

# DALLAS COUNTY HOSPITAL

## COMMUNITY EVENTS & EDUCATION CLASSES

JUNE 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FOR MORE INFORMATION, PLEASE CONTACT  
**MATT CROOKS** **LUPITA CHAVEZ** **SALLY SWENSON**  
 515.465.7563 515.465.7684 515.465.7512

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			SPANISH DIABETIC SUPPORT GROUP 6:00-7:00 PM BOARD ROOM	
5	6	7	8	9
	SPANISH DIABETES SELF-MGMT CLASS 6:00-7:30 PM COMMUNITY ROOM			COMMUNITY LUNCH & LEARN SENIOR LIFE SOLUTIONS 12:00 - 1:00 PM COMMUNITY ROOM
12	13	14	15	16
DIABETIC SUPPORT GROUP 3:30- 4:30 PM COMMUNITY ROOM	BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER OPEN HOUSE 4:00- 6:00 PM RENOVATED ATRIUM SPANISH DIABETES SELF-MGMT CLASS 6:00-7:30 PM COMMUNITY ROOM		BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER ENGLISH DIABETIC SUPPORT GROUP 6:00-7:00 PM BOARD ROOM	
19	20	21	22	23
	BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER BEGINNER TAI CHI 5:30 - 6:15 PM WELLNESS CENTER SPANISH DIABETES SELF-MGMT CLASS 6:00-7:30 PM COMMUNITY ROOM		BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER BEGINNER TAI CHI 5:30 - 6:15 PM WELLNESS CENTER	SATURDAY, JUNE 24TH STARTING AT 11:00 AM HEALTH FAIR HYVEE PERRY PARKING LOT
26	27	28	29	30
	BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER BEGINNER TAI CHI 5:30 - 6:15 PM WELLNESS CENTER SPANISH DIABETES SELF-MGMT CLASS 6:00-7:30 PM COMMUNITY ROOM	MOBILE FOOD PANTRY 4:00 - 6:00 PM NORTH PARKING LOT	BEGINNER TAI CHI 9:30 - 10 AM WELLNESS CENTER ADVANCED TAI CHI 9:45 - 10:30 AM WELLNESS CENTER BEGINNER TAI CHI 5:30 - 6:15 PM WELLNESS CENTER	

