

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Girls 100 Meter Dash 3A

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Kester, Keaton	11 ADM, Adel	12.17	12.10	2	10
2 Johnson, Macy	12 Winterset	12.73	12.39	2	8
3 Dubois, Taylor	12 Carlisle	12.61	12.56	2	6
4 Rodman, Tarynn	09 Norwalk	12.91	12.69	2	5
5 Lonneman, Josi	09 ADM, Adel	13.18	13.19	2	4
6 Statler, Natalea	09 Carlisle	13.65	13.57	2	3
7 Onken, Summer	09 Norwalk	13.59	13.66	2	2
8 Feldstein, Anna	12 Bond-Farrar	14.13	13.94	1	1
9 Dearden, Emily	12 Bond-Farrar	14.04	14.04	1	
9 Wasden, Brittany	10 Winterset	13.99	14.04	2	
11 Bowman, Hannah	11 Saydel	14.43	14.22	1	
12 Erdelt, Oliva	12 Saydel	14.92	14.29	1	
13 Baker, Samantha	10 Chariton	15.72	15.52	1	
14 Pantini, Sydney	09 Creston	15.94	15.93	1	
15 Hood, Abbi	09 Creston		15.95	1	
16 Deemer, Hailey	10 Chariton	17.19	17.02	1	

## Girls 200 Meter Dash 3A

Name	Year School	Seed	Finals	H#	Points
1 Kester, Keaton	11 ADM, Adel	25.01	24.81	2	10
2 Vanderholt, Taylor	11 Norwalk	26.08	25.94	2	8
3 Dubois, Taylor	12 Carlisle	26.21	26.03	2	6
4 Reed, Marissa	12 Carlisle	28.00	28.53	2	5
5 Anderson, Olivia	12 ADM, Adel		28.83	2	4
6 Hall, Abi	09 Bond-Farrar	30.50	29.32	2	3
7 Fulton, Elly	10 Bond-Farrar	31.57	30.32	1	2
8 Woody, Aubrianna	09 Creston	32.57	31.23	1	1
9 Erdelt, Oliva	12 Saydel	31.80	32.03	1	
10 Pantini, Sydney	09 Creston	34.04	33.77	1	
11 Deemer, Hailey	10 Chariton	36.71	36.60	1	
12 Abrahamson, Emma	10 Chariton	36.94	37.18	1	

## Girls 400 Meter Dash 3A

Name	Year School	Seed	Finals	H#	Points
1 Vanderholt, Taylor	11 Norwalk	59.87	1:00.64	2	10
2 Kenny, Anna	10 ADM, Adel	1:01.69	1:02.00	2	8
3 Rice, Saige	10 Creston	1:05.26	1:04.07	2	6
4 Mesecher, Cameron	10 Carlisle	1:06.19	1:06.79	2	5
5 Anderson, Olivia	12 ADM, Adel	1:07.47	1:07.23	2	4
6 Hoffman, Meredith	09 Carlisle	1:07.93	1:08.07	2	3
7 Bengtson, Grace	10 Chariton	1:06.40	1:08.10	2	2
8 Linch, Brittany	09 Creston	1:10.33	1:08.70	1	1
9 Schulz, Annika	09 Norwalk	1:08.53	1:08.90	1	
10 Bowman, Hannah	11 Saydel	1:07.82	1:09.37	2	
11 Woods, Carly	12 Saydel	1:13.30	1:10.75	1	
12 Schmieser, Emily	10 Bond-Farrar	1:13.44	1:15.75	1	
13 Dyer, Samantha	09 Chariton	1:16.40	1:22.81	1	

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Girls 800 Meter Run 3A

Name	Year	School	Seed	Finals	H#	Points
1 Juergens, Sadie	10	ADM, Adel	2:20.16	2:23.83	2	10
2 Hoekstra, Madi	11	Carlisle	2:29.30	2:25.26	2	8
3 Mueller, Ellise	11	ADM, Adel	2:32.94	2:32.23	2	6
4 Gurwell, Ainsley	09	Winterset	2:37.92	2:33.67	2	5
5 Vicker, Jesse	10	Creston	2:33.11	2:36.56	2	4
6 Kaufman, Riley	11	Winterset	2:43.26	2:45.24	2	3
7 Rice, Saige	10	Creston	2:54.35	2:45.84	1	2
8 Lackman, Tevka	09	Norwalk	2:45.08	2:47.92	2	1
9 Hoekstra, Molly	09	Carlisle	2:49.52	2:49.26	1	
10 Myers, Emma	12	Norwalk	2:47.47	2:49.88	2	
11 Weber, Shelby	12	Saydel	3:18.41	3:21.95	1	

## Girls 1500 Meter Run 3A

Name	Year	School	Seed	Finals	Points
1 Sievers, Megan	10	Carlisle	4:59.23	5:17.88	10
2 Erhardt, Emily	09	Bond-Farrar	5:49.52	5:44.53	8
3 Hauf, Ashlie	11	ADM, Adel	5:45.36	5:57.56	6
4 Skarda, Allivea	09	Creston	5:49.49	5:59.91	5
5 Larson, Cacy	09	Norwalk	5:54.50	6:01.82	4
6 Mumm, Sarah	09	Carlisle	6:15.95	6:09.53	3
7 Abrahamson, Vada	12	Chariton	7:55.90	7:50.04	2

## Girls 3000 Meter Run 3A

Name	Year	School	Seed	Finals	Points
1 Sievers, Megan	10	Carlisle	11:18.03	12:19.94	10
2 Hauf, Ashlie	11	ADM, Adel	12:49.93	12:57.04	8
3 Bergan, Taylor	09	Norwalk	13:02.83	13:17.37	6
4 Bennett, Sara	12	Norwalk	13:29.78	13:37.76	5
5 Schmieser, Emily	10	Bond-Farrar	14:30.00	15:24.13	4

## Girls 100 Meter Hurdles 3A

Name	Year	School	Seed	Finals	H#	Points
1 Lambson, Aricka	11	Carlisle	15.12	15.14	2	10
2 Haack, Jocelyn	10	Carlisle	15.32	15.35	2	8
3 Schepers, Sami	11	ADM, Adel	15.88	16.01	2	6
4 Tolentino, Jayda	11	Saydel	16.69	16.16	2	5
5 Weeks, Lexi	12	Winterset	16.31	16.20	2	4
6 LaQuatte, Torie	11	Norwalk	16.71	16.72	2	3
7 Baier, Kristen	10	ADM, Adel	17.77	17.39	1	2
8 Castillo, Danielle	11	Creston	17.67	17.50	2	1
9 Camp, Lauren	12	Winterset	17.72	17.80	1	
10 Adams, Megan	12	Norwalk	17.35	17.84	2	
11 Woods, Keely	12	Saydel	17.90	17.91	1	
12 Dicks, Allie	09	Bond-Farrar	19.79	19.63	1	
13 Shinogle, Lydia	11	Bond-Farrar	20.53	20.34	1	
14 Woody, Aubrianna	09	Creston	21.33	21.94	1	

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## Girls 400 Meter Hurdles 3A

Name	Year	School	Seed	Finals	H#	Points
1 Gassman, Carlee	09	Norwalk	1:09.77	1:07.21	2	10
2 Haack, Jocelyn	10	Carlisle	1:09.18	1:08.27	2	8
3 Swartout, Luci	11	Chariton	1:11.44	1:09.64	2	6
4 Bunch, Abbie	10	Norwalk	1:10.78	1:12.43	2	5
5 Shepherd, Rachel	12	Creston	1:11.35	1:12.71	2	4
6 Viers, Tristine	09	Carlisle	1:12.85	1:16.43	2	3
7 Linch, Brittany	09	Creston	1:16.98	1:16.49	2	2
8 Pickering, Ally	11	Winterset	1:12.00	1:17.30	2	1
9 Hay, Emma	09	Bond-Farrar	1:19.64	1:19.46	1	
10 Klein, Mikayla	10	ADM, Adel	1:20.69	1:20.49	1	
11 Dicks, Allie	09	Bond-Farrar	1:24.68	1:26.36	1	

## Girls 4x100 Meter Relay 3A

School	Seed	Finals	Points
1 ADM, Adel	50.83	50.25	10
1) Bertman, Sydney 12	2) Lonneman, Josi 09		
3) Schepers, Sami 11	4) Kester, Keaton 11		
2 Norwalk	51.02	50.70	8
1) Anderson, Clare 12	2) Gassman, Carlee 09		
3) Campbell, Shae 11	4) Rodman, Tarynn 09		
3 Carlisle	51.35	50.81	6
1) Lambson, Aricka 11	2) Reed, Marissa 12		
3) Beier, Agatha 12	4) Dubois, Taylor 12		
4 Winterset	52.15	51.11	5
1) Hansen, Natalie 11	2) Wasden, Brittany 10		
3) McDonald, Ellie 12	4) Johnson, Macy 12		
5 Creston	53.22	52.72	4
1) Shepherd, Rachel 12	2) Hemsworth, Stephanie 11		
3) Latham, Kiersten 11	4) Stewart, Kesia 10		
6 Bond-Farrar	53.50	54.05	3
1) Cook, Skylar 09	2) Feldstein, Anna 12		
3) Walke, Paige 10	4) Farrell, Summer 10		
7 Chariton	59.87	1:00.46	2
1) Terrell, Saydee 12	2) Fisher, Amara 09		
3) Gray, Kaden 10	4) Baker, Samantha 10		

## Girls 4x200 Meter Relay 3A

School	Seed	Finals	Points
1 Carlisle	1:50.29	1:50.10	10
1) Ahartz, Adelynn 10	2) Reed, Marissa 12		
3) Beier, Agatha 12	4) Dubois, Taylor 12		
2 Norwalk	1:50.05	1:50.36	8
1) Anderson, Clare 12	2) Belizzi, Gianna 10		
3) Bunch, Abbie 10	4) Campbell, Shae 11		
3 Creston	1:50.80	1:50.68	6
1) Latham, Kiersten 11	2) Hemsworth, Stephanie 11		
3) Stewart, Kesia 10	4) Maitlen, Cayla 11		
4 ADM, Adel	1:49.53	1:51.18	5
1) Bertman, Sydney 12	2) Lohmann, Lizzy 09		

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## ....Girls 4x200 Meter Relay 3A

3) Hauf, Kylie 11	4) Hook, Elle 09			
5 Bond-Farrar	1:53.15	1:51.96	4	
1) Cook, Skylar 09	2) Yeager, Sarah 09			
3) Walke, Paige 10	4) Farrell, Summer 10			
6 Chariton	2:10.92	2:13.10	3	
1) Terrell, Saydee 12	2) Fisher, Amara 09			
3) Gray, Kaden 10	4) Swartout, Luci 11			

## Girls 4x400 Meter Relay 3A

School	Seed	Finals	Points
1 ADM, Adel	4:12.85	4:08.96	10
1) Kenny, Anna 10	2) Hook, Elle 09		
3) Lohmann, Lizzy 09	4) Juergens, Sadie 10		
2 Creston	4:18.13	4:09.72	8
1) Baker, Brielle 10	2) Wallace, Breanna 11		
3) Maitlen, Cayla 11	4) Hudson, Makenna 09		
3 Norwalk	4:11.25	4:09.74	6
1) Anderson, Clare 12	2) Rodman, Tarynn 09		
3) Gassman, Carlee 09	4) Vanderholt, Taylor 11		
4 Carlisle	4:07.72	4:10.92	5
1) Hoekstra, Madi 11	2) Curtis, Abby 11		
3) Lambson, Aricka 11	4) Haack, Jocelyn 10		
5 Winterset	4:21.79	4:27.13	4
1) Gurwell, Layken 12	2) Pashek, Taylor 12		
3) Kaufman, Sydney 12	4) Gurwell, Ainsley 09		
6 Bond-Farrar	4:35.00	4:43.49	3
1) Boatwright, Kileigh 11	2) Yeager, Sarah 09		
3) Lause, Alea 10	4) Hall, Abi 09		
7 Saydel	4:50.79	4:48.28	2
1) Bowman, Hannah 11	2) Woods, Carly 12		
3) Woods, Keely 12	4) Carrillo, Melissa 10		
8 Chariton	4:46.58	5:09.91	1
1) Bengtson, Grace 10	2) Gray, Kaden 10		
3) Dobryden, Liliya 09	4) Swartout, Luci 11		

## Girls 4x800 Meter Relay 3A

School	Seed	Finals	Points
1 ADM, Adel	10:23.27	10:01.88	10
1) Juergens, Sadie 10	2) Hook, Elle 09		
3) Mueller, Ellise 11	4) Kenny, Anna 10		
2 Creston	10:15.12	10:06.74	8
1) Vicker, Jesse 10	2) Shepherd, Rachel 12		
3) Hudson, Makenna 09	4) Baker, Brielle 10		
3 Winterset	10:20.52	10:07.72	6
1) Fairchild, Caitlyn 10	2) Gurwell, Ainsley 09		
3) Kaufman, Sydney 12	4) Gurwell, Layken 12		
4 Norwalk	10:48.70	10:40.58	5
1) Davitt, Abbie 09	2) Roberts, Hannah 09		
3) Wermerskerken, Ellie 09	4) Balk, Annie 10		
5 Carlisle	11:37.09	11:46.22	4
1) Laughlin, Maisie 09	2) Armstrong, Katelynn 09		

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017**  
**5/11/2017**

**Results - 3A District Events**

**....Girls 4x800 Meter Relay 3A**

3) Mumm, Sarah 09	4) Hoekstra, Molly 09			
6 Bond-Farrar	11:30.00	11:54.09	3	
1) Hay, Emma 09	2) Lester, Kinsey 11			
3) Schmieser, Emily 10	4) Dicks, Allie 09			
7 Chariton	13:58.46	13:35.14	2	
1) Dobryden, Liliya 09	2) Gray, Kaden 10			
3) Abrahamson, Vada 12	4) Dyer, Samantha 09			

**Girls 800 Sprint Medley 3A**

School	Seed	Finals	Points
1 Norwalk	1:51.64	1:50.53	10
1) Anderson, Clare 12	2) Campbell, Shae 11		
3) Rodman, Tarynn 09	4) Vanderholt, Taylor 11		
2 ADM, Adel	1:53.30	1:51.04	8
1) Bertman, Sydney 12	2) Lonneman, Josi 09		
3) Kester, Keaton 11	4) Kenny, Anna 10		
3 Carlisle	1:56.60	1:57.02	6
1) Richards, Rylee 12	2) Mercer, Paige 10		
3) Reed, Marissa 12	4) Hoekstra, Madi 11		
4 Winterset	1:57.98	1:59.97	5
1) Hansen, Natalie 11	2) McDonald, Ellie 12		
3) Ramirez, Juanita 12	4) Pashek, Taylor 12		
5 Bond-Farrar	1:59.40	2:01.36	4
1) Cook, Skylar 09	2) Dearden, Emily 12		
3) Farrell, Summer 10	4) Walke, Paige 10		
6 Saydel	2:06.35	2:04.49	3
1) Carrillo, Melissa 10	2) Woods, Carly 12		
3) Tolentino, Jayda 11	4) Bowman, Hannah 11		
7 Chariton	2:02.94	2:05.11	2
1) Terrell, Saydee 12	2) Baker, Samantha 10		
3) Swartout, Luci 11	4) Bengtson, Grace 10		
8 Creston		2:08.92	1
1) Woody, Aubrianna 09	2) Pantini, Sydney 09		
3) Linch, Brittany 09	4) Skarda, Allivea 09		

**Girls Distance Medley 3A**

School	Seed	Finals	Points
1 Creston	4:34.79	4:20.92	10
1) Maitlen, Cayla 11	2) Latham, Kiersten 11		
3) Hudson, Makenna 09	4) Baker, Brielle 10		
2 ADM, Adel	4:32.16	4:21.09	8
1) Schepers, Sami 11	2) Lohmann, Lizzy 09		
3) Hook, Elle 09	4) Juergens, Sadie 10		
3 Winterset	4:30.27	4:23.59	6
1) Hansen, Natalie 11	2) Johnson, Macy 12		
3) Pickering, Ally 11	4) Gurwell, Layken 12		
4 Carlisle	4:37.71	4:28.06	5
1) Mercer, Paige 10	2) Viers, Kirstin 11		
3) Curtis, Abby 11	4) Sievers, Megan 10		
5 Norwalk	4:47.84	4:47.75	4
1) Belizzi, Gianna 10	2) Hjeldon, Maya 10		

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## ....Girls Distance Medley 3A

3) Whitehead, Joplyn 11	4) Balk, Annie 10			
6 Bond-Farrar		4:55.00	4:59.84	3
1) Fulton, Elly 10	2) Boatwright, Kileigh 11			
3) Lause, Alea 10	4) Erhardt, Emily 09			
7 Chariton		5:10.15	6:08.23	2
1) Fisher, Amara 09	2) Deemer, Hailey 10			
3) Gray, Kaden 10	4) Dobryden, Liliya 09			

## Girls 4x100 Meter Shuttle Hurdle 3A

School	Seed	Finals	H#	Points
1 Carlisle	1:07.98	1:07.09	2	10
1) Mesecher, Cameron 10	2) Lose, Morgan 09			
3) Haack, Jocelyn 10	4) Lambson, Aricka 11			
2 Norwalk	1:10.16	1:07.76	2	8
1) LaQuatte, Torie 11	2) Adams, Megan 12			
3) Davitt, Abbie 09	4) Bunch, Abbie 10			
3 ADM, Adel	1:09.80	1:07.83	2	6
1) Hauf, Kylie 11	2) Calligan, Abigail 10			
3) Baier, Kristen 10	4) Schepers, Sami 11			
4 Saydel	1:10.36	1:10.31	2	5
1) Woods, Keely 12	2) Rameriz, Morgan 09			
3) Bianchi, Lyndsay 12	4) Tolentino, Jayda 11			
5 Winterset	1:12.47	1:10.66	1	4
1) Holcomb, Bridget 11	2) Evans, Lexi 10			
3) Camp, Lauren 12	4) Weeks, Lexi 12			
6 Creston	1:20.35	1:20.64	1	3
1) Castillo, Danielle 11	2) Lynch, Brittany 09			
3) Skarda, Allivea 09	4) Woody, Aubrianna 09			
7 Bond-Farrar	1:21.00	1:21.59	1	2
1) Hall, Abi 09	2) Shinogle, Lydia 11			
3) Hay, Emma 09	4) Dicks, Allie 09			

## Girls High Jump 3A

Name	Year School	Seed	Finals	Points
1 Wallace, Breanna	11 Creston	5-01.00	5-00.00	10
2 Ahartz, Adelynn	10 Carlisle	4-10.00	4-10.00	8
3 Bunch, Abbie	10 Norwalk	4-10.00	4-08.00	6
4 Gassman, Carlee	09 Norwalk	4-10.00	4-08.00	5
5 Wasden, Brittany	10 Winterset	4-06.00	4-06.00	3.50
5 Rice, Saige	10 Creston	4-08.00	4-06.00	3.50
-- Bellon, Jenna	09 Bond-Farrar	4-04.00	NH	
-- Stanley, Taylor	09 Carlisle	4-06.00	NH	

## Girls Long Jump 3A

Name	Year School	Seed	Finals	Points
1 Johnson, Macy	12 Winterset	18-00.50	17-11.00	10
2 Campbell, Shae	11 Norwalk	16-08.75	17-10.50	8
3 Tolentino, Jayda	11 Saydel	16-00.00	17-09.25	6
4 Ahartz, Adelynn	10 Carlisle	16-08.00	16-11.00	5

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## ....Girls Long Jump 3A

5	Bertman, Sydney	12	ADM, Adel	16-04.00	16-02.75	4
6	Hansen, Natalie	11	Winterset	16-04.00	15-11.25	3
7	Lonneman, Josi	09	ADM, Adel	16-01.50	15-09.50	2
8	Quinn, Madison	09	Norwalk	14-11.00	15-04.00	1
9	Kurimski, Bailey	12	Carlisle	14-00.00	13-10.25	
10	Boatwright, Kileigh	11	Bond-Farrar	14-00.00	13-08.50	
--	Castillo, Danielle	11	Creston	15-06.25	ND	

## Girls Shot Put 3A

Name	Year	School	Seed	Finals	Points	
1	Hood, Hannah	12	Creston	44-02.00	40-00.00	10
2	Kruse, Brooke	11	Carlisle	39-02.00	38-03.50	8
3	Terrell, Saydee	12	Chariton	36-03.50	37-03.25	6
4	Naber, Julia	12	Winterset	34-05.50	34-07.75	5
5	Wilson, Faith	11	Creston	34-00.25	34-02.50	4
6	Barton, Anneliese	12	Saydel	36-03.00	33-09.75	3
7	Berns, Maddie	10	Winterset	33-01.00	31-02.00	2
8	Person, Cailey	10	ADM, Adel	30-00.00	30-06.00	1
9	Abreo, Alexis	11	Carlisle	30-10.50	29-05.75	
10	Stocker, Sarah	11	Saydel	31-06.00	28-10.50	
11	Beenken, Hannah	12	Norwalk	31-07.50	28-00.00	
12	Seitzer, Kaylee	09	Bond-Farrar	30-07.25	27-07.50	
13	Zimmerman, Maddie	09	Norwalk	27-06.50	27-02.00	
14	Dearden, Emily	12	Bond-Farrar	29-02.00	26-07.50	
15	Nordman, Kaylyn	11	ADM, Adel	26-07.00	25-02.50	

## Girls Discus Throw 3A

Name	Year	School	Seed	Finals	Points	
1	Hood, Hannah	12	Creston	116-02	121-05	10
2	Naber, Julia	12	Winterset	105-07	115-02.50	8
3	Kruse, Brooke	11	Carlisle	107-01	111-08	6
4	Barton, Anneliese	12	Saydel	115-05	108-06	5
5	Beier, Agatha	12	Carlisle	120-03	106-10	4
6	Seitzer, Kaylee	09	Bond-Farrar	87-03	91-00	3
7	Larson, Macy	09	Winterset	93-00	90-07.50	2
8	Wilson, Faith	11	Creston	97-10	89-10	1
9	Shipley, Caitlyn	10	Norwalk	76-00	80-08.25	
10	Sarah, Stocker	11	Saydel	97-10.50	79-00	
11	Person, Cailey	10	ADM, Adel		78-05.50	
12	Flora, Makayla	12	ADM, Adel	72-01	72-08.75	
13	Agans, Madison	09	Bond-Farrar	70-05	69-11.50	
14	Fisher, Amara	09	Chariton	78-09	67-07	

## Boys 100 Meter Dash 3A

Name	Year	School	Seed	Finals	H#	Points
1	Garrison, Craig	11	Saydel	11.43	11.27	2 10
2	Yeager, Matthew	11	Bond-Farrar	11.52	11.42	2 8
3	Anderson, Scott	09	Norwalk	11.66	11.47	2 6
4	Shaw, Kaden	10	Winterset	11.59	11.59	2 5

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017**  
**5/11/2017**

**Results - 3A District Events**

**....Boys 100 Meter Dash 3A**

5	Osteen, Gavin	11	ADM, Adel	11.73	11.60	2	4
6	Malone, Andrew	10	Saydel	11.98	11.70	1	3
7	Gudenkauf, Jake	12	Norwalk	11.74	11.81	2	1.50
7	Durham, Owen	11	Carlisle	11.76	11.81	2	1.50
9	Howat, Jacob	12	Carlisle	11.94	12.08	2	
10	Herrick, Caleb	11	ADM, Adel	12.30	12.10	1	
11	Hanson, Noah	12	Winterset	12.12	12.11	1	
12	Hill, John	11	Bond-Farrar	12.31	12.13	1	
13	Coker, Isaac	09	Chariton	12.71	12.40	1	
14	Ruth, Austin	09	Chariton	12.98	12.84	1	
15	Peterson, Camden	09	Creston	13.39	13.34	1	
16	Looney, Hank	10	Creston	13.39	13.35	1	

**Boys 200 Meter Dash 3A**

Name	Year	School	Seed	Finals	H#	Points
1	Garrison, Craig	11	Saydel	23.26	22.87	2 10
2	Goodhue, Max	11	Carlisle	22.97	23.35	2 8
3	Yeager, Matthew	11	Bond-Farrar	23.91	23.49	2 6
4	Osteen, Gavin	11	ADM, Adel	23.85	23.80	2 5
5	Pollard, Nolan	11	Bond-Farrar	23.91	23.96	2 4
6	Malone, Andrew	10	Saydel	24.23	24.19	2 3
7	Duroe, Brett	11	ADM, Adel	24.83	24.30	1 2
8	Maher, Caden	09	Norwalk	24.68	24.31	1 1
9	Klawonn, Tanner	10	Norwalk	24.22	24.33	2
10	Dick, Jacob	11	Winterset	25.31	24.59	1
11	Lavender, Payton	09	Chariton	24.24	24.96	2
12	Coker, Isaac	09	Chariton	25.58	25.48	1

**Boys 400 Meter Dash 3A**

Name	Year	School	Seed	Finals	H#	Points
1	Wright, Dallas	12	Carlisle	51.00	50.08	2 10
2	McLaughlin, Reece	12	ADM, Adel	53.26	52.56	2 8
3	Laven, Mackale	12	Bond-Farrar	52.87	53.24	2 6
4	Yeager, Moise	12	Winterset	55.01	54.27	2 5
5	Reed, Ethan	10	Carlisle	56.48	55.40	2 4
6	Young, Casey	09	Winterset	55.81	55.71	2 3
7	Funk, Carter	10	Norwalk	56.94	57.27	2 2
8	Swarthout, Will	09	Chariton	59.61	59.26	1 1
9	Wheeler, Brandon	10	Norwalk	57.93	59.42	1
10	Moreland, Jared	09	Creston	1:02.22	1:03.32	1
11	Curnutte, Jackson	09	Chariton	1:02.20	1:04.69	1
12	Schmitz, Josh	09	ADM, Adel	59.80	1:08.15	1

**Boys 800 Meter Run 3A**

Name	Year	School	Seed	Finals	H#	Points
1	Tuigong, Isaiah	11	Chariton	2:06.55	2:07.90	2 10
2	Exline, Bryce	12	Chariton	2:05.34	2:08.14	2 8
3	VanBaale, Seth	09	Bond-Farrar	2:10.99	2:08.97	2 6
4	Lister, Collin	10	Carlisle	2:11.21	2:11.78	2 5



Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017  
5/11/2017

Results - 3A District Events

....Boys 800 Meter Run 3A

5	Thompson, Owen	11	Winterset	2:20.19	2:16.74	2	4
6	Snyder, Hunter	09	Carlisle	2:11.13	2:17.23	2	3
7	McGovern, Jackson	09	Bond-Farrar	2:25.60	2:20.14	2	2
8	Rouse, Seth	10	Norwalk	2:30.16	2:20.38	1	1
9	Young, Casey	09	Winterset		2:20.39	1	
10	Bathey, Charles	09	ADM, Adel	2:29.07	2:23.77	1	
11	Anderson, Chase	09	ADM, Adel	2:26.06	2:24.29	1	
12	Gaumer, Jake	10	Norwalk	2:27.68	2:29.34	1	
13	Brooks, Makail	09	Saydel	2:51.77	2:59.56	1	

Boys 1600 Meter Run 3A

Name	Year	School	Seed	Finals	Points	
1	Orput, JJ	12	Carlisle	4:27.09	4:39.95	10
2	VanBaale, Drake	11	Bond-Farrar	4:42.21	4:45.65	8
3	Fritz, Kolby	09	Carlisle	4:50.97	4:46.34	6
4	Harper, Seth	10	Norwalk	4:53.01	4:50.16	5
5	McCleary, Isaac	11	Bond-Farrar	4:56.63	4:55.22	4
6	Lahart, Ben	10	Chariton	4:55.87	4:56.00	3
7	Esser, Luke	10	Winterset	4:55.81	4:56.39	2
8	Hegarty, Braeden	09	ADM, Adel	5:04.33	4:56.62	1
9	Thatcher, Jonah	12	Chariton	5:01.91	4:58.01	
10	Buckley, Liam	09	Norwalk	5:03.94	4:59.30	
11	Plascencia, Seth	09	Saydel	5:15.99	5:13.63	
12	McGee, Sean	10	ADM, Adel	5:28.89	5:25.33	
13	Wood, Jacob	10	Winterset	5:21.77	5:26.90	
14	McBee, Kaden	09	Saydel	6:30.41	6:16.58	

Boys 3200 Meter Run 3A

Name	Year	School	Seed	Finals	Points	
1	Orput, JJ	12	Carlisle	9:39.21	10:06.40	10
2	VanBaale, Drake	11	Bond-Farrar	10:13.21	10:31.43	8
3	Logue, Carter	10	Carlisle	10:40.38	10:40.46	6
4	Thatcher, Jonah	12	Chariton	10:44.67	10:56.56	5
5	McGovern, Jackson	09	Bond-Farrar	10:40.89	11:23.15	4
6	Wood, Jacob	10	Winterset	11:24.09	11:24.81	3
7	Rogers, Preston	10	Winterset	12:00.93	12:11.57	2
8	Exline, Will	11	Chariton	12:18.74	12:24.06	1
9	Entriiken, Seth	09	ADM, Adel	13:09.67	12:38.33	
10	Schmitz, Josh	09	ADM, Adel	12:30.00	12:38.82	

Boys 110 Meter Hurdles 3A

Name	Year	School	Seed	Finals	H#	Points	
1	Wright, Dallas	12	Carlisle	14.44	14.96	2	10
2	Benshoof, Brad	12	Winterset	14.85	15.47	2	8
3	Black, Andrew	12	Carlisle	15.39	15.51	2	6
4	Heitz, Luke	10	ADM, Adel	16.07	15.69	2	5
5	Larson, Noah	12	Winterset	15.74	16.44	2	4
6	Marks, Anthony	09	Norwalk	17.34	17.37	2	3
7	Schuchard, Matt	10	Norwalk	17.23	17.40	2	2

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## ....Boys 110 Meter Hurdles 3A

8 Weddle, Caleb	12 ADM, Adel	16.94	17.45	2	1
9 Parker, Hunter	11 Chariton	18.08	17.86	1	
10 Simms, Brayden	10 Chariton	18.06	18.61	1	

## Boys 400 Meter Hurdles 3A

Name	Year	School	Seed	Finals	H#	Points
1 Wright, Dallas	12	Carlisle	53.92	55.34	2	10
2 Stephenson, TJ	11	Saydel	58.35	58.50	2	8
3 Heitz, Luke	10	ADM, Adel	1:00.71	59.66	2	6
4 Clark, Braden	10	Norwalk	1:01.59	1:00.73	2	5
5 Brunsen, Nolan	10	Carlisle	59.98	1:02.49	2	4
6 Gehrke, Nyanti	09	Bond-Farrar	1:02.69	1:02.61	2	3
7 Schuchard, Matt	10	Norwalk	1:02.50	1:02.68	2	2
8 Parker, Hunter	11	Chariton	1:04.54	1:03.69	2	1
9 Cain, Dylan	09	Chariton	1:04.82	1:04.80	1	
10 Fulcher, Carson	09	Winterset	1:12.39	1:10.07	1	

## Boys 4x100 Meter Relay 3A

School	Seed	Finals	Points
1 Norwalk	44.91	44.79	10
1) Embrey, Kobey 11	2) Weathers, Romalis 11		
3) Gudenkauf, Jake 12	4) Anderson, Scott 09		
2 Saydel	45.59	45.40	8
1) Stephenson, TJ 11	2) Hassett, Bobby 11		
3) Malone, Andrew 10	4) Garrison, Craig 11		
3 Carlisle	45.40	45.57	6
1) Howat, Jacob 12	2) Derrickson, Riley 11		
3) Wright, Ethan 11	4) McCaughey, Gabe 12		
4 ADM, Adel	46.00	46.17	5
1) Osteen, Gavin 11	2) McCartney, Sam 12		
3) Flora, Austin 12	4) Barcus, Kade 12		
5 Bond-Farrar	46.73	46.31	4
1) Conn, Christian 10	2) Pollard, Nolan 11		
3) Moeller, Seth 11	4) Hill, John 11		
6 Winterset	45.52	46.90	3
1) Van Pelt, Connor 11	2) Pashek, Hunter 10		
3) Dick, Jacob 11	4) Hanson, Noah 12		
7 Chariton	48.95	48.25	2
1) Hamilton, Brady 10	2) Hall, Trae 09		
3) Wood, Jordan 09	4) Lahart, Luke 10		

## Boys 4x200 Meter Relay 3A

School	Seed	Finals	Points
1 Norwalk	1:34.18	1:32.75	10
1) Embrey, Kobey 11	2) Weathers, Romalis 11		
3) Gudenkauf, Jake 12	4) Anderson, Scott 09		
2 ADM, Adel	1:34.06	1:33.15	8
1) Barcus, Kade 12	2) Flora, Austin 12		
3) Howard, David 12	4) Volz, Trey 11		

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017**  
**5/11/2017**

**Results - 3A District Events**

**....Boys 4x200 Meter Relay 3A**

3 Carlisle	1:35.36	1:33.79	6
1) Derrickson, Riley 11	2) Rowray, Ben 11		
3) McCaughey, Gabe 12	4) Brunsen, Nolan 10		
4 Bond-Farrar	1:36.52	1:35.56	5
1) Conn, Christian 10	2) Pollard, Nolan 11		
3) Moeller, Seth 11	4) Hill, John 11		
5 Winterset	1:37.52	1:37.79	4
1) Van Pelt, Connor 11	2) Pashek, Hunter 10		
3) Tryon, Carter 11	4) Shaw, Kaden 10		
6 Chariton	1:41.50	1:41.26	3
1) Hall, Trae 09	2) Arnold, Graden 09		
3) Coker, Isaac 09	4) Lahart, Luke 10		
7 Saydel	1:53.25	1:54.64	2
1) Mata, Adrian 11	2) Morales, Jonathon 09		
3) Ballard, Dalton 09	4) McCoy, Caleb 10		

**Boys 4x400 Meter Relay 3A**

School	Seed	Finals	Points
1 Carlisle	3:30.72	3:31.38	10
1) Palar, Cutler 11	2) Rowray, Ben 11		
3) Derrickson, Riley 11	4) Goodhue, Max 11		
2 Winterset	3:31.15	3:32.80	8
1) VanPelt, Tyler 12	2) Darling, Easton 09		
3) Tryon, Carter 11	4) Benshoof, Brad 12		
3 ADM, Adel	3:36.31	3:36.97	6
1) West, Jacob 12	2) Volz, Trey 11		
3) Howard, David 12	4) McLaughlin, Reece 12		
4 Norwalk	3:40.68	3:42.59	5
1) Funk, Carter 10	2) Rosonke, Drew 11		
3) Maher, Caden 09	4) Clark, Braden 10		
5 Bond-Farrar	3:36.83	3:47.09	4
1) Laven, Mackale 12	2) Swanson, Spencer 11		
3) VanBaale, Seth 09	4) Adams, Blaine 09		
6 Chariton	4:00.00	4:06.30	3
1) Geesaman, Cain 09	2) Curnutte, Jackson 09		
3) Swarthout, Will 09	4) Arnold, Graden 09		
7 Creston	4:09.93	4:10.34	2
1) Peterson, Camden 09	2) Moreland, Jared 09		
3) Wills, Ashton 09	4) Looney, Hank 10		

**Boys 4x800 Meter Relay 3A**

School	Seed	Finals	Points
1 Chariton	8:44.63	8:33.17	10
1) Tuigong, Isaiah 11	2) Goben, Tyler 09		
3) Lahart, Ben 10	4) Exline, Bryce 12		
2 Winterset	9:07.97	8:33.72	8
1) VanPelt, Tyler 12	2) Larson, Noah 12		
3) Esser, Luke 10	4) Darling, Easton 09		
3 Carlisle	8:40.30	8:36.91	6
1) Lister, Collin 10	2) Fritz, Kolby 09		
3) Snyder, Hunter 09	4) Palar, Cutler 11		

## Iowa Girls &amp; Boys 3A Qualifying Track Meet - 5/11/2017

5/11/2017

## Results - 3A District Events

## ....Boys 4x800 Meter Relay 3A

4 Bond-Farrar	8:48.00	9:09.63	5
1) McCleary, Isaac 11			
3) Adams, Blaine 09			
5 ADM, Adel	9:13.81	9:15.45	4
1) Bradshaw, Nicholas 10			
3) McGee, Sean 10			
6 Norwalk	9:17.94	10:17.72	3
1) Joniak, Kyle 09			
3) Brooner, Jason 09			
7 Saydel	10:15.54	10:54.70	2
1) Plascencia, Seth 09			
3) McBee, Kaden 09			

## Boys 800 Sprint Medley 3A

School	Seed	Finals	Points
1 Bond-Farrar	1:41.12	1:36.47	10
1) Conn, Christian 10			
3) Laven, Mackale 12			
2 ADM, Adel	1:37.91	1:37.11	8
1) Barcus, Kade 12			
3) Howard, David 12			
3 Carlisle	1:39.14	1:37.71	6
1) Howat, Jacob 12			
3) Brunsen, Nolan 10			
4 Saydel	1:39.23	1:39.08	5
1) Stephenson, TJ 11			
3) Hasset, Bobby 11			
5 Norwalk	1:40.33	1:39.10	4
1) Embrey, Kobey 11			
3) Anderson, Scott 09			
6 Winterset	1:39.32	1:40.82	3
1) Shaw, Kaden 10			
3) Henry, Justin 11			
7 Chariton	1:41.50	1:44.93	2
1) Hall, Trae 09			
3) Lavender, Payton 09			
-- Creston	1:51.46	DQ	
1) Looney, Hank 10			
3) Moreland, Jared 09			

## Boys Distance Medley 3A

School	Seed	Finals	Points
1 Chariton	3:46.65	3:44.89	10
1) Hamilton, Brady 10			
3) Exline, Bryce 12			
2 Winterset	3:43.13	3:49.56	8
1) Benshoof, Brad 12			
3) VanPelt, Tyler 12			
3 Norwalk	3:54.54	3:53.35	6
1) Embrey, Kobey 11			
3) Rosonke, Drew 11			

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017**  
**5/11/2017**

**Results - 3A District Events**

**....Boys Distance Medley 3A**

4	ADM, Adel	4:01.71	3:58.84	5
	1) Duroe, Brett 11			
	3) Pirtle, Colton 09			
	2) Duroe, Seth 11			
	4) Bradshaw, Nicholas 10			
5	Carlisle	4:10.00	4:00.25	4
	1) Ramirez, Nate 11			
	3) Wright, Dane 11			
	2) Beck, Trenton 10			
	4) Flaws, Jonny 10			
6	Bond-Farrar	4:00.66	4:22.38	3
	1) Powell, Dalton 09			
	3) Scott, Kaleb 09			
	2) Snyder, Nolan 09			
	4) McGovern, Joseph 11			

**Boys 4x110 Meter Shuttle Hurdle 3A**

School	Seed	Finals	H#	Points
1 Carlisle	58.47	58.40	2	10
1) Goodhue, Max 11				
3) Black, Andrew 12				
2) Brunsen, Nolan 10				
4) Wright, Dallas 12				
2 ADM, Adel	1:01.27	1:00.48	2	8
1) Heitz, Luke 10				
3) McCartney, Sam 12				
2) Flora, Austin 12				
4) West, Jacob 12				
3 Winterset	1:00.01	1:01.27	2	6
1) Larson, Noah 12				
3) Kleemeier, Jalen 12				
2) Tryon, Carter 11				
4) Benshoof, Brad 12				
4 Norwalk	1:03.75	1:04.51	2	5
1) Schuchard, Matt 10				
3) Clark, Braden 10				
2) Gaumer, Jake 10				
4) Marks, Anthony 09				
5 Chariton	1:10.79	1:11.32	1	4
1) Simms, Brayden 10				
3) Cain, Dylan 09				
2) Fisher, Jackson 10				
4) Parker, Hunter 11				

**Boys High Jump 3A**

Name	Year School	Seed	Finals	Points
1 Carlson, John	11 Bond-Farrar	6-02.00	6-05.00	10
2 Rosonke, Drew	11 Norwalk	6-02.00	6-00.00	8
3 West, Jacob	12 ADM, Adel	6-05.00	6-00.00	6
4 Fisher, Jackson	10 Chariton	6-00.00	6-00.00	5
5 Wright, Ethan	11 Carlisle	5-10.00	5-08.00	4
6 Weathers, Romalis	11 Norwalk	6-00.00	5-08.00	3
7 Young, Casey	09 Winterset	5-08.00	5-06.00	2
8 Donovan, Tommy	11 Carlisle	5-10.25	5-06.00	1

**Boys Long Jump 3A**

Name	Year School	Seed	Finals	Points
1 Goodhue, Max	11 Carlisle	21-04.00	21-03.75	10
2 McLaughlin, Reece	12 ADM, Adel	20-08.75	20-11.25	8
3 Shaw, Kaden	10 Winterset	20-11.00	20-07.50	6
4 Derrickson, Riley	11 Carlisle	20-00.00	20-06.50	5
5 Moeller, Seth	11 Bond-Farrar	19-03.00	19-02.25	4
6 Hanson, Noah	12 Winterset	19-05.00	19-00.25	3
7 Maher, Caden	09 Norwalk	18-11.00	18-11.50	2
8 Pirtle, Colton	09 ADM, Adel	18-05.00	18-07.75	1

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017**  
**5/11/2017**

**Results - 3A District Events**

**....Boys Long Jump 3A**

9 Fisher, Jackson	10 Chariton	18-05.00	17-07.75
10 Funk, Carter	10 Norwalk	17-07.00	17-06.00
11 Wood, Jordan	09 Chariton	17-09.00	16-11.75

**Boys Shot Put 3A**

Name	Year School	Seed	Finals	Points
1 Kennedy, Ryan	12 Norwalk	55-11.75	53-02.50	10
2 Endres, Tyler	10 Norwalk	51-07.00	50-00.75	8
3 Black, Ethan	11 Winterset	45-08.50	43-08.00	6
4 Warmuth, Mason	12 ADM, Adel	44-11.75	42-06.50	5
5 Neer, Hunter	11 Chariton	40-04.50	40-05.00	4
6 Herrick, Caleb	11 ADM, Adel	39-00.75	40-02.75	3
7 Glawe, Kallen	11 Carlisle	43-07.00	39-10.00	2
8 Black, Austin	09 Winterset	36-11.00	39-07.00	1
9 Koehn, Hunter	09 Chariton	37-05.50	39-04.00	
10 Schoening, Greg	11 Bond-Farrar	40-01.00	38-02.00	
11 Struve, Bo	10 Carlisle	41-05.00	37-09.00	
12 Donnelly, Liam	11 Bond-Farrar	31-10.00	33-03.00	
13 Wills, Ashton	09 Creston	34-04.00	32-06.50	
14 Hague, Zac	10 Creston	30-11.50	28-00.00	

**Boys Discus Throw 3A**

Name	Year School	Seed	Finals	Points
1 Kennedy, Ryan	12 Norwalk	166-03	161-00.50	10
2 Endres, Tyler	10 Norwalk	53-05.50	143-04.50	8
3 Schoening, Greg	11 Bond-Farrar	144-10	139-09	6
4 Black, Ethan	11 Winterset	133-06	133-07.75	5
5 Warmuth, Mason	12 ADM, Adel	145-05	129-02.50	4
6 Jones, Ben	11 Carlisle	136-01	125-03	3
7 Glawe, Kallen	11 Carlisle	138-08	124-07	2
8 Kleemeier, Jalen	12 Winterset	119-11	121-05.50	1
9 Hague, Zac	10 Creston	123-02	113-04.50	
10 Reece, Riley	09 Chariton	00-03.50	102-07	
11 Neer, Hunter	11 Chariton	121-01	99-09.50	
12 Boorn, Thomas	09 ADM, Adel	95-08	99-02	

**Boys 100 Meter Run WC WC**

Name	Year School	Seed	Finals	Points
1 Razor, Jordan	11 Bond-Farrar	20.71	20.58	10

**Boys 200 Meter Run WC WC**

Name	Year School	Seed	Finals	Points
1 Razor, Jordan	11 Bond-Farrar	37.35	38.15	10

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/11/2017****5/11/2017****Results - 3A District Events****Boys 400 Meter Run WC WC**

Name	Year School	Seed	Finals	Points
1 Razor, Jordan	11 Bond-Farrar	1:19.25	1:21.25	10

**Boys Shot Put WC WC**

Name	Year School	Seed	Finals	Points
1 Razor, Jordan	11 Bond-Farrar	17-01.00	17-02.00	10