece	
3) Snook, Chloe	4) Williams, Ryanne	
3 Pcm, Monroe	A	2:05.10 6
1) Stravers, Stella	2) Naeve, Kyra	
3) Fagg, Lexi	4) Fagg, Katelynn	
4 Hlv, Victor	A	2:09.47 4
1) Moore, Karley	2) Henstorf, Meridith	
3) Garrett, Zoelynn	4) Schmidt, Caidyn	
5 Belle Plaine	A	2:12.19 2
1) Hemmingsen-Brinkman, Aur	2) Stamp, Jules	
3) Grieder, Ava	4) Donnelly, Kaylie	
6 Iowa Valley, M	A	2:12.75 1
1) Kriegel, Lydia	2) Hauschilt, Mallory	
3) Miller, Rya	4) Chvala, McKenna	
7 N Mahaska	A	2:12.94
1) Perez, Kieren	2) Little, Macie	
3) Briggs, Lilly	4) Schock, Alivia	
8 Williamsburg JV	A	2:14.52
1) Metz, Jersey	2) Schirmer, Alex	
3) Riedel, Makenze	4) Garringer, Jackie	

9 English Valleys	A	2:15.30
1) Koehn, Mallory	2) Gorsh, Anna	
3) Caster, Kaylynn	4) Achenbach, Aubrey	
--- Sigourney	A	DQ
1) Belvel, Brianna	2) Cave, Carmalita	
3) Aller, Dani	4) Montgomery, Kia	

Girls Distance Medley Class A

Team	Relay	Finals
1 Williamsburg	A	4:31.30 10
1) Hughes, Makenna	2) Nielsen, Ellie	
3) Hoffman, Ashlyn	4) Axmear, Edie	
2 Pcm, Monroe	A	4:35.31 8
1) Lathrum, Peyton	2) Teeter, Jorja	
3) Teeter, Abi	4) Milani, Lila	
3 N Mahaska	A	5:04.65 6
1) Little, Macie	2) Schock, Alivia	
3) Veiseth, Allie	4) Huffman, Ava	
4 Iowa Valley, M	A	5:04.95 4
1) Marshall, Maeci	2) Schachtlie, Michaela	
3) Kriegel, Eva	4) Miller, Rya	
5 English Valleys	A	5:07.53 2
1) Gorsh, Anna	2) Smith, Lydia	
3) Debevec, Olivia	4) Achenbach, Aubrey	
6 Williamsburg JV	A	5:13.30 1
1) Schirmer, Alex	2) Owens, Kimora	
3) Garringer, Jackie	4) Arwine, Reagan	
7 Sigourney	A	5:39.25
1) Moore, Josephine	2) Tish, Ashtyn	
3) Bahlman, Ella	4) Montgomery, Kaylie	

Girls 4x100 Meter Shuttle Hurdle Class A

Team	Relay	Finals
1 Pcm, Monroe	A	1:15.73 10
1) Tuller, Kylie	2) DeVore, Ryan	
3) Humpal, Lillian	4) Lindsay, Tori	
2 Williamsburg	A	1:21.05 8
1) Plotz, Braylee	2) Spratt, Keston	
3) Spratt, Kalon	4) Reed, Kadie	
3 English Valleys	A	1:24.04 6
1) Sorden-Spies, Phoenix	2) Bender, Hadyn	
3) Smith, Lydia	4) Bender, Joslyn	

Girls High Jump Class A

Name	School	Finals
1 Roberts, Ema	Hlv, Victor	J5-04.25 10
2 Nielsen, Ellie	Williamsburg	J5-02.00 8
3 Gensley, Nicole	Hlv, Victor	J5-00.00 6
4 Nielsen, Isla	Williamsburg	J4-10.00 3
4 Thiessen, Kennedy	Iowa Valley,	J4-10.00 3
6 Debevec, Olivia	English Vall	J4-08.00 1
7 Winters, Libby	Pcm, Monroe	J4-06.00
8 Lathrum, Peyton	Pcm, Monroe	J4-04.00

Ruth Ahrens Girls 2025 - 4/14/2025**Iowa Valley, Marengo****Results****Finals ... (Girls High Jump Class A)**

Name	School	Finals
--- Hiner, Jayden	N Mahaska	DQ

Girls Long Jump Class A

Name	School	Finals
------	--------	--------

Finals

1	Fagg, Katelynn	Pcm, Monroe	16-06.00	10
2	Fagg, Lexi	Pcm, Monroe	15-06.00	8
3	Marshall, Maeci	Iowa Valley,	15-03.00	6
4	Snook, Chloe	Montezuma	15-01.50	4
5	Walton, Camella	Belle Plaine	15-00.50	2
6	Rich, Carly	Williamsburg	14-06.00	1
7	Williams, Rynne	Montezuma	14-03.00	
8	Schirmer, Alex	Williamsburg	13-10.50	
9	Montgomery, Kia	Sigourney	13-10.00	
10	Schachtlie, Michaela	Iowa Valley,	13-06.00	
11	Van Weelden, Abby	N Mahaska	12-09.00	
12	Smith, Lydia	English Vall	12-07.50	
13	Sternhagen, Isabelle	Hlv, Victor	11-05.50	
---	Perez, Kieren	N Mahaska	DQ	

Girls Shot Put Class A

Name	School	Finals
------	--------	--------

Finals

1	Kriegel, Lydia	Iowa Valley,	38-05.00	10
2	Ness, Lilly	Williamsburg	35-11.00	8
3	Mikesell, Taylor	English Vall	33-07.00	6
4	Mosher, Scarlett	Pcm, Monroe	33-02.00	4
5	Moore, Josephine	Sigourney	32-05.00	2
6	Aossey, Chloe	Williamsburg	30-09.50	1
7	DeRycke, Reghan	Belle Plaine	30-09.00	
8	Suhr, Clarissa	Williamsburg	30-00.00	
9	Keuning, Ila	Pcm, Monroe	28-08.00	
10	Randall, Lily	Hlv, Victor	26-07.00	
11	Skaggs, Jordyn	Williamsburg	24-08.00	
12	Smallwood, Devyn	Sigourney	24-03.00	
13	Krouse, Khloe	Montezuma	22-06.00	
13	Nielsen, Kacie	Iowa Valley,	22-06.00	
15	Garcia-Bravo, Claudia	Belle Plaine	21-07.00	
16	Parizek, Karlee	English Vall	21-05.00	
17	Edwards-Hinton, Amara	N Mahaska	18-07.00	
18	Boughner, Terrica	Hlv, Victor	16-00.50	
---	Smothers, Mya	Montezuma	DQ	

Girls Discus Throw Class A

Name	School	Finals
------	--------	--------

Finals

1	Kriegel, Lydia	Iowa Valley,	130-01.50	10
2	Mikesell, Taylor	English Vall	111-07.50	8
3	Plotz, Braylee	Williamsburg	106-00.50	6
4	Allen, Zoe	Williamsburg	102-06	4
5	Suhr, Clarissa	Williamsburg	91-11	2
6	Keuning, Ila	Pcm, Monroe	91-10.50	1
7	Smothers, Mya	Montezuma	91-06.50	
8	Moore, Josephine	Sigourney	89-06	

9	Ness, Lilly	Williamsburg	89-05
10	Bender, Hadyn	English Vall	78-06
11	Mosher, Scarlett	Pcm, Monroe	74-11
12	Tish, Ashtyn	Sigourney	65-03
13	Muilenburg, Madison	Montezuma	62-02
14	Garcia-Bravo, Claudia	Belle Plaine	59-05
15	DeRycke, Reghan	Belle Plaine	52-04
16	Edwards-Hinton, Amara	N Mahaska	43-05
17	Boughner, Terrica	Hlv, Victor	41-10
---	DeBruin, Anna	N Mahaska	DQ

Women - Class A - Team Rankings - 19 Events Scored

1)	Williamsburg	176
2)	HLV, Victor	93
3)	PCM, Monroe	91
4)	English Valleys	69
5)	Iowa Valley, M	43
6)	N Mahaska	40
7)	Montezuma	24
8)	Williamsburg JV	18
9)	Sigourney	14
10)	Belle Plaine	13