



**MOVE TOGETHER, CELEBRATE EVERY STEP
1-MILE WALK OR OPTION FOR GO FURTHER**

October 4th

***Banner Lakes at Sunset State Park
Indianola, IA***

Registration at 8 AM Race Start at 9 AM

Join us for a day of smiles, movement, and celebration!

The COC Run Walk Roll featuring the Buddy Walk® is a relaxed, family-friendly event centered around a 1-mile walk—perfect for all ages and abilities.

Want to go further? Keep walking, rolling, or running at your own pace!

Let's come together to celebrate the talents and joy
that every person brings to our community.

Registration Options:

- **1-Mile Buddy Walk: \$25**
- **5K Fun Run: \$25**
- **Child (Buddy Walk or 5K): \$15**
- **Family Bundle (2 Adults + 2-3 Children): \$75**



www.christianopportunity.org