

Printout

Saturday, April 07, 2018 8:40 AM

2018 Cavanaugh Relays - 4/5/2018

Woodward

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Flaws, Haley	12	Webster City	13.04 10
2 Fisher, Kiersten	09	Southeast Va	13.63 8
3 Ryan, Abby	12	DC-Grimes	13.80 6
4 Garrels, Marisa	12	Webster City	13.87 4
5 Walke, Paige	11	Bondurant-Fa	13.95 2
6 Jondle, Katara	11	Southeast Va	13.96 1
7 Crook, Alexis	09	Bondurant-Fa	14.04 NWI
8 Paup, Tristyn	11	DC-Grimes	14.09 NWI
9 Whiton, Quinn	09	Perry	14.11 NWI
10 Anderson, Bella	10	Des Moines C	14.19 NWI
11 Stanley, Courtney	09	DC-Grimes	14.45 NWI
12 Leonard, Ashlynn	10	DC-Grimes	14.67 NWI
13 Keller, Mekena	10	Webster City	14.72 NWI
14 Patterson, Chloe	11	Bondurant-Fa	14.89 NWI
15 Bandstra, Katelyn		Woodward-Gra	15.32 NWI
16 Sus, Olivia		Woodward-Gra	15.68 NWI
17 Patterson, Gretchen	09	Bondurant-Fa	15.85 NWI
18 Preston, Laria	09	Bondurant-Fa	15.89 NWI
19 Love, Star	12	Perry	16.01 NWI
20 Engle, Josi	09	Bondurant-Fa	16.02 NWI
21 Drabek, Kiana	10	Bondurant-Fa	16.17 NWI
22 Milosevich, Bella		Woodward-Gra	16.31 NWI
23 Chavez, Gaby	12	Perry	16.85 NWI
24 Kaufman, Quinn		Woodward-Gra	16.88 NWI
25 Rameriz-Houseman, Angie	09	Bondurant-Fa	17.11 NWI
26 O'Dell, Brooke	10	Perry	17.14 NWI
27 Goodpastor, Sklyer	09	Webster City	19.70 NWI
--- Evans, Dakota	12	Des Moines C	NT NWI

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Flaws, Haley	12	Webster City	27.51 10
2 Frett, Sarah	10	DC-Grimes	27.62 8
3 Fisher, Kiersten	09	Southeast Va	28.34 6
4 Woodle, Zoey	11	Webster City	28.40 4
5 Jondle, Katara	11	Southeast Va	28.70 2
6 Halferty, Maggie		Woodward-Gra	28.86 1
7 Tague, Anna		Woodward-Gra	29.39 NWI
8 Shriver, Jasmine	09	Perry	29.48 NWI
9 Ashley, Hannah	11	DC-Grimes	29.65 NWI
10 Anderson, Bella	10	Des Moines C	30.52 NWI
11 Hall, Abi	10	Bondurant-Fa	30.55 NWI
12 Saemisch, Isabel	12	Perry	31.54 NWI
13 Smeltzer, Alissa		Woodward-Gra	32.66 NWI
14 Crook, Alexis	09	Bondurant-Fa	33.41 NWI
15 Patterson, Gretchen	09	Bondurant-Fa	35.20 NWI
--- Noland, Josie		Woodward-Gra	NT NWI

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Vancil, Sidney	12	Perry	1:04.55 10
2 Johnson, Shelby	09	DC-Grimes	1:08.13 8
3 Johnson, Marlie	09	Southeast Va	1:10.68 6
4 Pepples, Kanyon	12	Southeast Va	1:10.84 4
5 Lawrence, Kaelyn	09	Des Moines C	1:11.56 2
6 Heins, Ila	11	DC-Grimes	1:12.64 1
7 Robles, Damaris	12	Perry	1:12.84
8 Noland, Josie		Woodward-Gra	1:13.99
9 Yeager, Sarah	10	Bondurant-Fa	1:14.18
10 Helbling, Natalie		Woodward-Gra	1:15.22
11 Kramer, Rachel	09	Bondurant-Fa	1:17.06
12 Doolittle, Hannah	10	Webster City	1:28.20
--- Grisham, Kriston	12	Webster City	NT

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Vancil, Sidney	12	Perry	2:31.96 10
2 Kinley, Lilly	11	Des Moines C	2:35.09 8
3 Sterbenz, Sami	11	DC-Grimes	2:36.79 6
4 Gilroy, Riley	09	Bondurant-Fa	2:43.49 4
5 Meyer, Stacey	12	Webster City	2:47.77 2
6 Petersen, Ava		Woodward-Gra	2:49.43 1
7 Butz, Kaelyn	09	Webster City	2:49.47
8 Belling, Elizabeth	12	DC-Grimes	2:49.53
9 Weiland, Kylie	10	Southeast Va	3:13.20
10 Rodriguez, Joanna	09	Perry	3:19.22
11 Crook, Libby	09	Bondurant-Fa	3:22.98
12 Bohn, Kaelan	09	Bondurant-Fa	3:47.09
--- Dresback, Kayley		Woodward-Gra	NT

Girls 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Smith, Lexi	12	DC-Grimes	5:29.70 10
2 Paulson, Natalie	11	DC-Grimes	5:32.22 8
3 Angus, Emma	09	DC-Grimes	5:34.53 6
4 Stewart, Grace	12	Perry	5:43.79 4
5 Peters, Katelyn		Woodward-Gra	5:46.44 2
6 Erhardt, Emily	10	Bondurant-Fa	6:02.30 1
7 Robbins, Grace	11	DC-Grimes	6:07.09
8 True, Allison	11	Southeast Va	6:11.74
9 Robinson, Posey		Woodward-Gra	6:25.68
10 Jones, Lauren	09	Bondurant-Fa	6:31.58
11 Alphs, Sammy	11	Southeast Va	6:38.08
12 Kramer, Rachel	09	Bondurant-Fa	6:46.41
13 Riesberg, Mary Ann	10	Perry	7:22.20

Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Stewart, Grace	12	Perry	11:16.63 10

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Girls 3000 Meter Run

Name	Yr	School	Finals
2 Mercial, Nicole	09	DC-Grimes	11:26.28 8
3 Murano, Kaitlyn	12	DC-Grimes	11:32.80 6
4 Belling, Elizabeth	12	DC-Grimes	12:10.56 4
5 True, Allison	11	Southeast Va	12:37.82 2
6 Alphs, Sammy	11	Southeast Va	12:56.89 1
7 Robinson, Posey		Woodward-Gra	12:56.93
8 Fick, Alyssa	09	Bondurant-Fa	13:04.76
9 Bermel, Briley		Woodward-Gra	13:54.66
--- Chavez, Gaby	12	Perry	NT
--- Kramer, Rachel	09	Bondurant-Fa	NT

Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Fisher, Kiersten	09	Southeast Va	16.96 10
2 Vance, Carsyn	12	DC-Grimes	17.25 8
3 Hutchinson, Averie	12	Bondurant-Fa	17.73 6
4 Hiesterman, Karissa	12	Southeast Va	18.07 4
5 Berger, Lillian	09	DC-Grimes	19.19 2
6 Grisham, Kriston	12	Webster City	19.78 1
7 Dicks, Allison	11	Bondurant-Fa	19.81 NWI
8 David, Chole		Woodward-Gra	20.03 NWI
9 Petersen, Ava		Woodward-Gra	20.79 NWI
10 Messerly, Jesslyn	10	Webster City	21.17 NWI
11 Drabek, Kiana	10	Bondurant-Fa	21.99 NWI
12 Engle, Josi	09	Bondurant-Fa	23.36 NWI
--- Fish, Lanie	09	Perry	NT NWI
--- Chavez, Gaby	12	Perry	NT NWI

Girls 400 Meter Hurdles

Name	Yr	School	Finals
1 Hiesterman, Karissa	12	Southeast Va	1:18.13 10
2 Pepples, Kanyon	12	Southeast Va	1:19.34 8
3 David, Chole		Woodward-Gra	1:21.69 6
4 Hutchinson, Averie	12	Bondurant-Fa	1:23.46 4
5 Helbling, Natalie		Woodward-Gra	1:27.24 2
6 Drabek, Kiana	10	Bondurant-Fa	1:38.50 1
--- Robles, Damaris	12	Perry	NT
--- Troung, Cindy	09	Perry	NT
--- Vance, Carsyn	12	DC-Grimes	NT
--- Mercial, Nicole	09	DC-Grimes	NT

Girls 4x100 Meter Relay

Team	Relay	Finals
1 DC-Grimes		52.01 10
1) Ryan, Abby 12	2) Weddle, Abby 12	
3) Murrow, Ashley 12	4) Frett, Sarah 10	
2 Webster City		52.92 8
1) Garrels, Marisa 12	2) Woodle, Zoey 11	
3) Hay, Ashlyn 10	4) Flaws, Haley 12	

3 Bondurant-Farrar		55.05 6
1) Lause, Alea 11	2) Crook, Alexis 09	
3) Walke, Paige 11	4) Yeager, Sarah 10	
4 Bondurant-Farrar JV		59.74 4
1) Patterson, Chloe 11	2) Elrod, Olivia 09	
3) Boge, Sierra 10	4) Tufts, Miranda 11	
5 Woodward-Granger		1:00.39 2
1) Bandstra, Katelyn	2) Smeltzer, Alissa	
3) David, Chole	4) Tague, Gena	
6 Southeast Valley		1:00.57 1
1) Housken, Leslie 12	2) True, Allison 11	
3) Bethel, Allison 09	4) Berg, Tessa 12	
7 Perry		1:01.63
1) Humpal, Emma 12	2) Love, Star 12	
3) Perez, Sandra 09	4) Tunink, Kennedy 09	
8 Bondurant-Farrar JV	B	1:05.92
1) Patterson, Gretchen 09	2) Engle, Josi 09	
3) Preston, Laria 09	4) Rameriz-Houseman, Angie 0	
--- DC-Grimes	B	X55.31
1) Evans, Madison 09	2) Feeley, Riley 09	
3) Knudsen, Katelyn 10	4) Ferguson, Ally 12	
--- Bondurant-Farrar	B	X57.94
1) Culbertson, Brielle 09	2) Fried, Avery 09	
3) Peffer, Malai 09	4) Fick, Alyssa 09	
--- Webster City	B	X58.76
1) Keller, Mekena 10	2) Goings, Tatum 10	
3) Goodpastor, Sklyer 09	4) Messerly, Jesslyn 10	
--- Woodward-Granger	B	X1:07.24
1) Scharlau, Katelyn	2) Sawyer, Jasmyn	
3) Jones, Janae	4) Vermaas, Maddi	

Girls 4x200 Meter Relay

Team	Relay	Finals
1 DC-Grimes		1:59.28 10
1) Stanley, Courtney 09	2) Paup, Tristyn 11	
3) Feeley, Riley 09	4) Hidlebaugh, Haylee 09	
2 Webster City		2:00.85 8
1) Keller, Mekena 10	2) Goings, Tatum 10	
3) Nichols, Alexis 09	4) Hoversten, Grace 10	
3 Southeast Valley		2:04.30 6
1) Hemmestad, Emily 09	2) Farnham, Morgan 09	
3) Hunter, Emma 10	4) Berg, Tessa 12	
4 Woodward-Granger		2:08.31 4
1) Dresback, Kayley	2) Kaufman, Quinn	
3) Smeltzer, Alissa	4) Tague, Gena	
5 Bondurant-Farrar JV		2:12.21 2
1) Preston, Laria 09	2) Elrod, Olivia 09	
3) Boge, Sierra 10	4) Tufts, Miranda 11	
6 Perry		2:13.68 1
1) Humpal, Emma 12	2) Dekoter, Brooklyn 09	
3) Perez, Sandra 09	4) Tunink, Kennedy 09	
--- Bondurant-Farrar		NT
1) Lause, Alea 11	2) Crook, Alexis 09	
3) Culbertson, Cierra 09	4) Walke, Paige 11	

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Girls 4x200 Meter Relay

Team	Relay	Finals
--- Woodward-Granger	B	X2:08.95
1) Anderson, Mae	2) Sus, Olivia	
3) Polich, Elly	4) Milosevich, Bella	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 DC-Grimes		4:28.04 10
1) Mikota, Grace 09	2) Muhlstein, Miranda 09	
3) Ashley, Hannah 11	4) Ferguson, Ashley 10	
2 Des Moines Christian		4:29.80 8
1) Evans, Dakota 12	2) Van Soelen, Ava 12	
3) Bakke, Alayna 11	4) Kinley, Lilly 11	
3 Woodward-Granger		4:34.29 6
1) Drake, Emma	2) Tague, Anna	
3) Peters, Katelyn	4) Petersen, Ava	
4 Perry		4:34.91 4
1) Saemisch, Isabel 12	2) Shriver, Jasmine 09	
3) Whiton, Quinn 09	4) Vancil, Sidney 12	
5 Bondurant-Farrar		4:42.52 2
1) Fick, Alyssa 09	2) Fried, Avery 09	
3) Peffer, Malai 09	4) Culbertson, Cierra 09	
6 Southeast Valley		4:43.51 1
1) Hemmestad, Emily 09	2) Farnham, Morgan 09	
3) Johnson, Marlie 09	4) Jondle, Katara 11	
7 Webster City		4:55.46
1) Nichols, Alexis 09	2) Meyer, Stacey 12	
3) Butz, Kaelyn 09	4) Hoversten, Grace 10	
--- Woodward-Granger	B	X5:27.94
1) Helbling, Natalie	2) Dresback, Kayley	
3) Halferty, Maggie	4) Polich, Elly	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Woodward-Granger		10:46.69 10
1) Drake, Emma	2) Peters, Katelyn	
3) Tague, Anna	4) Helbling, Natalie	
2 DC-Grimes		11:05.03 8
1) Angus, Emma 09	2) Johnson, Shelby 09	
3) Haupts, Maddie 09	4) Paulson, Natalie 11	
3 Bondurant-Farrar		11:35.84 6
1) Dicks, Allison 11	2) Erhardt, Emily 10	
3) Culbertson, Cierra 09	4) Fried, Avery 09	
4 Southeast Valley		12:18.85 4
1) Hemmestad, Emily 09	2) Farnham, Morgan 09	
3) Johnson, Marlie 09	4) Alphs, Sammy 11	
5 Perry		13:17.97 2
1) Troung, Cindy 09	2) Rodriguez, Joanna 09	
3) Benton, Savanna 11	4) Fish, Lanic 09	
6 Bondurant-Farrar JV		13:24.56 1
1) Montgomery, Madison 09	2) Jones, Lauren 09	
3) Crook, Libby 09	4) Bohn, Kaelan 09	

--- DC-Grimes	B	X11:02.94
1) Smith, Lexi 12	2) Muhlstein, Miranda 09	
3) Mikota, Grace 09	4) Heins, Ila 11	

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 DC-Grimes		1:57.42 10
1) Ryan, Abby 12	2) Murrow, Ashley 12	
3) Weddle, Abby 12	4) Sterbenz, Sami 11	
2 Perry		1:59.00 8
1) Whiton, Quinn 09	2) Saemisch, Isabel 12	
3) Shriver, Jasmine 09	4) Vancil, Sidney 12	
3 Des Moines Christian		2:00.88 6
1) Anderson, Bella 10	2) Van Soelen, Ava 12	
3) Bakke, Alayna 11	4) Evans, Dakota 12	
4 Bondurant-Farrar		2:04.14 4
1) Crook, Alexis 09	2) Walke, Paige 11	
3) Yeager, Sarah 10	4) Hall, Abi 10	
5 Woodward-Granger		2:05.80 2
1) Bandstra, Katelyn	2) David, Sophie	
3) Dresback, Kayley	4) Petersen, Ava	
6 Southeast Valley		2:07.70 1
1) Hiesterman, Karissa 12	2) Hunter, Emma 10	
3) Pepples, Kanyon 12	4) Jondle, Katara 11	
7 Webster City		2:07.90
1) Garrels, Marisa 12	2) Hay, Ashlyn 10	
3) Keller, Mekena 10	4) Butz, Kaelyn 09	
8 Bondurant-Farrar JV		2:15.10
1) Patterson, Chloe 11	2) Elrod, Olivia 09	
3) Boge, Sierra 10	4) Tufts, Miranda 11	
--- Woodward-Granger	B	X2:24.60
1) Anderson, Mae	2) Polich, Elly	
3) Tague, Gena	4) Kaufman, Quinn	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Des Moines Christian		4:36.71 10
1) Evans, Dakota 12	2) Van Soelen, Ava 12	
3) Bakke, Alayna 11	4) Kinley, Lilly 11	
2 DC-Grimes		4:41.99 8
1) Evans, Madison 09	2) Murrow, Ashley 12	
3) Ferguson, Ally 12	4) Ferguson, Ashley 10	
3 Webster City		4:53.74 6
1) Hay, Ashlyn 10	2) Woodle, Zoey 11	
3) Hoversten, Grace 10	4) Meyer, Stacey 12	
4 Perry		5:02.02 4
1) Humpal, Emma 12	2) Tunink, Kennedy 09	
3) Saemisch, Isabel 12	4) Stewart, Grace 12	
5 Bondurant-Farrar		5:03.38 2
1) Hall, Abi 10	2) Gilroy, Riley 09	
3) Culbertson, Brielle 09	4) Peffer, Malai 09	
6 Southeast Valley		5:06.98 1
1) Hunter, Emma 10	2) Farnham, Morgan 09	
3) Hemmestad, Emily 09	4) True, Allison 11	

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inals ... (Girls Distance Medley)

Team	Relay	Finals
7 Woodward-Granger		5:13.29
1) Bandstra, Katelyn	2) David, Sophie	
3) Tague, Anna	4) Drake, Emma	

irls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
inals		
1 DC-Grimes		1:12.54 10
1) Vance, Carsyn 12	2) Knudsen, Katelyn 10	
3) Berger, Lillian 09	4) Frett, Sarah 10	
2 Southeast Valley		1:17.55 8
1) Hiesterman, Karissa 2	2) Housken, Leslie 12	
3) Hunter, Emma 10	4) Pepples, Kanyon 12	
3 Bondurant-Farrar		1:20.02 6
1) Hutchinson, Averie 12	2) Dicks, Allison 11	
3) Hall, Abi 10	4) Culbertson, Brielle 09	
--- Perry		NT
1) Love, Star 12	2) Dekoter, Brooklyn 09	
3) Robles, Damaris 12	4) Avila, Alondra 11	

irls High Jump

Name	Yr	School	Finals
inals			
1 Fisher, Kiersten	09	Southeast Va	5-02.00 10
2 Flaws, Haley	12	Webster City	5-00.00 8
3 Nichols, Alexis	09	Webster City	4-10.00 6
4 Ferguson, Ally	12	DC-Grimes	4-08.00 4
5 Knudsen, Katelyn	10	DC-Grimes	4-04.00 2
6 Montgomery, Madison	09	Bondurant-Fa	4-04.00 1
7 Bergrenn, Taylor	10	Bondurant-Fa	4-04.00
--- Perez, Sandra	09	Perry	NH
--- Troung, Cindy	09	Perry	NH
--- Dekoter, Brooklyn	09	Perry	NH

irls Long Jump

Name	Yr	School	Finals
inals			
1 Frett, Sarah	10	DC-Grimes	16-11.00 10
2 Woodle, Zoey	11	Webster City	14-10.00 8
3 Hay, Ashlyn	10	Webster City	14-07.00 6
4 Whiton, Quinn	09	Perry	14-00.00 4
5 Gilroy, Riley	09	Bondurant-Fa	13-09.00 2
6 Evans, Madison	09	DC-Grimes	13-07.00 1
7 David, Sophie		Woodward-Gra	13-06.00 NWI
8 Shriver, Jasmine	09	Perry	13-05.00 NWI
9 Tufts, Miranda	11	Bondurant-Fa	11-05.00 NWI
10 Housken, Leslie	12	Southeast Va	11-02.00 NWI
11 Hunter, Emma	10	Southeast Va	9-10.00 NWI

irls Shot Put

Name	Yr	School	Finals
inals			
1 Nerland, Cassidy	12	Webster City	38-02.75 10
2 Fistler, Amber	12	DC-Grimes	33-03.25 8

3 Seitzer, Kaylee	10	Bondurant-Fa	32-07.50 6
4 Miles, Dakota	11	DC-Grimes	30-11.25 4
5 Gilmore, Rylynn	10	Perry	29-10.50 2
6 Scharlau, Katelyn		Woodward-Gra	28-07.00 1
7 Sawyer, Jasmyn		Woodward-Gra	27-03.75
8 Jones, Jzonei	10	DC-Grimes	26-10.75
9 Carr, Allison	10	Webster City	26-00.75
10 Vermaas, Maddi		Woodward-Gra	26-00.50
11 Jones, Janae		Woodward-Gra	25-11.50
12 Dolph, Kayla	11	Southeast Va	25-06.75
13 Bethel, Allison	09	Southeast Va	25-05.25
14 Piper, Bailey	10	Perry	23-07.00
15 Jackson, Lindsey	11	Bondurant-Fa	23-04.75
16 Thomason, Katelyn	12	Perry	22-04.75
17 Agans, Madison	11	Bondurant-Fa	22-03.50
18 Bowling, Zoe	10	DC-Grimes	22-02.00
19 Stewart, Phoebe	09	Perry	21-10.50

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Husic, Aldina	12	DC-Grimes	109-05 10
2 Nerland, Cassidy	12	Webster City	102-05 8
3 Seitzer, Kaylee	10	Bondurant-Fa	95-03 6
4 Gilmore, Rylynn	10	Perry	83-11 4
5 Agans, Madison	11	Bondurant-Fa	82-02 2
6 Jones, Janae		Woodward-Gra	80-00 1
7 Helmers, Sydney	10	Perry	77-01
8 Miles, Dakota	11	DC-Grimes	73-02
9 Jackson, Lindsey	11	Bondurant-Fa	71-08
10 Sawyer, Jasmyn		Woodward-Gra	70-09
11 Carr, Allison	10	Webster City	68-01
12 Bethel, Allison	09	Southeast Va	66-01
13 Dolph, Kayla	11	Southeast Va	64-04
14 Tunink, Kennedy	09	Perry	63-08
15 Fistler, Amber	12	DC-Grimes	62-00
16 Kehul, Faith		Woodward-Gra	61-01
17 Vermaas, Maddi		Woodward-Gra	57-01
18 Thomason, Elaine	11	Perry	55-06

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Garrison, Craig	12	Saydel	11.34 10
2 Pollard, Nolan	12	Bond-Farrar	11.72 8
3 Fisher, Kyler	11	Southeast Va	11.74 6
4 Johnson, Nyles	11	Southeast Va	11.94 4
5 Olejniczak, Kaleb	11	Perry	11.98 2
6 Polich, Kade	09	Woodward-Gra	12.14 1
7 Dougan, Kato	10	Perry	12.15 NWI
8 Malone, Andrew	11	Saydel	12.33 NWI
9 Powell, Dalton	10	Bond-Farrar	12.45 NWI
10 Ballard, Dalton	10	Saydel	12.60 NWI
11 Hill, John	12	Bond-Farrar	12.70 NWI
12 Kamp, Colton	11	Southeast Va	13.01 NWI
13 Lettow, Tate	10	Woodward-Gra	13.16 NWI

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Boys 100 Meter Dash

Name	Yr	School	Finals
14 Funez, Bryan	10	Perry	13.49 NWI
15 Darla, Timothy	09	Des Moines C	13.59 NWI
16 Mata, Adrian	12	Saydel	13.60 NWI
17 Kenyon, Conner	11	Perry	13.84 NWI
18 Swaim, Jayden	09	Des Moines C	14.20 NWI
19 Hansen, Matt	10	Woodward-Gra	14.40 NWI
20 Miller, Michael	09	Woodward-Gra	14.58 NWI
21 Larsen, Matthew	11	Des Moines C	15.65 NWI
--- Mars, Braden	11	Des Moines C	NT NWI
--- Smith, Trenton	09	Bond-Farrar	NT NWI

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Garrison, Craig	12	Saydel	23.23 10
2 Johnson, Nyles	11	Southeast Va	23.97 8
3 Pollard, Nolan	12	Bond-Farrar	24.20 6
4 Fisher, Kyler	11	Southeast Va	24.25 4
5 Cavanaugh, Chandler	12	Woodward-Gra	24.33 2
6 Kenyon, Brandon	12	Perry	24.37 1
7 Malone, Andrew	11	Saydel	24.72 NWI
8 Schuiteman, Bennet	11	Des Moines C	24.80 NWI
9 Wilson, Lain	09	Bond-Farrar	25.03 NWI
10 Mars, Braden	11	Des Moines C	25.47 NWI
11 Ackerson, Mason	11	Southeast Va	25.56 NWI
12 Fessler, Tyler	10	Perry	25.58 NWI
13 Manning, Jared	09	Woodward-Gra	27.12 NWI
14 Burkhardt, Garret	09	Woodward-Gra	27.61 NWI
15 Miller, Michael	09	Woodward-Gra	30.26 NWI

Boys 400 Meter Dash

Name	Yr	School	Finals
1 Johnson, Nolan	12	Southeast Va	52.30 10
2 Kenyon, Brandon	12	Perry	53.10 8
3 VanBaale, Seth	10	Bond-Farrar	53.47 6
4 Olejniczak, Kaleb	11	Perry	53.87 4
5 Schuiteman, Bennet	11	Des Moines C	55.75 2
6 Prichett, Cale	10	Woodward-Gra	59.25 1
7 Calderon, Tae	12	Woodward-Gra	59.77
8 Garland, Cody	10	Woodward-Gra	1:01.40
9 Oats, Greg	09	Bond-Farrar	1:06.01
10 Urelius, Andrew	11	Southeast Va	1:06.97
11 Hansen, Matt	10	Woodward-Gra	1:11.99
12 Martens, Blane	11	Southeast Va	1:12.90
13 Azim, Aryan	11	Southeast Va	1:27.18
--- Herbers, Jeff	11	Des Moines C	NT

Boys 800 Meter Run

Name	Yr	School	Finals
1 Townsend, Caleb	12	Bond-Farrar	2:05.45 10
2 Thompson, Ian	12	Woodward-Gra	2:10.74 8
3 Thompson, Zachary	12	Perry	2:11.46 6

4 Carlson, John	12	Bond-Farrar	2:13.07 4
5 Lowe, JD	12	Des Moines C	2:16.59 2
6 Mundy, Evan	09	Saydel	2:17.02 1
7 Fopma, Noah	10	Des Moines C	2:20.17
8 Grell, Jack	10	Woodward-Gra	2:25.04
9 Bethel, Coledon	11	Southeast Va	2:27.97
10 Bice, Alex	10	Woodward-Gra	2:29.89
11 Constanza, Miguel	10	Perry	2:32.35
12 Gibbs, Isaiah	11	Southeast Va	2:34.95
13 Kayser, Ben	09	Saydel	2:41.73
14 Crouse, Kaylb	09	Southeast Va	2:54.84
--- Garland, Cody	10	Woodward-Gra	NT
--- Jepsen, Robert	11	Southeast Va	NT

Boys 1600 Meter Run

Name	Yr	School	Finals
1 Ketcham, Tyler	12	Des Moines C	4:52.48 10
2 VanBaale, Seth	10	Bond-Farrar	5:00.95 8
3 Hynick, Ryan	10	Saydel	5:16.34 6
4 McGovern, Jackson	10	Bond-Farrar	5:16.40 4
5 Nelson, Nathan	12	Saydel	5:18.71 2
6 Jones, Caleb	10	Woodward-Gra	5:20.65 1
7 Fopma, Jacob	10	Des Moines C	5:25.56
8 Carlson, Ben	11	Southeast Va	5:25.57
9 Sanchez, Eduardo	11	Perry	5:28.24
10 Faltonson, Trevor	09	Woodward-Gra	5:39.49
11 Pyles, Austin	10	Saydel	5:39.59
12 McFarland, Hayden	10	Perry	5:41.57
13 Keuning, Devon	09	Bond-Farrar	5:41.92
14 Moser, Nate	09	Des Moines C	5:57.38
15 Malmberg, Colin	10	Perry	6:04.85
16 Jackson, Nolan	10	Southeast Va	6:05.59
17 Ibarra, Xavier	09	Woodward-Gra	6:07.78
18 Peterson, Blake	09	Southeast Va	6:14.31
19 Crouse, Kurt	09	Woodward-Gra	6:20.08
20 Brooks, Makail	10	Saydel	6:27.47
21 Baird, Kyle	12	Southeast Va	7:24.06
22 Jacobson, Roger	11	Perry	7:50.27
--- Castille, Christian	09	Des Moines C	NT
--- McCleary, Isaac	12	Bond-Farrar	X4:53.11

Boys 3200 Meter Run

Name	Yr	School	Finals
1 VanBaale, Drake	12	Bond-Farrar	10:46.22 10
2 Fopma, Jacob	10	Des Moines C	11:00.00 8
3 Bethel, Coledon	11	Southeast Va	11:14.51 6
4 Carlson, Ben	11	Southeast Va	11:31.61 4
5 Sanchez, Eduardo	11	Perry	11:39.60 2
6 Faltonson, Trevor	09	Woodward-Gra	11:41.81 1
7 Jaschke, Cole	09	Saydel	11:56.35
8 Steele, Dyaln	10	Woodward-Gra	12:06.44
9 Silvers, Trenton	09	Bond-Farrar	12:18.47
10 Jaschke, Kaleb	09	Saydel	12:50.06
11 Ibarra, Xavier	09	Woodward-Gra	12:53.20

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Boys 3200 Meter Run

Name	Yr	School	Finals
12 Sass, Calvin	10	Perry	13:04.56
13 Johnson, Parker	10	Southeast Va	13:07.55
14 Miller, Lincoln	10	Southeast Va	13:38.13
15 Crouse, Kurt	09	Woodward-Gra	13:40.32
--- McFarland, Hayden	10	Perry	NT

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Stephenson, TJ	12	Saydel	16.57 10
2 Groen, Justin	11	Des Moines C	16.63 8
3 Braunschweig, Keith	10	Woodward-Gra	17.38 6
4 Shay, Nolan	12	Des Moines C	18.09 4
5 Loseke, Jarrett	11	Southeast Va	18.37 2
6 Lane, Carter	10	Southeast Va	18.59 1
7 Narber, Jared	11	Perry	18.73 NWI
8 Moser, Nick	12	Woodward-Gra	19.54 NWI
9 Hanson, Sam	09	Southeast Va	20.26 NWI
10 Snyder, Cole	10	Perry	21.71 NWI
11 Andrews, Randy	11	Southeast Va	22.03 NWI

Boys 400 Meter Hurdles

Name	Yr	School	Finals
1 Stephenson, TJ	12	Saydel	1:00.36 10
2 Groen, Justin	11	Des Moines C	1:01.32 8
3 Rees, Daven	12	Southeast Va	1:05.68 6
4 Grandfield, Rhett	09	Southeast Va	1:06.05 4
5 Moats, Pacey	10	Woodward-Gra	1:06.18 2
6 Moser, Nick	12	Woodward-Gra	1:06.43 1
7 Narber, Jared	11	Perry	1:09.61
8 Bowsby, Kaya	10	Woodward-Gra	1:09.65
9 Stewart, Zach	12	Perry	1:09.66
10 Henry, Worth	09	Woodward-Gra	1:11.46
11 Johnson, Parker	10	Southeast Va	1:14.49
--- Shay, Nolan	12	Des Moines C	NT
--- Smith, Trenton	09	Bond-Farrar	NT
--- Breitsprecher, Patrick	12	Southeast Va	DQ

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Bond-Farrar		46.38 10
1) Beresford, Ty 09	2) Pollard, Nolan 12	
3) Powell, Dalton 10	4) Wilson, Lain 09	
2 Southeast Valley		46.57 8
1) Hudson, Ivan 11	2) Johnson, Nolan 12	
3) Fisher, Kyler 11	4) Johnson, Nyles 11	
3 Woodward-Granger		47.99 6
1) Dorenkamp, Jay 10	2) Achenbach, Bryce 10	
3) Jamison, Reese 10	4) Polich, Kade 09	
4 Perry		48.59 4
1) Chavez, Donald 12	2) Melendrez, Byron 10	
3) Stammer, Justin 11	4) Dougan, Kato 10	

5 Des Moines Christian	49.37 2
1) Thiner, Cade 10	2) Bailey, Isaac 10
3) Vanderpol, Max 10	4) Hess, Elijah 09
6 Saydel	50.69 1
1) Ballard, Dalton 10	2) Vitiritto, Jarrett 09
3) Malone, Chris 09	4) Mata, Adrian 12
7 Southeast Valley JV	52.40
1) Kamp, Colton 11	2) Andrews, Randy 11
3) Loseke, Jarrett 11	4) Hanson, Sam 09
8 Perry	B 53.91
1) Stewart, Jeb 09	2) Funez, Bryan 10
3) Kenyon, Conner 11	4) Rios, Alejandro 10
9 Des Moines Christian	B 54.66
1) Darla, Timothy 09	2) Bradley, Kole 10
3) Swaim, Jayden 09	4) Larsen, Matthew 11
10 Woodward-GrangerJV	56.90
1) Bird, Brendan 12	2) Fogarty, Dyllan 12
3) Easter, Brody 12	4) Wheeler, Justin 10
--- Bond-Farrar	B NT
1) Scott, Kaleb 10	2) Clark, Jordan 09
3) Lohse, Nic 11	4) Kinrade, William 12

Boys 4x200 Meter Relay

Team	Relay	Finals
1 Perry		1:42.44 10
1) Chavez, Donald 12	2) Melendrez, Byron 10	
3) Stammer, Justin 11	4) Dougan, Kato 10	
2 Southeast Valley		1:42.82 8
1) Kamp, Colton 11	2) Hudson, Ivan 11	
3) Ackerson, Mason 11	4) Swieter, Chase 10	
3 Des Moines Christian		1:43.20 6
1) Thiner, Cade 10	2) Bailey, Isaac 10	
3) Vanderpol, Max 10	4) Hess, Elijah 09	
4 Bond-Farrar		1:43.89 4
1) Scott, Kaleb 10	2) Clark, Jordan 09	
3) Lohse, Nic 11	4) Kinrade, William 12	
5 Woodward-Granger		1:44.41 2
1) Roll, Logan 09	2) Dorenkamp, Jay 10	
3) Saak, Josh 12	4) Lisle, Gage 12	
6 Southeast Valley JV		1:47.75 1
1) Garcia, Parker 09	2) Sorenson, Hunter 09	
3) Grandfield, Rhett 09	4) Lahr, Everett 09	
7 Woodward-GrangerJV		1:52.77
1) Burkhart, Garret 09	2) Calderon, Tae 12	
3) Simmons, Trevor 09	4) Miller, Michael 09	
--- Saydel		NT
1) Ballard, Dalton 10	2) Vitiritto, Jarrett 09	
3) Malone, Chris 09	4) Mata, Adrian 12	

Boys 4x400 Meter Relay

Team	Relay	Finals
1 Woodward-Granger		3:41.02 10
1) Achenbach, Bryce 10	2) Thompson, Ian 12	
3) Saak, Josh 12	4) Cavanaugh, Chandler 12	

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Boys 4x400 Meter Relay

Team	Relay	Finals
2 Perry		3:42.12 8
1) Fessler, Tyler 10	2) Thompson, Zachary 12	
3) Olejniczak, Kaleb 11	4) Kenyon, Brandon 12	
3 Des Moines Christian		3:50.08 6
1) Schuiteman, Bennet 11	2) Herbers, Jeff 11	
3) Mars, Braden 11	4) Ketcham, Tyler 12	
4 Southeast Valley		3:53.10 4
1) Breitsprecher, Patrick 12	2) Ackerson, Mason 11	
3) Kruse, Hunter 10	4) Swieter, Chase 10	
5 Bond-Farrar		4:01.98 2
1) Lilly, Cash 09	2) Adams, Blaine 10	
3) McGovern, Joseph 12	4) Clark, Jordan 09	
6 Saydel		4:03.52 1
1) Shinn, Garrett 10	2) Miller, Isaac 09	
3) Kayser, Ben 09	4) Mundy, Evan 09	
7 Woodward-GrangerJV		4:05.16
1) Braunschweig, Keith 10	2) Bowlsby, Kaya 10	
3) Moats, Pacey 10	4) Lettow, Tate 10	
8 Southeast Valley JV		4:07.08
1) Lahr, Everett 09	2) Sorenson, Hunter 09	
3) Lane, Carter 10	4) Garcia, Parker 09	

Boys 4x800 Meter Relay

Team	Relay	Finals
1 Bond-Farrar		9:08.98 10
1) McGovern, Jackson 10	2) Adams, Blaine 10	
3) Rowe, Payton 09	4) Swanson, Spencer 12	
2 Des Moines Christian		9:12.00 8
1) Lowe, JD 12	2) Herbers, Jeff 11	
3) Fopma, Noah 10	4) Ketcham, Tyler 12	
3 Woodward-Granger		9:18.82 6
1) Jones, Caleb 10	2) Garland, Cody 10	
3) Grell, Jack 10	4) Bice, Alex 10	
4 Saydel		9:24.73 4
1) Mundy, Evan 09	2) Nelson, Nathan 12	
3) Hynick, Ryan 10	4) Shinn, Garrett 10	
5 Southeast Valley		9:54.16 2
1) Jepsen, Robert 11	2) Sorenson, Hunter 09	
3) Siebert, Jonah 09	4) Garcia, Parker 09	
6 Des Moines Christian	B	9:59.26 1
1) Lounsbury, Luke 10	2) Hunt, Mason 11	
3) Castille, Christian 09	4) Moser, Nate 09	
7 Bond-Farrar	B	10:10.19
1) McGovern, Joseph 12	2) Clark, Jordan 09	
3) Lilly, Cash 09	4) Keuning, Devon 09	
8 Perry		10:22.00
1) Constanza, Miguel 10	2) Nunez, Alex 11	
3) Stewart, Jeb 09	4) Malmberg, Colin 10	
9 Southeast Valley JV		10:55.26
1) Crouse, Kaylb 09	2) Gibbs, Isaiah 11	
3) Sytsma, Dillon 11	4) Urelius, Andrew 11	

Boys 800 Sprint Medley

Team	Relay	Finals
1 Bond-Farrar		1:39.98 10
1) Beresford, Ty 09	2) Pollard, Nolan 12	
3) Powell, Dalton 10	4) Townsend, Caleb 12	
2 Perry		1:41.06 8
1) Chavez, Donald 12	2) Melendrez, Byron 10	
3) Fessler, Tyler 10	4) Kenyon, Brandon 12	
3 Woodward-Granger		1:43.07 6
1) Dorenkamp, Jay 10	2) Saak, Josh 12	
3) Jamison, Reese 10	4) Thompson, Ian 12	
4 Saydel		1:45.38 4
1) Stephenson, TJ 12	2) Malone, Andrew 11	
3) Garrison, Craig 12	4) Garrison, Nick 10	
5 Southeast Valley		1:46.45 2
1) Kamp, Colton 11	2) Hudson, Ivan 11	
3) Johnson, Nolan 12	4) Kruse, Hunter 10	
6 Woodward-GrangerJV		1:49.22 1
1) Lisle, Gage 12	2) Roll, Logan 09	
3) Manning, Jared 09	4) Pritchett, Cale 10	
7 Des Moines Christian		1:51.20
1) Thiner, Cade 10	2) Hess, Elijah 09	
3) Vanderpol, Max 10	4) Bailey, Isaac 10	

Boys Distance Medley

Team	Relay	Finals
1 Woodward-Granger		3:56.38 10
1) Achenbach, Bryce 10	2) Jamison, Reese 10	
3) Cavanaugh, Chandler 12	4) Thompson, Ian 12	
2 Bond-Farrar		4:01.54 8
1) Rowe, Payton 09	2) Swanson, Spencer 12	
3) VanBaale, Drake 12	4) McCleary, Isaac 12	
3 Des Moines Christian		4:10.87 6
1) Darla, Timothy 09	2) Bradley, Kole 10	
3) Hunt, Mason 11	4) Lounsbury, Luke 10	
4 Southeast Valley		4:19.45 4
1) Swieter, Chase 10	2) Hudson, Ivan 11	
3) Jepsen, Robert 11	4) Kruse, Hunter 10	
5 Perry		4:20.95 2
1) Chavez, Donald 12	2) Melendrez, Byron 10	
3) Fessler, Tyler 10	4) Vargas, Carlos 10	
6 Southeast Valley JV		4:37.96 1
1) Crouse, Kaylb 09	2) Peterson, Blake 09	
3) Sytsma, Dillon 11	4) Siebert, Jonah 09	
--- Woodward-GrangerJV		DQ
1) Lisle, Gage 12	2) Roll, Logan 09	
3) Manning, Jared 09	4) Bowlsby, Kaya 10	
--- Saydel		DQ
1) Swafford, Payton 10	2) Garrison, Nick 10	
3) Pyles, Austin 10	4) Miller, Isaac 09	

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Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
1 Des Moines Christian		1:06.91 10
1) Shay, Nolan 12	2) Thiner, Cade 10	
3) Bailey, Isaac 10	4) Groen, Justin 11	
2 Southeast Valley		1:08.07 8
1) Rees, Daven 12	2) Lane, Carter 10	
3) Loseke, Jarrett 11	4) Breitsprecher, Patrick 12	
3 Woodward-Granger		1:09.03 6
1) Henry, Worth 09	2) Moser, Nick 12	
3) Moats, Pacey 10	4) Braunschweig, Keith 10	
4 Saydel		1:10.75 4
1) Stephenson, TJ 12	2) Kayser, Ben 09	
3) Malone, Chris 09	4) Malone, Andrew 11	
5 Perry		1:13.65 2
1) Narber, Jared 11	2) Stewart, Zach 12	
3) Snyder, Cole 10	4) Stammer, Justin 11	
6 Southeast Valley JV		1:14.32 1
1) Andrews, Randy 11	2) Hanson, Sam 09	
3) Grandfield, Rhett 09	4) Lahr, Everett 09	

Boys High Jump

Name	Yr	School	Finals
1 Carlson, John	12	Bond-Farrar	6-00.00 10
2 Braunschweig, Keith	10	Woodward-Gra	5-06.00 8
3 Calderon, Tae	12	Woodward-Gra	5-06.00 6
4 Swieter, Chase	10	Southeast Va	5-06.00 4
5 Mars, Braden	11	Des Moines C	5-04.00 2
6 Prichett, Cale	10	Woodward-Gra	5-04.00 1
7 Lahr, Everett	09	Southeast Va	5-04.00
8 Hanson, Sam	09	Southeast Va	5-04.00
9 Simmons, Trevor	09	Woodward-Gra	5-00.00
10 Garrison, Nick	10	Saydel	5-00.00
11 Thompson, Zachary	12	Perry	5-00.00
12 Malone, Chris	09	Saydel	4-08.00
--- Long, Jordan	10	Perry	NH
--- Johnson, Nyles	11	Southeast Va	NH

Boys Long Jump

Name	Yr	School	Finals
1 Groen, Justin	11	Des Moines C	19-06.00 10
2 Wilson, Lain	09	Bond-Farrar	19-03.00 8
3 Olejniczak, Kaleb	11	Perry	19-01.00 6
4 Achenbach, Bryce	10	Woodward-Gra	18-10.00 4
5 Long, Jordan	10	Perry	18-09.00 2
6 Schuiteman, Bennet	11	Des Moines C	18-01.00 1
7 Lilly, Cash	09	Bond-Farrar	18-01.00 NWI
8 Dougan, Kato	10	Perry	17-11.00 NWI
8 Stammer, Justin	11	Perry	17-11.00 NWI
10 Grace, Say	12	Bond-Farrar	17-07.00 NWI
11 Grandfield, Rhett	09	Southeast Va	17-02.00 NWI
11 Roll, Logan	09	Woodward-Gra	17-02.00 NWI

13 Sorenson, Hunter	09	Southeast Va	17-01.00 NWI
14 Manning, Jared	09	Woodward-Gra	15-04.00 NWI
15 Oats, Greg	09	Bond-Farrar	15-01.00 NWI
16 Larsen, Matthew	11	Des Moines C	12-01.00 NWI
--- Fisher, Kyler	11	Southeast Va	ND NWI
--- Jamison, Reese	10	Woodward-Gra	ND NWI
--- Rees, Daven	12	Southeast Va	ND NWI
--- Swaim, Jayden	09	Des Moines C	ND NWI
--- Bradley, Kole	10	Des Moines C	ND NWI

Boys Shot Put

Name	Yr	School	Finals
1 Kastendieck, Jared	10	Southeast Va	42-00.50 10
2 Schoening, Greg	12	Bond-Farrar	41-00.00 8
3 Holtorf, Luke	11	Perry	40-05.00 6
4 Fogarty, Dillon	12	Woodward-Gra	40-02.50 4
5 Polich, Kade	09	Woodward-Gra	40-02.00 2
6 Easter, Brody	12	Woodward-Gra	38-07.00 1
7 Martin, Jacob	10	Des Moines C	37-09.75
8 Donnelly, Liam	12	Bond-Farrar	37-00.50
9 Snider, Ryan	09	Bond-Farrar	36-06.75
10 Samuelson, Luke	10	Southeast Va	34-11.75
11 Samuelson, Lucas	10	Southeast Va	34-00.00
12 Simon, Stone	12	Saydel	33-11.00
13 Calderon, Carlos	11	Perry	31-02.00
14 Clay, Lincoln	10	Southeast Va	30-08.25
15 Snyder, Cole	10	Perry	30-06.00
16 Swafford, Payton	10	Saydel	30-04.50
17 Hill, John	12	Bond-Farrar	30-00.75
18 Ocker, Dakota	10	Perry	25-08.50
--- Hansen, Matt	10	Woodward-Gra	ND

Boys Discus Throw

Name	Yr	School	Finals
1 Rasmussen, Sam	11	Des Moines C	135-00 10
2 Bird, Brendan	12	Woodward-Gra	130-06 8
3 Schoening, Greg	12	Bond-Farrar	123-05 6
4 Easter, Brody	12	Woodward-Gra	119-11 4
5 Martin, Jacob	10	Des Moines C	119-09 2
6 Ackerson, Mason	11	Southeast Va	115-07 1
7 Snider, Ryan	09	Bond-Farrar	110-03
8 Fogarty, Dyllan	12	Woodward-Gra	104-11
9 Donnelly, Liam	12	Bond-Farrar	103-07
10 Holtorf, Luke	11	Perry	95-09
11 Kastendieck, Jared	10	Southeast Va	92-08
12 Calderon, Carlos	11	Perry	88-09
13 Wheeler, Justin	10	Woodward-Gra	88-03
14 Snyder, Cole	10	Perry	87-00
15 Morales, Alex	11	Perry	85-03
16 Swafford, Payton	10	Saydel	84-06
17 McFarland, Clayton	11	Southeast Va	79-07
--- wheeler, Justin	10	Woodward-Gra	ND