

BADD AXE LADIES APPLICATION



A 2-Day Job
Shadow Program
for Girls Age
16+

In conjunction with the City of Carbondale Fire Department and
Carbondale Firefighters Local 1961 Union.

Application Deadline: February 15, 2023

Day One: Job Shadow Day

Eligible Job Shadow Dates, Choose One: Wednesday, March 15th Tuesday, March 21st

Please note: We will do our best to accommodate your date selection, however it is not guaranteed. You will be contacted, if selected, with your assigned date.

Day Two: Hands-On Skills Day with Live Fire Training
(If the Skills Day is rained out, the back-up date is Saturday, April 1st)

Saturday, March 25th

Applicant Information

Full Name: _____ Date of Birth: _____
Last First M.I.

Home Address: _____
Street Address Apartment/Unit #

_____ *City State ZIP Code*

Phone: _____ Email _____

T-shirt size _____

Career Interests: _____

Education

School Currently Attending _____ Grade: _____
Is participant passing all classes or maintaining a minimum 2.0 GPA? YES NO

Emergency Contact Information

Parent/Guardian/Emergency Contact

Full Name: _____ Relationship: _____
Phone: _____ Alt. Phone: _____
Address: _____
Full Name: _____ Relationship: _____
Phone: _____ Alt. Phone: _____
Address: _____

Short Response Essays

In the space provided, please answer the following prompts. Your responses will allow us to get to know you, and better select our candidates. If more space is needed, attach a separate piece of paper.

What inspired your interest in our program?

Physical fitness and exercise are an important aspect of a career in the fire service. What is your favorite physical activity and how often do you exercise?

What qualities should a good firefighter possess? How do you meet those qualities?

Dietary Restrictions

You will be provided with a free lunch, cooked in house by the men and women on shift, on your shadow day at the firehouse. Please indicate any dietary restrictions or allergies. We will do our best to accommodate you.

Disclaimer and Signature

Liability waiver attached separately.

Candidates selected for Badd Axe Ladies will be expected to participate in physically challenging activities including, but not limited to, the following: lifting heavy objects, crawling in small spaces, wearing bunker gear including an airpack, and a live fire burn. This will be conducted on the Hands-On Skills Day on Saturday, March 25th.

The live fire burn will be conducted with top safety measures in place (per NFPA Standard 1403). Each candidate will be accompanied by Firefighter Looft or Burnham while in the burn cans. Additional fire and medical personnel will be on site to maintain safety precautions. Vital signs and a medical history will be taken before being in the burn cans; vitals will again be taken after the evolution. Should any candidate, or their parent/guardian, be uncomfortable or unwilling to participate in a live fire training environment, additional training exercises will be substituted to give each candidate a well-rounded experience in the day of a firefighter.

Please initial one of the following:

___ Will participate in the live burn evolution.

___ Will NOT participate in the live burn evolution.

Finally, it is recommended that participants drink water and hydrate well in the days leading up to their shadow and skills days. They should also eat a balanced breakfast in the mornings. Lunch will be provided for candidates on the shadow day. On the skills day, candidates will be given a one-hour break to go eat lunch.

Should you have any questions, please contact Firefighter Looft or Firefighter Burnham at the Carbondale Fire Department, 618-457-3299.

Signature: _____ Date: _____

Parent Signature: _____ Date: _____
(if applicable)

Please return signed and completed application and liability waivers to:

baddaxeladies@gmail.com

-OR-

Carbondale Fire Department, Station 2
401 N. Glenview Dr.
Carbondale, IL 62901

APPLICATIONS DUE FEBRUARY 15, 2023

Requirements

- Age 16 or older
- In good student standing (minimum GPA 2.0)
- **Submit completed application with short response essays.**
- **Submit signed liability waivers (with guardian's signature, if applicable).**
- Have reliable transportation on shadow and skills days.
- A selection committee will determine candidates based on application responses.

Expectations

- Be on time.
- Ask questions.
- Have a positive attitude.
- Participate in all activities.
- Be prepared for physical activity.
- Follow any rules or regulations assigned.

Week before Shadow Day

Schedule and arrive at Fire Station 2, 401 N Glenview Dr, for:

- Gear sizing.
- Fit test with SCBA mask.
- We will contact you, if chosen, to schedule a date and time for this.

Itinerary of Shadow Day

- Arrival 8:30am, assigned Fire Station (Station 1: 600 E College St.; Station 2: 401 N Glenview Dr.)
Hair: Secured up and out of the way.
Dress attire: Khakis or black-navy work pants, Provided T-Shirt, Professional/Comfortable shoes
- Introductions to on-duty shift, Mentors Looft and Burnham.
- Assist in station house duties.
- Participate in ride alongs and observe fire calls.
- Lunch (12p-1p) with on-duty crew.
- Day ends 3pm.

Itinerary of Skills Day

- Arrival 9am.
Hair: Secured up and out of the way.
Dress attire: Athletic pants, Provided T-Shirt, Comfortable shoes. You will be in bunker gear most of the day.
- Hands-on training evolutions in the morning.
- Break for lunch, 1 hour lunch
- Continue training exercises.
- Day ends 4pm.



CARBONDALE FIRE DEPARTMENT BADD AXE LADIES LIABILITY WAIVER

I, _____, acknowledge that I have voluntarily applied to participate in the Badd Axe Ladies Job Shadow Program through the City of Carbondale Fire Department. I am aware that the activities and evolutions scheduled through the program are hazardous, and that I could be seriously injured. I am voluntarily participating in these activities with the knowledge of the danger involved, and I agree to assume any and all risks of serious bodily injury, whether those risks are known or unknown.

As consideration for being permitted to participate in these activities, I further state and reiterate and agree that neither the City of Carbondale, Illinois, nor any members of the Carbondale Fire Department, shall be responsible or liable for any injury, damage, loss or expense, either to me or my property, which may be incurred during the activity or while accompanying any member or employee of said department during the performance of their official duties, or resulting from any negligent act or omission on the part of any member of the Carbondale Fire Department.

I hereby represent that I have carefully read and understand the contents of this document and sign the same of my own free will, it being my intention to hold and save the City of Carbondale harmless from any and all liability whatsoever which might be incurred in consideration of it granting me the privilege of gaining experience and knowledge in my capacity.

STUDENT SIGNATURE _____

DATE _____

PARENT SIGNATURE _____
(If applicable)

DATE _____

IF YOU ARE UNDER 18 YEARS OF AGE, YOU AND YOUR PARENT OR LEGAL GUARDIAN MUST SIGN THIS FORM WHERE INDICATED.



CARBONDALE FIRE DEPARTMENT RIDE-ALONG HIPAA PRIVACY AGREEMENT

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 limits departmental disclosure of the protected health information of any patient to specific uses such as the provision of treatment or other health care services, for billing and payment purposes, and for health care operational purposes. Additionally, the department is authorized to release health information for a number of specialized purposes (to assist in the prevention or control of public health risks, selected assistance to law enforcement agencies, assistance to federal officials in the interests of national security, etc.).

As a participant in the department's Ride-Along Program, you are specifically prohibited from discussing individual patients, their treatment, and any other information that could be utilized to identify these patients with anyone except those departmental personnel who will be conducting your ride along activities. Any disclosure of patient information as detailed above may subject you to civil and/or criminal penalties as prescribed by law.

Should special circumstances necessitate that you utilize or disseminate such information (e.g. school reports, patient reports); the Fire Chief's office will assist you in ensuring that the material is in such form that it cannot be utilized to identify a specific incident. No health-related information may be utilized without review and subsequent authorization of the Fire Chief or his designee.

As a participant in the City of Carbondale Fire Department Ride-Along Program, I understand the restrictions outlined above and I agree to abide by the requirements of this agreement. I understand that I may be subject to civil or criminal penalties should I violate the prohibitions set forth in the Health Insurance Portability and Accountability Act (HIPAA) of 1996.

Ride-Along Participant Printed Name

Ride-Along Participant/Guardian Signature

Witness

Date

Date