



EMERY SPARTAN CROSS COUNTRY 2025

DATE	MEET
08-09-25	Premier
08-23-25	UIAAA
09-04-25	Juab
09-09-25	Sanpete
09-17-25	Carbon
10-01-25	Union
10-22-25	Region 12 Championships- Carbon
10-28 & 29-25	State Championships- Sugarhouse Park