

## The Week's News, In Brief

EDITED BY EMMA BARHYDT

### SENTINEL GOES ON ANNUAL BREAK

Annually, the Greenwich Sentinel does not publish during the middle of August. The next issue you should expect will be on August 26. The website will still be updated regularly. **PLEASE NOTE: in anticipation of this, the Sentinel added an extra two weeks of events to the Community Calendar - the pull out calendar on page B2. You will want to take it out and keep it for the calendar items through August 26.**

### THE GREENWICH BOARD OF ESTIMATE AND TAXATION ELECTS LESLIE TARKINGTON VICE CHAIR

Leslie Tarkington, currently the longest-tenured member of the town's finance board, was unanimously elected by Republicans and Democrats on the BET to serve as Vice Chair. Tarkington was nominated by BET Chair Dan Ozizmir. The nomination was seconded by Leslie Moriarty. The BET is now off for a summer break and will return in September.

### ABSENTEE BALLOTS AVAILABLE

**Absentee ballots for the AUGUST 9 Democrat and Republican primaries are available from the Town Clerk's Office on the first floor of Town Hall.**

### WEDNESDAY NIGHT CONCERT SERIES

Roger Sherman Baldwin Park (unless otherwise noted). All concerts will start at 7:00pm with a rain date of the next day. No pets. No grills allowed.

Aug. 10: The Bearcats - Jazz

Aug. 17: Merlin Band - Pop/Rock

Aug. 24: Billy and the Showmen - R&B

Aug. 28: Sound Beach Community Band at Binney Park, 7 p.m.

Weather postponement/cancellation information: 203-861-6100 after 4:00pm

### WITHERELL RECEIVES 1 STAR RATING AMID DEFICIENCIES & ALLEGED ABUSE

Greenwich's town-owned nursing home, the Nathaniel Witherell, was recently cited for sixteen deficiencies by a State Dept of Health inspection according to a recent update on Medicare.gov which also features a red hand symbol denoting that "this nursing home has been cited for abuse." As a result of the deficiencies, the facility's overall rating is now at one star. The rating is based on 3 sources: Health Inspections, Staffing, and Quality Measures. The Nathaniel Witherell's Health Inspection rating was 1 star; for both Staffing and Quality Measures, the facility earned 4 stars.

### GREENWICH PUBLIC SCHOOLS CHIEF OPERATING OFFICER APPOINTED

Earlier this week GPS Superintendent Dr. Toni Jones announced the appointment of Blaize Levitan as chief operating officer, effective August 29. Levitan replaces Sean O'Keefe. Levitan will serve as the District's leader in finance and facilities, sharing responsibility with the deputy superintendent, overseeing food services, transportation, school residency, and school safety and security.

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## Green Thoughts

BY ANNE W. SEMMES

This week: *"Part of the irony of environmentalism is questing for solutions when you know you're part of the problem."*

Diane Ackerman, author and naturalist reflecting on comments by entomologist Tom Eisner on fireflies: "Their eyesight isn't that good. Human settlements bother them." From "Rarest of the Rare - Vanishing Animals, Timeless Worlds." 1995.

## Door to Door with Stefanowski

Candidate for Governor knocks on doors in Greenwich.



From left in back: State Senator Ryan Fazio, Bob Stefanowski, Peter Sherr, and state Representative Kimberly Fiorello (second from the right, center row) were knocking on doors in Greenwich with about a dozen volunteers.

BY ANNE WHITE

State Senator Ryan Fazio, Bob Stefanowski, Peter Sherr, First Selectman Fred Camillo and state Representative Kimberly Fiorello were

knocking on doors in Greenwich with about a dozen volunteers on Sunday. These candidates' approach, knocking on doors, might just be what is needed to win in the primary next Tuesday and in November.

Some candidates approach campaigning like an ordeal rather than an opportunity to connect with constituents. Kimberly Fiorello said she approaches it more like staying in touch with neighbors and making sure



Candidate for Governor, Bob Stefanowski, and state Representative Kimberly Fiorello.

they know they can reach out to her if they need something.

"I really just get, 'I'm happy to see you,' and just very friendly responses. I feel people are grateful to see that we

*Please turn to page 6*

## Bysiewicz Visits Historical Society

State pays for children to visit participating museums for free.



Susan Bysiewicz visited Greenwich Historical Society today to promote the Summer at the Museum Program with Hector Arzeno, Kathy Myer, and Historical Society Executive Director and CEO Debra Mecky.

Lieutenant Governor Susan Bysiewicz visited the Greenwich Historical Society to promote the Summer at the Museum Program which offers free admission to children and one adult who visit zoos and museums this summer. State Representative Steve Meskers, First Selectman Fred Camillo, Selectperson Janet Stone McGuigan, Kathy Myer, Hector Arzeno, and Historical Society Executive Director and CEO Debra Mecky were on hand to offer their support of the program.

Governor Lamont established the program in 2021 as a way of providing children with engaging summer enrichment and learning experiences. It is estimated to cost approximately \$15 million, which Connecticut received from the American Rescue Plan Act (ARPA).

The LT Governor underscored the advantages the program affords for families and kids to learn together over the summer and the spin-off tourism opportunities for communities. Debra Mecky cited research that demonstrates when parents are involved in taking their children to museums and historic sites, the experience has a lasting impact on learning outcomes. Following the brief remarks, Mecky provided a tour of the National Historic Landmark Bush-Holley House.

The Summer at the Museum Program enables Connecticut children ages 18 and under, plus one accompanying Connecticut resident adult, to visit participating museums free of charge through September 5, 2022. Funding for the initiative is provided by the CT General Assembly, with the support of Connecticut Humanities and the Department of Economic and Community Development, Office of the Arts, which also receives support from the federal ARPA.

The full list of participating museums is available at [www.CTSummerMuseums.com](http://www.CTSummerMuseums.com). Some of the notable attractions include:

- Connecticut Science Center, Hartford
- Connecticut's Beardsley Zoo, Bridgeport
- Hill-Stead Museum, Farmington
- Institute for American Indian Studies Museum & Research Center, Washington
- Kidcity Children's Museum, Middletown
- Maritime Aquarium at Norwalk, Norwalk
- Mystic Aquarium, Mystic
- Mystic Seaport Museum, Mystic
- Prudence Crandall Museum, Canterbury

"Governor Lamont and I are very proud to be able to offer this program to Connecticut children and families," Lt. Governor Susan Bysiewicz said. "Free museum admission is a great way to spark children's curiosity and keep them engaged before next school year, continuing their learning at no cost to mom and dad."

## A Tulip or an Oak Tree?



Illustrated by Wajih Chaudhry

BY JILL S. WOOLWORTH, LMFT

Parents wonder when to help and when to let children, especially teens, work things out for themselves. Too often we jump in when our children would do well to work it out on their own. We want so much to clear the roadway for our children; however, like us, they learn from adversity and challenges.

If we see our child struggling with a problem or a decision, we can ask her if she feels like a tulip about to be blown over by the strong wind, or if she feels like an oak tree with roots deep enough to figure it out on her own. Her answer might not come right away, but by asking her the question, she can take responsibility for the amount of adult support she wants.

Feel free to invent other metaphors for vulnerability and strength. A bug about to be squished versus an eagle sheltering in the cleft of a tree during a storm might appeal more to your child.

*Jorge was a junior in high school crying quietly alone in his room after being cut from the basketball team. His dad sat down next to him and asked him if he felt like a drowning puppy or a wet dog. Jorge told him he felt like a puppy. It was time for some fatherly advice.*

Excerpted from Greenwich resident, Jill Woolworth's book, *The Waterwheel*, available at Diane's Books, Dogwood Bookstore, Amazon, and [barnesandnoble.com](http://barnesandnoble.com). Jill is a therapist at the Greenwich Center for Hope & Renewal.

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# SUMMER SALE

As summer nears a close and you unpack your suitcase from the final summer escape, there is still one magnificent ray of sunshine for you to enjoy: Our End of Summer Sale! Within, you'll find a selection of this seasons must-have styles, from chic linens to vibrant velvets, all available at 50% off or more!

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# Restaurant Review: Hidden Gem of Glenville

By Emma Barhydt

The Lion Brasserie is a hidden gem in Glenville. Beautiful scenery is complemented by good food and a great atmosphere. The Lion Brasserie is situated just next to a beautiful waterfall, which you can fully enjoy by utilizing their ample outdoor space. Indoors is just as pleasant with live music every night.

I had the pleasure of trying several knockout dishes when I went last week. It was a typically humid evening in July, I was looking forward to seeing what would be on their seasonal menu to complement the summer heat. I was not disappointed.

We began with Spring Rolls which they serve with a house made sauce. The Spring Roll was expertly fried, but not greasy. The sauce that accompanied the roll was the perfect blend of sweet and sour, interesting and unique. They also serve their Spring Rolls as passed hors d'oeuvres during happy hour. It was a fantastic dish to whet the appetite.

Next we enjoyed the seasonal Watermelon Salad, which includes fresh watermelon chunks, feta cheese, arugula, tomatoes, and a vinaigrette. The Watermelon Salad was good, it was a fairly standard summer salad. I was looking for a twist of something different that didn't show up.

After that was the Mac and Cheese. The Mac and Cheese was made with four different cheeses

and in bechamel sauce. It was a fine Mac and Cheese, again it was very standard. You won't be disappointed with it but I wouldn't go out of my way to order it again.

Following the mac and cheese was the crab cake with orange glaze. I could just eat this one dish for the rest of my life. The crab meat was tender and sweet, the orange glaze elevated the crab meat in a way that absolutely enchanted me. The dish was topped with a red cabbage and greens mix that cut through the crab meat to give a burst of freshness. This is the perfect crab dish, you have to order it.

Up next were two pasta dishes, Penne Vodka with sausage and Lobster Ravioli in fresh lobster sauce. Both were absolutely delightful. The Penne Vodka can also be ordered without sausage and is the best Penne Vodka I've tasted in Greenwich. It is perfectly creamy with a good tomato taste that's not too acidic. The sauce is also the perfect texture, not too thick or too runny. With sausage there's another layer of flavor that adds to the dish, but it's also perfect without. Their Lobster Ravioli is also the best I've had in Greenwich, the lobster sauce is rich and delicate at the same time. The meat of the ravioli is sweet and tender with a good texture.

After pasta came the main course(s). For our entree we had Steak Frites, and two fish dishes. The Steak Frites was the perfect steak. It came out a beautiful

medium-rare as requested and had a sear so spectacular that I almost shed tears. The steak was also perfectly seasoned and all around fantastic. The fish dishes were Trout Almondine and Grilled Tuna Loin du Jour. Both fish were expertly cooked, flaky and tender while still being juicy and packed with flavor. The Trout Almondine had a much more subtle flavor. The sweet and nutty almonds complimented the delicate flavor of the trout well, leading to a dish with crunch that still melts in your mouth. The Grilled Tuna Loin du Jour by comparison was absolutely packed with flavor. The Tuna du Jour was served with a delightful citrus herb sauce and topped with more herbs. It was my favorite fish of the night,

while my companion preferred the Trout, you can't go wrong with either choice! Both fish were well seasoned beyond their accouterments and served with summer squash and zucchini, and carrots which were all cooked well and tasted delicious in the sauces.

For dessert we received a tasting board piled high with brownies, strawberry shortcake, and key lime pie, all served with a little bowl of Longford's Ice Cream. The desserts were all incredible and had interesting takes on old classics made with impeccable technique that elevated them even further. The brownies were rich and fudgy and just barely sweetened, heightening their pure chocolate flavor, and topped with walnuts

and whole chocolate chunks. They were cooked in a cast iron skillet making every piece and edge piece for those of us who fight their families over the last corner piece. The strawberry shortcake had strawberry ice cream and strawberries lightly cooked in simple syrup sandwiched between two lemon lavender biscuits for a taste that was creamy, tart, and floral. Everything is paired together well, the textures work perfectly in sync to create a dish that continues to evolve as the ice cream melts.

While all the desserts were amazing, only one took the cake so to speak. The key lime pie was the best key lime pie I've ever had. The pie filling is cooked so slow and low that it gives the

cake an almost cheese cake-like consistency that's both creamy and melts in the mouth. The taste is divine and gives just the right amount of sweetness with lip-puckering tartness. The crust is no slacker either, the pastry chef crushes amaretto cookies into the graham cracker crust to give even what's generally considered a lack-luster element to this dish its chance to shine.

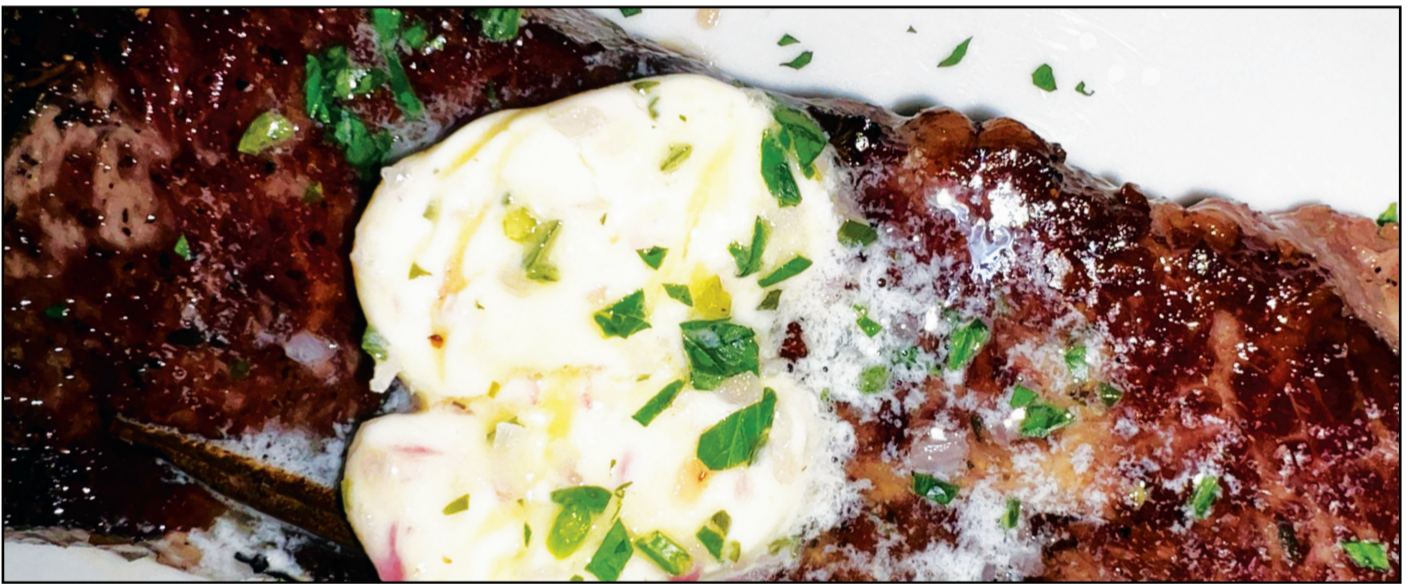
All in all, the Lion Brasserie is definitely a restaurant I'll be returning to, while some of their appetizers run lukewarm, the majority of their dishes are absolutely on fire-- taste, texture, and ingenuity are all taken into consideration when cooking. You'll definitely enjoy whatever you order here.



Knockout Crab Cake with Orange Reduction



Trout Almondine



Steak Frites with an incredible sear



Spring rolls, also served as passed happy hour hors d'oeuvres.



Dessert Board



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## How Seniors Help Seniors

By ANNE W. SEMMES

On Riverside Avenue there's a place of grace, charm, and generosity called Hill House (HH) that sits astride the Mianus River and houses 66 senior residents of middle and fixed income. Take a stroll through the gracious community room, and spacious dining room, and you'll see residents gathered in friendly groups perhaps sharing their watercolor classes, the stories they wrote about their life in a writing class, or what they enjoyed on the Town's weekly "Cruises to Nowhere" around the Greenwich coastline.

But what is especially plain to see this week are those handsome filled-to-the-brim bags about to be delivered to 200 seniors living in public housing so recommended by the Town's Department of Human Services. "We'll be loading the bus for certain areas like Quarry Knoll and Armstrong Court and Vinci Street," says Lisa Crowley, program director at Hill House.

This is a story of seniors helping seniors. "And why this is such a special project," notes Crowley, "is that those seniors who are on SNAP benefits (Supplemental Nutrition Assistance Program ie food stamps) cannot buy personal items like toilet paper, shampoo, and deodorant with their SNAP cards. This is coming out of their social security check or whatever."

Here's where Hill House resident Marilyn Machi stepped up with a plan. With their generous Christmas Gift Card giving to these same seniors in town, they learned from a Town questionnaire of those seniors their preferences for personal gifts. "The number one thing they wanted was toilet tissue," said Machi. "And it went down from there - shampoo, soap, deodorant, and hand cream."

Machi proposed her plan in a residents meeting. What if they would each give \$5 for four months to gift these items to the 200, and Machi would go to the Dollar store to pick up those five personal items. By the time she rounded up funds from some 42 residents (with some paying more than \$5), "The Dollar store



Hill House resident and senior gift bag project organizer Marilyn Machi with gift bags ready to be delivered.

Photo by Anne W. Semmes

had increased their pricing by a quarter," says Machi. She needed to raise \$250 more.

Perhaps she could get help from Neighbor to Neighbor (N2N) on where to get toilet paper. "Duncan Lawson, (Food Resource & Operations Manager for N2N) had just purchased two pallets of toilet tissue," Machi says, "And he agreed to sell me 200 packs (four in each) of them at his costs." Putting a contributions jug in the Hill House entryway brought additional funds. To top it all off, she adds, "The [HH] board underwrote the cost of the packaging. They took care of the bags, the stickers, the ribbon. It was like whoa!"

Lisa Crowley has praise for that HH board. "It is a group of people who are so dedicated. Just the quality of life of this place that they give to the residents is unbelievable. They're not on the board to sit and just say they're on the board. They're on the board to work."

Crowley speaks of coming out of a career in housing placement. "I've worked with people at risk for homelessness....and I never knew about this place. I got somebody in here, and that's how I got hired. I had no clue - but I will live here one day!"

"Hill House is considered to be the best kept secret in Greenwich," agrees Machi, who became a resident six years ago. "I'm a transplant from Pittsburgh," she tells, luckily with a son who lives in Darien and knew of Hill House.

Machi came to Hill House with her "scooter" as she's had

mobility issues for years that only became more confining during her time at Hill House. But she manages well in non-assisted living Hill House.

A skid would be essentially a pallet. Duncan had just purchased 2 pallets of toilet paper and agreed to sell me 200 packs (packs are of 4 rolls each).

"So, residents come along like Marilyn, willing to take the amount of time she has put in here and do it on her own and get everyone involved," says Crowley. It's all about, she adds, "Let's do this project...Let's rally around our neighbors, or our peers who aren't as lucky as us to be in a place as wonderful as this. Let's do this."

And Crowley has more to cheerlead about. "These [HH] seniors come in and they have a long, rich history of work experience, of life experience, of intelligence, and humor, and grace. And when you put them all together in a room and give them the opportunity to do something like helping other people, they're coming out of generosity of themselves and give back in such an important way." She cites resident Maureen Van Deusen - "She's now running a watercolor class. They don't have to do this, but they've got experience, they've got the strength behind them to offer it up to the other residents and that's what makes us such a unique community."

For more information on Hill House, visit [www.thehillhouse.org](http://www.thehillhouse.org) or call 203-637-3177.



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# Stay Safe While Temperatures Rise



BY STEPHANIE DUNN ASHLEY

As record heat continues to blanket our area this summer, knowing how to protect yourself and your family safe from heat related illnesses is important. You should note that some people are more at risk of developing a heat-related illness, including adults over 65, those with chronic medical conditions, people who work outside, infants and children, and athletes.

Here at the American Red Cross, we have steps and tips to help you stay safe as the temperatures soar.

- Stay hydrated. Drink plenty of fluids. Avoid drinks with caffeine or alcohol.

- Stay cool with an air conditioner. Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat. If you don't have air conditioning, seek relief from the heat during the warmest part of the day in places like schools, libraries, theaters, malls, etc.

- Dress for the weather. Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun's rays.

- Hot cars can be deadly. Never leave children or pets in your vehicle. The inside temperature of the car can quickly reach 120 degrees.

As the parent to two student-athletes, I know August often includes sports team practices for football, soccer, swimming, water polo, lacrosse, track and other fall sports. The Red Cross encourages coaches and athletes to take extra precautions in this heat.

- Schedule practice during cooler times. Avoid scheduling workouts and exercise during the hottest times of the day – schedule them for early in the day or later in the evening.

- Take breaks. Have players take frequent, longer breaks. Stop about every 20 minutes to drink fluids and try to have them stay in the shade.

- Dress for weather. Reduce the amount of heavy equipment athletes wear in the extremely hot weather. Dress athletes in net-type jerseys or lightweight, light-colored cotton T-shirts and shorts. Don't forget to apply sunscreen.

Even with precautions, excessive heat can lead to sunburn,

**As the parent to two student-athletes, I know August often includes sports team practices for football, swimming, water polo, soccer, lacrosse, track and other fall sports. The Red Cross encourages coaches and athletes to take extra precautions in this heat.**



heat cramps, heat exhaustion and heat stroke. Monitoring your family members and knowing the signs of heat-related emergencies can help you to help others cope with extreme weather.

- HEAT CRAMPS are muscle pains and spasms in the legs or abdomen. Heat cramps are an early sign of trouble, and athletes should inform those in charge

if they are not feeling well. If someone is experiencing heat cramps, get them to a cooler place to rest, lightly stretch the affected muscle, and slowly replenish their fluids with a half a glass (about 4 ounces) of cool water every 15 minutes.

- HEAT EXHAUSTION is a more severe condition signaled by cool, moist, pale or flushed

skin; heavy sweating; headache; nausea or dizziness; or weakness and exhaustion. To treat heat exhaustion, move them to a cooler place, remove or loosen tight clothing and spray the person with water or apply cool, wet cloths to the skin. If they are conscious, give small amounts of cool water to drink slowly. If the person refuses water, vomits or begins to lose

consciousness, call 911.

- HEAT STROKE Heat stroke is a life-threatening emergency when someone is overwhelmed by heat and their body begins to stop functioning. Signs include hot, red skin that could be dry or moist; changes in consciousness; vomiting and high body temperature. Call 911 immediately if someone shows signs of heat stroke. If possible, move the person to a cooler place and immerse them up to their neck in cold water. Otherwise, douse or spray the person with cold water, or cover the person with cold, wet towels or bags of ice.

You can download the Red Cross First Aid app which puts instant access to information on handling the most common first aid emergencies at your fingertips including heat-related emergencies. Download this app by searching for 'American Red Cross' in your app store or at [redcross.org/apps](http://redcross.org/apps).

Stay cool and stay safe!

*Stephanie Dunn Ashley is the CEO of the Metro New York North Chapter of the American Red Cross. The MNYN Chapter encompasses Greenwich, Conn., the U.S. Military Academy at West Point, plus Westchester and Rockland Counties.*

COLUMN

## When Two Wonderful Art Forms Intersect on the Screen



BY STUART ADELBERG

I suggest that movie lovers head to the Avon to see WHERE THE CRAWDADS SING. I found this to be a well-made film with strong acting, quality direction, and, perhaps most notably, exceptional cinematography. The camera work is of particular significance, as this is a film in which the glorious natural sounds and scenery are key to the story.

WHERE THE CRAWDADS SING is based on the best-selling mystery by Delia Owens and much of its original draw was for those who read and loved the American author, zoologist, and conservationist's debut novel. That the writer finds herself embroiled in her own mystery involving a murder that occurred decades ago, just adds to the allure of both the book and now, the film – but you'll have to investigate that part of the story on your own.

The Avon opened CRAWDADS with a "book to film" discussion, skillfully facilitated by our theatre manager and assistant manager, that drew a nice crowd of readers

and movie fans eager to examine the intersection of these two art forms. Participating in this event led me to wonder whether it is wise to read a novel before seeing its treatment on film, or whether the audience might be better served to see the movie first. My opinion – read the book first!

The experience of reading a well-crafted novel is enhanced by the descriptive language provided by the author and the point at which the reader's imagination takes the author's words and internalizes them into very real pictures. The connection between the writer and the reader is personal with every reader having a slightly different perception of the people, places and things that happen between the pages of a good book. Reading is a cerebral activity.

Film, on the other hand, is a visual and experiential activity. When in the theatre, we are surrounded by the photography, the sounds, and the action occurring on the screen. While we certainly bring our own insights of what we are seeing and hearing to the experience, and a well-made film provides fertile ground for us to add our own perceptions, we are enveloped by the choices of a filmmaker, perhaps differently than with a piece of literature.

***I am awed by the prowess of a writer who can use words to present a picture in a way that grabs my attention and helps me see it all. But I am equally impressed by a filmmaker who takes the words off the pages, chooses which of them are essential elements of the movie viewer's experience, and skillfully puts them up on the screen.***



Experiencing an inspirational new film at the historic Avon Theatre is a great way to escape the summer heat!

None of the above suggests that either one of these two wonderful art forms stand above the other,

just my personal assessment that they are each unique experiences for the participant. And with this

in mind, it seems to me that it is preferable to read a novel and allow your imagination to create

the unseen part of the story, before experiencing a movie in which a filmmaker provides so much of the visualization for you.

Following on the above, I believe it is unfair to a filmmaker to judge the value of a movie based entirely on how much it follows a book. It may take hundreds of words to paint a full, beautiful picture of one scene in a book, a scene that may pass by in less than a minute on the screen. I am awed by the prowess of a writer who can use words to present that picture in a way that grabs my attention and helps me see it all. But I am equally impressed by a filmmaker who takes the words off the pages, chooses which of them are essential elements of the movie viewer's experience, and skillfully puts them up on the screen.

You can decide for yourself if you feel that Owen's novel translates well to the screen, but I believe taken on its own, you will enjoy this film.

*Stuart Adelberg is the Executive Director of the Avon Theatre Film Center, a non-profit, community-supported independent cinema in downtown Stamford. Stuart has a long history of leadership and involvement with the region's non-profit human services and arts communities.*

COLUMN

## Changing the Approach to Beautiful, Healthier Hair



BY SARAH BAMFORD

Paulo Lanfredi has lived and worked in Greenwich for almost three decades. Born in Sao Paulo, Brazil, Paulo moved to the United States from Brazil after working in the healthcare industry as a physical therapist. Soon after relocating, he began transitioning his interpersonal and detail-oriented skill set to the beauty industry with encouragement from his friend, a renowned trichologist.

Paulo naturally gravitates toward a modern aesthetic and guides his clients on a journey to healthier-looking hair within his salon's ultra-chic interiors. His process requires several visits but his successful track record proves his talent and time to be worth the investment. Last year, Paulo announced the international copyrighting of the signature haircut that he created to identify damaged hair and promote lustrous growth. His innovative cut, the Lanfredi Signature, was designed to manage hair through three phases of hair generation; anagen or active growth, catagen or transitional, and telogen or resting. Removing all of the damaged split ends is key to his signature cut and he believes this is the only real way to achieve healthy hair.

Working from the head of hair, not the obvious exterior, Paulo wet-cuts the hair to length and begins his patented technique during the blowdry. As he identifies damaged hair

underneath the outer healthy shafts, Paulo begins a second cut. Paulo's technique was designed to cut off damaged ends at each growth phase to ensure a strong foundation for hair growth. "There are many reasons we experience damaged hair," he explains. "Some of the reasons include self-induced habits like applying extreme heat, wearing hair tightly bound, or roughly brushing through the hair. Other reasons are due to poor nutrition, medications or genetic disorders."

Paulo says his unique approach is the only way to prevent future damage and truly achieve healthier hair. He believes that investing in expensive products or treatments before removing the dead ends is a waste of money. The key to repairing damaged hair is to first remove the damage using his technique and then maintain hair health using items like silk pillowcases, and quality products mixed with a healthy lifestyle. Managing emotional stress and diet will also improve the look and quality of our hair but without the signature cut fighting damage is an uphill battle. "My clients are seeing dramatic results and I am looking forward to helping other industry professionals use this valuable technique. I love seeing the results and helping my clients achieve healthy, beautiful hair."

In addition to haircuts, Paulo offers a luxurious experience at his "his & hers style" Greenwich Avenue-based salons. Full-service salon and spa services are customized for women upstairs and men downstairs. Along with haircuts, services include styling, color, massage, manicure, pedicure, facial treatments, and facial hair maintenance with

***"My clients are seeing dramatic results and I am looking forward to helping other industry professionals use this valuable technique. I love seeing the results and helping my clients achieve healthy, beautiful hair."***



Paulo Lanfredi

custom shaves. CAVE, inspired by the idea of a mancave, is located below street level and offers a membership program that includes perks like whisky and scotch tastings. Paulo is the only

merchant in town that accepts crypto currency and top quality hair and skin care products are available for sale. Clients can also find a QR codes at each salon with special lunch or dinner menus created in partnership with Hinoki

restaurant and bar up the street.

For expert spa treatments, Paulo partnered with Alvina Bertulis, a licensed skin care specialist with a decade of experience in her industry. Alvina creates individualized facials and

skin care routines for each of her clients at Paulo Lanfredi Salon. She uses the newest technology to leave skin glowing, radiant, and healthy. Alvina works exclusively with Biologique Recherche and HydraFacial to achieve the best results and provide an exceptional experience, leaving her client's skin looking and feeling refreshed, clean, and rejuvenated. Biologique Recherche treatments are based on a personalized dermo-cosmetic diagnosis following analysis of your Skin Instant®, to ensure they match individual skin care needs. Paulo Lanfredi Salon is one of the few retailers in Connecticut and the only one in Greenwich exclusively carrying the product line.

Looking toward the future, Paulo plans on teaching the Lanfredi signature cut within his industry and launching an organic hair care product line for men and women. With almost two decades of experience working with top salons, the opening of his first business Paulo Lanfredi Salon in 2018 and his second business CAVE by Paulo Lanfredi in 2021, Paulo is also developing two new business ventures. A premium cachaça brand and apparel company both currently based in Sao Paulo. To learn more or to book an appointment visit Paulo Lanfredi Salon online ([paulolanfredi.com](http://paulolanfredi.com)) and follow along on social (@paulolanfredi). #LanfrediSignatureCut.

*Sarah Bamford is a Greenwich-based communications professional specializing in hyper-local public relations and social media marketing for luxury brands, restaurants, and non-profit organizations.*

# A Look at the August 9th Primary

By MICHAEL KORVYAKOV

As we approach the 2022 midterm elections, one of the often neglected elections that take place are the primaries a few months before election day. This primary serves as an important opportunity for voters in each of the two main parties (Republican and Democrat) to select their candidates on the November 8th ballot. Because of the diverse slate of candidates within a party, voting in this election has just as much of an impact as voting in the general election, so it's important that you get out and vote on August 9th. Here is some info on how to vote and a rundown of the candidates on the ballot next Tuesday:

## Getting Ready to Vote

In order to vote in the Democratic and Republican primaries, you must be registered as a Democrat or as a Republican respectively. If you are otherwise affiliated but would like to participate, the deadline to register with one of those two parties in order to vote in the primaries is August 8th by 12-Noon, but it must be done in person at Town Hall.

Once you are registered, you may vote between the hours of 6 am and 8 pm on Tuesday, August 9th. Your voting location is determined by your district, which you can find under the "Voter Registration" section of the Town of Greenwich website.

To request an absentee ballot within six days of the election, visit the Connecticut Secretary of the State website, fill out the "Emergency Application for Absentee Ballots," and send it to your Town Clerk, whose info you can also find on the Secretary of the State website.

Once you receive the absentee ballot and have filled it out, return it to the Town Clerk by mail or in person. This must be done before polls close on August 9th.

## Which Seats are on the Ballot and who are the Candidates?

### US SENATE

Senator Blumenthal will be up for re-election during this year's midterms on Tuesday, November 8th. The August 9th primary will be deciding on the Republican challenger for Connecticut's United States Senate seat. There are three candidates running for the Republican nomination: Themis Klarides, Leora Levy, and Peter Lumaj.



Themis Klarides, who

won the endorsement of the Republican State Convention with 57% of the vote, was an 11-term representative of the 114th district in the Connecticut General Assembly.



Leora Levy has been involved in politics through her positions as the national committeewoman of the Republican Party of Connecticut and the finance chair of multiple Republican campaigns across the state. She has earned the endorsement of the Greenwich Republican Town Committee.



Peter Lumaj is an immigration lawyer who has sought public office in the past — losing a 2014 bid for Connecticut Secretary of State by 4% of the vote.

Klarides' main message is about fiscal responsibility; saying, "the number one issue in this country is by far affordability, inflation, and the fact that people are making choices between putting gas in their car and food on their table." Klarides also notes of her time in office — "you must understand that there are hundreds of other people and a governor or president who may not be part of your party."

Levy's campaign focus is "stopping all of the Biden and Blumenthal policies that are crushing this country." In specific, she cites the "trillions of dollars of spending that have created inflation," and the "energy shortage created by Biden on his first day in office." Levy adds, "I'm not a career politician, I'm a career American." She says the main issues in this election are energy prices, rising crime, the protection of the southern border, and the dangerous progressive ideology being taught in our schools.

Lumaj makes his positions abundantly clear; "I'm the only one who's been an unwavering conservative for the past 10 years I've been involved in politics." He remains firm on his pro-life, pro-second amendment, pro-originalism, and strong Southern border stances. Addressing the issue of his electability and popularity

among right leaning voters, he says, "that is something the [Republicans] will have to decide . . . if they want a strong unwavering conservative, they will go with Lumaj."

### US CONGRESS

On August 9th, Republican voters will also decide Representative Jim Himes' challenger to represent Connecticut's fourth district in Congress. The two candidates for the Republican nomination are Jayme Stevenson and Michael Goldstein.



Stevenson won the endorsement at the convention and of the Republican Town Committees in the fourth district. Stevenson, the former First Selectwoman of Darien, says that at the moment, "the federal government is using policies that cool the economy, when they should be working to expand the economy." Stevenson emphasizes her desire to focus on financial policy making in an effort to ease the burden on families recovering from the "devastation of the last couple of years and the very high inflation rate that's eroding wage growth." She also says that Connecticut representatives have done a bad job getting a return on the disproportionately high amount of money that CT citizens pay into the federal government, pointing to Connecticut's failing infrastructure as proof of such failure.



Goldstein submitted over 2,000 signatures to get himself on the ballot on August 9th. "We've gone to the people, and the people support him running," says Jonathan Goldstein, Michael Goldstein's father and campaign manager.

Goldstein agrees with the shortfalls of Democratic leadership, saying, "our campaign is about the restoration of a lot of the core principles that have been ignored in the last two years," referencing policies such as city-wide lockdowns and vaccine mandates in schools. As a doctor who's part of numerous New York medical societies, his campaign has a focus on

healthcare. Goldstein highlights the need for reform when it comes to medical regulation, which drives up administrative costs and requires a lot of time of doctors. "It's about looking at how we make a system more cost effective and efficient," Goldstein says.

### SECRETARY OF THE STATE

This year, both the Democratic and the Republican parties will have primaries to nominate their candidates for Secretary of the State. The candidates in this year's Democratic primary are Stephanie Thomas and Maritza Bond. The Republican candidates for the position are Dominic Rapini and Terrie Wood.



Stephanie Thomas, the owner of a consulting company, became involved in politics in 2018, when she ran an unsuccessful campaign for state representative. Two years later, Thomas ran again and won. She says her campaign is about "civic education and civic engagement." Her plan to get people more involved includes increasing transparency through streamlining paperwork using technology," and "ensuring that each city and town in the state has the funding to "implement fair and safe elections," per her website. In addition, her goal is to make it easier for businesses to operate by being clear with what's required of them when it comes to legal compliance.



Maritza Bond's experience lies primarily in the field of administrative healthcare, as she is currently the Director of Health for the City of New Haven. She is running on a platform of expanding voting access through policies such as early voting, absentee ballots and creating a workgroup for implementing voter expansion policies. Another one of her goals is to "attack misinformation and educate the community." Furthermore, she wants to make it easier to open small businesses in Connecticut and "make sure that [the government] is certifying minority-owned businesses and women-owned businesses."

For Republicans-- Brock Weber announced (unofficially)

that he is dropping out of the race about a month ago, leaving two candidates in the running.



Dominic Rapini, who has worked for Apple Inc. for the last two decades, holds the endorsement of the Republican party. After an unsuccessful bid for Senate in 2018, he spent the last few years fighting for election integrity as the board chair of Fight Voter Fraud. His website says that Rapini has "fought for elections that we can trust and be proud of." He makes it clear that election integrity will be his primary focus as Connecticut's Secretary of the State.



Terrie Wood, the State Representative to Connecticut's 141 district, similarly makes election integrity a focus of her campaign. Explaining the need for voter ID laws, Wood says, "we need to show people that this is a good thing — it's not a barrier to voting." Her plan to ease the regulatory burden on Connecticut business starts with simplifying filing procedures and reducing filing fees. Wood says what makes her stand out is "[her] electability and [her] experience," pointing to 14 years developing policy in Hartford, and the seven elections she's won by "huge margins."

### CONNECTICUT TREASURER

The August 9th primary will also decide Harry Arora's Democratic opponent for the Connecticut Treasurer seat. The three candidates in the running are Dita Bhargava, Karen Dubois-Walton, and Erick Russell.



Dita Bhargava, who has decades of experience in the

private financial sector, says she is running because she has "a desire to empower communities around the state." Her priorities will be to grow pension funds and expand the social programs that currently exist in the treasury. Bhargava makes it clear that as Treasurer, she will not invest in organizations that "don't support a woman's right to an abortion," and organizations that "profit from addiction and guns." Citing her experiences being raised by a single mother and making her way to the top of a male dominated field, she says, "I have the tenacity and experience to make sure that we are doing our best," she says.

Karen Dubois-Walton says, "I'm the candidate who comes with public sector experience, who has managed public pensions, and who has directed public investments." She currently serves as the head of the Housing Authority of Connecticut. Her intention as Connecticut Treasurer is to "ensure that we are investing in things that are environmentally sound, that demonstrate good labor practice, and support health care access." Talking about housing and protecting unions, she says, "we will not attract and grow employment if we do not address [these issues]."



Like the other candidates, Erick Russell says he's running to keep Connecticut a fiscally strong state. But he also notes the importance of "finding ways for more people to take part in the prosperity of the state." He says that this has not been possible due to the large wealth gap that Connecticut currently has. His plan to ease the burden on low income families includes growing Connecticut's pension funds, investing in the community through financing infrastructure, and creating financial literacy programs that he hopes to start in middle schools. "The goal is to build stronger, safer, more vibrant communities across the state. And we can do so with an eye toward economic growth," he says.

With that information, we encourage you to go out and vote for the candidates you want to represent your party on the November 8th ballot.

# Susan Knight Acupuncture Grand Opening

By JULIA BARCELLO

On Wednesday, August 3rd, 2022, Susan Knight held the Grand Opening of Susan Knight Acupuncture, located on 100 Melrose Avenue, Suite 107, Greenwich, CT.

The office provides services ranging from simple acupuncture treatments to the Yin/Yang signature treatment. Susan's office specializes in facial rejuvenation and working with young adults. Susan explained that as a mother of three adolescents, she "Understand[s] that when treating a young adult, you're treating the whole family... I think I am adept at being able to explain what I am doing to the parents as well."

The office strives to "Provide patients with excellent acupuncture and just more information so that they know what natural things to do to help their own body heal"

explained Susan. Along with in-office care, Susan teaches her patients who struggle with physical pain at home exercises that will help them heal and help with their range of motion, "Ideally, the best acupuncturist treats preventative medicine so people can put their body back in balance" stated Susan.

In a one-on-one interview, Susan Knight discussed her passion for acupuncture and assisting those struggling with anxiety or physical pain. "Treating anxiety is one of my interests, and acupuncture works really well for anxiety... I like that it's holistic and that it can relieve stress without medicine" stated Susan.

Susan Knight Acupuncture is open Tuesday and Thursday from 9 AM-6 PM and Saturday from 9 AM-5 PM. Call (203)-274-1126 or visit the website, [susanknightacu.com](http://susanknightacu.com), to schedule an appointment.



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## Vacations and Bears

Its August and Greenwich is emptying out as residents seek out their vacation adventures. We at the Sentinel will be going on vacation too until August 22.

As we watch the mass exodus we started reminiscing about our own family vacations when we were kids. You know the ones where your parents packed up the whole family in the station wagon and drove to some far-flung location for a week or two of quality "family time."

Or better yet, the time you drove as a family all the way across country, which was great, but then you realized you had to drive back home with your brother and sister next to you in the back seat. Now as adults, we remember less the quality time and more the hilarious antics that ensued.

In our family, it was the summer of 1975. I was eight. We were to embark on a family odyssey that would have us travel from Connecticut to Maine to Canada and then home. This trip had been meticulously planned by our parents. My sisters and I were loaded into our Ford Country Squire. My parents were captain and navigator, or more accurately driver and the person who answered all questions and handed out grapes when were hungry. My two sisters were in the middle seats and I, as the youngest, was in a self-made cave from all the luggage in the way back.

Driving to Maine is something we did often as our Mother was from Maine and we loved visiting our grandparents in Augusta. This time it was just a provisioning stop for our adventure in Canada. We were going to a family friend's remote camp. Very remote. Our mother was concerned about being able to get food. My father thought an extra bottle of Rye was in order. Someone may have mentioned to me in passing that bears regularly visited the camp. My sisters wanted to know if there was electricity. There wasn't.

When we arrived at the camp after a 10-hour drive from Augusta and 40-minute boat ride across a very

*And what would a big hungry grizzly bear like to eat? A little boy!*

large lake I remembered immediately the passing reference to bears and kept my eyes peeled.

Of the children there, I was the youngest. The owner's sons were my sisters' ages, so I was a bit of an odd boy out. That did not stop them from trying to terrorize me or so I thought at the time. The owner's youngest son showed me around the camp and pointed out every bear claw scratching or marking he could find. And it turns out these weren't just cute little black bears, these were big brown bears, grizzlies. Their marks were everywhere; on the outside of the main cabin where my parents slept, on the bunk house where all the kids slept, on trees. Remember, I was eight.

That first night when it was time for bed my Mother took me to the bunk house with my flashlight to zipper me into my sleeping bag. I was panicked the moment I saw where my bed was, all the way at the far end of the bunk room. My siblings and the others were closest to the door. Of course my mother was thinking she did not want the older kids waking me up when they came in. What I thought was BEARS! And what would a big hungry grizzly bear like to eat? A little boy! And if I am at the end of the bunk house, he could just reach in through the screen window and grab me before anyone knew. Somehow my mother got me to bed.

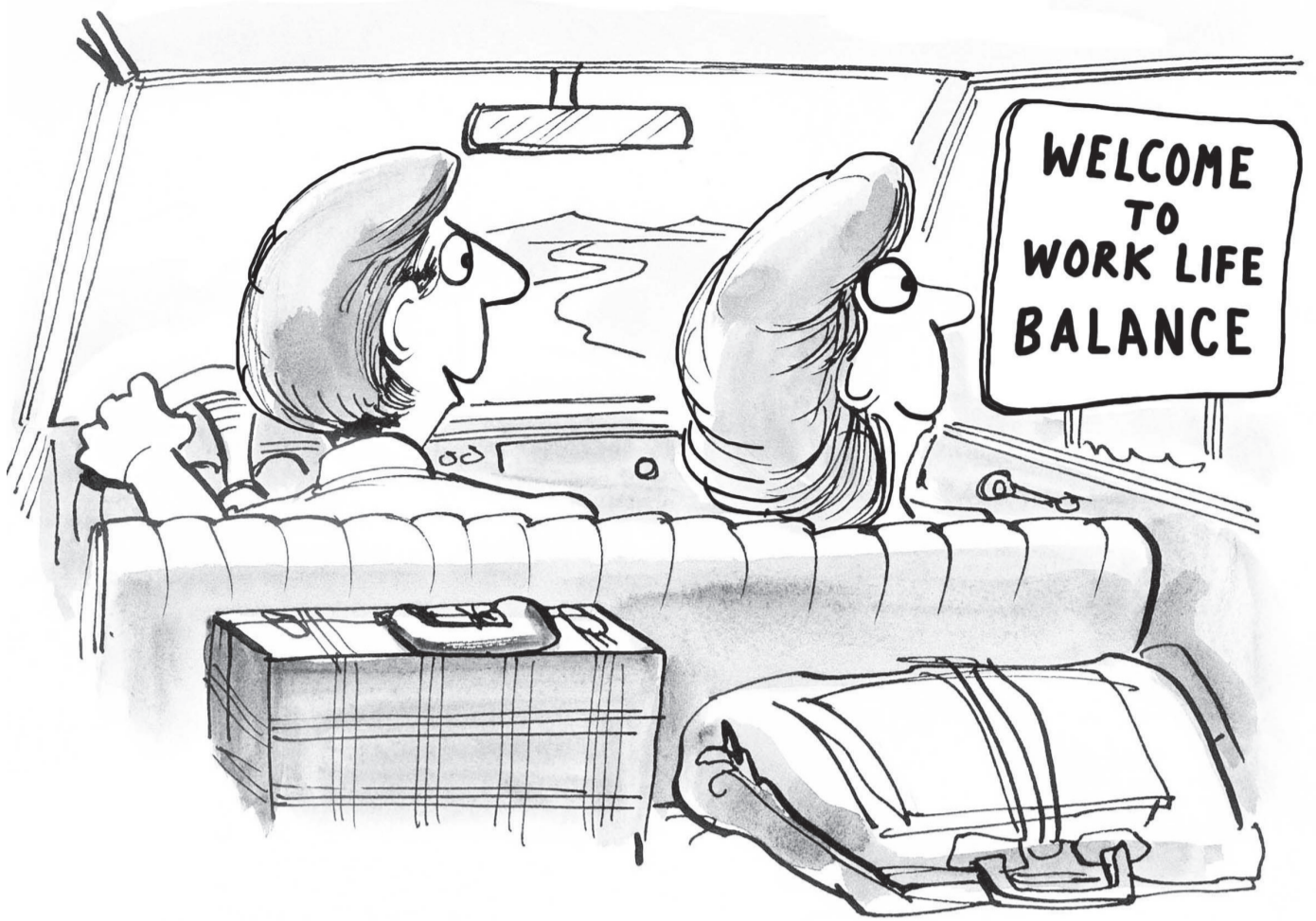
Later that night, the quiet Canadian lake was pieced by the screams of an eight-year-old boy who thought a grizzly bear was trying to break into the cabin and take him home for dinner. Parents came running. What they found were the four older kids scratching on the side of the cabin. Mothers meted out discipline. Fathers went in search of the bottle of Rye. A week in the Canadian wilderness had begun.

Today we get together and laugh at such memories. I had my revenge later that trip. And it turns out the grizzly bears only visited the camp just before winter looking for food. As you head out of town enjoy the memories you will be making for your children.

We will see you before school starts the last week of August.

*NOTE: This editorial was updated from when it was originally published in 2016.*

# Editorial Page

**LETTER**

## Jayme Stevenson for US Congress

To The Editor:

The federal government seems to be slipping away for the average citizen of America and Connecticut. Democrats from Joe Biden to Jim Himes are embracing a far left agenda which has resulted in runaway inflation, soaring gas and electricity prices, an economy in recession and a frightful collapse of America's regard in the world.

We in Connecticut must do whatever we can to return normalcy to our nation and it starts with defeating Jim Himes as our

Congressman.

But we just can't say the words. Republicans must nominate a strong candidate, a proven leader, someone who knows America is heading in the wrong direction. And most importantly that candidate must be able to defeat Jim Himes. That is why I will be voting for Jayme Stevenson in the Republican primary on August 9th.

As a five term Darien First Selectman, Jayme is a proven vote getter. But she is also a proven leader and not just in Darien. She

*"a strong candidate, a proven leader"*

has developed trusted relationships with cities and towns all over Southwest Connecticut. They know her and know she will bring common sense and pragmatic leadership to Washington as our Congresswoman. And that is why

she can really win.

Its time to get America moving in the right direction. Join me in voting for Jayme Stevenson for Congress in the Republican primary on August 9th.

Edward Dadakis

**LETTER**

## Tarkington for Leora Levy, US Senate

To The Editor:

August 9th is Connecticut Primary Day for Republicans and Democrats. This is the last time that residents can influence their party's choice of candidates for the November 9th State and Federal elections. While Primaries are designated by party, the uniqueness of Connecticut's system is that an Unaffiliated voter has until August 8th to designate a party for the Primary. If the voter then doesn't want to retain that choice the voter can switch back to Unaffiliated on August 10th! This also provides Unaffiliated residents an opportunity to cast their vote. Voting is a civic responsibility and makes our democracy representative of our citizens.

It is important for certain areas of Town to recognize if

voting in person, Polling Places are changed for four Districts for the August 9th Primary only. District 3 is voting in the Hamilton Avenue School cafeteria, Districts 7 and 7A in the Greenwich Library lower level, District 8 in the Cos Cob School gym, and Districts 11 and 11A in the Parkway School cafeteria.

I will be voting in the Republican Primary. We must vote for change in Washington to address the faltering economy, inflation, and unfunded mandates. Leora Levy is the best person to implement change. When at the Primary Polls, consider the most qualified candidate to beat the incumbent Senator. Leora Levy is that person. She has the aggressiveness of a first generation US citizen. She can broaden our Republican base

*"Leora will be an immediate focused and tenacious change agent in Washington."*

as a woman, a first language Spanish speaker, and her work experience in commodities. These are characteristics that will aid in improved Washington thinking. When in Washington Leora will be up and running faster than the other Republican candidates. She knows the drill at the Senate. Leora, as a candidate for Ambassador, has been in the Senate and through their process. She has met and worked with and supported many Republican Senators and Congressmen as a

Republican National Committee woman. Leora is not a political insider, but is knowledgeable about the network. Leora will be an immediate focused and tenacious change agent in Washington. She cares for each of us and our country.

Please join me at the Republican Primary on August 9th and vote Leora Levy.

*Leslie Tarkington is the chair of the Budget Committee and Vice Chairmen of the BET.*

**LETTER**

## Candidates Like Jayme Stevenson Don't Come Along Every Day

I wonder a lot how we get the terrible candidates we have sometimes. It is tough running for office. Opponents are terrible, media is more than willing to air all their dirty laundry for no good reason except that it sells, and it is really expensive.

Candidates are usually either in it for the wrong reasons, they've been in political office forever, or they are so rigid in their beliefs

that they have no idea how to constructively work with people with other points of view in order to get anything meaningful accomplished.

The someone comes along like Jayme Stevenson. Candidates like Jayme don't come along very often and when they do I pay attention and hope that people recognize how lucky we are.

Jayme is a normal Republican

who values individual freedom over government mandates but understands that it can not be a free-for-all either. She has raised five children and served as the Mayor of a sizeable town for a decade. This is a woman who understands the challenges we face and has navigated them successfully herself. She is soft-spoken yet firm in her beliefs. She does not think that belittling other

people raises her up. Jayme is for less regulation, less mandates, less government over-reach. She is for opportunity, helping people achieve their full potential, hard work, and individual freedoms.

There is so much to like about Jayme that I am holding my breath and just praying everyone else sees what I see.

Madeline Karver

## DOOR TO DOOR From Page 1

are out knocking on doors. They're very friendly. Some of it is, I'm knocking on the doors I visited two years ago. And, and it's so funny, two years must go by super fast, because we really remember each other. It's a friendly neighborly experience, which is what door to door is about. I'm not having hyper political conversations."

Stefanowski, who has been knocking on doors all over Connecticut said that he's hearing concerns about kitchen table issues.

"Affordability, inflation, food prices, energy bills, and then, public safety, cars, catalytic converters. In the cities, it's more violent crime. People are concerned, they don't feel safe

anymore. Every one of these police departments is down 15, 20, 30%. And then, the third one would be family values, being able to raise your own kids and get government out of the way. Keep kitchen table issues at the kitchen table and have schools teach reading, writing and arithmetic."

When asked how he believes their concerns should be addressed, he said, "Well, first of all, we've got to reverse part of the police accountability, and we have got to be able to hire qualified, individual officers. I also think we have got to regulate the utility companies better, they're getting away with just raising fees whenever they want, which is all the time."

Wyn McDaniel, one of the homeowners they visited, said, "Well, I think as a resident in Greenwich, my biggest issue and one we've been really fighting for, is maintaining a local control of planning and zoning."

Stefanowski addressed losing local control because of state-wide mandates saying, "Fairfield county is being hit hard with 8-30g. I think the developers have way too much control right now. They basically can do whatever they want. I was in Fairfield the other day where you see these massive buildings right next to this small neighborhood. So we do need to provide more affordable housing, but I think it's shifted too far, to the power of the developers."

Although it did not pass, State Senator Ryan Fazio and Fiorello co-introduced the only bill this term to fix 8-30g and increase local control.

Fazio said that he is also hearing a lot from people concerned about inflation plus tax increases. "Tax burden and cost of living are hurting middle class families and small businesses," he explained. He said other issues he hears a lot are "Public safety with the rising crime, especially some

of the incidents we've seen in the area recently, is a major concern and 8-30g. Residents think that we can govern our town better locally, than the state government can."

Ryan said he "submitted over 30 bills this term, in order to reduce our tax burden and include, introducing the largest income in sales tax cut, in state history." Fazio went on to say "our caucus co-introduced bills to reform the police accountability bill from 2020 that caused the rise in shootings and car thefts."

Peter Sherr, who is running to replace state Representative Harry Arora (Arora is running for state Treasurer) said he is also hearing concerns about I-95 noise. "The other issue," he explained, "is I-95 traffic, I-95 noise, particularly in Riverside and those areas that are really close to the highway."

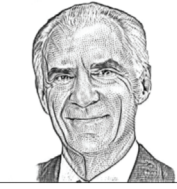
He went on to say, "they're looking for their elected officials to actually stand up and navigate that for them. That came up a lot."



## OPINION

# Why I Am Backing Erick Russell

Erick Russell is the endorsed Democrat in the Aug. 9 Primary for state treasurer.



BY JOHN BLANKLEY

Primary elections are coming up on August 9th and in the Democratic primary for state treasurer I hope you will join me in voting for Erick Russell. Sadly, the incumbent, Shawn Wooden, is not seeking re-election, and to replace him the state party endorsed Erick as its official nominee at its

recent convention, and with good reason. But two losing candidates at that convention are now challenging Erick in the upcoming primary.

So why am I backing Erick? First of all I have a strong interest in making sure that our next state treasurer is someone who shares my values as a Democrat, is honest, and has the intellect and experience to do the job. Erick is the only candidate who ticks all these boxes.

As some of you may recall I myself was a candidate for state treasurer four years ago

## *Erick Russell has what it takes to be an outstanding state treasurer.*

but when it was clear that I was not going to win the nomination I threw my lot in with Shawn Wooden, ahead of other candidates at the time, and he went on to win the general

election and incidentally did an excellent job as treasurer.

Shawn invited me to join his transition team shortly after his election and from that experience and my own

background in management, investing and bond issuance I have a perspective few others have on the qualities needed to do this job.

Erick's personal story and

his professional credentials working as an attorney in the arcane world of finance and bonds convinced convention delegates that he should be the endorsed candidate.

And he has convinced me also. Erick Russell has what it takes to be an outstanding state treasurer and I urge you to vote for him on August 9th.

John Blankley

Former member of Greenwich's Board of Estimate and Taxation and candidate for state treasurer in 2018.

## OPINION

# Peter Tesei Worked Closely with Jayme Stevenson

Jayme Stevenson is the endorsed Republican in the Aug. 9 Primary for U.S. Congress.



BY PETER J. Tesei

I am casting my vote for Jayme Stevenson in the August 9th Republican primary to determine the nominee for Connecticut's 4th District, United States House of Representative seat.

Jayme and I served concurrently as First Selectmen for our respective Towns and through our

municipality's membership in the Western Connecticut Council of Governments www.westcog.org we worked collaboratively across political parties with the other 16 Chief Elected Officials to address this regions critical issues. "A Council of Governments serves as a forum to promote cooperation among its member municipalities. WestCOG can initiate and implement services and programs as authorized by its municipalities. WestCOG also advises the region on land use, economic, emergency, and environmental planning."

Jayme served as Chair of WestCog and impressed me

## *At a time when confidence in our elected leaders at the Federal level is waning and our Country is facing a multitude of crises, Jayme Stevenson provides positive, proven and effective leadership*

with the clarity of purpose and collegiality she demonstrated in uniting a diverse composition of rural, suburban and urban communities. This experience is unique and tailored to the experience an effective Congressman in the 4th District requires to be successful for their constituents. Jayme

expanded her leadership beyond the borders of Darien through her active membership as a Board member and First Vice-President of LifeBridge Community Services in Bridgeport. www.lifebridgect.org "LifeBridge believes in the unlimited potential of every child and family in Bridgeport.

By providing a combination of behavioral health services, youth development, and asset-building resources for families, our impact strengthens families and our community as a whole."

At a time when confidence in our elected leaders at the

Federal level is waning and our Country is facing a multitude of crises, Jayme Stevenson provides citizens in the 4th Congressional District positive, proven and effective leadership to address issues, solve problems and be present for all of us on the frontline in the District and at our U.S. Capitol.

Please join me in voting for Jayme on August 9th and again in November.

Peter Tesei

Peter Tesei is the former First Selectman of Greenwich.

## OPINION

# Gibbons: Klarides Has Big Personality, Sharp Wit

Themis Klarides is the endorsed Republican in the Aug. 9 Primary for U.S. Senate.

BY LILE R. GIBBONS

Themis Klarides is running for U.S. Senate against a well-entrenched incumbent Senator. It's time for a change. Time

to move on with new energy, new ideas, new determination in managing the swamp called Washington D.C. Washington is stalled. Too many returnees with immovable ideas and

ideologies. They've been in the same seats too long.

Themis would bring a fresh approach to negotiations. From her tenure in the Connecticut Legislature, she

enters the national political arena with eyes wide open, and the experience and ability to negotiate, compromise and forge consensus. She's earned her stripes from both sides of

the aisle as a doer and a fighter, with a big personality and even sharper wit.

That's why I'm voting for Themis in Tuesday's Republican Primary. Themis

can actually make a change and through change, make a difference.

Lile Gibbons is the former state Representative for the 150th district.

## August 9 Primary Information

Democrats and Republicans have the opportunity to choose their candidates for various offices this coming Tuesday, August 9.

The primary features Connecticut statewide elections for both parties for Secretary of the State, which will be an open seat. The office was recently vacated by previous Secretary of the State, Denise Merrill, who did not complete her term of office. The current Secretary of the State, Mark Kohler is not seeking election.

Democrats will also choose a candidate for Connecticut state Treasurer. Republicans have already chosen Greenwich resident Harry Arora who will be on the ballot in November.

Republicans will be choosing their candidates for United States Senate to run against incumbent Richard Blumenthal; and for United States Congress serving the fourth district against incumbent Jim Himes.

All primaries and elections in Greenwich are open for voting between 6am and 8pm.

Polling locations for Aug 9 primary (also at <https://www.greenwichct.gov/611/Voting-Hours-Locations>):

### District 1 & 1A

Julian Curtiss School

180 East Elm Street, Greenwich

### District 2

Greenwich Town Hall

101 Field Point Rd, Greenwich

### District 3

Hamilton Avenue School Cafeteria\*

184 Hamilton Avenue

### District 4 & 4A

New Lebanon School

25 Mead Avenue, Greenwich

### District 5 & 5A

Riverside School

90 Hendrie Avenue, Riverside

### District 6 & 6A

Old Greenwich School

285 Sound Beach Ave, Old Greenwich

### District 7 & 7A

Greenwich Library Lower Level\*

101 West Putnam Avenue

### District 8

Cos Cob School Gym\*

300 East Putnam Avenue

### District 9

Bendheim Western Greenwich Civic Center

449 Pemberwick Road, Greenwich

### District 10

Glenville School

33 Riversville Road, Greenwich

### District 11 & 11A

Parkway School Cafeteria\*

141 Lower Cross Road

State of Connecticut Official Ballot		Greenwich Connecticut	
1 Secretary of the State Vote for One	2 Treasurer Vote for One		
<input type="radio"/> 1A *Stephanie Thomas	<input type="radio"/> 2A *Erick Russell		
<input type="radio"/> 1B Maritza Bond	<input type="radio"/> 2B Dita Bhargava		
<input type="radio"/> 1C	<input type="radio"/> 2C Karen DuBois-Walton		

Here are sample ballots from the Secretary of the State for Greenwich. The sample ballot for Democrats is at left and the sample ballot for Republicans is at right. Party endorsed candidates have an \* next to their names and are in the first rows.

### District 12

North Mianus School

Palmer Hill Road, Riverside

\*Changed for Aug 9 primary

The Town Clerk's office handles absentee ballots. There

are four steps to the process beginning with step one, request an absentee ballot application.

### STEP ONE: REQUEST

You may request an application for an absentee ballot in any of the following ways:

Walk into the Town Clerk's office to request an application for an absentee ballot

Download and fill out the application: <https://www.greenwichct.gov/DocumentCenter/View/31956/>

### Absentee-Ballot-Application- August-9-2022-Primary-

Call the Town Clerk's office at 203-622-7897 to request an application mailed to you.

Mail your request to the Town Clerk: 101 Field Point Road, Greenwich, CT 06830

### STEP TWO: RECEIVE

You will receive your ballot from the Town Clerk after they receive your completed application with an original signature.

### STEP THREE: RETURN

You must return your completed application to the Town Clerk's office via:

1. USPS Mail

Or

2. Any ballot drop box location: ballot drop boxes are located in the town hall parking lot, one in the town hall main lobby, and one at the Greenwich Safety Complex lobby.

Or

3. Personally Hand deliver to the Town Clerk's office, 101 Field Point Road, Greenwich

If you have any questions, please call the Town Clerk's Office at 203-622-7897 during regular business hours, weekdays 9am - 4pm.

NOTE: Only Registered Voters may vote in primary elections.

Look for our coverage of all of the primary candidates on page 7.

## LETTER

# Erick Russell for Treasurer - Vote August 9th

On Tuesday, August 9th, we have a statewide primary election where Connecticut Democrats can choose our candidate for Treasurer who will go on to win in November and start a term as Connecticut's new Treasurer.

The candidate I'm proud to support is Erick Russell, the endorsed Democrat for Treasurer on Row A in the Tuesday, August 9th primary.

Erick has been practicing as an attorney at a prestigious Connecticut law firm where he is a partner in the firm's Public and Private Finance Group. Erick's practice focuses on

representing municipalities, state agencies and the state in funding critical infrastructure projects, such as schools, affordable housing, child care facilities, and transportation infrastructure, managing debt and restructuring pension obligations. Much of this work has been directly through current Treasurer's office, which has allowed Erick a unique opportunity to gain valuable experience and the perspective to see how the position can be used to make meaningful change in our State.

Erick has been active in many

ways across Connecticut: serving the Democratic Party on the local, state and national level for the past 10 years, advocating for marginalized communities, and serving as a mentor, particularly to Black and LGBTQ+ youth.

There has been a lot of discussion about the Treasurer's primary. It's gotten a lot of attention regarding abortion. I'm proudly pro-choice and know abortions should remain legal and safe. As we just saw in Kansas, the majority of Americans do as well.

So I want to focus the attention

on Erick Russell's plan to coordinate a nationwide effort to keep abortion safe, efficient, affordable and private. This is a real plan to support abortions in Connecticut, and nationwide.

His proposal is to build on Connecticut's groundbreaking Reproductive Freedom Act by establishing a fund to offer financial assistance to those who travel to Connecticut for legally protected abortion care. The plan also includes partnering with State Treasurers in pro-choice states across the country to form a nationwide coalition to make

abortion travel safe, timely, efficient, affordable, and private.

This plan will help people.

Under Russell's plan, Connecticut's "Safe Harbor Fund" would connect people seeking abortion care who live in anti-abortion states with the financial support they need to travel to Connecticut.

By establishing the Safe Harbor Fund and spearheading a nationwide network of pro-choice states willing to extend a helping hand, Connecticut will help to eliminate the financial barriers to help people get the care

they need... because they now may not have access where they live.

I encourage you to visit Erick Russell's website at ErickForCT.com to learn more about Erick, his experience and qualifications, and his plans for Connecticut. I'm proud to be voting for Erick on ROW A on Tuesday, August 9th. Polls are open from 6 am to 8 pm.

Lauren Gray

# OBITUARIES

Through the generosity of the Greenwich Sentinel Foundation, this newspaper does NOT charge for obituaries.

Please send obituaries, photos, and service information to [Carroll@GreenwichSentinel.com](mailto:Carroll@GreenwichSentinel.com)

## Alice Healy

It is with deep sadness and much love that we mourn the peaceful passing of Alice J. Healy, of Riverside, on July 30 at the age of 82. Alice was born in Queens, NY on July 31, 1939.

Alice was married to the late Michael J. Healy for 59 years before his passing in 2021. She will be lovingly remembered by her children: Patricia Caminiti (Michael) and Brian Healy (Kim); grandchildren: Brooke, Mackenzie, Liv, and Ava; sister-in-law, Patricia Kelly; nieces: Alice, Carolyn and Lori as well as numerous family and friends. Alice was predeceased by her parents, John and Alice Carroll and son, Michael Scott.

A Funeral Mass will be held at 10am, on Monday, August 8 at St. Catherine's of Siena, 4 Riverside Ave, Riverside.

Memorial donations may be made to the Special Olympics of Connecticut, 2666 State Street, Suite 1, Hamden, CT 06517.

## Allan Gibb

July 30, 1942 - July 27, 2022

Allan Pinkerton Gibb, "Cookie," died on July 27, just days before his 80th birthday, shortly after a rollicking game of charades. Cookie grew up on a farm in Oldwick, New Jersey and attended Far Hills Country Day School, where he learned to sing Gilbert and Sullivan operettas, but not how to punctuate. He loved football and singing in the choir at Saint Paul's School for Boys. Cookie graduated from Harvard College in 1965 and "the West Point of American capitalism," Harvard Business School, in 1967. He worked on Wall Street, before starting his own company in Greenwich, Connecticut.

Cookie is survived by his wife of 55 years, Connie; his three children and their spouses, George and Claudia Compagnoni Gibb, Anna and Peter Hallemeier, and Samantha and Peter Kennedy; and his grandchildren, Nola, Nick, Ian, Tommy, Adam, and Eloise. Cookie adopted his nickname after Cookie Lavagetto of the Brooklyn Dodgers won Game 4 of the 1947 World Series. In addition to his career in investment banking, he was a black belt in Tang Soo Do, led seminars on Shakespeare, and traveled the world hunting elk, caribou, and other big game. He helped to home-school his grandchildren with weekly lessons on Civil War battles and Greek mythology during the Covid pandemic. He loved ice cream, vests with many pockets, designing difficult jigsaw puzzles, and writing songs and poems for friends and family.

In lieu of flowers, donations may be sent to the Anti-Defamation League or City Harvest. Services to be held at a later date.

## Peter Polidoro, Jr.

Peter Louis Polidoro, Jr., 68, of Cos Cob, passed away on July 25 after a year-long battle with cancer.

Son to the late Peter Louis Polidoro

and Venice Polidoro, Peter, or Pete, or Bud, as he was known to many, grew up in the Scarsdale/Yonkers area of New York, in a loving and lively home filled constantly with five siblings, extended family, many dear friends and always plenty of food. He moved to Boston to begin his education and finished at Manhattan College. Soon thereafter, he met and married Hope Amster and began his career as an engineer and his roles as a husband and father. He worked tirelessly to build and improve their homes, as the family started off in Stamford and then moved to the North Mianus area of Greenwich. Peter resided in North Mianus, Old Greenwich, and then Cos Cob, where he eventually found his ideal final home project, a house he worked on until just weeks before his strength succumbed to his illness. Peter's eye for detail led to many of his projects taking longer than expected, but the results were always impressive and unique.

Peter's official career was as a mechanical engineer, working with unmanned aircrafts for many decades as a loyal employee of Northrop Grumman and later Sikorsky. He gave the same dedication to his kids' science fair projects as he gave to military-grade aircrafts, often with even more innovative collaboration.

Peter had many lifelong hobbies he shared with family and friends, and some new interests as he got older. A beautiful skier, Bud was known as Top Dog on the mountain, and you could often find him on the chairlift wearing jeans even well into the 1990s. He loved laughing with his friends, whether it be around a card table or on the softball field. Bud loved to be out on the water, for many years at the family home on Candlewood Lake, and more recently, taking trips out on the Sound. He also had a lifelong passion for cars and bikes, and was always willing to lend a hand to anyone who needed help with theirs. He loved to mountain bike and spent many family road trips teaching the kids to bike and camp. He took up dancing in recent years, and loved challenging himself to learn this new skill and meet lovely friends.

Peter is survived by his children, Jessica Dassori (Andrew), Zachary Polidoro (Devon) and Emily Polidoro (Christian Holmes); granddaughters, Eliza and Zoe Dassori; his ex-wife and lifelong friend, Hope Polidoro; his sister, Lynn Savoris (Steven); brother, Roger Polidoro (Gwynn); and their children; and brother, Stephen Polidoro (Pamela Rockley). Preceding him in his death were his parents and dear brother, Victor Polidoro.

A Memorial Service in Celebration of Peter's Life was held on Thursday, July 28 at St. Catherine of Siena Church in Riverside. The family asks that, in lieu of flowers, donations may be made to the Pancreatic Cancer Action Network.

## James Keeley

The family of James M. Keeley is saddened to announce his passing on July 25, at the age of 84. James was the son of James Keeley and Mabel Keeley; brother of the late Marjorie Farish; and brother-in-law of the late Albert Farish. He is survived by his wife, Elizabeth

Keeley; sons, Scott and Steven Keeley; his daughter, Allison Keeley; daughter-in-law, Michelle Keeley; and his granddaughters, Avery Gidumal and Lauren Keeley.

James was a 1955 graduate of Greenwich High School. He served in the United States Air Force before going on to have a long career as a computer programmer, most recently at Burns International Security Services. James raised his family in Putnam County, NY. Upon retirement, James returned to Greenwich for several years before relocating to Venice, Florida. James loved spending time with his family, his dog Molly, the New York Mets, and fiddling around with his iPad, often remarking on how a particular app could have been designed better.

No services will be held. Interment in Greenwich is intended at a future date.

Contributions can be made in James' memory to The Tidewell Foundation ([tidewellfoundation.org/donate](http://tidewellfoundation.org/donate)).

## Gerald Isaacson

Gerald "Jerry" S. Isaacson passed away on July 20. During his 95 years, Jerry touched countless lives through his work and community service. He is remembered as a loving husband, father, grandfather and great-grandfather, who served his country in two wars.

Jerry was born in St. Augustine, Fla., on Jan. 30, 1927, the only child of Albert and Mildred Isaacson. After moving to Illinois, he grew up in south Chicago during the Great Depression. At age 17, with the written permission of his parents, he enlisted in the army in 1944 during WWII. He was ultimately promoted to Staff Sergeant and served in Yokohama during the occupation of Japan.

Upon returning to the states, he enrolled, through the GI Bill, at Knox College, graduating in 1950 with a B.A. in Business Administration. It was at Knox that he met his beloved wife of 69 years, Ann Suitts, impressing her in the school library with his stories of Japan. While in college, Jerry joined the ROTC, and was president of the Phi Gamma Delta fraternity- the first of many leadership positions he would hold throughout his life.

Jerry and Ann married in 1950 and he started his long career in education publishing. As a salesman for Harcourt Brace for the midwest region, Jerry was on the road five days a week. But his career was interrupted by the Korean War, in which he served his second stint in the US Army. Promoted to First Lieutenant, he received the Bronze Star for coordinating artillery fire in close support of ground troops during battle. Typical of his generation, Jerry rarely talked about his experience in war, and simply insisted that he was doing what was expected and necessary.

After serving two years, Jerry returned home, resumed his career in publishing and, with Ann, raised a family that would grow to five children. His career trajectory quickly accelerated, becoming vice president at Silver Burdett, president of the School Division of Macmillan, president of Xerox Education Publications, senior

vice president and group executive at Esquire. After exiting the corporate world, Jerry opened the Stamford branch of the Huntington Learning Center. Jerry maintained his passion for education into his 80's, teaching English as a second language to adults.

Along the way, Jerry developed a life-long love of sailing. Whether it was learning to sail on Lake Michigan, racing small boats on the Connecticut River, or long-distance cruises on Long Island Sound and the Atlantic, Jerry was always happiest while on the water. He served as Commodore of the Riverside Yacht club, overseeing a major expansion of the marina.

Jerry was active in local and state politics, serving on the Greenwich Republican Town Committee and heading the budget committee. Jerry, along with his wife Ann, were named Greenwich Volunteers of the Year in 2010. He was a dedicated member of the First Congregational Church of Greenwich, where he served as a Deacon for four years. Jerry and Ann moved to Edgehill in 2011, where he published the newsletter for two years, and became Resident Council President.

Jerry is survived by his five children, Jill (Dan Fleisch) Gianola, Todd (Janet), Kurt (Lynn), Meg (Dave Wannemacher), and Peter (Stacey Geis). Our family also hosted Marina Prati, an American Field Service student from Reggio Emilia, Italy, whom Jerry fondly called his "Italian daughter." Jerry also boasted 11 grandchildren: Magda, Daniel (Annie), Beth (Rick), Erik (Lehala), Ashley (Eric), Chelsea (Scott), Austin (Emily), Morgan (Andrew), Kelsey, Parker, and Hope; and 14 great-grandchildren: Anja, Luca, Teagan, Breckin, Asher, Silas, Graysen, Cruz, Brighton, Surrey, Berkeley, Winsley, Elliston and Essex. And he leaves behind one dog, his trusted and loyal Gert, who, as Jerry says, got him through the pandemic. Gert has been placed with another loving owner but misses her longtime friend and master.

Arrangements are being handled by Leo P. Gallagher & Sons Funeral Home. A memorial service will be held at the First Congregational Church of Greenwich on Aug. 20 at 11am. In lieu of flowers, the family asks you to consider a donation to Reading is Fundamental ([rif.org](http://rif.org)), an organization committed to children's literacy, or to any charity that benefits children and families.

## Stephen Bonsal

Stephen Bonsal died peacefully on July 14 due to complications from Parkinson's disease. The son of Dudley Baldwin Bonsal and Lois Worrall Bonsal, he was born in New York City on Aug. 9, 1935. In addition to the city, other places he lived as he grew up included Bedford, NY and Washington, DC. He went to St. Bernard's School and Deerfield Academy, and he graduated from Yale University in 1956. After serving in the Army, he moved to New York, where he met Elizabeth "Betty" Lord, and married her in 1960. They first lived with their growing family in downtown Manhattan, including Stuyvesant Town, before moving in 1966 to Riverside, where they lived for the next 53 years. He and his family regularly attended the First Congregational Church of Greenwich. He spent his entire career at Chubb and Son Insurance, serving as Vice President of its International Division. Following his retirement, he and Betty remained in Riverside until they moved to Lewes, Delaware in early 2020.

Steve loved mountain climbing. In addition to hiking up Mount Rainier in the summer of 1955, he climbed practically every 4000-footer in the White Mountains of New Hampshire. During the planning of a group hike, he could be relied on to inform everyone else in the group of the best routes to the mountain summit, with encyclopedic knowledge of the shortest trails, the smoothest trails, the trails that required clambering over rocks, the trails with the best views, and so on. He treasured the times he spent with family on Squam Lake, having first spent summers there during World War II, and visiting more regularly from the 1970s onward. Other outdoor pursuits included tennis and his numerous gardening and yard projects at the family's Hendrie Avenue home.

Steve was also a big fan of classical music and reading. He and Betty belonged to an opera club that frequented the Metropolitan Opera and, in the summers, visited Cooperstown, NY to attend performances at the Glimmerglass Festival. In his pursuit

of creating his ideal book collection, he made it his mission to build wall-length bookcases in most of the rooms of the house. He had a special love for learning about US and British history, military campaigns, and ruthless political intrigue, as well as reading mystery novels and the books of Anthony Trollope. He and Betty also pursued their love of music, the arts, and time spent with the friends that shared their loves both in New York at the Century Club and in Greenwich, CT, at the Greenwich Symphony and as members of the Turkey-of-the-Month Club, which put on monthly plays staged in living rooms.

Steve was greatly beloved by family and friends. He was predeceased by his son Stephen Bonsal and his sister Lois Osler. In addition to Betty Bonsal, his wife of 61 years, he is survived by his daughter Elizabeth (Liz) Bonsal and her wife Tracy Toscano of Lewes, DE; son Dudley Bonsal of Harrisonburg, VA; daughter Virginia (Jenn) Nickell and her husband Jeffrey Nickell of Fairfield, and their children Ellie and Jack.

Services will be private. Final care has been entrusted to Parsell Funeral Homes & Crematorium, Atkins-Lodge Chapel, Lewes, DE.

Please visit Steve's Life Memorial webpage and sign his virtual guestbook at [parsellfuneralhomes.com](http://parsellfuneralhomes.com).

## Gloria Panker

Gloria Ann Panker, 95, of Greenwich, passed away on Wednesday, July 6, in Naples, Fla. with her family at her side. Gloria was born May 5, 1927, in Port Chester, NY to Hazel Senft Accurso and Philip Accurso. Gloria was raised and instilled with love by her Aunt Concetta Accurso and Cousin Jennie Accurso.

Gloria lived in Greenwich most of her life where she raised her family and worked as cashier at The Connecticut Natural Gas Company in Greenwich. For 30 years she greeted many people every day with a smile and warm welcome. Gloria was a devoted Catholic and loved animals. Gloria enjoyed singing and had a beautiful voice that would silence and calm any room.

Gloria and her husband enjoyed many trips, with emphasis on the the Hudson Valley, Pocono Mountains, and drives to Florida visiting friends and family along the way.

Gloria is survived by her loving daughter Lorraine La Motte and husband Frank in Montana, her grandchildren Frederick Surman, Laurence Surman, Joseph Chiappetta, Amanda Mayone and Jeffrey Mayone, her great grandchildren twins John and Lisa Surman, and twins Sophia and Emily Mayone, her loving brother Robert Accurso and her dear family friend Frank Quatrone. She shared her love, great sense of humor, and pride with her family. Her ever-present motto was "If you're happy, I'm happy", a testament to her beautiful and kind heart, which will live on in those who love and remember her.

Family that left this world before her include her husband, Laurence Panker, daughter Toni Lynn Surman, as well as siblings Phillip Accurso, Genevieve Imbrogno, Helene Sabia and Joseph Accurso.

Donations may be made to her favorite charities to honor her memory, Guiding Eyes for the Blind, Yorktown Heights, NY and St Jude Children's Hospital.

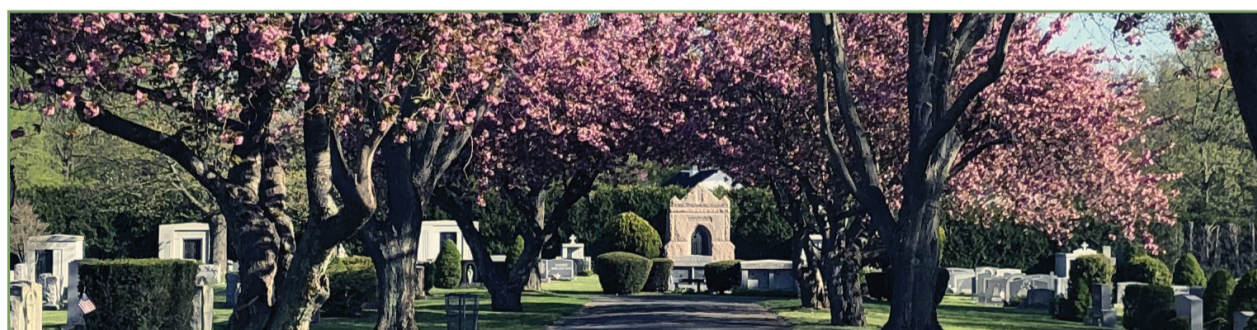
## Donald Heller

We extend our deepest sympathies to Ginger Heller on the loss of her beloved husband Donald. Donald was loving father to Warren Heller, Noah Heller, Liz Lynch and Jonathan Ochsner and loving father-in-law to Amy Heller, Savannah Heller, Dan Lynch and Barbara Ochsner. Donald was loving grandfather to Allie, Zach, Marissa, Jake, Henry, Eric, Alex and Emily.

Donald and Ginger have enjoyed living their lives in Greenwich for almost 50 years. Donald earned BA and Master of Public Administration degrees from Syracuse University. After a long and distinguished corporate and entrepreneurial career, Donald turned his attention to local activities. He was on the Greenwich Planning & Zoning board for 12 years and served as Chairman for 9 of those years. In addition he shared his talents on the Board of Directors of the World Affairs Forum.

The funeral was held on Sunday, July 31 at Temple Shalom, Greenwich. The family has asked for donations to be made to Temple Shalom.

Shiva was held on Sunday, July 31 and Mon, August 1 at Temple Shalom.



## St. Mary-Putnam Cemetery

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# The War that Made the Roman Empire: Antony, Cleopatra, and Octavian, at Actium

By TIM BROOKS

At the Retired Men's Association (RMA) of Greenwich's meeting on Wednesday, July 27, meeting, Dr. George Ubogy of the RMA introduced the speaker, historian Barry Strauss, a Professor of History and Classics, with a particular interest in military history, at Cornell University. Professor Strauss' presentation focused on a major battle between two well-known, historical leaders from the Roman Empire: Mark Antony and Octavian.

After the assassination of Julius Caesar in 44 B.C., the fate of the Roman Empire seemed to hang in the balance between two men. On one side was the battle-proven Mark Antony—Julius Caesar's former lieutenant and the presumed next leader of the Empire—working together with Cleopatra, the Queen of Egypt, his romantic partner, and the richest and most powerful woman in the world. On the other side was Octavian—Caesar's adopted son and chosen heir, a young and inexperienced military and political player. Both

men claimed leadership of the Empire and made the case that they knew the true way forward for Rome to maintain its glory.

Dr. Strauss discussed this epic struggle for power which led to one of the greatest naval battles in the ancient world, in 31 B.C., as recounted in his new book, *The War That Made the Roman Empire: Antony, Cleopatra, and Octavian at Actium*. It has been called "a hinge upon which history turned," and cemented western-facing Rome rather than eastern-facing Greece and Egypt as the nexus of Western civilization for centuries to come.

Barry Strauss is a former chairman of the Cornell history department and a past director of Cornell's Institute for Peace and Conflict Studies, where he studied modern engagements from Bosnia to Iraq and from Afghanistan to Europe. He is currently director as well as a founder of Cornell's Program on Freedom and Free Societies, which investigates challenges to constitutional liberty at home and abroad.

Professor Strauss is a frequent participant in educational TV

series on ancient Greece and the Roman Empire, and is the author or co-author of a dozen books, including *The Battle of Salamis*, *The Trojan War*, *The Spartacus War*, *The Death of Caesar*, *The Storm Before the Storm: The Beginning of the End of the Roman Republic*, and *Ten Caesars: Roman Emperors from Augustus to Constantine*. For those interested in viewing the full presentation, go to the RMA website and click on the video at <https://vimeo.com/user9053619/videos>.

The RMA's next presentation will be by Professor Nelson Tebbe, who teaches courses on constitutional law at Cornell Law School. Professor Tebbe focuses on freedom of speech, freedom of religion, and general constitutional law. He is the author of *Religious Freedom in an Egalitarian Age* (Harvard University Press, 2017).

This presentation will focus on originalism on the Supreme Court that is now the favored mode of constitutional interpretation on the Roberts Court. But what is originalism exactly? What are the main

arguments for and against the method? What is the competing approach, sometimes called living constitutionalism, and how often is it used in practice, and by whom? Professor Tebbe will examine these questions using examples from the Supreme Court including recent decisions on the gun rights, reproductive freedom, and the free exercise of religion. This presentation will occur on Wednesday, August 10, at 11:00 a.m. at the First Presbyterian Church in Greenwich as well as on webinar at: <https://bit.ly/301Bj21>

RMA speaker presentations are presented as a community service at no cost to in-person or Zoom attendees. The RMA does request that all eligible individuals consider becoming a member of our great organization, and thereby enjoy all the available fellowship, volunteer and community service opportunities that the RMA offers to its members. For further information, visit [www.greenwichrma.org](http://www.greenwichrma.org) or contact Joe Mancinelli (<mailto:jlmanc@optonline.net>) or Peter Stern (<mailto:members@greenwichrma.org>).



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## Pat Gordiski Retires from the Fire Department After 50 Years of Service

By MICHAEL KORVYAKOV

Few people can say that they've saved a life, and even fewer can say that they do it for a living. But Pat Gordiski, a Greenwich fireman, has made that his duty over the last 50 years of his career. On Saturday, July 30th, 2022, after decades of working at the Greenwich Fire Department, Gordiski retired at the age of 73.

Gordiski joined the Greenwich fire department after serving four years in the United States Air Force. What initially brought Gordiski into the fire service was his desire to help those around him. "I just love helping people," he said. Those who worked with him certainly agreed. "He's a great guy and he's very passionate about the job," said Scott Teulings, a fireman who has worked with Pat for three years.

When asked what he would miss the most, without hesitation he said, "the guys, they're my family." And it's evident that he's not eager to leave. Gordiski last's day was spent working at the fire department. "He's working until 8 am, so he could be responding to a call tonight," joked Ryan Crook, another fireman at the



department.

Gordiski's 50 years in the department make him the longest serving member of the Greenwich fire department. In honor of this historic retirement, Glennville, the company which holds retired fire trucks, sent over the non-decommissioned truck that was the first truck Gordiski rode when he started in 1972. Back then, before they used sophisticated technology to communicate for fire rescue, he was known for pressing the alarm system to send word of a call, which earned him the endearing nickname, "zinger."

With Gordiski leaving,

it's clear that the Greenwich fire department has some big shoes to fill. Lieutenant Jeff Locher, who has worked at the department for 27 years, said of him, "He has an amazing breadth and depth of knowledge of the town itself." He continued, "sixty square miles of Greenwich, and he knows pretty much every square inch. That's huge."

In celebration of his retirement and his years of service to the town, the fire department held a retirement ceremony on July 29th, 2022, with many of his colleagues, friends, and family in

attendance. As a testament to his impact on the town, many big names of Greenwich were in attendance – among them First Selectman Fred Camillo, State Representatives Stephen Meskers and Kimberly Fiorello, and State Senator Ryan Fazio. Camillo brought with him an official declaration from the Town Hall announcing July 29th, 2022 to be Patrick Gordiski day in the town of Greenwich. Meskers and Fiorello presented him with an official citation from the Connecticut General Assembly for his service to the town. Each spoke of Gordiski's undying commitment to and the impact he made on the town.

In his last shift at the department, he got a chance to ride alongside his son, Matt Gordiski, who has been a fireman for over ten years. "Matt, no pressure, just 38 more years," Fire Chief Joseph McHugh joked. But although Gordiski is no longer going to be working at the Greenwich Fire Department, he'll continue to be a volunteer firefighter at the Port Chester fire department and a model citizen in the town of Greenwich.



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## Look to the Skies in August

### PLANETS ESCAPE TO THE EVENING SKY

In August, Saturn and Jupiter lead the planetary migration to the evening sky. Saturn gets as large as it can be when it comes to opposition on the 14th. That night, the Moon poses between Jupiter and Saturn as they rise in the southeastern sky. Jupiter-rise moves from 11 p.m. to 8:30 p.m. this month.

### MORE ABOUT SATURN

Saturn will be up all night this month. The ringed planet will get to its highest elevation above the horizon, 33 degrees, around 1 a.m., but any time is a good time to turn a telescope on this marvel of the solar system. Saturn's rings will be tilted 13 degrees toward Earth, making a pleasing appearance.

### WHAT'S LEFT IN THE MORNING SKY?

Venus is lying low. Venus holds on to its brightness, at magnitude -3.9, into the fall, but she is only five degrees above the eastern horizon 45 minutes before sunrise. Earth's cloudy twin must wonder where all the planets in

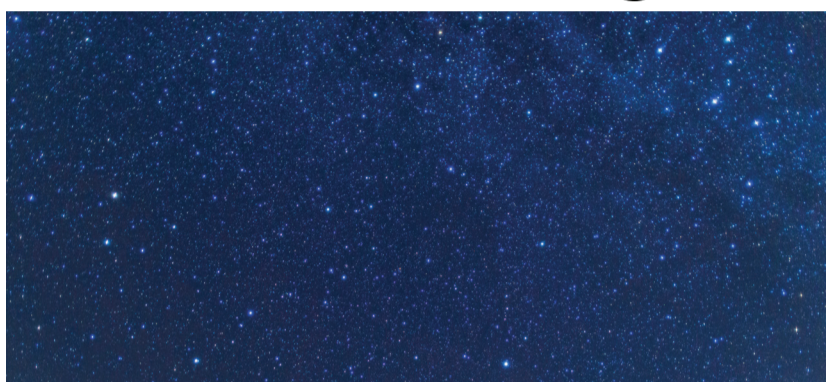
the morning sky went since Saturn, Jupiter and Mars are burning rubber heading into the evening sky. Above Venus, we'll spot Castor and Pollux, the twins of Gemini are lounging sideways in the dawn sky, as if waking up from a long winter's nap. They resume chasing after Orion the Hunter and Taurus the Bull, as they are eternally destined to do. If you want bragging rights for seeing as many planets as possible in the morning sky this month, Jupiter and Mars are still well up in the dawn sky, far to the upper right of Venus. Even Saturn will still be out there, opposite in the sky from Venus, through the 15th. In fact, on the 12th, the full Moon and Saturn will set together during morning twilight.

### BLINDED BY THE LIGHT

Perseid meteor watchers will have to contend with the almost full Moon at their peak on the 13th. Watch anytime this month for a few fireballs blazing through the summer haze.

### WHO'S SEEN PANSTARRS?

Comet C/2017 K2 PanSTARRS



will be visible after the end of evening twilight. The 8th magnitude fuzzy may brighten slowly as it slowly sinks in the southern sky during August. The best view may be in a wide-field telescope or binoculars. It's more easily seen after the Moon leaves the evening sky at mid-month. From the 21st through September 8th, PanSTARRS is next to one of the three stars at the head of Scorpius. It passes one after the other as if it was trying to get re-ignited by the second-magnitude stars of the scorpion's truncated claws.

### MERCURY'S BACK

Mercury will max out its elongation from the Sun at 27 degrees on the 27th. It won't get very high above the western horizon. This is the lowest spread from the horizon of any of Mercury's apparitions this year.

### ASTEROID OPPOSITION

Not-quite-a-dwarf-planet, 4 Vesta is at opposition on the 22nd, maxing out at magnitude +5.8. It's easily seen in binoculars, but it may be hard to pick out among so many other equally bright specs of light. It's the second most massive member of the asteroid belt.

Find out more at <https://is.gd/vestainfo>. NASA has made a mosaic of photos taken by the Dawn spacecraft so you can take Vesta for a spin!

### MORE AURORAS?

Can you find a clear northern horizon in Westchester County to see faint northern lights? The Sun's activity is increasing, so more auroras (aurorae for you Latin fans) are possible. Auroras are easily lost in twilight, light pollution and haze. Aurora predications are at the NOAA Space Weather Prediction Center, <https://www.swpc.noaa.gov/>. You can sign up for email alerts.

### SPACE STATION

Overflights by the International Space Station are visible during evening twilight through the 3rd and in the dawn sky starting on the 22nd

By Bob Kelly, WAA VP from *The Newsletter of Westchester Amateur Astronomers August 2022*. Links and more info on the WAA website can be found at [www.westchesterastronomers.org](http://www.westchesterastronomers.org) online.



# SUMMER MUSIC CAMP

Kids & Adults

August 8-12 & August 13-17

K-12 4:00-6:00 PM

Adults 6:00-8:00 PM

First Presbyterian Church of  
Greenwich

1 West Putnam Ave.

Greenwich, CT 06830

(203) 869-8686

[caroline.worra@fpcg.org](mailto:caroline.worra@fpcg.org)



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### SCHEDULE A TOUR TODAY

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By MARK PRUNER

# July 2022 Real Estate Market Report

## Stranger in a Strange Land

Inventory is up 58%, sales are half of what we had last year and still we have a market that favors sellers. This year, 2022, has been a strange year.

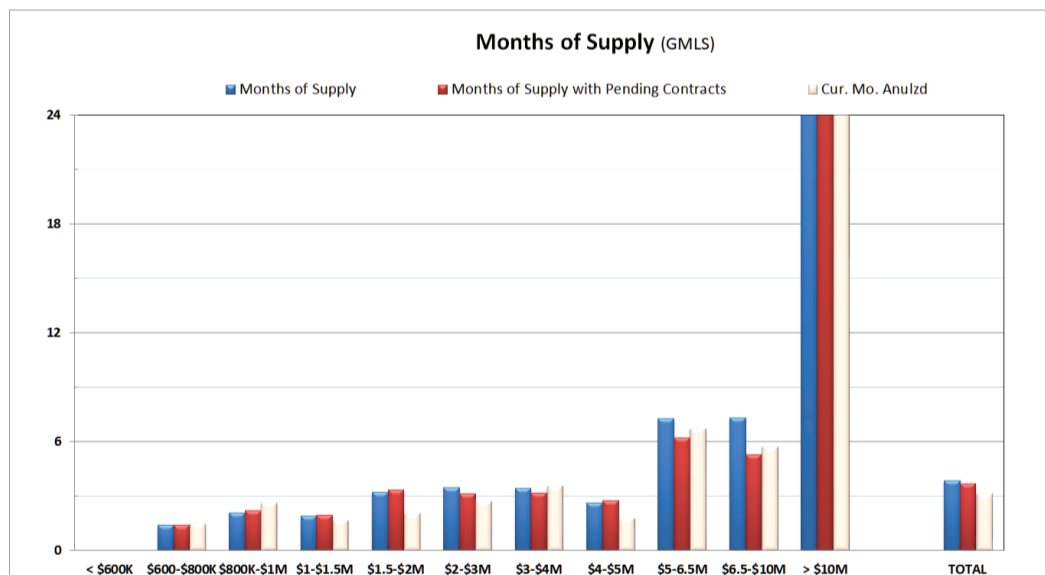
Some recent history can be very helpful to see how we got to our very contradictory real estate market. Last year inventory was about half of our average inventory. We peaked at 342 listing in the first week of June 2021 and then took a long, slow slide for the rest of the year. By the end of the year, we had dropped to only 152 single family homes on the market. This compares to our previous low of 299 listing over two decades ago and to an average yearend low of 390 listings. As a result, we started 2022 with inventory numbers that we didn't have even a close precedent. We then proceeded to drift down week by week finally hitting a low point of 140 listings in March 2022.

Inventory as of 7/31/22	Inventory	Contracts	Last Mo. Solds	Last Mo Solds+ Contracts	YTD Solds	YTD+ Contracts	Mos Supply	Mos w/ Contracts	Last Mo. Annlzd
< \$600K	0	0	1	1	3	3	0.0	0.0	-
\$600-\$800K	3	3	2	5	15	18	1.4	1.4	1.5
\$800K-\$1M	8	4	3	7	27	31	2.1	2.2	2.7
\$1-\$1.5M	15	11	9	20	55	66	1.9	1.9	1.7
\$1.5-\$2M	27	10	14	24	60	70	3.2	3.3	1.9
\$2-\$3M	41	28	15	43	83	111	3.5	3.1	2.7
\$3-\$4M	25	16	8	24	52	68	3.4	3.1	3.1
\$4-\$5M	20	9	12	21	54	63	2.6	2.7	1.7
\$5-\$6.5M	27	11	4	15	26	37	7.3	6.2	6.8
\$6.5-\$10M	23	15	4	19	22	37	7.3	5.3	5.8
> \$10M	32	0	1	1	7	7	32.0	38.9	32.0
<b>TOTAL</b>	<b>221</b>	<b>107</b>	<b>73</b>	<b>180</b>	<b>404</b>	<b>511</b>	<b>3.8</b>	<b>3.7</b>	<b>3.0</b>

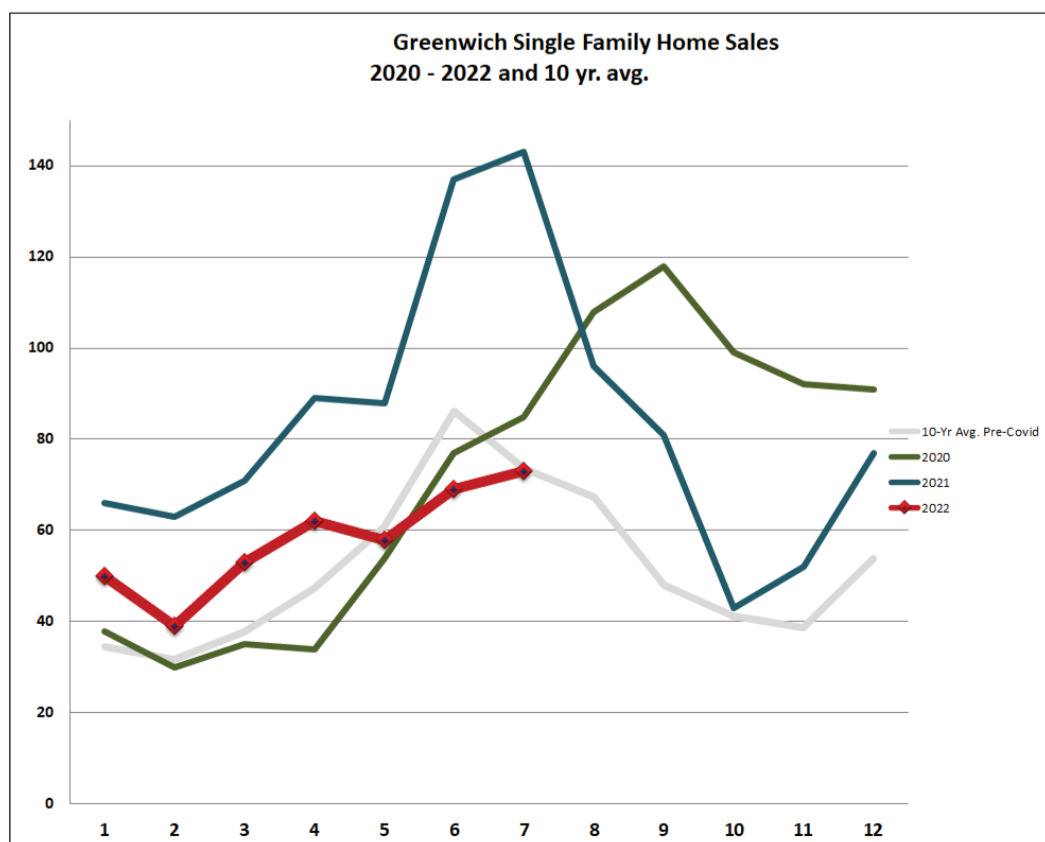
With very little to sell, you'd think that contracts would fall too. You would have been right from June to September of 2021 and then the strange things started to happen. Contracts stopped falling in October and remained flat until the year-end holidays, even as inventory took a steep dive. We had a lot of smart foresighted buyers. They correctly predicted that interest rates were going to rise, and inflation was going up too and house prices would continue to rise. Lots of buyers made the decision to buy one of the few houses that we had. They figured the house might not be perfect, but they could change that, what they couldn't change was higher prices, higher interest rates and higher inflation so the fourth quarter of 2021 and 2022 were good times to buy.

Y-o-Y '22 vs '21	Inventory	Contracts	Mo. Solds	Mo. Solds+ Contracts	YTD Solds	YTD+ Contracts	Mos of Supply	Mos w/ Contracts	Last Mo. Annlzd
< \$600K	-1	0	1	1	-2	-2	-1.4	-1.7	
\$600-\$800K	-3	-6	-2	-8	-11	-17	-0.2	0.0	0.0
\$800K-\$1M	-7	-7	-6	-13	-13	-20	-0.6	-0.3	1.0
\$1-\$1.5M	-15	-10	-5	-15	-48	-58	-0.1	-0.1	-0.5
\$1.5-\$2M	-12	-23	-3	-26	-18	-41	-0.3	0.3	-0.4
\$2-\$3M	-17	-13	-29	-42	-86	-99	1.1	0.8	1.4
\$3-\$4M	-15	-8	-11	-19	-43	-51	0.5	0.3	1.3
\$4-\$5M	-3	-2	-2	-4	8	6	-0.9	-0.7	0.0
\$5-\$6.5M	-1	4	-9	-5	-24	-20	3.3	2.0	4.6
\$6.5-\$10M	-14	0	-5	-5	-15	-15	0.3	-0.8	1.6
> \$10M	9	-1	-1	-2	-1	-2	11.9	17.1	20.5
<b>TOTAL</b>	<b>-79</b>	<b>-66</b>	<b>-72</b>	<b>-138</b>	<b>-253</b>	<b>-319</b>	<b>0.6</b>	<b>0.6</b>	<b>1.0</b>

As the Fed got serious about raising interest rates, contracts flattened out from April to June. Flat contracts numbers might seem like a flat market, but it actually represented a tight highly competitive market. Since total contracts is the difference between houses closing and going out of contract and listing going into contract, to have contract flat, meant that houses were closing just as fast as they were coming on the marketing. We saw this by the continuing decline in the days on market, a major sign of a hot market.



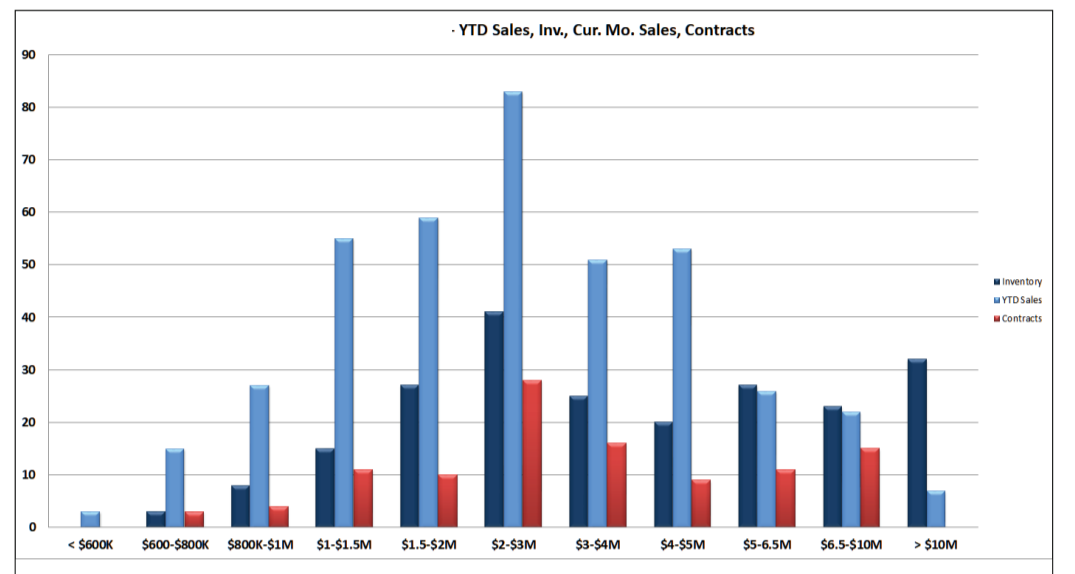
Our best indicator of how tight the market is, months of supply dropped from even the low levels of 2021. It was a small drop, but it led to March and April 2022, being the tightest markets, we have ever seen with months of supply measured in a couple of months and in some price categories measured in weeks.



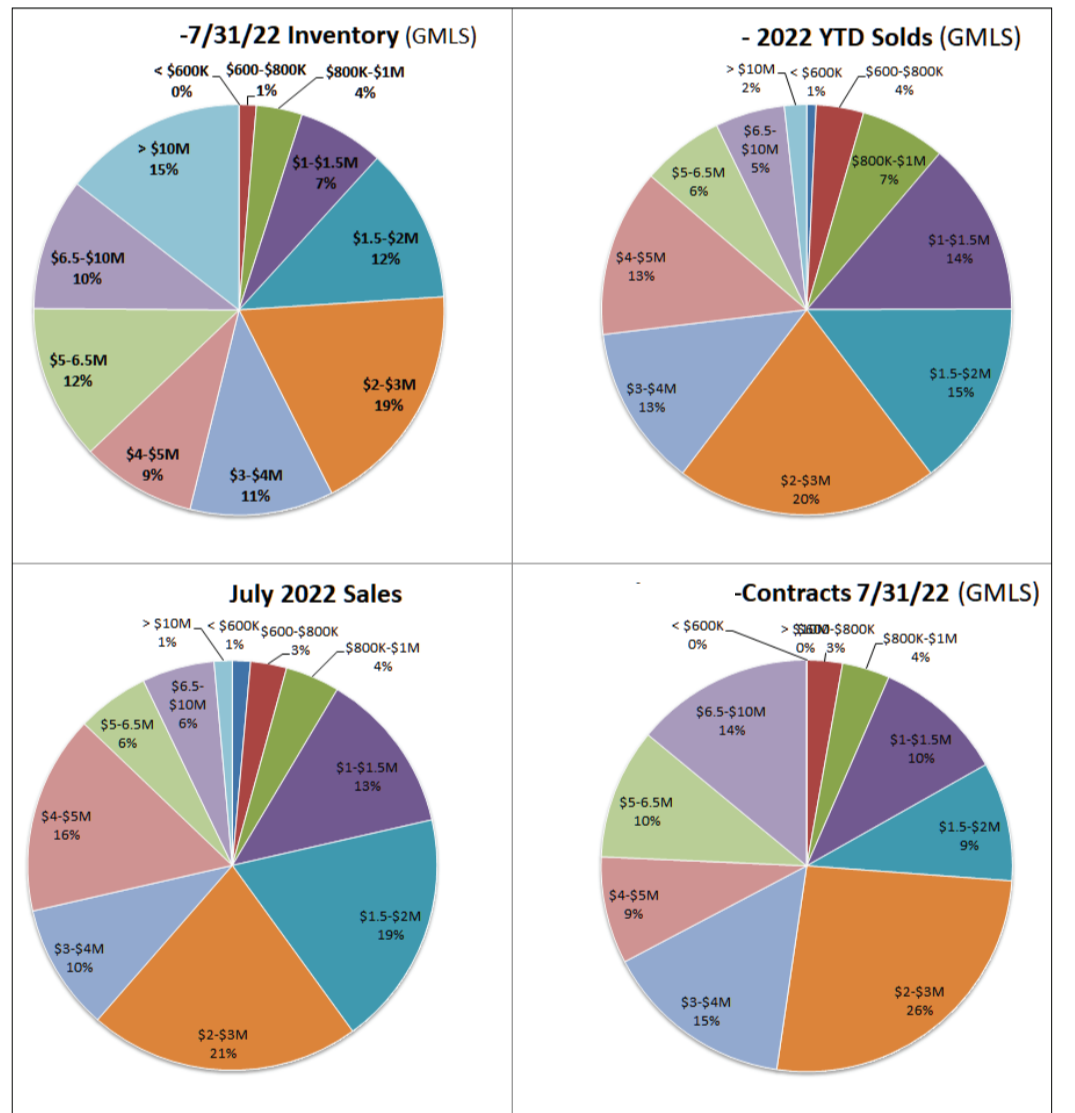
Then came July 2022 and market dynamics changed quickly. Our inventory climbed 58%, sales were cut in half, and contracts dropped throughout the month, which should be an unmitigated disaster, but it isn't, because 2022 is a strange year. This year we have massive tectonic plates (market factors) butting up against each other and it not at all clear

which plate is going to be the subducted plate and which plate is going to be uplifted. We are coming off a trillion dollar plus stimuli from the federal government. This stimulus has a long lag and is a major cause of the inflation that we are seeing now. At the same time, any government spending this year is going to be a lot less than last year. So, sales should fall, and they have. Our sales are down dramatically from 143 sales in July 2021 to only 73 sales in July 2022. Having said that our 73 sales are identical to our 10-year pre-Covid average. This must mean that we are back to normal.

However, in this strange land, anything that looks like normal is purely a statistical coincidence. Our sales are the same as our 10-year pre-Covid average, but our months of supply are down to 3.8 months of supply from 16.4 months of supply in 2019. To see how much things have changed from anything that could be considered normal compare months of supply in 2019 and this year. In 2019 we had 39 months of supply from \$5 - 6.5 million, as of the end of this July you are looking at 7.3 months of supply or a drop of 2.6 years of supply. At the other end of the price range, from \$800K - 1.0 million we are down from 8.7 months of supply in 2019 to only 2.1 months of supply this year. In 2019 a buyer had a choice of 32 houses listed from \$800K - 1.0 million. In July 2022, a buyer only has a choice of 8 houses in that price range. That 2019 buyer had several choices in Riverside and Old Greenwich. Our 2022 buyer has a choice of one house in each of Riverside and Old Greenwich and the remaining 6 houses are clustered in southeast Greenwich along the NY border.



Another statistic that may look normal but is actually very strange: take a look at our months of supply. MoS is fairly flat in most price ranges up to \$5 million, what could be more normal than consistency. However, MoS normally increases from the low end to the high-end. Also, months of supply are fairly consistent whether you calculate months of supply with just sales to date, or if you include contracts, or if you just analyze the July sales you get about the same months of supply. What this means is that we have a "stable" market without big drops as you look further into the future. In this case "stability" is more a sign of broad uncertainty. It's a strange stability, and months of supply is up a little from June, so this stability may not last long.



The question is we going to get back to a balanced market with months of supply around 6 months of supply? To do that, we have to have a lot more inventory or sales have to drop significantly, which with a very aggressive Fed is possible. However, it's not likely given our very low days on market. There are still a lot more buyers than we have inventory; it's just that, like all of us, they are suffering through a large amount of uncertainty. Uncertainty causes pauses and slowdowns, but so far, the dramatically bad predictions have not played out. The market has slowed, but over the last couple of weeks interest rates are down as is our inventory, both signs of a tighter market.

As you would expect, with higher interest rates we are seeing a drop in sales in those price ranges where mortgages are most common. In the first half of the year, sales under \$1.5 million represented about 25% of our market share. Last month sales under \$1.5 million represented only 19% of our sales. With mortgage interest limited to the first \$750,000, this is what you would expect, but remember this is a strange year. From \$1.5 - 2.0 million market share went from 13.9% to 19.2%, so there is only so much you can read in to one month. Also, the number of deals with mortgage contingencies is way down, but it's not clear how many people are foregoing mortgages or just foregoing mortgage contingencies.

What is clear is that we saw big changes in the market in July, and unlike June, these changes were reflected in the number of sales and contracts. You shouldn't, and in this market, it would be ludicrous to, take a ruler and connect two data points and extend that line and expect that where that line is in 6 months has any predictive value. Now if we get 2 more months of data along that line, we might actually have a trend. Right now, we have very powerful forces pushing in opposite directions and it's not clear where sales will come out.

Stay tuned ...

Mark Pruner is sales executive with Compass in their Greenwich at 200 Greenwich Ave. He can be reached at 203-817-2871 or mark.pruner@compass.com.





Sean Peden, MD

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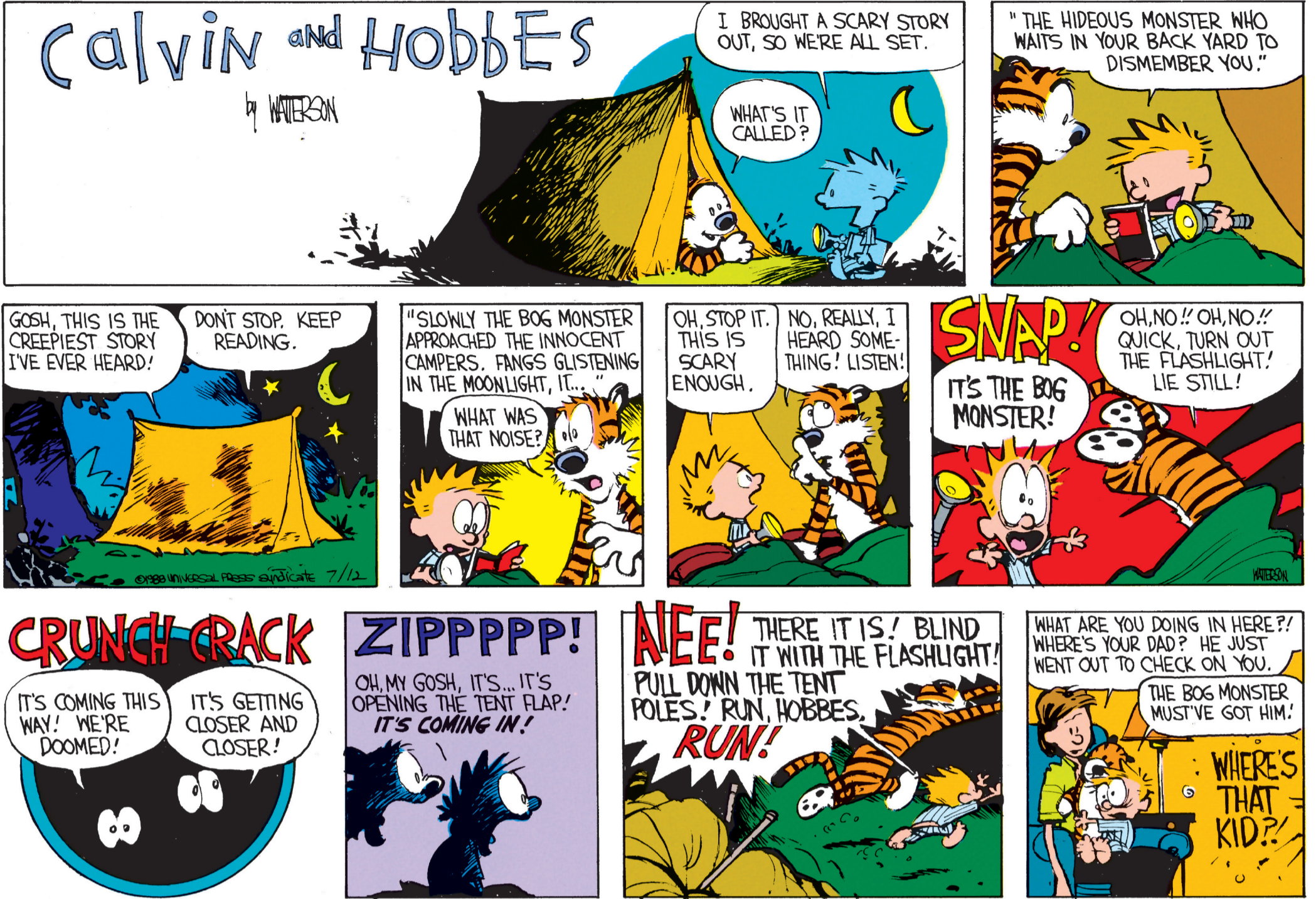
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Courtesy of the Greenwich Sentinel Foundation



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WILDLY SUCCESSFUL

# The Eastern Red Bat



BY JIM KNOX

I caught movement darting in and out of the illuminated patch of night sky beneath the stadium lights. The football game was a back-and-forth battle which commanded the attention of nearly all. Still a few fans looked up at the movement and remarked.

“What is that?”  
 “Is that a bird?”  
 “It’s a funny color.”

The animal they observed was not a bird and its unusual color grabbed one’s attention. The animal they witnessed was a native Connecticut species seen by few. Inhabiting the entire Eastern United States and Southern Canada, the species is as widespread as it is unique.

Though small, the Eastern Red Bat, *Lasiurus borealis*, is an eye-catching creature. With a wingspan of just 13 inches, a body length of just four and a half inches, and a weight of ¼ to ½ ounce, this species is understandably classified as a microbat. Yet its diminutive form cannot conceal its visual effect. While females display red silky fur highlighted by frosted gray tones and white shoulder patches, the males possess dense, cinnamon or brick red coats. This bright coloration is thought to aid the bats in camouflaging their form among the leaf litter.

Why would bats possibly hide within leaf litter? The answer might surprise you. Though Red Bats roost in trees—where they resemble dead leaves—when the mercury plunges, they adapt to the cold in a novel, and highly efficient manner. These adaptable mammals nestle

“The animal they observed was not a bird and its unusual color grabbed one’s attention.”

within the fallen leaves of the deciduous forests. While even shallow layers of leaves enable the bats to save substantial metabolic energy when the fall nights drop below freezing, the real savings come when the bats “dig deep.” In deeper leaf layers the bats gain an energy saving of between 200% to 300%, and when roosting under leaf litter with snow cover, they can gain an astounding metabolic energy savings of more than 500%!

Though risky in terms of potential predator encounters, the strategy pays off for the Red Bat—one of North America’s most widespread and common bats. Far from alone, the Red Bat’s kin represent no less than half a dozen closely related species inhabiting the New World from Southern Canada to Argentina.

Far from just another pretty face, the Red Bat earns its keep in terms of predator / prey equilibrium. As an extremely fast flyer attaining flight speeds of 40 miles per hour, this agile little bat can overtake its insect prey in flight. Their prey include many regarded as agricultural, forest, and human health pest species. Gypsy moths, beetles, spittlebugs, and mosquitoes all find themselves on the menu.

Though most bats raise a single offspring or sometimes a pair, known as pups, as the only known bat species

with four teats, the Red Bat can raise 2-4 young. It is this prolific ability that enables the Red Bat to counter the many hungry predators within their vast range. With Opossums, Great Horned Owls, Screech Owls, Sharp-shinned Hawks, and even Blue Jays to avoid, the Red Bat will wield every survival advantage it possesses.

Though singular in its survival strategy, this small mammal possesses one more trait which sets it apart from the competition, and it is no small matter. Though the Red Bat can carry the spores of the deadly White-nose Syndrome fungus *Pseudogymnoascus destructans*, biologists have yet to discover a Red Bat with symptoms of the disease. With this disease reducing some bat populations by more than 90%, it represents a serious threat to bat survival. Though mammalogists have made progress in combating this disease in terms of habitat modifications and a vaccine, nature may already have found the solution in the genetics of this modest creature.

With bats representing nearly ¼ of the world’s 6,400 known mammal species, you can’t argue with success. This incredibly diverse order of mammals has successfully colonized all the world’s major land masses with the exception of the polar regions, and isolated island groups.



As the world’s only flying mammals, bats can migrate with greater ease, over greater distances, than their earthbound cousins. They can also simply access better habitat more readily. It is this adaptability that serves them well in a world modified by human activity. This diversity/adaptability aspect makes

bats excellent study subjects. So, the next time you’re out for a hike and you look up at that single leaf among the greenery, or the thousands of leaves at your feet, consider our neighbor with the bright red coat. Whether you seek beauty, scientific knowledge, or natural equilibrium, she might just have the answer.

*Jim Knox serves as the Curator of Education for Connecticut’s Beardsley Zoo and as a Science Adviser for The Bruce Museum. A member of The Explorers Club, Jim enjoys sharing his passion for wildlife conservation with audiences throughout Connecticut and beyond.*

**Wild strawberry**

Very Hard	Hard	Very Hard	Hard	Very Hard	Hard
Very Easy	Easy	Very Easy	Easy	Very Easy	Easy

Codebreaker





'Worldwide Wednesdays' - join in for lively discussions on French films. Via Zoom. Open to all. afgreenwich.org

**6:30 p.m.**  
A Legendary Night of Music Trivia. St. Lawrence Society, 86 Valley Rd. Members. \$20; non-members, \$25. 203-618-9036. stlawrencesociety.com

**7 p.m.**  
**Wednesday Night Concert Series: Billy and the Showmen - R & B. Roger Sherman Baldwin Park 100 Arch St. Free. greenwichct.gov/2084/Summer-Concerts**

**FRIDAY, AUG. 26**  
**10 a.m.**  
Greenwich Art Society: Alla Prima Landscape Oil Painting Workshop (Advanced Beginner to Intermediate/Adults & Teens). In person: 299 Greenwich Ave. 203-629-1533. greenwichartsociety.org

**12 p.m.**  
Free Music Fridays: Long Meadow Bluegrass. Greenwich Common. greenwichct.gov/149/Parks-Recreation  
**5 p.m.**  
Greenwich Art Society: Alla Prima Landscape Oil Painting Workshop (Beginners only/Adults & Teens). In person: 299 Greenwich Ave. greenwichartsociety.org

**WATERING SCHEDULE - THROUGH OCT. 31**  
**Last Digit of Your Address Number - Water Only On:**

**0, 2, 4, 6 or 8 (even numbers) - Sunday & Wednesday 12:01 am - 10:00 am, or 6:00 pm - Midnight**

**1, 3, 5, 7 or 9 (odd numbers) - Saturday & Tuesday 12:01 am - 10:00 am, or 6:00 pm - Midnight**

**No address number - Sunday & Wednesday 12:01 am - 10:00 am, or 6:00 pm - Midnight**

**ONGOING**  
Formula Donation - must be unopened, unexpired, and with an intact, legible label. Foyer of the Mead House, 48 Maple Ave. - drop off in crate outside entrance to Coffee for Good. Please only leave formula.

**TUESDAYS:**  
**10 a.m.**  
Beginner Bridge with The Perfectly Polite Bridge Group. YMCA members, \$30; nonmembers, \$35. New players welcome. (Register by Monday, 6pm). 203-524-8032. greenwichymca.org  
**5 - 7 p.m.**  
Lighthouse, a Program of Kids In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/lighthouse

**WEDNESDAYS:**  
**10 a.m. & 12:30 p.m.**  
Relaxed Duplicate Bridge with The Perfectly Polite Bridge Group. Members, \$10; nonmembers, \$12. New players welcome. (Register by Tuesday, 6pm). 203-524-8032. greenwichymca.org  
**12 - 2 p.m.**  
Waste Free Greenwich's Food Scrap Recycle Program: Drop off scraps at Living Hope Community Church, 38 West End Ave., Old Greenwich. wastefreegreenwich@gmail.com, wastefreegreenwich.org

**2:30 - 6 p.m.**  
The Old Greenwich Farmer's Market opening day. Living Hope Community Church, 38 West End Ave. Rain or shine. oldgreenwichfarmersmarket.com  
**6:30 p.m.**  
NAMI-CAN (Child and Adolescent Network) Online Support Group - for parents and primary caregivers of children & adolescents, under age 21, with behavioral and emotional issues. Free. namisouthwestct.org/online-support

**THURSDAYS:**  
**8 a.m. & 4 p.m.**  
Tai Chi Basic Moves. First Congregational Church of Greenwich, 108 Sound Beach Ave. Registration required. Tuition is paid as a donation made directly by the participant to abilis, Neighbor to Neighbor, or the First Congregational Church. experiencetaichi.org  
**5 - 7 p.m.**  
Lighthouse, a Program of Kids

In Crisis: LGBTQ Youth Group Meeting. On Zoom. Free. Open to all LGBTQ Youth & allies. 203-661-1911. lighthouse@kidsincrisis.org. kidsincrisis.org/get-help/lighthouse

**EVERY FRIDAY & SATURDAY:**  
**8 a.m. - 12 p.m.**  
Book Exchange - choose from a huge selection of books. Holly Hill Recycling Center. Free, or, donate books. (Open every Fri & Sat. books4everyone.org  
**SATURDAYS:**  
**9:30 a.m. - 1 p.m.**  
**Greenwich Farmers' Market. Commuter Parking Lot, Arch Street and Horseneck Lane. (Parking is free during market hours). Through Nov. 19. gfm-ct@optimum.net. greenwichfarmersmarketct.com**

**RED CROSS BLOOD DRIVE: RedCrossBlood.org**  
**Saturday, Aug. 6**  
**8 a.m. - 1:30 p.m.**  
Union Baptist Church, 805 Newfield Avenue, Stamford.

**Monday, Aug. 8**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**Tuesday, Aug. 9**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**Wednesday, Aug. 10**  
**12 - 5 p.m.**  
The Galleria at White Plains, 100 Main Street, White Plains, NY.

**Thursday, Aug. 11**  
**12 - 5 p.m.**  
American Legion Post 347, Flint Park 1 Locust Ave, Larchmont, NY.  
**Saturday, Aug. 13**  
**10 a.m. - 3 p.m.**  
Holy Name of Jesus Church, 2 Broadway, Valhalla, NY.  
**Monday, Aug. 15**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**11 a.m. - 4 p.m.**  
First Presbyterian Church Stamford, 1101 Bedford St, Stamford.

**Tuesday, Aug. 16**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**Wednesday, Aug. 17**  
**10 a.m. - 4 p.m.**  
Archbishop Stepinac High School, 950 Mamaroneck Ave, White Plains, NY.  
**Thursday, Aug. 18**  
**2 - 7 p.m.**  
New Rochelle Public Library, One Library Plaza - Lawton St, New Rochelle, NY.  
**Friday, Aug. 19**  
**10 a.m. - 3 p.m.**  
American Red Cross, 40 Saw Mill River Road, Upper Level 3, Hawthorne, NY.  
**10 a.m. - 3 p.m.**  
Greenville Community Church, 270 Ardsley Road, Scarsdale, NY.

**Saturday, Aug. 20**  
**7:30 a.m. - 1 p.m.**  
Archangels Greek Orthodox Church, 1527 Bedford Street, Stamford.  
**Monday, Aug. 22**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**Tuesday, Aug. 23**  
**7:45 a.m. - 4:45 p.m.**  
Greenwich Blood Donation Center, 99 Indian Field Rd, Greenwich.  
**Wednesday, Aug. 24**  
**8 a.m. - 1:30 p.m.**  
Stamford Church of Christ, 1264 High Ridge Road, Stamford.  
**Thursday, Aug. 25**  
**11:30 a.m. - 4:30 p.m.**  
Westchester Medical Center, 100 Woods Road, Valhalla, NY.

**TOWN MEETINGS: greenwichct.gov/calendar**  
**Friday, Aug. 5**  
**10 a.m.**  
Planning & Zoning Commission Meeting. Via Zoom.  
**Monday, Aug. 8**  
**10:30 a.m.**  
Energy Management Advisory Committee and Planning and

Zoning Team Meeting. Via Zoom.  
**3 p.m.**  
Energy Management Advisory Committee Meeting. Town Hall Mazza Room.  
**3 p.m.**  
FS Re-Imagine Greenwich Virtual Web Meeting. Via Zoom.  
**Wednesday, Aug. 10**  
**3 p.m.**  
Affordable Housing Trust Board and Advisory Council Meeting. Via Zoom.  
**7 p.m.**  
Historic District Commission Regular Meeting. Via Zoom.  
**Thursday, Aug. 11**  
**10 a.m.**  
Board of Selectmen Meeting. Town Hall Meeting Room.  
**Monday, Aug. 22**  
**9:30 a.m.**  
Energy Management Advisory Committee and Planning and Zoning Team Meeting. Via Zoom.  
**3 p.m.**  
Energy Management Advisory Committee Meeting. Town Hall Cone Room.  
**7 p.m.**  
Inland Wetlands and Watercourses Agency Meeting. Via Zoom.

**Wednesday, Aug. 24**  
**11:30 a.m.**  
Rink User Committee for Design and Planning Meeting. Town Hall Cone Room.  
**3 p.m.**  
Affordable Housing Trust Board and Advisory Council Meeting. Via Zoom.  
**Thursday, Aug. 25**  
**10 a.m.**  
Board of Selectmen Meeting. Town Hall Meeting Room.  
**Friday, Aug. 26**  
**12 p.m.**  
RTM Call closes.

**SAVE THE DATES!**  
**Monday, Aug. 8 1 p.m.**  
**BWGA & GWGC annual Swing Fore Hope - benefiting Kids in Crisis and The Undies Project. Griff Harris Golf Club. ow.ly/RtiI50JJ4ea**

**Wednesday, Aug. 17 6:30 p.m.**  
Greenwich Young Professionals Benefit with the Alzheimer's Association CT Chapter. Greenwich Country Club. \$75-\$100. alz.org  
**Saturday, Aug. 20 5 p.m.**  
Chris Rurak Scholarship Fund 2nd Annual Fundraiser. The Old Greenwich Social Club. chrISRURAK.com  
**Sunday, Aug. 21 7:30 a.m.**  
Filling in the Blanks 4th annual Unite to Fight 5K. New Canaan High School & Waveny Park, New Canaan. fillingintheblanks.org/unite-to-fight  
**Thursday, Aug. 25 6:30 a.m.**  
Community Centers, Inc. of Greenwich's 32nd Annual Golf Challenge. The Stanwich Club. ccgreenwich.org  
**Monday, Aug. 29**  
Special Events Golf for Abilis - to Benefit the Abilis Sunshine Fund. Briarcliff Manor, NY. app.mobilecause.com/e/e49Kwg?vid=t8ig0  
**Friday, Sept. 9 6:30 p.m.**  
Boys & Girls Club of Greenwich's "The Summer of Love" Annual Benefit. 4 Horseneck Ln. bgcg.org  
**Saturday, Sept. 10 6 p.m.**  
Friends of Greenwich Point's Comedy Night at Greenwich Point. friendsofgreenwichpoint.org

**7 p.m.**  
**The Undies Project "Hilarity for Charity" Fundraiser. First Presbyterian Church of Stamford. undiesproject22.givesmart.com**  
**Monday, Sept. 12 8:30 a.m.**  
Kids in Crisis' 25th Annual Kids Challenge Golf Tournament. Shorehaven Golf Club. kidsincrisis.org

**Children's Learning Centers of Fairfield County Golf Outing. Tamarack Country Club. clccf.org**  
**Friday, Sept. 16 6:30 p.m.**  
At Home in Greenwich Cocktail Party. Delamar Greenwich Harbor. RSVP: Sept. 9. athomeingreenwich.org  
**Saturday, Sept. 17 6 p.m.**  
Studio 54 for S.E.L.F. - Special Education Legal Fund Gala. Burning Tree Country Club. e.givesmart.com/events/qc3  
**Abilis - Dancing Stars of Greenwich. Tamarack Country Club.**  
**Tuesday, Sept. 20 1 p.m.**  
Breast Cancer Alliance Annual Golf Outing. Golf Club of Purchase, Purchase, NY. breastcanceralliance.org  
**Friday, Sept. 23 6 p.m.**  
Greenwich United Way's 'Brew Ha Ha'. Brunswick School. greenwichunitedway.org  
**Saturday, Sept. 24 8:30 a.m.**  
DART To The Finish 2022 charity walk to cure NP-C SAT. Tod's Point. danasangels.org  
**Sunday, Sept. 25 7:30 a.m.**  
**ONS Golden Lights Half Marathon & Family 5K - Tod's Point. runsignup.com**

**Saturday, Oct. 1**  
Round Hill Association Neighbor Day.  
**Monday, Oct. 3 12:30 p.m.**  
Greenwich United Way's Sixth Annual Golf Tournament. Round Hill Club. greenwichunitedway.org  
**Saturday, Oct. 15 6 p.m.**  
PEHT's Annual Fall Benefit. The Norwalk Art Space, 455 West Ave., Norwalk. peht.salsalabs.org/jointhejourney/index.html  
**Sunday, Oct. 16 9 a.m.**  
17th annual Walk/Run for Abilis. Tod's Point. abilis.us/walkrun

**2 p.m.**  
**Greenwich Land**

**Trust's 'Go Wild!' Greenwich Polo Club. Get your tickets at gltrust.org/go-wild**

**OUR NEIGHBORING TOWNS**

**FRIDAY, AUG. 5 2 p.m.**  
Friday Flicks: "Turning Red." Ferguson Library - Main Library, Stamford. Free. 203-351-8292. fergusonlibrary.org  
**6:30 p.m.**  
Connecticut's Beardsley Zoo: MonarchWatch Training Session. 1875 Noble Ave., Bridgeport. Register. 203-394-6565. beardsleyzoo.org  
**6:30 p.m.**  
Fun with Line Dancing. Ferguson Library - South End Branch, Stamford. Free. fergusonlibrary.org  
**SATURDAY, AUG. 6 9:30 a.m.**  
Jay Walking: Guided Ride at John Jay Homestead. 400 Jay St, Katonah, NY. Register. levans10576@gmail.com. bedfordridinglanes.org  
**4 p.m.**  
"The Very Hungry Caterpillar" and "The Very Lonely Firefly." Stepping Stones Museum's Celebration Courtyard, 303 West Ave, Norwalk. \$10, members; \$20, non-members. steppingstonesmuseum.org  
**5 p.m.**  
The Playhouse Lawn Summer Stage: The Four Six. Bedford Playhouse - Lawn, 633 Old Post Rd., Bedford, NY. 914-234-6704. bedfordplayhouse.org  
**6:30 p.m.**  
Sunset Cruise. Maritime Aquarium dock, next to Parking Lot at 4 North Water St. \$34. maritimeaquarium.org  
**WEDNESDAY, AUG. 10 4 p.m.**  
Help with enrolling in the Covered CT Program. Greater Bridgeport Area Prevention Program (GPAPP), Inc., 1470 Barnum Ave., Bridgeport. Free. 860-757-5339. kathleen.tallarita@ct.gov

**THURSDAY, AUG. 11 12 p.m.**  
Women's Business Development Council (WBDC) class: Let's Talk: Who's on Your B.A.I.L. Team? Online. Free. Register. rhokjr.org

**7 p.m.**  
**Connecticut's Beardsley Zoo: MonarchWatch Training Session. Online. Register. 203-394-6565. beardsleyzoo.org**

**SATURDAY, AUG. 13 8:30 a.m.**  
Women's Business Development Council (WBDC) class: How to Charge Parent Fees with Care4Kids (Bilingual). Online. Register. rhokjr.org

**8 p.m.**  
Katonah Classic Stage Film Festival. Bedford Playhouse Lawn, 633 Old Post Rd., Bedford, NY. \$21.25, Adult; \$10.60, Child. 914-234-6704. bedfordplayhouse.org

**THURSDAY, AUG. 18 6 p.m.**  
Opening Reception: Iyaba Ibo Mandingo/Where Do We Go From Here?. The Norwalk Art Space, 455 West Ave. thenorwalkartspace.org/events

**FRIDAY, AUG. 19 9:30 a.m.**  
Fun Run with Lindsay Hearon (2-3 mile run). Bedford Riding Lanes Trails. Register. bedfordridinglanes.org  
**SUNDAY, AUG. 21 8:15 a.m.**  
Filling in the Blanks 4th annual Unite to Fight 5K. New Canaan High School & through Waveny Park, New Canaan. \$35, adult; \$10, child. fillingintheblanks.org/unite-to-fight  
**WEDNESDAY, AUG. 24 7:30 p.m.**  
The Avon Theatre screens "Remembering The Family Store... Downtown Stamford circa 1940-1965" followed by a Q&A, presented by The Jewish Historical Society of Fairfield County. 272 Bedford St., Stamford. avontheatre.org

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# Puzzles and Coloring for the Weekend: Have Fun!

Write in the first letter of each image in the attached square to solve the puzzle. Answer on page B9.

How many to the left? How many to the right?

left   right?

+ = 14

+ + = 13

+ + = 12

+ - + =  ?

+ = 6

+ + = 11

+ + = 15

+ - + =  ?

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Find 10 objects in the picture

1 2 3 4 5 6 7 8 9 10