

2023 ADM Girls V/JV Tiger Invitational - 4/25/2023

ADM Stadium

Results

Event 1 Girls Shot Put Varsity

Name	School	Finals
Finals		
1 Smith, Ava	Waukeew NW	39-07.00 10
2 Valenta, Zoey	Dc-Grimes	34-09.00 8
3 Wiebold, Emma	Boone	33-10.50 6
4 Storck, Nicole	Adm, Adel	33-08.00 5
5 Jeptoo, Valiant	Waukeew NW	33-05.00 4
6 Brown, Gracelynn	Winterset	32-10.00 3
7 Stanford, Kennedy	Adm, Adel	30-08.00 2
8 Praska, Brantley	Dc-Grimes	30-07.00 1
9 Jarrett, Alexia	Dsm, Hoover	30-05.50
10 Steva, Callie	Perry	29-08.00
11 Aasen, Elise	Winterset	27-02.00
12 Ely, Emily	Boone	26-00.00
13 Mulonda, Kethia	Dsm, North	24-03.00
14 Barkley, Sydney	Perry	21-08.00
--- Adoobe, Kaanakia (Katie)	Dsm, Hoover	DNS
--- Cook, Rori	Boone	DNS

Event 2 Girls Shot Put Junior Varsity

Name	School	Finals
Finals		
1 Hagedorn, Lauren	Adm, Adel	34-00.00
2 Beaudet, Halley	Dc-Grimes	31-03.50
3 Braun, Taylor	Adm, Adel	30-05.00
4 Vaughn, Morgan	Winterset	30-00.00
5 Oriho, Olivia	Waukeew NW	25-10.50
6 Pasco, Josephine	Adm, Adel	24-00.00
7 Fandeh, Praise	Dsm, Hoover	23-08.00
8 Zelee, Taleaya	Dsm, Hoover	20-10.00
9 Bueso, Illiana	Dsm, Hoover	16-06.00
10 Thompson, Arianna	Dsm, Hoover	14-02.00

Event 4 Girls Discus Throw Junior Varsity

Name	School	Finals
Finals		
1 Braun, Taylor	Adm, Adel	108-10
2 Storck, Nicole	Adm, Adel	95-06
3 Taylor, Payton	Adm, Adel	90-03
4 Clayton, Aniston	Waukeew NW	85-00
5 Stanford, Kennedy	Adm, Adel	82-03
6 Hartman, Ava	Winterset	78-03
7 Beaudet, Halley	Dc-Grimes	66-04
7 Elmquist, Josalyn	Boone	66-04
9 Pasco, Josephine	Adm, Adel	54-11
10 Zelee, Taleaya	Dsm, Hoover	52-00
11 Bueso, Illiana	Dsm, Hoover	51-10
12 Fandeh, Praise	Dsm, Hoover	46-01
13 Thompson, Arianna	Dsm, Hoover	43-03

Event 5 Girls Discus Throw Varsity

Name	School	Finals
Finals		
1 Hagedorn, Lauren	Adm, Adel	115-09 10

2 Ades, Erin	Boone	113-00 8
3 Banse, Addison	Adm, Adel	106-11 6
4 Valenta, Zoey	Dc-Grimes	105-08 5
5 Christie, Olivia	Waukeew NW	101-05 4
6 Wiebold, Emma	Boone	101-04 3
7 Taylor, Izabella	Winterset	92-00 2
8 Fincel, Heather	Waukeew NW	88-11 1
9 Akers, Karlee	Winterset	86-03
10 Jarrett, Alexia	Dsm, Hoover	79-00
11 Mulonda, Kethia	Dsm, North	70-02
12 Steva, Callie	Perry	61-05
13 Barkley, Sydney	Perry	56-07
14 Short, Emily	Dc-Grimes	13-08
--- Adoobe, Kaanakia (Katie)	Dsm, Hoover	DNS

Event 6 Girls Long Jump Varsity

Name	School	Finals
Finals		
1 Crannell, Makayla	Adm, Adel	17-10.00 10
2 Kress, Lilah	Waukeew NW	15-09.50 8
3 Karga, Kim	Dsm, Hoover	15-07.00 6
4 Bauman, Sophia	Dc-Grimes	15-03.00 5
5 Taoh, Anne	Waukeew NW	14-01.50 4
6 Hainley, Juliet	Dsm, North	14-00.00 3
7 Wanat, Chloe	Dc-Grimes	13-08.50 2
8 Tollari, Aniston	Adm, Adel	13-05.50 1
9 Hockemeier, Sophie	Winterset	13-03.50
10 Messler, Josyln	Boone	13-01.00
10 Kyne, Monah	Dsm, Hoover	13-01.00
12 Hockett, Grace	Winterset	11-10.50
13 Wheeler, Alexis	Boone	10-11.00

Event 7 Girls Long Jump Junior Varsity

Name	School	Finals
Finals		
1 Sheriff, Amber	Waukeew NW	13-10.00
2 McFarland, Jacey	Dc-Grimes	13-06.00
3 Gurisho, Lemuna	Dsm, North	13-02.00
4 Baber, Norah	Boone	12-05.00
5 Hall, Marita	Dsm, North	11-00.00
--- Troster, Lauryn	Adm, Adel	DNS

Event 8 Girls High Jump Junior Varsity

Name	School	Finals
Finals		
1 Osborn, Aly	Winterset	4-04.00

Event 9 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Warmuth, London	Adm, Adel	J5-05.00 10
2 Johnson, Noelle	Boone	J4-08.00 8
3 Roundcount, Madelyn	Adm, Adel	J4-08.00 6
4 Goad, Helena	Waukeew NW	J4-08.00 5
5 Hanselman, Geona	Winterset	J4-06.00 3.5
5 Witt, RyAnn	Winterset	J4-06.00 3.5

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Finals ... (Event 9 Girls High Jump Varsity)

Name	School	Finals
7 Spencer, Hannah	Waukee NW	J4-06.00 2
8 Bauman, Sophia	Dc-Grimes	J4-02.00 1

Event 10 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	2:00.38
1) Troster, Lauryn	2) Standley, Peyton	
3) Schmidt, Torianna	4) Nemechek, Alexis	
2 Waukee NW	A	2:03.87
1) DuPage, Mckenzee	2) Peterson, Stella	
3) Jones, Bri	4) Eddy, Maslyn	
3 Dc-Grimes	A	2:08.70
1) Fiala, Hope	2) Philippon, Maykaylee	
3) Fetters, Delaney	4) Meekma, Sophie	
4 Winterset	A	2:11.93
1) Osborn, Aly	2) Witt, RyAnn	
3) Wickman, Paige	4) Craven, Mackenzie	
5 Boone	A	2:12.86
1) Hayes, Avah	2) Baber, Norah	
3) Majak, Kira	4) Davidson, Madelyn	
6 Dsm, Hoover	A	2:16.11
1) Goods, Brea	2) Ajak, Awyar	
3) Davis, Meleah	4) Saldana-Valdez, Andrea	
7 Perry	A	2:23.68
1) West, Kathryn	2) Alvayero, Sandra	
3) Mion, Valentina	4) Castillo, Natalie	

Event 11 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Dc-Grimes	A	1:54.02 10
1) Menough, Ashlyn	2) Osborn, Abby	
3) Curtis, Olivia	4) McDermott, Meredith	
2 Adm, Adel	A	1:54.90 8
1) Dufoe, Josi	2) Seehase, Calli	
3) Grove, Jada	4) Seidl, Brenna	
3 Waukee NW	A	1:55.13 6
1) Taoh, Anne	2) Romanin, Lillian	
3) Parks, Emilie	4) Lalone, Aubree	
4 Boone	A	1:58.35 5
1) Moorman, Kelsea	2) Ades, Erin	
3) Adams, Sydney	4) Danner, Natalee	
5 Dsm, North	A	2:03.04 4
1) Bundy-Jewett, Larreyah	2) bundy-Jewett, Larresha	
3) Puot, Elizabeth	4) Kual, Savannah	
6 Dsm, Hoover	A	2:03.19 3
1) Jordan, Jalina	2) Delyjah, Annika	
3) Kennedy, Ernestine	4) Kak, Acown	
7 Winterset	A	2:03.46 2
1) Acton, Brynn	2) Acton, Bailey	
3) Sussex, Cambree	4) Davis, Luci	

8 Perry	A	2:08.14 1
1) Aguilar, Maria	2) Aguirre, Cynthia	
3) Ramirez, Litzzy	4) Meis, Mylah	

Event 12 Girls 3000 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Heaberlin, Kylie	Dc-Grimes	11:52.79
2 Mattes, Paige	Adm, Adel	12:03.00
3 Newcomb, Dakota	Dc-Grimes	12:22.06
4 Horgen, Evelyn	Adm, Adel	13:30.83

Event 13 Girls 3000 Meter Run Varsity

Name	School	Finals
Finals		
1 Stevens, Maddy	Dc-Grimes	10:50.24 10
2 Meyers, Emily	Dc-Grimes	11:15.71 8
3 Alliss, Lexi	Waukee NW	12:10.17 6
4 Nguyen, Sophie	Waukee NW	12:10.23 5
--- Timmerman, Geneva	Adm, Adel	DNF
--- Goodrich, Ella	Adm, Adel	DNS

Event 14 Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee NW	A	10:30.39
1) Mertz, Tenley	2) Veren, Isabel	
3) Nelson, Natalie	4) Duffy, Reagan	
2 Adm, Adel	A	10:51.62
1) Davison, Mallory	2) Nelson, Alaina	
3) Siefken, Madison	4) Popp, Ella	

Event 15 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee NW	A	10:00.54 10
1) Reinders, Jamison	2) Begley, Taryn	
3) Habgood, Finley	4) Cooper, Quincy	
2 Adm, Adel	A	10:04.76 8
1) James, Haley	2) James, Madi	
3) Morse, Brecken	4) Desmarais, Hannah	
3 Dc-Grimes	A	10:40.07 6
1) Meyers, Jordan	2) Little, Haydn	
3) Busby, Kate	4) Dooley, Addison	
4 Boone	A	10:49.93 5
1) Sherry, Sierra	2) Chesnut, Avery	
3) Nystrom, Mora	4) Brown, Chelbie	
--- Winterset	A	DNS
1) Craven, Sami	2) Darling, Avary	
3) Back, Morgan	4) Sutton, Morgan	

Event 16 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	1:19.46
1) Seidl, Alexa	2) Brose, Natalie	
3) Roundcount, Madelyn	4) Schaffer, Rylan	

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Finals ... (Event 16 Girls 4x100 Meter Shuttle Hurdle Junior Varsity)

Team	Relay	Finals
2 Dsm, Hoover	A	1:28.78
1) Ugwuanyi, Victoria	2) Mohamed, Eman	
3) Ajak, Awyar	4) Kennedy, Ernestine	

Event 17 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Winterset	A	1:10.73 10
1) Soderberg, Allie	2) Acton, Brynn	
3) Hanselman, Gigi	4) Kleemeier, Jaya	
2 Adm, Adel	A	1:11.83 8
1) Young, Brianna	2) Nelson, Haley	
3) Case, Lauren	4) Coghlan, Elise	
3 Dc-Grimes	A	1:15.38 6
1) Schmitz, Ellie	2) Macumber, Bailey	
3) Christensen, Mya	4) Vaughan, Ashtyn	
4 Dsm, North	A	1:16.78 5
1) Bundy-Jewett, Larreyah	2) Pyne, Faith	
3) Puot, Elizabeth	4) Doerue, Hellen	
5 Dsm, Hoover	A	1:19.92 4
1) Powell, JaKya	2) Fandeh, Ruth	
3) Hurst, Salome	4) Wal, Deu	
6 Waukee NW	A	1:20.42 3
1) Hogenson, Alex	2) Davis, Hailey	
3) Walker, Avery	4) Rayburn, Addison	
7 Boone	A	1:21.96 2
1) Wheeler, Alexis	2) Davidson, Madelyn	
3) Messler, Josyln	4) Baker, Graycee	
8 Perry	A	1:22.88 1
1) Aguilar, Maria	2) Nehring, Taryn	
3) Ramirez, Litzy	4) Rivera, Denise	

Event 18 Girls 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Harvey, Paige	Dc-Grimes	13.87
2 DeWitt, Madison	Waukee NW	14.30
3 Johnson, Noelle	Boone	14.63
4 Kreifels, Celia	Adm, Adel	14.78
5 Mansaray, Makemae	Dsm, Hoover	15.01
6 Gurisho, Lemuna	Dsm, North	15.25
7 Darboh, Iyesta	Dsm, North	15.63
8 Shadin, Abey	Dsm, Hoover	15.85
9 Mion, Valentina	Perry	15.89
10 Faux, Jaelynn	Winterset	16.82
11 Robinson, Saada	Dsm, North	17.84
--- Roorda, Claire	Adm, Adel	XDNS
--- Steinkamp, Josie	Adm, Adel	X14.61
--- Dennis, Henley	Adm, Adel	X15.85
--- Roeder, Jolynn	Adm, Adel	X16.24

Event 19 Girls 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Crannell, Makayla	Adm, Adel	12.29 10
2 Busch, Carly	Boone	12.98 8
3 Taoh, Anne	Waukee NW	13.04 6
4 Jahangir, Asia	Dc-Grimes	13.13 5
5 Tollari, Aniston	Adm, Adel	13.16 4
6 Kress, Lilah	Waukee NW	13.24 3
7 Osborn, Abby	Dc-Grimes	13.46 2
8 Nehring, Taryn	Perry	13.66 1
9 Wright, Alydia	Dsm, North	13.72
10 Rivera, Denise	Perry	14.03
11 N'Goran, Andrea	Dsm, Hoover	14.06
12 Delyjah, Annika	Dsm, Hoover	16.25
13 Hockemeier, Sophie	Winterset	18.77
--- Adams, Sydney	Boone	DNS
--- Applegate, Neela	Winterset	DNS

Event 21 Girls Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Waukee NW	A	5:04.05
1) Achan, Naissah	2) Senthilkumar, Ruthvi	
3) Rajbhandary, Aanavi	4) Kuennen, Maggie	
2 Adm, Adel	A	5:08.17
1) Metzger, Kennedy	2) Miller, Avery	
3) James, Noelle	4) Miller, Rhyan	
3 Dsm, Hoover	A	5:40.76
1) Kashama, Aleyna	2) Jarrett, Alayna	
3) Evenson, Laycee	4) Harwell, Natasha	

Event 22 Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Dc-Grimes	A	4:30.38 10
1) Bahnsen, Anna	2) Curtis, Olivia	
3) Stevens, Maddy	4) McDermott, Emerson	
2 Waukee NW	A	4:33.10 8
1) Romanin, Lillian	2) Wandera, Athieno	
3) Rush, Katie	4) Heileson, Brinley	
3 Adm, Adel	A	4:33.72 6
1) Seehase, Calli	2) Standley, Peyton	
3) Coghlan, Elise	4) Sutton, Mackealin	
4 Dsm, Hoover	A	4:44.19 5
1) Smith, Takira	2) Kyne, Monah	
3) Adoobe, Nakara	4) Kak, Acown	
5 Winterset	A	5:07.68 4
1) Sussex, Cambree	2) Wickman, Paige	
3) Hall, Ella	4) Evans, Siena	
6 Boone	A	5:28.99 3
1) Davidson, Madelyn	2) Ades, Erin	
3) Campbell, Samantha	4) Sherry, Sierra	

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Event 23 Girls 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Ury, Jocelyn	Waukee NW	1:06.10
2 Seidl, Brenna	Adm, Adel	1:12.62
3 McCusker, Guinevere	Winterset	1:16.10
4 Gurisho, Lemuna	Dsm, North	1:17.28
5 Plathe, Teagan	Adm, Adel	1:18.17
6 Hall, Marita	Dsm, North	1:19.90
7 Ruberte-Cruz, Alannis	Dsm, North	1:21.55
8 Zelaya Montoya, Marcela	Dsm, North	1:23.05
9 Leber, Tatum	Perry	1:23.63
10 Adhikari, Diya	Dsm, Hoover	1:26.88
--- Schmit, Zoey	Dsm, Hoover	DNS

Event 24 Girls 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Maas, Sadie	Waukee NW	1:00.10 10
2 Madison, Ke'Ayla	Waukee NW	1:00.59 8
3 Busch, Carly	Boone	1:04.24 6
4 Seidl, Brenna	Adm, Adel	1:04.42 5
5 Wadzinski, Elaina	Boone	1:05.98 4
6 Little, Haydn	Dc-Grimes	1:07.86 3
7 Plathe, Teagan	Adm, Adel	1:08.59 2
8 Nehring, Taryn	Perry	1:08.65 1
9 Rivera, Denise	Perry	1:09.41
10 bundy-Jewett, Larresha	Dsm, North	1:12.19
11 Meekma, Sophie	Dc-Grimes	1:13.05
--- Saldana-Valdez, Natalia	Dsm, Hoover	DNS
--- Kual, Savannah	Dsm, North	DNS

Event 25 Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	1:55.78
1) Troster, Lauryn	2) Standley, Peyton	
3) Morse, Brecken	4) Nemechek, Alexis	
2 Dc-Grimes	A	2:00.58
1) Fiala, Hope	2) Philippson, Maykaylee	
3) Harvey, Paige	4) McFarland, Jacey	
3 Dsm, Hoover	A	2:06.29
1) Mansaray, Makemae	2) Hurst, Salome	
3) Williams, Camari	4) Davis, Meleah	
4 Boone	A	2:10.06
1) Majak, Kira	2) Champ, Chloe	
3) Brown, Chelbie	4) Hayes, Avah	
5 Waukee NW	A	2:10.17
1) Waller, Maddie	2) Mangan, Hannah	
3) Tjaden, Ava	4) Wigton, Sarah	
6 Perry	A	2:21.77
1) Alvayero, Sandra	2) Steva, Callie	
3) Barkley, Sydney	4) Castillo, Natalie	

7 Winterset	A	2:30.71
1) Schwabe, Autum	2) Metzger, Savannah	
3) Nuzum, Libby	4) Broecker, Ava	

Event 26 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	1:45.47 10
1) Tollari, Aniston	2) Grove, Jada	
3) Dufoe, Josi	4) Crannell, Makayla	
2 Dc-Grimes	A	1:49.89 8
1) Wanat, Chloe	2) Jahangir, Asia	
3) Osborn, Abby	4) Redenius, Mara	
3 Boone	A	1:52.10 6
1) Moorman, Kelsea	2) Messler, Josyln	
3) Danner, Natalee	4) Adams, Sydney	
4 Waukee NW	A	1:55.77 5
1) DuPage, Mckenzee	2) Jones, Bri	
3) Peterson, Stella	4) Eddy, Maslyn	
5 Dsm, Hoover	A	2:00.37 4
1) Jordan, Jalina	2) Kennedy, Ernestine	
3) Wal, Deu	4) Benjamin, Ruth	
6 Perry	A	2:02.54 3
1) Aguilar, Maria	2) Ramirez, Litzzy	
3) Meis, Mylah	4) West, Kathryn	
7 Winterset	A	2:04.26 2
1) Sheffield, MaKenna	2) Nichols, Makayla	
3) Hanselman, Geona	4) Acton, Bailey	

Event 27 Girls 100 Meter Hurdles Junior Varsity

Name	School	Finals
Finals		
1 Nelson, Haley	Adm, Adel	17.89
2 Young, Brianna	Adm, Adel	18.44
3 Pyne, Faith	Dsm, North	19.65
4 Christensen, Mya	Dc-Grimes	20.14
5 Fandeh, Ruth	Dsm, Hoover	20.36
6 Hogenson, Alex	Waukee NW	20.47
7 Seidl, Alexa	Adm, Adel	22.06
8 Mohamed, Eman	Dsm, Hoover	22.98
9 Gurisho, Lemuna	Dsm, North	24.35
--- Roundcount, Madelyn	Adm, Adel	XDNS
--- Saldana-Valdez, Andrea	Dsm, Hoover	XDNS
--- Brose, Natalie	Adm, Adel	X19.30
--- Schaffer, Rylan	Adm, Adel	X19.44

Event 28 Girls 100 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Kleemeier, Jaya	Winterset	16.52 10
2 Powell, JaKya	Dsm, Hoover	17.06 8
3 Macumber, Bailey	Dc-Grimes	17.24 6
4 Coghlan, Elise	Adm, Adel	17.37 5
5 Davis, Hailey	Waukee NW	17.43 4
6 Rayburn, Addison	Waukee NW	17.83 3
7 Wheeler, Alexis	Boone	18.09 2

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Finals ... (Event 28 Girls 100 Meter Hurdles Varsity)

Name	School	Finals	
8 Case, Lauren	Adm, Adel	18.10	1
9 Doerue, Hellen	Dsm, North	18.78	
10 Ugwuanyi, Victoria	Dsm, Hoover	18.87	
11 Vaughan, Ashtyn	Dc-Grimes	19.02	
12 Aguirre, Cynthia	Perry	19.08	
13 Bundy-Jewett, Larreyah	Dsm, North	20.71	
14 Baker, Graycee	Boone	21.32	

Event 29 Girls 800 Meter Run Junior Varsity

Name	School	Finals	
Finals			
1 Begley, Taryn	Waukeew NW	2:36.69	
2 Heaberlin, Kylie	Dc-Grimes	2:40.41	
3 Popp, Ella	Adm, Adel	2:50.47	
4 James, Noelle	Adm, Adel	3:02.17	
5 Kaysen, Landry	Winterset	3:02.99	
6 Ruberte-Cruz, Alannis	Dsm, North	3:17.45	
7 Miller, Avery	Adm, Adel	3:44.94	
8 Gute, Tessa	Boone	3:46.35	
--- Stilwell, Gracie	Dsm, North	DNS	
--- Dennis, Henley	Adm, Adel	X3:11.71	

Event 30 Girls 800 Meter Run Varsity

Name	School	Finals	
Finals			
1 McDermott, Meredith	Dc-Grimes	2:28.54	10
2 Lalone, Aubree	Waukeew NW	2:30.24	8
3 Habgood, Finley	Waukeew NW	2:32.80	6
4 Meyers, Emily	Dc-Grimes	2:36.39	5
5 Sutton, Mackealin	Adm, Adel	2:37.60	4
6 Back, Morgan	Winterset	2:41.58	3
7 Davison, Mallory	Adm, Adel	2:41.66	2
8 Kual, Savannah	Dsm, North	2:52.16	1
9 Chesnut, Avery	Boone	3:00.34	
--- Nystrom, Mora	Boone	DNS	

Event 31 Girls 200 Meter Dash Junior Varsity

Name	School	Finals	
Finals			
1 Seidl, Brenna	Adm, Adel	29.55	
2 Roundcount, Madelyn	Adm, Adel	29.60	
3 Amerison-Smith, Kalayah	Waukeew NW	30.09	
4 Mosier, Olivia	Dc-Grimes	30.36	
5 Hayes, Avah	Boone	31.32	
6 Kashama, Aleyna	Dsm, Hoover	33.35	
7 Jarrett, Alayna	Dsm, Hoover	33.96	
8 Mion, Valentina	Perry	34.18	
9 Hockett, Grace	Winterset	34.49	
10 Zelaya Montoya, Marcela	Dsm, North	34.77	
11 Robinson, Saada	Dsm, North	37.62	

Event 32 Girls 200 Meter Dash Varsity

Name	School	Finals	
Finals			
1 Dufoe, Josi	Adm, Adel	26.49	10
2 Karnga, Kim	Dsm, Hoover	26.88	8
3 Seehase, Calli	Adm, Adel	27.03	6
4 Busch, Carly	Boone	27.04	5
5 Kress, Lilah	Waukeew NW	27.11	4
6 Menough, Ashlyn	Dc-Grimes	28.14	3
7 Moorman, Kelsea	Boone	28.18	2
8 Parks, Emilie	Waukeew NW	28.32	1
9 Wright, Alydia	Dsm, North	28.55	
10 Nehring, Taryn	Perry	28.55	
11 Fetters, Delaney	Dc-Grimes	28.72	
12 Rivera, Denise	Perry	29.57	
13 Hainley, Juliet	Dsm, North	30.28	
14 Benjamin, Ruth	Dsm, Hoover	33.46	
--- Applegate, Neela	Winterset	DNS	

Event 34 Girls 400 Meter Hurdles Junior Varsity

Name	School	Finals	
Finals			
1 Nelson, Haley	Adm, Adel	1:15.46	

Event 35 Girls 400 Meter Hurdles Varsity

Name	School	Finals	
Finals			
1 Redenius, Mara	Dc-Grimes	1:09.33	10
2 James, Madi	Adm, Adel	1:11.48	8
3 Coghlan, Elise	Adm, Adel	1:13.82	6
4 Davis, Hailey	Waukeew NW	1:15.63	5
5 Puot, Elizabeth	Dsm, North	1:18.59	4
--- Hanselman, Gigi	Winterset	DNS	

Event 36 Girls 1500 Meter Run Junior Varsity

Name	School	Finals	
Finals			
1 Fleming, Eva	Waukeew NW	5:39.59	
2 Mattes, Paige	Adm, Adel	5:42.11	
3 Busby, Kate	Dc-Grimes	5:46.41	
4 Miller, Rhyann	Adm, Adel	6:09.70	
5 Horgen, Evelyn	Adm, Adel	6:11.34	
6 McCusker, Guinevere	Winterset	6:36.57	
--- Goodrich, Ella	Adm, Adel	DNS	
--- Stilwell, Gracie	Dsm, North	DNS	

Event 37 Girls 1500 Meter Run Varsity

Name	School	Finals	
Finals			
1 Dooley, Addison	Dc-Grimes	5:08.39	10
2 James, Haley	Adm, Adel	5:21.34	8
3 Angus, Abbey	Dc-Grimes	5:25.64	6
4 Mertz, Tenley	Waukeew NW	5:25.98	5
5 Nelson, Alaina	Adm, Adel	5:28.42	4
6 Baldwin, Avari	Waukeew NW	5:34.79	3
--- Brown, Chelbie	Boone	DNS	

2023 ADM Girls V/JV Tiger Invitational - 4/25/2023

ADM Stadium

Results

Event 38 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	55.07
1) Troster, Lauryn	2) Nemechek, Alexis	
3) Young, Brianna	4) Case, Lauren	
2 Dc-Grimes	A	55.32
1) Philippson, Maykaylee	2) Harvey, Paige	
3) Macumber, Bailey	4) Fetters, Delaney	
3 Waukee NW	A	56.06
1) Amerison-Smith, Kalayah	2) Rajbhandary, Aanavi	
3) Kingery, Addison	4) DeWitt, Madison	
4 Dsm, Hoover	A	56.99
1) Jordan, Jalina	2) N'Goran, Andrea	
3) Williams, Camari	4) Davis, Meleah	
5 Adm, Adel	B	x59.69
1) Brose, Natalie	2) Schaffer, Rylan	
3) Steinkamp, Josie	4) Metzger, Kennedy	
6 Adm, Adel	C	x59.73
1) Banse, Addison	2) Stanford, Kennedy	
3) Hagedorn, Lauren	4) Storck, Nicole	
7 Boone	A	1:00.41
1) Majak, Kira	2) Champ, Chloe	
3) Baber, Norah	4) Hayes, Avah	
8 Adm, Adel	D	x1:02.40
1) Seidl, Alexa	2) Roeder, Jolynn	
3) Roorda, Claire	4) Dennis, Henley	
9 Perry	A	1:02.62
1) Aguirre, Cynthia	2) Meis, Mylah	
3) Alvayero, Sandra	4) Castillo, Natalie	
10 Dsm, North	A	1:03.91
1) Zelaya Montoya, Marcela	2) Darboh, Iyesta	
3) Robinson, Saada	4) Hall, Marita	
11 Winterset	A	1:11.02
1) Schwabe, Autum	2) Metzger, Savannah	
3) Jacobs, Chryslin	4) Broeker, Ava	

Event 39 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	49.96 10
1) Dufoe, Josi	2) Grove, Jada	
3) Seehase, Calli	4) Crannell, Makayla	
2 Dsm, Hoover	A	51.00 8
1) Smith, Takira	2) Kyne, Monah	
3) Karnga, Kim	4) Wal, Deu	
3 Dc-Grimes	A	51.71 6
1) Wanat, Chloe	2) Osborn, Abby	
3) Jahangir, Asia	4) Menough, Ashlyn	
4 Boone	A	52.74 5
1) Moorman, Kelsea	2) Danner, Natalee	
3) Ades, Erin	4) Adams, Sydney	
5 Waukee NW	A	53.23 4
1) Romanin, Lillian	2) Taoh, Anne	
3) Laughery, Eve	4) Wandera, Athieno	

6 Dsm, North	A	54.53 3
1) Pyne, Faith	2) Wright, Alydia	
3) Doerue, Hellen	4) bundy-Jewett, Larresha	
7 Perry	A	56.46 2
1) Aguilar, Maria	2) Nehring, Taryn	
3) Ramirez, Litzzy	4) Rivera, Denise	
8 Winterset	A	58.61 1
1) Nichols, Makayla	2) Sheffield, MaKenna	
3) Soderberg, Allie	4) Hockemeier, Sophie	

Event 40 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Adm, Adel	A	4:33.83
1) Siefken, Madison	2) Sutton, Mackealin	
3) Davison, Mallory	4) Plathe, Teagan	
2 Waukee NW	A	4:41.47
1) Baldwin, Avari	2) Peterson, Stella	
3) Sheriff, Amber	4) Sander, Sydney	
3 Dsm, Hoover	A	4:49.85
1) Saldana-Valdez, Andrea	2) Saldana-Valdez, Natalia	
3) Adoobe, Nakara	4) Harwell, Natasha	

Event 41 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee NW	A	4:05.94 10
1) Madison, Ke'Ayla	2) Parks, Emilie	
3) Kress, Lilah	4) Maas, Sadie	
2 Adm, Adel	A	4:12.81 8
1) Desmarais, Hannah	2) Tollari, Aniston	
3) Morse, Brecken	4) James, Madi	
3 Dc-Grimes	A	4:24.05 6
1) Bahnsen, Anna	2) McDermott, Emerson	
3) Meyers, Jordan	4) Curtis, Olivia	
4 Winterset	A	4:25.39 5
1) Craven, Sami	2) Sutton, Morgan	
3) Davis, Luci	4) Darling, Avary	
5 Boone	A	4:32.73 4
1) Busch, Carly	2) Danner, Natalee	
3) Messler, Josyln	4) Wadzinski, Elaina	

Women - Varsity - Team Rankings - 19 Events Scored

1) ADM, Adel	183
2) Waukee NW	161
3) DC-Grimes	152
4) Boone	82
5) Winterset	49
6) DSM, Hoover	46
7) DSM, North	20
8) Perry	9