**NEWS  
for immediate release**

**New Foot and Ankle Surgeon Joins Adair County Health System**

**GREENFIELD, IA (Oct. 19, 2022)** — Adair County Health System is pleased to welcome Sara Zelinskas, DPM, ABFAS, board- qualified and certified foot and ankle surgeon, to the organization. Dr. Sara Zelinskas will begin seeing patients at the ACHS Specialty Clinic on Wednesday, November 2.

According to Catherine Hillestad, Chief Executive Officer of ACHS, the organization is excited to have   
Dr. Zelinskas join the team. “As an experienced physician with expertise in the foot and ankle, Dr. Zelinskas will help ACHS provide additional specialty surgical services that are greatly needed in our community.”

Dr. Zelinskas earned her medical degree from Des Moines University and completed residency training in foot and ankle surgery at the Franciscan Foot and Ankle Institute in Federal Way, Washington. She will provide general podiatric care/treatment and perform surgical procedures to treat numerous conditions, including but not limited to:

* Ankle sprains and instability
* Bunions
* Fractures and sprain trauma
* Hammertoes
* Heel pain
* Steroid Injections
* Orthotics
* Rashes and infections
* Running related injuries such as turf toe and Achilles tendonitis.

In addition, Dr. Zelinskas utilizes therapies such as stem cell and steroid injections, when possible.

Dr. Zelinskas recently moved to Iowa with her husband, who is also a physician, and their two daughters.

Dr. Sara Zelinskas is currently accepting new patient appointments and will see patients in Greenfield on Wednesdays. Please call 641-743-7263 to schedule an appointment. She will also see patients at Madison County Health Care System in Winterset on Wednesdays and Fridays.

**About Adair County Health System**Adair County Health System (ACHS) is comprised of Adair County Memorial Hospital, Greenfield Medical Clinic, Stuart Medical Clinic, Adair County Public Health and Adair County Ambulance. ACHS provides a variety of vital health care services to the community and is committed to providing exceptional healthcare close to home. Learn more at [www.achsiowa.org](http://www.achsiowa.org) or @AdairCountyHealthSystem on Facebook.

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