

Results - Session 1

#1 Girls 200 Yard Medley Relay	Team		Relay	Finals Time		
	1	CARB-VA	A	2:12.22		
		Bradford, Ada` K 17	Flores, Lily 14			
		Thayn, Lily 15	Chamberlain, Alyssa A 17			
		35.70	36.69	32.10	27.73	
	2	EMERY-VA	A	2:16.27		
		Mason, Illyria 15	Young, Carley 18			
		Lake, Melody 17	Mason, Purity 17			
		34.80	37.49	34.68	29.30	
	3	GRND-VA	A	2:17.51		
	Mayer, Mackenzie 17	Blake, Legacy 16				
	Wilkowski, Maggie 16	Young, Jayde 16				
	32.33	39.19	37.01	28.98		
4	NSPHS-VA	A	2:21.55			
	Day, Tori 17	Kelso, Kaybrie 14				
	Day, Paige 15	Smith, Kendra 16				
	34.69	40.34	37.54	28.98		
---	CARB-VA	B	x2:21.47			
	Halk, Evie 16	Swasey, Andrea 14				
	Christensen, Kanyon 15	Blackburn, Rachel 15				
	36.47	41.08	32.41	31.51		
---	EMERY-VA	B	x2:37.64			
	Carroll, Lizzy 17	Sorensen, Amy 17				
	Johansen, Annie 15	O'Neil, Brooklyn 14				
	46.59	41.42	38.01	31.62		
---	CARB-VA	C	x2:58.23			
	Hansen, Miley K 16	Anderson, Abigail 16				
	Jeffery, Jennacie P 17	Turner, Zoe V 15				
	48.39	52.52	34.72	42.60		
---	GRND-VA	B	x3:06.47			
	Jackman, McKenna	Harms, Klara 15				
	Shumway, Mackayla 15	McGowan, Ruby				
	43.76	54.50	49.21	39.00		
---	NSPHS-VA	B	x3:09.85			
	Holbrook, Hannah 14	Howard, Chesney 14				
	Smith, Tanalyn 18	Tui, Aspen 14				
	54.45	54.44	46.21	34.75		
#2 Boys 200 Yard Medley Relay	Team		Relay	Finals Time		
	1	EMERY-VA	A	1:57.89		
		Laws, Tyson 17	Petersen, Trek 16			
		Stilson, Will 18	Larsen, Kade 17			
		32.84	31.59	28.57	24.89	
	2	CARB-VA	A	2:00.80		
		Engar, Mason D 16	Thayn, Jackson M 17			
		Kranendonk, Logan 15	Jones, Cameron R 17			
		30.12	35.08	29.48	26.12	
	---	CARB-VA	B	x2:07.69		
	Tullis, James 16	Earl, Ky W 16				
	Kepsel, Leland 15	Hanson, Bracken 15				
	35.35	34.78	31.64	25.92		
---	EMERY-VA	B	x2:15.27			
	Hulse, Preston 17	Durrant, Jaxon 16				
	Atwood, Jadin 16	Christiansen, Jamison 15				
	34.65	39.57	33.94	27.11		
---	EMERY-VA		C		x2:32.87	
	Madsen, Corbin 15		Stilson, Porter 14			
	Mason, Reve 14		Bunnell, Brekker 14			
	40.29		42.63		41.25 28.70	
	#3 Girls 200 Yard Free					
	Name		Age	Team	Finals Time	
	1	Crompton, Mia V	17	CARB-VA	2:19.75	
		32.34	35.42	36.88	35.11	
	2	Lake, Melody	17	EMERY-VA	2:20.28	
		32.16	34.99	36.88	36.25	
3	Smith, Kendra	16	NSPHS-VA	2:32.31		
	35.71	40.39	39.52	36.69		
4	Lyman, Ember D	17	CARB-VA	2:37.64		
	33.31	39.08	42.92	42.33		
5	Mason, Illyria	15	EMERY-VA	2:40.38		
	34.19	39.66	43.68	42.85		
6	Day, Paige	15	NSPHS-VA	2:45.88		
	37.05	43.16	45.02	40.65		
7	O'Neil, Brooklyn	14	EMERY-VA	2:47.00		
	38.13	42.51	44.61	41.75		
8	Howard, Chesney	14	NSPHS-VA	2:48.96		
	38.22	43.15	45.30	42.29		
9	Mesler, Ashley	15	EMERY-VA	2:49.29		
	36.14	40.82	46.79	45.54		
10	Maughan, Paya	15	GRND-VA	2:50.89		
	40.15	43.59	44.82	42.33		
11	Hamilton, Kaci	14	GRND-VA	3:00.67		
	42.86	47.24	48.89	41.68		
12	Potts, Quinn	14	GRND-VA	3:07.39		
	42.53	48.19	49.97	46.70		
13	Horrocks, Mary	15	EMERY-VA	x3:19.89		
	41.51	52.72	53.13	52.53		
---	Erickson, Baelie	15	CARB-VA	2:54.46		
	44.62			18.88		
#4 Boys 200 Yard Free	Name		Age	Team	Finals Time	
	1	Tullis, James	16	CARB-VA	2:20.69	
		32.06	37.44	37.91	33.28	
	2	Reidhead, Jace	17	GRND-VA	2:27.58	
		32.20	37.08	39.34	38.96	
	3	Stewart, Jacob	16	EMERY-VA	2:27.95	
		32.40	37.38	39.89	38.28	
	4	Christiansen, Jamison	15	EMERY-VA	2:29.19	
		32.56	37.23	39.96	39.44	
	5	Bruno, Andre	16	GRND-VA	2:33.98	
	34.88	40.04	41.66	37.40		
6	Bryson, Jared S	16	CARB-VA	2:35.71		
	33.09	40.56	41.34	40.72		
7	Hulse, Preston	17	EMERY-VA	2:36.70		
	34.22	40.47	43.64	38.37		
8	Robinson, Zander	15	EMERY-VA	2:51.39		
	34.81	42.10	46.54	47.94		
9	Rondinelli, Vincent A	16	CARB-VA	2:53.95		
	35.19	44.11	43.31	51.34		
10	Stead, Derek N	18	CARB-VA	2:56.50		
	37.22	42.91	48.21	48.16		
11	Mendoza, Carlos J	16	CARB-VA	x2:58.53		
	34.25	43.03	49.48	51.77		
#5 Girls 200 Yard IM						
Name		Age	Team	Finals Time		
1	Day, Tori	17	NSPHS-VA	2:42.66		
	35.46	42.39	47.96	36.85		
2	Young, Jayde	16	GRND-VA	2:53.09		
	37.13	42.48	55.03	38.45		
3	Hanson, Ellie J	17	CARB-VA	2:53.21		
	38.53	44.79	52.04	37.85		
4	Jeffery, Jennacie P	17	CARB-VA	2:53.37		
	38.55	43.40	51.52	39.90		
5	Mason, Purity	17	EMERY-VA	3:01.42		
	34.51	47.27	54.17	45.47		
---	Bower, Hadley B	17	CARB-VA	DQ		
	40.37	48.73	57.32	40.77		
#6 Boys 200 Yard IM						
Name		Age	Team	Finals Time		
1	Petersen, Trek	16	EMERY-VA	2:35.38		
	32.44	39.31	44.80	38.83		
2	Jones, Cameron R	17	CARB-VA	2:39.47		
	32.69	42.99	51.05	32.74		
3	Potts, Cooper	16	GRND-VA	2:40.97		
	34.36	41.96	47.98	36.67		
4	Durrant, Jaxon	16	EMERY-VA	3:07.51		
	42.70	45.93	55.36	43.52		
---	Laws, Tyson	17	EMERY-VA	DQ		
	33.22	43.35	59.31	37.83		
#7 Girls 50 Yard Free						
Name		Age	Team	Finals Time		
1	Mayer, Mackenzie	17	GRND-VA	27.68		
2	Childs, Jessie	15	EMERY-VA	28.84		
3	McKay, Mia	18	GRND-VA	29.58		
4	Bradford, Ada` K	17	CARB-VA	29.79		
5	Christensen, Kanyon	15	CARB-VA	30.37		
6	Grimm, Emma	16	EMERY-VA	31.02		
7	Lyman, Aylen	15	CARB-VA	31.09		
8	Bower, Maya O	14	CARB-VA	31.17		
9	Meccariello, Hadley	16	EMERY-VA	31.40		
10	Johansen, Annie	15	EMERY-VA	31.51		
11	Blackburn, Rachel	15	CARB-VA	x31.57		
12	Seeley, Lillian B	17	CARB-VA	x31.58		
13	Wilkowski, Maggie	16	GRND-VA	32.31		
14	Kelso, Kaybrie	14	NSPHS-VA	33.20		
15	Guymon, Chante	15	EMERY-VA	x34.76		
16	Tui, Aspen	14	NSPHS-VA	35.30		
17	Anderson, Abigail	16	CARB-VA	x35.51		
18	Swasey, Andrea	14	CARB-VA	x35.72		
19	Carroll, Lizzy	17	EMERY-VA	x35.83		
20	Bell, Kate		EMERY-VA	x36.17		
21	Neff, Hannah	17	EMERY-VA	x36.90		
22	Moulton, Abigail	14	EMERY-VA	x36.94		
23	Hansen, Miley K	16	CARB-VA	x37.23		
24	Eden, Kate	17	EMERY-VA	x37.25		
25	Winn, Laycee	15	EMERY-VA	x37.38		

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(#7 Girls 50 Yard Free)

26	Jensen, Tatum	15	EMERY-VA	x37.53
27	Shumway, Mackayla	15	GRND-VA	38.20
28	Mills, Morgan	14	EMERY-VA	x38.56
29	Sardinha, Lisa	16	EMERY-VA	x38.67
30	Smith, Tanalyn	18	NSPHS-VA	39.10
31	Harms, Klara	15	GRND-VA	x39.83
32	Turner, Zoe V	15	CARB-VA	x40.84
33	Jeffer, Maggie	14	EMERY-VA	x41.00
34	Martineau, Kaila	15	EMERY-VA	x41.93
35	Furner, Makenna S	15	CARB-VA	x42.20
36	Gardner, Sophia	17	EMERY-VA	x42.35
37	McGowan, Ruby		GRND-VA	x42.55
38	Jackman, Mckenna		GRND-VA	x42.64
39	Holbrook, Hannah	14	NSPHS-VA	43.51
40	Nelson, Elizabeth S	15	CARB-VA	x43.87
41	Pulli, Bryleigh	17	EMERY-VA	x55.10
42	Oliver, Jules J	14	GRND-VA	x58.12

#8 Boys 50 Yard Free

	Name	Age	Team	Finals Time
1	Stilson, Will	18	EMERY-VA	25.61
2	Huggard, Chase	18	EMERY-VA	25.92
3	Jensen, Parker	16	EMERY-VA	26.05
4	Hepworth, Spencer W	17	CARB-VA	26.30
5	Daley, Tyler	16	EMERY-VA	27.59
6	Petersen, Rhett	18	EMERY-VA	x27.78
7	Kepsel, Leland	15	CARB-VA	27.79
8	Palmer, Zaak	16	NSPHS-VA	27.95
9	Hanson, Bracken	15	CARB-VA	28.45
10	Mathis, Aaron	16	CARB-VA	28.75
11	Mecham, Gideon	15	EMERY-VA	x29.37
12	Coleman, Blake	15	GRND-VA	29.77
13	Rasmussen, Marcus	15	EMERY-VA	x30.61
14	Bunnell, Brekker	14	EMERY-VA	x30.99
15	Hanson, Kamron	15	EMERY-VA	x31.11
16	Larsen, Tyce	15	EMERY-VA	x31.16
17	Mason, Reve	14	EMERY-VA	x31.52
18	Atwood, Jadin	16	EMERY-VA	x31.85
19	Madsen, Corbin	15	EMERY-VA	x33.07
20	Gardner, Tyson	15	EMERY-VA	x33.58
21	Howard, Cody	15	EMERY-VA	x34.45
22	Willis, Haylen	14	EMERY-VA	x34.80
23	Jackman, Ammon		GRND-VA	34.85
24	Stilson, Porter	14	EMERY-VA	x35.58
25	Varndell, Josiah J	14	CARB-VA	x35.79
*26	Bell, Jack	16	EMERY-VA	x36.30
*26	Rees, Trace	16	NSPHS-VA	36.30
28	Donaldson, Hayden	14	EMERY-VA	x36.32
29	Russell, Hyrum	14	EMERY-VA	x38.00
30	Smith, Danny		GRND-VA	38.39
31	Taylor, Cooper	15	GRND-VA	1:01.51
---	Earl, Ky W	16	CARB-VA	DQ

#9 Girls 100 Yard Fly

	Name	Age	Team	Finals Time
1	Chamberlain, Alyssa A	17	CARB-VA	1:17.29
	35.15	42.14		
2	Wilkowski, Maggie	16	GRND-VA	1:24.22
	41.39	42.83		
3	Halk, Evie	16	CARB-VA	1:27.24
	40.27	46.97		
4	Grimm, Emma	16	EMERY-VA	1:30.73
	40.04	50.69		
5	Bower, Hadley B	17	CARB-VA	1:30.99
	39.62	51.37		
6	Flores, Lily	14	CARB-VA	1:32.96
	42.40	50.56		
7	Sorensen, Amy	17	EMERY-VA	1:45.53
	40.22	1:05.31		

#10 Boys 100 Yard Fly

	Name	Age	Team	Finals Time
1	Palmer, Zaak	16	NSPHS-VA	1:05.14
	30.39	34.75		
2	Kranendonk, Logan	15	CARB-VA	1:10.11
	32.54	37.57		
3	Stilson, Will	18	EMERY-VA	1:10.60
	31.17	39.43		
4	Jones, Cameron R	17	CARB-VA	1:13.86
	33.29	40.57		
5	Larsen, Kade	17	EMERY-VA	1:16.52
	32.77	43.75		
6	Bruno, Andre	16	GRND-VA	1:21.74
	37.30	44.44		

#11 Girls 100 Yard Free

	Name	Age	Team	Finals Time
1	Day, Tori	17	NSPHS-VA	1:02.21
	31.35	30.86		
2	Childs, Jessie	15	EMERY-VA	1:05.65
	32.56	33.09		
3	Jeffery, Jennacie P	17	CARB-VA	1:06.49
	31.79	34.70		
4	Thayn, Lily	15	CARB-VA	1:09.25
	32.94	36.31		
5	Blake, Legacy	16	GRND-VA	1:10.20
	33.55	36.65		
6	Meccariello, Hadley	16	EMERY-VA	1:10.63
	34.04	36.59		
7	Young, Carley	18	EMERY-VA	1:13.42
	34.95	38.47		
8	Mesler, Ashley	15	EMERY-VA	1:15.74
	36.75	38.99		
9	Guymon, Chante	15	EMERY-VA	x1:17.64
	36.53	41.11		
10	Winn, Laycee	15	EMERY-VA	x1:24.19
	40.55	43.64		
11	Mills, Morgan	14	EMERY-VA	x1:25.18
	41.02	44.16		

12	Bell, Kate		EMERY-VA	x1:26.18
	41.75	44.43		
13	Jeffer, Maggie	14	EMERY-VA	x1:26.49
	42.05	44.44		
14	Jensen, Tatum	15	EMERY-VA	x1:28.25
	44.54	43.71		
15	Hansen, Miley K	16	CARB-VA	1:28.75
	41.25	47.50		
16	Horrocks, Mary	15	EMERY-VA	x1:29.82
	42.37	47.45		
17	Shumway, Mackayla	15	GRND-VA	1:31.98
	41.19	50.79		
18	McGowan, Ruby		GRND-VA	1:32.96
	43.26	49.70		
19	Martineau, Kaila	15	EMERY-VA	x1:34.72
	44.98	49.74		
20	Erickson, Baelie	15	CARB-VA	1:35.20
	43.54	51.66		
21	Turner, Zoe V	15	CARB-VA	x1:35.49
	43.91	51.58		
22	Gardner, Sophia	17	EMERY-VA	x1:35.57
	46.57	49.00		
23	Jackman, Mckenna		GRND-VA	1:38.44
	45.14	53.30		
24	Furner, Makenna S	15	CARB-VA	x1:43.15
	46.53	56.62		
25	Oliver, Jules J	14	GRND-VA	x2:15.50
	59.85	1:15.65		

#12 Boys 100 Yard Free

	Name	Age	Team	Finals Time
1	Hren, Nick	17	GRND-VA	54.44
	26.22	28.22		
2	Huggard, Chase	18	EMERY-VA	58.22
	26.83	31.39		
3	Hepworth, Spencer W	17	CARB-VA	1:00.68
	28.57	32.11		
4	Thayn, Jackson M	17	CARB-VA	1:01.62
	30.05	31.57		
5	Kepsel, Leland	15	CARB-VA	1:02.23
	29.65	32.58		
6	Stewart, Jacob	16	EMERY-VA	1:02.84
	29.70	33.14		
7	Hulse, Preston	17	EMERY-VA	1:03.53
	30.80	32.73		
8	Mathis, Aaron	16	CARB-VA	1:04.78
	30.69	34.09		
9	Petersen, Rhett	18	EMERY-VA	1:05.72
	30.85	34.87		
10	Durrant, Jaxon	16	EMERY-VA	x1:06.48
	31.44	35.04		
11	Atwood, Jadin	16	EMERY-VA	x1:10.18
	32.24	37.94		
12	Bryson, Jared S	16	CARB-VA	x1:10.26
	32.36	37.90		
13	Bunnell, Brekker	14	EMERY-VA	x1:10.66
	33.95	36.71		

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#16 Boys 200 Yard Free Relay				
---	GRND-VA	B	x2:51.10	
	Bruno, Andre 16	Jackman, Ammon		
	Smith, Danny	Taylor, Cooper 15		
	29.83	31.23	39.50	1:10.54

#17 Girls 100 Yard Back				
Name	Age	Team	Finals Time	
1 McKay, Mia	18	GRND-VA	1:15.71	
2 Halk, Evie	16	CARB-VA	1:16.94	
3 Mason, Illyria	15	EMERY-VA	1:18.34	
4 Day, Paige	15	NSPHS-VA	1:28.84	
5 Hanson, Ellie J	17	CARB-VA	1:29.69	
6 Blackburn, Rachel	15	CARB-VA	1:31.51	
	43.99	47.52		
7 Potts, Quinn	14	GRND-VA	1:35.84	
	46.73	49.11		
8 Tui, Aspen	14	NSPHS-VA	1:47.78	
9 Eden, Kate	17	EMERY-VA	1:53.57	
	57.01	56.56		
10 Moulton, Abigail	14	EMERY-VA	1:57.00	
	53.46	1:03.54		
11 Holbrook, Hannah	14	NSPHS-VA	2:07.23	
	55.66	1:11.57		

#18 Boys 100 Yard Back				
Name	Age	Team	Finals Time	
1 Potts, Cooper	16	GRND-VA	1:10.50	
	34.87	35.63		
2 Laws, Tyson	17	EMERY-VA	1:10.60	
	33.73	36.87		
3 Jensen, Parker	16	EMERY-VA	1:14.33	
	36.29	38.04		
4 Thayn, Jackson M	17	CARB-VA	1:14.75	
	37.07	37.68		
5 Christiansen, Jamison	15	EMERY-VA	1:16.69	
	36.95	39.74		
6 Tullis, James	16	CARB-VA	1:17.46	
	37.61	39.85		
7 Mecham, Gideon	15	EMERY-VA	1:18.06	
	38.75	39.31		
8 Reidhead, Jace	17	GRND-VA	1:20.25	
	38.86	41.39		
9 Kranendonk, Logan	15	CARB-VA	1:22.86	
	41.35	41.51		
10 Rasmussen, Marcus	15	EMERY-VA	x1:23.34	
	40.77	42.57		
11 Madsen, Corbin	15	EMERY-VA	x1:34.16	
	46.59	47.57		
12 Howard, Cody	15	EMERY-VA	x1:37.00	
	47.33	49.67		
13 Rees, Trace	16	NSPHS-VA	1:44.84	
	49.49	55.35		
---	Daley, Tyler	16	EMERY-VA	DQ
	39.66	48.15		

#19 Girls 100 Yard Breast				
Name	Age	Team	Finals Time	
1 Young, Carley	18	EMERY-VA	1:21.45	
	38.31	43.14		
2 Flores, Lily	14	CARB-VA	1:24.60	
	39.78	44.82		
3 Smith, Kendra	16	NSPHS-VA	1:25.66	
	40.15	45.51		
4 Lyman, Ember D	17	CARB-VA	1:27.21	
	40.41	46.80		
5 Mason, Purity	17	EMERY-VA	1:27.35	
	41.42	45.93		
6 Kelso, Kaybrie	14	NSPHS-VA	1:27.87	
	41.91	45.96		
7 Christensen, Kanyon	15	CARB-VA	1:28.79	
	42.00	46.79		
8 Chamberlain, Alyssa A	17	CARB-VA	1:30.42	
	43.65	46.77		
9 Thayn, Lily	15	CARB-VA	x1:30.49	
	42.89	47.60		
10 Blake, Legacy	16	GRND-VA	1:30.54	
	43.26	47.28		
11 Swasey, Andrea	14	CARB-VA	x1:30.55	
	42.52	48.03		
12 Lyman, Aylene	15	CARB-VA	x1:31.57	
	43.50	48.07		
13 Howard, Chesney	14	NSPHS-VA	1:32.96	
	44.73	48.23		
14 Young, Jayde	16	GRND-VA	1:36.09	
	45.45	50.64		
15 Sorensen, Amy	17	EMERY-VA	1:37.36	
	43.76	53.60		
16 O'Neil, Brooklyn	14	EMERY-VA	1:38.77	
	46.45	52.32		
17 Sardinha, Lisa	16	EMERY-VA	x1:43.23	
	48.51	54.72		
18 Hamilton, Kaci	14	GRND-VA	1:46.12	
	48.75	57.37		
19 Anderson, Abigail	16	CARB-VA	x1:54.29	
	51.59	1:02.70		
20 Harms, Klara	15	GRND-VA	2:00.78	
	56.50	1:04.28		

#20 Boys 100 Yard Breast				
Name	Age	Team	Finals Time	
1 Hren, Nick	17	GRND-VA	1:09.48	
	32.38	37.10		
2 Petersen, Trek	16	EMERY-VA	1:13.01	
	34.27	38.74		
3 Larsen, Kade	17	EMERY-VA	1:13.85	
	35.32	38.53		
4 Engar, Mason D	16	CARB-VA	1:15.61	
	36.01	39.60		
5 Earl, Ky W	16	CARB-VA	1:21.01	
	38.28	42.73		
6 Robinson, Zander	15	EMERY-VA	1:29.59	
	40.63	48.96		

7 Stilson, Porter	14	EMERY-VA	1:36.77	
	44.96	51.81		
8 Willis, Haylen	14	EMERY-VA	x1:39.25	
	45.48	53.77		
---	Hanson, Kamron	15	EMERY-VA	DQ
	56.21	1:10.15		

#21 Girls 400 Yard Free Relay				
	Team	Relay	Finals Time	
1	CARB-VA	A	4:25.74	
	Bradford, Ada` K 17	Blackburn, Rachel 15		
	Bower, Hadley B 17	Crompton, Mia V 17		
	32.78	1:07.14	16.17	33.67
	35.01	1:06.35	49.34	1:38.58
2	EMERY-VA	A	4:44.46	
	Childs, Jessie 15	Grimm, Emma 16		
	Meccariello, Hadley 16	Johansen, Annie 15		
	33.76	1:06.76	34.47	1:15.32
	34.64	1:17.34	28.46	1:05.04
3	GRND-VA	A	5:15.68	
	McKay, Mia 18	Maughan, Paya 15		
	Potts, Quinn 14	Hamilton, Kaci 14		
	32.30	1:08.21	38.72	1:19.82
	16.46	42.75	43.22	2:04.90
---	CARB-VA	B	x4:42.13	
	Bower, Maya O 14	Hanson, Ellie J 17		
	Halk, Evie 16	Jeffery, Jennacie P 17		
	33.45	1:09.52	34.63	1:13.65
	32.86	1:08.34	33.49	1:10.62
---	EMERY-VA	B	x5:41.45	
	Winn, Laycee 15	Jensen, Tatum 15		
	Moulton, Abigail 14	Mills, Morgan 14		
	39.71	1:28.73	40.94	1:23.88
	38.74	1:23.88	39.96	1:24.96

#22 Boys 400 Yard Free Relay				
Team		Relay		Finals Time
1	EMERY-VA	A		4:00.41
	Jensen, Parker 16	Huggard, Chase 18		
	Stewart, Jacob 16	Stilson, Will 18		
	27.28	57.83	26.89	59.35
	30.49	1:04.07	27.83	59.16
2	CARB-VA	A		4:12.10
	Hanson, Bracken 15	Hepworth, Spencer W 17		
	Kranendonk, Logan 15	Kepsel, Leland 15		
	29.33	1:02.54	29.00	1:01.42
	31.54	1:06.12	29.05	1:02.02
3	GRND-VA	A		4:16.47
	Potts, Cooper 16	Coleman, Blake 15		
	Reidhead, Jace 17	Hren, Nick 17		
	29.12	1:01.56	33.83	1:12.00
	31.27	1:05.69	27.20	57.22
---	EMERY-VA	B		x4:39.94
	Laws, Tyson 17	Atwood, Jadin 16		
	Mecham, Gideon 15	Robinson, Zander 15		
	32.91	1:08.53	31.32	1:08.10
	32.97	1:10.27	33.69	1:13.04

Grand,Carbon,North Sanpete@EHS - 11/21/2023

Results - Session 1

(#22 Boys 400 Yard Free Relay)

---	CARB-VA	B	x4:54.36
	Bryson, Jared S 16	Stead, Derek N 18	
	Rondinelli, Vincent A 16	Mendoza, Carlos J 16	
	30.89	1:08.37	17.23 1:15.78
	34.14	1:17.24	33.03 1:12.97

Scores - Women

Women - Team Rankings - Through Event 22

1.	Carbon High School	484
2.	Emery High School	416
3.	Grand County Red Devils	308
4.	North Sanpete High School Swim	229

Scores - Men

Men - Team Rankings - Through Event 22

1.	Emery High School	497
2.	Carbon High School	413
3.	Grand County Red Devils	244
4.	North Sanpete High School Swim	44